

UNISPORT AUSTRALIA (UNISPORT) GUIDELINE

Swimming

Men and women (2019)

UniSport Australia
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UniSport Australia (UniSport) swimming competitions are conducted in accordance with the rules of [Swimming New South Wales](#) (NSW) except where these differ from UniSport sports guidelines; in which case the latter shall take precedence.

1. Team/squad size

- Maximum registrations per individual event – no limit
- Maximum registrations per relay event – no limit

2. Competition format

2.1. The general format and conduct of the events will be contested under the rules of the specific event organisers. Late entries will not be accepted by event organisers.

2.2. If a nominated competitor withdraws from a relay event, a team may replace this withdrawal with another member of their named swimming squad. This applies only for heats.

2.3. Heats if necessary shall be conducted in the first session of the day with finals in the second session of the same day. There shall be a minimum of two hours between sessions.

2.4. The following events are offered, and all events shall be conducted for both male and female competitors.

- Freestyle: 50m, 100m, 200m, 400m, 800m, 1500m, 4x50m relay, 4x100m relay
- Backstroke: 50m, 100m, 200m
- Breaststroke: 50m, 100m, 200m
- Butterfly: 50m, 100m, 200m
- Medley: 200m individual, 400m individual, 4x50m relay

2.5. University finals will be conducted after the 'A' Final for all events provided that at least 35 swimmers contest the heats of that event. 800m and 1500m freestyle events as well all relays as will be swum as timed finals with the fastest heat swam in the finals session. Finals will be determined in the following manner:

- Top 10 fastest (regardless of club or university entry) will compete in the 'A' Final.
- Next 10 fastest university entries will compete in the 'University' Final
- Next 10 fastest club entries will compete in the 'Club' Final.

2.6. The UniSport Nationals medalists will be determined in the following manner:

- 'A' Final placings take precedence over 'University' Final placings. For example, if there are two university competitors in the 'A' Final, they will receive the UniSport gold and silver medals in order of their finishing position. The bronze medal will be awarded to the first-place finisher in the 'University' final.

2.7. No university-only finals will be conducted for multi-class events.

2.8. Participants must complete the following process to check in for their race:

- Report to the marshal in the call room two events prior to each race the participant is competing in
- The marshal will confirm their identification and the participant will be eligible to compete.

3. Point score

3.1. The points awarded for each final shall be:

Place	Individual finals	Relay finals
1 st	16 points	32 points
2 nd	12 points	24 points
3 rd	9 points	18 points
4 th	7 points	14 points
5 th	6 points	12 points
6 th	5 points	10 points
7 th	4 points	8 points
8 th	3 points	6 points
9 th	2 points	4 points
10 th	1 point	2 points

3.2. If two or more competitors finish equal in an event, they shall share the points for the places tied.

3.3. The university scoring the greatest number of points in the competition (separately for men and women), shall be declared the overall winners for the competition.

3.4. If two or more universities score an equal number of points to tie for first place overall, they shall be declared joint winners of the competition.

4. Uniform requirements

4.1. The specific uniform requirements for swimming are as per [Swimming NSW General Rules](#) – GR19 with the following UniSport uniform requirements:

- Swimming cap and goggles are compulsory
- Swimmers competing in the UniSport Nationals must wear a swimming cap either with university branding or a plain design (i.e. not swim club branding).

5. Team duties

5.1. Team duty requirements (if required) at UniSport events are:

- Competing universities may be required to fill timekeeping duties

5.2. The person fulfilling the team duty requirements can be any competent person associated with that team or university and does not necessarily have to be a player e.g. team manager.

5.3. Teams that do not fulfil team duties will be fined as per the UniSport guideline - forfeit of competition requirements.

6. Qualifying times

6.1. All competitors must meet the qualifying times below established for the competition.

6.2. Times must have been recorded since January 2018 and can include the previous UniSport Nationals event. International competitions are valid if evidence of the qualifying time can be provided if requested.

6.3. Competitors can use either a long course or short course qualifying time, however if using a short course time, their entry time will be equal to the qualifying time established for the event.

6.4. Entries not meeting the qualifying times for any event will not be accepted.

MEN	EVENT	WOMEN
FREESTYLE		
26.50	50m	31.50
56.50	100m	1:04.50
2:05.00	200m	2:16.00
4:25.00	400m	4:45.00
9:20.00	800m	9:50.00
17:10.00	1500m	18:45.00
BACKSTROKE		
31.00	50m	35.00
1:06.00	100m	1:13.00
2:27.00	200m	2:42.00

MEN	EVENT	WOMEN
BREASTSTROKE		
35.00	50m	39.00
1:12.00	100m	1:22.00
2:43.00	200m	2:59.00
BUTTERFLY		
29.00	50m	32.00
1:02.00	100m	1:10.00
2:24.00	200m	2:42.00
INDIVIDUAL MEDLEY		
2:21.00	200m	2:35.00
5:03.00	400m	5:32.00
RELAYS		
1:50.00	4x50m freestyle	2:10.00
3:58.00	4x100m freestyle	4:22.00
2:05.00	4x50m medley relay	2:20.00

7. Multi-class qualifying times

WOMEN	50m Free	100m Free	400m Free	50m Back	100m Back	50m Fly	100m Fly		50m Breast	100m Breast		200m IM
S1	2:07.08	4:30.00		2:05.00	4:31.65			SB1	2:35.40			
S2	1:52.82	4:04.70		2:01.20	4:56.25			SB2	1:52.50			
S3	1:29.60	3:05.30		1:32.10	3:18.00	1:41.50		SB3	1:23.70	3:13.80		
S4	58.65	2:14.70		1:13.30	2:48.50	1:25.80		SB4	1:20.80	2:51.20		
S5	54.40	1:58.10		1:03.95	2:40.00	1:00.70		SB5	1:14.65	2:45.90	SM5	4:49.50
S6	53.82	1:59.10	9:03.40	1:17.30	2:12.50	58.50	2:35.00	SB6	1:11.30	2:36.30	SM6	4:58.70
S7	51.90	1:51.50	8:43.25	1:04.70	2:08.20	57.60	2:09.70	SB7	1:07.80	2:22.90	SM7	4:50.10
S8	47.60	1:43.00	7:37.40	59.80	1:57.50	59.35	2:03.10	SB8	1:07.60	2:02.00	SM8	4:27.30
S9	44.05	1:33.80	7:16.90	55.45	1:45.20	50.30	1:51.20	SB9	1:05.20	1:55.00	SM9	4:04.60
S10	42.55	1:32.20	7:00.00	54.40	1:50.75	54.90	1:42.90				SM10	3:49.70
S11	49.35	1:47.00	8:04.40	57.80	2:03.20	56.80	2:00.20	SB11	1:02.30	2:14.10	SM11	4:26.00
S12	42.10	1:29.72	7:18.40	52.80	1:44.50	47.50	1:41.00	SB12	59.10	2:06.70	SM12	3:47.90
S13	40.95	1:29.50	6:55.00	54.40	1:43.60	47.40	1:38.00	SB13	57.20	1:55.20	SM13	3:38.60
S14	43.25	1:33.30	7:06.40	48.68	1:44.30	46.50	1:44.20	SB14	55.30	2:02.00	SM14	3:49.30
S15	40.95	1:28.90	6:40.70	51.90	1:42.50	46.20	1:37.80	SB15	55.30	1:51.70	SM15	3:38.30
S16	47.40	1:46.30	8:43.70	56.35	2:24.00	52.00	1:48.30	SB16	1:05.70	2:24.20	SM16	4:43.70

MEN	50m Free	100m Free	400m Free	50m Back	100m Back	50m Fly	100m Fly		50m Breast	100m Breast		200m IM
S1	1:43.20	3:48.30		2:01.40	4:48.50			SB1	2:19.80	5:24.40		
S2	1:29.82	3:15.20		1:41.70	3:19.20			SB2	1:28.10	3:19.40		
S3	1:09.90	2:38.80		1:18.80	3:05.70	1:33.30		SB3	1:13.70	2:52.70		
S4	56.80	2:04.40		1:08.70	2:31.90	1:10.30		SB4	1:20.80	2:25.40		
S5	49.35	1:53.60		56.80	2:23.50	58.90		SB5	1:03.60	2:16.00	SM5	4:38.60
S6	46.50	1:41.80	7:59.90	55.80	1:56.60	48.80	1:53.60	SB6	1:06.10	2:16.40	SM6	4:13.60
S7	42.80	1:33.50	7:19.50	53.40	1:52.50	49.80	1:56.30	SB7	58.80	2:05.60	SM7	4:07.80
S8	41.10	1:29.60	7:03.10	52.20	1:43.60	47.80	1:40.10	SB8	55.30	1:47.30	SM8	3:46.80
S9	39.45	1:27.60	6:37.20	49.80	1:37.20	46.20	1:36.30	SB9	50.40	1:49.90	SM9	3:33.70
S10	36.95	1:20.30	6:05.10	45.80	1:31.90	40.40	1:29.10				SM10	3:22.90
S11	38.80	1:24.80	6:29.80	50.30	1:43.50	50.30	1:35.00	SB11	51.90	1:48.10	SM11	3:33.80
S12	37.85	1:24.10	6:22.80	45.50	1:35.70	41.50	1:28.20	SB12	49.30	1:44.80	SM12	3:29.60
S13	36.90	1:22.20	6:23.10	45.40	1:35.30	43.40	1:30.50	SB13	47.50	1:41.80	SM13	3:28.80
S14	37.85	1:22.70	6:35.30	45.90	1:35.30	40.70	1:30.30	SB14	45.30	1:39.20	SM14	3:26.40
S15	35.55	1:18.70	5:48.90	42.00	1:28.80	39.20	1:26.10	SB15	46.50	1:34.30	SM15	3:04.30
S16	41.30	1:32.30	8:11.30	49.35	1:51.40	43.80	2:20.00	SB16	50.80	1:59.60	SM16	4:06.70

8. UniSport Nationals current swimming records

Event	Record	Year	Record holder	Uni
FREESTYLE				
Men 50m	22.69	2011	Kyle Richardson	QUT
Women 50m	25.53	2015	Melanie Wright	BOND
Men 100m	49.87	2018	Tommaso D'Orsogna	NDA
Women 100m	54.85	2015	Melanie Wright	BOND
Men 200m	1:50.93	2014	Kurt Herzog	ACPE
Women 200m	2:02.00	2018	Kiah Melverton	GU
Men 400m	3:55.01	2018	Elijah Winnington	BOND
Women 400m	4:12.91	2015	Maddie Groves	BOND
Men 800m	8:09.41	2008	Andrew Beato	UTS
Women 800m	8:44.40	2015	Kiah Melverton	GU
Men 1500m	<i>new in 2019</i>			
Women 1500m				
BACKSTROKE				
Men 50m	26.12	2018	Jack Gerrard	MON
Women 50m	28.85	2016	Hayley Baker	MELB
Men 100m	56.38	2018	Jack Gerrard	MON
Women 100m	1:00.98	2016	Hayley Baker	MELB
Men 200m	2:03.56	2013	Matson Lawson	MON
Women 200m	2:11.55	2016	Hayley Baker	MELB
BREASTSTROKE				
Men 50m	28.53	2015	Shaun Abbott	UNSW
Women 50m	32.68	2018	Jenna Strauch	BOND
Men 100m	1:02.84	2016	Matthew Treloar	UNSW
Women 100m	1:09.69	2012	Sam Marshall	MELB
Men 200m	2:15.01	2009	Christian Sprenger	QUT
Women 200m	2:31.76	2018	Jenna Strauch	BOND
BUTTERFLY				
Men 50m	24.19	2015	Christopher Wright	GU
Women 50m	26.93	2011	Marieke Guehrer	MELB
Men 100m	53.86	2016	Nick Brown	UWA
Women 100m	59.62	2015	Maddie Groves	BOND
Men 200m	1:59.65	2018	Charles Cox	GU
Women 200m	2:11.78	2015	Maddie Groves	BOND
INDIVIDUAL MEDLEY				
Men 200m	2:03.67	2017	Tomas Elliot	UTS
Women 200m	2:16.75	2016	Hayley Baker	MELB
Men 400m	<i>new in 2019</i>			
Women 400m				
RELAYS				
Men 4x50 free	1:33.01	2014	T Maxwell, J King, B Lindsay, K Boskovic	USYD
Women 4x50 free	1:48.91	2015	C McKewen, J Quinn, M Munns, S Taylor	UTS
Men 4x100 free	3:27.43	2015	J Mitchell, C Wright, S Seghers, B Jones	GU
Women 4x100 free	3:59.18	2015	M Wilson, K Melverton, K Mills, E McKeon	GU
Men 4x50 medley	1:44.77	2014	T Maxwell, J King, B Lindsay, K Boskovic	USYD
Women 4x50 medley	1:57.71	2011	G Loh, S Marshall, M Guehrer, J Morrison	MELB
Men 4x100 medley	3:50.88	2011	A Gillespie, C Sprenger, G Irvine, K Richardson	QUT
Women 4x100 medley	4:20.05	2011	G Loh, S Marshall, M Guehrer, J Morrison	MELB

Previous rule amendments

August 2000 | July 2004 | August 2005 | March 2010 | May 2012 | May 2013 | June 2015 | April 2017 | June 2017 | October 2017 | March 2018 | February 2019

*All competitions will be held in accordance with the UniSport competition guidelines.