



# 2022 SWIMMING NSW SAARS & JAARS SWIM LEAGUE EVENT

Saturday 24<sup>th</sup> September 2022  
Sydney Olympic Park Aquatic Centre

## SWIM LEAGUE EVENT INFORMATION

- Registration: 30 Minutes Prior to your first scheduled match
- Warm-up: Included within match time
- 6 Rounds in total with each Team competing in 3 Matches
- 3 Pools with 3 Teams competing in each Pool at the same time
- 3 lanes will be given to each Team to competing in
- Each Match will be completed with in 60 mins including Warm-ups
- Normal Swim League Point scoring will occur - see Table below
- For each Match the Winning Team will be awarded 3 points, 2<sup>nd</sup> Team 2 points and 3<sup>rd</sup> Team 1 point towards the overall ladder
- If more the 1 Team finishes with 9 points a Swim League Shootout will occur to decide the overall Champion Team
- Please make sure you are at the correct Pool when the Rounds begin



## COMPETITION LADDER

### ▪ **Round 1 -12.30pm to 1.30pm**

- Pool 1 - Metro South West White (Lanes 1,2,3) vs Metro North West Yellow (Lanes 4,5,6) vs Coast and Valley Yellow (Lanes 7,8,9)

- Pool 2 - Metro South West Blue (Lanes 1,2,3) vs Metro North West Red (Lanes 4,5,6) vs Metro North East and North Coast (Lanes 7,8,9)

-Pool 3 - Metro North West White (Lanes 1,2,3) vs Coast and Valley White (Lanes 4,5,6) vs Metro North West Blue (Lanes 7,8,9)

### ▪ **Round 2 -1.30pm to 2.30pm**

- Pool 1 - Metro South West Blue (Lanes 1,2,3) vs Coast and Valley Yellow (Lanes 4,5,6) vs Mountains and Plains Red (Lanes 7,8,9)

- Pool 2 - Metro South West Green (Lanes 1,2,3) vs Coast and Valley White (Lanes 4,5,6) vs Mountains and Plains Purple (Lanes 7,8,9)

-Pool 3 - Metro South West Grey (Lanes 1,2,3) vs Metro North East and North Coast (Lanes 4,5,6) vs New England North West (Lanes 7,8,9)

### ▪ **Round 3 -2.30pm to 3.30pm**

- Pool 1 - Metro South West White (Lanes 1,2,3) vs New England North West (Lanes 4,5,6) vs Mountains and Plains Red (Lanes 7,8,9)

- Pool 2 - Metro South West Grey (Lanes 1,2,3) vs Metro North West Yellow (Lanes 4,5,6) vs South Eastern and ACT (Lanes 7,8,9)

-Pool 3 - Metro North West White (Lanes 1,2,3) vs Coast and Valley Blue (Lanes 4,5,6) vs Southern Inland (Lanes 7,8,9)



▪ **Round 4 -3.30pm to 4.30pm**

- Pool 1 - Metro South West Blue (Lanes 1,2,3) vs Mountains and Plains Purple (Lanes 4,5,6) vs South Eastern and ACT (Lanes 7,8,9)
- Pool 2 - Metro South West Green (Lanes 1,2,3) vs Metro North West Red (Lanes 4,5,6) vs Southern Inland (Lanes 7,8,9)
- Pool 3 - Metro North West Blue (Lanes 1,2,3) vs Metro North East and North Coast (Lanes 4,5,6) vs Coast and Valley White (Lanes 7,8,9)

▪ **Round 5 -4.30pm to 5.30pm**

- Pool 1 - Metro North West White (Lanes 1,2,3) vs Coast and Valley Blue (Lanes 4,5,6) vs Southern Inland (Lanes 7,8,9)
- Pool 2 - Metro North West Blue (Lanes 1,2,3) vs South Eastern and ACT (Lanes 4,5,6) vs Metro South West White (Lanes 7,8,9)
- Pool 3 - Coast and Valley Yellow (Lanes 1,2,3) vs New England North West (Lanes 4,5,6) vs Mountains and Plains Purple (Lanes 7,8,9)

▪ **Round 6 -5.30pm to 6.30pm**

- Pool 1 - Metro North West Red (Lanes 1,2,3) vs Mountains and Plains Red (Lanes 4,5,6) vs Metro South West Green (Lanes 7,8,9)
- Pool 2 - Metro North West Yellow (Lanes 1,2,3) vs Coast and Valley Blue (Lanes 4,5,6) vs Metro South West Grey (Lanes 7,8,9)

**POINTS ALLOCATION (MATCH)**

	1ST	2ND	3RD
Individual Swim	3 points	2 points	1 points
Brace Relay	3 points	2 points	1 points
Team Relay	4 points	0 points	0 points
Power Play (individual events only)	6 points	4 points	2 points



## TEAMS ALLOCATED ROUNDS

<u>Team</u>	<u>Allocated Rounds</u>		<u>Team</u>	<u>Allocated Rounds</u>
MSW White	1,3,5		C&V Yellow	1,2,5
MSW Blue	1,2,4		C&V Blue	3,5,6
MSW Green	2,4,6		M&P Purple	2,4,5
MSW Grey	2,3,6		M&P Red	2,3,6
MNW White	1,3,5		MNE&NC	1,2,4
MNW Blue	1,4,5		NENW	2,3,5
MNW Yellow	1,3,6		SE&ACT	3,4,5
MNW Red	1,4,6		SISA	3,4,5
C&V White	1,2,4			

*Please note, teams have not yet been allocated. Athletes will be advised prior to the event.*

If you have any questions regarding the Swim League event, please contact Adam Beisler: [adam.beisler@nsw.swimming.org.au](mailto:adam.beisler@nsw.swimming.org.au)