

PORT MACQUARIE SWIM CLUB

2019 LONG COURSE QUALIFYING MEET

Port Macquarie Pool—Gordon Street, Port Macquarie

50m Outdoor Pool with Grandstand

ONLINE ENTRIES ONLY

A.O. E. ELECTRONIC TIMING

Saturday 5 and Sunday 6 October 2019



Saturday 5 October 2019 Day 1 Warm up 8am Start 9am		
1	Men	400m Freestyle Multi Age
2	Women	400m Freestyle Multi Age
3	Men	25m Butterfly Multi Age
4	Women	25m Butterfly Multi Age
5	Men	50m Butterfly Multi Class
6	Men	50m Butterfly Multi Age
7	Women	50m Butterfly Multi Class
8	Women	50m Butterfly Multi Age
9	Men	200m Backstroke Multi Age
10	Women	200m Backstroke Multi Age
11	Men	100m Breaststroke Multi Age
12	Women	100m Breaststroke Multi Age
13	Men	25m Freestyle Multi Age
14	Women	25m Freestyle Multi Age
15	Men	50m Freestyle Multi Class
16	Men	50m Freestyle Multi Age
17	Women	50m Freestyle Multi Class
18	Women	50m Freestyle Multi Age
19	Men	200m Butterfly Multi Age
20	Women	200m Butterfly Multi Age
21	Men	100m Backstroke Multi Age
22	Women	100m Backstroke Multi Age
23	Men	200m Individual Medley Multi Age
24	Women	200m Individual Medley Multi Age
25	Men	1500m Freestyle Multi Age
26	Women	1500m Freestyle Multi Age

Sunday 6 October 2019 Day 2 Warm up 8am Start 9am		
27	Men	400m Individual Medley Multi Age
28	Women	400m Individual Medley Multi Age
29	Men	100m Freestyle Multi Class
30	Men	100m Freestyle Multi Age
31	Women	100m Freestyle Multi Class
32	Women	100m Freestyle Multi Age
33	Men	25m Breaststroke Multi Age
34	Women	25m Breaststroke Multi Age
35	Men	50m Breaststroke Multi Class
36	Men	50m Breaststroke Multi Age
37	Women	50m Breaststroke Multi Class
38	Women	50m Breaststroke Multi Age
39	Men	100m Butterfly Multi Age
40	Women	100m Butterfly Multi Age
41	Men	200m Freestyle Multi Age
42	Women	200m Freestyle Multi Age
43	Men	25m Backstroke Multi Age
44	Women	25m Backstroke Multi Age
45	Men	50m Backstroke Multi Class
46	Men	50m Backstroke Multi Age
47	Women	50m Backstroke Multi Class
48	Women	50m Backstroke Multi Age
49	Men	200m Breaststroke Multi Age
50	Women	200m Breaststroke Multi Age
51	Men	800m Freestyle Multi Age
52	Women	800m Freestyle Multi Age

PLEASE NOTE QUALIFYING TIMES APPLY FOR THE FOLLOWING EVENTS:-

Events 1 and 2 need a 200 freestyle time of 4:20 Events 25 and 26 need a 400 freestyle time of 6:45
Events 27 and 28 need a 200 IM time of 4:20 Events 51 and 52 400 freestyle time of 6:45

- An area approved meet conducted under rules of SAL and SNSW Ltd. This is a qualifying meet.
- Online entries only and available from SNC website and Swimming NSW website.
- All events are timed finals.
- Entry Fee \$5.00 per event.** NORMAL POOL ENTRY WILL APPLY
- Medals will be awarded for 1st, 2nd and 3rd places in 25m, 50m & 100m events - to each age group as follows 7/under ,8/10. Prize money will be awarded for 1st, 2nd and 3rd place getters in 50m and 100m events to each age group as follows 11/12, 13/14, 15/ over. Prize money will be awarded to 1st, 2nd and 3rd for each Open event, 12 & U and 13&O event – irrespective of age.
- Entries close Monday 30th September 2019**
- Age as at 5th October 2019**
- Meet Director reserves the right to amend the program and conditions of entry.
- Please forward PAYMENT to: PO Box 27 Port Macquarie NSW 2444 or Cheques made payable to Port Macquarie Swimming Club. Direct deposit to BSB 721 000, Account 1000 17271.**
- Please make sure all swimmers are registered with appropriate bodies before the commencement of the meet
- Swimmers entering in 25m events are not eligible to enter another distance event in the same stroke. Rule consideration will apply for 25m events
- Visiting clubs will be required to assist with time keeping duties.

Enquiries: Naomi Rankine - Race Secretary: 0426 206 316 Warren Phillips - President 0414 781 565