

WIAQ Summer Long Course Meet

Saturday 2nd February 2019

University Recreation and Aquatic Centre Northfields Avenue, Wollongong NSW 2500



Qualifying Times

	12/Under	13/14 years	15 & Over
200m Freestyle	2.58:50	2.56:00	2.53:50
200m Backstroke	3.15:50	3.12:50	3.06:00
200m Butterfly	3.18:00	3.12:50	3.05:00
200m Breaststroke	3.45:00	3.40:00	3.34:00
200m IM	3.17:00	3.12:50	3.07:00
		13 / Under	14 / Over
400m Freestyle		5.41:00	5.25:00
400m IM		6.20:00	6.05:00
			Open
800m Freestyle			15.00:00

Conditions of Entry

1. Meet approved by SESA and SNSW. Conducted under the rules of Swimming Australia and SNSW. Results will be submitted to SESA and SNSW and uploaded to the National Results Database.
2. Age as at 2nd February 2019.
3. Short course and long course times accepted.
4. Entry fee \$6.00 per individual event. Entry fee refunds will be subject to the Swimming NSW Refund Policy.
5. URAC Pool entry: Swimmers \$5.00 / Spectators \$2.00 / Program \$6 / Parking Free.
6. Medals awarded per each event with additional medals as follows only:
 - In 10 & under events to 1st, 2nd & 3rd place getters in 8 & under, 9/10 years
 - In 12 & under events to 1st, 2nd & 3rd place getters in 10 & under, 11/12 years
 - Participation ribbons will be awarded to all 8 & under swimmers who do not medal
7. The meet director reserves the right to amend program and conditions of entry.
8. Events will be conducted as timed finals and may run as mixed gender races.
9. Lunch break of 30 minutes will be taken during the day (to be set by the meet director)
10. Online entries via the SESA website, www.southeasternnsw.swimming.org.au and Wests Illawarra Aquatic website, www.wiaq.swimming.org.au
Competitors will require their Swimming NSW username/password and a credit card.
11. All events open to **Multi Class** swimmers. Multi Classification events may be submitted using either the Online Entries or the E Entries System. All Multi-classification entries must be accompanied by an email to wiaqmeetdirector@gmail.com with notification of the athlete's current classification information to claim exceptions. Athletes are required to show their current Swimming Australia classification card to the Referee prior to competing.
12. Entries Open 15th October 2018 and will close once the entry limit is reached or the closing date 5:00pm 18th January 2019, whichever occurs first. No further entries will be taken once the entry limit is reached. **No late entries accepted.**
13. Enquiries: wiaqmeetdirector@gmail.com
14. Check <http://www.wiaq.swimming.org.au/> for more details.

WIAQ Summer Long Course Meet

Saturday 2nd February 2019

University Recreation and Aquatic Centre Northfields Avenue, Wollongong NSW 2500



15. All clubs will be asked to supply timekeepers.
16. All 800m Swimmers will be required to supply an adult for lap counting.
17. BBQ and Café available.