



RYDE CARLILE
SWIMMING CLUB

Long Course Qualifying Meet

RYDE CARLILE CLUB CHALLENGE CUP

SUNDAY 13TH OCTOBER 2019

Sydney Olympic Park Aquatic Centre

Warm Up: 7.30am

Start: 8.30am

**** ENTRIES LIMITED to 2500 ****

M	F	QT	Age	Dist	Stroke
1	2	**	All Age	200	Back(TT)
3 (Mixed)			Open MD	50	Free
5	6	1:00:00	8&U	50	Back
7	8	55:00	9/10	50	Back
9	10	50:00	11/12	50	Back
11	12	45:00	13/14	50	Back
13	14	40:00	15&O	50	Back
15 (Mixed)			Open MD	50	Back
17	18	1:40:00	10 & U	100	Back
19	20	1:35:00	11/12	100	Back
21	22	1:30:00	13/14	100	Back
23	24	1:25:00	15&O	100	Back
25	26	**	All Age	200	Fly (TT)
27 (Mixed)			Open MD	50	Breast
29	30	1:00:00	8&U	50	Fly
31	32	55:00	9/10	50	Fly
33	34	50:00	11/12	50	Fly
35	36	45:00	13/14	50	Fly
37	38	40:00	15&O	50	Fly
39 (Mixed)			Open MD	50	Fly
41	42	1:40:00	10 & U	100	Fly
43	44	1:35:00	11/12	100	Fly
45	46	1:30:00	13/14	100	Fly
47	48	1:25:00	15&O	100	Fly

M	F	QT	Age	Dist	Stroke
49	50	**	12&U	200	IM
51	52	**	13&O	200	IM
53	54	50:00	8&U	50	Free
55	56	45:00	9/10	50	Free
57	58	40:00	11/12	50	Free
59	60	35:00	13/14	50	Free
61	62	32:50	15&O	50	Free
63	64	1:40:00	10 & U	100	Free
65	66	1:30:00	11/12	100	Free
67	68	1:20:00	13/14	100	Free
69	70	1:10:00	15&O	100	Free
71	72	**	All Age	200	Free (TT)
73	74	1:05:00	8&U	50	Breast
75	76	1:00:00	9/10	50	Breast
77	78	55:00	11/12	50	Breast
79	80	50:00	13/14	50	Breast
81	82	45:00	15&O	50	Breast
83	84	1:50:00	10 & U	100	Breast
85	86	1:45:00	11/12	100	Breast
87	88	1:40:00	13/14	100	Breast
89	90	1:35:00	15&O	100	Breast
91	92	**	All Age	200	Breast (TT)

TT = Time Trial

**QT	BOYS						GIRLS				
	Age	200 Free	200 Back	200 Breast	200 Fly	200 IM	200 Free	200 Back	200 Breast	200 Fly	200 IM
2017 LC State + 10sec	10&U	2:43.50	3:06.00	3:34.00	3:15.00	3:16.00	2:45.00	3:08.00	3:35.00	3:16.10	3:17.00
	11	2:43.50	3:06.00	3:34.00	3:15.00	3:06.50	2:45.00	3:08.00	3:35.00	3:16.10	3:06.50
	12y	2:36.00	2:59.00	3:22.00	3:06.00	2:57.50	2:38.00	3:00.00	3:24.50	3:10.00	2:58.00
	13y	2:28.00	2:49.00	3:11.50	2:53.00	2:46.00	2:32.00	2:53.00	3:19.50	3:01.00	2:53.00
	14y	2:22.00	2:42.00	3:05.00	2:46.50	2:39.00	2:29.00	2:52.50	3:18.00	2:57.50	2:49.00
	15y	2:19.00	2:42.00	3:02.50	2:41.00	2:37.00	2:29.00	2:52.00	3:16.50	2:55.00	2:50.00
	16y	2:17.00	2:41.00	3:01.50	2:38.00	2:35.00	2:29.00	2:51.00	3:16.00	2:54.50	2:50.00
	17&O	2:13.00	2:38.00	2:57.50	2:34.00	2:35.00	2:29.00	2:51.00	3:14.30	2:51.00	2:48.50

CONDITIONS OF ENTRY

Meet conducted under the rules of SNSW Ltd and is an Area approved meet. One start rule will apply.

A LUNCH BREAK will be taken at the discretion of the Meet Director. The Meet Director reserves the right to amend program & conditions.

Entries:

- Open: **1st August 2019**
- Close: **when 2500 entries reached**, but no later than **Friday 13th Sept 2019**
- \$10.00 per individual event (Includes downloadable program)
- Age: as at 13 October 2019
- Entries are **online** via Ryde Carlile Swimming Club website:
www.ryde.swimming.org.au
- A no refunds policy applies

Pool Entry: Adults, Swimmers & Children FREE

Program: Download from www.ryde.swimming.org.au

- Awards:** Medals for 1st, 2nd, 3rd place for 8 & Under (50m events only), 9 & Under, 10, 11,12,13,14,15 & Over.
- 200 IM awards for 12 & Under and 13 & Over
 - No awards for time trial (TT) events
 - Club points awarded to 20th place

Results: Available on Meet mobile and post-meet on our website and forwarded to Swimming NSW

Enquiries: Shane Gibson 0401 690 692 WWW.ryde.swimming.org.au