



**SPEEDO NSW STATE 13 & OVER
SHORT COURSE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25 - 27 AUGUST, 2017**

Session 1				
Friday 25 August 5.00pm				
B	G			
1	2	13 Years	200m	Individual Medley
3	4	14 Years	200m	Individual Medley
5	6	15 Years	200m	Individual Medley
7	8	13 Years	100m	Breaststroke
9	10	14 Years	100m	Breaststroke
11	12	15 Years	100m	Breaststroke
13	14	Open	50m	Breaststroke
15	16	16 Years	200m	Individual Medley
17	18	17/18 Years	200m	Individual Medley
19	20	19 Years/Over	200m	Individual Medley
21	22	16 Years	100m	Breaststroke
23	24	17/18 Years	100m	Breaststroke
25	26	19 Years/Over	100m	Breaststroke
27		Open	1500m	Freestyle

Session 2					Session 3				
Saturday 26 August 9:00am					Saturday 26 August, Not before 12:30pm				
B	G				B	G			
28	29	13 Years	100m	Freestyle	56	57	13 Years	200m	Butterfly
30	31	14 Years	200m	Freestyle	58	59	14 Years	100m	Backstroke
32	33	15 Years	100m	Butterfly	60	61	15 Years	200m	Breaststroke
34	35	13 Years	200m	Backstroke	62	63	13 Years	100m	Backstroke
36	37	14 Years	100m	Butterfly	64	65	14 Years	200m	Breaststroke
38	39	15 Years	200m	Backstroke	66	67	15 Years	50m	Freestyle
40	41	13-15 Years	4x50m	Freestyle Relay	68	69	13-15 Years	400m	Freestyle
42	43	16 Years	200m	Backstroke	70	71	Open	50m	Backstroke
44	45	17/18 Years	100m	Freestyle	72	73	16 Years	50m	Freestyle
46	47	19 Years/Over	100m	Freestyle	74	75	17/18 Years	200m	Butterfly
48	49	16 Years	100m	Freestyle	76	77	19 Years/Over	200m	Butterfly
50	51	17/18 Years	200m	Backstroke	78	79	16 Years	200m	Butterfly
52	53	19 Years/Over	200m	Backstroke	80	81	17/18 Years	100m	Backstroke
54	55	16 Years/Over	400m	Freestyle	82	83	19 Years/Over	100m	Backstroke
					84	85	16 Years/Over	4x50m	Medley Relay
						86	Open	800m	Freestyle

AGE AS AT 25 AUGUST, 2017
ENTRIES CLOSE 5PM TUESDAY 15 AUGUST, 2017
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Session 4 Sunday 27 August 9:00am					Session 5 Sunday 27 August, Not before 12:30pm				
B	G				B	G			
87	88	13 Years	200m	Breaststroke	119	120	13-15 Years	400m	Individual Medley
89	90	14 Years	50m	Freestyle	121	122	13 Years	100m	Butterfly
91	92	15 Years	100m	Backstroke	123	124	14 Years	200m	Backstroke
93	94	13 Years	50m	Freestyle	125	126	15 Years	100m	Freestyle
95	96	14 Years	200m	Butterfly	127	128	13 Years	200m	Freestyle
97	98	15 Years	200m	Butterfly	129	130	14 Years	100m	Freestyle
99	100	13-15 Years	4x50m	Medley Relay	131	132	15 Years	200m	Freestyle
101	102	Open	50m	Butterfly	133	134	16 Years	200m	Freestyle
103	104	16 Years	100m	Backstroke	135	136	17/18 Years	100m	Butterfly
105	106	17/18 Years	50m	Freestyle	137	138	19 Years/Over	100m	Butterfly
107	108	19 Years/Over	50m	Freestyle	139	140	16 Years	100m	Butterfly
109	110	16 Years	200m	Breaststroke	141	142	17/18 Years	200m	Freestyle
111	112	17/18yrs	200m	Breaststroke	143	144	19 Years/Over	200m	Freestyle
113	114	19 Years/Over	200m	Breaststroke	145	146	16 Years/Over	400m	Individual Medley
115	116	16 Years/Over	4x50m	Freestyle Relay					
117	118	Open	100m	Individual Medley					

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- In events 68, 69, 119 & 120, 400 Freestyle and Individual Medley; Medals will be awarded in the following age groups: 13yrs, 14yrs & 15yrs
- In events 54, 55, 145 & 146, 400 Freestyle and Individual Medley; Medals will be awarded in the following age groups: 16yrs, 17/18yrs & 19 & Over
- A swimmer may only appear in one (1) relay team list for that event
- A club may enter no more than two (2) teams per relay event
- Where a club enters two (2) teams both teams may score points provided the qualifying time has been met

Club Relay Qualifying Times

Men & Boys		16yrs & Over	13-15yrs
FREESTYLE	4x50m	1.57.50	2.02.50
MEDLEY	4x50m	2.15.00	2.22.50
Women & Girls		16yrs & Over	13-15yrs
FREESTYLE	4x50m	2.00.00	2.05.00
MEDLEY	4x50m	2.28.00	2.28.00



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Qualifying Times - Men & Boys

		Open	19 & Over	17/18yrs	16yrs	15yrs	14yrs	13yrs
FREESTYLE	50m		25.20	25.90	26.00	26.30	26.70	28.00
	100m		55.00	56.00	56.00	56.50	58.50	1:00.50
	200m		2:01.00	2:01.00	2:02.00	2:04.00	2:08.00	2:13.00
	400m	16 & Over: 4:25.00				13-15yrs: 4:35.00		
	1500m	17:10.00						
BACKSTROKE	50m	27.50						
	100m		1:02.50	1:04.50	1:05.50	1:05.50	1:07.00	1:10.00
	200m		2:18.50	2:22.80	2:23.00	2:26.00	2:28.00	2:33.00
BREASTSTROKE	50m	30.50						
	100m		1:12.20	1:12.20	1:14.00	1:15.00	1:15.00	1:20.00
	200m		2:38.00	2:39.00	2:43.00	2:45.00	2:49.00	2:55.00
BUTTERFLY	50m	26.10						
	100m		1:01.00	1:01.50	1:04.00	1:02.50	1:05.00	1:09.00
	200m		2:18.00	2:21.00	2:24.00	2:27.00	2:35.00	2:37.00
INDIVIDUAL MEDLEY	100m	1:05.00						
	200m		2:18.00	2:18.00	2:20.00	2:20.00	2:24.50	2:30.00
	400m		16 & Over: 4:55.00				13-15yrs: 5:05.00	

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Qualifying Times - Women & Girls

		Open	19 & Over	17/18yrs	16yrs	15yrs	14yrs	13yrs
FREESTYLE	50m		28.20	28.60	28.70	28.80	28.90	29.50
	100m		1:01.00	1:02.00	1:02.00	1:02.00	1:02.00	1:03.50
	200m		2:12.00	2:15.00	2:16.00	2:16.00	2:15.00	2:17.50
	400m		16 & Over: 4:48.00			13-15yrs: 4:48.00		
	800m	9:25.00						
BACKSTROKE	50m	30.90						
	100m		1:08.50	1:11.70	1:12.00	1:11.50	1:11.50	1:12.00
	200m		2:28.50	2:32.50	2:33.00	2:34.50	2:35.50	2:36.90
BREASTSTROKE	50m	34.65						
	100m		1:19.50	1:22.00	1:22.00	1:22.00	1:21.00	1:24.00
	200m		2:50.00	2:54.00	2:55.00	2:57.00	2:56.50	3:01.00
BUTTERFLY	50m	29.40						
	100m		1:08.00	1:11.00	1:11.00	1:11.00	1:11.00	1:12.50
	200m		2:30.00	2:35.50	2:35.50	2:36.00	2:38.00	2:40.00
INDIVIDUAL MEDLEY	100m	1:11.50						
	200m		2:30.00	2:33.00	2:33.00	2:33.00	2:33.00	2:35.40
	400m		16 & Over: 5:15.00			13-15yrs: 5:20.00		

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