



Springwood Swimming Club

Annual Short Course Qualifying Carnival

Sunday 11th August 2019

Warm Up 8am - Start 9am

Springwood Aquatic Centre - Plateau Rd, Springwood

M	F	Age	Dist	Stroke	QT
1	2	All Age	200	IM	4.00.00
3	4	9/U	25	Breast	
5	6	All Age	50	Breast	1.20.00
7	8	MC	50	Breast	
9	10	12/U	100	Free	1.50.00
11	12	13/O	100	Free	1.30.00
13	14	9/U	25	Back	
15	16	All Age	50	Back	1.10.00
17	18	MC	50	Back	
19	20	All Age	200	Breast	4.00.00
21	22	Open	400	IM	6.00.00
23	24	12/U	100	Fly	2.00.00
25	26	13/O	100	Fly	1.30.00
27	28	All Age	200	Back	4.00.00
Lunch Break					
29	30	All Age	200	Free	4.00.00
31	32	10/U	100	IM	3.00.00
33	34	9/U	25	Free	
35	36	All Age	50	Free	1.00.00
37	38	MC	50	Free	
39	40	All Age	200	Fly	4.00.00
41	42	12/U	100	Back	2.00.00
43	44	13/O	100	Back	1.30.00
45	46	9/U	25	Fly	
47	48	All Age	50	Fly	1.00.00
49	50	MC	50	Fly	
51	52	12/U	100	Breast	2.00.00
53	54	13/O	100	Breast	1.40.00
55	56	Open	400	Free	6.00.00

1. QT – swimmers who do not meet the qualifying time are ineligible to enter an event.
2. The meet shall be conducted under the rules of SNSW. This meet has area approval.
3. Age is at 11th August, 2019. All swimmers must be registered with Swimming NSW.
4. All events shall be conducted as timed finals.
5. Swimmers entering 25m events are not eligible to swim the 50m event of the same stroke.
6. Athletes with a disability must identify themselves to the referee before the start of the session they are competing in, in order to contest MC events.
7. Entries cost \$5.50 per event.
8. Entries must be placed via the online entry system available on our club website www.springwoodswimmingclub.com.au. **Entries close 5pm Friday 19th July 2019**, or when entry limit (1200) has been reached.
9. The start list, program and timeline will be available to download at www.springwoodswimmingclub.com.au once completed. Limited programs will be available for \$5.00 on the day.
10. Late entries (after online entry is closed) will only be accepted to fill empty lanes, and will be placed as exhibition swims. Exhibition swimmers cannot place. Entry fees must be received before the start of the meet or the swimmer will be withdrawn.
11. Semi-automatic timing will be used.
12. TM results will be available from www.springwoodswimmingclub.com.au after the meet.
13. All enquiries to racing@springwoodswimmingclub.com.au
14. Normal pool entry applies.
15. BBQ will be available for breakfast and lunch. There is **NO** longer a canteen at Springwood Aquatic Centre.
16. Results will be published to Meet Mobile throughout the meet.
17. Assistance with timekeeping is required. Clubs will be allocated a lane. Parents, please come prepared to help as we are unable to run this meet without timekeepers.
18. Medals will be awarded for 12/U swimmers. Cash prizes will be awarded for 13/O swimmers. Cash prizes consist of \$7 for 1st, \$5 for 2nd and \$3 for 3rd.
19. Age groups for placings in 50m & 100m events will include 8/U, 9yrs, 10yrs, 11yrs & 12yrs, 13yrs, 14yrs, 15/O. Age groups for 200FR and 200IM will include 10/U, 11yrs, 12yrs, 13/14yrs, 15/O. Age groups for 200m form strokes will include 12/U and 13/O only. 400m swims are Open events.
20. All entrants in 25m events will receive a certificate and ribbon for each race.
21. Space and seating are extremely limited. Visitors are encouraged to bring their own chairs.