

**Long Course  
Qualifying Meet  
Saturday 26<sup>th</sup> & Sunday 27<sup>th</sup>  
October 2019**



**University Recreation  
& Aquatic Centre  
Northfields Avenue  
Wollongong**

**Saturday 26<sup>th</sup> October  
Warm-up 1pm, Start 2pm**

Boys	Girls	Age	Distance	Stroke	
1	2	Open	400m	Free	
3	4	Open	200m	IM	
5	6	All Age	50m	Fly	
7	8	Open MC	50m	Fly	
9	10	Open	200m	Free	
11	12	10/Under	100m	Breast	
13	14	11/12 yrs	100m	Breast	
15	16	13/14 yrs	100m	Breast	
17	18	15/Over	100m	Breast	
19	See point 7		Open	800m	Free
20	See point 7		Open	1500m	Free

**Sunday 27<sup>th</sup> October  
Warm-up 8am, Start 9am**

21	22	Open	400m	IM	
23	24	All Age	50m	Free	
25	26	Open MC	50m	Free	
27	28	Open	200m	Fly	
29	30	10/Under	100m	Back	
31	32	11/12 yrs	100m	Back	
33	34	13/14 yrs	100m	Back	
35	36	15/Over	100m	Back	
37	38	Open	200m	Breast	
39	40	10/Under	100m	Free	
41	42	11/12 yrs	100m	Free	
43	44	13/14 yrs	100m	Free	
45	46	15/Over	100m	Free	
47	See point 7		Time Trial	800m	Free
48	See point 7		Time Trial	1500m	Free
<b>Lunch break</b>					
49	50	Open	200m	Back	
51	52	All Age	50m	Breast	
53	54	Open MC	50m	Breast	
55	56	10/Under	100m	Fly	
57	58	11/12 yrs	100m	Fly	
59	60	13/14 yrs	100m	Fly	
61	62	15/Over	100m	Fly	
63	64	All Age	50m	Back	
65	66	Open MC	50m	Back	

**Meet Conditions of Entry**

1. Meet is approved by the South Eastern Swimming Association (SESA) and Swimming NSW (SNSW).
2. Meet will be conducted under the rules of Swimming Australia and SNSW.
3. Age as at 26 October 2019.
4. Events will be conducted as timed finals. Events may be conducted as mixed-gender events. Multi Class 50m events may be combined with age group events.
5. The meet director reserves the right to amend the program of events and conditions of entry as required.
6. Medals will be awarded to the first three places in 50m All Age events in the following age groups: 10/Under, 11/12 yrs, 13/14 yrs, 15/Over. Medals will not be awarded for Time Trials, event 47 & 48. Medals will be awarded to the first three places in all other events.
7. A qualifying time applies to Event 19 & 47 800m Freestyle and Event 20 & 48 1500m Freestyle. The qualifying time is 6:00.00 and is based on a competitor's 400m Freestyle time.
8. Results will be submitted to SESA and SNSW and uploaded to the National Results Database.
9. Pool kiosk open.
10. All clubs will be asked to supply time keepers. Competitors in 800m and 1500m events must supply their own time keepers.
11. Pool fees on entry: \$4 per swimmer and \$1 per spectator. Programs available on the day for \$5.00. Free parking.
12. Lunch break of 30 minutes will be taken during the day on Sunday.
13. Entries close **5pm Friday 11<sup>th</sup> October** if the entry limited is not reached prior. Entry fee \$9.00 per individual event. Entries via Swim Central. Late entries will be accepted at the discretion of the Meet Director and subject to lane availability. Cost of late entries \$15 per event. Late entry times will be checked against National Results Database.

Enquiries: Shereen Lendvay, tel: 0416 261 505  
Email: wollongongswimclubinc@gmail.com