

## News from the **Technical Swimming Committee**

Welcome to the December 2018 Edition of the Technical Swimming Committee Newsletter.

### **Vale**

It is with considerable sadness that the TSC advises of the recent passing of Phil Johnston. Phil, a former State Teams attendee for Swimming NSW was a committed member of West Wallsend Indoor SC who was always there with a smile and a joke to help set up in the mornings, and always the last to leave after helping to pack up all the gear after the meet concluded. He was especially happy in the role of Starter at which he was very experienced.

The TSC wishes to pass on its sincere condolences to Phil's family and many friends.

### **Congratulations**

Congratulations to Dave Cooper who recently officiated at the Swimming World Cup in Tokyo. From all reports it was a fantastic meet, with Dave Starting a number of World Cup records.

Congratulations also to Christine Etter, Faye Lewis, John Hart, Murray Smith, Peter Shell and Phil Jobling who were all appointed to the National Short Course Championships held in Melbourne.

### **Dolphin Training**

Click [HERE](#) to register for a free ½ day training course on the use of the Dolphin Timing System, to be held at the Swimming NSW Office in Homebush. This course will take place on Saturday January 19<sup>th</sup>.

### **Australian Swimming Championships**

Swimming Australia is calling for Technical Official nominations for the 2019 Hancock Prospecting Australian Age Swimming Championships and the Australian Swimming Championships, to be held at the SA Aquatic and Leisure Centre in April next year. Note that nominations for the Australian Championships and the Australian Age Championships have been called separately.

Nominations must be submitted on line for the Australian Age Championships and Nominations close at midnight Monday 10<sup>th</sup> December 2018. If you have missed these previous emails to register, please contact [Josh Karp](#).

### **BBQ**

A reminder that following the conclusion of the morning session of Senior State Age on Sunday 16 December (from around 1.15pm onwards) SNSW will be hosting a gourmet BBQ in the Leisure Garden Area (out back of the Café at ground level) to thank Technical Officials for their efforts during the past year.

If you have nominated for 16<sup>th</sup> December and do not plan to attend the BBQ, for catering purposes, could you please advise [Josh Karp](#).

## My Lane – Nick Keith

### 1. What Club did you start your swimming career?

I joined Windsor Swim Club in 2008 after my younger brother had been swimming with the club for a couple of years.

### 2. What Club are you with now?

I've remained at Windsor Swim Club since joining.

### 3. What was your first TO credential and what year did you attain that credential?

As with many officials, my first credential was Timekeeper and I achieved it in 2008. My second credential however was the now rare Finish Judge, as at that time my club always used a Finish Judge at club nights.

### 4. Why did you become an official?

After going to club night a few times to support my brother, my mum suggested I try timekeeping. Some of the people who I'd already been talking to were timekeeping as well, so it was just a different place to spend the club night. A few months later I was timekeeping regularly, so I did the theory course with about ten other club members and then got assessed to become official.

### 5. Why do you still officiate?

I continue officiating for several reasons. The biggest draw to me is the socialising and friendships. No matter which meet I'm at, there are different people to talk to. I also just enjoy the volunteering aspect of officiating, it feels good to give to the community in some way. I've also been a part of my club and area committees for some time now as another way to stay involved. Officiating has also given me the opportunity to travel, which I've enjoyed more than I expected I would. Most importantly, I continue to officiate because it's fun!

### 6. What is the highest credential received? (i.e. Starter Level 1, Referee Level 3, JOS, etc)

Referee Level 2.

### 7. What is your goal(s)?

I've always been going one step at a time, so my current goal is Referee Level 3 and, more specifically, the path towards it.



**8. What is the highest-level meet at which you have officiated? (e.g. Area, State, National, Pan Pacs etc).**

I was lucky enough to be appointed to the 2018 Commonwealth Games.



**9. With respect to your answer to Question 6, can you please pass on some of the strategies/tips you used to help you achieve your appointment?**

It's important to not just do the job well, but to also look like you're doing the job well. I've tried to remember the rules as well as I can, but I always have them in my bag in case I need to check something. Where possible, I think about what I'm going to do before doing it for any role around the pool. With the help of my mentor and many other officials I've improved my stance and posture on pool deck.

Consider nominating for higher level meets. Even if you don't think you will get appointed, it at least helps to get your name known.

Be willing to ask questions of other officials to understand better. Also, be willing to answer questions.

When you have downtime, watch higher level officials to see what they do to be so good, and even think about whether you would be doing the exact same.

**Meet Manager**

A big thank you to Cherry Smith who has put together a step by step guide on how to change meet manager settings *during* a meet in the event of the need to exclude a lane due to block failure or any other unexpected issue.

Cherry's document can be found [HERE](#).

### Changes to Quantum at SOPAC

SOPAC has advised of recent changes to the Quantum/Meet Manager setup.

“The changes are very simple, and are just so that the two Quantum timing computers can run truly independently for the purpose of redundancy whilst there is only one Meet Manager operator for the meet. Previously, Quantum Secondary was pulling the events and start lists from Meet Manager Primary and the secondary interface was pointing to Quantum Primary. Due to this, there was no offline copy of the event/start lists or the results on this secondary computer, meaning that if Quantum primary were to go down for any reason, we would lose all timing data and cause delays or missed results for the meet.

“The new changes involve creating a local copy on Quantum Secondary so that there is true redundancy of this data.”

### SAL Open Water Championships

NSW has 14 of the 43 Officials chosen to officiate at the SAL Open Water Championships in Adelaide next year.

Congratulations to the following officials, some of whom are attending their first national swimming championships:

- Bill Ford
- Brett Patrick
- Brian Hosford
- Cherry Smith
- Cheryl McKay Knapp
- Dave Cooper
- Jann Fathers
- John Rohloff
- Karen Tan
- Philip Jobling
- Richard Galea
- Shirley Walker
- Sue Worthington
- Suzanne Bergersen

### Referee Exams

Level 1 Referee exams have been scheduled to coincide with upcoming meets:

- Senior State Championships – Any time from 14<sup>th</sup> to 19<sup>th</sup> December (except Sunday 16<sup>th</sup> December);
- Country Regional Armidale – Saturday 26<sup>th</sup> January 2019;
- Country Regional Eden – Friday 25<sup>th</sup> January 2019;
- Country Regional Wagga Wagga – Friday 25<sup>th</sup> January 2019;
- Country Championships – Friday 22<sup>nd</sup> February 2019. SNSW Office (9:00AM);
- Junior Metropolitan – Friday 1<sup>st</sup> March 2019. SNSW Office (9:00AM or 1:00PM).

Some venues are still to be confirmed.

Please click [HERE](#) and navigate to Referee Examination Dates for more information, and follow the prompts should you wish to attend one.



### Invictus Games

A big thank you to all our Technical Officials and volunteers who helped out at the Invictus Games held at SOPAC recently.



### Next SNSW Meets

Nominations are open for the 2018/19 Summer Season, which include the following Meets. To nominate, please click [HERE](#).

Meet	Location	Dates	Closing Date for Nominations
NSW Country Regional Meets	Armidale Eden Wagga Wagga	26 <sup>th</sup> – 27 <sup>th</sup> January 2019	16 <sup>th</sup> January 2019
NSW Country Championships	SOPAC	22 <sup>nd</sup> – 24 <sup>th</sup> February 2019	12 <sup>th</sup> February 2019
NSW Junior Metro Championships	SOPAC	2 <sup>nd</sup> – 3 <sup>rd</sup> March 2019	20 <sup>th</sup> February 2019
Speed Sprint Series Finals	SOPAC	9 <sup>th</sup> March 2019	27 <sup>th</sup> February 2019
MC Meet #1	SOPAC	10 <sup>th</sup> March 2019	28 <sup>th</sup> February 2019
NSW State Open Championships	SOPAC	15 <sup>th</sup> – 17 <sup>th</sup> March 2019	5 <sup>th</sup> March 2019

### Thank You

Thank you so much to all who have officiated and volunteered at SNSW Meets throughout 2018.

### SNSW Protocol Variations

The TSC has recently produced a document which highlights variations to Pool Deck protocol at SNSW Meets. The document can be found [HERE](#).

### New SNSW Website

On Monday 19 November SNSW launched its new Website. Officials are encouraged to familiarise themselves to the changes, especially the links to frequently used pages -

**2018-2019 Summer Season**




Q MENU

**Technical Official Nominations**

	<p><b>Optus Swimming NSW Senior Metropolitan Championships</b></p> <p>1-2 December, 2018</p> <p>SOPAC</p> <p><a href="#">Nominate here</a></p>	<p><b>Swimming NSW Open Water Championships</b></p> <p>8-9 December, 2018</p> <p>SIRC</p> <p><a href="#">Nominate here</a></p>
<p><b>Optus Swimming NSW Senior State Age Championships</b></p> <p>14-19 December, 2018</p> <p>SOPAC</p> <p><a href="#">Nominate here</a></p>	<p><b>NSW Country Regional Meet</b></p>	<p><b>NSW Country Regional Meet</b></p>

### 2018 NSW Senior State Age Championships

Appointments for Big State will be disseminated soon. The TSC would like to provide the following information on the Appointment process for State Senior Age Championships –

- Particularly for key positions at Big State (Referee, Starter, AOE, and Marshal) preference is given to individuals who nominate for both sessions (Heats and Finals) on any particular day. This helps to ensure a consistent approach in key roles across both sessions;
- If there are a number of nominations for a position, the TSC will take into consideration the number of sessions/days for which an individual has nominated;
- From time to time, there can be variations depending on the numbers of Technical Officials who have nominated and individual pathways.

The Swimming Australia TSC now requires that Technical Officials who wish to be assessed for Level 3 suitability for Starter or Referee, need to be assessed over **two** days at Meets with a Heat and Final format.

### Lessons from the Pan Pacs Para, Cairns August 2018

The following information has been prepared by TSC Member John Williams from officiating at the recent Pan Pacs Para in Cairns -

World Para Swimming has a new set of exceptions, replacing those we are currently using, but **do not throw away your “old” set of exceptions just yet**. All athletes are to be re-assessed before the new exception list will apply to them. This assessment is a much longer process than previously.

Until an athlete has been re-assessed and classified under the new regime they will continue to compete under the “old” exceptions.

- At this point it appears that there are no classifiers, in Australia, accredited to the new standards, which means that the majority of Australian athletes are swimming under the “old” exceptions.
- The only way to identify whether the athlete is to swim under the “new” or “old” exceptions is to ask them when they were last classified.
  - If they have been classified since January 01, 2018 they are to be officiated using the “new” exceptions.
  - Otherwise the “old” exceptions will apply.
- It is, therefore, possible to have athletes in the same race swimming under the two different (“new” and “old”) lists of exceptions.
- Athletes who have not been re-assessed and classified under the “new” exceptions are not eligible to establish a World Record.

### **Officiating**

Officials should defend the athlete who is swimming within the rules. If you see a swimmer breaking the rules, report it to the Referee for their decision.

### **The Start**

- Those athletes who will be starting in the water are encouraged to enter the water on the Referee’s short whistles.

### **Breaststroke and Butterfly**

- Athletes with exceptions 2 and 4 **must** swim using one arm only.
- Athletes with exceptions 3 and 5 **must** swim using two arms.

### **Breaststroke**

- While Rule 11.4.2 stipulates that “All movements of the arms shall be ... on the same horizontal plane”, the plane of the arms need not be strictly “horizontal”, but must be consistent.
- While Rule 11.4.4 stipulates that “All movements of the legs shall be ... on the same horizontal plane”, the plane of the legs need not be strictly “horizontal”, but must be consistent, and the legs must not alternate.

### **Butterfly**

- An athlete, swimming butterfly with only one arm, must maintain the shoulders/body “in line with the normal water surface”. If, at any stage, one shoulder blade has significantly more water over it than the other then the swimmer is probably not in line with the normal water surface and should be disqualified.

### **During the race**

- Judges of Stroke should follow the swimmers from further behind (up to 5m) than is our usual practice.

### **After the race**

- Judges of Stroke 1 and 4, only, remain to watch the athletes leave the pool. This does not have to be done from a position adjacent to where the athletes leave the water, but can be done effectively from further down the pool.
- Judges of Stroke 1 and 4 check the goggles of athletes with a B exception (S11 swimmers) and signal all clear to the Referee.

A list of WPS Codes of Exception are attached to this edition of the Newsletter.

## **The QUIZ**

### **October Quiz Answer**

To recap on the October Question – You have been appointed Referee to Session 3 of the SNSW 13 & over SC Championships. During the start of the first heat of the Women's 16 Years 100m Butterfly, you observe that the swimmer in Lane 5 was clearly not stationary before the starting signal was given. However the Starter does not confirm this.

As Referee, what action, if any, can you take?

### **Answer**

As Referee, you have the authority to recall the swimmers if you think the start was unfair– “... (the Starter) ... (has the) power to decide whether a start is fair, subject only to the decision of the Referee.” (SW2.3.3)

### **December Question**

The December Question is exactly the same as for October. However, in this scenario as Referee, you decide not to recall swimmers and allow the race to continue.

Shortly after the conclusion of the event, a protest arises against Lane 5 winning a silver medal.

**As Referee, how do you respond?**



Merry Christmas to all Technical Officials and their families



If you have any comments, questions or suggestions, please email Josh Karp:  
[josh.karp@nsw.swimming.org.au](mailto:josh.karp@nsw.swimming.org.au)

**Swimming New South Wales Technical Swimming Committee**  
December 2018

## WPS Codes of Exception (2018)

### STARTS

- H** Hearing Impairment – light or signal required
- A** Assistance required
- E** Unable to grip for backstroke start
- Y** Starting device
- T** Tapper
- B** Blackened/opaque goggles

### DURING SWIMMING

- 1** One hand start
- 2** Breaststroke – One Hand Touch
- 3** Breaststroke – Simultaneous Intent to Touch
- 4** Butterfly – One Hand Touch
- 5** Butterfly – Simultaneous Intent to Touch
- 7** Part of upper body must touch
- 8** Right foot must turn out
- 9** Left foot must turn out
- 12** Leg drag or show intent to kick
- +** Butterfly kick is able to be performed (illegal in Breaststroke)

Freestyle	No Exceptions (Nil)	
Backstroke	Only Exception '1' may apply	
Butterfly	Exceptions '4, 5, 7' may apply	
Breaststroke	Exceptions: Upper Body	'2, 3, 7' may apply
	Lower Body	'8, 9 or 12, +' may apply