



The Hills 2024 LC Qualifying Meet
Sunday 3rd March 2024
Waves Aquatic Centre, Baulkam Hills



WARM UP 8:00am

Entries Limited 1800 entries

START TIME 9AM

M	F	AGE	DISTANCE	STROKE	QT
1	2	OPEN	400M	IM	6:00
3	4	10 & U	50M	FLY	1:10
5	6	11/12 Yrs	50M	FLY	0:55
7	8	13 & O	50M	FLY	0:45
9	10	OPEN	200M	BREAST	3:30
11	12	12 & U	100M	FREE	1:40
13	14	13 & O	100M	FREE	1:20
15	16	10 & U	50M	BACK	1:05
17	18	11/12 Yrs	50M	BACK	0:50
19	20	13 & O	50M	BACK	0:45
21	22	OPEN	200M	FLY	3:00
23	24	12 & U	100M	BREAST	2:00
25	26	13 & O	100M	BREAST	1:40
27	28	OPEN	400M	FREE	5:20

M	F	AGE	DISTANCE	STROKE	QT
29	30	12 & U	200M	IM	3:30
31	32	13 & O	200M	IM	2:55
33	34	12 & U	100M	BACK	1:55
35	36	13 & O	100M	BACK	1:40
37	38	10 & U	50M	BREAST	1:10
39	40	11/12 Yrs	50M	BREAST	1:00
41	42	13 & O	50M	BREAST	0:50
43	44	OPEN	200M	FREE	2:50
45	46	12 & U	100M	FLY	1:50
47	48	13 & O	100M	FLY	1:40
49	50	10 & U	50M	FREE	1:00
51	52	11/12 Yrs	50M	FREE	0:50
53	54	13 & O	50M	FREE	0:40
55	56	OPEN	200	BACK	3:05

Enquires: thehillsfnc@gmail.com

CONDITIONS OF ENTRY:

*This Meet is conducted under the rules of SNSW and is Area Approved.

*The meet director reserves the rights to amend the program and conditions of entry

*Entries Open: 14/01/24

***Entries Close: Wed 21st Feb or until timeline reached for 4pm finish**

***Cost:** \$10.5 per event includes compulsory \$1.50 per event. Entry to venue payable at the gate.

Refunds will not be given unless in accordance with the SNSW refund policy.

https://nsw.swimming.org.au/sites/default/files/assets/documents/SNSW%20Refund%20Policy%20-%20December%202018_2.pdf

***Age:** As at 3rd March 2024

Entries: <https://swimcentral.swimming.org.au/>

*All events are timed finals, and a one start rule applies. Automatic timing w/touch pads will be used.

*Final results will be uploaded to swim central. Preliminary results will appear on meet mobile.

***Awards:** Will be presented to 1st, 2nd & 3rd places in the following age groups to 10/U, 11, 12, 13, 14, 15 & over

*OPEN Events will be awards will be presented to the first 3 place getters over all.

* NO Awards for T/T (Time Trial) Events

*Lunch break to be taken at the discretion of the meet director and the director reserves the right to amend program and conditions.

*Visiting Clubs may be requested to assist with Time Keeping.

* Program will be available online on Friday prior to the event.

By entering competitors or their guardians are declaring the entrant is fit to compete, in the event of a medical incident a medical clearance will need to be provided and the meet director has sole authority to adjudicate