

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2				
	S3				
	S4	Deanna Johnson	1:18.77	4/10/2001	Brisbane
	S5	Kirra O'Cass	59.63	11/09/1999	Sydney
	S6	Tiffany Thomas-Kane	35.48	4/04/2015	Sydney
	S7	Rachel Horler	44.44	6/05/2005	Sydney
	S8	Maddison Elliott	32.96	8/05/2012	Sydney
	S9	Jasmine Greenwood	30.42	22/04/2017	Brisbane
	S10	Jasmine Greenwood	29.08	27/04/2018	Sydney
	S11	Moana Faasisla	50.65	29/11/2014	Sydney
	S12	Kirsten Busby	48.39	20/10/2012	Sydney
	S13	Jenna Jones	30.50	1/04/2014	Brisbane
	S14	Amanda Fowler	31.62	8/06/2010	Brisbane
	S15	Brooke King	29.06	27/04/2018	Sydney
	S16	Zoe Drakos	52.27	14/04/2000	Sydney
100m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	2:32.67	15/04/1999	Perth
	S6	Tiffany Thomas-Kane	1:20.38	30/04/2015	Sydney
	S7	Rachel Horler	1:36.94	20/02/2005	Sydney
	S8	Madison Elliott	1:11.40	8/10/2011	Canberra
	S9	Jasmine Greenwood	1:07.12	23/04/2017	Brisbane
	S10	Jasmine Greenwood	1:05.49	21/01/2018	Sydney
	S11	Moana Faasisila	2:03.36	28/03/2015	Sydney
	S12	Kirsten Busby	1:50.15	20/10/2012	Sydney
	S13	Jenna Jones	1:05.66	24/07/2014	Melbourne
	S14	Alicia Aberley	1:07.59	16/03/1997	Adelaide
	S15	Brooke King	1:03.82	28/04/2018	Sydney
	S16	Zoe Drakos	2:01.28	14/04/2000	Sydney

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6	Tiffany Thomas-Kane	3:19.02	10/09/2013	Adelaide
	S7	Rachel Horler	3:29.90	11/11/2005	Gosford
	S8	McKinley Arnison	2:48.19	20/10/2018	Sydney
	S9	Jasmine Greenwood	2:24.55	11/04/2017	Brisbane
	S10	Katrina Lewis	2:29.11	2/03/2002	Canberra
	S11				
	S12				
	S13	Jenna Jones	2:34.20	4/04/2014	Brisbane
	S14	Amanda Fowler	2:32.25	23/10/2010	Sydney
	S15	Brooke King	2:22.81	8/04/2018	Sydney
	S16				
400m Freestyle	S6	Sarah Keenahan	6:53.06	16/08/2014	Blacktown
	S7	Rachel Horler	7:23.37	19/02/2005	Sydney
	S8	Maddison Elliott	5:31.43	11/02/2012	Sydney
	S9	Jasmine Greenwood	5:05.89	10/04/2017	Brisbane
	S10	Jasmine Greenwood	4:46.76	1/07/2018	Adelaide
	S11				
	S12				
	S13	Jenna Jones	5:26.44	19/04/2014	Sydney
	S14	Amanda Fowler	5:15.45	7/08/2010	Blacktown
	S15	Teneal Houghton	5:12.86	19/02/2005	Sydney
S16					

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2				
	S3				
	S4	Deanna Johnson	1:24.01	30/09/2001	Brisbane
	S5	Kirra O'Cass	1:01.78	11/01/1998	Canberra
	S6	Tiffany Thomas-Kane	45.12	4/04/2014	Brisbane
	S7	Holly Warn	54.88	20/10/2018	Sydney
	S8	Maddson Elliot	40.53	9/10/2011	Canberra
	S9	Jasmine Greenwood	36.60	2/04/2017	Sydney
	S10	Nicole Miro	37.36	8/12/2013	Sydney
	S11	Moana Faasisila	58.00	28/03/2015	Sydney
	S12	Kirsten Busby	55.41	20/10/2012	Sydney
	S13	Jenna Jones	37.39	24/07/2014	Melbourne
	S14	Siobhan Paton	35.34	1/06/1997	Sydney
	S15	Brooke King	35.24	28/04/2018	Sydney
	S16	Zoe Drakos	1:08.05	14/04/2000	Sydney
100m Backstroke	S1				
	S2				
	S3				
	S4	Deanna Johnson	2:46.31	4/10/2001	Brisbane
	S5	Kirra O'Cass	2:19.22	11/09/1999	Sydney
	S6	Tiffany Thomas-Kane	1:34.31	3/04/2015	Sydney
	S7	Holly Warn	1:57.05	20/10/2018	Sydney
	S8	Maddson Elliott	1:31.18	8/05/2012	Sydney
	S9	Jasmine Greenwood	1:21.22	4/03/2017	Sydney
	S10	Kendall Williams	1:23.20	16/03/2013	Sydney
	S11	Moana Faasisila	2:18.54	28/03/2015	Sydney
	S12	Kirsten Busby	2:10.03	20/10/2012	Sydney
	S13	Jenna Jones	1:21.41	4/04/2014	Brisbane
	S14	Amanda Fowler	1:21.42	8/06/10	Brisbane
	S15	Brooke King	1:17.04	27/04/2018	Sydney
	S16				
200m Backstroke	S7				
	S8				
	S9				
	S10				
	S11				
	S12				
	S13	Jenna Jones	3:07.62	26/10/2013	Sydney
	S14	Amanda Fowler	3:15.02	24/10/2009	Sydney
S15	Teneale Houghton	2:59.45	6/03/2004	Sydney	

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3	Ashlea Pellow	2:35.67	24/03/2007	Blacktown
	SB4	Victoria Pearce	1:57.85	2/06/2001	Sydney
	SB5				
	SB6	Tiffany Thomas-Kane	44.50	10/04/2015	Sydney
	SB7	McKinley Arnison	52.02	21/04/2019	Adelaide
	SB8	Maddison Elliott	47.35	9/10/2011	Canberra
	SB9	Jasmine Greenwood	37.80	10/04/2017	Brisbane
	SB11				
	SB12				
	SB13	Jenna Jones	40.40	5/05/2014	Sydney
	SB14	Georgia Smyth	40.52	21/02/2015	Sydney
	SB15	Nicole Taylor	40.38	2/02/2020	Wagga Wagga
	SB16	Zoe Drakos	1:06.85	5/03/2000	Unanderra
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5		Beth Horton	3:44.35	8/11/1997	Sydney
SB6		Tiffany Kane-Thomas	1:43.45	6/04/2015	Sydney
SB7		Rachel Staines	2:25.97	11/10/2008	Sydney
SB8		Maddison Elliott	1:42.70	12/02/2012	Sydney
SB9		Jasmine Greenwood	1:22.81	21/01/2018	Sydney
SB11					
SB12					
SB13		Jenna Jones	1:30.13	1/04/2014	Brisbane
SB14		Alicia Aberley	1:27.14	31/01/1998	Sydney
SB15		Nicole Taylor	1:29.93	22/02/2020	Sydney
SB16		Zoe Drakos	2:38.21	11/09/1999	Sydney
200m Breaststroke		SB6	Siobhann Biasi	6:21.22	23/07/2005
	SB7	Rachel Staines	5:01.46	15/03/2008	Blacktown
	SB8				
	SB9	Jasmine Greenwood	3:06.43	10/12/2016	Sydney
	SB12				
	SB13	Jenna Jones	3:33.08	26/10/2013	Sydney
SB14	Paige Leonhardt	3:36.02	23/03/2013	Blacktown	
SB15					

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4				
	S5	Kirra O'Cass	1:10.02	15/04/1999	Perth
	S6	Tiffany Thomas-Kane	38.83	5/04/2015	Sydney
	S7	Anna McNamara	54.43	4/03/2006	Sydney
	S8	Maddison Elliott	35.70	1/05/2012	Sydney
	S9	Jasmine Greenwood	33.04	13/04/2017	Brisbane
	S10	Paige Leonhardt	35.82	5/04/2014	Brisbane
	S11	Moana Faasisila	1:17.68	29/11/2014	Sydney
	S12				
	S13	Jenna Jones	34.85	5/04/2014	Brisbane
	S14	Amanda Fowler	34.37	1/06/1997	Sydney
	S15	Brooke King	34.10	28/04/2018	Sydney
	S16				
100m Butterfly	S5				
	S6	Kate Wilson	53.38	1/04/2012	Blacktown
	S7	Anna McNamara	2:09.87	22/07/2006	Blacktown
	S8	Maddison Elliott	1:24.19	11/02/2012	Sydney
	S9	Jasmine Greenwood	1:22.05	4/03/2017	Sydney
	S10	Jasmine Greenwood	1:08.95	4/07/2018	Adelaide
	S11				
	S12				
	S13	Teigan Van Roosmalen	1:19.28	8/05/2005	Sydney
	S14	Yasmine-Bella Younes	1:24.11	16/12/2019	Sydney
S15	Nicole Taylor	1:18.07	22/02/2020	Sydney	
S16					
200m Butterfly	S13				
	S14				
	S15				

13 YEARS & UNDER NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4				
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Tiffany Thomas-Kane	3:28.00	5/04/2014	Bribsane
	SM7	Rachel Staines	4:39.19	11/10/2008	Sydney
	SM8	Maaddison Elliott	3:03.82	10/02/2012	Sydney
	SM9	Jasmine Greenwood	2:43.02	12/04/2017	Bribsane
	SM10	Jasmine Greenwood	2:36.09	28/02/2018	Gold Coast
	SM11				
	SM12	Debra Wells	4:44.11	4/09/1993	Adelaide
	SM13	Teigan Van Roosmalen	2:53.33	18/03/2005	Sydney
SM14	Siobhan Paton	2:50.01	1/06/1997	Sydney	
SM15	Teneale Houghton	2:48.99	18/03/2005	Sydney	
SM16					
400m Ind Medley	SM14				
	SM15				

14 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2	Emilie Miller	1:44.58	12/02/2010	Sydney
	S3	Julie Ryan	1:45.73	2/11/1996	Sydney
	S4	Melissa Willson	1:14.28	13/05/1995	Sydney
	S5	Kirra O'Cass	57.35	2/05/2000	Sydney
	S6	Tiffany Thomas-Kane	34.66	7/04/2016	Adelaide
	S7	Rachel Horler	41.76	4/12/2006	Brisbane
	S8	Maddison Elliott	30.28	27/04/2013	Adelaide
	S9	Bella Niarros	32.25	3/04/2016	Adelaide
	S10	Jasmine Greenwood	28.91	11/04/2019	Adelaide
	S11	Moana Faasisila	49.87	4/04/2016	Sydney
	S12	Jodie Barnier	34.76	11/03/2000	Sydney
	S13	Jenna Jones	29.06	25/11/2015	Adelaide
	S14	Siobhan Paton	30.17	31/01/1998	Sydney
	S15	Brooke King	29.14	15/03/2019	Sydney
	S16				
100m Freestyle	S1				
	S2	Emilie Miller	3:31.60	14/02/2010	Sydney
	S3				
	S4	Melissa Willson	2:42.85	13/05/1995	Sydney
	S5	Kirra O'Cass	2:06.54	6/05/2000	Sydney
	S6	Tiffany Thomas-Kane	1:17.00	11/04/2016	Adelaide
	S7	Rachel Horler	1:36.34	26/02/2006	Sydney
	S8	Maddison Elliott	1:06.53	13/09/2013	Adelaide
	S9	Kate Bailey	1:12.16	1/06/1996	Sheffield
	S10	Jasmine Greenwood	1:02.33	12/04/2019	Adelaide
	S11	Moana Faasisila	1:58.25	6/05/2016	Sydney
	S12	Jodie Barnier	1:20.76	11/03/2000	Sydney
	S13	Jenna Jones	1:03.84	27/11/2015	Adelaide
	S14	Alicia Aberley	1:05.49	25/03/1999	Brisbane
	S15	Brooke King	1:03.41	12/04/2019	Adelaide
	S16				

14 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4				
	S5				
	S6				
	S7	Rachel Horler	3:25.22	22/07/2006	Blacktown
	S8	Maddison Elliott	2:29.69	10/09/2013	Adelaide
	S9				
	S10	Nicole Miro	2:32.87	22/07/2014	Melbourne
	S11				
	S12				
	S13	Jenna Jones	2:22.35	26/11/2015	Adelaide
	S14	Alicia Aberley	2:25.73	16/10/1998	Christchurch
	S15	Brooke King	2:15.64	10/04/2019	Adelaide
	S16				
400m Freestyle	S6	Sarah Keenahan	6:31.01	28/02/2015	Sydney
	S7	Rachel Horler	6:55.70	18/12/2005	Sydney
	S8	Maddison Elliott	5:08.31	13/04/2013	Adelaide
	S9	Jayne Paris	7:04.85	6/03/2004	Sydney
	S10	Katrina Lewis	5:03.22	24/11/2002	Canberra
	S11				
	S12				
	S13	Jenna Jones	5:08.84	23/11/2015	Adelaide
	S14	Siobhan Paton	5:04.61	5/06/1998	Sheffield
	S15	Brooke King	4:59.86	16/03/2019	Sydney
S16					

14 YEARS NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:46.65	28/02/2010	Canberra
	S3	Julie Ryan	1:42.17	2/11/1996	Sydney
	S4	Melissa Willson	1:27.79	13/05/1995	Sydney
	S5	Kirra O'Cass	1:05.06	28/10/1999	Sydney
	S6	Sarah Keenahan	51.51	20/04/2015	Sydney
	S7	Rachel Horler	53.98	26/02/2006	Sydney
	S8	Maddison Elliott	37.19	30/04/2013	Adelaide
	S9	Annabelle Williams	39.65	2/04/2003	Sydney
	S10	Jasmine Greenwood	34.40	23/02/2019	Sydney
	S11	Moana Faasisila	56.86	3/04/2016	Sydney
	S12	Kirsten Busby	58.17	26/10/2013	Sydney
	S13	Jenna Jones	35.21	26/01/2015	Adelaide
	S14	Siobhan Paton	33.53	28/04/1998	Melbourne
	S15	Brooke King	33.83	7/04/2019	Adelaide
	S16				
100m Backstroke	S1				
	S2	Emilie Miller	3:38.06	13/02/2010	Sydney
	S3				
	S4	Cassandra Brown	3:36.93	16/11/2002	Sydney
	S5	Kirra O'Cass	2:17.22	13/05/2000	Sydney
	S6	Tiffany Thomas-Kane	1:34.51	8/04/2016	Adelaide
	S7	Rachel Horler	1:47.56	3/12/2006	Brisbane
	S8	Maddison Elliott	1:19.84	26/04/2013	Adelaide
	S9	Kate Bailey	1:27.84	23/01/1997	Sydney
	S10	Jasmine Greenwood	1:10.36	8/04/2019	Adelaide
	S11	Moana Faasisila	2:14.47	2/04/2017	Sydney
	S12	Kirsten Busby	2:05.98	26/10/2013	Sydney
	S13	Jenna Jones	1:17.69	21/11/2015	Adelaide
	S14	Siobhan Paton	1:12.16	29/01/1998	Sydney
	S15	Brooke King	1:15.07	8/04/2019	Adelaide
	S16				
200m Backstroke	S7	Melissa Hayward	5:33.62	10/11/2001	Sydney
	S8				
	S9				
	S10	Sian Lucas	3:21.97	6/03/2005	Sydney
	S11				
	S12				
	S13	Jenna Jones	2:54.61	23/11/2015	Adelaide
	S14	Kara Leo	2:46.30	21/08/2007	Belgium
S15					

14 YEARS NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4	Melissa Willson	1:33.75	13/05/1995	Sydney
	SB5	Rachel Coady	1:25.06	16/11/2002	Sydney
	SB6	Tiffany Thomas-Kane	43.06	9/04/2016	Adelaide
	SB7	McKinley Arnison	54.06	16/11/2019	Lismore
	SB8	Maddison Elliott	44.02	14/04/2013	Adelaide
	SB9	Paige Leonhardt	39.70	19/04/2015	Sydney
	SB11				
	SB12				
	SB13	Jenna Jones	38.77	19/04/2015	Sydney
	SB14	Amanda Fowler	38.40	2/08/2011	Melbourne
	SB15	Teneale Houghton	41.65	10/04/2006	Sydney
	SB16				
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5		Rachel Coady	3:15.37	16/11/2002	Sydney
SB6		Tiffany Thomas-Kane	1:35.30	13/04/2016	Adelaide
SB7		Rachel Staines	2:13.28	24/01/2009	Canberra
SB8		Nicole Davey	1:42.70	23/03/1999	Brisbane
SB9		Jasmine Greenwood	1:23.51	17/03/2019	Sydney
SB11					
SB12					
SB13		Jenna Jones	1:26.98	25/11/2015	Adelaide
SB14		Alicia Aberley	1:24.82	23/03/1999	Brisbane
SB15		Amanda Hilton	1:30.04	28/01/1996	Canberra
200m Breaststroke		SB6			
	SB7	Rachel Staines	5:07.48	28/03/2009	Blacktown
	SB9	Paige Leonhardt	3:15.57	29/11/2014	Sydney
	SB12				
	SB13	Jenna Jones	3:15.26	27/11/2015	Adelaide
	SB14	Sarah McIntosh	3:27.99	24/11/2018	Coffs Harbour
SB15					

14 YEARS NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3	Julie Ryan	2:13.04	2/11/1996	Sydney
	S4				
	S5	Kirra O'Cass	1:02.12	5/05/2000	Sydney
	S6	Tiffany Thomas-Kane	38.32	13/04/2016	Adelaide
	S7	Danielle Weymark	48.86	16/12/2007	Sydney
	S8	Maddison Elliott	33.64	10/09/2013	Adelaide
	S9	Kate Bailey	37.58	23/04/1996	Sydney
	S10	Kendell Williams	32.86	23/02/2014	Sydney
	S11				
	S12	Jodie Barnier	43.31	29/10/1999	Sydney
	S13	Jenna Jones	33.56	23/11/2015	Adelaide
	S14	Siobhan Paton	32.85	8/10/1997	Brisbane
	S15	Brooke King	33.50	13/05/2019	Adelaide
	S16				
100m Butterfly	S5				
	S6	Sarah Keenahan	1:51.51	10/04/2015	Sydney
	S7	Rachel Staines	2:03.52	24/10/2009	Sydney
	S8	Maddison Elliott	1:18.28	16/03/2013	Sydney
	S9	Kate Bailey	1:22.46	1/06/1996	Sheffield
	S10	Jasmine Greenwood	1:08.77	11/04/2019	Adelaide
	S11				
	S12				
	S13	Teigan Van Roosmalen	1:16.11	26/02/2006	Sydney
	S14	Siobhan Paton	1:12.88	6/10/1997	Brisbane
S15	Nomiki Lau	1:29.60	22/10/2011	Sydney	
S16					
200m Butterfly	S8	Sharni Ross	3:10.31	5/11/2006	Campbelltown
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Amanda Fowler	2:51.09	22/10/2011	Sydney
S15					

14 YEARS NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
150m Ind Medley	SM1					
	SM2					
	SM3					
	SM4	Melissa Willson	5:09.32	13/05/1995	Sydney	
	SM5					
	SM6					
	SM7					
	SM8					
200m Ind Medley	SM3					
	SM4					
	SM5	Anna Mcnamara	4:28.59	24/03/2007	Blacktown	
	SM6	Tiffany Thomas-Kane	3:08.98	12/04/2016	Adelaide	
	SM7	Emma Fernandez	4:18.57	28/11/1998	Sydney	
	SM8	Maddison Elliott	2:52.27	9/09/2013	Adelaide	
	SM9	Kate Bailey	3:02.16	2/06/1996	Sheffield	
	SM10	Jasmine Greenwood	2:31.52	9/04/2019	Adelaide	
	SM11					
	SM12	Jodie Barnier	3:43.88	11/03/2000	Sydney	
	SM13	Jenna Jones	2:49.93	21/11/2015	Adelaide	
	SM14	Alicia Aberley	2:42.79	12/10/1998	Christchurch	
	SM15	Teneale Houghton	2:44.11	31/01/2006	Melbourne	
	SM16					
	400m Ind Medley	SM14	Sarah McIntosh	6:35.60	28/09/2018	Port Macquarie
		SM15				

15 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S2	Emilie Miller	1:43.96	16/3//2010	Sydney
	S3	Julie Ryan	1:28.10	18/04/1997	Sydney
	S4	Melissa Willson	59.67	2/06/1996	Sheffield
	S5	Kirra O'Cass	1:01.30	2/06/2001	Sydney
	S6	Tiffany Thomas-Kane	35.24	12/04/2017	Brisbane
	S7	Rachel Horler	41.23	16/02/2007	Sydney
	S8	Maddison Elliott	30.13	1/04/2014	Brisbane
	S9	Ashleigh Cockburn	32.46	1/04/2014	Brisbane
	S10	Katrina Lewis	31.13	28/03/2004	Sydney
	S11				
	S12	Jodie Barnier	34.45	2/05/2000	Sydney
	S13	Jenna Jones	28.96	7/04/2016	Adelaide
	S14	Amy Cook	29.89	1/04/2014	Brisbane
	S15	Teneale Houghton	29.71	16/02/2007	Sydney
	S16	Zoe Drakos	53.02	24/08/2002	Sydney
	100m Freestyle	S1			
S2		Emilie Miller	3:47.58	13/02/2011	Sydney
S3					
S4		Melissa Willson	2:05.00	1/06/1996	Sheffield
S5		Cassandra Brown	3:25.70	8/11/2003	Sydney
S6		Tiffany Thomas-Kane	1:19.84	9/04/2017	Brisbane
S7		Rachel Horler	1:28.09	4/10/2007	Sydney
S8		Maddison Elliott	1:06.14	1/04/2014	Brisbane
S9		Ashleigh Cockburn	1:09.19	2/04/2014	Brisbane
S10		Katrina Lewis	1:07.62	1/04/2004	Sydney
S11					
S12		Jodie Barnier	1:18.20	2/04/2000	Sydney
S13		Jenna Jones	1:03.14	10/04/2016	Adelaide
S14		Amy Cook	1:06.48	2/03/2014	Sydney
S15		Teneale Houghton	1:05.10	18/02/2007	Sydney
S16		Zoe Drakos	2:17.00	24/08/2002	Sydney

15 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	4:35.90	16/04/1996	Sydney
	S5	Cassandra Brown	6:15.10	8/11/2003	Sydney
	S6	Sarah Keenahan	3:13.67	26/11/2015	Adelaide
	S7	Julia Corderoy	4:07.00	16/11/2002	Sydney
	S8	Maddison Elliott	2:28.95	4/04/2014	Brisbane
	S9				
	S10	Nicole Miro	2:27.89	26/11/2015	Adelaide
	S11				
	S12	Jodie Barnier	2:55.70	25/11/2000	Sydney
	S13	Prudence Watt	2:29.60	16/11/2002	Sydney
	S14	Amanda Fowler	2:24.62	30/07/2012	Sydney
	S15	Melanie Smith	2:41.30	29/12/1993	Adelaide
	S16				
400m Freestyle	S6	Kate Wilson	6:37.23	1/02\3/2014	Sydney
	S7	Rachel Horler	6:40.46	12/10/2007	Woy Woy
	S8	Maddison Elliott	5:08.50	5/04/2014	Brisbane
	S9	Ashleigh Cockburn	5:01.32	1/03/2014	Sydney
	S10	Katrina Lewis	5:07.36	29/03/2004	Sydney
	S11				
	S12				
	S13	Jenna Jones	4:59.41	9/04/2016	Adelaide
	S14	Amanda Fowler	5:04.21	28/07/2012	Blacktown
	S15	Teneale Houghten	5:01.56	29/12/1993	Sydney
S16					

15 YEARS NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:51.06	23/10/2010	Sydney
	S3	Julie Ryan	1:29.40	8/11/1997	Sydney
	S4	Melissa Willson	1:12.40	1/06/1996	Sheffield
	S5	Kirra O'Cass	1:01.70	25/10/2000	Sydney
	S6	Tiffany Thomas-Kane	47.34	12/05/2017	Sydney
	S7	Rachel Horler	51.85	4/10/2007	Sydney
	S8	Maddson Elliott	37.51	4/04/2014	Brisbane
	S9	Ashleigh Cockburn	35.85	4/04/2014	Brisbane
	S10	Nicole Miro	34.41	7/04/2015	Sydney
	S11				
	S12	Jodie Barnier	46.02	2/05/2000	Sydney
	S13	Jenna Jones	36.37	4/04/2016	Adelaide
	S14	Siobhan Paton	33.27	17/10/1998	Christchurch
	S15	Amanda Hilton	35.80	17/07/1997	Copenhagen
	S16	Zoe Drakos	1:10.70	24/08/2002	Sydney
100m Backstroke	S1				
	S2	Emilie Miller	3:50.23	12/02/2011	Sydney
	S3	Julie Ryan	3:08.90	8/11/1997	Sydney
	S4	Cassandra Brown	3:17.00	8/03/2003	Sydney
	S5	Kirra O'Cass	2:25.50	2/06/2001	Sydney
	S6	Sarah Keenahan	1:49.65	21/11/2015	Adelaide
	S7	Rachler Horler	1:49.39	27/10/2007	Sydney
	S8	Maddison Elliott	1:21.56	4/04/2014	Brisbane
	S9	Ashleigh Cockburn	1:13.45	4/04/2014	Brisbane
	S10	Nicole Miro	1:14.19	3/04/2015	Sydney
	S11				
	S12	Kirsten Busby	2:02.48	29/11/2014	Sydney
	S13	Jenna Jones	1:15.68	8/04/2016	Adelaide
	S14	Madeleine McTernan	1:15.15	3/04/2016	Adelaide
	S15	Amanda Hilton	1:14.10	17/07/1997	Copenhagen
	S16				
200m Backstroke	S6				
	S7	Melissa Hayward	5:43.40	29/03/2003	Sydney
	S8	Mikaela Dingley	4:33.27	2/08/2009	Blacktown
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Amanda Fowler	2:50.85	28/07/2012	Blacktown
S15					

15 YEARS NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2				
	SB3				
	SB4	Melissa Willson	1:18.40	29/03/1996	Sydney
	SB5				
	SB6	Tiffany Thomas-Kane	43.52	10/04/2017	Brisbane
	SB7	Danielle Weymark	55.12	4/04/2008	Sydney
	SB8	Maddison Elliott	44.94	22/02/2014	Sydney
	SB9	Paige Leonhardt	37.41	4/04/2016	Adelaide
	SB11				
	SB12				
	SB13	Prudence Watt	40.19	22/03/2003	Brisbane
	SB14	Amanda Fowler	38.70	31/07/2012	Sydney
	SB15	Hannah Britton	39.82	2/12/2008	Canberra
	SB16	Zoe Drakos	1:08.70	24/08/2002	Sydney
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5		Sarah Rose	2:33.70	10/11/2001	Sydney
SB6		Tiffany Thomas-Kane	1:40.90	5/03/2017	Sydney
SB7		Madelaine Goodridge	2:31.86	1/02/2020	Taree
SB8		Nicole Davey	1:42.00	11/03/2000	Sydney
SB9		Paige Leonhardt	1:21.31	13/04/2016	Adelaide
SB11					
SB12					
SB13		Jenna Jones	1:25.01	13/04/2016	Adelaide
SB14		Alicia Aberley	1:23.20	8/01/2000	Sydney
SB15		Amanda Hilton	1:26.30	18/07/1997	Copenhagen
SB16		Zoe Drakos	2:32.60	24/08/2002	Sydney
200m Breaststroke		SB7			
	SB8				
	SB9	Paige Leonhardt	2:59.17	19/01/2016	Sydney
	SB13	Prudence Watt	3:09.30	16/11/2002	Sydney
	SB14	Alicia Aberley	2:59.30	9/01/2000	Sydney
	SB15				

15 YEARS NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3	Julie Ryan	2:03.50	19/04/1997	Sydney
	S4				
	S5	Anna McNamara	1:00.33	27/10/2007	Sydney
	S6	Tiffany Thomas-Kane	38.11	13/04/2017	Brisbane
	S7	Danielle Weymark	51.91	3/04/2008	Sydney
	S8	Maddison Elliott	33.48	23/02/2014	Sydney
	S9	Tahlia Blanshard	35.65	21/02/2016	Sydney
	S10	Nicole Miro	33.69	23/11/2015	Adelaide
	S11				
	S12	Jodie Barnier	41.35	5/05/2000	Sydney
	S13	Teigan Van Roosmalen	33.18	12/06/2006	Sydney
	S14	Amanda Fowler	32.27	4/03/2012	Sydney
	S15	Amanda Hilton	35.83	15/03/1997	Adelaide
	S16				
100m Butterfly	S5				
	S6	Sarah Keenahan	1:49.77	21/11/2015	Adelaide
	S7	Emma Fernandez	1:55.30	19/03/2000	Sydney
	S8	Maddison Elliott	1:16.28	1/03/2014	Sydney
	S9	Kate Bailey	1:20.30	6/10/1997	Brisbane
	S10	Paige Leonhardt	1:11.16	10/04/2016	Adelaide
	S12	Jodie Barnier	1:39.40	25/11/2000	Sydney
	S13	Teigan VanRoosmalen	1:13.27	17/02/2007	Sydney
	S14	Amander Fowler	1:13.92	11/02/2012	Sydney
	S15	Nomiki Lau	1:27.38	11/02/2012	Sydney
200m Butterfly	S9	Xiaoling Gribble	3:31.62	11/02/2012	Sydney
	S10	Tahlia Blanshard	2:58.02	25/11/2015	Adelaide
	S14	Amanda Fowler	2:46.53	26/10/2013	Blacktown
	S15				

15 YEARS NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
150m Ind Medley	SM1				
	SM2				
	SM3				
	SM4	Melissa Willson	3:58.47	29/03/1996	Sydney
200m Ind Medley	SM3				
	SM4				
	SM5				
	SM6	Tiffany Thomas-Kane	3:10.53	12/04/2017	Sydney
	SM7				
	SM8	Maddison Elliott	2:57.48	28/02/2014	Sydney
	SM9	Ashleigh Cockburn	2:48.58	6/04/2014	Brisbane
	SM10	Nicole Miro	2:44.52	21/11/2015	Adelaide
	SM11				
	SM12	Jodie Barnier	3:36.90	10/06/2000	Adelaide
	SM13	Prudence Watt	2:41.83	10/12/2002	Argentina
	400m Ind Medley	SM14	Amanda Fowler	2:43.23	29/07/2012
SM15		Amanda Hilton	2:39.79	19/07/1997	Copenhagen
SM16					
SM14		Madeleine McTernan	6:19.48	6/05/2016	Kempsey
SM15					

16 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2	Emilie Miller	1:50.46	2/04/2011	Sydney
	S3				
	S4	Melissa Willson	57.67	18/05/1997	Sheffield
	S5	Kirra O'Cass	58.78	23/02/2002	Sydney
	S6	Kate Wilson	39.96	18/05/2015	Sydney
	S7	Tiffany Thomas-Kane	35.59	28/02/2018	Gold Coast
	S8	Maddison Elliott	31.08	21/02/2015	Sydney
	S9	Zohe Hughes	31.69	14/04/2013	Adelaide
	S10	Katrina Lewis	30.48	13/03/2005	Sydney
	S11				
	S12	Jodie Barnier	35.18	6/04/2001	Sydney
	S13	Jenna Jones	29.07	7/12/2017	Adelaide
	S14	Taylor Corry	29.54	2/04/2011	Sydney
	S15	Teneale Houghton	29.36	23/03/2008	Sydney
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	2:04.61	20/04/1997	Sydney
	S5	Kirra O'Cass	2:10.39	22/02/2002	Sydney
	S6	Kate Wilson	1:29.87	4/05/2015	Sydney
	S7	Rachel Horler	1:25.07	29/04/2008	Sydney
	S8	Maddison Elliot	1:06.84	8/04/2015	Sydney
	S9	Zohe Hughes	1:09.52	15/04/2013	Adelaide
	S10	Katrina Lewis	1:06.64	17/03/2005	Sydney
	S11				
	S12	Jodie Barnier	1:21.51	7/04/2001	Sydney
	S13	Jenna Jones	1:03.03	8/12/2017	Adelaide
	S14	Taylor Corry	1:04.18	6/04/2011	Sydney
	S15	Teneale Houghton	1:04.83	3/04/2008	Sydney
	S16				

16 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	4:29.61	19/04/1997	Sydney
	S5				
	S6				
	S7	Rachel Horler	3:06.70	2/08/2008	Blacktown
	S8	Maddison Elliott	2:28.12	9/04/2015	Sydney
	S9	Kate Bailey	2:38.95	28/11/1998	Sydney
	S10	Nicole Miro	2:33.45	10/04/2016	Adelaide
	S11				
	S12				
	S13				
	S14	Amy Cook	2:23.34	9/04/2015	Sydney
	S15	Teneale Houghton	2:24.01	15/12/2007	Sydney
	S16				
400m Freestyle	S6	Kate Wilson	6:34.37	18/04/2015	Sydney
	S7	Rachel Horler	6:24.73	24/03/2008	Sydney
	S8	Maddison Elliott	5:06.61	28/02/2015	Sydney
	S9	Zohe Hughes	5:20.44	13/04/2013	Adelaide
	S10	Ashleigh Cockburn	5:07.30	6/04/2015	Sydney
	S11				
	S12				
	S13	Prudence Watt	4:57.69	8/11/2003	Sydney
	S14	Amanda Fowler	4:55.06	16/03/2013	Sydney
	S15	Teneale Houghton	4:57.57	12/12/2006	Brisbane
S16					

16 YEARS NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	2:03.00	7/08/2011	Blacktown
	S3				
	S4	Melissa Willson	1:06.14	20/04/1997	Sydney
	S5	Kirra O'Cass	1:05.17	24/02/2002	Sydney
	S6	Elizabeth Wright	51.08	28/01/1996	Canberra
	S7	Rachel Horler	53.86	2/08/2008	Blacktown
	S8	Maddison Elliott	36.65	7/04/2015	Sydney
	S9	Annabelle Williams	37.79	12/03/2004	Sydney
	S10	Nicole Miro	34.08	13/04/2016	Adelaide
	S11				
	S12				
	S13	Jenna Jones	35.15	23/02/2017	Springwood
	S14	Taylor Corry	33.58	3/08/2011	Melbourne
	S15	Teneale Houghton	34.93	27/03/2008	Sydney
	S16				
100m Backstroke	S1				
	S2	Emilie Miller	3:53.90	1/04/2011	Sydney
	S3				
	S4				
	S5	Kirra O'Cass	2:20.44	4/10/2001	Brisbane
	S6	Sarah Keenahan	1:45.53	4/03/2017	Sydney
	S7	Rachel Horler	1:43.83	22/03/2008	Sydney
	S8	Maddison Elliott	1:20.48	3/04/2015	Sydney
	S9	Elizabeth Slack	1:21.02	31.07/2012	Sydney
	S10	Ashleigh Cockburn	1:15.63	28/02/2015	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:15.84	7/12/2017	Adelaide
	S14	Madeleine McTernan	1:12.72	22/04/2017	Brisbane
	S15	Teneale Houghton	1:15.75	22/03/2008	Sydney
	S16				
200m Backstroke	S7	Anna McNamara	4:00.51	28/03/2009	Blacktown
	S8	Louise Sumner	3:20.91	8/11/2003	Sydney
	S9	Amanda Hilton	3:02.17	8/11/1997	Sydney
	S10	Kara Leo	2:52.79	11/10/2008	Sydney
	S12				
	S13				
	S14	Amanda Fowler	2:55.05	23/03/2013	Sydney

16 YEARS NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
50m Breaststroke	SB4	Melissa Willson	1:17.60	7/12/1996	Perth	
	SB5	Sarah Rose	55.50	23/01/2003	Sydney	
	SB6	Kate Wilson	49.87	20/04/2015	Sydney	
	SB7	Tiffany Thomas-Kane	46.57	3/07/2018	Adelaide	
	SB8	Maddison Elliott	44.80	21/02/2015	Sydney	
	SB9	Kendall Williams	38.64	9/04/2016	Adelaide	
	SB11					
	SB12	Jodie Barnier	48.29	7/04/2001	Sydney	
	SB13	Prudence Watt	38.15	28/03/2003	Sydney	
	SB14	Alicia Aberley	38.17	20/10/2000	Sydney	
	SB15	Alana Dougherty	39.08	2/12/2008	Canberra	
	SB16					
	100m Breaststroke	SB1				
		SB2				
		SB3				
		SB4				
SB5		Sarah Rose	2:10.38	20/01/2003	Sydney	
SB6		Kate Wilson	1:50.60	19/04/2015	Sydney	
SB7		Tiffany Thomas-Kane	1:39.65	2/07/2018	Adelaide	
SB8		Maddison Elliott	1:42.62	1/03/2015	Sydney	
SB9		Kendal Williams	1:25.14	13/04/2016	Adelaide	
SB11						
SB12						
SB13		Prudence Watt	1:23.00	22/03/2003	Sydney	
SB14		Alicia Aberley	1:21.63	27/03/2003	Hobart	
SB15		Alana Dougherty	1:27.73	24/01/2009	Canberra	
SB16						
200m Breaststroke		SB7				
	SB8	Jayne Paris	4:36.54	23/07/2005	Blacktown	
	SB9	Maddyson Lloyd	3:14.82	3/05/2017	Sydney	
	SB12					
	SB13	Prudence Watt	3:05.30	8/11/2003	Sydney	
	SB14	Alicia Aberley	2:55.26	20/01/2001	Sydney	
SB15	Samantha Taylor	3:47.00	8/11/2003	Sydney		

16 YEARS NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4	Melissa Willson	1:24.60	2/11/1996	Sydney
	S5	Kirra O'Cass	1:05.60	24/02/2002	Sydney
	S6	Kate Wilson	43.00	5/04/2015	Sydney
	S7	Tiffany Thomas-Kane	38.88	1/07/2018	Adelaide
	S8	Maddison Elliott	33.65	5/04/2015	Sydney
	S9	Kate Bailey	35.81	6/02/1999	Sydney
	S10	Nicole Miro	34.45	13/04/2016	Adelaide
	S11				
	S12	Jodie Barnier	40.65	7/04/2001	Sydney
	S13	Teigan Van Roosmalen	32.33	24/03/2008	Sydney
	S14	Amy Cook	33.13	5/04/2015	Sydney
	S15	Teneale Houghton	32.82	3/04/2008	Hobart
	S16				
100m Butterfly	S5				
	S6	Kate Wilson	1:43.00	19/04/2015	Sydney
	S7	Rachel Staines	1:58.00	9/10/2011	Canberra
	S8	Maddison Elliott	1:18.02	28/02/2015	Sydney
	S9	Kate Bailey	1:20.16	5/06/1998	Sheffield
	S10	Nicole Miro	1:17.80	10/04/2016	Adelaide
	S11				
	S12				
	S13	Teigan Van Roosmalen	1:11.31	28/03/2008	Sydney
	S14	Amanda Fowler	1:13.35	16/03/2013	Sydney
S15					
S16					
200m Butterfly	S13	Teigan Van Roosmalen	2:34.06	24/02/2008	Sydney
	S14	Nikeshia Harding	2:46.03	25/11/2015	Adelaide

16 YEARS NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
150m Ind Medley	SM1					
	SM2					
	SM3					
	SM4	Melissa Willson	3:45.54	17/05/1997	Sheffield	
	SM5					
	SM6					
	SM7					
	SM8					
200m Ind Medley	SM3					
	SM4					
	SM5					
	SM6	Kate Wilson	3:28.11	9/04/2015	Sydney	
	SM7	Rachel Staines	3:58.88	7/10/2011	Canberra	
	SM8	Maddison Elliott	2:51.46	27/02/2015	Sydney	
	SM9	Kate Bailey	2:50.85	12/10/1998	Christchurch	
	SM10	Nicole Miro	2:46.96	12/04/2016	Adelaide	
	SM11					
	SM12					
	SM13	Teigan Van Roosmalen	2:43.44	2/03/2008	Sydney	
	SM14	Taylor Corry	2:43.14	31.07/2011	Melbourne	
	SM15	Teneale Houghton	2:45.77	27/03/2008	Sydney	
	SM16					
	400m Ind Medley	SM14				
		SM15				

17 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	54.56	6/06/1998	Sheffield
	S5	Abbey Brown	55.41	20/10/2018	Sydney
	S6	Kate Wilson	38.41	7/04/2016	Adelaide
	S7	Tiffany Thomas-Kane	37.52	11/04/2019	Adelaide
	S8	Maddison Elliott	30.35	25/01/2015	Adelaide
	S9	Annabelle Williams	29.71	31/01/2006	Melbourne
	S10	Katrina Lewis	29.78	31/01/2006	Melbourne
	S11				
	S12				
	S13	Jenna Jones	29.11	2/07/2018	Adelaide
	S14	Amy Cook	29.20	7/04/2016	Adelaide
	S15	Teneale Houghton	29.11	13/12/2008	Sydney
	S16				
100m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	1:59.40	5/06/1998	Sheffield
	S5	Abbey Brown	2:00.13	20/10/2018	Sydney
	S6	Kate Wilson	1:25.63	11/04/2016	Adelaide
	S7	Tiffany Thomas-Kane	1:21.33	12/04/2019	Adelaide
	S8	Maddison Elliott	1:05.34	11/04/2016	Adelaide
	S9	Annabelle Williams	1:06.41	2/02/2006	Melbourne
	S10	Katrina Lewis	1:04.74	2/02/2006	Melbourne
	S11				
	S12				
	S13	Jenna Jones	1:03.61	4/07/2018	Adelaide
	S14	Taylor Corry	1:03.24	12/02/2012	Sydney
	S15	Teneale Houghton	1:03.14	22/03/2009	Sydney
	S16				

17 YEARS NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
200m Freestyle	S1				
	S2				
	S3				
	S4	Melissa Willson	4:35.90	8/11/1997	Sydney
	S5	Abbey Brown	4:07.54	20/10/2018	Sydney
	S6	Kate Wilson	3:06.92	26/11/2015	Adelaide
	S7	Emma Fernandez	4:23.60	30/09/2001	Brisbane
	S8	Maddison Elliott	2:29.98	26/11/2015	Adelaide
	S9	Tahlia Blanshard	2:50.95	5/12/2017	Adelaide
	S10	Katrina Lewis	2:33.10	20/11/2004	Canberra
	S11				
	S12				
	S13	Catherine Ager	2:48.92	12/08/2007	Blacktown
	S14	Amanda Fowler	2:21.93	4/04/2014	Brisbane
	S15	Teneale Houghton	2:24.97	28/03/2009	Blacktown
	S16				
400m Freestyle	S6	Elizabeth Wright	7:43.10	20/04/1997	Sydney
	S7	Rachel Horler	6:25.88	12/05/2009	Darwin
	S8	Maddison Elliott	5:09.33	23/11/2015	Adelaide
	S9	Tahlia Blanshard	6:10.37	20/01/2018	Sydney
	S10	Katrina Lewis	4:54.33	3/02/2006	Melbourne
	S11				
	S12				
	S13	Prue Watt	4:50.20	29/03/2004	Sydney
	S14	Madelaine McTernan	4:56.50	20/01/2018	Sydney
	S15	Teneale Houghton	4:49.84	21/03/2009	Sydney
S16					

17 YEARS NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2				
	S3				
	S4	Melissa Willson	1:01.70	1/02/1998	Sydney
	S5	Kirra O'Cass	1:05.60	12/04/2003	Adelaide
	S6	Sarah Rose	55.69	26/03/2003	Sydney
	S7	Rachel Horler	50.31	10/05/2009	Darwin
	S8	Maddison Elliott	36.95	26/11/2015	Adelaide
	S9	Annabelle Williams	35.86	12/12/2006	Brisbane
	S10	Sian Lucas	37.65	16/12/2007	Sydney
	S11				
	S12				
	S13	Jenna Jones	35.88	27/04/2018	Sydney
	S14	Amy Cook	39.57	26/11/2015	Adelaide
	S15	Teneale Houghton	34.10	18/03/2009	Sydney
	S16				
100m Backstroke	S1				
	S2				
	S3				
	S4	Melissa Willson	2:10.30	6/06/1998	Sheffield
	S5	Cassandra Brown	2:59.85	12/04/2005	Sydney
	S6	Sarah Keenahan	1:46.98	28/04/2018	Sydney
	S7	Rachel Horler	1:46.19	25/01/2009	Canberra
	S8	Maddison Elliott	1:19.59	8/04/2016	Adelaide
	S9	Elizaberth Slack	1:20.26	1/03/2014	Sydney
	S10	Sian Lucas	1:21.30	17/02/2007	Sydney
	S11				
	S12				
	S13	Jenna Jones	1:16.23	28/04/2018	Sydney
	S14	Siobhan Paton	1:10.80	24/03/2001	Hobart
	S15	Teneale Houghton	1:12.39	20/03/2009	Sydney
	S16				
200m Backstroke	S6				
	S7				
	S8				
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Taylor Corry	2:38.20	20/10/2012	Sydney
	S15	Teneale Houghton	2:59.58	28/03/2009	Sydney

17 YEARS NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2	Tracy Barrell	1:34.90	17/04/1992	Melbourne
	SB3				
	SB4	Melissa Willson	1:14.10	22/02/1998	Sydney
	SB5	Sarah Rose	54.78	19/01/2004	Sydney
	SB6	Kate Wilson	49.62	7/04/2016	Adelaide
	SB7	Tiffany Thomas-Kane	42.39	9/04/2019	Brisbane
	SB8	Maddison Elliott	45.20	20/02/2016	Sydney
	SB9	Maddyson Lloyd	40.23	27/04/2018	Sydney
	SB11				
	SB12				
	SB13	Prue Watt	38.45	2/04/2004	Sydney
	SB14	Ashley van Rijswijk	37.71	3/07/2018	Adelaide
	SB15	Hannah Britton	40.61	25/03/2011	Sydney
	SB16				
	100m Breaststroke	SB1			
SB2					
SB3					
SB4					
SB5		Sarah Rose	2:04.46	30/03/2004	Sydney
SB6		Kate Wilson	1:47.55	13/04/2016	Adelaide
SB7		Tiffany Thomas-Kane	1:33.31	10/04/2019	Adelaide
SB8		Maddison Elliott	1:39.36	6/03/2016	Sydney
SB9		Kendall Williams	1:27.47	17/09/2016	Darwin
SB11					
SB12					
SB13		Jenna Jones	1:24.17	2/07/2018	Adelaide
SB14		Alicia Aberley	1:23.50	15/01/2002	Sydney
SB15		Melanie Smith	1:28.80	24/04/1996	Sydney
SB16					
200m Breaststroke		SB6			
	SB7				
	SB8				
	SB9	Kaye Leek	3:48.60	2/06/2001	Sydney
	SB11				
	SB12				
	SB13				
	SB14	Alicia Aberley	2:54.00	16/01/2002	Sydney
SB15	Samantha Taylor	3:31.66	13/11/2004	Sydney	

17 YEARS NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3				
	S4	Melissa Willson	1:12.60	5/06/1998	Sheffield
	S5	Kirra O'Cass	1:06.80	16/04/2003	Adelaide
	S6	Sarah Rose	42.67	29/03/2004	Sydney
	S7	Tiffany Thomas-Kane	39.24	8/04/2019	Adelaide
	S8	Maddison Elliott	33.29	23/11/2015	Adelaide
	S9	Kate Bailey	34.88	19/01/2000	Sydney
	S10	Katrina Lewis	35.53	4/02/2006	Melbourne
	S11				
	S12				
	S13	Teigan Van Roosmalen	31.75	22/03/2009	Sydney
	S14	Taylor Corry	33.00	26/02/2012	Sydney
	S15	Melanie Smith	33.33	19/01/1996	Sydney
	S16				
100m Butterfly	S5	Sarah Rose	1:43.87	2/04/2004	Sydney
	S6	Kate Wilson	1:44.53	21/11/2015	Adelaide
	S7	Rachel Staines	1:53.20	11/02/2012	Sydney
	S8	Maddison Elliott	1:16.11	21/11/2015	Adelaide
	S9	Kate Bailey	1:18.90	19/01/2000	Sydney
	S10	Katrina Lewis	1:19.68	1/02/2006	Melbourne
	S11				
	S12				
	S13	Prue Watt	1:08.41	19/09/2004	Athens
	S14	Siobhan Paton	1:09.70	31/03/2001	Hobart
S15	Melanie Smith	1:19.20	19/01/1996	Sydney	
S16					
200m Butterfly	S8	Maddison Elliott	2:58.05	28/11/2015	Adelaide
	S13	Teigan Van Roosmalen	2:33.13	5/06/2009	England
	S14	Nikeshia Harding	2:49.15	22/10/2016	Sydney

17 YEARS NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION	
150m Ind Medley	SM1					
	SM2					
	SM3	Tracy Barrell	5:14.40	13/11/1991	Toowoomba	
	SM4	Melissa Willson	3:38.70	8/11/1997	Sydney	
200m Ind Medley	SM3					
	SM4					
	SM5					
	SM6	Kate Wilson	3:22.92	12/04/2016	Adelaide	
	SM7	Tiffany Thomas-Kane	3:04.90	8/04/2019	Adelaide	
	SM8	Maddison Elliott	2:56.30	21/11/2015	Adelaide	
	SM9	Kate Bailey	2:52.90	5/06/1999	Sheffield	
	SM10	Katrina Lewis	2:52.27	31/01/2006	Melbourne	
	SM11					
	SM12					
	SM13	Prue Watt	2:37.79	1/04/2004	Sydney	
	SM14	Amanda Fowler	2:39.30	2/04/2014	Brisbane	
	SM15	Teneale Houghton	2:40.50	18/03/2009	Sydney	
	SM16					
	400m Ind Medley	SM14				
		SM15				

OPEN NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Freestyle	S1				
	S2	Emilie Miller	1:43.96	16/03/2010	Sydney
	S3	Claire Summersgill	1:23.80	11/04/1994	Melbourne
	S4	Melissa Willson	52.24	31/10/1999	Sydney
	S5	Sarah Hilt	47.66	27/04/2013	Adelaide
	S6	Tiffany Thomas-Kane	34.66	7/04/2016	Adelaide
	S7	Jacqueline Freney	32.40	15/03/2013	Sydney
	S8	Maddison Elliott	30.13	1/04/2014	Brisbane
	S9	Ellie Cole	28.75	7/04/2016	Adelaide
	S10	Jasmine Greenwood	28.91	11/04/2019	Adelaide
	S11	Moana Faasisila	49.87	4/04/2016	Sydney
	S12	Jodie Barnier	34.45	2/05/2000	Sydney
	S13	Prudence Watt	28.80	31/01/2006	Melbourne
	S14	Taylor Corry	27.99	3/11/2016	Brisbane
	S15	Teneale Houghton	28.59	10/02/2012	Sydney
	S16	Lavinia Foote Morid	41.11	20/03/2011	Sydney
100m Freestyle	S1				
	S2	Emilie Miller	3:31.60	14/02/2010	Sydney
	S3	Claire Summersgill	3:06.50	14/04/1994	Melbourne
	S4	Denise Beckwith	1:52.10	15/01/1999	Bangkok
	S5	Sarah Hilt	1:41.48	17/03/2013	Sydney
	S6	Tiffany Thomas-Kane	1:17.06	11/04/2016	Adelaide
	S7	Jacqueline Freney	1:09.34	17/03/2013	Sydney
	S8	Maddison Elliott	1:05.34	11/04/2016	Adelaide
	S9	Ellie Cole	1:02.69	11/04/2016	Adelaide
	S10	Jasmine Greenwood	1:02.33	12/04/2019	Adelaide
	S11	Moana Faasisila	1:58.65	5/04/2016	Sydney
	S12	Jodie Barnier	1:18.20	2/04/2000	Sydney
	S13	Jenna Jones	1:02.83	12/04/2019	Adelaide
	S14	Taylor Corry	1:01.62	1/05/2013	Adelaide
	S15	Teneale Houghton	1:02.13	12/02/2012	Sydney
	S16	Lavinia Foote Morid	1:36.37	20/03/2011	Sydney
200m Freestyle	S1				
	S2				
	S3				
	S4	Denise Beckwith	3:48.60	5/06/1999	Sheffield
	S5	Sarah Hilt	3:30.53	30/04/2013	Adelaide
	S6	Kate Wilson	3:06.92	26/11/2015	Adelaide
	S7	Rachel Horler	3:06.70	2/08/2008	Blacktown
	S8	Maddison Elliott	2:28.12	9/04/2015	Sydney
	S9	Jasmine Greenwood	2:24.55	11/04/2017	Brisbane
	S10	Katrina Lewis	2:19.89	6/12/2007	USA
	S11				
	S12	Jodie Barnier	2:55.70	25/11/2000	Sydney
	S13	Jenna Jones	2:22.35	26/11/2015	Adelaide
	S14	Taylor Corry	2:15.19	9/04/2015	Sydney
	S15	Brooke King	2:15.64	10/04/2019	Adelaide
	S16	Lisa Cuthbertson	2:43.90	3/10/1997	Sydney

OPEN NSW LC SWIMMING RECORDS

Freestyle - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
400m Freestyle	S1				
	S2				
	S3				
	S4				
	S5	Sarah Hilt	7:34.10	11/02/2012	Sydney
	S6	Kate Wilson	6:34.37	18/04/2015	Sydney
	S7	Jacqueline Freney	5:00.67	16/03/2013	Sydney
	S8	Jacqueline Freney	5:01.99	4/04/2011	Sydney
	S9	Ellie Cole	4:46.78	7/04/2019	Adelaide
	S10	Jasmine Greenwood	4:46.76	1/07/2018	Adelaide
	S11				
	S12				
	S13	Prudence Watt	4:43.85	7/12/2007	USA
	S14	Jady Lucy	4:46.99	16/03/2019	Sydney
	S15	Teneale Houghton	4:46.40	4/04/2011	Sydney
	S16				
800m Freestyle	S6				
	S7				
	S8				
	S9	Kaye Leek	15:36.90	25/11/2000	Sydney
	S10	Sian Lucas	10:30.19	6/12/2007	USA
	S11				
	S12				
	S13	Betty Murray	18:13.30	10/11/2001	Sydney
	S14	Kara Leo	10:38.48	21/08/2007	Belgium
	S15	Lauren Clancy	14:15.60	8/11/2003	Sydney
S16					
1500m Freestyle	S8				
	S9				
	S10				
	S11				
	S12				
	S13				
	S14	Sarah McIntosh	21:20.66	24/11/2018	Coffs Harbour
	S15	Vanessa Beddie	35:39.04	12/10/2007	Woy Woy
S16					

OPEN NSW LC SWIMMING RECORDS

Backstroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Backstroke	S1				
	S2	Emilie Miller	1:43.21	17/03/2010	Sydney
	S3	Claire Summersgill	1:23.50	12/04/1994	Melbourne
	S4	Melissa Willson	58.45	17/05/2000	Sydney
	S5	Sarah Hilt	59.91	30/04/2013	Adelaide
	S6	Tiffany Thomas-Kane	46.08	21/04/2014	Sydney
	S7	Jacqeline Freeny	40.90	3/04/2014	Brisbane
	S8	Maddison Elliott	36.65	7/04/2015	Sydney
	S9	Ashleigh Cockburn	35.40	3/04/2014	Brisbane
	S10	Nicole Miro	34.08	13/04/2016	Adelaide
	S11	Moana Faasisila	56.86	3/04/2016	Sydney
	S12	Jodie Barnier	46.02	2/05/2000	Sydney
	S13	Prudence Watt	35.04	17/03/2005	Sydney
	S14	Taylor Corry	31.92	30/04/2013	Adelaide
	S15	Teneale Houghton	33.78	3/04/2014	Brisbane
	S16	Zoe Drakos	52.27	14/04/2000	Adelaide
100m Backstroke	S1				
	S2	Emilie Miller	3:38.06	13/02/2010	Sydney
	S3	Julie Ryan	3:08.90	8/11/1997	Sydney
	S4	Melissa Willson	2:03.70	19/01/2000	Sydney
	S5	Sarah Hilt	2:07.88	26/04/2013	Adelaide
	S6	Tiffany Thomas-Kane	1:31.93	3/04/2015	Sydney
	S7	Jacqueline Freeny	1:24.85	16/03/2013	Sydney
	S8	Maddison Elliott	1:19.59	8/04/2016	Adelaide
	S9	Ellie Cole	1:10.20	8/04/2019	Adelaide
	S10	Jasmine Greenwood	1:10.36	8/04/2019	Adelaide
	S11	Moana Faasisila	2:14.47	2/04/2017	Sydney
	S12	Kirsten Busby	2:02.48	29/11/2014	Sydney
	S13	Teigan Van Roosmalen	1:14.95	8/04/2016	Adelaide
	S14	Taylor Corry	1:06.56	5/11/2016	Brisbane
	S15	Teneale Houghton	1:11.49	11/02/2012	Sydney
	S16	Lavinia Foote Morid	2:03.99	20/03/2011	Sydney
200m Backstroke	S5	Cassandra Brown	5:00.37	2/08/2008	Blacktown
	S6	Elizabeth Wright	3:46.85	14/04/1996	Sydney
	S7	Anna McNamara	3:43.40	28/07/2012	Blacktown
	S8				
	S9	Elizabeth Slack	2:44.22	23/11/2015	Adelaide
	S10	Sian Lucas	3:21.97	24/07/2004	Sydney
	S12				
	S13	Jenna Jones	2:54.61	23/11/2015	Adelaide
	S14	Taylor Corry	2:38.20	20/10/2012	Sydney
	S15	Elissa Kranitis	2:42.60	14/01/1989	Christchurch
S16					

OPEN NSW LC SWIMMING RECORDS

Breaststroke - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Breaststroke	SB1				
	SB2	Tracy Barrell	1:34.90	17/04/1992	Melbourne
	SB3	Catherine Ryan	1:31.40	9/03/2002	Sydney
	SB4	Melissa Willson	1:14.10	22/02/1998	Sydney
	SB5	Jodie LeFevre	1:42.68	13/11/2004	Sydney
	SB6	Tiffany Thomas-Kane	43.06	9/04/2016	Adelaide
	SB7	Tiffany Thomas-Kane	42.39	7/04/2019	Adelaide
	SB8	Maddison Elliott	44.40	23/02/2013	Sydney
	SB9	Paige Leonhardt	37.22	5/11/2016	Brisbane
	SB11				
	SB12	Jodie Barnier	53.20	7/04/2001	Sydney
	SB13	Prudence Watt	38.15	28/03/2003	Sydney
	SB14	Ashley Van Rijswijk	37.71	3/07/2018	Adelaide
	SB15	Hannah Britton	37.63	9/04/2016	Adelaide
	SB16	Lavinia Foote Morid	1:02.34	1/04/2012	Blacktown
					Adelaide
100m Breaststroke	SB1				
	SB2				
	SB3	Catherine Ryan	2:56.70	16/11/2002	Sydney
	SB4	Sarah Hilt	2:34.53	12/02/2012	Sydney
	SB5	Sarah Rose	2:04.43	30/03/2004	Sydney
	SB6	Tiffany Thomas-Kane	1:35.32	13/04/2016	Adelaide
	SB7	Tiffany Thomas-Kane	1:33.31	10/04/2019	Adelaide
	SB8	Nicole Davey	1:42.00	11/03/2000	Sydney
	SB9	Paige Leonhardt	1:21.31	13/04/2016	Adelaide
	SB12				
	SB13	Prudence Watt	1:19.18	13/04/2016	Adelaide
	SB14	Ashley Van Rijswijk	1:20.31	17/03/2019	Sydney
SB15	Alana Dougherty	1:28.15	14/02/2009	Sydney	
SB16	Zoe Drakos	2:32.60	24/08/2002	Sydney	
200m Breaststroke	SB4				
	SB5	Rachel Coady	6:55.60	16/11/2002	Sydney
	SB6	Lucy Williams	4:15.80	7/12/2002	Sydney
	SB7	Rachel Staines	5:01.46	15/03/2008	Blacktown
	SB8				
	SB9	Paige Leonhardt	2:59.17	19/01/2016	Sydney
	SB11				
	SB12				
SB13	Prudence Watt	3:05.30	8/11/2003	Sydney	
SB14	Alicia Aberley	2:54.00	16/01/2002	Sydney	
SB15	Samantha Taylor	3:31.66	13/11/2004	Sydney	
SB16					

OPEN NSW LC SWIMMING RECORDS

Butterfly - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
50m Butterfly	S1				
	S2				
	S3	Julie Ryan	2:03.50	19/04/1997	Sydney
	S4	Melissa Willson	1:10.80	22/03/1999	Brisbane
	S5	Kirra O' Cass	1:02.10	5/05/2000	Sydney
	S6	Tiffany Thomas-Kane	38.11	13/04/2017	Brisbane
	S7	Tiffany Thomas-Kane	38.38	1/07/2018	Adelaide
	S8	Maddison Elliott	33.07	26/02/2017	Sydney
	S9	Jasmine Greenwood	33.04	13/04/2017	Brisbane
	S10	Paige Leonhardt	31.44	5/11/2016	Brisbane
	S11	Moana Faasisila	1:17.68	29/11/2014	Sydney
	S12	Jodie Barnier	40.65	7/04/2001	Sydney
	S13	Prudence Watt	31.38	14/03/2005	Sydney
	S14	Taylor Corry	30.31	8/04/2019	Adelaide
	S15	Teneale Houghton	32.31	7/06/2010	Brisbane
	S16				
100m Butterfly	S5				
	S6	Sarah Rose	1:32.40	16/03/2013	Sydney
	S7	Rachel Staines	1:41.06	6/04/2014	Brisbane
	S8	Maddison Elliott	1:15.93	11/04/2017	Brisbane
	S9	Kate Bailey	1:16.20	23/01/2003	Sydney
	S10	Jasmine Greenwood	1:08.77	11/04/2019	Adelaide
	S11				
	S12	Jodie Barnier	1:39.40	25/11/2000	Sydney
	S13	Prue Watt	1:07.21	7/09/2008	Beijing
	S14	Taylor Corry	1:08.29	11/04/2019	Adelaide
	S15	Teneale Houghton	1:14.98	13/02/2010	Sydney
S16					
200m Butterfly	S8	Maddison Elliott	2:58.05	25/11/2015	Adelaide
	S9	Xiaoling Gribble	3:31.62	26/10/2013	Sydney
	S10	Tahlia Blanshard	2:58.02	25/11/2015	Adelaide
	S11				
	S12				
	S13	Teigan Van Roosmalen	2:33.13	14/02/2009	Sydney
	S14	Nikeshia Harding	2:46.03	25/11/2015	Adelaide
	S15	Vanessa Beddie	5:19.17	4/05/2007	Darwin
S16					

OPEN NSW LC SWIMMING RECORDS

Individual Medley - Female

EVENT	CLASS	NAME	RECORD	DATE	LOCATION
150m IM	SM1				
	SM2				
	SM3	Tracy Barrell	5:14.40	12/11/1991	Toowoomba
	SM4	Melissa Willson	3:18.30	20/10/2000	Sydney
	SM5				
200m IM	SM3				
	SM4				
	SM5	Sarah Hilt	4:35.01	15/03/2013	Sydney
	SM6	Tiffany Thomas-Kane	3:08.98	12/04/2016	Adelaide
	SM7	Jacqueline Freney	2:55.73	15/03/2013	Sydney
	SM8	Maddison Elliott	2:51.46	27/02/2015	Sydney
	SM9	Kate Bailey	2:48.70	20/10/2000	Sydney
	SM10	Jasmine Greenwood	2:31.52	9/04/2019	Adelaide
	SM11				
	SM12	Jodie Barnier	3:36.90	10/06/2000	Adelaide
	SM13	Prudence Watt	2:36.37	16/11/2004	Sydney
SM14	Taylor Corry	2:34.33	12/04/2016	Adelaide	
SM15	Teneale Houghton	2:39.76	17/03/2010	Sydney	
SM16					
400m IM	S8	Sharni Ross	6:50.43	6/12/2007	College Pk, USA
	S9	Kate Bailey	6:18.70	1/11/1997	Sydney
	S10				
	S11				
	S12				
	S13				
	S14				
	S15	Vanessa Beddie	12:08.25	4/05/2007	Darwin
S16					