

Swimming NSW Open Water Championships- 20th-21st December 2019

Forecasted Weather Conditions

In light of the recent Smoke Haze affecting the Sydney region, Swimming NSW has been monitoring air quality in the region in the lead up to the NSW Open Water Championships which will be held at the Sydney International Regatta Centre, Penrith (SIRC). Additionally, we have been monitoring the forecasted weather conditions, particularly for Saturday which is predicted to have extremely hot conditions.

Based on advice from the Australian Institute of Sport (https://ais.gov.au/position_statements#smoke_pollution_and_exercise) Swimming NSW has determined that if the Air Quality Index reaches a reading classified as Very Poor (at the closest measuring station to SIRC) we will cease the NSW Open Water Championships. The Air Quality Index is updated hourly and this will be monitored throughout the event. If these conditions are present, we strongly advise any Asthmatics or symptomatic non-asthmatics to withdraw from the event.

Further, if the water temperature at the event reaches 31^o Celsius we will cease the NSW Open Water Championships. The Water Temperature will also be monitored throughout the event.

The safety of our competitors, volunteers and spectators is our first priority at all time. If any competitor wishes to withdraw at this stage due to the forecasted conditions, a refund will be issued.

Depending on weather conditions and the timing of any cessation, Swimming NSW will, wherever possible, re-schedule events. However if this is not possible, events may be cancelled. In the event of a cancellation, a refund will be provided to all competitors.

We will keep our Competitors, Coaches, Volunteers and Spectators updated on event changes in the lead up to and during the event via email, social media and the Swimming NSW website.