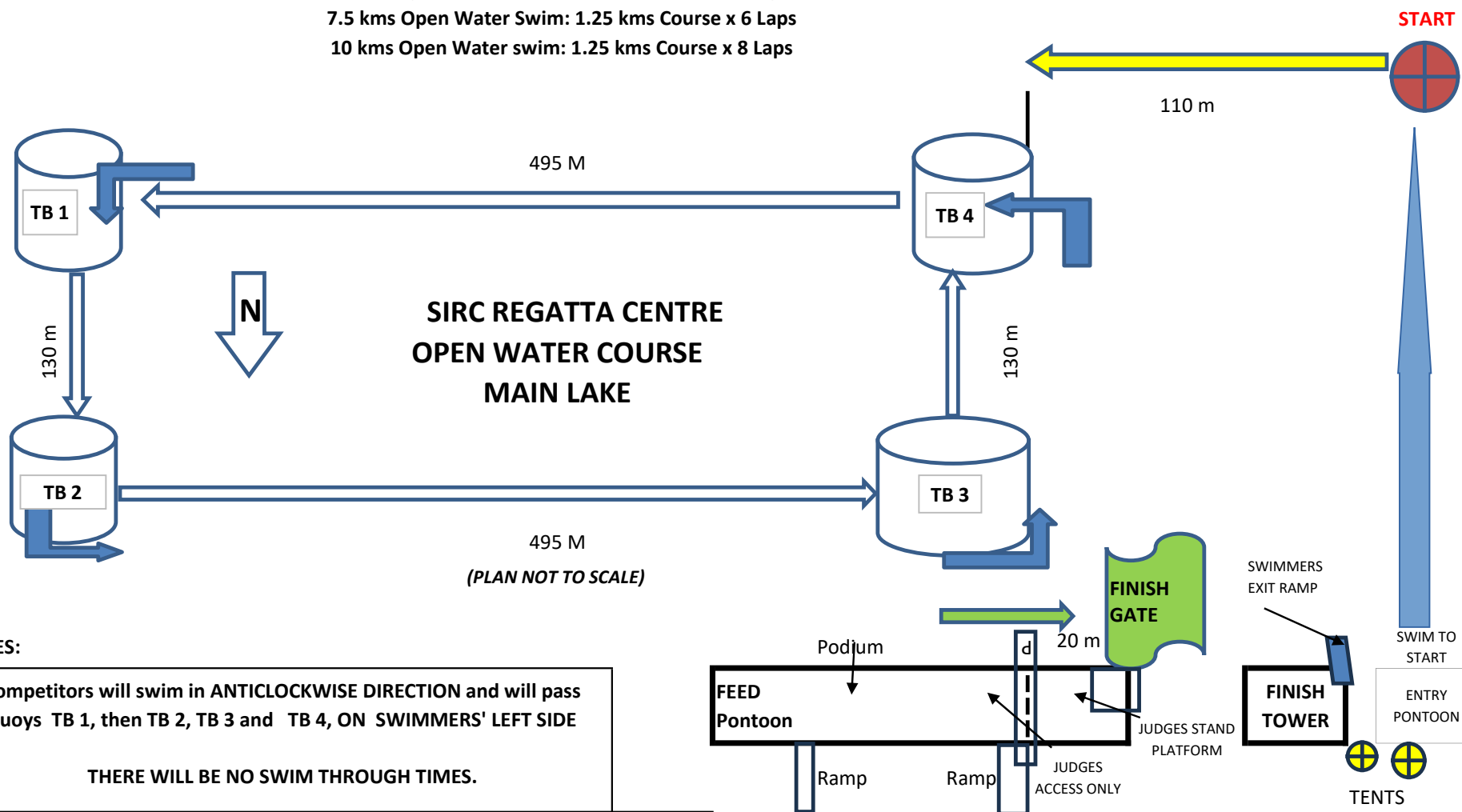


# OPEN WATER CHAMPIONSHIPS

SATURDAY 14th and SUNDAY 15th DECEMBER 2024

2.5 kms Open Water swim: 1.25 kms course x 2 lap  
 5 kms Open Water swim: 1.25 kms Course x 4 Laps  
 7.5 kms Open Water Swim: 1.25 kms Course x 6 Laps  
 10 kms Open Water swim: 1.25 kms Course x 8 Laps



## NOTES:

Competitors will swim in **ANTICLOCKWISE DIRECTION** and will pass Buoys TB 1, then TB 2, TB 3 and TB 4, **ON SWIMMERS' LEFT SIDE**

**THERE WILL BE NO SWIM THROUGH TIMES.**

At **END** of event, **ALL COMPETITORS MUST SWIM THROUGH AND TOUCH PAD AT FINISH GATE.**

**FEED** for Swimmers in 7.5 kms and 10 kms, **ONLY, OCCURS ON PONTOON, EAST OF FINISH TOWER, ANYTIME AFTER START OF EVENTS, BY ACCREDITED FEEDERS ONLY.**

**NO ACCESS TO PUBLIC ON PONTOON**