



RYDE CARLILE
SWIMMING CLUB

Long Course Qualifying Meet

RYDE CARLILE CLUB CHALLENGE CUP

SUNDAY 9TH OCTOBER 2022

Sydney Olympic Park Aquatic Centre

Warm Up: 7.30am

Start: 8.30am

**** ENTRIES LIMITED to 2500 ****

M	F	QT	Age	Dist	Stroke
1	2	**	All Age	200	Back (TT)
3 (Mixed)			Open MD	50	Free
5	6	1:00:00	8&U	50	Back
7	8	55:00	9/10	50	Back
9	10	50:00	11/12	50	Back
11	12	45:00	13/14	50	Back
13	14	40:00	15&O	50	Back
15 (Mixed)			Open MD	50	Back
17	18	1:40:00	10 & U	100	Back
19	20	1:35:00	11/12	100	Back
21	22	1:30:00	13/14	100	Back
23	24	1:25:00	15&O	100	Back
25	26	**	All Age	200	Fly (TT)
27 (Mixed)			Open MD	50	Breast
29	30	1:00:00	8&U	50	Fly
31	32	55:00	9/10	50	Fly
33	34	50:00	11/12	50	Fly
35	36	45:00	13/14	50	Fly
37	38	40:00	15&O	50	Fly
39 (Mixed)			Open MD	50	Fly
41	42	1:40:00	10 & U	100	Fly
43	44	1:35:00	11/12	100	Fly
45	46	1:30:00	13/14	100	Fly
47	48	1:25:00	15&O	100	Fly

M	F	QT	Age	Dist	Stroke
49	50	**	12&U	200	IM
51	52	**	13&O	200	IM
53	54	50:00	8&U	50	Free
55	56	45:00	9/10	50	Free
57	58	40:00	11/12	50	Free
59	60	35:00	13/14	50	Free
61	62	32:50	15&O	50	Free
63	64	1:40:00	10 & U	100	Free
65	66	1:30:00	11/12	100	Free
67	68	1:20:00	13/14	100	Free
69	70	1:10:00	15&O	100	Free
71	72	**	All Age	200	Free (TT)
73	74	1:05:00	8&U	50	Breast
75	76	1:00:00	9/10	50	Breast
77	78	55:00	11/12	50	Breast
79	80	50:00	13/14	50	Breast
81	82	45:00	15&O	50	Breast
83	84	1:50:00	10 & U	100	Breast
85	86	1:45:00	11/12	100	Breast
87	88	1:40:00	13/14	100	Breast
89	90	1:35:00	15&O	100	Breast
91	92	**	All Age	200	Breast (TT)

TT = Time Trial

**QT	BOYS						GIRLS				
	Age	200 Free	200 Back	200 Breast	200 Fly	200 IM	200 Free	200 Back	200 Breast	200 Fly	200 IM
10&U	2:50.50	3:10.00	3:37.00	3:15.00	3:08.50	2:56.00	3:08.00	3:37.20	3:17.50	3:17.50	
11	2:42.00	3:10.00	3:37.00	3:14.50	3:04.50	2:45.00	3:08.00	3:35.00	3:15.00	3:05.00	
12y	2:34.50	2:57.50	3:22.00	3:00.00	2:56.00	2:37.00	2:59.00	3:25.00	3:08.00	2:57.50	
13y	2:30.00	2:55.00	3:16.50	2:52.50	2:50.00	2:34.00	2:55.00	3:21.50	3:05.00	2:55.00	
14y	2:21.00	2:45.00	3:06.50	2:46.50	2:44.00	2:29.50	2:52.00	3:18.00	2:58.50	2:51.00	
15y	2:18.00	2:42.00	3:04.50	2:43.00	2:38.00	2:28.50	2:52.00	3:16.50	2:55.00	2:50.00	
16y	2:16.00	2:41.00	3:01.50	2:38.00	2:35.00	2:28.00	2:51.00	3:16.00	2:54.50	2:50.00	
17&O	2:12.00	2:38.00	2:57.50	2:34.00	2:34.00	2:28.00	2:51.00	3:14.30	2:51.00	2:48.50	

CONDITIONS OF ENTRY

Meet conducted under the rules of SNSW Ltd and is an Area approved meet. One start rule will apply.

A LUNCH BREAK will be taken at the discretion of the Meet Director. The Meet Director reserves the right to amend program & conditions.

Entries:

- Open: **3rd September 2022**
- Close: **when 2500 entries reached**, but no later than **30/9/2022**
- \$10.00 per individual event (Includes downloadable program)
- Age: as of 9 October 2022
- Entries are **online** via Swim Central
- A no refunds policy applies
- **NO LATE ENTRIES**

Enquiries: ryde.carlile@gmail.com

Pool Entry: FREE

Program: Download from www.ryde.swimming.org.au

Awards:

- Medals for 1st, 2nd, 3rd place for 8 & Under, 9, 10 & 10 & Under, 11, 12, 13, 14, 15 & Over.
- 200 IM awards for 12 & Under and 13 & Over
- No awards for time trial (TT) events
- Club points awarded to 20th place

Results: Available on Meet mobile and post-meet on our website and forwarded to Swimming NSW
<https://ryde.swimmingclub.org.au/>