

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	1:02.19	29/05/1999	Gosford
	S6	Tiffany Thomas-Kane	40.96	28/05/2013	Sydney
	S7	Rachel Horler	45.54	28/05/2005	Sydney
	S8	Maddison Elliott	35.00	9/07/2011	Sydney
	S9	Jasmine Greenwood	30.88	3/07/2016	Sydney
	S10	Jasmine Greenwood	29.11	26/10/2017	Adelaide
	S11	Gabrielle Ringger	50.56	26/04/1998	Narrabeen
	S12				
	S13	Jenna Jones	30.20	12/07/2014	Sydney
	S14	Siobhan Paton	30.40	8/06/1997	Canberra
	S15	Teneale Houghton	31.88	3/07/2004	Sydney
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	2:14.08	28/03/1998	Sydney
	S6	Tiffany Thomas Kane	1:30.40	23/08/2013	Sydney
	S7	Holly Warn	1:43.44	11/03/2018	Sydney
	S8	Maddison Elliott	1:08.55	3/07/2016	Sydney
	S9	Jasmine Greenwood	1:15.72	5/07/2015	Sydney
	S10	Jasmine Greenwood	1:02.47	27/10/2017	Adelaide
	S11				
	S12				
	S13	Prudence Watt	1:21.74	28/10/2000	Bellingen
	S14	Siobhan Paton	1:05.42	25/05/1997	Canberra
	S15	Teneale Houghton	1:12.64	28/03/2003	Sydney
	S16	Zoe Drakos	2:08.84	7/07/2000	Wollongong

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Sarah Keenahan	3:23.34	21/06/2014	Sydney
	S7	Rachel Horler	3:43.54	28/05/2005	Sydney
	S8	Maddison Elliott	2:58.84	22/05/2010	Sydney
	S9	Jasmine Greenwood	2:56.91	18/05/2015	Sydney
	S10	Katrina Lewis	2:29.41	5/05/2002	Canberra
	S11				
	S12				
	S13	Jenna Jones	2:50.83	5/05/2012	Sydney
	S14	Siobhan Paton	2:20.12	25/05/1997	Canberra
	S15	Teigan Van Roosmalen	3:27.16	18/06/2000	Newcastle
	S16				
400m Freestyle	S6	Sarah Keenahan	6:58.26	21/06/2014	Sydney
	S7	Natalie Angus	9:06.65	25/08/2001	Sydney
	S8	Siobhann Biasi	8:33.54	28/05/2005	Sydney
	S9	Siobhann Biasi	8:25.80	5/06/2004	Sydney
	S10	Nicole Miro	5:24.40	24/08/2013	Sydney
	S11				
	S12				
	S13				
	S14	Siobhan Paton	4:56.98	21/06/1997	Canberra
	S15				
S16					

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	1:06.66	30/05/1999	Gosford
	S6	Sarah Keenahan	55.58	13/07/2014	Sydney
	S7	Rachel Horler	54.75	2/07/2005	Sydney
	S8	Maddison Elliott	40.37	21/05/2011	Sydney
	S9	Jasmine Greenwood	36.49	3/07/2016	Sydney
	S10	Nicole Miro	37.78	30/06/2013	Sydney
	S11				
	S12				
	S13	Jenna Jones	36.50	13/07/2014	Sydney
	S14	Siobhan Paton	33.71	8/06/1997	Canberra
	S15	Teneale Houghton	37.34	4/07/2004	Sydney
	S16	Zoe Drakos	1:09.86	7/07/2000	Wollongong
100m Backstroke	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	2:34.28	17/07/1999	Narrebeen
	S6	Tiffany Thomas-Kane	1:43.14	24/08/13	Sydney
	S7	Rachel Horler	2:02.00	28/08/2004	Sydney
	S8	Maddison Elliott	1:31.57	2/07/2011	Adelaide
	S9	Jessica Smith	1:34.91	30/05/1998	Sydney
	S10	Nicole Miro	1:22.91	24/08/2013	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:26.81	24/08/2013	Sydney
	S14	Siobhan Paton	1:10.84	25/05/1997	Tuggeranong
	S15	Teneale Houghton	1:22.62	7/06/2003	Sydney
	S16				
200m Backstroke	S7	Melissa Hayward	5:33.54	25/08/2001	Sydney
	S8				
	S9				
	S10	Lauren Sinclair	3:14.92	1/06/2002	Sydney
	S11				
	S12				
	S13	Jenna Jones	3:13.85	1/06/2013	Sydney
	S14	Abby Nekic	3:20.48	21/06/2014	Sydney
S15					

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4	Siobhan Towner	1:29.75	15/04/2000	Windsor
	SB5	Kirra O' Cass	1:34.90	19/09/1998	Gosford
	SB6	Sarah Keenahan	1:05.03	25/05/2014	Sydney
	SB7	Rachel Staines	1:05.47	24/05/2008	Sydney
	SB8	Maddison Elliott	48.78	9/07/2011	Sydney
	SB9	Jasmine Greenwood	38.27	3/07/2016	Sydney
	SB11				
	SB12				
	SB13	Jenna Jones	40.54	14/07/2014	Sydney
	SB14	Amanda Fowler	40.18	14/07/2010	Brisbane
	SB15	Teneale Houghton	42.09	4/07/2004	Sydney
	SB16	Zoe Drakos	1:02.77	7/07/2000	Wollongong
	100m Breaststroke	SB1			
SB2					
SB3					
SB4		Siobhan Towner	3:17.69	15/04/2000	Windsor
SB5		Siobhan Towner	3:32.74	22/05/1999	Sydney
SB6		Tiffany Thomas-Kane	1:53.30	25/08/2013	Sydney
SB7		Madelaine Goodridge	2:28.18	6/05/2018	Crescent Head
SB8		Nicole Davey	1:42.02	22/08/1998	Sydney
SB9		Jasmine Greenwood	1:18.27	28/10/2017	Adelaide
SB11					
SB12					
SB13		Prudence Watt	1:35.06	28/10/2000	Bellingen
SB14		Siobhan Paton	1:29.41	25/07/1997	Kiama
SB15		Vanessa Rushworth	1:59.27	16/06/2000	Wollongong
SB16		Zoe Drakos	2:03.82	27/11/1999	Bradbury
200m Breaststroke		SB6			
	SB7	Rachel Staines	4:50.70	24/05/2008	Sydney
	SB8				
	SB9	Jasmine Greenwood	3:38.05	18/05/2015	Sydney
	SB13	Vanessa Rushworth-Rossi	3:39.98	1/06/2002	Sydney
	SB14	Paige Leonhardt	3:29.38	1/06/2013	Sydney
SB15					

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	1:06.80	30/05/1999	Gosford
	S6	Tiffany Thomas-Kane	45.71	25/08/2013	Sydney
	S7	Anna Mcnamara	53.07	1/07/2006	Sydney
	S8	Maddison Elliott	37.58	3/07/2011	Adelaide
	S9	Jasmine Greenwood	39.39	5/07/2015	Sydney
	S10	Nicole Miro	39.60	25/08/2013	Sydney
	S11				
	S12				
	S13	Jenna Jones	32.88	13/07/2014	Sydney
	S14	Siobhan Paton	34.26	9/08/1997	Sydney
	S15	Teneale Houghton	37.23	3/07/2004	Sydney
	S16				
100m Butterfly	S5				
	S6				
	S7	Emma Fernandez	2:07.34	28/03/1998	Sydney
	S8	Sharni Ross	1:29.42	13/08/2006	Sydney
	S9				
	S10	Nicole Miro	1:19.26	24/08/2013	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:38.89	1/06/2013	Sydney
	S14	Siobhan Paton	1:15.23	6/07/1997	Sydney
S15					
S16					
200m Butterfly	S13				
	S14				
	S15				

13 YEARS & UNDER NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
100m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6				
	SM7	Rachel Horler	2:11.93	5/06/2004	Sydney
	SM8	Sharni Ross	1:39.28	11/06/2006	Sydney
	SM9	Kara Leo	1:49.03	7/06/2003	Sydney
	SM10	Lauren Sinclair	1:31.48	1/06/2002	Sydney
	SM11				
	SM12				
	SM13	Vanessa Rushworth	1:45.73	25/08/2001	Sydney
	SM14	Maddison Hinds	1:35.76	3/06/2017	Sydney
	SM15	Teneale Houghton	1:25.68	7/06/2003	Sydney
	SM16				
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Tiffany Thomas-Kane	3:40.57	23/08/13	Sydney
	SM7	Nicole Davey	3:26.23	15/08/1998	Sydney
	SM8	Maddison Elliott	3:13.11	1/07/2011	Adelaide
	SM9	Xiaoling Gribble	3:37.02	5/05/2012	Sydney
SM10	Jasmine Greenwood	2:34.20	26/10/2017	Adelaide	
SM11					
SM12					
SM13	Teigan Van Roosmalen	2:54.60	28/08/2004	Sydney	
SM14	Siobhan Paton	2:44.85	8/06/1997	Canberra	
SM15	Teign Van Roosmalen	3:01.66	5/06/2004	Sydney	
SM16					
400m Ind Medley	SM14				
	SM15				

14 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Lauren Haddow	1:23.78	28/05/2000	Newcastle
	S6	Tiffany Thomas-Kane	35.43	26/11/2015	Sydney
	S7	Emma Fernandez	45.07	13/03/1999	Sydney
	S8	Maddison Elliott	30.41	23/08/2013	Sydney
	S9	Bella Niarros	31.55	2/07/2016	Sydney
	S10	Jasmine Greenwood	58.77	25/10/2018	Melbourne
	S11				
	S12				
	S13	Jenna Jones	29.90	6/06/2015	Sydney
	S14	Amanda Fowler	30.44	16/07/2011	Sydney
	S15	Teneale Houghton	30.54	25/06/2005	Sydney
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Sarah Keenahan	1:32.04	7/11/2014	Adelaide
	S7	Rachel Horler	1:35.16	25/06/2006	Orange
	S8	Maddison Elliott	1:06.93	23/08/2013	Sydney
	S9	Ashleigh Cockburn	1:10.07	1/06/2013	Sydney
	S10	Jasmine Greenwood	1:02.61	26/10/2018	Melbourne
	S11				
	S12	Kirsten Busby	1:48.00	1/06/2013	Sydney
	S13	Jenna Jones	1:05.51	7/06/2015	Sydney
	S14	Siobhan Paton	1:06.25	28/03/1998	Sydney
	S15				
	S16				

14 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6				
	S7	Rachel Horler	3:23.39	24/06/2006	Orange
	S8	McKinley Arnison	2:56.56	10/08/2019	Sydney
	S9	Jessica Smith	2:51.81	13/03/1999	Sydney
	S10	Katrina Lewis	2:37.10	4/05/2003	Canberra
	S11				
	S12				
	S13				
	S14	Siobhan Paton	2:25.10	22/08/1998	Sydney
	S15	Samantha Taylor	3:29.10	1/06/2002	Sydney
	S16				
400m Freestyle	S6	Tiffany Thomas-Kane	6:13.49	27/11/2015	Sydney
	S7				
	S8	McKinley Arnison	6:06.70	10/08/2019	Sydney
	S9	Ashleich Cockbur n	5:03.05	1/06/2013	Sydney
	S10	Nicole Miro	5:05.97	6/11/2014	Adelaide
	S11				
	S12				
	S13	Catherine Ager	6:07.06	5/06/2004	Sydney
	S14	Siobhan Paton	4:54.16	22/08/1998	Sydney
	S15				
S16					

14 YEARS NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2				
	S3				
	S4				
	S5	Lauren Haddow	1:36.78	28/05/2000	Newcastle
	S6	Sarah Keenahan	50.81	12/07/2015	Sydney
	S7	Rachel Horler	53.12	25/06/2006	Orange
	S8	Maddison Elliott	36.63	23/08/2013	Sydney
	S9	Bella Niarros	38.40	3/07/2016	Sydney
	S10	Sian Lucas	39.33	4/07/2004	Sydney
	S11				
	S12	Kirsten Busy	58.98	1/06/2013	Sydney
	S13	Jenna Jones	32.75	28/11/2015	Sydney
	S14	Amanda Fowler	34.66	17/07/2011	Sydney
	S15	Teneale Houghton	35.70	26/06/2005	Sydney
	S16				
100m Backstroke	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Sarah Keenahan	1:47.15	7/11/2014	Adelaide
	S7	Rachel Horler	1:58.23	25/06/2006	Orange
	S8	Maddison Elliott	1:20.84	23/08/2013	Sydney
	S9	Jayme Paris	1:46.90	23/08/2003	Sydney
	S10	Jasmine Greenwood	1:10.61	26/10/2018	Melbourne
	S11				
	S12	Kirsten Busby	2:04.50	1/06/2013	Sydney
	S13				
	S14	Siobhan Paton	1:12.56	22/08/1998	Sydney
	S15				
	S16				
200m Backstroke	S7				
	S8				
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Madeleine McTernan	2:46.41	20/06/2015	Lismore
S15					

14 YEARS NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4				
	SB5	Lauren Haddow	1:48.93	28/05/2000	Newcastle
	SB6	Tiffany Thomas-Kane	44.70	27/11/2015	Sydney
	SB7	Emma Fernandez	59.39	15/08/1998	Sydney
	SB8	Maddison Elliott	42.38	24/08/2013	Sydney
	SB9	Kendall Williams	39.25	5/07/2014	Sydney
	SB11				
	SB12				
	SB13	Jenna Jones	40.11	6/06/2015	Sydney
	SB14	Amanda Fowler	37.90	2/07/2011	Adelaide
	SB15	Alana Dougherty	39.25	31/08/2007	Melbourne
	SB16				
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5					
SB6		Tiffany Thomas-Kane	1:38.40	28/11/2015	Sydney
SB7		McKinley Arnison	1:58.01	10/08/2019	Sydney
SB8		Nicole Davey	1:42.50	13/03/1999	Sydney
SB9		Jasmine Greenwood	1:20.29	20/07/2019	Sydney
SB10		Nicole Miro	1:31.42	8/11/2014	Adelaide
SB11					
SB12					
SB13		Jenna Jones	1:26.22	6/06/2015	Sydney
SB14		Amanda Fowler	1:24.67	3/07/2011	Adelaide
SB15		Alana Dougherty	1:25.82	1/09/2007	Melbourne
200m Breaststroke		SB6			
	SB7	Rachel Staines	4:46.03	23/05/2009	Sydney
	SB9				
	SB12				
	SB13				
	SB14	Isabella Conroy	3:40.12	4/06/2016	Sydney
SB15					

14 YEARS NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Tiffany Thomas-Kane	40.05	28/11/2015	Sydney
	S7	Emma Fernandez	54.09	13/03/1999	Sydney
	S8	Maddison Elliott	33.59	23/08/2013	Sydney
	S9	Jessica Smith	39.30	22/05/1999	Sydney
	S10	Kendall Williams	33.19	6/07/2014	Sydney
	S11				
	S12				
	S13	Jenna Jones	34.21	6/06/2015	Sydney
	S14	Amanda Fowler	33.21	17/07/2011	Sydney
	S15	Teneale Houghton	35.55	25/06/2005	Sydney
	S16				
100m Butterfly	S5				
	S6	Sarah Keenahan	1:52.46	9/11/2014	Adelaide
	S7	Emma Fernandez	2:07.74	25/07/1998	Sydney
	S8	Maddison Elliott	1:14.79	23/08/2013	Sydney
	S9	Jessica Smith	1:28.67	13/03/1999	Sydney
	S10	Jasmine Greenwood	1:07.91	24/08/2019	Sydney
	S11				
	S12				
	S13				
	S14	Amanda Fowler	1:15.68	2/07/2011	Adelaide
S15					
S16					
200m Butterfly	S8	Sharni Ross	3:04.95	26/05/2007	Sydney
	S9				
	S10				
	S11				
	S12				
	S13				
	S14				
S15					

14 YEARS NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
100m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6				
	SM7	Madelaine Goodridge	2:20.46	10/08/2019	Sydney
	SM8	Sharni Ross	1:38.25	9/09/2007	Campbelltown
	SM9				
	SM10	Tahlia Blanchard	1:38.80	21/06/2014	Sydney
	SM11				
	SM12				
	SM13	Catherine Ager	1:37.08	28/08/2004	Sydney
	SM14	Madeleine McTernan	1:24.84	21/06/2015	Lismore
	SM15				
	SM16				
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6				
	SM7				
	SM8				
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Tiffany Thomas-Kane	3:11.19	26/11/2015	Sydney
	SM7	Anna McNamara	4:22.82	26/05/2007	Sydney
	SM8	Mckinley Arnison	3:17.12	23/08/2019	Sydney
	SM9	Xiaoling Gribble	3:19.99	1/06/2013	Sydney
	SM10	Jasmine Greenwood	2:27.61	23/08/2019	Sydney
	SM11				
	SM12				
	SM13				
	SM14	Siobhan Paton	2:44.01	22/08/1998	Sydney
	SM15				
	SM16				
400m Ind Medley	SM14				
	SM15				

15 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S2	Emilie Miller	1:52.50	22/05/2010	Sydney
	S3	Julie Ryan	1:41.54	9/08/1997	Sydney
	S4				
	S5	Abbey-May Brown	1:15.07	6/08/2016	Sydney
	S6	Kate Wilson	42.29	23/08/2013	Sydney
	S7	Rachel Horler	42.61	26/05/2007	Sydney
	S8	Jacqueline Freney	32.75	24/05/2008	Sydney
	S9	Ashleigh Cockburn	31.01	23/08/2013	Sydney
	S10	Nicole Miro	30.65	11/07/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	28.45	6/08/2016	Sydney
	S14	Amanda Fowler	30.05	16/09/2012	Perth
	S15	Teneale Houghton	29.78	2/07/2006	Sydney
	S16				
	100m Freestyle	S1			
S2		Emilie Miller	3:55.66	22/05/2010	Sydney
S3					
S4					
S5		Abbey-May Brown	2:42.09	6/08/2016	Sydney
S6		Melissa Hayward	2:13.33	23/08/2003	Sydney
S7		Rachel Horler	1:29.38	29/08/2007	Melbourne
S8		Jacqueline Freney	1:10.41	24/05/2008	Sydney
S9		Ashleigh Cockburn	1:06.59	23/08/2013	Sydney
S10		Paige Leonhardt	1:07.22	26/11/2015	Sydney
S11					
S12					
S13		Jenna Jones	1:09.61	5/06/2016	Springwood
S14		Amy Cook	1:06.87	21/06/2014	Sydney
S15		Teneale Houghton	1:04.04	1/07/2006	Sydney
S16					

15 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6				
	S7				
	S8	Jacqueline Freney	2:28.96	24/05/2008	Sydney
	S9	Kate Bailey	2:38.74	9/08/1997	Sydney
	S10	Breanna Bunce	3:04.31	23/08/2003	Sydney
	S11				
	S12				
	S13				
	S14	Taylor Corry	2:35.69	22/05/2010	Sydney
	S15				
	S16				
400m Freestyle	S6	Sarah Keenahan	6:55.85	4/06/2016	Sydney
	S7	Emma Fernandez	8:25.34	22/05/1999	Sydney
	S8	Jacqueline Freney	5:13.32	24/05/2008	Sydney
	S9	Nikeshia Harding	5:18.65	6/11/2014	Adelaide
	S10	Lauren Sinclair	5:55.43	23/08/2003	Sydney
	S11				
	S12				
	S13	Catherine Ager	5:58.69	27/08/2005	Sydney
	S14	Louise Sumner	6:29.14	28/06/2003	Kurri Kurri
	S15	Samantha Taylor	6:15.54	7/06/2003	Sydney
S16					

15 YEARS NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:56.70	22/05/2010	Sydney
	S3	Julie Ryan	1:34.01	9/08/1997	Sydney
	S4				
	S5	Abbey-May Brown	1:13.60	6/08/2016	Sydney
	S6	Sarah Keenahan	52.27	6/08/2016	Sydney
	S7	Rachel Horler	53.12	26/05/2007	Sydney
	S8	Nicole Davey	46.34	16/07/2000	Sydney
	S9	Ashleigh Cockburn	34.58	25/08/2013	Sydney
	S10	Nicole Miro	33.73	12/07/2015	Sydney
	S11				
	S12				
	S13	Teigan Van Roosmalen	37.26	8/07/2006	Sydney
	S14	Amanda Fowler	34.19	15/07/2012	Sydney
	S15	Alana Dougherty	34.44	13/07/2008	Sydney
	S16				
100m Backstroke	S1				
	S2				
	S3	Julie Ryan	3:13.43	9/08/1997	Sydney
	S4				
	S5	Cassandra Brown	3:26.34	28/06/2003	Kurri Kurri
	S6	Yara Sader	3:18.22	9/08/1997	Sydney
	S7	Rachel Horler	1:40.67	31/08/2007	Melbourne
	S8	Amy Sallabank	2:32.16	24/10/1998	Campbelltown
	S9	Ashleigh Cockburn	1:11.73	24/08/2013	Sydney
	S10	Nicole Miro	1:12.91	11/07/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:14.34	6/08/2016	Sydney
	S14	Taylor Corry	1:17.96	16/07/2010	Brisbane
	S15	Teneale Houghton	1:14.50	2/07/2006	Sydney
	S16				
200m Backstroke	S6				
	S7				
	S8				
	S9	Ashleigh Cockburn	2:31.55	9/06/2013	Canberra
	S10				
	S11				
	S12				
	S13				
	S14	Louise Sumner	3:21.64	28/06/2003	Kurri Kurri
	S15	Samantha Taylor	3:29.70	7/06/2003	Sydney

15 YEARS NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4				
	SB5	Sarah Rose	1:10.25	25/08/2001	Sydney
	SB6	Kate Wilson	52.31	24/08/2013	Sydney
	SB7	Emma Fernandez	1:01.44	19/06/1999	Sydney
	SB8	Nicole Davey	46.78	15/07/2000	Sydney
	SB9	Kendall Williams	37.86	4/07/2015	Sydney
	SB11				
	SB12				
	SB13	Jenna Jones	37.64	6/08/2016	Sydney
	SB14	Amanda Fowler	37.68	14/07/2012	Sydney
	SB15	Alana Dougherty	38.46	13/07/2008	Sydney
	SB16				
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5					
SB6		Kate Wilson	1:53.93	25/08/2013	Sydney
SB7		Rachel Staines	2:07.50	22/05/2010	Sydney
SB8					
SB9		Paige Leonhardt	1:20.95	28/11/2015	Sydney
SB11					
SB12					
SB13		Jenna Jones	1:21.95	6/08/2016	Sydney
SB14		Amanda Fowler	1:23.05	16/09/2012	Perth
SB15		Amanda Hilton	1:26.66	31/05/1997	Sydney
SB16					
200m Breaststroke		SB7			
	SB8				
	SB9	Maddyson Lloyd	3:21.02	6/08/2016	Sydney
	SB13				
	SB14	Nikeshia Harding	3:24.62	21/06/2014	Sydney
	SB15	Samantha Taylor	3:43.50	7/06/2003	Sydney

15 YEARS NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3	Julie Ryan	1:56.53	9/08/1997	Sydney
	S4				
	S5				
	S6	Kate Wilson	45.65	25/08/2013	Sydney
	S7	Emma Fernandez	53.60	24/07/1999	Sydney
	S8	Sharni Ross	38.36	21/09/2008	Melbourne
	S9	Kate Bailey	37.14	22/04/1997	Ballarat
	S10	Nicole Miro	33.35	12/07/2015	Sydney
	S11				
	S12				
	S13	Teigan Van Roosmalen	33.92	8/07/2006	Sydney
	S14	Taylor Corry	31.99	15/07/2010	Brisbane
	S15	Nomiki Lau	36.39	5/07/2003	Sydney
	S16				
100m Butterfly	S5				
	S6	Sarah Keenahan	1:52.74	4/06/2016	Sydney
	S7	Emma Fernandez	2:01.22	27/11/1999	Bradbury
	S8	Sharni Ross	1:22.56	24/09/2008	Melbourne
	S9	Kate Bailey	1:25.25	12/07/1997	Sydney
	S10	Paige Leonhardt	1:12.13	27/11/2015	Sydney
	S12				
	S13				
	S14	Teigan Van Roosmalen	1:15.68	9/07/2006	Sydney
	S15	Amanda Fowler	1:14.78	16/09/2012	Perth
200m Butterfly	S9	Xiaoling Gribble	3:12.10	21/06/2014	Sydney
	S10	Tahlia Blanchard	3:07.89	18/05/2015	Sydney
	S14				
	S15				

15 YEARS NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
100m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6	Sarah Rose	2:15.45	25/08/2001	Sydney
	SM7				
	SM8				
	SM9				
	SM10				
	SM11				
	SM12				
	SM13	Melissa Perrine	1:42.35	23/08/2003	Sydney
	SM14	Amanda Fowler	1:24.63	5/05/2012	Sydney
	SM15				
	SM16				
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Kate Wilson	3:38.09	23/08/2013	Sydney
	SM7	Rachel Staines	4:16.00	22/05/2010	Sydney
	SM8	Sharni Ross	3:13.97	21/0908	Melbourne
	SM9	Ashleigh Cockburn	2:46.42	23/08/2013	Sydney
	SM10	Paige Leonhardt	2:41.19	26/11/2015	Sydney
	SM11				
	SM12				
	SM13	Jenna Jones	2:52.57	5/06/2016	Springwood
	SM14	Taylor Corry	2:44.48	15/07/2010	Brisbane
SM15	Amanda Hilton	2:42.65	31/05/1997	Sydney	
	SM16				
400m Ind Medley	SM14				
	SM15				

16 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2	Emilie Miller	1:48.62	9/07/2011	Sydney
	S3	Julie Ryan	1:32.09	28/03/1998	Sydney
	S4	Melissa Willson	58.17	23/04/1997	Ballarat
	S5	Kirra O'Cass	1:00.32	1/06/2002	Sydney
	S6	Sarah Keenahan	43.18	3/11/2016	Brisbane
	S7	Rachel Horler	40.71	23/09/2008	Melbourne
	S8	Maddison Elliott	30.88	8/11/2014	Adelaide
	S9	Ashleigh Cockburn	31.10	8/11/2014	Adelaide
	S10	Sian Lucas	32.78	2/07/2006	Sydney
	S11				
	S12				
	S13	Jenna Jones	28.28	26/10/2017	Adelaide
	S14	Taylor Corry	29.08	1/07/2011	Adelaide
	S15	Teneale Houghton	28.68	1/09/2007	Melbourne
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	2:05.47	22/04/1997	Ballarat
	S5	Melinda Brady	2:20.55	23/08/2003	Sydney
	S6	Sarah Keenahan	1:31.17	3/11/2016	Brisbane
	S7	Rachel Horler	1:27.57	22/09/2008	Melbourne
	S8	Jacqueline Freeny	1:08.57	22/09/2008	Melbourne
	S9	Maddison Elliott	1:07.54	7/11/2014	Adelaide
	S10	Ella Jones	1:14.73	17/08/2017	Springwood
	S11				
	S12				
	S13	Jenna Jones	1:03.01	27/10/2017	Adelaide
	S14	Amy Cook	1:04.21	1/07/2014	Adelaide
	S15	Teneale Houghton	1:03.39	1/07/2007	Sydney
	S16				

16 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	4:32.69	31/05/1997	Sydney
	S5				
	S6	Sarah Keenahan	3:19.35	3/06/2017	Sydney
	S7	Rachel Horler	3:03.68	31/05/2008	Toukley
	S8	Janelle Falzon	3:01.95	23/04/1997	Ballarat
	S9	Kate Bailey	2:33.94	28/03/1998	Sydney
	S10	Breanna Bunce	2:46.48	28/08/2004	Sydney
	S11				
	S12				
	S13				
	S14	Amanda Fowler	2:21.21	1/06/2013	Sydney
	S15				
	S16				
400m Freestyle	S6	Sarah Keenahan	6:55.99	5/11/2016	Brisbane
	S7				
	S8	Maddison Elliott	5:17.89	6/11/2014	Adelaide
	S9	Ashleigh Cockburn	4:56.88	6/11/2014	Adelaide
	S10	Ella Jones	5:43.48	13/08/2017	Springwood
	S11				
	S12				
	S13	Jenna Jones	4:51.82	26/10/2017	Adelaide
	S14	Amanda Fowler	4:51.76	24/08/13	Sydney
	S15				
S16					

16 YEARS NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:48.60	9/07/2011	Sydney
	S3	Julie Ryan	1:33.37	28/03/1998	Sydney
	S4	Melissa Willson	1:05.47	17/08/1997	Sydney
	S5	Kirra O'Cass	1:08.88	1/06/2002	Sydney
	S6	Sarah Keenahan	48.68	5/11/2016	Brisbane
	S7	Rachel Horler	47.09	24/09/2008	Melbourne
	S8	Maddison Elliott	36.40	9/11/2014	Adelaide
	S9	Ashleigh Cockburn	34.52	9/11/2014	Adelaide
	S10	Sian Lucas	37.9	2/07/2006	Sydney
	S11				
	S12				
	S13	Jenna Jones	32.62	28/10/2017	Adelaide
	S14	Taylor Corry	31.87	3/07/2011	Adelaide
	S15	Teneale Houghton	34.01	1/07/2007	Sydney
	S16				
100m Backstroke	S1				
	S2				
	S3	Julie Ryan	3:24.20	21/02/1998	Wallsend
	S4				
	S5	Cassandra Brown	3:10.25	28/08/2004	Sydney
	S6	Sarah Keenahan	1:44.16	5/11/2016	Brisbane
	S7	Rachel Horler	1:37.62	22/09/2008	Melbourne
	S8	Janelle Falzon	1:38.68	23/04/1997	Ballarat
	S9	Ashleigh Cockburn	1:11.51	7/11/2014	Adelaide
	S10	Ella Jones	1:27.45	17/08/2017	Springwood
	S11				
	S12				
	S13	Jenna Jones	1:12.32	27/10/2017	Adelaide
	S14	Taylor Corry	1:11.53	2/07/2011	Adelaide
	S15	Teneale Houghton	1:10.54	31/08/2007	Melbourne
	S16				
200m Backstroke	S7	Emma Fernandez	4:15.24	10/03/2001	Sydney
	S8				
	S9				
	S10				
	S12				
	S13				
	S14	Sandy Freeman	3:26.27	5/05/2012	Sydney

16 YEARS NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
50m Breaststroke	SB4	Melissa Willson	1:17.88	9/08/1997	Sydney	
	SB5					
	SB6					
	SB7	Emma Fernandez	56.46	15/07/2000	Sydney	
	SB8	Maddison Elliott	42.26	5/11/2014	Adelaide	
	SB9	Paige Leonhardt	37.22	5/11/2016	Brisbane	
	SB11					
	SB12					
	SB13	Teigan Van Roosmalen	40.78	8/07/2007	Sydney	
	SB14	Amanda Fowler	38.13	29/06/2013	Sydney	
	SB15	Teneale Houghton	40.35	30/06/2007	Sydney	
	SB16					
	100m Breaststroke	SB1				
		SB2				
		SB3				
		SB4				
SB5		Sarah Rose	2:19.91	1/06/2002	Sydney	
SB6						
SB7		Rachel Staines	2:08.53	21/05/2011	Sydney	
SB8		Natalie Angus	2:27.48	28/08/2004	Sydney	
SB9		Kendall Williams	1:21.43	28/11/2015	Sydney	
SB11						
SB12						
SB13						
SB14		Amanda Fowler	1:22.71	25/08/2013	Sydney	
SB15						
SB16						
200m Breaststroke		SB7	Emma Fernandez	4:33.22	10/03/2001	Sydney
	SB8					
	SB11					
	SB12					
	SB13					
	SB14	Amanda Fowler	3:05.08	1/06/2013	Sydney	
SB15						

16 YEARS NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3	Julie Ryan	1:57.10	28/03/1998	Sydney
	S4				
	S5	Kirra O'Cass	1:08.62	1/06/2002	Sydney
	S6	Sarah Keenahan	49.26	16/07/2017	Sydney
	S7	Emma Fernandez	50.53	15/04/2000	Windsor
	S8	Maddison Elliott	33.98	6/11/2014	Adelaide
	S9	Tahlia Blanshard	35.75	5/11/2016	Brisbane
	S10	Paige Leonhardt	31.44	5/11/2016	Brisbane
	S11				
	S12				
	S13	Teigan Van Roosmalen	32.37	7/07/2007	Sydney
	S14	Amanda Fowler	32.34	30/06/2013	Sydney
	S15	Teneale Houghton	33.44	1/07/2007	Sydney
	S16				
100m Butterfly	S5				
	S6	Sarah Keenahan	1:48.42	4/11/2016	Brisbane
	S7	Emma Fernandez	1:54.32	15/04/2000	Windsor
	S8	Maddison Elliott	1:16.45	9/11/2014	Adelaide
	S9	Kate Bailey	1:18.47	15/08/1998	Sydney
	S10	Paige Leonhardt	1:11.47	4/11/2016	Brisbane
	S11				
	S12				
	S13	Teigan Van Roosmalen	1:10.38	2/09/2007	Melbourne
	S14	Nikisha Harding	1:14.22	27/11/2015	Sydney
S15					
S16					
200m Butterfly	S8	Sharni Ross	3:02.70	23/05/2009	Sydney
	S14	Bernadette Morris	3:15.15	31/05/1997	Sydney

16 YEARS NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
100m Ind Medley	SM1					
	SM2					
	SM3					
	SM4					
	SM5					
	SM6	Melissa Hayward	2:34.25	28/08/2004	Sydney	
	SM7					
	SM8					
	SM9					
	SM10	Breanna Bunce	1:45.83	28/08/2004	Sydney	
	SM11					
	SM12					
	SM13	Melissa Perrine	1:44.68	28/08/2004	Sydney	
	SM14	Nikeshia Harding	1:22.60	18/05/2015	Sydney	
	SM15					
	SM16					
150m Ind Medley	SM1					
	SM2					
	SM3					
	SM4					
	SM5					
	SM6					
	SM7					
	SM8					
200m Ind Medley	SM3					
	SM4					
	SM5					
	SM6	Sarah Keenahan	3:46.75	3/11/2016	Brisbane	
	SM7					
	SM8	Maddison Elliott	2:57.50	6/11/2014	Adelaide	
	SM9	Ashleigh Cockburn	2:46.79	6/11/2014	Adelaide	
	SM10	Paige Leonhardt	2:41.53	3/11/2016	Brisbane	
	SM11					
	SM12					
	SM13	Jenna Jones	2:39.94	26/10/2017	Adelaide	
	SM14	Amanda Fowler	2:36.47	23/08/2013	Sydney	
	SM15	Teneale Houghton	2:36.97	30/08/2007	Melbourne	
	SM16					
	400m Ind Medley	SM14				
		SM15				

17 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	55.22	15/08/1998	Sydney
	S5	Abbey Brown	54.04	11/08/2018	Sydney
	S6	Sarah Keenahan	41.69	11/08/2018	Sydney
	S7	Rachel Horler	40.51	10/08/2009	Hobart
	S8	Jacqueline Freney	31.86	10/08/2009	Hobart
	S9	Elizabeth Slack	33.57	12/07/2014	Sydney
	S10	Sian Lucas	30.85	30/06/2007	Sydney
	S11				
	S12				
	S13	Teigan Van Roosmalem	29.89	23/09/2008	Melbourne
	S14	Taylor Corry	29.19	8/07/2012	Sydney
	S15	Teneale Houghton	28.41	23/09/2008	Melbourne
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	2:02.14	22/08/1998	Sydney
	S5	Abbey Brown	1:51.49	11/08/2018	Sydney
	S6	Sarah Keenahan	1:29.28	11/03/2018	Sydney
	S7	Tiffany Thomas-Kane	1:20.09	20/07/2019	Sydney
	S8	Jacqueline Freney	1:07.54	10/08/2009	Hobart
	S9	Jessica Smith	1:16.53	1/06/2002	Sydney
	S10	Ashleigh Cockburn	1:06.69	26/11/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:02.90	26/10/2018	Melbourne
	S14	Siobhan Paton	1:05.35	25/08/2001	Sydney
	S15	Teneale Houghton	1:02.50	22/09/2008	Melbourne
	S16				

17 YEARS NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Abbey Brown	3:54.10	11/08/2018	Sydney
	S6	Yara Sader	4:45.11	13/03/1999	Sydney
	S7	Emma Fernandez	3:40.00	25/08/2001	Sydney
	S8	Ella Jones	2:42.04	12/08/2018	Sydney
	S9				
	S10	Breanna Bunce	2:44.79	28/05/2005	Sydney
	S11				
	S12				
	S13	Catherine Ager	2:48.23	26/05/2007	Sydney
	S14	Siobhan Paton	2:19.64	25/08/2001	Sydney
	S15	Vincenza Pezzimenti	2:56.43	13/03/1999	Sydney
	S16				
400m Freestyle	S6	Sarah Keenahan	6:42.80	11/03/2018	Sydney
	S7	Rachel Horler	6:51.77	23/05/2009	Sydney
	S8	Ella Jones	5:27.91	12/08/2018	Sydney
	S9	Kate Bailey	5:22.25	13/03/1999	Sydney
	S10	Ella Jones	5:28.23	26/10/2017	Adelaide
	S11				
	S12				
	S13				
	S14	Kara Leo	4:56.27	15/07/2010	Brisbane
	S15	Vincenza Pezzimenti	6:14.50	13/03/1999	Sydney
S16					

17 YEARS NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2				
	S3				
	S4	Melissa Willson	1:00.01	15/08/1998	Sydney
	S5	Kirra O'Cass	1:06.08	23/08/2003	Sydney
	S6	Sarah Keenahan	48.12	11/03/2018	Sydney
	S7	Rachel Horler	49.81	11/08/2009	Hobart
	S8	Ella Jones	39.95	12/08/2018	Sydney
	S9	Elizabeth Slack	37.89	13/07/2014	Sydney
	S10	Ashleigh Cockburn	34.30	28/11/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	33.89	27/10/2018	Melbourne
	S14	Taylor Corry	34.51	7/07/2012	Sydney
	S15	Teneale houghton	32.85	24/09/2008	Melbourne
	S16				
100m Backstroke	S1				
	S2				
	S3				
	S4				
	S5	Abbey Brown	2:49.80	11/08/2018	Sydney
	S6	Sarah Keenahan	1:41.96	11/03/2018	Sydney
	S7	Rachlel Horler	1:43.47	9/08/2009	Sydney
	S8	Jacqueline Freney	1:27.25	9/08/2009	Hobart
	S9	Elizabeth Slack	1:22.79	21/06/2014	Sydney
	S10	Ashleigh Cockburn	1:11.77	27/11/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:13.47	26/10/2018	Melbourne
	S14	Kara Leo	1:15.33	16/07/2010	Brisbane
	S15	Teneale Houghton	1:10.54	22/09/2008	Melbourne
	S16				
200m Backstroke	S6				
	S7	Emma Fernandez	4:08.50	25/08/2001	Sydney
	S8				
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Kate Dermody	4:57.98	24/07/1999	Sydney
	S15				

17 YEARS NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4				
	SB5				
	SB6	Sarah Rose	56.42	6/07/2003	Sydney
	SB7	Emma Fernandez	57.81	8/07/2001	Sydney
	SB8	Ella Jones	55.68	12/08/2018	Sydney
	SB9	Kate Bailey	44.13	22/05/1999	Warringah
	SB11				
	SB12				
	SB13	Prue Watt	39.53	18/07/2004	Sydney
	SB14	Ashley van Rijswijk	37.89	26/10/2017	Adelaide
	SB15	Teneale Houghton	41.28	29/06/2008	Sydney
	SB16				
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5					
SB6		Sarah Rose	2:07.72	23/08/2003	Sydney
SB7		Tiffany Thomas-Kane	1:35.48	20/07/2019	Sydney
SB8		Natalie Angus	2:22.68	27/08/2005	Sydney
SB9		Kaye Leek	1:44.82	30/06/2001	Sydney
SB11					
SB12					
SB13		Jenna Jones	1:20.85	27/10/2018	Melbourne
SB14		Ashley van Rijswijk	1:24.80	28/10/2017	Adelaide
SB15		Samantha Taylor	1:41.02	28/08/2004	Sydney
SB16					
200m Breaststroke		SB6			
	SB7	Emma Fernandez	4:38.45	25/08/2001	Sydney
	SB8				
	SB9	Kaye Leek	3:43.31	30/06/2001	Sydney
	SB11				
	SB12				
	SB13				
	SB14	Nikeshia Harding	3:18.53	27/05/2016	Sydney
SB15	Samanatha Taylor	3:41.24	28/08/2004	Sydney	

17 YEARS NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4	Melissa Willson	1:12.39	28/03/1998	Sydney
	S5	Kirra O' Cass	1:08.57	23/08/2003	Sydney
	S6	Sarah Keenahan	49.61	11/08/2018	Sydney
	S7	Jacqueline Freney	36.01	8/08/2009	Horbart
	S8	Ella Jones	41.55	12/08/2018	Sydney
	S9	Tahlia Blanshard	35.89	1/07/2017	Sydney
	S10	Ashleigh Cockburn	35.16	28/11/2015	Sydney
	S11				
	S12				
S13	Teigan Van Roosmalen	31.95	21/09/2008	Melbourne	
S14	Siobhan Paton	32.28	25/08/2001	Sydney	
S15	Teneale Houghton	33.08	30/06/2008	Sydney	
S16					
100m Butterfly	S5				
	S6	Sarah Keenahan	1:49.69	11/03/2018	Sydney
	S7	Rachel Staines	1:47.00	29/07/2012	Bathurst
	S8	Jacqueline Freney	1:21.99	12/08/2009	Horbart
	S9	Tahli Blanshard	1:27.52	6/05/2018	Crescent Head
	S10	Breanna Bunce	1:53.70	30/10/2004	Sydney
	S11				
	S12				
	S13	Teigen Van Roosmalen	1:11.14	24/09/2008	Melbourne
	S14	Siobhan Paton	1:11.41	25/08/2001	Sydney
S15					
S16					
200m Butterfly	S9	02:55.4	2:55.37	28/05/2017	Woy Woy
	S13	Teigen Van Roosmalen	2:32.32	12/07/2008	Sydney
	S14	Nikeshia Harding	2:57.14	4/06/2016	Sydney

17 YEARS NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
100m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6	Melissa Hayward	2:29.43	27/08/2005	Sydney
	SM7				
	SM8				
	SM9	Tahlia Blanshard	1:28.16	6/05/2018	Crescent Head
	SM10	Breanna Bunce	1:36.52	28/05/2005	Sydney
	SM11				
	SM12				
	SM13	Catherine Ager	1:32.44	26/05/2007	Sydney
	SM14	Amy Cook	1:22.22	4/06/2016	Sydney
	SM15				
	SM16				
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Sarah Rose	4:19.91	7/06/2003	Sydney
	SM7	Tiffany Thomas-Kane	3:06.09	19/07/2019	Sydney
	SM8				
	SM9	Tahlia Blanshard	3:09.32	6/05/2018	Crescent Head
	SM10	Ashleigh Cockburn	2:49.38	26/11/2015	Sydney
	SM11				
	SM12				
	SM13	Jenna Jones	2:36.48	25/10/2018	Melbourne
	SM14	Amanda Fowler	2:40.19	21/06/2014	Sydney
SM15	Teneale Houghton	2:36.97	21/09/2008	Melbourne	
SM16					
400m Ind Medley	SM14				
	SM15				

OPEN NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2	Emilie Miler	1:48.60	9/07/2011	Sydney
	S3	Julie Ryan	1:32.09	28/03/1998	Sydney
	S4	Melissa Willson	55.22	15/08/1998	Sydney
	S5	Sarah Hilt	47.52	16/09/2012	Perth
	S6	Tiffany Thomas-Kane	35.43	26/11/2015	Sydney
	S7	Rachel Horler	40.10	10/07/2010	Sydney
	S8	Maddison Elliott	30.41	23/08/2013	Sydney
	S9	Ellie Cole	28.98	26/11/2015	Sydney
	S10	Jasmine Greenwood	28.77	25/10/2018	Melbourne
	S11				
	S12				
	S13	Prudence Watt	27.93	14/07/2012	Sydney
	S14	Taylor Corry	28.08	5/07/2014	Sydney
	S15	Teneale Houghton	28.13	27/06/2009	Sydney
	S16	Lavina Foote Morid	42.11	21/05/2011	Sydney
100m Freestyle	S1				
	S2	Emilie Miller	3:55.66	22/05/2010	Sydney
	S3	Claire Summersgill	3:17.01	12/02/1994	Sydney
	S4	Denise Beckwith	1:59.61	13/03/1999	Sydney
	S5	Sarah Hilt	1:40.77	5/05/2012	Sydney
	S6	Elizabeth Wright	1:29.63	22/05/1999	Sydney
	S7	Tiffany Thomas-Kane	1:20.59	20/07/2019	Sydney
	S8	Maddison Elliott	1:06.93	23/08/2013	Sydney
	S9	Ellie Cole	1:01.90	26/11/2015	Sydney
	S10	Jasmine Greenwood	1:02.61	26/10/2018	Melbourne
	S11	Carolyn Connors	1:14.63	1982	Hong Kong
	S12				
	S13	Prudence Watts	1:02.48	29/08/2007	Melbourne
	S14	Taylor Corry	1:00.63	23/08/2013	Sydney
	S15	Teneale Houghton	1:01.02	16/09/2012	Perth
	S16	Lavinia Foote Morid	1:36.33	21/05/2011	Sydney
200m Freestyle	S1				
	S2				
	S3				
	S4	Denise Beckwith	4:10.20	13/03/1999	Sydney
	S5	Abbey Brown	3:54.10	11/08/2018	Sydney
	S6	Sarah Keenahan	3:19.35	3/06/2017	Sydney
	S7	Rachle Horler	3:03.68	31/05/2008	Toukley
	S8	Jacqueline Freney	2:28.96	24/05/2008	Sydney
	S9	Kate Bailey	2:33.94	28/03/1998	Sydney
	S10	Katrina Lewis	2:37.10	4/05/2003	Canberra
	S11				
	S12				
	S13	Catherine Ager	2:48.23	26/05/2007	Sydney
	S14	Siobhan Paton	2:20.12	25/05/1997	Canberra
	S15	Melanie Smith	2:30.75	18/02/1995	Sydney
	S16				

OPEN NSW SC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
400m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Tiffany Thomas-Kane	6:13.49	27/11/2015	Sydney
	S7	Rachel Horler	6:16.59	15/07/2010	Brisbane
	S8	Jacqeline Freney	5:12.81	2/07/2011	Adelaide
	S9	Ashleigh Cockburn	4:50.21	24/08/2013	Sydney
	S10	Sian Lucas	4:50.11	2/07/2011	Adelaide
	S11				
	S12				
	S13	Teigan Van Roosmalen	4:49.69	15/07/2010	Brisbane
	S14	Taylor Corry	4:36.15	23/08/2013	Sydney
	S15	Teneale Houghton	4:38.37	15/07/2010	Brisbane
	S16				
800m Freestyle	S6				
	S7				
	S8				
	S9	Ashleigh Cocburn	10:07.23	8/06/2013	Canberra
	S10				
	S11				
	S12				
	S13	Betty Murray	16:42.64	26/04/1998	Narrabeen
	S14	Siobhan Paton	10:22.95	19/07/1997	Canberra
	S15	Vanessa Beddie	17:40.65	19/08/2007	Mt Annan
S16					
1500m Freestyle	S8				
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Siobhan Paton	21:03.29	19/07/1997	Canberra
	S15	Vanessa Beddie	39:02.35	20/11/2005	Mt Annan
S16					

OPEN NSW SC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:48.62	10/07/2011	Sydney
	S3	Claire Summersgill	1:31.35	12/02/1994	Sydney
	S4	Melissa Willson	1:00.01	15/08/1998	Sydney
	S5	Sarah Hilt	1:01.22	16/09/2012	Perth
	S6	Sarah Keenahan	50.81	12/07/2015	Sydney
	S7	Rachel Horler	47.09	24/09/2008	Melbourne
	S8	Maddison Elliott	36.18	7/07/2013	Sydney
	S9	Ashleigh Cockburn	34.52	9/11/2014	Adelaide
	S10	Nicole Miro	33.53	12/07/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	32.62	28/10/2017	Adelaide
	S14	Taylor Corry	31.07	28/11/2015	Sydney
	S15	Teneale Houghton	32.36	18/07/2010	Brisbane
	S16				
100m Backstroke	S1				
	S2				
	S3	Julie Ryan	3:13.43	9/08/1997	Sydney
	S4	Tracey Blair	2:53.96	28/08/2004	Sydney
	S5	Sarah Hilt	2:11.49	16/09/2012	Perth
	S6	Tiffany Thomas-Kane	1:43.14	24/08/2013	Sydney
	S7	Rachel Horler	1:37.62	22/09/2008	Melbourne
	S8	Maddison Elliott	1:20.84	23/08/2013	Sydney
	S9	Ellie Cole	1:08.26	27/11/2015	Sydney
	S10	Jasmine Greenwood	1:10.61	26/10/2018	Melbourne
	S11				
	S12				
Equal Record	S13	Tegian Van Roomalen	1:12.32	27/11/2015	Sydney
Equal Record	S13	Jenna Jones	1:12.32	27/10/2017	Adelaide
	S14	Taylor Corry	1:07/86	7/11/2014	Adelaide
	S15	Teneale Houghton	1:08.70	2/07/2011	Adelaide
	S16	Lavinia Foote Morid	1:58.73	21/05/2011	Sydney
200m Backstroke	S5	Cassandra Brown	6:25.74	27/08/2005	Sydney
	S6	Tracey Holder	5:37.17	9/08/1997	Sydney
	S7	Anna McNamara	3:39.38	5/05/2012	Sydney
	S8				
	S9	Ashleigh Cockburn	2:31.55	9/06/2013	Canberra
	S10	Katrina Lewis	3:03.06	29/06/2003	Canberra
	S12				
	S13				
	S14	Jenna Jones	3:13.85	1/06/2013	Sydney
	S15	Siobhan Paton	2:42.13	31/05/1997	Sydney
S16	Samantha Taylor	3:29.70	7/06/2003	Sydney	

OPEN NSW SC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2	Tracy Barrell	1:39.01	1992	
	SB3	Catherine Ryan	1:29.87	22/05/1999	Sydney
	SB4	Sarah Hilt	1:10.14	14/07/2012	Sydney
	SB5	Kirra O,Cass	1:34.90	19/09/1998	Adelaide
	SB6	Tiffany Thomas-Kane	44.70	27/11/2015	Sydney
	SB7	Emma Fernandez	56.46	15/07/2000	Sydney
	SB8	Maddison Elliott	42.26	5/11/2014	Adelaide
	SB9	Kendall Williams	37.34	27/11/2015	Sydney
	SB11				
	SB12				
	SB13	Prudence Watt	36.46	14/07/2012	Sydney
	SB14	Ashley Van Rijswijk	37.27	25/10/2018	Melbourne
	SB15	Alana Dougherty	39.35	31/08/2007	Melbourne
	SB16	Lavinia Foote Morid	1:02.34	1/04/2012	Blacktown
	100m Breaststroke	SB1			
SB2					
SB3		Catherine Ryan	3:04.99	13/03/1999	Sydney
SB4		Sarah Hilt	2:34.29	16/09/2012	Perth
SB5		Sarah Rose	2:08.41	7/06/2003	Sydney
SB6		Tiffany Thomas-Kane	1:38.40	28/11/2015	Sydney
SB7		Tiffany Thomas-Kane	1:35.48	20/07/2019	Sydney
SB8		Nicole Davey	1:42.50	13/03/1999	Sydney
SB9		Jasmine Greenwood	1:18.27	28/10/2017	Adelaide
SB11		Carolyn Connors	1:44.72	1982	Hong Kong
SB12					
SB13		Jenna Jones	1:21.95	6/08/2016	Sydney
SB14		Amanda Fowler	1:22.71	25/08/2013	Sydney
SB15		Alana Dougherty	1:25.82	1/09/2007	Melbourne
SB16		Zoe Drakos	2:03.82	16/06/2000	Wollongong
200m Breaststroke		SB4			
	SB5				
	SB6	Lucy Williams	4:46.20	5/06/2004	Sydney
	SB7	Emma Fernandez	4:22.94	15/04/2000	Windsor
	SB8				
	SB9	Jasmine Greenwood	3:03.14	3/07/2016	Sydney
	SB11				
	SB12				
	SB13				
	SB14	Alicia Aberley	3:02.19	22/08/1998	Sydney
SB15	Samantha Taylor	3:41.24	28/08/2004	Sydney	
SB16					

OPEN NSW SC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
50m Butterfly	S1					
	S2					
	S3	Julie Ryan	1:56.53	9/08/1997	Sydney	
	S4	Melissa Willson	1:12.39	28/03/1998	Sydney	
	S5	Kirra O' Cass	1:06.80	30/05/1999	Gosford	
	S6	Tiffany Thomas-Kane	40.05	28/11/2015	Sydney	
	S7	Jacqueline Freney	35.80	6/11/2014	Adelaide	
	S8	Maddison Elliott	33.14	7/07/2013	Sydney	
	S9	Maddison Elliott	33.65	7/07/2018	Sydney	
	S10	Kendall Williams	33.19	6/07/2014	Sydney	
	S11					
	S12					
	S13	Teigan Van Roosmalen	31.66	8/08/2009	Hobart	
	S14	Taylor Corry	30.35	28/11/2015	Sydney	
	S15	Teneale Houghton	31.72	15/07/2010	Brisbane	
	S16					
100m Butterfly	S5					
	S6	Sarah Rose	1:30.91	23/08/2013	Sydney	
	S7	Rachel Staines	1:42.85	24/08/2013	Sydney	
	S8	Maddison Elliott	1:14.79	23/08/2013	Sydney	
	S9	Ellie Cole	1:11.77	27/11/2015	Sydney	
	S10	Jasmine Greenwood	1:07.91	24/08/2019	Sydney	
	S11					
	S12					
	S13	Teigan Van Roosmalen	1:08.43	12/08/2009	Hobart	
	S14	Taylor Corry	1:07.48	24/08/2019	Sydney	
	S15	Elissa Kranitis	1:16.35	1990		
	S16					
	200m Butterfly	S8	Sharni Ross	3:02.70	23/05/2009	Sydney
		S9	Tahlia Blanshard	2:55.37	28/05/2017	Woy Woy
		S10	Tahlia Blanshard	3:07.89	18/05/2015	Sydney
		S11				
S12						
S13		Teigan Van Roosmalen	2:32.32	12/07/2008	Sydney	
S14		Siobhan Paton	2:54.10	31/05/1997	Sydney	
S15		Vanessa Beddie	4:18.03	29/07/2007	Sydney	
S16						

OPEN NSW SC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
100m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
	SM6	Melissa Hayward	2:29.43	27/08/2005	Sydney
	SM7	Rachel Horler	2:11.93	5/06/2004	Sydney
	SM8	Sharni Ross	1:38.25	9/09/2007	Campbelltown
	SM9	Marita Morgan	1:44.27	7/06/2003	Sydney
	SM10	Lauren Sinclair	1:31.48	1/06/2002	Sydney
	SM11				
	SM12				
	SM13	Catherine Ager	1:31.08	28/08/2004	Sydney
	SM14	Amy Cook	1:22.22	4/06/2016	Sydney
	SM15	Vanessa Beddie	2:26.37	21/05/2006	Manley
	SM16				
150m IM	SM1				
	SM2				
	SM3				
	SM4				
	SM5				
200m IM	SM3				
	SM4				
	SM5	Sarah Hilt	4:30.94	16/09/2012	Perth
	SM6	Tiffany Thomas-Kane	3:11.19	21/11/2015	Sydney
	SM7	Jacqueline Frene	2:53.90	6/11/2014	Adelaide
	SM8	Maddison Elliott	2:57.50	6/11/2014	Adelaide
	SM9	Ashleigh Cockburn	2:46.42	23/08/2013	Sydney
	SM10	Jasmine Greenwood	2:27.61	23/08/2019	Sydney
SM11	Carolyn Connors	3:18.87	1982	Hong Kong	
SM12					
SM13	Teigan Van Rossmalen	2:33.43	15/07/2010	Brisbane	
SM14	Taylor Corry	2:29.14	22/08/2013	Sydney	
SM15	Teneale Houghton	2:34.29	16/09/2012	Perth	
SM16					
400m IM	S8				
	S9	Kate Bailey	6:34.34	11/08/1996	Sydney
	S10				
	S11				
	S12				
	S13				
	S14	Siobhan Paton	6:00.19	7/06/1997	Canberra
	S15	Vanessa Beddie	13:39.31	6/11/2004	Sydney
S16					