# WIAQ Summer Long Course Meet Saturday 2<sup>nd</sup> February 2019

University Recreation and Aquatic Centre Northfields Avenue, Wollongong NSW 2500



### Saturday 2<sup>nd</sup> February 2019

#### Warm up: 12.00pm Start 1.00pm

Boys	Girls	Age	Distance	Stroke	Boys	Girls	Age	Distance	Stroke
1	2	13/Under	400	Freestyle	61	62	10/Under	100	Freestyle
3	4	14/Over	400	Freestyle	63	64	11/12 years	100	Freestyle
5	6	9/Under	50	Butterfly	65	66	13/14 years	100	Freestyle
7	8	10/11 years	50	Butterfly	67	68	15/Over	100	Freestyle
9	10	12/13 years	50	Butterfly	69	70	9/Under	50	Breaststroke
11	12	14/15 years	50	Butterfly	71	72	10/11 years	50	Breaststroke
13	14	16/Over	50	Butterfly	73	74	12/13 years	50	Breaststroke
15	16	12/Under	200	Backstroke	75	76	14/15 years	50	Breaststroke
17	18	13/14 years	200	Backstroke	77	78	16/Over	50	Breaststroke
19	20	15/Over	200	Backstroke	79	80	10/Under	100	Butterfly
21	22	10/Under	100	Breaststroke	81	82	11/12 years	100	Butterfly
23	24	11/12 years	100	Breaststroke	83	84	13/14 years	100	Butterfly
25	26	13/14 years	100	Breaststroke	85	86	15/Over	100	Butterfly
27	28	15/Over	100	Breaststroke	87	88	12/Under	200	Freestyle
29	30	9/Under	50	Freestyle	89	90	13/14 years	200	Freestyle
31	32	10/11 years	50	Freestyle	91	92	15/Over	200	Freestyle
33	34	12/13 years	50	Freestyle	93	94	9/Under	50	Backstroke
35	36	14/15 years	50	Freestyle	95	96	10/11 years	50	Backstroke
37	38	16/Over	50	Freestyle	97	98	12/13 years	50	Backstroke
39	40	12/Under	200	Butterfly	99	100	14/15 years	50	Backstroke
41	42	13/14 years	200	Butterfly	101	102	16/Over	50	Backstroke
43	44	15/Over	200	Butterfly	103	104	13/Under	400	IM
45	46	10/Under	100	Backstroke	105	106	14/Over	400	IM
47	48	11/12 years	100	Backstroke	107	108	12/Under	200	Breaststroke
49	50	13/14 years	100	Backstroke	109	110	13/14 years	200	Breaststroke
51	52	15/Over	100	Backstroke	111	112	15/Over	200	Breaststroke
53	54	12/Under	200	IM					
55	56	13/14 years	200	IM					
57	58	15/Over	200	IM					
59	60	Open	800	Freestyle					

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### **Qualifying Times**

	12/Under	13/14 years	15 & Over	
200m Freestyle	2.58:50	2.56:00	2.53:50	
200m Backstroke	3.15:50	3.12:50	3.06:00	
200m Butterfly	3.18:00	3.12:50	3.05:00	
200m Breaststroke	3.45:00	3.40:00	3.34:00	
200m IM	3.17:00	3.12:50	3.07:00	
		13 / Under	14 / Over	
400m Freestyle		5.41:00	5.25:00	
400m IM		6.20:00	6.05:00	
			Open	
800m Freestyle			15.00:00	

#### **Conditions of Entry**

- 1. Meet approved by SESA and SNSW. Conducted under the rules of Swimming Australia and SNSW. Results will be submitted to SESA and SNSW and uploaded to the National Results Database.
- 2. Age as at 2<sup>nd</sup> February 2019.
- 3. Short course and long course times accepted.
- 4. Entry fee \$6.00 per individual event. Entry fee refunds will be subject to the Swimming NSW Refund Policy.
- 5. URAC Pool entry: Swimmers \$5.00 / Spectators \$2.00 / Program \$6 / Parking Free.
- 6. Medals awarded per each event with additional medals as follows only:
  - In 10 & under events to 1st, 2nd & 3rd place getters in 8 & under, 9/10 years
  - In 12 & under events to 1st, 2nd & 3rd place getters in 10 & under, 11/12 years
  - Participation ribbons will be awarded to all 8 & under swimmers who do not medal
- 7. The meet director reserves the right to amend program and conditions of entry.
- 8. Events will be conducted as timed finals and may run as mixed gender races.
- 9. Lunch break of 30 minutes will be taken during the day (to be set by the meet director)
- 10. Online entries via the SESA website, <u>www.southeasternnsw.swimming.org.au</u> and Wests Illawarra Aquatic website, <u>www.wiaq.swimming.org.au</u> Competitors will require their Swimming NSW username/password and a credit card.
- All events open to *Multi Class* swimmers. Multi Classification events may be submitted using either the Online Entries or the E Entries System. All Multi-classification entries must be accompanied by an email to <u>wiaqmeetdirector@gmail.com</u> with notification of the athlete's current classification information to claim exceptions. Athletes are required to show their current Swimming Australia classification card to the Referee prior to competing.
- 12. Entries Open 15th October 2018 and will close once the entry limit is reached or the closing date 5:00pm 18<sup>th</sup> January 2019, whichever occurs first. No further entries will be taken once the entry limit is reached. **No late entries accepted**.
- 13. Enquiries: wiaqmeetdirector@gmail.com
- 14. Check <u>http://www.wiaq.swimming.org.au/</u> for more details.

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- 15. All clubs will be asked to supply timekeepers.
- 16. All 800m Swimmers will be required to supply an adult for lap counting.
- 17. BBQ and Café available.