



FINALS SESSION - Day 1 - Friday 13th December 2019 **TO BE USED AS A GUIDELINE ONLY**

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4.00 PM	Pool Opens
4.00 PM	Warm Up Commences
5.15 PM	Warm Up Ends in Competition Pool
5:26 PM	Technical Officials march on
5:27 PM	National Anthem
5:29 PM	March on & Introduction of Event 1- Womens 14yrs 200m Individual Medley
5:30 PM	Womens 14yrs 200m Individual Medley
5:33 PM	Introduction of Event 2 - Mens 13/14yrs 200m Individual Medley
5:34 PM	Mens 13/14yrs 200m Individual Medley
5:37 PM	Award Ceremony for Event 1 - Womens 14yrs 200m Individual Medley
5:39 PM	Introduction of Event 3 - Womens 16yrs 200m Butterfly
5:40 PM	Womens 16yrs 200m Butterfly
5:43 PM	Award Ceremony for Event 2 - Mens 13/14yrs 200m Individual Medley
5:45 PM	Introduction of Event 3a - Womens 17yrs & Over 200m Butterfly
5:46 PM	Womens 17yrs & Over 200m Butterfly
5:48 PM	Award Ceremony for Event 3 - Womens 16yrs 200m Butterfly
5:50 PM	Introduction of Event 4 - Mens 16yrs 200m Butterfly
5:51 PM	Mens 16yrs 200m Butterfly
5:54 PM	Award Ceremony for Event 3a - Womens 17yrs & Over 200m Butterfly
5:56 PM	Introduction of Event 5 - Mens 17yrs 50m Freestyle
5:57 PM	Mens 17yrs 50m Freestyle
5:58 PM	Award Ceremony for Event 4 - Mens 16yrs 200m Butterfly
6:00 PM	Introduction of Event 5a - Mens 18yrs & Over 50m Freestyle
6:01 PM	Mens 18yrs & Over 50m Freestyle
6:02 PM	Award Ceremony for Event 5 - Mens 17yrs 50m Freestyle
6:04 PM	Introduction of Event 6 - Womens 12/13yrs 200m Freestyle
6:05 PM	Womens 12/13yrs 200m Freestyle
6:08 PM	Award Ceremony for Event 5a - Mens 18yrs & Over 50m Freestyle
6:10 PM	Introduction of Event 7 - Womens 14yrs 400m Freestyle
6:11 PM	Womens 14yrs 400m Freestyle
6:16 PM	Award Ceremony for Event 6 - Womens 12/13yrs 200m Freestyle
6:18 PM	Introduction of Event 8 - Mens 13/14yrs 200m Backstroke
6:19 PM	Mens 13/14yrs 200m Backstroke
6:22 PM	Award Ceremony for Event 7 - Womens 14yrs 400m Freestyle
6:24 PM	Introduction of Event 9 - Mens 17yrs 100m Breaststroke
6:25 PM	Mens 17yrs 100m Breaststroke
6:27 PM	Award Ceremony for Event 8 - Mens 13/14yrs 200m Backstroke
6:29 PM	Introduction of Event 9a - Mens 18yrs & Over 100m Breaststroke
6:30 PM	Mens 18yrs & Over 100m Breaststroke
6:32 PM	Award Ceremony for Event 9 - Mens 17yrs 100m Breaststroke
6:34 PM	Introduction of Event 10 - Womens 15yrs 200m Backstroke
6:35 PM	Womens 15yrs 200m Backstroke
6:38 PM	Award Ceremony for Event 9a - Mens 18yrs & Over 100m Breaststroke



FINALS SESSION - Day 1 - Friday 13th December 2019 **TO BE USED AS A GUIDELINE ONLY**

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:40 PM	Introduction of Event 11 - Mens 15yrs 200m Backstroke
6:41 PM	Mens 15yrs 200m Backstroke
6:43 PM	Award Ceremony for Event 10 - Womens 15yrs 200m Backstroke
6:45 PM	Introduction of Event 12 - Womens 14yrs 100m Butterfly
6:46 PM	Womens 14yrs 100m Butterfly
6:48 PM	Award Ceremony for Event 11 - Mens 15yrs 200m Backstroke
6:50 PM	Introduction of Event 13 Mens 13/14yrs 100m Butterfly
6:51 PM	Mens 13/14yrs 100m Butterfly
6:53 PM	Award Ceremony for Event 12 - Womens 14yrs 100m Butterfly
6:55 PM	Introduction of Event 14 Womens 12/13yrs 200m Breaststroke
6:56 PM	Womens 12/13yrs 200m Breaststroke
6:59 PM	Award Ceremony for Event 13 - Mens 13/14yrs 100m Butterfly
7:01 PM	Introduction of Event 15 - Womens 16yrs 100m Freestyle
7:02 PM	Womens 16yrs 100m Freestyle
7:04 PM	Award Ceremony for Event 14 - Womens 12/13yrs 200m Breaststroke
7:06 PM	Introduction of Event 15a - Womens 17yrs & Over 100m Freestyle
7:07 PM	17yrs & Over 100m Freestyle
7:09 PM	Award Ceremony for Event 15 - Womens 16yrs 100m Freestyle
7:11 PM	Introduction of Event 16 - Mens 16yrs 100m Freestyle
7:12 PM	Mens 16yrs 100m Freestyle
7:14 AM	Award Ceremony for Event 15a - Womens 17yrs & Over 100m Freestyle
7:16 PM	Introduction of Event 17 - Mens 13-15yrs 1500m Freestyle
7:17 PM	Mens 13-15yrs 1500m Freestyle
7:35 PM	Award Ceremony for Event 16 - Mens Mens 16yrs 100m Freestyle
7:37 PM	Event 18 - Womens 12-16yrs 4x50m Medley Relay, Timed Finals (4 Heats)
7:47 PM	Event 19 - Mens 13-16yrs 4x50m Medley Relay, Timed Finals (4 Heats)
7:57 PM	Event 20 - Womens 12-14yrs 4x50m Freestyle Relay, Timed Finals (4 Heats)
8:05 PM	Event 21 - Mens 13-14yrs 4x50m Freestyle Relay, Timed Finals (3 Heats)
8:11 PM	Award Ceremony for Event 17 Mens 13-15yrs 1500m Freestyle
8:13 PM	Award Ceremony for Event 18 Womens 12-16yrs 4x100m Medley Relay
8:15 PM	Award Ceremony for Event 19 Mens 13-16yrs 4x100m Medley Relay
8:17 PM	Award Ceremony for Event 20 - Womens 12-14yrs 4x50m Freestyle Relay
8:19 PM	Award Ceremony for Event 21 - Mens 13-14yrs 4x50m Freestyle Relay
8:21 PM	Swimmer Performance of the Day Award presentation
8:23 PM	Announcer asks Technical Officials to march off
8:23 PM	Announcer closes session



FINALS SESSION - Day 2 - Saturday 14th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 22 - Womens 16yrs 400m Freestyle
5:30 PM	Womens 16yrs 400m Freestyle
5:35 PM	March on & Introduction of Event 22a - Womens 17yrs & Over 400m Freestyle
5:36 PM	Womens 17yrs & Over 400m Freestyle
5:41 PM	Award ceremony for Event 22 Womens 16yrs 400m Freestyle
5:43 PM	Introduction of Event 23 - Mens 16yrs 400m Freestyle
5:44 PM	Mens 16yrs 400m Freestyle
5:49 PM	Award ceremony for Event 22a Womens 17yrs & Over 400m Freestyle
5:51 PM	Introduction of Event 24 - Womens 15yrs 100m Freestyle
5:52 PM	Womens 15yrs 100m Freestyle
5:54 PM	Award Ceremony for Event 23 Mens 16yrs 400m Freestyle
5:56 PM	Introduction of Event 25 - Mens 11yrs & Over MC 50m Freestyle
5:57 PM	Mens 11yrs & Over MC 50m Freestyle
5:59 PM	Award Ceremony for Event 24 Womens 15yrs 100m Freestyle
6:01 PM	Introduction of Event 26 - Womens 11 & Over MC 50m Freestyle
6:02 PM	Womens 11yrs & Over MC 50m Freestyle
6:04 PM	Award Ceremony for Event 25 Mens 11yrs & Over MC 50m Freestyle
6:06 PM	Introduction of Event 27 - Mens 15yrs 100m Freestyle
6:07 PM	Mens 15yrs 100m Freestyle
6:09 PM	Award Ceremony for Womens 11yrs & Over MC 50m Freestyle
6:11 PM	Introduction of Event 28 - Womens 14yrs 200m Backstroke
6:12 PM	Womens 14yrs 200m Backstroke
6:15 PM	Award Ceremony for Event 27 Mens 15yrs 100m Freestyle
6:17 PM	Introduction of Event 29 - Mens 13/14yrs 400m Freestyle
6:18 PM	Mens 13/14yrs 400m Freestyle
6:23 PM	Award Ceremony for Event 28 Womens 14yrs 200m Backstroke
6:25 PM	Introduction of Event 30 - Womens 12/13yrs 200m Individual Medley
6:26 PM	Womens 12/13yrs 200m Individual Medley
6:29 PM	Award Ceremony for Event 29 Mens 13/14yrs 400m Freestyle
6:31 PM	Introduction of Event 31 - Mens 17yrs 100m Backstroke
6:32 PM	Mens 17yrs 100m Backstroke
6:34 PM	Award Ceremony for Event 30 Womens 12/13yrs 200m Individual Medley
6:36 PM	Introduction of Event 31a - Mens 18yrs & Over 100m Backstroke
6:37 PM	Mens 18yrs & Over 100m Backstroke
6:39 PM	Award Ceremony for Event 30 Mens 17yrs 100m Backstroke
6:41 PM	Introduction of Event 32 - Womens 16yrs 50m Freestyle
6:42 PM	Womens 16yrs 50m Freestyle
6:43 PM	Award Ceremony for Event 31a Mens 18yrs & Over 100m Backstroke
6:45 PM	Introduction of Event 32a - Womens 17yrs & Over 50m Freestyle



FINALS SESSION - Day 2 - Saturday 14th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:46 PM	Womens 17yrs & Over 50m Freestyle
6:47 PM	Award Ceremony for Event 32 Womens 16yrs 50m Freestyle
6:49 PM	Introduction of Event 33 - Mens 16yrs 50m Freestyle
6:50 PM	Mens 16yrs 50m Freestyle
6:51 PM	Award Ceremony for Event 32a Womens 17yrs & Over 50m Freestyle
6:53 PM	Introduction of Event 34 - Womens 15yrs 200m Butterfly
6:54 PM	Womens 15yrs 200m Butterfly
6:57 PM	Award Ceremony for Event 33 Mens 16yrs 50m Freestyle
6:59 PM	Introduction of Event 35 - Mens 15yrs 200m Butterfly
7:00 PM	Mens 15yrs 200m Butterfly
7:03 PM	Award Ceremony for Event 34 Womens 15yrs 200m Butterfly
7:05 PM	Introduction of Event 36 - Womens 12/13yrs 100m Butterfly
7:06 PM	Womens 12/13yrs 100m Butterfly
7:08 PM	Award Ceremony for Event 35 Mens 15yrs 200m Butterfly
7:10 PM	Introduction of Event 37 - Mens 17yrs 200m Freestyle
7:11 PM	Mens 17yrs 200m Freestyle
7:14 PM	Award Ceremony of Event 36 Womens 12/13yrs 100m Butterfly
7:16 PM	Introduction of Event 37a - Mens 18yrs & Over 200m Freestyle
7:17 PM	Mens 18yrs & Over 200m Freestyle
7:19 PM	Award Ceremony for Event 37 - Mens 17yrs 200m Freestyle
7:21 PM	Introduction of Event 38 - Womens 16yrs 100m Breaststroke
7:22 PM	Womens 16yrs 100m Breaststroke
7:24 PM	Award Ceremony for Event 37a Mens 18yrs & Over 200m Freestyle
7:26 PM	Introduction of Event 38a - Womens 17yrs & Over 100m Breaststroke
7:27 PM	Womens 17yrs & Over 100m Breaststroke
7:29 PM	Award Ceremony for Event 38 Womens 16yrs 100m Breaststroke
7:31 PM	Introduction of Event 39 - Mens 16yrs 100m Breaststroke
7:32 PM	Mens 16yrs 100m Breaststroke
7:34 PM	Award Ceremony for Event 38a Womens 17yrs & Over 100m Breaststroke
7:36 PM	Introduction of Event 40 - Womens 11yrs & Over MC 200m Individual Medley
7:37 PM	Womens 11yrs & Over MC 200m Individual Medley
7:40 PM	Award Ceremony for Event 39 Mens 16yrs 100m Breaststroke
7:42 PM	Introduction of Event 41 - Mens 11yrs & Over MC 200m Individual Medley
7:43 PM	Mens 11yrs & Over MC 200m Individual Medley
7:46 PM	Award Ceremony for Event 40 Womens 11yrs & Over MC 200m Individual Medley
7:48 PM	Introduction of Event 42 - Women's 12-14 Years 800m Freestyle (Timed Finals)
7:49 PM	Women's 12-14 Years 800m Freestyle (Timed Finals)
7:59 PM	Award Ceremony for Event 41 Mens 11yrs & Over MC 200m Individual Medley
8:01 PM	Event 43 - Womens 12 - 18yrs 4x100m Freestyle Relay, Timed Finals (3 Heats)
8:15 PM	Event 44 - Mens 13 - 18yrs 4x100m Freestyle Relay, Timed Finals (3 Heats)
8:27 PM	Award Ceremony for Event 42 Women's 12-14 Years 800m Freestyle
8:29 PM	Award Ceremony for Event 43 Womens 12-18yrs 4x100m Freestyle Relay
8:31 PM	Award Ceremony for Event 44 Mens 13-18yrs 4x100m Freestyle Relay



FINALS SESSION - Day 2 - Saturday 14th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
8:33 PM	Swimmer Performance of the Day Award presentation
8:35 PM	Announcer asks Technical Officials to march off
8:35 PM	Announcer closes session



FINALS SESSION - Day 3 - Sunday 15th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 45 - Mens 16yrs & Over 800m Freestyle (Timed Finals)
5:30 PM	Mens 16yrs & Over 800m Freestyle
5:39 PM	Introduction of Event 46 - Womens 11yrs & Over MC 100m Breaststroke
5:40 PM	Womens 11yrs & Over MC 100m Breaststroke
5:52 PM	Award Ceremony for Event 45 Mens 16yrs & Over 800m Freestyle
5:54 PM	Introduction of Event 47 - Mens 11yrs & Over MC 100m Breaststroke
5:55 PM	Mens 11yrs & Over MC 100m Breaststroke
5:57 PM	Award Ceremony for Event 46 Womens 11yrs & Over MC 100m Breaststroke
5:59 PM	Introduction of Event 48 - Womens 15yrs 100m Breaststroke
6:00 PM	Womens 15yrs 100m Breaststroke
6:02 PM	Award Ceremony for Event 47 Mens 11yrs & Over MC 100m Breaststroke
6:04 PM	Introduction of Event 49 - Mens 15yrs 100m Breaststroke
6:05 PM	Mens 15yrs 100m Breaststroke
6:07 PM	Award Ceremony for Event 48 Womens 15yrs 100m Breaststroke
6:09 PM	Introduction to Event 50 - Womens 14yrs 200m Butterfly
6:10 PM	Womens 14yrs 200m Butterfly
6:13 PM	Award Ceremony for Event 49 Mens 15yrs 100m Breaststroke
6:15 PM	Introduction of Event 51 - Mens 13/14yrs 200m Butterfly
6:16 PM	Mens 13/14yrs 200m Butterfly
6:19 PM	Award Ceremony for Event 50 Womens 14yrs 200m Butterfly
6:21 PM	Introduction of Event 52 - Womens 16yrs 100m Backstroke
6:22 PM	Womens 16yrs 100m Backstroke
6:23 PM	Award Ceremony for Event 51 Mens 13/14yrs 200m Butterfly
6:25 PM	Introduction of Event 52a - Womens 17yrs & Over 100m Backstroke
6:26 PM	Womens 17yrs & Over 100m Backstroke
6:28 PM	Award Ceremony for Event 52 Womens 16yrs 100m Backstroke
6:30 PM	Introduction of Event 53 - Mens 16yrs 100m Backstroke
6:31 PM	Mens 16yrs 100m Backstroke
6:33 PM	Award Ceremony for Event 52a Womens 17yrs & Over 100m Backstroke
6:35 PM	Introduction for Event 54 - Mens 17yrs 400m Individual Medley
6:36 PM	Mens 17yrs 400m Individual Medley
6:41 PM	Award Ceremony for Event 53 Mens 16yrs 100m Backstroke
6:43 PM	Introduction for Event 54a - Mens 18yrs & Over 400m Individual Medley
6:44 PM	18yrs & Over 400m Individual Medley
6:49 PM	Award Ceremony of Event 54 Mens 17yrs 400m Individual Medley
6:51 PM	Introduction of Event 55 - Womens 15yrs 400m Freestyle
6:52 PM	Womens 15yrs 400m Freestyle
6:57 PM	Award Ceremony for Event 54a 18yrs & Over 400m Individual Medley
6:59 PM	Introduction of Event 56 - Mens 15yrs 400m Freestyle



FINALS SESSION - Day 3 - Sunday 15th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
7:00 PM	Mens 15yrs 400m Freestyle
7:05 PM	Award Ceremony for Event 55 Womens 15yrs 400m Freestyle
7:07 PM	Introduction of Event 57 - Womens 14yrs 100m Freestyle
7:08 PM	Womens 14yrs 100m Freestyle
7:10 PM	Award Ceremony for Event 56 Mens 15yrs 400m Freestyle
7:12 PM	Introduction of Event 58 - Mens 13/14yrs 100m Freestyle
7:13 PM	Mens 13/14yrs 100m Freestyle
7:14 PM	Award Ceremony for Event 57 Womens 14yrs 100m Freestyle
7:16 PM	Introduction of Event 59 - Womens 12/13yrs 200m Backstroke
7:18 PM	Womens 12/13yrs 200m Backstroke
7:21 PM	Award Ceremony for Event 58 Mens 13/14yrs 100m Freestyle
7:23 PM	Introduction of Event 60 - Mens 17yrs 200m Breaststroke
7:24 PM	Mens 17yrs 200m Breaststroke
7:27 PM	Award Ceremony for Event 59 Womens 12/13yrs 200m Backstroke
7:29 PM	Introduction of Event 60a - Mens 18yrs & Over 200m Breaststroke
7:30 PM	Mens 18yrs & Over 200m Breaststroke
7:33 PM	Award Ceremony for Event 60 Mens 17yrs 200m Breaststroke
7:35 PM	Introduction of Event 61 - Womens 16yrs 400m Individual Medley
7:36 PM	Womens 16yrs 400m Individual Medley
7:41 PM	Award Ceremony for Event 60a Mens 18yrs & Over 200m Breaststroke
7:43 PM	Introduction of Event 61a - Womens 17yrs & Over 400m Individual Medley
7:44 PM	Womens 17yrs & Over 400m Individual Medley
7:49 PM	Award Ceremony for Event 61 Womens 16yrs 400m Individual Medley
7:51 PM	Introduction of Event 62 - Mens 16yrs 400m Individual Medley
7:52 PM	Mens 16yrs 400m Individual Medley
7:57 PM	Award Ceremony for Event 61a Womens 17yrs & Over 400m Individual Medley
7:59 PM	Introduction of Event 63 - Womens 11yrs & Over MC 100m Freestyle
8:00 PM	Womens 11yrs & Over MC 100m Freestyle
8:02 PM	Award Ceremony for Event 62 Mens 16yrs 400m Individual Medley
8:04 PM	Introduction of Event 64 - Mens 11yrs & Over MC 100m Freestyle
8:05 PM	Mens 11yrs & Over MC 100m Freestyle
8:07 PM	Award Ceremony for Event 63 Womens 11yrs & Over MC 100m Freestyle
8:09 PM	Introduction of Event 65 - Womens 15yrs 50m Freestyle
8:10 PM	Womens 15yrs 50m Freestyle
8:11 PM	Award Ceremony for Event 64 Mens 11yrs & Over MC 100m Freestyle
8:13 PM	Introduction of Event 66 - Mens 15yrs 50m Freestyle
8:14 PM	Mens 15yrs 50m Freestyle
8:15 PM	Award Ceremony for event 65 Womens 15yrs 50m Freestyle
8:17 PM	Event 67 - Womens 12 - 14yrs 4x50m Medley Relay, Timed Finals (4 Heats)
8:26 PM	Event 68 - Mens 13 - 14yrs 4x50m Medley Relay, Timed Finals (3 Heats)
8:33 PM	Award Ceremony for Event 66 Mens 15yrs 50m Freestyle
8:35 PM	Award Ceremony for Event 67 Womens 12-14yrs 4x50m Medley Relay
8:37 PM	Award Ceremony for Event 68 Mens 13-14yrs 4x50m Medley Relay



FINALS SESSION - Day 3 - Sunday 15th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
8:39 PM	Swimmer Performance of the Day Award presentation
8:41 PM	Announcer asks Technical Officials to march off
8:41 PM	Announcer closes the session



FINALS SESSION - Day 4 - Monday 16th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 69 - Womens 12-14yrs 1500m Freestyle (Timed Finals)
5:30 PM	Womens 12-14yrs 1500m Freestyle
5:50 PM	Introduction of Event 70 - Mens 17yrs 100m Butterfly
5:51 PM	Mens 17yrs 100m Butterfly
5:53 PM	Award Ceremony for Event 69 Womens 12-14yrs 1500m Freestyle
5:55 PM	Introduction of Event 70a - Mens 18yrs & Over 100m Butterfly
5:56 PM	Mens 18yrs & Over 100m Butterfly
5:58 PM	Award Ceremony for Event 70 Mens 17yrs 100m Butterfly
6:00 PM	Introduction of Event 71 - Womens 11yrs & Over MC 100m Backstroke
6:01 PM	Womens 11yrs & Over MC 100m Backstroke
6:03 PM	Award Ceremony for Event 70a Mens 18yrs & Over 100m Butterfly
6:05 PM	Introduction of Event 72 - Mens 11yrs & Over MC 100m Backstroke
6:06 PM	Mens 11yrs & Over MC 100m Backstroke
6:08 PM	Award Ceremony for Event 71 Womens 11yrs & Over MC 100m Backstroke
6:10 PM	Introduction of Event 73 - Womens 16yrs 200m Freestyle
6:11 PM	Womens 16yrs 200m Freestyle
6:13 PM	Award Ceremony for Event 72 Mens 11yrs & Over MC 100m Backstroke
6:15 PM	Introduction of Event 73a - Womens 17yrs & Over 200m Freestyle
6:16 PM	Womens 17yrs & Over 200m Freestyle
6:18 PM	Award ceremony for Event 73 Womens 16yrs 200m Freestyle
6:20 PM	Introduction of Event 74 - Mens 16yrs 200m Freestyle
6:21 PM	Mens 16yrs 200m Freestyle
6:23 PM	Award ceremony for Event 73a Womens 17yrs & Over 200m Freestyle
6:25 PM	Introduction of Event 75 - Womens 14yrs 50m Freestyle
6:26 PM	Womens 14yrs 50m Freestyle
6:27 PM	Award Ceremony for Event 74 Mens 16yrs 200m Freestyle
6:29 PM	Introduction of Event 76 - Mens 13/14yrs 50m Freestyle
6:30 PM	Mens 13/14yrs 50m Freestyle
6:31 PM	Award Ceremony for Event 75 Womens 14yrs 50m Freestyle
6:33 PM	Introduction of Event 77 - Womens 15yrs 100m Backstroke
6:34 PM	Womens 15yrs 100m Backstroke
6:36 PM	Award Ceremony for Event 76 Mens 13/14yrs 50m Freestyle
6:38 PM	Introduction of Event 78 - Mens 15yrs 100m Backstroke
6:39 PM	Mens 15yrs 100m Backstroke
6:41 PM	Award Ceremony for Event 77 Womens 15yrs 100m Backstroke
6:43 PM	Introduction of Event 79 - Womens 12/13yrs 200m Butterfly
6:44 PM	Womens 12/13yrs 200m Butterfly
6:47 PM	Award Ceremony for Event 78 Men 15yrs 100m Backstroke
6:49 PM	Introduction of Event 80 - Mens 17yrs 200m Individual Medley
6:50 PM	Mens 17yrs 200m Individual Medley
6:53 PM	Award Ceremony for Event 79 Womens 12/13yrs 200m Butterfly
6:55 PM	Introduction of Event 80a - Mens 18yrs & Over 200m Individual Medley
6:56 PM	Mens 18yrs & Over 200m Individual Medley
6:59 PM	Award Ceremony for Event 80 Mens 17yrs 200m Individual Medley



FINALS SESSION - Day 4 - Monday 16th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
7:01 PM	Introduction of Event 81 - Womens 16yrs 200m Breaststroke
7:02 PM	Womens 16yrs 200m Breaststroke
7:05 PM	Award Ceremony for Event 80a Mens 18yrs & Over 200m Individual Medley
7:07 PM	Introduction of Event 81a - Womens 17yrs & Over 200m Breaststroke
7:08 PM	Womens 17yrs & Over 200m Breaststroke
7:11 PM	Award Ceremony for Event 81 Womens 16yrs 200m Breaststroke
7:13 PM	Introduction of Event 82 - Mens 16yrs 200m Breaststroke
7:14 PM	Mens 16yrs 200m Breaststroke
7:17 PM	Award Ceremony for Event 81a Womens 17yrs & Over 200m Breaststroke
7:19 PM	Introduction of Event 83 - Womens 15yrs 400m Individual Medley
7:20 PM	Womens 15yrs 400m Individual Medley
7:25 PM	Award Ceremony for Event 82 Mens 16yrs 200m Breaststroke
7:27 PM	Introduction of Event 84 - Mens 15yrs 400m Individual Medley
7:28 PM	Mens 15yrs 400m Individual Medley
7:33 PM	Award Ceremony for Event 83 Womens 15yrs 400m Individual Medley
7:35 PM	Introduction of Event 85 - Womens 12/13yrs 100m Freestyle
7:36 PM	Womens 12/13yrs 100m Freestyle
7:37 PM	Award Ceremony for Event 84 Mens 15yrs 400m Individual Medley
7:39 PM	Introduction of Event 86 - Womens 14yrs 100m Breaststroke
7:40 PM	Womens 14yrs 100m Breaststroke
7:42 PM	Award Ceremony for Event 85 Womens 12/13yrs 100m Freestyle
7:44 PM	Introduction of Event 87 - Mens 13/14yrs 100m Breaststroke
7:45 PM	Mens 13/14yrs 100m Breaststroke
7:47 PM	Award Ceremony for Event 86 Womens 14yrs 100m Breaststroke
7:49 PM	Introduction of Event 88 - Womens 11yrs & Over MC 100m Butterfly
7:50 PM	Womens 11yrs & Over MC 100m Butterfly
7:52 PM	Award Ceremony for Event 87 Mens 13/14yrs 100m Breaststroke
7:54 PM	Introduction of Event 89 - Mens 11yrs & Over MC 100m Butterfly
7:55 PM	Mens 11yrs & Over MC 100m Butterfly
7:56 PM	Award Ceremony for Event 88 Womens 11yrs & Over MC 100m Butterfly
7:58 PM	Introduction of Event 90 - Womens 15yrs & Over 1500m Freestyle (Timed Finals)
7:59 PM	Womens 15yrs & Over 1500m Freestyle
8:18 PM	Award Ceremony for Event 89 Mens 11yrs & Over MC 100m Butterfly
8:20 PM	Event 91 - Womens 12 - 18yrs 4x200m Freestyle Relay, Timed Finals (2 Heats)
8:37 PM	Event 92 - Mens 13 - 18yrs 4x200m Freestyle Relay, Timed Finals (2 Heats)
8:53 PM	Award Ceremony for Event 90 Womens 15yrs & Over 1500m Freestyle
8:55 PM	Award Ceremony for Event 91 Womens 12-18yrs 4x200m Freestyle Relay
8:57 PM	Award Ceremony for Event 92 Mens 13-18yrs 4x200m Freestyle Relay
8:59 PM	Swimmer Performance of the Day Award presentation
9:01 PM	Announcer asks Technical Officials to march off
9:01 PM	Announcer closes session



FINALS SESSION - Day 5 - Tuesday 17th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 93 - Mens 17yrs 200m Backstroke
5:30 PM	Mens 17yrs 200m Backstroke
5:33 PM	Introduction of Event 93a - Mens 18yrs and Over 200m Backstroke
5:34 PM	Mens 18yrs and Over 200m Backstroke
5:37 PM	Award Ceremony for Event 93 Mens 17yrs 200m Backstroke
5:39 PM	Introduction of Event 94 - Womens 12-13yrs 400m Freestyle
5:40 PM	Womens 12-13yrs 400m Freestyle
5:45 PM	Award Ceremony for Event 93a Mens 18yrs and Over 200m Backstroke
5:47 PM	Introduction of Event 95 - Womens 14yrs 100m Backstroke
5:48 PM	Womens 14yrs 100m Backstroke
5:50 PM	Award Ceremony for Event 94 Womens 12-13yrs 400m Freestyle
5:52 PM	Introduction of Event 96 - Mens 13-14yrs 100m Backstroke
5:53 PM	Mens 13-14yrs 100m Backstroke
5:55 PM	Award Ceremony for Event 95 Womens 14yrs 100m Backstroke
5:57 PM	Introduction of Event 97 - Womens 15yrs 200m Freestyle
5:58 PM	Womens 15yrs 200m Freestyle
6:01 PM	Award Ceremony for Event 96 Mens 13-14yrs 100m Backstroke
6:03 PM	Introduction for Event 98 - Mens 15yrs 200m Freestyle
6:04 PM	Mens 15yrs 200m Freestyle
6:07 PM	Award Ceremony for Event 97 Womens 15yrs 200m Freestyle
6:09 PM	Introduction for Event 99 - Mens 17yrs 400m Freestyle
6:10 PM	Mens 17yrs 400m Freestyle
6:15 PM	Award Ceremony for Event 98 Mens 15yrs 200m Freestyle
6:17 PM	Introduction of Event 99a - Mens 18yrs and Over 400m Freestyle
6:18 PM	Mens 18yrs and Over 400m Freestyle
6:23 PM	Award Ceremony for Event 99 Mens 17yrs 400m Freestyle
6:25 PM	Introduction of Event 100 - Womens 16yrs 100m Butterfly
6:26 PM	Womens 16yrs 100m Butterfly
6:28 PM	Award Ceremony for Event 99a Mens 18yrs and Over 400m Freestyle
6:30 PM	Introduction of Event 100a - Womens 17yrs and Over 100m Butterfly
6:31 PM	Womens 17yrs and Over 100m Butterfly
6:33 PM	Award Ceremony for Event 100 Womens 16yrs 100m Butterfly
6:35 PM	Introduction of Event 101 - Mens 16yrs 100m Butterfly
6:36 PM	Mens 16yrs 100m Butterfly
6:38 PM	Award Ceremony for Event 100a Womens 17yrs and Over 100m Butterfly
6:40 PM	Introduction of Event 102 - Womens 12-13yrs 50m Freestyle
6:41 PM	Womens 12-13yrs 50m Freestyle
6:42 PM	Award Ceremony for 101 Mens 16yrs 100m Butterfly
6:44 PM	Introduction of Event 103 - Womens 14yrs 400m Individual Medley



FINALS SESSION - Day 5 - Tuesday 17th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:45 PM	Womens 14yrs 400m Individual Medley
6:50 PM	Award Ceremony for Event 102 Womens 12-13yrs 50m Freestyle
6:52 PM	Introduction of Event 104 - Mens 13-14yrs 400m Individual Medley
6:53 PM	Mens 13-14yrs 400m Individual Medley
6:58 PM	Award Ceremony for Event 103 Womens 14yrs 400m Individual Medley
7:00 PM	Introduction of Event 105 - Womens 15yrs 200m Breaststroke
7:01 PM	Womens 15yrs 200m Breaststroke
7:04 PM	Award Ceremony for Event 104 Mens 13-14yrs 400m Individual Medley
7:06 PM	Introduction of Event 106 - Mens 15yrs 200m Breaststroke
7:07 PM	Mens 15yrs 200m Breaststroke
7:10 PM	Award Ceremony for Event 105 Womens 15yrs 200m Breaststroke
7:12 PM	Introduction of Event 107 - Womens 16yrs 200m Individual Medley
7:13 PM	Womens 16yrs 200m Individual Medley
7:16 PM	Award Ceremony for Event 106 Mens 15yrs 200m Breaststroke
7:18 PM	Introduction of Event 107a - Womens 17yrs and Over 200m Individual Medley
7:19 PM	Womens 17yrs and Over 200m Individual Medley
7:22 PM	Award Ceremony for Event 107 Womens 16yrs 200m Individual Medley
7:24 PM	Introduction of Event 108 - Mens 16yrs 200m Individual Medley
7:25 PM	Mens 16yrs 200m Individual Medley
7:28 PM	Award Ceremony for Event 107a Womens 17yrs and Over 200m Individual Medley
7:30 PM	Introduction of Event 109 - Womens 12-13yrs 100m Breaststroke
7:31 PM	Womens 12-13yrs 100m Breaststroke
7:33 PM	Award Ceremony for Event 108 Mens 16yrs 200m Individual Medley
7:35 PM	Introduction for Event 110 - Mens 13-15yrs 800m Freestyle (Timed Finals)
7:36 PM	Mens 13-15yrs 800m Freestyle
7:47 PM	Award Ceremony for Event 109 Womens 12-13yrs 100m Breaststroke
7:49 PM	Event 111 - Womens 12 - 16yrs 4x50m Freestyle Relay, Timed Finals (5 Heats)
8:00 PM	Event 112 - Mens 13 - 16yrs 4x50m Freestyle Relay, Timed Finals (5 Heats)
8:11 PM	Award Ceremony for Event 110 Mens 13-15yrs 800m Freestyle
8:13 PM	Award Ceremony for Event 111 Womens 12-16yrs 4x100m Freestyle Relay
8:15 PM	Award Ceremony for Event 112 Mens 13-16yrs 4x100m Freestyle Relay
8:17 PM	Swimmer Performance of the Day Award presentation
8:19 PM	Announcer asks Technical Officials to March Off
8:19 PM	Announcer closes session



FINALS SESSION - Day 6 - Wednesday 18th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 113 - Womens 15yrs and Over 800m Freestyle (Timed Finals)
5:30 PM	Womens 15yrs and Over 800m Freestyle
5:40 PM	Introduction of Event 114 - Mens 17yrs 200m Butterfly
5:41 PM	Mens 17yrs 200m Butterfly
5:44 PM	Award Ceremony for Event 113 Womens 15yrs and Over 800m Freestyle
5:46 PM	Introduction of Event 114a - Womens 18yrs and Over 200m Butterfly
5:47 PM	Womens 18yrs and Over 200m Butterfly
5:50 PM	Award Ceremony for Event 114 Mens 17yrs 200m Butterfly
5:52 PM	Introduction of Event 115 - Womens 14yrs 200m Freestyle
5:53 PM	Womens 14yrs 200m Freestyle
5:56 PM	Award Ceremony for Event 114a Womens 18yrs and Over 200m Butterfly
5:58 PM	Introduction of Event 116 - Mens 13-14yrs 200m Freestyle
5:59 PM	Mens 13-14yrs 200m Freestyle
6:02 PM	Award Ceremony for Event 115 Womens 14yrs 200m Freestyle
6:04 PM	Introduction of Event 117 - Womens 15yrs 200m Individual Medley
6:05 PM	Womens 15yrs 200m Individual Medley
6:08 PM	Award Ceremony for Event 116 Mens 13-14yrs 200m Freestyle
6:10 PM	Introduction of Event 118 - Mens 15yrs 200m Individual Medley
6:11 PM	Mens 15yrs 200m Individual Medley
6:14 PM	Award Ceremony for Event 117 Womens 15yrs 200m Individual Medley
6:16 PM	Introduction of Event 119 - Womens 12-13yrs 100m Backstroke
6:17 PM	Womens 12-13yrs 100m Backstroke
6:19 PM	Award Ceremony for Event 118 Mens 15yrs 200m Individual Medley
6:21 PM	Introduction of Event 120 - Mens 17yrs 100m Freestyle
6:22 PM	Mens 17yrs 100m Freestyle
6:24 PM	Award Ceremony for Event 119 Womens 12-13yrs 100m Backstroke
6:26 PM	Introduction of Event 120a - Mens 18yrs and Over 100m Freestyle
6:27 PM	Mens 18yrs and Over 100m Freestyle
6:29 PM	Award Ceremony for Event 120 Mens 17yrs 100m Freestyle
6:31 PM	Introduction of Event 121 - Womens 16yrs 200m Backstroke
6:32 PM	Womens 16yrs 200m Backstroke
6:35 PM	Award Ceremony for Event 120a Mens 18yrs and Over 100m Freestyle
6:37 PM	Introduction of Event 121a - Womens 17yrs and Over 200m Backstroke
6:38 PM	Womens 17yrs and Over 200m Backstroke
6:41 PM	Award Ceremony for Event 121 Womens 16yrs 200m Backstroke
6:43 PM	Introduction of Event 122 - Mens 16yrs 200m Backstroke
6:44 PM	Mens 16yrs 200m Backstroke
6:47 PM	Award Ceremony for Event 121a Womens 17yrs and Over 200m Backstroke
6:49 PM	Introduction of Event 123 - Womens 15yrs 100m Butterfly



FINALS SESSION - Day 6 - Wednesday 18th December 2019

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:50 PM	Womens 15yrs 100m Butterfly
6:52 PM	Award Ceremony for Event 122 Mens 16yrs 200m Backstroke
6:54 PM	Introduction of Event 124 - Mens 15yrs 100m Butterfly
6:55 PM	Mens 15yrs 100m Butterfly
6:57 PM	Award Ceremony for Event 123 Womens 15yrs 100m Butterfly
6:59 PM	Introduction of Event 125 - Womens 14yrs 200m Breaststroke
7:00 PM	Womens 14yrs 200m Breaststroke
7:03 PM	Award Ceremony for Event 124 Mens 15yrs 100m Butterfly
7:05 PM	Introduction of Event 126 - Mens 13-14yrs 200m Breaststroke
7:06 PM	Mens 13-14yrs 200m Breaststroke
7:09 PM	Award Ceremony for Event 125 Womens 14yrs 200m Breaststroke
7:11 PM	Introduction of Event 127 - Womens 12-13yrs 400m Individual Medley
7:12 PM	Womens 12-13yrs 400m Individual Medley
7:18 PM	Award Ceremony for Event 126 Mens 13-14yrs 200m Breaststroke
7:20 PM	Introduction of Event 128 - Mens 16yrs and Over 1500m Freestyle (Timed Finals)
7:21 PM	Mens 16yrs and Over 1500m Freestyle
7:38 PM	Award Ceremony for Event 127 Womens 12-13yrs 400m Individual Medley
7:40 PM	Event 129 - Womens 12-18yrs 4x100m Medley Relay, Timed Finals (3 Heats)
7:55 PM	Event 130 - Mens 13-18yrs 4x100m Medley Relay, Timed Finals (3 Heats)
8:10 PM	Award Ceremony for Event 128 Mens 16yrs and Over 1500m Freestyle
8:12 PM	Swimmer Performance of the Day Award presentation
8:14 PM	Event 131 - Womens 12yrs and Over 10x50m Freestyle Relay, Timed Finals (3 Heats)
8:29 PM	Event 132 - Mens 13yrs and Over 10x50m Freestyle Relay, Timed Finals (3 Heats)
8:54 PM	Award Ceremony for Event 129 Womens 12-18yrs 4x100m Medley Relay
8:56 PM	Award Ceremony for Event 130 Mens 13-18yrs 4x100m Medley Relay
8:58 PM	Award Ceremony for Event 131 Womens 12yrs and Over 10x50m Freestyle Relay
9:00 PM	Award Ceremony for Event 132 Mens 13yrs and Over 10x50m Freestyle Relay
9:02 PM	Award Ceremony for SNSW Senior State Age Championship Club Pointscore
9:05 PM	Announcer asks Technical Officials to march off
9:05 PM	Announcer closes the Championships

