



The Hills Swimming & Life Saving Club

12 Years & Under Long Course Development Meet

Saturday 1st February 2020

Waves Fitness & Aquatic Centre, 44 Mileham Ave Baulkham Hills
Warm up 1:00pm Start 2:00pm

*** Entries limited to enable meet to finish by 7:30pm ***

Event No.		Break Time	Age	Dist	Stroke
Boys	Girls				
1	2	2.43.00	12/Under	200	IM
3	4	50.00	8/Under	50	Butterfly
5	6	40.00	9	50	Butterfly
7	8	39.00	10	50	Butterfly
9	10	36.00	11	50	Butterfly
11	12	35.00	12	50	Butterfly
13	14	2.44.00	12/Under	200	Backstroke
15	16	1.05.00	12/Under	100	Freestyle
17	18	54.00	8/Under	50	Breaststroke
19	20	49.00	9	50	Breaststroke
21	22	48.00	10	50	Breaststroke
23	24	41.00	11	50	Breaststroke
25	26	40.00	12	50	Breaststroke
27	28	2.52.00	12/Under	200	Butterfly
29	30	1.26.00	12/Under	100	Breaststroke

Event No.		Break Time	Age	Dist	Stroke
Boys	Girls				
31	32	48.00	8/Under	50	Backstroke
33	34	42.00	9	50	Backstroke
35	36	40.00	10	50	Backstroke
37	38	38.00	11	50	Backstroke
39	40	35.00	12	50	Backstroke
41	42	2.23.00	12/Under	200	Freestyle
43	44	1.16.00	12/Under	100	Backstroke
45	46	41.00	8/Under	50	Freestyle
47	48	35.00	9	50	Freestyle
49	50	34.00	10	50	Freestyle
51	52	32.00	11	50	Freestyle
53	54	30.00	12	50	Freestyle
55	56	3.06.00	12/Under	200	Breaststroke
57	58	1.15.00	12/Under	100	Butterfly

Costs

\$6.50 per event

Pool entry fee applies to all swimmers and spectators

Conditions of Entry

- Meet approved by SNSW and will be conducted under SNSW rules.
- Age as at 1st February 2020
- For each event a swimmer aged 12/Under must have an entry time which is **SLOWER** than the nominated Break Time.
- All events are timed finals and a one start rule applies.
- Online entries **\$6.50 per event**, entry via our website <https://thehills.swimming.org.au>.
- Dolphin timing system will be used.
- Medals will be awarded to 1st, 2nd and 3rd place getters. 50m events will be awarded for every age group from 8&U and up. 100m events will be awarded to 12yr, 11yr & 10&U. 200m events will be awarded to 12yr & 11&U. 200IM events will be awarded to 12yr, 11yr & 10&U.
- Entries close 5pm on Saturday 11th January 2020, or prior if the 5 hour time line is reached. **No late entries accepted.**
- Please check your entries carefully as there is a no refund policy.
- Results will be submitted to SNSW, uploaded to the National database and posted on The Hills Swimming & Life Saving Club website.
- Program will be available to download for free from www.thehills.swimming.org.au before the carnival. **No programs for sale on the day.**
- All enquiries to The Hills Swimming and Life Saving Club Race Convenor, Danyal Bloomfield at racesecretary@thehills.org.au
- By entering, entrant's parent or guardian is declaring the entrant fit to compete. In the event that an entrant experiences a medical issue whilst competing at, or during the meet, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at the meet. The Meet Director will have sole authority to adjudicate on this matter.
- Clubs may need to assist in timekeeping.
- BBQ will be in operation throughout the day.
- Pool entry fee applies to all swimmers and spectators.
- Entrants do not need to be a registered member of a swimming club, Swimming NSW or Swimming Australia to compete.
- Manual entries are only available to non NSW Swimming members. Manual entries must be submitted to the Race Convenor, Danyal Bloomfield at racesecretary@thehills.org.au prior to Wednesday January 8th, 2020. If a NSW Swimming registered member submits a manual entry, their results may not be uploaded to the National Results database.