



**THE RULES  
OF  
SWIMMING NEW SOUTH WALES LTD  
Incorporating  
GENERAL RULES,  
SWIMMING RULES,  
OPEN WATER & MULTI CLASS SWIMMING RULES**

<b>Adopted or Amended</b>	<b>By Whom</b>	<b>Date</b>
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## **FOREWORD TO THE SWIMMING RULES**

These rules contain the requirements for the conduct of Swim Meets at any level ranging from State, Area and Club Championships. Therefore, whilst the Swimming Rules incorporate the salient principles of the FINA Swimming Laws many have been expanded over the years to cater for the contingencies encountered by Swimming New South Wales

Swimming New South Wales has embraced the need for all Technical Officials to be aware of the current Rules that apply to the Sport. In particular, all Referees must meet and maintain the re-accreditation requirements as determined and published by Swimming Australia Limited (SAL) and the Company from time to time. In the Rules a reference to "a Referee" means a person who has attained the Referee's credential and who meets the re-accreditation requirements.

The Swimming Rules in the following sections are based on the Rules and principles laid down by FINA, IPC and SAL. For the purpose of the following Rules an EVENT shall include a scratch race, a handicap or championship or other swimming competition, heat or final. "Notes" and "Clarifications" DO NOT form part of the Swimming Rules but rather are for guidance and understanding.

A reference to "Men" and "Women" includes all age groups in each sex; the prefixes "GR" and "SW" followed by a number indicate a reference to the General Rules and Swimming Rules respectively, as the context requires.

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## **GENERAL RULES**

### **GR1 THE POOL**

- GR1.1 Standards for FINA Olympic Pools are found on the FINA website, [www.fina.org](http://www.fina.org) under FINA Facilities.
- GR1.2 For Championships of New South Wales the Board may approve a venue pool of lesser standard than stated in GR1.1, PROVIDED THAT, the length is not less than 50 metres for Long Course Championships and not less than 25 metres for Short Course Championships prescribed in GR10.
- GR1.3 An unenclosed pool is one which permits the ingress and egress of the water. For events conducted in these pools the height of the starting platform shall not exceed 1.5 metres nor be less than 0.3 metres.
- GR1.4 As a minimum all swimming activities including competition events and training conducted by a Member Association must be conducted in accordance with the Company's Safe Diving Depth Policy

### **GR2 GENERAL CHAMPIONSHIP RULES**

- GR2.1 A Member Association shall not conduct a championship event, having a title or limitation of persons qualified to compete, without the consent of the Board unless:
- GR2.1.1 the event is a championship of a Member Association which is confined to its members and the name of which is confined to the name of the Member Association; or
- GR2.1.2 the event is a championship bearing the name of an area other than the words 'New South Wales' or 'State' and is controlled by a Member Association having sole jurisdiction in the whole of the territory covered by that area.

### **GR3 CHAMPIONSHIP CONDITIONS OF ENTRY**

- GR3.1 All New South Wales Championships shall be conducted in pools which comply with the conditions prescribed by the Swimming Rules for the establishment of New South Wales Records. The Board may approve qualifying times for entry to championship events and other conditions of entry as appropriate to the meet.
- GR3.2 All entrants in a New South Wales Championship shall abide by and be subject to the Swimming New South Wales General Rules, Swimming Rules, Open Water Swimming Rules, By-Laws, Policies, and published procedures.

GR3.3 All entrants in a New South Wales Championship (or if under the age of 18 years their parent or guardian) shall declare themselves fit to compete. In the event that an entrant experiences a medical issue whilst competing at, or during a New South Wales Championship, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at that Championship. The Meet Director/Technical Manager will have the sole authority to adjudicate on this rule.

#### **GR4 DOPING CONTROL**

GR4.1 The Australian Sports Anti-Doping Authority (ASADA) is the appropriate authority to conduct Random Drug Testing on a selected number of swimmers in events at specific Company Meets. Such authority shall observe the pertinent provisions as necessary of the Doping Control Rules of the FINA.

The sanctions provided by the FINA Doping Control Rules if a swimmer is found to have a positive result implying the use of a banned substance are specific and mandatory.

NOTE: ASADA has been established by the Australian Sports Commission in conjunction with the Australian Olympic Committee (AOC) to monitor the use of Drugs in Sport in accordance with the requirements of the International Olympic Committee. ASADA has the authority to test athletes at random during training or competition and report any positive test results to the AOC and SAL.

#### **GR5 CHAMPIONSHIP ENTRANT REQUIREMENTS**

GR5.1 Swimming New South Wales Open and Age Championships are open to the following:

GR5.1.1 Swimmers who are registered with a Swimming New South Wales Club and meet the entry qualifying time for the event.

GR5.1.2 Non Australian citizens who are not members of another Federation affiliated to FINA who are registered with a Swimming New South Wales Club and meet the entry qualifying time for the event.

GR5.1.3 Swimmers who are registered with another State's swimming organisation and meet the entry qualifying time for the event as a visitor

GR5.1.4 Members of other Federations affiliated to FINA who meet the entry qualifying time for the event as a visitor, provided they hold a valid clearance from their Federation.

GR5.1.5 Swimmers with disability who hold a current National Classification according to the National Classification Database held by SAL, in line with eligibility requirements outlined in the SAL Classification Policy and Procedures for classes 1-10 (FCS), 11-13 (Vision Impairment), 14 (Intellectual Disability), 15 (Hearing Impairment) and 16 (Transplant).

SAL CBL16.6

- GR5.1.6 A swimmer representing a State or a Club affiliated to a State swimming organisation shall be registered with that State or Club prior to the closing date for entries for the particular championship being entered.
- GR5.1.7 A swimmer who is a member of another Federation affiliated to FINA shall not be eligible to represent a Club or score points for a Club.
- GR5.1.8 Clubs must certify (on the summary sheet) a swimmer's status in accordance with GR 5.1.1 to GR 5.1.7.
- GR5.1.9 In the event of a question arising as to the eligibility of any swimmer under this General Rule to represent or score points in any event for any Club the swimmer so affected shall be at liberty to refer that question to the Board.
- GR5.2 In Swimming New South Wales Age Championships not more than two (2) visitors shall be permitted to contest the final or the fastest heat of a Timed Final unless there are insufficient New South Wales swimmers to fill all the lanes.
- GR5.3 Country Championships. Except as decided by the Board, only a first claim member of a Club in the following Areas shall be eligible to compete in Swimming New South Wales Country Championships. Australian Capital Territory, Coast and Valley, Mountains and Plains, New England & North West, North Coast, South Eastern, Southern Inland and Western
- GR5.4 Metropolitan Championships. Except as decided by the Board, only a first claim member of a Club in the following Areas shall be eligible to compete in Swimming New South Wales Metropolitan Championships. Metro North East, Metro North West, Metro South East and Metro South West.
- GR5.5 Notwithstanding the provisions of GR5.1, when a team of visiting overseas swimmers, being members of a body affiliated to the FINA which has been specifically invited by the Company to tour New South Wales, the Board shall be authorised to permit members of such team to contest championships detailed in GR5.3 and GR5.4.
- GR5.6 OPEN WATER SWIMMING CHAMPIONSHIPS
- In the case of two or more Open Water Swimming Open or Age Championships being conducted concurrently a swimmer shall not be permitted to enter more than one event and all swimmers shall have attained the age of 12 years for distances up to and including 5,000 metres, 13 years for distances up to and including 10,000 metres and 14 years for distances over 10,000 metres on the day of the conduct of the event.



## **GR6 CHAMPIONSHIP ENTRY FORM, AGE DETERMINATION**

GR6.1 New South Wales Championship entry and age determination shall require:

GR6.1.1 an entry for a New South Wales Championship event shall be made at the direction of the Company either electronically or on the official Company form or card provided which shall include the entrant's best time for the distance, in accordance with the conditions of entry, showing the meet and date when the time was established, being equal to or better than the qualifying time approved for this event, current registration number, and in the case of an Age event, date of birth. The entry shall be endorsed by the Secretary or other responsible official of the entrant's Club and forwarded to the Company together with the entry fee.

GR6.2 An entrant in an Age Championship shall be of the specific age on the first day of the meet series, PROVIDED THAT, such meet shall not exceed a period of sixteen (16) days and, if the Board so desires, shall produce a certificate of registration of birth or other satisfactory evidence of date of birth signed by the parent or guardian of the entrant.

## **GR7 QUALIFYING TIMES**

GR7.1 Swimming NSW may adopt an entry qualifying time for each distance and style for all NSW Championships. Advice of the approved qualifying times shall be published by the 1<sup>st</sup> of April and the 1<sup>st</sup> of October for the Winter and Summer Seasons, respectively.

GR7.2 Qualifying times must be achieved at a properly approved or sanctioned meet, refer GR 16.

NOTE: Qualifying times achieved at meets conducted by school and other kindred association must conform to the current Swimming NSW School Swim Meet policy.

GR7.3 The Officials for an approved meet shall include an accredited SAL Referee and Starter as a minimum requirement. It is permissible for the Referee to act as Starter if necessary.

GR7.4 When qualifying for State Long Course Championships swimmers can use either a long course or short course qualifying time. However, if entering a short course time their entry time will be equal to the qualifying time for that event.

GR7.5 When qualifying for State Short Course Championships swimmers can use a long course or short course qualifying time.

GR 7.6 If entering using an e-entry or multi entry card, the date and place of the achievement of the qualifying time must be recorded.

GR7.7 Any swimmer who fails to achieve the qualifying time for the event entered is subject to review and may be sanctioned by the Board.

**GR8 CHAMPIONSHIP ENTRY FEE**

GR8.1 The Board shall set an entry fee for the following:

Individual Events

Team Relay Events

Open Water Swimming Events; and

such fees shall be advertised in the New South Wales Swimmer and the fixture listings.

NOTE: Entrants in an Open Water Swimming Championship shall be required to pay the member Annual Registration fee before the first Open Water Swimming Event entered in the current Company year as provided in By Law 6.

**GR9 NEW SOUTH WALES OPEN AND AGE CHAMPIONSHIPS AND OTHER SWIM MEETS**

GR9.1 The Board shall determine the order of events and the duration of the Championships and such other swim meets as it determines from time to time, giving as much notice as possible to members. The Board shall also determine annually the format for the conduct of the Open and Age Championships Meet for the ensuing summer season. PROVIDED THAT, the format so determined shall be advertised at the time of calling entries for the Meet.

**NSW CHAMPIONSHIP PROCEDURES**

**GR9.1.1 MARSHALLING PROCEDURE:**

For Heats, Semi-Finals & Finals, swimmers shall report to the Clerk of Course at a time determined by the event management. A swimmer failing to do so shall be deemed to be withdrawn. Once reported, a swimmer is not permitted to leave the marshalling area unless approval is first obtained from the Clerk of Course. All heats of each event shall be deemed to be one event for the purpose of this Rule.

## GR9.1.2 WITHDRAWAL PROCEDURE:

### HEATS

A swimmer, who fails to report to the Clerk of Course by the specified time (see GR9.1.1), or, who having reported and subsequently leaves the marshalling area for any reason without the permission of the Clerk of Course, shall be deemed a withdrawal.

### FINALIST AND RESERVES

GR9.1.2.1 In all competition, finalists, and reserves (there shall be only two reserves listed) wishing to be withdrawn from a final shall do so in writing and signed by the swimmer or his/her authorised representative within 30 minutes following the posting of the results of the event in which the qualification took place.

GR9.1.2.2 A swimmer or relay team not having withdrawn as provided in GR9.1.2.1 and who does not compete in the event, shall be deemed a late withdrawal except where there are medical reasons or proven hardship and the swimmer or relay team's Club shall be fined the sum of \$100.00. The Board shall determine the acceptability on all matters where medical reasons or hardships are claimed and its determination shall be final.

## GR9.1.3 RELAY EVENTS

In relay events the names of the swimmers and the order in which they are to swim shall be submitted in accordance with the Swimming NSW Entry procedures. Any changes to the swimmers and/or the order in which they are to swim must be submitted in writing to the Chief Recorder or delegate prior to the commencement of the session at which the relays are to be swum.

In Club relays a maximum of one (1) swimmer from a younger age group may participate.

A swimmer may only appear in one (1) relay team list for that event.

A club may enter as many teams as they wish in each Club Relay event, however if they enter three (3) or more teams into an event, all teams must meet the Qualifying Times for that event.

Only two (2) teams per Club per event can win medals and score points.

NOTE: At the NSW Senior State Age Championships, in club relays a maximum of one (1) swimmer from a younger age group may participate, however at these championships only male athletes who are aged 13 years or older and female athletes who are aged 12 years or older are allowed to compete.

## GR10 NEW SOUTH WALES SWIMMING CHAMPIONSHIPS

GR10.1 Swimming New South Wales shall each year conduct;

- GR10.1.1 long course and short course NSW Swimming Championships, NSW Country Swimming Championships and NSW Metropolitan Swimming Championships, and
- GR10.1.2 NSW Open Water Championships and such exhibition and/or non championship events for both Open and Age group swimming for both male and female swimmers, selected from the table below and as may be determined by the Board from time to time.

Events	Distances in metres					
	50	100	200	400	800	1500
Freestyle	50	100	200	400	800	1500
Backstroke	50	100	200			
Breaststroke	50	100	200			
Butterfly	50	100	200			
Individual Medley		100	200	400		
Club Freestyle Relay	4 x 50	4x 100	4 x 200			
Club Medley Relay	4 x 50	4x 100				
Club Mixed Freestyle Relay	4 x 50	4x 100				
Club Mixed Medley Relay	4 x 50	4x 100				
Open Water Swimming	Distances in metres					
Freestyle	2,500	5,000	7,500	10,000		

GR10.2 Multi Class Competition

GR10.2.1 NSW Championships events for swimmers with disability shall be conducted in Multi Class (MC) format. Swimmers must hold an eligible classification as described in GR5.1.5.  
SAL CBL6.1

GR10.2.2 A swimmer with disability may require assistance from support staff. Support staff is any person designated to assist a swimmer as defined in the Swimming NSW Swimming Rules, SMC 2.2.3  
SAL CBL6.2

NOTE: The order of events and the duration of the championships shall be determined by the Board which shall give as much notice as possible of such determination to Members.

Age Championship events shall be restricted to swimmers who are the specified age on the first day of the meet as defined in GR6.

Except as decided by the Board, only a first claim member of a Club in an Area as defined in GR5.3 shall be eligible to compete in Swimming New South Wales Country Championships.

Except as decided by the Board, only a first claim member of a Club in an Area as defined in GR5.4 shall be eligible to compete in Swimming New South Wales Metropolitan Championships.

The procedure for the conduct of the New South Wales Open Water Swimming Championship events shall, where possible, be in accordance with the FINA Open Water Swimming Rules.

In the case of two or more Open Water Swimming Open or Age Championships being conducted concurrently a swimmer shall not be permitted to enter more than one event and all swimmers shall have attained the age of 13 years for distances up to and including 10,000 metres and 14 years for distances over 10,000 metres on the day of the conduct of the event.

Swimming New South Wales shall recognise Records established for the individual and team events being swum in the Open and Age Championships as listed in GR10 excluding Open Water Swimming as there are no records within this discipline.

## **GR11 CHAMPIONSHIP AWARDS**

- GR11.1 A swimmer placed first, second or third in the final or timed final of New South Wales Open Championships, both long and short course, shall be awarded a medal of special design approved by the Board, PROVIDED THAT;
- GR11.2 in a Teams Championship the awards shall be made to the members of the teams placed first, second and third. Awards will only be awarded to the swimmers who contest the final of that event;
- GR11.3 the first three (3) Swimming New South Wales registered swimmers or teams in a New South Wales Age Championship final or timed final shall be awarded a medal, however a similar placed swimmer who is not a Company member shall be awarded an appropriate medal; and
- GR11.4 In all New South Wales Championships a finalist ribbon or other appropriate award will be awarded to those swimmers in an individual event other than medallists who are placed in the final or to those swimmers placed in a timed final being equal to the number of lanes of the pool used for the championships.

GR11.5 **PRESIDENT'S AWARD**

Awarded to the respective Swimming New South Wales registered male and female swimmer in the Open Championship achieving the highest point score, using the FINA rankings, in an individual event.

GR11.6 The Ion King Trophy will be awarded to the respective Swimming New South Wales Country registered male and female swimmer in the Country Long Course and Short Course Championships achieving the highest percentage against the State Age or Open record for that individual event

**GR12 CHAMPIONSHIP POINTSCORES**

GR12.1 POINTSCORE GENERAL:

GR12.1.1 In each case points shall be awarded in order of placing, in accordance with the following:

GR12.1.1.1 for Finals the placings shown in the table in GR12.1.1.3 shall include Timed Finals for individual and relay events for the first number of placings being equal to the number of lanes, not exceeding ten (10), of the pool actually used for the conduct of the Championship Meet, or

GR12.1.1.2 for Open Water Swimming Championships the placings shown in the table in GR12.1.1.3 shall be for the first ten (10) places,

GR12.1.1.3 the points shown in the following table shall be for the first ten (10) places:

<b>1<sup>st</sup> place</b>	<b>35 points</b>	<b>6<sup>th</sup> place</b>	<b>17 points</b>
<b>2<sup>nd</sup> place</b>	<b>30 points</b>	<b>7<sup>th</sup> place</b>	<b>14 points</b>
<b>3<sup>rd</sup> place</b>	<b>26 points</b>	<b>8<sup>th</sup> place</b>	<b>11 points</b>
<b>4<sup>th</sup> place</b>	<b>23 points</b>	<b>9<sup>th</sup> place</b>	<b>8 points</b>
<b>5<sup>th</sup> place</b>	<b>20 points</b>	<b>10<sup>th</sup> place</b>	<b>5 points</b>

GR12.1.1.4 Where two (2) or more individual swimmers or relay teams are accorded the same placing, the appropriate points shall be allocated for that placing and the next one or more respective numerical placings shall be deleted accordingly.

GR12.1.1.5 Where a swimmer/team is disqualified or does not achieve the entry qualifying time for the event, points shall not be awarded

GR12.2 **STATE OPEN CHAMPIONSHIPS**

GR12.2.1 A swimmers with disability point score will be compiled for Multi Class events only for which all clubs, NSW and visiting, shall be eligible to receive points

GR12.2.2 A point score for able bodied swimmers will be compiled for able bodied events only for which all clubs, NSW and visiting, shall be eligible to receive points.

GR12.2.3 A point score combining both GR12.2.1 and GR12.2.2 will be compiled for the Championship and the winning Club of this point score shall receive the State Open Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.

GR12.2.4 A point score will be compiled for Swimming NSW Clubs only, encompassing both swimmers with disability and able bodied swimmers. Points will only be awarded to first claim NSW swimmers who finish in the top twenty (20) swimmers overall in a particular event. The points from this point score will contribute to the Swimming NSW Top 10 Annual Club Point Score.

### GR12.3 STATE OPEN WATER POINTSCORE

GR12.3.1 A point score will be compiled for Swimming NSW Clubs only, encompassing the 5km, 7.5km and 10km events at both the State Open and State Age Open Water Championships.

GR12.3.2 The winning Club of this point score shall receive the State Open Water Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.

GR12.3.3 The points from this point score will contribute to the Swimming NSW Top 10 Annual Club Point Score.

### GR12.4 STATE AGE CHAMPIONSHIPS

GR12.4.1 A point score will be compiled for the Junior State Age Championships

GR12.4.1.1 The winning Club of this point score shall receive the Junior State Age Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.

GR12.4.2 A point score will be compiled for the Senior State Age Championships.

GR12.4.2.1 The winning Club of this point score shall receive the Senior State Age Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.

GR12.4.3 A point score combining both GR12.4.1 and GR12.4.2 shall be compiled and the winning Club shall receive the State Age Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.

GR12.4.4 The point score from GR12.4.3 shall contribute to the Swimming NSW Top 10 Annual Club Point Score.

### GR12.5 STATE AGE WINTER SHORT COURSE CHAMPIONSHIPS

GR12.5.1 A point score will be compiled for the 10 & Under – 12 Years State Age Winter Short Course Championships.

- GR12.5.1.1 The winning Club of this point score shall receive the 10 & Under – 12 Years State Age Winter Short Course Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.
- GR12.5.2 A point score will be compiled for the 13 & Over Years State Age Winter Short Course Championships.
- GR12.5.2.1 The winning Club of this point score shall receive the 13 & Over Years State Age Winter Short Course Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.
- GR12.5.3 A point score combining both GR12.5.1 and GR12.5.2 shall be compiled and the winning Club shall receive the State Winter Short Course Championship Point Score Award. The second and third placed Clubs shall receive an appropriate Award.
- GR12.5.4 The point score from GR12.5.3 shall contribute to the Swimming NSW Top 10 Annual Club Point Score.
- GR12.6 TOP 10 ANNUAL CLUB POINT SCORE
- GR12.6.1 On an annual basis Swimming NSW shall present an appropriate Award to the Top 10 Clubs who have accumulated the most points from the point scores encompassed within GR12.2.4, GR12.3.3, GR12.4.3 and GR12.5.3.
- GR12.7 SWIMMING NEW SOUTH WALES METROPOLITAN CHAMPIONSHIPS:
- GR12.7.1 Points shall be allocated in order of placing of first claim members of Clubs in the New South Wales Metropolitan Championships, (see GR10) in each of the following separate Point Score Premierships:
- GR12.7.1.1 the Open and Age Individual Swimming Championships; and,
- GR12.7.1.2 the Open and Age Individual Winter Swimming Championships
- GR12.7.2 In each case points shall be awarded in order of placing in accordance with GR12.1.1 as applicable to this Point Score.
- GR12.7.3 The winning Club of each Point Score shall receive the Joseph M. Harrison Trophy and the title Swimming New South Wales Metropolitan Point Score Champions, second and third placed Clubs of each of the Point Scores shall receive an appropriate award.
- GR12.8 SWIMMING NEW SOUTH WALES COUNTRY CHAMPIONSHIPS
- GR12.8.1 Points shall be allocated in the order of placing of members of Clubs in all Swimming New South Wales Country Championships (see GR10) events in each of the following Point Score Championships:



- GR12.8.1.1 the Open and Age Individual Swimming Championship Point Score for Men and the winning Club shall receive the W. J. Payne Shield to be held for one (1) year and Swimming New South Wales Men's Country Point Score Champions,
- GR12.8.1.2 the Open and Age Individual Swimming Championship Point Score for Women and the winning Club shall receive the W. J. Payne Shield to be held for one (1) year and Swimming New South Wales Women's Country Point Score Champions,
- GR12.8.1.3 the Open and Age Individual Swimming Championship Point Score for Men and Women and the winning Club shall receive the Roger F. Pegram Trophy to be held for one (1) year and Swimming New South Wales Country Championships Point Score Champions Title, and
- GR12.8.1.4 the Open and Age Individual Winter Swimming Championships point score for Men and Women and the winning Club shall receive the Nancy Dixon Trophy being the Country Championship Award to be held for one (1) year and the Title of Swimming New South Wales Winter Country Championship Point Score Champion.

**GR13 EMERGENCY POWERS**

Under special circumstances the Board may:

- GR13.1 cancel or suspend all or any Championships as set out in GR10; and
- GR13.2 suspend GR11 and approve other awards for events and places in lieu of medals

**GR14 SWIMMERS INELIGIBLE TO COMPETE**

- GR14.1 Events for swimmers ineligible to compete according to By Law 33 shall not be conducted at the same meet without permission of the Board.

**GR15 AREA AUTHORITY**

- GR15.1 An Area shall have authority to:
- GR15.2 grant permission for the Clubs within its territory to promote and control interclub swim meets, PROVIDED THAT:

approval will not be granted where the proposed date of the meet is on the same date as a SAL or Company conducted meet.

NOTWITHSTANDING the preceding provisions of this General Rule, the Board may at its discretion approve the conduct of a meet deemed to be in conflict with a Company conducted Championship Meet (see By Law 29)

NOTE: Championship Meets are any of the following meets conducted by the Company;

Metropolitan Championships; LC and SC
Country Championships; LC and SC
Junior State Age LC
Senior State Age LC
State Age 10/U – 12 Years SC
State Age 13 & Over SC
State Open; LC
State Age and Open, Open Water

Clubs that are not eligible to compete at the relevant Country or Metropolitan Championships may conduct a meet on the same date as these meets.

GR15.3 require, if deemed necessary, the value of awards offered at a meet authorised in pursuance of this Rule, to be deposited with the Area Secretary fourteen (14) days prior to the date of the meet.

## **GR16 APPROVED MEETS, FORWARDING OF RESULTS**

### AREA APPROVAL

GR16.1 An Area shall be authorised to approve the conduct of a Meet for the purpose of the establishment of qualifying standards by a Club in accordance with current SAL and Company Policy. The Area or club shall forward or cause to be forwarded to the Company results of Area or Club Meets within seven (7) days of the meet being held (for the avoidance of doubt, this is a period of 168 hours, commencing from 12am on the day following the conclusion of the meet) or by the closing date for entries for the Championship Event, whichever is first in time, or as required by the Board.

### SWIMMING NEW SOUTH WALES APPROVAL

GR16.2 Results from Board approved swim meets, school meets and/or kindred association meets must be submitted in accordance with the requirements of GR16.1

## **GR17 INTER CLUB EVENTS**

An open interclub event is one available to more than one (1) Club, the entrants from each Club shall be first claim registered members of the Club, PROVIDED THAT:

- GR17.1 such members shall not compete with those who are not members of the Company except as may be approved by the Board, or members who are ineligible to compete according to By Law 33;
- GR17.2 an entrant in age events shall be of the specified age on the first day of the meet series; and
- GR17.3 the Board may in extenuating circumstances approve that the period stated in GR6.2. may be extended for a specific non championship age meet series.
- GR17.4 In all open interclub Open Water Swimming events a swimmer, who has not attained thirteen (13) years of age on the day of the event, is not permitted to contest distances of over five (5) kilometres.

NOTE: An open interclub event in this context is one not closed or restricted by special conditions and open does not refer to age grouping (see By Law 25).

## **GR18 OFFICIALS FOR INDIVIDUAL ATTEMPTS ON RECORDS**

- GR18.1 Subject to approval by the Board, officials for an individual attempt on a record or a meet promoted and controlled by the Company shall be appointed from the Swimming New South Wales Technical Officials by the Technical Swimming Committee.

## **GR19 SWIMWEAR**

FINA GR5

- GR19.1 General Swimsuit Rules
  - GR19.1.1 The swimwear (swimsuit, cap and goggles) of all swimmers shall be in good moral taste and suitable for the individual sports discipline.  
FINA GR5.1
  - GR19.1.2 Swimsuits worn by Swimmers in events conducted in NSW by Swimming NSW and any member Associations shall be non- transparent and conform to the following design:
    - (i) All swimsuits must be FINA approved;
    - or
  - GR19.1.3 Swimmers may wear swimsuits provided the suits meet the following criteria:
    - (i) Men's swimsuits are limited to one (1) suit that covers at most the body surface from hips to knee. Swimsuits may not extend above the waist or below the knees;

- (ii) Women's swimsuits are limited to one (1) suit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimsuits must not extend below the knees.
- (iii) No zippers or other fastening devices are allowed except for a waist tie.
- (iv) Swimsuits must be of textile material and must not contain any non textile material such as polyurethane or neoprene.

GR19.1.4  
IPC 2.16.2  
Modification of Swimsuits worn by swimmers with disability to accommodate a swimmer's disability is permitted. Proposed modifications shall be submitted in writing to the Company for approval at least 14 days prior to the meet. Approved swimsuits shall be presented to the Meet Director/Technical Manager prior to the swimmer's first event at the competition.

GR19.1.5  
FINA GR5.4  
The Referee of a competition has the authority to exclude any swimmer whose swimsuit does not comply with this Rule.

GR19.1.6  
Swimsuits are limited to one (1) suit, which may consist of one or two pieces.

NOTE: Australian Open & World Records can only be broken by wearing a FINA approved swimsuit.

## **GR20      ADVERTISING**

GR20.1  
FINA GR6  
At all Swimming New South Wales sanctioned meets, competing Areas, Clubs and swimmers must observe the following regarding advertising on clothing and equipment.

GR20.2  
SAL CBL31.1  
Swimsuits

Identification in the form of:

- one manufacturer's logo/name/insignia of a maximum size of thirty (30) square centimetres is permitted. Where one-piece body suits are used, two manufacturer's logos/names/insignia shall be permitted, one above the waist and one below the waist of a maximum size of thirty (30) square centimetres each when worn. These manufacturer's name/logos/insignia shall not be placed immediately adjacent to each other. Where two-piece body suits are used, the two logos/names/insignia of the manufacturer shall be placed on one part each.
- one sponsor's logo/name/insignia of a maximum of thirty (30) square centimetres when worn.

The name and the logo of the Area, Club, State or Country shall not be regarded as advertisements.

## GR20.3 Pool Deck Equipment

SAL CBL31.2

All pool deck clothing, including those items listed below may carry two logos/names/insignia (one of the manufacturer and the other one of the sponsor) each with a maximum size of 40 square centimetres

All accessories and equipment items listed below may carry two logos (one of the manufacturer and one of the sponsor) each with a maximum size of 6 square centimetres.

1. T-shirt, polo, casual shirt, jumper, tracksuit top (40 square centimetres)
2. Bathrobe, deck coat (40 square centimetres)
3. Pants, shorts, skirts (40 square centimetres)
4. Towels (6 square centimetres)
5. Caps, hats, socks, footwear (6 square centimetres)
6. Bags – not greater than 10% of the surface area of the item, to a maximum of 60 square centimetres

For upper-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip in one of the following positions:

- a) around the bottom of both sleeves; or
- b) centred down the outer seam of both sleeves (from the collar across the top of the shoulders down to the bottom of the sleeve).

For lower-body clothing items only, the manufacturer's logo (being a design mark of maximum of 8cm in width) may additionally be displayed in the form of a strip centred down the outer seam of both legs (from the waistband down to the bottom of the leg).

The name and the logo of the Club, Area, State or Country of the swimmer shall not be regarded as advertisements.

## GR20.4 Caps

SAL CBL31.3

Club/Area/State/Country caps may carry:

- one (1) manufacturer's logo/name/insignia of a maximum of twenty (20) square centimetres (when the cap is not being worn).
- one (1) sponsor name/logo/insignia not exceeding twenty (20) square centimetres.

The name and the logo of the Area/Club/State/Country of the swimmer shall not be regarded as advertisements.

## GR20.5 Goggles

SAL CBL31.4

Two (2) manufacturer logos/names/insignia of maximum six (6) square centimetres are allowed on goggles but only on the spectacle frame or band.

GR20.6 Body advertisement is not allowed in any way whatsoever.  
SAL CBL31.5

GR20.7 Advertisement for tobacco or alcohol is not permitted.  
SAL CBL31.6

GR20.8 This rule does not apply to design advertising and trademarks of SAL, or its commercial sponsors, or the design advertising and trademarks of the major sponsor of the Company or other State Association, so long as it does not conflict with a sponsor of SAL.  
SAL CBL31.7

GR20.9 Any advertising logos/identifications, which are not indicated in GR20 are not permitted. In the event that any apparel contravenes these regulations, the Club, Area or swimmer must immediately remove the offending item/s and replace it with apparel, which complies with these regulations. In the event that a breach is not immediately remedied, the Club, Area or swimmer may be requested to wear attire provided by Swimming NSW.  
SAL CBL31.8

GR20.10 SNSW reserves the right to:  
SAL CBL31.9

a) request Clubs, Areas and Swimmers to present any apparel for inspection and approval prior to the commencement of the Championship.

## **GR21 ACCIDENTAL OMISSION BY AN OFFICIAL**

GR21.1 The accidental omission by an official to perform their duties shall not prevent an event being properly conducted unless such omission has prejudiced the chances of any swimmer in a material way.

## **GR22 ERROR BY AN OFFICIAL**

GR22.1 If an error by an official follows a fault by a swimmer, the fault by the swimmer may be expunged.  
FINA GR7.5

## **GR23 JURY OF APPEAL AND PROTESTS**

GR23.1 Protests are possible  
FINA GR9.2.1

- (a) if the rules and regulations for the conduct of the competition are not observed;
- (b) if other conditions endanger the competitions and/or swimmers; or
- (c) against the decisions of the Referee. However, no protests shall be allowed against decisions of fact.

GR23.2 Protests must be submitted:

- (a) to the Referee
- (b) in writing by the responsible team leader or the swimmer, or a representative on behalf of the swimmer

- (c) together with a deposit of one hundred dollars (\$100.00) and shall have been lodged within thirty (30) minutes following the conclusion of the respective event.

If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start is given.

GR23.3 All protests shall be considered by the Referee. If he rejects the protest, he must state the reasons for his decision. The protestor may appeal against the rejection to the Jury of Appeal whose decision shall be final.

GR23.4 If the protest is rejected the deposit will be forfeited to the management body of the competition. If the protest is upheld, the deposit will be returned.

GR23.5 In the event of a protest being upheld the prize shall be awarded in accordance with any revised placings.

GR23.6 Where the subject of the protest cannot be resolved by the Jury of Appeal during the Meet series, the matter shall be referred to the Board for decision.

#### GR23.7 JURY OF APPEAL

GR23.7.1 For Swimming New South Wales Championships and other swim meets, the Jury of Appeal shall be composed of the Board and such other Board appointed delegates (jury members) for the purpose. The Jury will consist of any three jury members with one of their number as chairman. The decision of the Jury is final.

### **GR24 PRIZES AND SOUVENIRS**

GR24.1 A body offering a challenge prize subject to a guarantee for its return shall, if required, state explicitly to each entrant the exact nature of the guarantee required and where any difficulty arises in arranging the terms the decision of the committee of that body shall be accepted by all parties as final.

### **GR25 BETTING**

GR25.1 Betting shall not be allowed at a meet of a Member Association and it shall be the duty of every Member Association to take the best means in its power to enforce this Rule. Any Member Association failing to take prompt measures to suppress betting at its meets shall be liable to suspension for such times as the Board may deem necessary.

### **GR26 SMOKING AND ALCOHOL BANS**

GR26.1 At all Company meets smoking or consumption of alcohol shall NOT be permitted during the meet in any area designated for swimmers, either prior to or during competitions.

# SWIMMING RULES

## SW1 MEET CONTROL

SW1.1 A MEET COMMITTEE shall have jurisdiction over all matters NOT assigned by the Rules to the Referee, judges or other officials and shall have the power to postpone events and to give directions, consistent with the Rules, relating to the methods to be adopted for the conduct of any event which the Meet Committee may deem necessary, PROVIDED THAT:

SW1.1.1 pool admission fees will, in no case, be returned nor expenses allowed to any swimmer in consequence of any postponement or alteration;

SW1.1.2 a MEET DIRECTOR or TECHNICAL MANAGER shall be appointed by the Meet Committee as its representative in control of the meet;

NOTE: The detailed Duties and Responsibilities of a Swim Meet Director/Technical Manager are included in Appendix "A";

SW1.1.3 Where a Technical Manager is appointed;  
swim meet officials shall be appointed by the Meet Committee and report to the Technical Manager. The Technical Manager will also be responsible for all duties usually assigned to the Meet Director.

SW1.1.4 Where a Meet Director is appointed without a Technical Manager;  
swim meet officials in SW2.16 and SW2.18 shall be appointed by the Meet Committee and be responsible to the Meet Director.

SW1.2 FOR SWIMMING NEW SOUTH WALES CONDUCTED MEETS:

SW1.2.1 a Referee who is accredited and meets the re-accreditation requirements of SAL and/or Swimming New South Wales as amended from time to time, shall be appointed by the Technical Swimming Committee; and

SW1.2.2 Swim Meet Officials specified in SW2.2 to SW2.15 inclusive and SW 2.17 shall be appointed by the Technical Swimming Committee and be responsible to the Referee of the Meet. Swim Meet Officials shall meet and maintain any re-accreditation requirements as determined by SAL and/or Swimming New South Wales and as published from time to time. Appointment as a swim meet official will follow re-accreditation.

SW1.2.2.1 For all swimming events conducted by Swimming New South Wales, the following minimum number of Technical Officials is considered desirable for the control of the competitions:

SAL SW 1.2A

Referee	...	...	...	...	...	...	...	2
Judges of Strokes	...	...	...	...	...	...	...	4
Starters	...	...	...	...	...	...	...	2
Chief Timekeeper	...	...	...	...	...	...	...	1



Timekeepers (Three (3) per lane)...	...	...	...	30
Reserve Timekeepers...	...	...	...	2
Chief Inspectors of Turns	...	...	...	2
(One (1) at each end of the pool)				
Inspectors of Turns	...	...	...	20
(One (1) at each end of each lane)				
Control-room supervisor	...	...	...	1
Recorders	...	...	...	2
AOE Operators	...	...	...	2
Computer Operators	...	...	...	2
Clerk of Course...	...	...	...	4
Check Starters	...	...	...	3
Presentation Officers	...	...	...	2
Announcer...	...	...	...	1
Press Steward (if required)	...	...	...	1
Chief Finish Judge (only when necessary)	...	...	...	1
Finish Judges (only when necessary)	...	...	...	5

SW1.2.2.2 A Chief Finish Judge and Finish Judges may be used when Automatic  
 FINA SW1.2.3 Equipment and/or digital watches are not used.

Chief Finish Judge (only when necessary)	...	...	...	1
Finish Judges (only when necessary)	...	...	...	5

## **SW2 SWIM MEET OFFICIALS, THEIR CONTROL, DUTIES AND POWERS**

SW2.1 a **REFEREE** shall be appointed and:

SW2.1.1 have full control and authority over all officials, approve their assignments and  
 FINA SW2.1.1 instruct them regarding all special features or regulations relating to the competition. He shall enforce all the Rules and decisions of the Company and shall decide all questions relating to the actual conduct of the meet and event or competition, the final settlement of which is not otherwise covered by the Rules;

SW2.1.2 may intervene in the competition at any stage to ensure that the Company regulations and rules are observed, shall adjudicate all protests related to the competition in progress;

SW2.1.3 have the power to disqualify any swimmer whose action during the conduct of an event in the opinion of the Referee is contrary to the good conduct of the meet;

SW2.1.4 have authority to commence a race prior to swimmers in the previous race leaving the water;

SW2.1.5 should the Finish Judges not be able to determine a result, add his placings to clarify the placings within the area of disagreement so that the result may be determined;

- SW2.1.6 when using Finish Judges without three (3) digital watches, the Referee shall  
FINA SW2.1.3 determine placings where necessary. Automatic Officiating Equipment, if available and operating, shall be consulted, as stated in SW13;
- SW2.1.7 have authority to use any judging or timing devices approved by Swimming  
New South Wales;
- SW2.1.8 determine the result when a judging device is in use;
- SW2.1.9 ensure that all necessary officials are in their respective posts for the conduct  
FINA SW2.1.4 of the competition. He may appoint substitutes for any who are absent, incapable of acting or found to be inefficient. He may appoint additional officials if considered necessary;
- SW2.1.10 at the commencement of each event, signal to the swimmers by a short series  
FINA SW2.1.5 of whistles inviting them to remove all clothing except for swimwear, followed by a long whistle indicating that they should take their positions on the starting platform, or for backstroke swimming and medley relays to immediately enter the water. A second long whistle shall bring the backstroke and medley relay swimmer immediately to the starting position. When swimmers and officials are prepared for the start, the Referee shall gesture to the Starter with a stretched out arm, indicating that the swimmers are under the Starters control. The stretched out arm shall stay in that position until the start is given;
- NOTE: Where circumstances warrant, the short series of whistles may be omitted.
- SW 2.1.11 a disqualification for starting before the starting signal must be observed and  
FINA SW2.1.3 confirmed by both the starter and the referee.
- SW 2.1.12 shall disqualify any swimmer for any other violation of the rules that he  
FINA SW2.1.6 personally observes. The Referee may also disqualify any swimmer for any violation reported to him by other authorised officials. All disqualifications are subject to the decision of the Referee.
- SW2.1.13 cause the Chief Recorder to be advised of any disqualification of a swimmer;
- SW2.1.14 where possible advise promptly any swimmer so disqualified of the reason;  
and
- SW2.1.15 signal swimmers to leave the water.
- SW2. 2 a **CONTROL ROOM SUPERVISOR** shall be appointed and shall  
SAL SW2.2
- SW2.2.1 operate under the direction of the Referee
- SW2.2.2 oversee the operation of the automatic timing operation including the review of  
back up timing equipment;
- SW2.2.3 be responsible for checking the results from the computer printouts;

- SW2.2.4 receive, from the Referee, notification of any disqualifications, and shall cause these to be recorded in the official results; and
- SW2.2.5 be responsible for checking the relay exchange printout and reporting any early take-offs to the Referee.
- SW2.2.6 may review the video timing to confirm early take-off
- SW2.3 a **STARTER** shall be appointed and shall:
- SW2.3.1 have full control of the swimmers from the time the Referee turns the swimmers over to the Starter (SW2.1.11) until the race has commenced. The start shall be given in accordance with SW4;
- FINA SW2.3.1
- SW2.3.2 report a swimmer to the Referee for delaying the start, for wilfully disobeying an order or for any other misconduct taking place at the start, but only the Referee may disqualify a swimmer for such delay, wilful disobedience or misconduct;
- FINA SW2.3.2
- SW2.3.3 have power to decide whether the start is fair, subject only to the decision of the Referee;
- FINA SW2.3.3
- SW2.3.4 when starting an event, the Starter shall stand on the side of the pool within approximately five (5) metres of the starting edge of the pool where the Timekeepers can see and or hear the starting signal and the swimmers can hear the signal.
- FINA SW2.3.4

NOTE: When dealing with swimmers a Starter should avoid any inclination to impatience.

For the start of an event the Referee will give a long whistle to alert the Officials and spectators and also to call the swimmers to their positions on the starting platform, or in the case of backstroke events or medley relay events, to immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to their starting positions in the water.

The Starter assumes control and gives the precautionary command as defined in these Rules. On receiving the command "take your marks" the swimmers will immediately take up their starting position and remain stationary.

When starting an event with a pistol, the pistol should be held over the head.

- SW2.4 **CLERK OF COURSE** shall be appointed and shall:
- SW2.4.1 ensure swimmers are reporting for the correct event;
- SW2.4.2 mark off each swimmer as they report on the event sheet and ensure that once reported they do not leave the marshalling area without prior permission;

- SW2.4.3 before closing an event, ensure the missing swimmer's names are called three times and mark the event sheet accordingly;
  - SW2.4.4 cross out each swimmer who reports as a non-starter or is reported as a non-starter or who has not reported by the closing time of the event;
  - SW2.4.5 note the closing time of the event on the event sheet;
  - SW2.4.6 after an event is closed, pass the swimmers to the Check Starters with the marked up event sheet;
  - SW2.4.7 if an amalgamation or reseed is possible within an event, consult the Referee for a decision. If the Referee decides to amalgamate or reseed an event, advise the Chief Recorder;
  - SW2.4.8 refer to the Referee any swimmer who reports to marshalling after an event has closed for a decision about whether they may start in the event;
  - SW2.4.9 notify the Referee of any finalist or reserve who fails to report for a final;
  - SW2.4.10 maintain order in the marshalling area at all times; and
  - SW2.4.11 report to the Referee any violation noted in regard to swimwear and advertising (GR19 and GR20).
- SW2.5 **CHECK STARTERS** shall be appointed and shall:
- SW2.5.1 receive swimmers, together with the marked up event sheet, from the Clerks of Course;
  - SW2.5.2 place swimmers in their respective starting positions for the event;
  - SW2.5.3 signal the Referee when all is in readiness; and
  - SW2.5.4 maintain general supervision to ensure the costumes of all swimmers are in accordance with the Rules and report any breach of these Rules immediately to the Referee, PROVIDED THAT, for Swimming New South Wales controlled Meets, the Meet Committee may, if considered expedient, delete any or all of the above duties SW2.5.1 to SW2.5.4.
- SW2.6 a **CHIEF INSPECTOR OF TURNS** shall be appointed to each end of the pool and shall:
- SW2.6.1 ensure that Inspectors of Turns fulfil their duties during the competition;
- FINA SW2.5.1

- SW2.7 one **INSPECTOR OF TURNS** shall be assigned to each lane at each end of the pool and shall:
- SW2.7.1 ensure that swimmers comply with the relevant rules after the start, for each turn and at the finish.  
FINA SW2.6.1
- SW2.7.2 Jurisdiction for Inspector of Turns at the start end commences from the start signal until the completion of the first arm stroke, except in Breaststroke where it shall be the second arm stroke.  
FINA SW2.6.2
- SW2.7.3 For each turn, jurisdiction for Inspector of Turns commences from the beginning of the last arm stroke before touching and ending with the completion of the first arm stroke after the turn, except in Breaststroke where it shall be the second arm stroke.  
FINA SW2.6.3
- SW2.7.4 Jurisdiction for Inspector of Turns at the finish commences from the beginning of the last arm stroke before touching.  
FINA SW2.6.4
- SW2.7.5 When a Backstroke ledge is being used, each Inspector of Turn or their delegated official at the starting end shall install and remove the ledge.  
FINA SW2.6.5
- SW2.7.6 in individual events of 800 and 1500 metres, an Inspector of Turns at the start or turning end of the pool shall record the number of laps completed by the swimmer in his lane and keep the swimmer informed of the remaining number of laps to be completed by displaying "lap cards". Electronic equipment may be used, including underwater display; and  
FINA SW2.6.6
- SW2.7.7 each Inspector of Turns at the starting end shall give a warning signal when the swimmer in his lane has two lengths plus five (5) metres to swim to finish in individual events of 800 and 1500 metres. The signal may be repeated after the turn until the swimmer has reached the five (5) metres mark on the lane rope. The warning signal may be by a whistle or bell.  
FINA SW2.6.7
- SW2.7.8 each Inspector of Turns at the starting end shall determine, in relay events, whether the starting swimmer is in contact with the starting platform when the preceding swimmer touches the starting wall. When Automatic Equipment which judges relay take offs is available, it shall be used in accordance with SW13.1;  
FINA SW2.6.8
- SW2.7.9 Inspectors of Turns shall report to the Referee any violation on signed cards detailing the event, lane number, and the infraction.  
FINA SW2.6.9
- SW2.8 **JUDGES OF STROKE** shall be appointed and shall:
- SW2.8.1 be located on each side of the pool;  
FINA SW2.7.1
- SW2.8.2 ensure that the rules relating to the style of swimming designated for the event are being observed, and shall observe the turns and the finishes to assist the Inspectors of Turns; and  
FINA SW2.7.2

SW2.8.3 report to the Referee any violation on signed cards detailing the event, lane  
FINA SW2.7.3 number and the infraction.

SW2.9 a **CHIEF TIMEKEEPER** shall be appointed and shall;

SW2.9.1 assign the seating positions for all Timekeepers and the lanes for which they  
FINA SW2.8.1 are responsible. It is advisable that there shall be three (3) Timekeepers for each lane. If Automatic Officiating Equipment is not used there shall be two (2) additional Timekeepers designated, either of whom shall be directed to replace a Timekeeper whose watch did not start or stopped during an event, or who for any other reason is not able to record the time. When using digital watches, final time and place is determined by time.

SW2.9.2 When only one (1) Timekeeper per lane is available, an extra Timekeeper  
FINA SW2.8.2 must be assigned in case of a malfunction of a stopwatch. In addition the Chief Timekeeper must always record the time of the winner of each heat.

SW2.9.3 ascertain the method of start from the Starter and inform the Timekeepers the method to be used,

SW2.9.4 appoint Chief Lane Timekeepers who shall check and record on a card or slip, the event, heat number and times of all watches and determine the time for that lane,

SW2.9.5 ensure that the card or slip is collected from each lane and forwarded to the  
FINA SW2.8.3 Chief Recorder and if necessary inspect the watches and the time recorded on the lane,

SW2.9.6 the Chief Timekeeper may instruct the Timekeepers to record times at the intermediate 100 metre distances in races longer than 100 metres.

NOTE: RECOMMENDED PROCEDURE FOR CHECKING WATCHES PRIOR TO THE START OF A MEET.

After the Chief Timekeeper has assigned the Lane Timekeepers, the following procedure for watch check is recommended,

- all Timekeepers and the Starter are directed by the Chief Timekeeper to a selected area of the pool surrounds,
- all electronic stopwatches are properly energised,
- all watches are started from the gun flash or smoke after a warning command from the Starter,
- watches are run for approximately five (5) minutes and following a warning command from the Starter, the watches are stopped on the gun flash or smoke,
- the three (3) watches of the Timekeepers allocated to each lane are checked by the respective Chief Lane Timekeeper, recorded and the

watches held for a supervising check by the Chief Timekeeper if required. The Chief Timekeeper shall also check the watches of the reserve Timekeepers and the Chief Lane Timekeeper,

- the Chief Timekeeper will instruct all Timekeepers to return their watches to zero when satisfied all watches have been checked, and
- any discrepancies in watch readings shall be reported to the Chief Timekeeper and if necessary arrangements are made to have another checked watch replace the watch at fault.

This procedure will ensure that all watches are in readiness and any faulty watch detected before the commencement of the event and will also serve to check the correct functioning of the starting pistol.

SW2.10 **TIMEKEEPERS**, sufficient shall be appointed and:

SW2.10.1 Each Timekeeper shall take the time of the swimmers in the lane assigned to him in accordance with SW11.3. The watches shall be certified correct to the satisfaction of the Meet Management Committee;

FINA SW2.9.1  
SW2.10.2 Each Timekeeper shall start his watch at the starting signal, and shall stop it when the swimmer in his lane has completed the race. Timekeepers may be instructed by the Chief Timekeeper to record times at intermediate distances in races longer than 100 metres;

FINA SW2.9.2  
SW2.10.3 Promptly after the race, the Timekeepers in each lane shall record the times of their watches on the card, give it to the Chief Timekeeper, and if requested present their watches for inspection. They shall clear their watches on the long whistle signal from the Referee;

SW2.10.4 keep a personal record of their individual times for every event; and

SW2.10.5 unless a video timing system is used , it may be necessary to use the full complement of timekeepers even when Automatic Officiating Equipment is used.

NOTE: It is desirable to ensure that three (3) Timekeepers are appointed to each lane. There should be two (2) Reserve Timekeepers, one or other of whom shall replace any Timekeeper as directed.

SW2.11 a **CHIEF FINISH JUDGE**, if required, shall be appointed and shall:

SW2.11.1 assign each Finish Judge his position and the placing to be determined.

FINA SW2.10.1  
SW2.11.2 after the race, collect signed result sheets from each finish judge and establish the result and placing which will be sent directly to the Referee;

FINA SW2.10.3  
SW2.11.3 Where Automatic Officiating Equipment is used to judge the finish of a race, report the order of finish recorded by the Equipment after each race.

## NOTE: COLLATING THE FINISH JUDGES RESULT

The principle to be applied in the collation of the official results on placings is that the decision on any placings must be given to the swimmer who is placed ahead of another by the MAJORITY OF FINISH JUDGES, whose placings are being used in the compilation of the official result.

### EXAMPLE:

Placing	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Official Result
1 <sup>st</sup>	4	3	4	3	3	3
2 <sup>nd</sup>	3	4	2	4	4	4
3 <sup>rd</sup>	2	1	3	2	2	2
4 <sup>th</sup>	1	2	5	5	5	5
5 <sup>th</sup>	5	8	1	1	1	1
6 <sup>th</sup>	7	5	7	8	8	8
7 <sup>th</sup>	8	7	8	7	7	7
8 <sup>th</sup>	6	6	6	6	6	6

SW2.12 **FINISH JUDGES**, if required, three (3) or more, one (1) of whom shall be the Chief Finish Judge shall be appointed and shall:

SW2.12.1 be positioned in elevated stands in line with the finish  
FINA SW2.11.1 where they have at all times a clear view of the course and the finish line, unless they operate an Automatic Officiating device in their respective assigned lanes by depressing the "push-button" at the completion of the race.

SW2.12.2 After each event the Finish Judges shall decide and report the placing of the  
FINA SW2.11.2 swimmers according to the assignments given to them. Finish Judges other than push-button operators shall not act as timekeepers in the same event.

SW.2.13 **RECORDERS**, two (2), shall be appointed and shall;

SW2.13.1 be responsible for the checking, compilation and distribution of results from the Automatic Officiating Equipment, or from results of times and placings in each event, received from the Referee;



- SW2.13.2 control withdrawals, before and after heats or finals, enter results on official forms, list all new records established, and maintain point scores where appropriate;
- SW2.13.3 supply this information to the Announcer and Press Steward;
- SW2.13.4 compile lists of swimmers for any ensuing round or final of an event and distribute as necessary, to officials, press and public.
- SW2.14 **AOE OPERATORS**, two (2) shall be appointed and shall:
- SW2.14.1 operate the automatic timing and judging equipment at the direction of the Referee;
- SW2.14.2 provide the times and placings recorded by the equipment to the Recorders; and
- SW2.14.3 inform the Control Room Supervisor of any recording malfunction.
- SW2.15 **COMPUTER OPERATORS** shall be appointed and shall:
- SW2.15.1 operate under the direction of the Chief Recorder;
- SW2.15.2 operate the computers using Meet Manager software;
- SW2.15.3 supply the AOE Operators with the program of events and swimmers;
- SW2.15.4 receive the results and placings for each heat from the AOE Operators and provide the results and placings for each event to the Chief Recorder; and
- SW2.15.5 re-seed and amalgamate events under the direction of the Chief Recorder, as advised by the Referee, and provide this information to the AOE Operators
- SW2.16 an **ANNOUNCER** shall be appointed and shall:
- SW2.16.1 report to the Referee and Meet Director/Technical Manager, check the operation of the equipment and become acquainted with the Chief Officials of the meet; and
- SW2.16.2 make all announcements as directed necessary for the conduct and presentation of the meet and generally assist the Meet Director/Technical Manager to maintain meet continuity.
- SW2.17 a **PRESENTATION OFFICER** shall be appointed and shall:
- SW2.17.1 obtain the official placings from the Referee and then conduct and prepare the swimmers placed first, second and third for the presentation ceremony. In addition the Presentation Officer is required to arrange for the remaining finalists to receive their finalists awards and prepare recipients for other award presentations and ceremonials.

- SW2.18 a **MEDAL CEREMONY OFFICER** shall be appointed and shall:
- SW2.18.1 report to the Meet Director/Technical Manager and receive the allotted medals and other awards for the session
  - SW2.18.2 receive results of each event from the Chief Recorder;
  - SW2.18.3 allocate appropriate medals for the respective medal presentation ceremony; and
  - SW2.18.4 issue finalists awards to the remainder finalists and attend to such other awards ceremony duties as may be required from time to time.
- SW2.19 **OFFICIALS' DECISION MAKING**
- SW2.19.1 Officials shall make their decisions autonomously and independently of each other unless otherwise provided in the Swimming Rules.
- FINA SW2.13.1

#### GENERAL COMMENTS ON RULE SW2.

The foregoing Rules define the technical duties officials are required to perform. However, there are some general requirements which are applicable to all officials and these are detailed for information.

It is required that officials arrive at the venue of the fixture attired in the nominated dress for the meet for heats and finals at least thirty (30) minutes prior to the advertised starting time, to become acquainted with the other officials, make themselves familiar with the pool conditions and have everything in readiness for the start of the meet.

On arrival at the venue all officials must report to the meet Referee to be marked present and receive a program.

Because of the responsibilities of the positions the Referee and Chief Recorder would be required to be available at least one (1) hour prior to the advertised start.

It is essential that each official is properly equipped to carry out the allotted duties. In this regard the REFEREE, JUDGES OF STROKE and INSPECTORS OF TURNS shall carry a whistle, pencils, pens, wrist watch, clipboard and pad, record application forms and the current issue of the Rules of Swimming. The REFEREE shall ensure that all Officials are furnished with a programme and finalists sheets as appropriate and that the Starter has an approved starting device, where applicable.

The FINISH JUDGES, TIMEKEEPERS and CHECK STARTER shall carry a clipboard, pad and pencils. TIMEKEEPERS shall carry their own stopwatches.

The STARTER should be supplied with the starting pistol and ammunition or such other approved starting device and shall carry a whistle.

It is desirable that officials acquaint themselves with the judging device, timing device and automatic judging and/or timing device described in SW13.

Swimmers with disability competing in Multi Class events must provide their Classification and exceptions with their entries.

Swimmers with disability may compete in non Multi Class events at Company meets. Where swimmers with disability compete in non Multi Class events, they must comply with all entry requirements, including the qualifying time. The swimmer shall have been registered by a Club and registered by SAL and be in possession of a SAL Registration Card which will advise the swimmer's Classification and the exemption(s) applicable. The swimmers should personally present their SAL Registration Card to the Referee prior to the start of the meet so that the Referee may note the exception(s) in his programme.

The Referee should use the Multi Class Swimming Rules for swimmers with disability competing in Company meets.

### **SW3 STARTING POSITIONS**

- SW3.1 For the purpose of a scratch or championship swimming event each entrant shall be required to submit his best competitive time for the relative style and distance on the entry form, to comply with the conditions of entry stipulated by the promoting body.
- SW3.2 Entrants who do not submit a time shall be considered the slowest and shall be listed at the end. If there is more than one such entry, the order of listing shall be determined by draw.
- SW3.3 The number of heats in any event shall be determined by the number of lanes of the pool or the width of the course available for use and the number of swimmers. Subject to SW3.10 the number of qualifiers comprising the final shall be determined by the number of lanes of a six (6), seven (7), eight (8), nine (9) or ten (10) lane pool or the width of the course available for use in an unenclosed pool.
- SW3.4 FOR SWIMMING NEW SOUTH WALES OPEN, AGE, COUNTRY OPEN AND AGE CHAMPIONSHIPS and scratch events where FINALS are to be contested the Chief Recorder or other properly appointed person shall draw up heats where necessary in accordance with the following:

- SW3.4.1 FOR ONE (1) HEAT  
FINA SW3.1.1.1 The entrants shall be seeded as a final as provided in SW3.4.2 and swum as scheduled in the finals session of the meet.
- SW3.4.1.1 FOR TWO (2) HEATS  
FINA SW3.1.1.2 The fastest swimmer shall be placed in the second heat, the next fastest in the first heat and the third fastest in the second heat and so on until all swimmers are assigned.
- SW3.4.1.2 FOR THREE (3) HEATS  
FINA SW3.1.1.3 Except for 400m events, the fastest swimmer shall be placed in the third heat, next fastest in the second, next fastest in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat and so on until all the swimmers are assigned.
- SW3.4.1.3 FOR MORE THAN THREE (3) HEATS  
FINA SW3.1.1.4 Except for 400m events, the last three heats shall be assigned in accordance with SW3.4.1.2. The heat preceding the last three heats shall consist of the next fastest swimmers, the heat preceding the last four heats shall consist of the next fastest swimmers and so on until all the swimmers have been assigned in descending order of submitted times within each heat in accordance with the pattern outlined in SW3.4.2.
- SW3.4.1.4 For 400m events, the last two heats of the event shall be seeded in accordance with SW 3.4.1.1.  
FINA SW3.1.1.5
- SW3.4.2 Except for 50 metre events in 50 metre pools, assignment to lanes shall be, number one being on the right side of the pool when facing the course from the starting end, by placing the fastest swimmer in the Centre lane in pools with an odd number of lanes, or in lane 3 or 4 respectively in pools having six (6), eight (8) and in lane 4 in pools of ten (10) lanes numbered zero (0) to nine (9). The swimmer having the next fastest time is to be placed on his left, then alternating the others to right and left in accordance with the submitted times. Swimmers with identical times shall be assigned their lane position by draw within the aforesaid pattern. [Refer example tables following SW3.4.3.]  
FINA SW3.1.2
- SW3.4.3 When 50 metre events are contested in 50 metre pools, races may be swum, at the discretion of the Meet Committee either from the regular starting end to the turning end or from the turning end to the starting end, depending upon such factors as existence of adequate Automatic Equipment, starter's position, etc.. The Management Committee should advise swimmers of their determination well before the start of the competition. Regardless of which way the race is swum, the swimmers shall be seeded in the same lanes in which they would be seeded if they were both starting and finishing at the starting end. Refer example tables next following:  
FINA SW3.1.3

### EXAMPLE EIGHT (8) LANE POOL,

#### ENTRANTS 1-42 IN NUMERICAL TIME ORDER

LANE No.	1	2	3	4	5	6	7	8
1 <sup>st</sup> Heat	-	-	42	40	41	-	-	-
2 <sup>nd</sup> Heat	39	37	35	33	34	36	38	-
3 <sup>rd</sup> Heat	31	29	27	25	26	28	30	32
4 <sup>th</sup> Heat	21	15	9	3	6	12	18	24
5 <sup>th</sup> Heat	20	14	8	2	5	11	17	23
6 <sup>th</sup> Heat	19	13	7	1	4	10	16	22

### EXAMPLE TEN (10) LANE POOL,

#### ENTRANTS 1-52 IN NUMERICAL TIME ORDER

LANE No.	0	1	2	3	4	5	6	7	8	9
1 <sup>st</sup> Heat	-	-	-	52	50	51	-	-	-	-
2 <sup>nd</sup> Heat	49	47	45	43	41	42	44	46	48	-
3 <sup>rd</sup> Heat	39	37	35	33	31	32	34	36	38	40
4 <sup>th</sup> Heat	27	21	15	9	3	6	12	18	24	30
5 <sup>th</sup> Heat	26	20	14	8	2	5	11	17	23	29
6 <sup>th</sup> Heat	25	19	13	7	1	4	10	16	22	28

#### SW3.4.4 SEMI-FINALS and FINALS

SW3.4.4.1 In the semi-finals heats shall be assigned as in SW3.4.2

SW3.4.4.2 Where no preliminary heats are necessary, lanes shall be assigned in accordance with SW3.4.4.1 above. Where preliminary heats or semi-finals have been held, lanes shall be assigned as in SW3.4.2 based, however, on times established in such heats.

SW3.4.4.3 In the event that swimmers from the same or different heats have equal times registered to 1/100<sup>th</sup> second for either eighth place or sixteenth place, or tenth place or twentieth place in 10 lane configured pools, there shall be a swim-off to determine which swimmer shall advance to the appropriate finals, except

FINA SW3.2.3

where the swimmers agree to determine advancement by draw. Such swim-off shall take place after all involved swimmers have completed their heats at a time agreed between the Referee and the parties involved. Another swim-off shall take place if equal times are registered again.

SW3.4.4.4 Where one or more swimmers scratch from a semi-final or final substitutes will be called in order of classifications in heats or semi-finals. The event or events must be reseeded and supplementary sheets must be issued detailing the changes or substitutions, as prescribed in SW3.4.2.  
FINA SW3.2.4

SW3.4.4.5 If requested by all swimmers, a swim off will take place to determine first and second reserves where equal times are recorded.

SW3.4.4.6 In other competitions, the draw system may be used for assigning lane positions.

### SW3.5 FINAL

Where preliminary heats have been held lanes shall be assigned in accordance with SW3.4.2 based however on times established in the heats.

SW3.6 FOR SWIMMING NEW SOUTH WALES OPEN, AGE, COUNTRY, METROPOLITAN, COUNTRY WINTER, METROPOLITAN WINTER, WINTER CHAMPIONSHIPS and scratch events where NO FINALS are to be contested the Chief Recorder or other properly appointed person shall draw up heats where necessary in accordance with the following:

SW3.6.1 the entrants shall be allotted to heats in the numerical sequence of the submitted times, the slowest in the first heat and the fastest in the last heat;

SW3.6.2 the assignment to lanes shall be in accordance with SW3.4.2.

SW3.7 The promoting body may in a final, place any specifically invited swimmer in the centre lane and if heats are necessary may be placed in the final as if the invited swimmer had recorded the fastest time in the heats.

SW3.8 For all Scratch or Championship events, except for the 800 and 1500 metres freestyle events, there shall be a minimum of three swimmers seeded into any one preliminary heat, but subsequent withdrawals may reduce the number of swimmers in such heat to less than three.  
FINA SW3.1.1.6

### SW3.9 AMALGAMATION OF HEATS

SW3.9.1 Where a reduction in the number of heats is possible owing to the withdrawal of swimmers, the Referee shall have the power to amalgamate two or more heats into one heat or all heats into a final, PROVIDED THAT, any alteration of the last heat shall be kept to a minimum.

SW3.9.2 For the purpose of this Rule a swimmer entered in an event who has not reported to the allotted place at the prescribed time shall be deemed to have withdrawn from the event.

NOTE: PROCEDURE FOR AMALGAMATION OF HEATS

The Clerks of Course shall immediately notify the Referee of the possibility of an amalgamation. The Referee shall establish the need to amalgamate heats. The actual reseeding and amalgamation into heats or a final shall be delegated to the Chief Recorder. The Referee shall direct the Check Starter to notify the Chief Judge and Chief Timekeeper of the amalgamation and the heat reallocation numbering. The Chief Recorder shall ensure that the Announcer and the Control Room Supervisor receives the swimmer reallocation to heats or a final for public announcement.

Notwithstanding the foregoing the Company may authorise procedures to establish withdrawals from an event prior to seeding the remaining entrants into heats as prescribed herein.

SW3.10 QUALIFIERS FOR FINALS

SW3.10.1 The number of fastest swimmers from all the heats qualifying to contest the final of an event where heats and finals are to be conducted shall be directed by:

SW3.10.1.1 the organising committee of a scratch event meet, however, the finalists shall not exceed eight (8) where automatic officiating equipment is not employed;

SW3.10.1.2 the Board for Swimming New South Wales Championships, GR10; and

SW3.10.1.3 in Swimming New South Wales Age Championships not more than two (2) visitors shall be permitted to contest the final unless there are insufficient New South Wales swimmers to fill all the lanes. (Refer GR5.2)

SW3.10.2 In NSW Championships when "B" finals are conducted, that the following shall apply:

SW3.10.2.1 nineteen (19) or more swimmers contest the heats in an eight (8) lane pool, and twenty five (25) or more swimmers contest the heats of an event in a ten (10) lane pool;

SW3.10.2.2 when a "B" final is held the swimmers shall be the next fastest group from all the heats;

SW3.10.2.3 a swimmer who has qualified for the final shall not contest the "B" final of that event.

SW3.10.2.4 When a "B" final is to be held it shall immediately follow the final of the event.

## **SW4 THE START**

FINA SW4

**SW4.1** The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive. On the long whistle (SW2.1.10) from the Referee the swimmers shall step onto the starting platform and remain there. On the Starter's command "Take your Marks", they shall immediately take up a starting position with at least one foot at the front of the starting platforms. The position of the hands is not relevant. When all swimmers are stationary, the Starter shall give the starting signal.

FINA SW4.1

**SW4.2** The start in Backstroke and Medley Relay races shall be from the water. At the Referee's first long whistle (SW2.1.10) the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position (see SW6.1). When all swimmers have assumed their starting positions, the Starter shall give the command "Take your Marks". When all swimmers are stationary, the Starter shall give the starting signal.

FINA SW4.2

**SW4.3** Any swimmer starting before the starting signal has been given, shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) as per SW2.1.10

FINA SW4.4

## **SW5 FREESTYLE**

**SW5.1** Freestyle means that in an event so designated the swimmer may swim any style, except that in medley or medley relay events, freestyle means any style other than backstroke, breaststroke or butterfly.

FINA SW5.1

**SW5.2** Some part of the swimmer must touch the wall upon completion of each length and at the finish.

FINA SW5.2

**SW5.3** Some part of the swimmer must break the surface of the water throughout the race, except it shall be permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface.

FINA SW5.3



## **SW6 BACKSTROKE**

- SW6.1  
FINA SW6.1 Prior to the starting signal, the swimmers shall line up in the water, facing the starting end, with both hands holding the starting grips. Standing in or on the gutter or bending the toes over the lip of the gutter is prohibited. When using a backstroke ledge at the start, the toes of both feet must be in contact with the end wall or face of the touchpad. Bending the toes over the top of the touchpad is prohibited.
- SW6.2  
FINA SW6.2 At the signal for starting and after turning the swimmer shall push off and swim upon his back throughout the race except when executing a turn as set forth in SW6.4. The normal position on the back can include a roll movement of the body up to, but not including 90 degrees from horizontal. The position of the head is not relevant.
- SW6.3  
FINA SW6.3 Some part of the swimmer must break the surface of the water throughout the race. It is permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point the head must have broken the surface.
- SW6.4  
FINA SW6.4 When executing the turn there must be a touch of the wall with some part of the swimmer's body in his respective lane. During the turn the shoulders may be turned over the vertical to the breast after which an immediate continuous single arm pull or immediate continuous simultaneous double arm pull may be used to initiate the turn. The swimmer must have returned to the position on the back upon leaving the wall.
- SW6.5  
FINA SW6.5 Upon the finish of the race the swimmer must touch the wall while on the back in his respective lane.

NOTE: Backstroke start procedure shall be in accordance with SW4.2

## **SW7 BREASTSTROKE**

- SW 7.1  
FINA SW7.1 After the start and after each turn, the swimmer may take one arm stroke completely back to the legs during which the swimmer may be submerged. At any time prior to the first breaststroke kick after the start and after each turn a single butterfly kick is permitted. The head must break the surface of the water before the hands turn inward at the widest part of the second stroke.
- SW 7.2  
FINA SW7.2 From the beginning of the first arm stroke after the start and after each turn, the body shall be on the breast. It is not permitted to roll onto the back at any time except at the turn after the touch of the wall where it is permissible to turn in any manner as long as the body is on the breast when leaving the wall. From the start and throughout the race the stroke cycle must be one arm stroke and one leg kick in that order. All movements of the arms shall be simultaneous and on the same horizontal plane without alternating movement.

SW 7.3 The hands shall be pushed forward together from the breast on, under, or over  
FINA SW7.3 the water. The elbows shall be under water except for the final stroke before the turn, during the turn and for the final stroke at the finish. The hands shall be brought back on or under the surface of the water. The hands shall not be brought back beyond the hip line, except during the first stroke after the start and each turn.

SW 7.4 During each complete cycle, some part of the swimmer's head must break the  
FINA SW7.4 surface of the water. All movements of the legs shall be simultaneous and on the same horizontal plane without alternating movement.

SW 7.5 The feet must be turned outwards during the propulsive part of the kick.  
FINA SW7.5 Alternating movements or downward butterfly kicks are not permitted except as in SW 7.1. Breaking the surface of the water with the feet is allowed unless followed by a downward butterfly kick.

SW 7.6 At each turn and at the finish of the race, the touch shall be made with both  
FINA SW7.6 hands separated and simultaneously at, above, or below the water level. At the last stroke before the turn and at the finish an arm stroke not followed by a leg kick is permitted. The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.

## **SW8 BUTTERFLY**

SW8.1 From the beginning of the first arm stroke after the start and each turn, the  
FINA SW8.1 body shall be kept on the breast. It is not permitted to roll onto the back at any time, except at the turn after the touch of the wall where it is permissible to turn in any manner as long as the body is on the breast when leaving the wall.

SW8.2 Both arms must be brought forward simultaneously over the water and brought  
FINA SW8.2 backward simultaneously under the water throughout the race, subject to SW 8.5.

SW8.3 All up and down movements of the legs must be simultaneous. The legs or  
FINA SW8.3 the feet need not be on the same level, but they shall not alternate in relation to each other. A breaststroke kicking movement is not permitted.

SW8.4 At each turn and at the finish of the race, the touch shall be made with both  
FINA SW8.4 hands separated and simultaneously, at, above, or below the water surface.

SW8.5 At the start and at turns, a swimmer is permitted one or more leg kicks and  
FINA SW8.5 one arm pull under the water, which must bring him to the surface. It shall be permissible for a swimmer to be completely submerged for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface. The swimmer must remain on the surface until the next turn or finish.

## **SW9 MEDLEY SWIMMING**

SW9.1 In Individual Medley events the swimmer covers the four swimming strokes in the following order: Butterfly, Backstroke, Breaststroke and Freestyle. Each of the strokes must cover one quarter (1/4) of the distance.  
FINA SW9.1

SW9.2 In Freestyle the swimmer must be on the breast except when executing the turn. The Swimmer must return to the breast before any kick or stroke.  
FINA SW9.2

SW9.3 In Medley relay events, swimmers will cover the four swimming strokes in the following order: Backstroke, Breaststroke, Butterfly and Freestyle. Each of the strokes must cover one quarter (1/4) of the distance.  
FINA SW9.3

SW9.4 Each section must be finished in accordance with the rule which applies to the style concerned.  
FINA SW9.4

## **SW10 THE RACE**

SW 10.1 A swimmer swimming over the course alone shall cover the whole distance to qualify.  
FINA SW10.2

SW 10.2 The swimmer must remain and finish the race in the same lane in which he started.  
FINA SW10.3

SW 10.3 In all events, a swimmer when turning shall make physical contact with the end of the pool or course. The turn must be made from the wall, and it is not permitted to take a stride or step from the bottom of the pool.  
FINA SW10.4

SW 10.4 Standing on the bottom during freestyle events or during the freestyle portion of medley events shall not disqualify a swimmer, but he shall not walk.  
FINA SW10.5

SW 10.5 Pulling on the lane rope is not allowed.  
FINA SW10.6

SW 10.6 Obstructing another swimmer by swimming across another lane or otherwise interfering shall disqualify the offender. Should the foul be intentional, the referee shall report the matter to the Member promoting the race, and to the Member of the swimmer so offending.  
FINA SW10.7

SW 10.7 No swimmer shall be permitted to use or wear any device or swimsuit that may aid his speed, buoyancy or endurance during a competition (such as webbed gloves, flippers, fins, power bands, or adhesive substances etc.). Goggles may be worn. Any kind of tape on the body is not permitted unless approved by the Referee.  
FINA SW10.8

SW 10.8 Any swimmer not entered in a race, who enters the water in which an event is being conducted before all swimmers therein have completed the race, shall be disqualified from his next scheduled race in the meet.  
FINA SW10.9

SW 10.9 There shall be four swimmers on each relay team. Mixed relays may be swum.  
FINA SW10.10 Mixed Relays must consist of two (2) Men and two (2) Women. Split times achieved in these events cannot be used for records

SW 10.10 In relay events, the team of a swimmer whose feet lose touch with the starting  
FINA SW10.11 platform before the preceding team-mate touches the wall shall be disqualified.

SW 10.11 Any relay team shall be disqualified from a race if a team member, other than  
FINA SW10.12 the swimmer designated to swim that length, enters the water when the race is being conducted, before all swimmers of all teams have finished the race.

SW 10.12 The members of a relay team and their order of competing must be nominated  
FINA SW10.13 before the race. Any relay team member may compete in a race only once. The composition of a relay team may be changed between the heats and finals of an event, provided that it is made up from the list of swimmers properly entered by a Member for that event. Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a documented medical emergency.

SW 10.13 Except as provided in SW 10.16, Any swimmer having finished his race, or his  
FINA SW10.14 distance in a relay event, must leave the pool as soon as possible without obstructing any other swimmer who has not yet finished his race. Otherwise the swimmer committing the fault, or his relay team, shall be disqualified.

SW 10.14 Should a foul endanger the chance of success of a swimmer, the referee shall  
FINA SW10.15 have the power to allow him to compete in the next heat or, should the foul occur in a final event or in the last heat, he/she may order it to be re-swum.

SW 10.15 No pace-making shall be permitted, nor may any device be used or plan  
FINA SW10.16 adopted which has that effect.

SW10.16 Swimmers shall not leave the water at the finishing point in any event until instructed by the Referee.

SW10.17 Unauthorised persons shall not be permitted in those areas of the pool designated for competition, for the swimmers or officials for the duration of any competition.

## **SW11 DETERMINATION OF TIMES AND PLACINGS**

At any swim meet where the operation of approved Automatic Officiating Equipment is provided:

SW11.1 The operation of this equipment shall be under the supervision of appointed  
FINA SW11.1 Officials. Times recorded by Automatic Equipment shall be used to determine the winner, all placing and the time applicable to each lane. The placing and times so determined shall have precedence over the decisions of Timekeepers. In the event that a breakdown of the Automatic Equipment

occurs or that it is clearly indicated that there has been a failure of the Equipment, or that a swimmer has failed to activate the Equipment, the recordings of the Timekeepers shall be official (see SW13.3).

SW11.2 When Automatic Equipment is used, the results shall be recorded only to 1/100 of a second. In the event of equal times, all swimmers who have recorded the same time at 1/100 of a second shall be accorded the same placing. Times displayed on the electronic scoreboard should show only to 1/100 of a second.  
FINA SW11.2

SW11.3 Any timing device that is terminated by an Official shall be considered a watch. Such manual times must be taken by three appointed and approved Timekeepers. All watches shall be certified as accurate to the satisfaction of the governing body concerned. Manual timing shall be registered to 1/100 of a second. Where no Automatic Equipment is used official manual times shall be determined as follows:  
FINA SW11.3

SW11.3.1 if two of the three (3) watches record the same time, and the third disagrees, the two identical times shall be the official time;  
FINA SW11.3.1

SW11.3.2 if all three (3) watches disagree, the watch recording the intermediate time shall be the official time,  
FINA SW11.3.2

SW11.3.3 with only two (2) watch times recorded the slowest time recorded shall be the official time

SW11.3.4 with only one (1) watch time recorded that shall be the official time.

SW11.4 In the event that the Automatic Equipment fails and a manual backup is used, official manual times shall be determined as follows:

SW11.4.1 if two of the three (3) watches record the same time, and the third disagrees, the two identical times shall be the official time;  
FINA SW11.3.1

SW11.4.2 if all three (3) watches disagree, the watch recording the intermediate time shall be the official time;  
FINA SW11.3.2

SW11.4.3 The Meet Director/Referee/Technical Manager should decide, at the start of the meet, in the case of only two (2) watch times being recorded, whether to use the average if the two (2) recorded times, or the slower time recorded as the official time.

SW11.4.4 with only one watch time recorded, that shall be the official time

NOTE: Three watch times are required for Swimming New South Wales Records(see SW12.1).

SW11.5 Should a swimmer be disqualified during or following an event, such disqualification should be recorded in the official results, but no time or place shall be recorded or announced.  
FINA SW11.4

SW11.6 In the case of a relay disqualification, legal splits up to the time of the  
FINA SW11.5 disqualification shall be recorded in the official results.

SW11.7 All 50 metre and 100 metre splits shall be recorded for lead-off swimmers  
FINA SW11.6 during relays and published in the official results.

### PLACINGS

SW11.8 The swimmers concerned in equal placing in an event shall jointly hold the title,  
and if the Promoting Body consents divide the prize involved or shall re-swim  
the event within seven (7) days at such time and place as the Promoting Body  
may direct.

SW11.9 Where a swimmer is disqualified for any reason, including drug misuse or  
Doping Control the placing he would have held shall be awarded to the  
swimmer next placed and the other swimmers advanced accordingly. When  
the disqualification occurs after the presentation of the awards, such awards  
shall be recalled and re-presented to the appropriate swimmers as determined  
by this Rule.

SW11.10 For determination of placings (see SW2.1.7) when Automatic Officiating  
Equipment is not used and if the times registered by the Timekeepers do not  
agree with the decision of the Finish Judges and where the time of a swimmer  
placed second is better, the first placed swimmer and the second placed  
swimmer shall be credited with the times calculated on the average of the  
actual times recorded for both the first and second places. The same principle  
is to apply to all placings. It is not permissible to announce times which do not  
support the classifications made by the Finish Judges.

NOTE: The Referee shall determine placings when the Finish Judges decision is not  
supported by the times recorded (see SW2.1.6 and SW2.1.7).

## **SW12 SWIMMING RECORDS - RECORD ATTEMPTS AND APPLICATIONS FOR RECORDS**

A record is the establishment of a performance which equals or eclipses the  
previous best on record. The Company shall recognise a record of the State by  
issuing a diploma signed by the Chief Executive Officer PROVIDED THAT it  
has been established under strict adherence to the Rules and there has been  
compliance with the Rules governing records.

### SW12.1 REGULATIONS, APPLICATIONS FOR NEW SOUTH WALES RECORDS

The regulations which shall apply to all applications for recognition of New  
South Wales records shall be as follows:

SW12.1.1 The Venue Pool shall have been registered as a course suitable for the  
establishment of a Swimming New South Wales Record.

SW12.1.2 All records shall be made in water with less than 3gr/litre of salt without current or tide, in;

SW12.1.2.1 a scratch event; or

SW12.1.2.2 an individual attempt where the swimmer shall swim alone against time PROVIDED THAT notification in writing shall have been given to the Chief Executive Officer of Swimming New South Wales at least three (3) days prior to the date of the attempt so that public advice through the media and or advertisement as deemed necessary can be effected, and the Officials controlling an individual attempt on a record shall be appointed in accordance with GR18 and shall include a Referee, Starter and three (3) Timekeepers or a Control Room Supervisor as a minimum requirement. It is permissible for the Referee to, if necessary, act additionally as Starter.

NOTE: An individual attempt shall be deemed to mean an attempt on a record by one (1) Swimmer, one (1) State Team duly selected by the State Selectors of bona fide Swimming New South Wales members or one (1) Club Team of four (4) Swimmers duly selected by the Club Selectors of first claim members of a Club, respectively.

SW12.1.3 To effect registration of the pool, the promoting body of a Meet, the owner or an Member Association, shall have the measurements of the course certified by a Registered Surveyor or other qualified Official nominated by the Company and subject to the approval of the Board the venue shall be recorded in a register maintained by the Company listing its compliance with the pertinent rules and suitability for establishing one or more of the record Classes i to xxiv as defined in SW12 together with any limitations and other statistics as determined by the Board. A Company certificate stating the suitability of the pool for the establishment of Swimming New South Wales records and the various classes shall be forwarded to the approved applicant.

SW12.1.4 The swimmer shall wear the regulation costume as specified in GR 19.

SW12.1.5 In an individual attempt on a record or an attempt on a record in a scratch event, pace making shall not be permitted nor may any device be used or plan adopted which has that effect nor shall instruction to the swimmer be given after the start of such attempt.

NOTE: An Age swimmer competing at a recognised meet in an event outside his age group for which he is eligible shall not be deemed to have been aided by pace making.

SW12.1.6 The time shall be taken and determined by Officials appointed by the Company.

SW12.1.7 The Referee or other Official shall inspect the watches or electronic timing device used to record the times and the official time shall be publicly announced.

SW12.1.8 Officials controlling an attempt on a record in a scratch event shall be appointed by the Company and shall include a Referee, a Starter, three (3) Timekeepers, or a Control Room Supervisor as a minimum requirement except as provided for in SW12.1.9.5

SW12.1.9 For the establishment of New South Wales records Classes i to xxiv inclusive, the Board may approve the use of Automatic Officiating Equipment which complies with the provisions of FINA, PROVIDED THAT, the touch pads shall not be less than 1.9 metres wide.

SW12.1.9.1 Times which are equal to 1/100 of a second if timed by approved Automatic  
FINA SW12.9 Officiating Equipment will be recognised as equal records and swimmers achieving these equal times will be called "Joint Holders". In the event of a tie in a record setting race, each swimmer who tied shall be considered to have equal placings.

SW12.1.9.2 The first swimmer in a relay except in mixed relays, may apply for a  
FINA SW12.11 record. Should the first swimmer complete the first leg distance in record time in accordance with the provisions of the rules relevant to that event, such performance shall not be nullified by any subsequent disqualification of the relay team for violations occurring after the first leg has been completed

SW12.1.9.3 A swimmer in an individual event may apply for a record at an intermediate  
FINA SW12.9 distance if the swimmer, coach or manager specifically requests the Referee that the performance be especially timed or if the time at the intermediate distance is recorded by approved Automatic Officiating Equipment. Such swimmer must complete the scheduled distance of the event to apply for a record at the intermediate distance provided that in the race the qualifying time is achieved for the event and the swimmer is not disqualified.

SW12.1.9.4 World, Commonwealth and Australian Records will only be recognised if timed by approved Automatic Officiating Equipment and are in accordance with all the relevant rules of either FINA or SAL.

SW12.1.9.5 Application for New South Wales records established by individual swimmers during competition conducted by school and other kindred associations will only be considered by the Board if;

- (i) Prior approval has been granted by the Board in accordance with the Company's current "School Swim Meet Policy"
- (ii) The competition must have been refereed by a currently accredited, registered Referee
- (iii) The Starter must be a currently accredited, registered Starter
- (iv) The times must have been recorded by Automatic Officiating Equipment or Semi Automatic Equipment in the case of Automatic Officiating Equipment system failure



NOTE: Applications for New South Wales records will only be considered for performances by an individual. Times achieved by members of a relay team representing a school or association which equal or better an existing New South Wales record will not be considered.

SW12.1.10 Every application for the recognition of any record shall be made to the Company on the official form and forwarded to the Chief Executive Officer not more than seven (7) days after the establishment of the time for approval, PROVIDED THAT, for Australian and State Championship Meets promoted and directly controlled within New South Wales by the Company and the official results shall have been produced and certified by the Chief Recorder, the Chief Executive Officer shall be authorised to use such results to substantiate, without written application, a recommendation for approval of a record established at such State Meet.

SW12.1.11 The form shall be signed by:

SW12.1.11.1 the three (3) Timekeepers or the Control Room Supervisor;

SW12.1.11.2 the Official who inspected the watches or the Automatic Officiating Equipment used to record the time;

SW12.1.11.3 the Referee in making the formal application on behalf of the swimmer and stating that the Rules and regulations of Swimming New South Wales have been observed;

SW12.1.11.4 the Chief Executive Officer on behalf of the Company—stating that the venue pool is registered and suitable for the establishment of a specific Class of New South Wales record; and considering the application for approval or rejection.

SW12.1.12 Records approved by the Chief Executive Officer shall be entered into the permanent records of the Company and a Record Diploma shall be issued to individual swimmers and each member of a Relay Team recognising the performance of the swim.

SW12.2 There shall be records in swimming for the State of New South Wales recognised separately for Men and Women, Boys and Girls and for Mixed teams in the following classes:

- i New South Wales State Open All Comers
- ii New South Wales State Age All Comers
- iii New South Wales State Open
- iv New South Wales State Age
- v New South Wales State Country Open
- vi New South Wales State Country Age

- vii New South Wales State Metropolitan Open
- viii New South Wales State Metropolitan Age
- ix New South Wales State Open All Comers Short Course
- x New South Wales State Age All Comers Short Course
- xi New South Wales State Open Short Course
- xii New South Wales State Age Short Course
- xiii New South Wales State Country Open Short Course
- xiv New South Wales State Country Age Short Course
- xv New South Wales State Metropolitan Open Short Course
- xvi New South Wales State Metropolitan Age Short Course
- xvii New South Wales State Open Club Relay
- xviii New South Wales State Age Club Relay
- xix New South Wales State Open All Comers Club Relay
- xx New South Wales State Age All Comers Club Relay
- xxi New South Wales State Open Club Relay Short Course
- xxii New South Wales State Age Club Relay Short Course
- xxiii New South Wales State Open All Comers Club Relay Short Course
- xxiv New South Wales State Age All Comers Club Relay Short Course

### SW12.3 APPLICATION FOR RECOGNITION OF A RECORD

- SW12.3.1 Application for New South Wales State Records Classes iii, iv, xi, and xii of SW12.2 is restricted to a Swimming New South Wales registered member, a team representing Swimming New South Wales or an Area or Club, anywhere in the world.
- SW12.3.2 Application for New South Wales State Club Relay Records Classes xvii, xviii, xxi and xxii of SW12.2 is restricted to a Swimming New South Wales affiliated Club, anywhere in the world.
- SW12.3.3 Application for a Swimming New South Wales State Country or Metropolitan Event Record Classes v, vi, vii, viii, xiii, xiv, xv, and xvi, of SW12.2 is restricted to a first claim member of a Club within the Country area of New South Wales or a first claim member of a Club within the Metropolitan area as defined in GR5.3 & GR 5.4 respectively, for the recognition of a time established at the

Swimming New South Wales Country, Metropolitan, Country Short Course and Metropolitan Short Course Championships respectively.

SW12.3.4 Application for a Swimming New South Wales All Comers Record Classes i, ii, ix, and x of SW12.2 for recognition of a time established anywhere in New South Wales may be made by:

SW12.3.4.1 a Swimming New South Wales registered member or team of four (4) Swimming New South Wales registered members as prescribed in SW12.3.1, or

SW12.3.4.2 a visiting swimmer or team of four (4) swimmers who are first claim members of a Club affiliated through an Australian State Swimming Organisation or a bona fide member or members of any Swimming Federation recognised by FINA, competing at an authorised Meet conducted within the boundaries of New South Wales.

SW12.3.5 Application for a Swimming New South Wales All Comers Club Relay Record Classes xix, xx, xxiii, and xxiv of SW12.2 for recognition of a time established anywhere in New South Wales may be made by:

SW12.3.5.1 a Swimming New South Wales affiliated club of four (4) Swimming New South Wales registered members as prescribed in SW12.3.2, or

SW12.3.5.2 a visiting team of four (4) swimmers who are first claim members of a Club affiliated through an Australian State Swimming Organisation or bona fide members of a Club of any Swimming Federation recognised by FINA, competing at an authorised Meet conducted within the boundaries of New South Wales.

SW12.3.6 In every case a record may be established only when swimmers in an individual event are all male for a Men's or Boy's State Record and all female for a Women's or Girl's State Record.

NOTE: Swimming New South Wales All Comers Records Classes i, ii, ix and x of SW12.2 may be claimed by a Swimming New South Wales Swimmer or a team of four (4) Swimming New South Wales Swimmers or a visiting swimmer or team of four (4) visiting swimmers from another state or an overseas member country of FINA, for a performance within New South Wales.

Swimming New South Wales All Comers Records Classes xix, xx, xxiii, and xxiv of SW12.2 may be claimed by a Swimming New South Wales affiliated Club of four (4) Swimming New South Wales Swimmers or a visiting Club of four (4) visiting swimmers from another state or an overseas member country of FINA, for a performance within New South Wales.

A swimmer claiming a Swimming New South Wales Record Classes iii, iv xi and xii of SW12.2 must be a bona fide member of a Swimming New South

Wales affiliated Club for recognition of a performance established anywhere in the world.

A Club claiming a Swimming New South Wales Record Classes xvii, xviii, xxi and xxii of SW12.2 must be a Swimming New South Wales affiliated Club for recognition of a performance established anywhere in the world.

A swimmer claiming a Swimming New South Wales Country or Metropolitan Event Record Classes v, vi, vii, viii, xiii, xiv, xv and xvi of SW12.2 must be a bona fide member of a Swimming New South Wales affiliated Country or Metropolitan Club, as appropriate, for recognition of a performance established when contesting a Swimming New South Wales Country or Metropolitan Championship.

It is not permissible to claim a male or female New South Wales record for a performance in a mixed relay scratch event.

SW12.3.7 When a new event is introduced into SW12.2 for which a Swimming New South Wales Record may be claimed, the swimmer achieving the fastest time swum in that event shall be recognised as the record holder

#### SW12.4 APPLICATION FOR RECOGNITION OF AN AGE RECORD

SW12.4.1 Swimmers making application for recognition of an Age Record shall be the age applicable to the record claimed on the first day of the Meet as defined in GR6. 2.

### SW13 AUTOMATIC OFFICIATING PROCEDURE

SW13.1 When Automatic Officiating Equipment (see [www.fina.org](http://www.fina.org) under FINA Facilities) is used in any competition, the placing and times so determined and relay take-offs judged by such Equipment shall have precedence over the timekeepers and inspectors of turns.

SW13.2 When the Automatic Officiating Equipment fails to record the place and/or time of one or more swimmers in a given race:

SW13.2.1 Record all available Automatic Equipment times and places,

SW13.2.2 Record human times and places.

SW13.2.3 The official place will be determined as follows:

SW13.2.3.1 A swimmer with an Automatic Equipment time and place must retain his relative order when compared with the other swimmers having an Automatic Equipment time and place within that race.

SW13.2.3.2 A swimmer not having an Automatic Equipment place but having an Automatic Equipment time will establish his relative order by comparing his Automatic Equipment time with the Automatic Equipment times of the other swimmers.

SW13.2.3.3 A swimmer having neither an Automatic Equipment place nor an Automatic Equipment time shall establish his relative order by the time recorded by the Semi-Automatic Equipment or by three digital watches.

SW13.3 The official time will be determined as follows  
FINA SW13.3

SW13.3.1 The official time for all swimmers having an Automatic Equipment time will be that time.  
FINA SW13.3.1

SW13.3.2 The official time for all swimmers not having an Automatic Equipment time will be the three digital watches or the Semi-Automatic Equipment time.  
FINA SW13.3.2

SW13.4 To determine the relative order of finish for the combined heats of an event, proceed as follows:  
FINA SW13.4

SW13.4.1 The relative order of all swimmers will be established by comparing their official times.  
FINA SW13.4.1

SW13.4.2 If a swimmer has an official time which is tied with the official time(s) of one or more swimmers, all swimmers having that time shall be tied in their relative order of finish in that event.  
FINA SW13.4.2

## OPEN WATER SWIMMING RULES

All Swimming New South Wales Limited (SNWS) Open Water Swimming Championships and Open Water Swimming competitions shall be governed by Swimming Australia Limited's and SNSW's Rules and By-Laws, as determined from time to time.

All World Championships, World Cups and FINA competitions shall be governed by the rules FINA and are found on the FINA website <http://www.fina.org>.

### **OWS1 OPEN WATER SWIMMING DEFINITIONS**

OWS1.1 OPEN WATER SWIMMING shall be defined as any competition that takes place in rivers, lakes, oceans or water channels, dams, or rowing courses except for 10km events.

OWS1.1.1 MARATHON SWIMMING shall be defined as any 10km event in open water  
FINA OWS1.1.1 competitions.

OWS1.2 The age limit for all SNSW Open, Open Water Swimming events must be at least 13 years of age.

OWS1.3 The age limit for all SNSW Age 7.5km & 10km Open Water Swimming events must be at least 13 years of age.

OWS1.4 The age limit for all SNSW Age 5km, Open Water Swimming events must be at least 12 years of age.

### **OWS2 THE VENUE**

FINA OWS5

OWS2.1 The SNSW Open Water Swimming Championships shall be conducted over distances and at a venue and course approved by the Board.

OWS2.2 The course shall be in water that is subject to only minor currents or tide and may be salt or fresh water.  
FINA OWS5.2

OWS2.3 A certificate of suitability for use of the venue shall be issued by the appropriate local health and safety authorities. In general terms the certification must relate to water purity and to physical safety from other considerations.  
FINA OWS5.3

OWS2.4 The minimum depth of water at any point on the course shall be 1.40 metres.  
FINA OWS5.4

OWS2.5 The water temperature should be a minimum of 16°C and a maximum of 31°C. It should be checked the day of the race, 2 hours before the start, in the middle of the course at a depth of 40cm. This control should be done in the presence of a Commission made up of the following persons present: a Referee, a Member of the Organising Committee and one Coach from the Teams present designated during the Technical Meeting.  
FINA OWS5.5

OWS2.5.1 The Safety Officer shall monitor temperature conditions periodically during the  
FINA OWS5.5.1 race.

OWS2.6 All turns/ alterations of course shall be clearly indicated. Directional Buoys  
FINA OWS5.6 which are alterations of the course shall be of a different colour to guidance buoys.

OWS2.7 A clearly marked craft or platform, containing a Turn Judge, shall be  
FINA OWS5.7 positioned at all alterations of course in such a manner as not to obstruct a competitor's visibility of the turn.

OWS2.8 All Feeding Platforms, turning apparatus and Turn Judges' craft /platforms  
FINA OWS5.8 shall be securely fixed in a position and not be subject to tidal, wind or other movements.

OWS2.9 The final approach to the finish shall be clearly defined with markers of a  
FINA OWS5.9 distinctive colour, and shall comprise the boundary of the course.

OWS2.10 The finish shall be clearly defined and marked by a vertical face.  
FINA OWS5.10

### **OWS3 OFFICIALS**

OWS3.1 The following officials shall be appointed at Open Water Swimming  
FINA OWS2 competitions:

A Chief Referee,

Referees (2 minimum, additional Referees proportional to race entries),

Chief Timekeeper plus 2 Timekeepers,

Chief Finish Judge plus 2 Finish Judges,

Safety Officer,

Medical Officer,

Course Officer,

Clerk of the Course,

Recorder,

Race Judges (one per competitor) except for events with a course of 10km or less,

Turn Judges (one per alteration of Course),

Feeding Platform Judge (when feeding platforms are used)

Starter,

Announcer and

Recorder

NOTE: No official can act in more than one role simultaneously. They may only undertake a new role after all of the obligations of their previous role have been fulfilled.

OWS3.2 For events of 10km or less the Safety Officer and Course Officer's positions  
SAL OWS3.2 and duties are combined.

## **OWS4 DUTIES OF OFFICIALS**

FINA OWS3

The **CHIEF REFEREE** shall:

OWS4.1 have full control and authority over all officials and shall approve their  
FINA OWS3.1 assignments and instruct them regarding all special features or regulations related to the competition. The Referee shall enforce all the rules and decisions of FINA, SAL and SNSW and shall decide all questions relating to the actual conduct of the competition, the final settlement of which is not otherwise covered by these Rules;

OWS4.2 have authority to intervene in the competition at any stage to ensure that the  
FINA OWS3.2 Rules are observed;

OWS4.2.1 In case of hazardous conditions that jeopardise the safety of the competitors  
FINA OWS3.2.1 and the officials, in conjunction with the Safety Officer, he can stop the race;

OWS4.3 adjudicate on all protests related to the competition in progress  
FINA OWS3.3

OWS4.4 give a decision in cases where the Judges' decisions and times recorded do  
FINA OWS3.4 not agree;

OWS4.5 signal to competitors, by raised flag and short blasts on a whistle, that the start  
FINA OWS3.5 is imminent and when satisfied indicate by pointing the flag at the Starter that the competition may commence;

OWS4.6 disqualify any competitor for any violation of the Rules that he personally  
FINA OWS3.6 observes or which is reported to him by other authorised officials.  
SAL OWS4.6 Notwithstanding the provisions of OWS6.3 hereof the Referee may decide to enforce the disqualification at the end of the race.

OWS4.7 ensure that all necessary Officials for the conduct of the competition  
FINA OWS3.7 are at their respective posts. He may appoint substitutes for any who are absent, incapable of acting or found to be inefficient. He may appoint additional Officials if considered necessary;



OWS4.8 receive all reports prior to the start of the race and at the conclusion of the race  
FINA OWS3.8 from the Clerk of the Course, Recorder, Course Officer and Safety Officer; to ensure all competitors are accounted for.

The **REFEREES** shall:

OWS4.9 have authority to intervene in competition at any stage to ensure that FINA  
FINA OWS3.9 SAL and SNSW Rules (Rules) are observed.

OWS4.10 disqualify any competitor for any violation of the Rules that he personally  
FINA OWS3.10 observes.

The **STARTER** shall:

OWS4.11 start the race in accordance with OWS5 following the signal by the Chief  
FINA OWS3.11 Referee;

The **CHIEF TIMEKEEPER** shall:

OWS4.12 assign at least two Timekeepers to their positions for the start and finish;  
FINA OWS3.12

OWS4.13 ensure that a time check is made to allow all persons to synchronise their  
FINA OWS3.13 watches with the official running clocks fifteen (15) minutes before start time;

OWS4.14 collect from each Timekeeper a card showing the time recorded for each  
FINA OWS3.14 competitor, and, if necessary, inspect their watches; and

OWS4.15 record or examine the official time on the card for each competitor.  
FINA OWS3.15

**TIMEKEEPERS** shall:

OWS4.16 take the time of each of competitor/s assigned. The watches must have  
memory FINA OWS3.16 and print out capability and shall be certified correct to the satisfaction  
of the  
Management Committee;

OWS4.17 start their watches at the starting signal, and only stop their watches when  
FINA OWS3.17 instructed by the Chief Timekeeper;

OWS4.18 promptly after each finish record the time and competitor's number on the time  
FINA OWS3.18 card and turn it over to the Chief Timekeeper.

NOTE: When Automatic Officiating Equipment is used, the same complement of hand timers is to be used.

The **CHIEF FINISH JUDGE** shall:

- OWS4.19 assign each Judge to a position;  
FINA OWS3.19
- OWS4.20 Record and communicate any decision received from the Referees during the  
FINA OWS3.20 competition
- OWS4.21 collect after the race, signed results sheets from each Finish Judge and  
FINA OWS3.21 establish the result and placings which shall be sent directly to the Chief Referee.
- OWS4.22 confirm to each race judge their escort boat and instruct them in their duties  
FINA OWS3.22
- OWS4.23 collect after the race, signed sheets from each Race Judge of their  
FINA OWS3.24 observations during the race which shall be sent directly to the Chief Referee.

**FINISH JUDGES**, (two) shall:

- OWS4.25 be positioned in line with the finish where they shall have, at all times, a clear  
FINA OWS3.25 view of the finish;
- OWS4.26 record after each finish the placing of the competitors according to the  
FINA OWS3.6 assignment given.

NOTE: Finish Judges shall not act as Timekeepers in the same event.

Each **RACE JUDGE** shall:

- OWS4.27 be positioned in an escort safety craft (where applicable), assigned by random  
FINA OWS3.27 draw prior to the start, so as to be able to observe, at all times, his appointed competitor;
- OWS4.28 ensure at all times that the Rules of competition are complied with, violations  
FINA OWS3.28 being recorded in writing and reported to a Referee at the earliest opportunity;
- OWS4.29 have the power to order a competitor from the water upon expiry of any time  
FINA OWS3.29 limit so ordered by the Chief Referee;
- OWS4.30 ensure that his appointed competitor does not take unfair advantage or commit  
FINA OWS3.30 unsporting impediment on another competitor and, if the situation requires, instruct a competitor to maintain clearance from any other competitor.

**TURN JUDGES** shall:

- OWS4.31 be positioned so as to ensure all competitors execute the alterations in course  
FINA OWS3.31 as indicated in the competition information documents and as given at the pre-race briefing;

OWS4.32 record any infringement of the turn procedures on the record sheets provided  
FINA OWS3.32 and indicate the infringement at the time by  
SAL OWS4.29 blasts on a whistle; then immediately communicate the infringement to the  
Chief Referee;

OWS4.33 promptly upon completion of the event deliver the signed record sheet to the  
FINA OWS3.33 Chief Finish Judge.

The **SAFETY OFFICER** shall:

OWS4.34 be responsible to the Chief Referee for all aspects of safety related to the  
conduct FINA OWS3.34 of the competition;

OWS4.35 check that the entire course, with special regard to the start and finish areas,  
FINA OWS3.35 is safe, suitable, and free of any obstruction;

OWS4.36 be responsible for ensuring that sufficient powered safety craft are available  
FINA OWS3.36 during the competition so as to provide full safety backup to the escort safety  
craft;

OWS4.37 provide, prior to the competitions, to all competitors a tide/current chart clearly  
FINA OWS3.37 indicating the time of tide changes on the course and showing the effect of  
tides or current on a competitor's progress along the course;

OWS4.38 in conjunction with the Medical Officer, advise the Chief Referee if, in their  
FINA OWS3.38 opinion, conditions are unsuitable for staging the competition and make  
recommendations for the modification of the course or the manner in which the  
competition is conducted.

The **MEDICAL OFFICER** shall:

OWS4.39 be responsible to the Chief Referee for all medical aspects related to the  
FINA OWS3.39 competition and competitors;

OWS4.40 inform the local medical facilities of the nature of the competition and ensure  
FINA OWS3.40 that any casualties can be evacuated to medical facilities at the earliest  
opportunity;

OWS4.41 in conjunction with the Safety Officer, advise the Chief Referee if, in their  
FINA OWS3.41 opinion, conditions are unsuitable for staging the competition and make  
recommendations for the modification of the course or the manner in which the  
competition is conducted.

The **COURSE OFFICER** shall:

OWS4.42 be responsible to the Management Committee for the correct survey of the  
FINA OWS3.42 course,

OWS4.43 ensure the start and finish areas are correctly marked and all equipment has  
FINA OWS3.43 been correctly installed and, where applicable, is in working order;

OWS4.44 ensure all course alteration points are correctly marked, and manned prior to  
FINA OWS3.44 the commencement of the competition;

OWS4.45 with the Referee and Safety Officer inspect the course and markings prior to  
FINA OWS3.45 the commencement of competition;

OWS4.46 ensure that Turn Judges are in position prior to the start of the competition  
FINA OWS3.46 and report this to the Chief Referee.

The **CLERK OF THE COURSE** shall:

OWS4.47 assemble and prepare competitors prior to each event and ensure proper  
FINA OWS3.47 reception facilities at the finish are available for all competitors;

OWS4.48 ensure each competitor is identified correctly with their race number and that all  
FINA OWS3.48 competitors have trimmed fingernails and toenails and are not wearing any  
jewellery, including watches;

OWS4.49 be certain all competitors are present, in the assembly area, at the required  
FINA OWS3.49 time prior to the start;

OWS4.50 keep competitors and officials informed of the time remaining before the start at  
FINA OWS3.50 suitable intervals until the last five minutes, during which one minute warnings  
shall be given;

OWS4.51 be responsible for ensuring that all clothing and equipment left in the start  
FINA OWS3.51 area is transported to the finish area and kept in safekeeping;

OWS4.52 ensure that all competitors leaving the water at the finish have the basic  
FINA OWS3.52 equipment required for their well-being should their own attendants not be  
present at that time.

The **RECORDER** shall:

OWS4.53 record withdrawals from the competition, enter results on official forms, and  
FINA OWS3.53 maintain record for team awards as appropriate.

OWS4.54 Report any violation to the Chief Referee on a signed card detailing the event,  
FINA OWS3.54 the competitor's number and rule infringement.

Each **FEEDING PLATFORM JUDGE** shall:

OWS 4.55 be responsible for the management of the activity and the competitors'  
FINA OWS3.55 authorised representatives present on the platform, in accordance with FINA  
rules.

## **OWS5 THE START**

OWS5.1 All Open Water competitions shall start with all competitors standing on a fixed  
FINA OWS4.1 platform or in water depth sufficient for them to commence swimming on the  
start signal.

- OWS5.1.1 When starting from a fixed platform competitors shall be assigned a position on  
FINA OWS4.1.1 the platform, as determined by random draw.
- OWS5.2 The Clerk of the Course shall keep competitors and officials informed of the  
FINA OWS4.2 time before start at suitable intervals and at one-minute intervals for the last five minutes.
- OWS5.3 When the numbers of entries dictate the start shall be segregated in the Men's  
FINA OWS4.3 and Women's competitions. The Men's event shall always start before the Women's event.
- OWS5.4 The start line shall be clearly defined by either overhead apparatus or by  
FINA OWS4.4 removable equipment at water level.
- OWS5.5 The Chief Referee shall indicate by a flag held upright and short blasts on a  
FINA OWS4.5 whistle when the start is imminent and indicate that the competition is under Starter's orders by pointing the flag at the Starter.
- OWS5.6 The Starter shall be positioned so as to be clearly visible to all competitors.  
FINA OWS4.6
- OWS5.6.1 On the Starter's command "Take your Marks" they shall take up a starting  
FINA OWS4.6.1 position immediately in line with the start line where a platform is not used, or with at least one foot at the front of the platform
- OWS5.6.2 The Starter will give the starting signal when he considers all competitors are  
FINA OWS4.6.2 ready
- OWS5.7 The start signal shall be both audible and visual.  
FINA OWS4.7
- OWS5.8 If in the opinion of the Chief Referee unfair advantage has been gained at the  
FINA OWS4.8 start the offending competitor will be given a yellow or red flag in accordance with OWS 6.3.
- OWS5.9 All escort safety craft shall be stationed prior to the start so as not to interfere  
with any competitor, and, if picking up their competitor from behind shall navigate in such a way as not to manoeuvre through the field of competitors.
- OWS5.10 Although they may start together, in all other respects the men's and  
FINA OWS4.10 women's competitions shall be treated as separate events.

## **OWS6 THE RACE**

FINA OWS6

- OWS6.1 All Open Water competitions shall be Freestyle events and competitors are  
FINA OWS6.1 required to complete the whole course, respecting all designated turning buoys and course boundaries.
- OWS6.2 Race Judges shall instruct any competitor who is, in their opinion, taking unfair  
FINA OWS6.2 advantage by pacing or slip streaming with the escort craft to move clear.

## OWS6.3 Disqualification Procedure

FINA OWS6.3

OWS6.3.1 If in the Opinion of the Chief Referee or Referees, any competitor, or  
FINA OWS6.3.1 competitor's approved representative, or escort safety craft takes advantage by committing any violation of the Rules by making intentional contact with any competitor, the following proceeding shall apply:

### 1<sup>st</sup> Infringement:

A yellow flag and a card bearing the competitor's number shall be raised to indicate and to inform the competitor that he is in violation of the Rules.

### 2<sup>nd</sup> Infringement:

A red flag and a card bearing the competitor's number shall be raised by the Referee (OWS4.6) to indicate and to inform the competitor that he is for the second time in violation of the Rules. The competitor shall be disqualified. He must leave the water immediately and be placed in an escort craft, and take no further part in the race.

OWS6.3.2 If in the opinion of the Referee, an action of a competitor or an escort safety  
FINA OWS6.3.2 craft, or a competitor's approved representative is deemed to be "unsporting" the Referee shall disqualify the competitor concerned immediately.

OWS6.4 Escort safety craft shall manoeuvre so as not to obstruct or place themselves  
FINA OWS6.4 directly ahead of any competitor and not take unfair advantage by pacing or  
slip streaming.

OWS6.5 Escort safety craft shall attempt to maintain a constant position so as to  
FINA OWS6.5 station the competitor at, or forward of, the midpoint of the escort safety craft.

OWS6.6 Standing on the bottom during a race shall not disqualify a competitor, but they  
FINA OWS6.6 may not walk or jump.

OWS6.7 With the exception of Rule OWS6.6 above, competitors shall not receive  
support FINA OWS6.7 from any fixed or floating object and shall not intentionally touch or be  
touched by their escort safety craft or crew therein.

OWS6.7.1 Rendering assistance by an official Medical Officer to a competitor in apparent  
FINA OWS6.7.1 distress should always supersede official rules of disqualification through  
"intentional contact" with a competitor (Rule OWS6.7)

OWS6.8 For races where escort boats are used, each escort safety craft shall contain: a  
FINA OWS6.8 Race Judge, a person of the competitor's choice and the minimum crew  
required to operate the escort safety craft.

- OWS 6.8.1 Each escort safety craft shall display the competitors competition number so as  
FINA OWS6.8.1 to be easily seen from either side of the escort safety craft.
- OWS6.9 Each safety craft shall contain appropriately qualified safety personnel and the  
FINA OWS6.9 minimum crew required to operate the safety craft.
- OWS6.10 No competitor shall be permitted to use or wear any device which may be an  
FINA OWS6.10 aid to their speed, endurance or buoyancy. An approved swimsuit, goggles, a maximum of two (2) caps, nose clip and earplugs may be used.
- OWS6.11 Competitors shall be allowed to use grease or other such substances providing  
FINA OWS6.11 these are not, in the opinion of the Chief Referee, excessive.
- OWS6.12 The pacing of a competitor by another person entering the water is not  
FINA OWS6.12 permitted.
- OWS6.13 Coaching and the giving of instructions by the approved competitor's  
FINA OWS6.13 representative on the feeding platform or in the escort safety craft is permitted. No whistle shall be allowed.
- OWS6.14 When taking sustenance competitors may use Rule OWS6.6 provided Rule  
FINA OWS6.14 OWS6.7 is not infringed.
- OWS6.15 No objects can be thrown from the feeding platform to the competitors,  
including FINA OWS6.15 sustenance. The competitors shall receive their feeding directly from their  
representative by a feeding pole or by hand.
- OWS6.16 Feeding poles are not to exceed 5m in length when extended. No objects  
FINA OWS6.16 rope or wire may hang off the end of feeding poles except for competitors' identification, which is allowed to be attached to the feeding pole but may not exceed the size of 30cm x 20 cm.
- OWS6.17 In all events, time limits shall apply as follows from the finish time of the first  
FINA OWS6.17 competitors:  
15 minutes per 5km (or part thereof) up to a maximum time limit of 120 minutes.
- OWS6.17.1 Competitors who do not finish the course within the time limits shall be FINA  
OWS6.17.1 removed from the water except that the Chief Referee may allow a competitor outside the time limit to complete the course but not be eligible for any points or prizes.
- OWS6.18 Emergency Abandonment  
FINA OWS6.18
- OWS6.18.1 In cases of emergency abandonment of races of 10km or less, the race will be  
FINA OWS6.18.1 restarted from the beginning at the earliest possible moment.

OWS6.18.2 In cases of emergency abandonment for any race of longer than 10km, where  
FINA OWS6.18.2 the race has been underway for at least three (3) hours, the final ranking will be as reported by the Chief Referee. If 3 hours of the race has not been completed, it will be restarted from the beginning at the earliest moment possible.

OWS6.19 Where circumstances do not permit the provisions of OWS 6.18.2 to apply,  
SAL OWS6.17.2 the Chief Referee may declare a result of a race if the lead competitor has completed at least  $\frac{3}{4}$  of the race, the final ranking will be as reported by the Chief Referee.

## **OWS7 THE FINISH OF THE RACE**

SAL OWS7

OWS7.1 The area leading to the finish apparatus should be clearly marked by rows of  
SAL OWS7.1 buoys which narrow as they get closer to the finish wall. Escort safety craft should be stationed at the approach to and entrance of the finish lane to ensure that only the escort safety craft authorised to do so enter or cross this entrance.

OWS7.2 The finish apparatus should, where possible, be a vertical wall at least 5 metres  
SAL OWS7.2 wide fixed if necessary to floatation devices, securely fastened in place so as not to be moved by wind, tide or force of a competitor striking the wall. The

finish

should be filmed and recorded from each side and above by video system with slow motion and recall facilities including timing equipment.

OWS7.2.1 When automatic Officiating Equipment is used for timing of competitions in  
FINA OWS7.2.1 accordance with Rule SW11, microchip transponder technology capable of providing split times is mandatory and should be added to the Equipment. Microchip transponder timing technology will be recorded officially in tenths of seconds. The final places will be determined by the Chief Referee based upon the Finish Judges' report and the finish video tape.

OWS7.2.2 Where microchip transponder technology is used, it is mandatory for all  
SAL OWS7.2.2 competitors to wear a microchip transponder on each wrist throughout the race. If a competitor loses a transponder the Race Judge or other authorised Official, will immediately inform the Chief Referee who will instruct the responsible official on the water to issue a replacement transponder. Any competitor who finishes the race without at least one transponder will be disqualified.

OWS7.2.3 When, at the finish of an Open Water Swimming competition, a  
FINA OWS7.2.3 vertical wall is available, competitors must touch the vertical wall to finish the race. Any competitor who does not touch the vertical wall will be disqualified.

OWS7.3 The Finish Judges and Timekeepers shall be placed so as to be able to  
FINA OWS7.3 observe the finish at all times. The area in which they are stationed should be for their exclusive use.



- OWS7.4  
FINA OWS7.4 Every effort should be made to ensure that the competitors' representative can get from the escort safety craft to meet the competitor as they leave the water.
- OWS7.5  
FINA OWS7.5 Upon leaving the water some competitors may require assistance. Competitors should only be touched or handled if they clearly display a need, or ask for assistance.
- OWS7.6  
FINA OWS7.6 A member of the Medical Team should inspect the competitors as they leave the water. A chair, in which the competitor can sit while an assessment is made,  
should be provided.
- OWS7.7  
FINA OWS7.7 Once cleared by the Medical Member, competitors should be given access to refreshment.

## MULTI CLASS SWIMMING RULES

All Swimming New South Wales Limited (the Company) Multi Class Swimming Championships and Multi Class Swimming competitions shall be governed by IPC, Swimming Australia Limited and SNSW Rules and By-Laws, as determined from time to time, with the exceptions and additions as noted within the following sections.

Applicable IPC rules are referenced with the corresponding IPC rule number according to the IPC Swimming Rules and Regulations 2014-2017.

Applicable SAL Rules are referenced with the corresponding MC rule number according to the SAL Swimming Rules and By Laws.

### **SMC 2 OFFICIALS AND SUPPORT STAFF**

FINA SW2

The Swimming NSW Rules as described in SW2 shall apply with the following exceptions and additions:

#### **SMC 2.1 THE REFEREE**

**SMC 2.1.1** The Referee is responsible for obtaining and implementing the rule exceptions for swimmers with disability competing in the competition  
SAL MC2.1

#### **SMC 2.2 INSPECTOR OF TURNS**

**SMC 2.2.1** For swimmers with a hearing impairment the inspector of turns shall use a visual cue to indicate to the swimmer that they have two lengths to swim to finish in individual events of 800 and 1500m.  
IPC 2.2.7.4.1

**SMC 2.2.2** For swimmers with hearing and visual impairment, the Inspector of Turns shall notify the tapper 15m and two lengths before the completion of the 800 and 1500m events. It shall be the responsibility of the tapper to indicate to the swimmer that they are commencing the final two lengths.  
IPC 2.2.7.4.2

#### **SMC 2.3 SUPPORT STAFF**

IPC 2.15

**SMC 2.3.1** Support Staff is any person designated by the team to assist an athlete logistically or with directional instructions. Support Staff shall not coach the swimmer when providing assistance. Deck access for support staff shall be applied for with the Company.  
IPC 2.15.1  
IPC 2.15.2

**SMC 2.3.2** Support Staff may be required to indicate to the swimmer with a visual impairment that they are approaching the end of the pool by a single or a double tap. This procedure is called 'tapping' and the person is referred to as 'the tapper'. If tapping is required at both ends of the pool, a separate tapper shall be used at each end.  
IPC 2.15.1

- SMC 2.3.3 For S11, SB11, SM11 swimmers a tapper is mandatory for every turn and finish. IPC 2.15.1.1
- SMC 2.3.4 The tapping device must be deemed safe. IPC 2.15.1.2
- SMC 2.3.5 Support staff shall not coach the swimmer while assisting or tapping. If such coaching occurs, the swimmer shall be disqualified. SAL MC 4.5
- SMC 3**  
FINA SW3 **STARTING POSITIONS**  
The Swimming NSW Rules as described in SW3 shall apply with the following exceptions and additions:
- SMC 3.1 Where heats and finals are conducted, heats shall be seeded according to SW3 in the Swimming NSW Swimming Rules. No more than three (3) swimmers from the same classification may contest the finals. SAL CBL6.1
- SMC 3.2 Placings for each event shall be determined using the Multi Class Point Score System. SAL CBL6.1
- SMC 4**  
FINA SW4 **THE START**  
The Swimming NSW Rules as described in SW4 shall apply with the following exceptions and additions
- SMC 4.1 For a swimmer with a visual impairment, on the long whistle from the Referee the swimmer shall be permitted to orientate themselves prior to the Starter's command 'Take your Marks'. IPC 3.1.3.1
- SMC 4.2 The swimmer who has balance problems i.e. standing stationary, may have assistance to balance them self on the starting platform i.e. hold at the hips, hand, arm etc., by one Support Staff. Support Staff may aid the swimmer to remain stationary at the start; however the Support Staff shall not allow the swimmer unfair advantage by being held beyond the 90 degrees vertical position on the starting platform. Giving momentum to the swimmer at the start is not permitted. IPC 3.1.3.2
- SMC 4.3 A swimmer may be permitted to start beside the starting platform. IPC 3.1.3.3  
SAL MC 3.3
- SMC 4.4 A swimmer may be permitted to take up a sitting position on the starting platform. IPC 3.1.3.4  
SAL MC3.4
- SMC 4.5 A swimmer may be permitted to start in the water but is required to have one hand in contact with the starting place until the starting signal is given. Standing in or on the gutter or on the bottom is prohibited. IPC 3.1.3.5  
SAL MC3.5

- SMC 4.6** Sport Class 1-3 swimmers are permitted to have their foot/feet held to the wall until the starting signal is given. Giving momentum to the swimmer at the start is not permitted.  
IPC 3.1.3.6  
SAL MC3.5
- SMC 4.7** Where a swimmer is unable to grip the starting place in a water start, the swimmer may be assisted by a Support Staff and/or starting device. The device shall be cleared and deemed safe by the Meet Director/Technical Manager prior to the commencement of the competition. Giving momentum to the swimmer at the start is not permitted. The swimmer shall have some part of the body in contact with the wall until the starting signal is given  
IPC 3.1.3.7  
SAL MC3.7
- SMC 4.8** To prevent abrasion, one layer of towel, or the like, may be placed on the starting platform.  
IPC 3.1.3.8  
SAL MC3.8
- SMC 4.9** In the case of a class 15 swimmer, Support Staff shall be permitted to convey the starting signal to the swimmer by the use of a non-verbal instruction when no starting light is available.
- SMC 4.10** In the case of a swimmer of classes 1-14 or class 16, who additionally is deaf, Support Staff shall be permitted to convey the starting signal to the swimmer by the use of a non-verbal instruction when no starting light is available.  
IPC 3.1.7  
IPC 3.1.8  
SAL MC3.10  
SAL MC3.11
- SMC 5** **FREESTYLE**  
FINA SW5  
The Swimming NSW Rules as described in SW5 shall apply with the following exceptions and additions
- SMC 5.1** For S1-5 swimmers swimming on their back, during each complete stroke cycle some part of the swimmer must break the surface of the water. One stroke cycle is defined as one full rotation of the shoulder joint(s) and/or one complete up and down movement of the hip joint(s).  
IPC 3.2.3.1  
SAL MC5.1
- SMC 6** **BACKSTROKE**  
FINA SW6  
The Swimming NSW Rules as described in SW6 shall apply with the following exceptions and additions
- SMC 6.1** Where a swimmer is unable to hold both starting grips, it is permissible to hold the grips with one hand only.  
IPC 3.3.1.1  
SAL MC6.1
- SMC 6.2** Where a swimmer is unable to hold either starting grip, it is permissible to hold the end of the pool.  
IPC 3.3.1.2  
SAL MC6.2

- SMC 6.3**  
IPC 3.3.1.3  
SAL MC6.3  
Where a swimmer is unable to hold the starting grips or the end of the pool, the swimmer may be assisted by a Support Staff or starting device. This device shall be cleared and deemed safe by the Meet Director/Technical Manager. Giving momentum to the swimmer at the start is not permitted. The swimmer shall have part of the body in contact with the wall until the starting signal is given.
- SMC 6.4**  
IPC 3.3.3.1  
SAL MC6.4  
For S1-5 swimmers, during each complete stroke cycle some part of the swimmer must break the surface of the water. One stroke cycle is defined as one full rotation of the shoulder joint(s) and/or one complete up and down movement of the hip joint(s).
- SMC 6.5**  
IPC 3.3.4.1  
SAL MC6.5  
For a swimmer who has no arms or use of his/her arms during the turn, once the body has left the position on the back, the turn shall be initiated. The swimmer must have returned to a position on the back upon leaving the wall.
- SMC 7 BREASTSTROKE**  
FINA SW7  
The Swimming NSW Rules as described in SW7 shall apply with the following exceptions and additions
- SMC 7.1**  
IPC 3.4.1.1  
SAL MC7.1  
After the start and after each turn, a swimmer who is unable to push off with the leg/s, may perform one arm stroke that may not be simultaneous or on the horizontal plane to attain the breast position.
- SMC 7.2**  
IPC 3.4.2.1  
SAL MC7.2  
When a swimmer does not have any legs or arms or parts thereof, either the kick or the respective arm stroke shall constitute a complete stroke cycle.
- SMC 7.3**  
IPC 3.4.3.1  
SAL MC7.5  
Swimmer with a visual impairment approaching a turn or finish may push their hands forward from any point in the stroke cycle immediately after they have been tapped.
- SMC 7.4**  
IPC 3.4.4.1  
SAL MC7.5  
A swimmer with lower limb impairment must show intent of simultaneous movement and show intent to kick in the same horizontal plane throughout the race or trail/drag the leg/s throughout the race.
- SMC 7.5**  
IPC 3.4.5.1  
SAL MC7.6  
A swimmer who is unable to use one or both legs and/or foot/feet to gain normal propulsion shall not be required to turn the affected foot/feet outwards during the propulsive part of the kick.
- SMC 7.6**  
IPC 3.4.6.1  
SAL MC7.7  
At each turn and the finish of the race where a swimmer has different arm lengths only the longer arm must touch the wall, but both arms must be stretched forward simultaneously.
- SMC 7.7**  
IPC 3.4.6.2  
SAL MC7.8  
At each turn and at the finish of the race a swimmer with upper limbs too short to stretch above the head shall touch the wall with any part of the upper body.

**SMC 7.8** At each turn and the finish of the race, where a swimmer uses only one arm for the stroke cycle the swimmer may touch with one hand/arm only.  
IPC 3.4.6.3  
SAL MC7.9

**SMC 7.9** At each turn and the finish of the race, where the swimmer who uses both arms but has restriction in the shoulder/elbow only the longer arm must touch the wall, but both arms must be stretched forward simultaneously.  
IPC 3.4.6.4  
SAL MC7.10

**SMC 7.10** SB11-12 swimmers may have difficulty making a simultaneous touch at the turn and the finish if they are restricted due to contact with the lane rope, the swimmer shall not be disqualified provided that no advantage was gained.  
IPC 3.4.6.5  
SAL MC7.11

## **SMC 8**

FINA SW8

### **BUTTERFLY**

The Swimming NSW Rules as described in SW8 shall apply with the following exceptions and additions

**SMC 8.1** After the start and after each turn, a swimmer who is unable to push off with the leg/s may perform one arm stroke that may not be simultaneous to attain the breast position.  
IPC 3.5.1.1  
SAL MC8.1

**SMC 8.2** S11-12 swimmers may have difficulty bringing both arms forward together if they are restricted due to contact with the lane rope; the swimmer shall not be disqualified provided that no advantage was gained.  
IPC 3.5.2.1  
SAL MC8.2

**SMC 8.3** Swimmers with a visual impairment approaching a turn or finish may bring their arms forward under the water immediately after they have been tapped.  
IPC 3.5.2.2  
SAL MC8.3

**SMC 8.4** Where part of an arm is missing, the remaining part of the arm shall be brought forward together with the other arm.  
IPC 3.5.2.3  
SAL MC8.4

**SMC 8.5** Where a swimmer uses one arm for the arm stroke, the arm shall be brought forward over the water.  
IPC 3.5.2.4  
SAL MC8.5

**SMC 8.6** When a swimmer's impairment results in only one leg being used the non-functional leg shall drag.  
IPC 3.5.3.1  
SAL MC8.6

INTERPRETATION: "shall drag" means that the leg is not providing any propulsion but may follow the undulating hip line and appear to be alternating.

**SMC 8.7** At each turn and the finish of the race where a swimmer has different arm lengths only the longer arm must touch the wall, but both arms must be stretched forward simultaneously.  
IPC 3.5.4.1  
SAL MC8.7

**SMC 8.8** At each turn and at the finish of the race, a swimmer with no or non-functional upper limbs or upper limbs too short to stretch above the head, shall touch the wall with any part of the upper body.  
IPC 3.5.4.2  
SAL MC8.8

**SMC 8.9** At each turn and the finish of the race, where a swimmer uses one arm for the arm stroke, the swimmer may touch with one hand/arm only.  
IPC 3.5.4.3  
SAL MC8.9

**SMC 8.10** At each turn and the finish of the race, where the swimmer who uses both arms but has restriction in the shoulder/elbow only the longer arm must touch the wall, but both arms must be stretched forward simultaneously.  
IPC 3.5.4.4  
SAL MC8.10

**SMC 8.11** S11-12 swimmers may have difficulty making a simultaneous touch at the turn and finish if they are restricted due to contact with the lane rope. The swimmer shall not be disqualified provided that no advantage was gained.  
IPC 3.5.4.5  
SAL MC8.11

**SMC 8.12** At the turn and finish, swimmers with no leg function may perform a half stroke with the arm/s recovering forward under the surface of the water, in order to contact the wall.  
IPC 3.5.4.6  
SAL MC8.12

## **SMC 9 MEDLEY SWIMMING**

FINA SW9

The Swimming NSW Rules as described in SW9 shall apply with the following exceptions and additions

**SMC 9.1** In the 150m and 75m individual medley events, the swimmer covers three swimming strokes in the following order: Backstroke, Breaststroke and Freestyle. Each of the strokes must cover one third (1/3) of the distance.  
IPC 3.6.1.1  
SAL MC9.1

## **SMC 10 THE RACE**

FINA SW10

The Swimming NSW Rules as described in SW10 shall apply with the following exceptions and additions

**SMC 10.1** Should a swimmer with a visual impairment inadvertently surface in the wrong lane after a start or executing a turn and the swimmer has surfaced in a lane not in use, the swimmer shall be permitted to complete the race in that lane. If it is necessary for the swimmer to return to the correct lane the 'tapper' may give verbal instructions, but only after clearly identifying the swimmer by name to prevent distraction or interference to other swimmers.  
IPC 3.8.3.1  
SAL MC10.1

**SMC 10.2** S11, SB11 & SM11 swimmers, with the exception of those with prosthetics in both eyes, shall be required to wear opaque (blackened in) goggles for competition. S11, SB11 SM11 swimmers whose facial structure will not support goggles shall be required to cover the eyes with an opaque covering. The goggles of the S11, SB11 SM11 swimmers shall be checked at the finish of the relevant event.  
IPC 3.8.8  
SAL MC10.2

- SMC 10.3 In the event that the goggles accidentally fall off during the dive or break during the race, the swimmer shall not be disqualified.  
IPC 3.8.8.1  
SAL MC10.3
- SMC 10.4 No swimmer shall be permitted to use prostheses, except ocular or orthoses during a race.  
IPC 3.8.8.9  
SAL MC10.3
- SMC 10.5 Relay teams are based on a point score. The sport class of an individual swimmer is worth the actual number value i.e. sport class S6 is worth six (6) points, sport class SB12 is worth twelve (12) points, etc.  
IPC 3.7.6  
SAL MC8.5
- SMC 10.5.1 Relay Event Point List.  
IPC 2.18.1  
SAL MC10.5.1
- 4 x 50m Freestyle Maximum 20 points for S1-S10
  - 4 x 50m Mixed Freestyle Maximum 20 points for S1-S10
  - 4 x 100m Freestyle Maximum 34 points for S1-S10, S14
  - 4 x 50m Medley Maximum 20 points for S1-S10
  - 4 x 100m Medley Maximum 34 points for S1-S10, S14
  - 4 x 50m Freestyle Maximum 49 points for S11-S13
  - 4 x 100m Freestyle Maximum 49 points for S11-S13
  - 4 x 50m Medley Maximum 49 points for S11-S13
  - 4 x 100m Medley Maximum 49 points for S11-S13
- SMC 10.6 In a relay event a swimmer may commence in the water. The swimmer may not lose hand/feet contact with the starting place until such time as the preceding team member touches the wall otherwise the swimmer shall be disqualified.  
IPC 3.7.8.1  
SAL MC10.6
- SMC 10.7 A swimmer, in a relay event, who is to commence with a water start, may enter the water only when the preceding take off at the same end has been executed.  
IPC 3.7.9.1  
SAL MC10.7
- SMC 10.8 The tapper is able to convey to the swimmer the relay changeovers and convey the position/place of the relay. An extra tapper may be required, one for tapping the swimmer completing the leg of the relay and one tapper for conveying the changeover. No coaching is permitted.  
IPC 3.7.10  
SAL MC10.8
- SMC 10.9 The names of the swimmers and their sport class must be nominated in the order in which they are to swim, and for swimmers in medley relay events must be listed for their respective strokes. Failure to swim in the order listed will result in disqualification. Substitutions may be made only in the case of a medical withdrawal.  
IPC 3.7.4  
SAL MC10.9
- SMC 10.10 The reserve/s for relays are to be named on the relay declaration form identifying the sport class of the swimmer/s and in the case of the medley relays also the stroke that is to be performed.  
IPC 3.7.5  
SAL MC10.10



SMC 10.11 Class 1-5 swimmers may stay in their lane until the last swimmer of the team  
IPC 3.8.11.1 has completed the race. A swimmer remaining in the water shall move a short  
SAL MC10.11 distance away from the end of the pool, close to the lane rope but shall not  
obstruct another swimmer in another lane.

SMC 10.12 For swimmers with visual impairment, should an accidental foul occur during a  
IPC 3.8.7.1 race, caused by a swimmer either surfacing after the start or turn, in a lane that  
SAL MC10.12 is in use by another swimmer, or by swimming too close to the lane rope, etc.,  
the Referee shall have the power to allow one or all swimmers to re-swim the  
event. If the foul occurs in a final, the referee may order the final to be re-  
swum.

## **SMC 12 SWIMMING RECORDS - RECORD ATTEMPTS AND APPLICATIONS FOR RECORDS**

Swimmers with disability can achieve Australian and IPC World Records at Company sanctioned meets, subject to the applicable SAL and IPC Rules.