

**HOSTED BY:** 



## NEPEAN AQUATIC CENTRE SWIM CLUB OPEN WATER MEET

**PROUDLY SPONSORED BY:** 





DATE:		SUNDAY 3 <sup>RD</sup> NOVEMBER 2024				
VENUE:	Sydney International Regatta Centre (SIRC), Penrith Lakes, Castlereagh Road, Penrith					
	1.0 Km Introductory Event	BRIEFING: 08:00 AM	EVEN	T START: 08:30AM*		
START TIME:	2.5 Km Junior Event	BRIEFING: 09:00 AM	EVENT START: 09:10AM*			
	5.0 Km Event	BRIEFING: 09:30 AM	EVEN	EVENT START: 10:00AM*		
	* START TIMES MAY CHANGE ONCE FINAL ENTRY NUMBERS IN EACH DISTANCE HAVE BEEN CONFIRMED.					
DISTANCE:	1.0 km Wetsuits / triathlon speed suits category (minimum age 10 years)					
	1.0 km Introductory Event (minimum age 10 years)					
	2.5 km Junior Event (Age 11 to 15 years)					
	5.0 km (minimum age 12 years)					
ENTRIES	Online entries close Wednesday 21 <sup>st</sup> October, 2024 at 5.00pm					
	Entries are via Swim Central for registered Swimmers					
	https://swimcentral.swimming.org.au/					
	1km Introductory Event and Wetsuit/Triathlon Speedsuits & 5km non registered swimmers can register via the below link.					
	TBC if still going ahead.					
	WAIVER MUST BE SUBMITTED ONLINE – THIS IS COMPULSORY.					
WAIVER:	TBC					
ENTRY FEE:	\$25.00** for 1.0km event	\$40.00** for 2.5 Km Junior e	vent	\$50.00** for 5km event		



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LATE ENTRIES:	Late Entries will be taken on the day Sunday 3 <sup>rd</sup> November 2024				
LATE ENTRY FEE:	\$30.00** for 1.0km event \$4	45.00** for 2.5 Km Junior E	vent \$55.00** for 5 km event		
LATE REGISTRATION TIMES:	1km event 07:15AM to 8.00AM.				
	2.5km & 5km events 07:30 AM to 08:15 AM.				
PRIZE MONEY:	2.5km Event (Male and Female Overall) Sponsored by Nepean Aquatic Centre				
	1st \$150 21	nd \$75	3rd \$25		
	5.0km event (Male and Female Overall) Sponsored by SITECH				
	1st \$500 21	nd \$250	3rd \$100		
	Highest Point Scoring Club				
	\$500 + Trophy				
MEDALS:	Medals will be awarded in the following categories:				
	1.0 Km Wetsuits/Triathlon Speed Suits Category	1st, 2nd and 3rd Male and Female Overall			
	1.0 Km Introductory Event	10-11 yrs, 12-13 yrs, 14-15 yrs, 16-19 yrs, 20-29 yrs, 30- 39yrs, 40-49yrs , 50-59yrs , 60 yrs & Over Male and Female			
	2.5Km Junior Event	11, 12, 13, 14, 15 Yrs Male and Female			
	5Km Event	12-13 yrs, 14-15 yrs, 16-19 yrs, 20-29 yrs, 30-39yrs, 40- 49yrs, 50-59yrs , 60 yrs & Over Male and Female.			
INFORMATION:	Further information can be obtained by contacting the Race Secretary:-				
	Amanda Nicholls – nacsci.racescretary@gmail.com				
**Refunds will not be issued for ineligible entries/change of mind. Medical Certificate to be supplied if injured or unwell.					