

# 2025 NSW COUNTRY REGIONALS: GULGONG



swimming  
new south wales

**MEET PROGRAM:  
18TH & 19TH JANUARY  
GULGONG SWIMMING POOL**

**Swimming NSW acknowledges the Wiradjuri people as the Traditional Custodians of the land on which we meet today. We pay our respects to their Elders past, present and emerging. We extend that respect to Aboriginal & Torres Strait Islander peoples here today.**

Swimming NSW is proud to showcase the stunning Indigenous artwork *Water Dreaming* by Rex Winston across all three NSW Country Regional events, this artwork is featured through the event program. By featuring this artwork, we honour and celebrate the richness of Indigenous culture within our regions, fostering unity and respect through art and sport.

#### **Rex Winston: "Water Dreaming"**

Indigenous artist Rex Winston's *Water Dreaming* captures the beauty and significance of rain within the cycles of life. Part of his *Water Dreaming* series, the artwork reflects the patterns of raindrops on water, embodying simplicity, renewal, and connection to nature.

"Rain is part of the life-giving cycles of water, essential to all life," Rex shares. "It reflects the beauty of the natural world and the simplicity of its patterns. Rain symbolizes renewal—washing away the old, bringing new growth and hope."

The artwork's rippling patterns evoke the serenity of rainfall and its transformative power, reminding us of nature's interconnected cycles. For many Indigenous cultures, water is sacred—a source of life, regeneration, and optimism.

Through *Water Dreaming*, Rex Winston honours this connection, offering a visual celebration of renewal, growth, and the enduring beauty of the natural world.

#### **OFFICE BEARERS 2025**

<b>PRESIDENT</b>	-	Graeme Field
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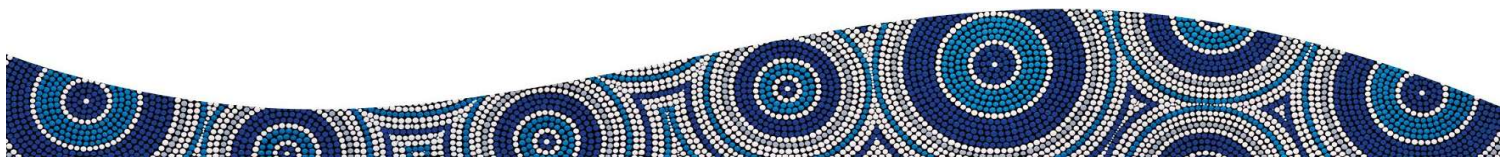
## RULES

The Meet will be conducted under SNSW Rules. Heats will be conducted in order of **fastest to slowest**.

The program of events will be finalised before the meet and this program will be final. No reseeding or modifications to lane allocations will be made. If it is deemed that we may be able to reseed due to the withdrawal athletes in 400m, 800m & 1500m events swimmers will be notified by announcement. Athletes may inform SNSW if they are withdrawing from events via [events@nsw.swimming.org.au](mailto:events@nsw.swimming.org.au)

## ASSISTED SELF-MARSHALLING PROCEDURES

- Swimmers are responsible for being ready to take their position on the starting platform or in the water when whistled up by the Referee.
- Swimmers will have assisted self-marshalling at this meet. Check Starters will be available to assist, support and direct swimmers on the pool deck when requested by the swimmer. The Call Room Supervisor in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.
- Swimmers are expected to know what event, heat and lane they will be swimming in from the published program.
- Swimmers will **report to the chairs behind the blocks**, for their event preferably via the marshalling area, as per the following process. **The fastest heats will report first.**
- In order to avoid congestion, please note that swimmers need only be available to enter the marshalling area or chairs behind the blocks
  - **four (4) heats prior** to their heat for 50m, 100m and 200m events, except the slowest heat.
    - the **slowest (last) heat** swimmers in 200m, 400m, 800m and 1500m events are required to report to the Help Desk (Clerk of Course) prior to the first heat of the event and be prepared to be allocated to any spare lane that arises in the preceding heats of their event.
    - All other heats in the 400m two (2) heats prior to their heat, and for 800m and 1500m events one (1) prior to their heat.
- The **first heats of sessions** should report **5 minutes prior** to the scheduled start time.
- 400m, 800m and 1500m swimmers or their representatives are requested to confirm their intention to swim or withdraw prior to the start of the session.
- The exact details of the self-marshalling process and where swimmers should be, will be explained at the venue on the day.
- After the start of the previous heat, swimmers may progress to the next deck chair position without causing any interference to technical officials.
- Swimmers are expected to be at the chair ready for the whistles to start their heat. Swimmers will not be prevented from swimming if they only make it to their seat one heat prior to their event (This is a guide only to allow the event to flow. Leniency will be employed by Referees whilst this process is initially implemented). If a swimmer misses their heat, they must alert a Technical Official and they will be placed in a spare lane if, it becomes available.
- The Referee will ultimately make decisions as to entitlement to swim.
- Where a swimmer has entered, but will not be in attendance for a day, or the whole meet, the Recorders should be advised prior to the commencement of the day's competition.



**Coaches or parents are not permitted to be in the Marshalling Area. Refer Swimming New South Wales Ltd. Swimming Rule SW10.17.**

All entrants in meets conducted by Swimming New South Wales must abide by and be subject to all the Swimming New South Wales General Rules, Swimming Rules, Open Water Swimming Rules, By-Laws, Policies, and published procedures in accordance with General Rule GR3.2

#### **WITHDRAWALS**

Swimmers who fail to report to the Clerk of Course by the specified time shall be a withdrawal.

#### **CONDITION OF ENTRY**

It is a condition of entry to all Swimming New South Wales conducted meets; that all Entry Times are able to be verified, in accordance with the Swimming New South Wales procedures. It is the responsibility of the Club to ensure that these times are able to be verified.

Should a swimmer swim slower than the qualifying time in a Swimming New South Wales conducted meet and the qualifying time of the participant is not able to be verified, then the swimmer will be fined in accordance with Swimming New South Wales General Rule GR7.

#### **MULTI-CLASS (MC) SWIMMERS**

All MC events at Swimming New South Wales Championship meets will be conducted as per SNSW Championship rules incorporating the relevant World Para Swimming (WPS) rules as adopted by SNSW.

#### **INCLUSIVE SWIMWEAR POLICY**

A swimmer wishing to wear modified or alternate swimwear is required to present that swimwear to the Technical Manager or Meet Referee prior to the swimmer's first session of competition. Further information in respect to this policy is available at <http://www.swimming.org.au/inclusion> and at SNSW Rule GR19 General Swimwear Policy.

#### **TAPING**

The following uses of tape are **generally permitted** in competition and **advanced notification to the Technical Manager is recommended**:

- a. Wound protection and closure.
    - Band-Aids, dressings, "Butterfly" type, etc. are normally permitted **with no advanced notification to the Technical Manager**.
    - When the tape to hold a dressing in place completely circles a major limb **or** the dressing is exceptionally large in size
  - b. Taping of no more than two (2) injured fingers or toes together.
  - c. Tape to secure medical alert bracelets and pendants, religious objects, etc.
  - d. Tape to secure medical devices such as insulin pumps, ostomy bags, etc.
- In all other cases taping, including Kinesio Taping, Elastic Therapeutic Tape, taping intended to provide compression or support to muscles, ligaments, tendons or joints (except as stated above), the swimmer must provide **advanced notification to the Referee** by way of a medical certificate. The certificate must be signed and dated by a Medical Practitioner or Physiotherapist indicating credentials of the medical practitioner and incorporate the period taping is required.
  - Casts and splints supporting a broken bone or other injury, whether fibre glass, plastic or plaster, are **not permitted in competition** – irrespective of whether a Medical Practitioner's note has been presented.





### MEDICAL ISSUES

By entering this event, competitors (or legal guardian) are declaring that they are fit to compete. In the event that an entrant experiences a medical issue whilst competing at, or during a New South Wales Championships, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at that Championship. The Technical Manager will have the sole authority to adjudicate on this rule. Please refer to GR 3.3.

### STARTING INSTRUCTIONS

1. When the swimmers have been placed behind the starting platforms, the Announcer will announce the Event and Heat number, e.g. Event 4 Heat 3.
2. On the long whistle from the Referee, the swimmers shall step onto the starting platform and remain there. For Backstroke and Medley Relay events they shall immediately enter the water and a second-long whistle shall bring them back to the starting position with the toes of both feet in contact with the end wall or face of the touchpad.
3. On the command **“Take your marks”**, the swimmers will immediately take up their starting positions with at least one foot at the front of the starting platform, or in the case of a Backstroke or Medley Relay event, their starting position in the water and remain stationary.
4. When all swimmers are stationary the Starter shall give the starting signal.
5. Any swimmer starting before the starting signal has been given, shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again.
6. Swimmers must finish in the lane in which they start, and will remain in the water in their lanes at the finish of the event. On the signal from the Referee swimmers are to leave the water by the side of the pool.
7. In an Individual Medley event, the sequence of strokes is Butterfly, Backstroke, Breaststroke, Freestyle. In a Medley Relay event, the sequence of stroke is Backstroke, Breaststroke, Butterfly, Freestyle.
8. In 800 and 1500 metre events, lap counters will be displayed at the turning end of the pool to advise the number of laps to be completed. A warning whistle will be given when each swimmer has two (2) lengths plus five (5) metres of the course to finish.

**NOTE:** If, because of the length of the program, “starting over the top” is used, swimmers from the preceding heat are to move to the side of the lane, against the finishing wall, and remain still. Where the next race will be backstroke the swimmers are to move down the lane rope towards the backstroke flags and remain still. When the next heat has started they should leave the pool by the sides as quickly as possible.



**ELIGIBILITY TO SWIM**

Open to all affiliated members of NSW Country Clubs. Members of NSW Metropolitan Clubs & other State Organisations are eligible to enter these meets, but will swim as Visitors & are not eligible to win medals.

<b>Day One Saturday 18 January, 2025</b>				
<b>Session One - 10:00am</b>				
1	M	11yrs & O	400m	Individual Medley
2	W	11yrs & O	400m	Individual Medley
3	M	All Age	200m	Freestyle
4	W	All Age	200m	Freestyle
5	M	All Age	200m	Breaststroke
6	W	All Age	200m	Breaststroke
7	M	MC	100m	Freestyle
8	W	MC	100m	Freestyle
9	M	All Age	50m	Freestyle
10	W	All Age	50m	Freestyle
11	M	All Age	100m	Backstroke
12	W	All Age	100m	Backstroke
13	M	All Age	50m	Butterfly
14	W	All Age	50m	Butterfly
15	M	12yrs & O	1500m	Freestyle
16	W	12yrs & O	1500m	Freestyle
17	M	All Age	200m	Butterfly
18	W	All Age	200m	Butterfly
19	M	MC	50m	Butterfly
20	W	MC	50m	Butterfly
21	M	All Age	100m	Freestyle
22	W	All Age	100m	Freestyle

<b>Day Two Sunday 19 January, 2025</b>				
<b>Session Two - 9:00am</b>				
23	M	11yrs & O	800m	Freestyle
24	W	11yrs & O	800m	Freestyle
25	M	All Age	50m	Breaststroke
26	W	All Age	50m	Breaststroke
27	M	MC	50m	Freestyle
28	W	MC	50m	Freestyle
29	M	All Age	100m	Butterfly
30	W	All Age	100m	Butterfly
31	M	11yrs & O	400m	Freestyle
32	W	11yrs & O	400m	Freestyle
33	M	All Age	50m	Backstroke
34	W	All Age	50m	Backstroke
35	M	MC	50m	Backstroke
36	W	MC	50m	Backstroke
37	M	All Age	100m	Breaststroke
38	W	All Age	100m	Breaststroke
39	M	All Age	200m	Individual Medley
40	W	All Age	200m	Individual Medley
41	M	MC	50m	Breaststroke
42	W	MC	50m	Breaststroke
43	M	All Age	200m	Backstroke
44	W	All Age	200m	Backstroke

**AGE AS AT 18 JANUARY 2025**

**ENTRIES CLOSE 11.59PM TUESDAY 7<sup>TH</sup> JANUARY 2025**

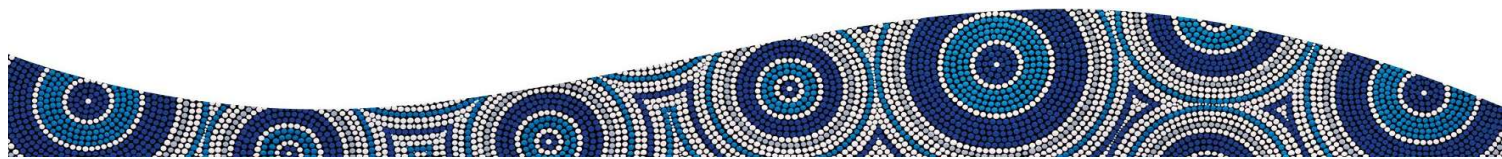
**OR WHEN EVENT HAS REACHED MAXIMUM TIMELINE CAPACITY**

**ENTRY FEE \$10.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)**

**NOTE:** All events will be swum as timed finals. The all age events will be swum with all age groups combined with the fastest heat first.

Following the completion of each all-age event, medals will be awarded to the first 3 place-getters in each of the following age groups:

- 9 years & under, 10 years, 11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 1 & 2 and 31 & 32, medals will be awarded to the first 3 place-getters in the following age groups: 11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 15 & 16, medals will be awarded to the first 3 place-getters in the following age groups: 12-14 Years & 15 & over
- For events 23 & 24, medals will be awarded to the first 3 place-getters in the following age groups: 11-14 Years & 15 & over
- For the MC events, medals will be awarded to the first 3 place-getters in the following age groups: 12 years & under, 13-14 years and 15 years & over



**CLUBS**

<b>Team</b>	<b>Athletes</b>	<b>Entries</b>
Abbotsleigh	1	4
Albury North	1	8
All Coast Academy	9	43
Alligators of Armidale	2	17
Bathurst	16	83
Bathurst City	2	11
Canberra	1	6
Charlestown	4	19
Coolah	5	38
Coonabarabran	5	16
Coonamble	2	18
Coulter Barracudas	2	7
Cowra	5	32
Cranbrook	2	9
Dapto	1	3
Denman	6	44
Dubbo City	14	81
Dubbo Rsl	2	19
Forbes Fins	1	8
Ginninderra	2	15
Goulburn	2	12
Griffith	2	7
Gulgong	12	44
Gunnedah	10	65
Hunter	7	52
Katoomba	3	15
Kincumber	3	15
Kinross Wolaroi	12	62
Kootingal Moonbi	2	14
Lithgow	1	6
Lower Blue Mountains	2	12
Macquarie Shores	7	39
Macquarie Yabbies	2	13
Manilla	2	9
Mudgee	13	44
Mudgee Marlins	24	121
Muswellbrook	1	7



## CLUBS

<b>Team</b>	<b>Athletes</b>	<b>Entries</b>
Narrabri	2	16
Newington	1	4
Novocastrian	1	10
Nuswim	1	4
Nyngan	4	26
Orana Aquatic	3	11
Orange	22	127
Port Macquarie	1	5
Scone	1	6
Singleton	1	7
St Catherine's	1	4
St Hilda's Aquatics (Qld)	1	3
Tamworth City	13	79
Titans	1	7
Warren	5	34
Wauchope	2	20
Wellington	1	5
Werris Creek	2	12
West's Illawarra	1	6
Wollongong	7	40
Yass	2	10





## **2025 Country Regionals Raffle Prizes**

A big thank you to all the wonderful businesses that have donated prizes for our raffle! Your generosity helps make this carnival a fantastic event, and we truly appreciate your support!

**Tickets can be purchased for \$2 each or 3 tickets for \$5**

Raffle Prizes Donated By:

**Tangerine Telecom**- [www.tangerine.com.au](http://www.tangerine.com.au)

**Rosby Wines** - [www.rosby.com.au](http://www.rosby.com.au)

**Sports Power** - [www.sportspower.com.au/pages/sportspower-mudgee](http://www.sportspower.com.au/pages/sportspower-mudgee)

**Mana on Mayne** – [www.manaonmayne.com.au](http://www.manaonmayne.com.au)

**Joanne Lindus Hair** -

**Mid West Pools** – [www.midwestpools.com.au](http://www.midwestpools.com.au)

**Amber Creative** - [www.linktr.ee/ambercreative](http://www.linktr.ee/ambercreative)

**Mudgee Gourmet** – [www.mudgeehampers.com.au](http://www.mudgeehampers.com.au)

**Holydeane Estate**- [www.hollydenestate.com](http://www.hollydenestate.com)

**Gulgong RSL**

**FUNK Fitness** – [www.funkfitnessmudgee.com.au](http://www.funkfitnessmudgee.com.au)

**Pebbly Path** – [www.pebblypath.com.au](http://www.pebblypath.com.au)

**Club Mudgee** – [www.clubmudgee.com.au](http://www.clubmudgee.com.au)

**Byrnes Jewellers** – [www.byrnesjewellers.com.au](http://www.byrnesjewellers.com.au)

**Blowes Clothing** – [www.blowesclothing.com.au](http://www.blowesclothing.com.au)

**Mudgee Ale Trail** – [www.mudgeealetrail.com.au](http://www.mudgeealetrail.com.au)

**Lowes Family Wine Co** – [www.lowefamilywineco.com.au](http://www.lowefamilywineco.com.au)

**Mudgee Catering Co** – [www.mudgeecateringco.com.au](http://www.mudgeecateringco.com.au)



**Saturday 18th January 2025  
Day One: Session 1**

	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts</b>	
<b>1</b>	Men 11 & Over 400 IM	1	1	10:00 AM	_____
<b>2</b>	Women 11 & Over 400 IM	0	0	10:08 AM	_____
<b>3</b>	Men 200 Freestyle	14	2	10:08 AM	_____
<b>4</b>	Women 200 Freestyle	24	4	10:14 AM	_____
<b>5</b>	Men 200 Breaststroke	7	1	10:27 AM	_____
<b>6</b>	Women 200 Breaststroke	7	1	10:31 AM	_____
<b>7</b>	Men 100 Freestyle Multi-Class	3	1	10:35 AM	_____
<b>8</b>	Women 100 Freestyle Multi-Class	1	1	10:38 AM	_____
<b>9</b>	Men 50 Freestyle	109	16	10:40 AM	_____
<b>10</b>	Women 50 Freestyle	130	19	11:02 AM	_____
<b>11</b>	Men 100 Backstroke	62	9	11:27 AM	_____
<b>12</b>	Women 100 Backstroke	53	8	11:51 AM	_____
	<b>Finish Time</b>			<b>12:12 PM</b>	_____

***TIMELINE IS SUBJECT TO CHANGE & IS TO BE USED AS A GUIDE ONLY***

**Saturday 18<sup>th</sup> January 2025  
Day One: Session 2**

	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts</b>	
<b>13</b>	Men 50 Butterfly	84	12	12:45 PM	_____
<b>14</b>	Women 50 Butterfly	98	14	1:03 PM	_____
<b>15</b>	Men 12 & Over 1500 Freestyle	0	0	1:24 PM	_____
<b>16</b>	Women 12 & Over 1500 Freestyle	4	1	1:24 PM	_____
<b>17</b>	Men 200 Butterfly	3	1	1:46 PM	_____
<b>18</b>	Women 200 Butterfly	0	0	1:49 PM	_____
<b>19</b>	Men 50 Butterfly Multi-Class	4	1	1:49 PM	_____
<b>20</b>	Women 50 Butterfly Multi-Class	1	1	1:51 PM	_____
<b>21</b>	Men 100 Freestyle	92	14	1:53 PM	_____
<b>22</b>	Women 100 Freestyle	105	15	2:23 PM	_____
	<b>Finish Time</b>			<b>2:55 PM</b>	_____

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**Sunday 19<sup>th</sup> January 2025  
Day Two: Session 3**

	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts</b>	
<b>23</b>	Men 11 & Over 800 Freestyle	2	1	09:00 AM	_____
<b>24</b>	Women 11 & Over 800 Freestyle	4	1	09:13 AM	_____
<b>25</b>	Men 50 Breaststroke	89	13	09:26 AM	_____
<b>26</b>	Women 50 Breaststroke	110	16	09:47 AM	_____
<b>27</b>	Men 50 Freestyle Multi-Class	4	1	10:12 AM	_____
<b>28</b>	Women 50 Freestyle Multi-Class	1	1	10:14 AM	_____
<b>29</b>	Men 100 Butterfly	26	4	10:15 AM	_____
<b>30</b>	Women 100 Butterfly	24	4	10:24 AM	_____
<b>31</b>	Men 11 & Over 400 Freestyle	4	1	10:34 AM	_____
<b>32</b>	Women 11 & Over 400 Freestyle	12	2	10:39 AM	_____
<b>33</b>	Men 50 Backstroke	85	13	10:52 AM	_____
<b>34</b>	Women 50 Backstroke	98	14	11:15 AM	_____
	<b>Finish Time</b>			<b>11:40AM</b>	

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**Sunday 19<sup>th</sup> January 2025  
Day Two: Session 4**

	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts</b>	
<b>35</b>	Men 50 Backstroke Multi-Class	3	1	12:10 PM	_____
<b>36</b>	Women 50 Backstroke Multi-Class	1	1	12:12 PM	_____
<b>37</b>	Men 100 Breaststroke	63	9	12:14 PM	_____
<b>38</b>	Women 100 Breaststroke	69	10	12:37 PM	_____
<b>39</b>	Men 200 IM	15	3	1:03 PM	_____
<b>40</b>	Women 200 IM	25	4	1:15 PM	_____
<b>41</b>	Men 50 Breaststroke Multi-Class	3	1	1:30 PM	_____
<b>42</b>	Women 50 Breaststroke Multi-Class	1	1	1:31 PM	_____
<b>43</b>	Men 200 Backstroke	3	1	1:33 PM	_____
<b>44</b>	Women 200 Backstroke	7	1	1:37 PM	_____
	<b>Finish Time</b>			<b>1:41PM</b>	

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# 2025 NSW Swimming Country Regionals Gulgong

## Host Clubs

<u>Club</u>	<u>Major Sponsors</u>
 <p><b>Mudgee</b> Swimming Club</p>	
	   
	   



**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
Meet Program**

<b>Event</b>	<b>1</b>	<b>Men 11 &amp; Over 400 LC Meter IM</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>		
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>						
4	West, Zeke	11	Hunter	6:27.57	_____	_____		
<b>Event</b>	<b>3</b>	<b>Men 200 LC Meter Freestyle</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>		
<b>Heat</b>	<b>1 of 2</b>	<b>Timed Finals</b>						
1	Spinks, Josh	12	Coolah	2:23.40	_____	_____		
2	Jennings, Ewan	16	Katoomba	2:19.72	_____	_____		
3	Smith, Daniel	17	Narrabri	2:15.91	_____	_____		
4	Letham, William	15	Mudgee Marlins	2:13.07	_____	_____		
5	Jean, Morgan S14	22	Wauchope	2:15.13	_____	_____		
6	Dale, Riley	15	Wollongong	2:18.49	_____	_____		
7	Holleman, Patrick	16	Mudgee	2:22.47	_____	_____		
<b>Heat</b>	<b>2 of 2</b>	<b>Timed Finals</b>						
1	Morris, William	10	Hunter	2:40.00	_____	_____		
2	Oxenburgh, Vincent	11	Orange	2:35.20	_____	_____		
3	Buttel, Jasper	14	Canberra	2:28.76	_____	_____		
4	Jenkinson, Beau	15	Macquarie Shores	2:24.44	_____	_____		
5	Springer, Joel	14	Kinross Wolaroi	2:24.74	_____	_____		
6	Littlejohn, Freddie	11	Orange	2:34.42	_____	_____		
7	Roberts, Lenny	11	Hunter	2:38.64	_____	_____		
<b>Event</b>	<b>4</b>	<b>Women 200 LC Meter Freestyle</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>		
<b>Heat</b>	<b>1 of 4</b>	<b>Timed Finals</b>						
1	Messner, Abbie	14	Dubbo City	2:25.57	_____	_____		
2	Groves, Natalie	14	Bathurst	2:23.39	_____	_____		
3	Jean, Kaitlin	18	Wauchope	2:16.09	_____	_____		
4	Smith, Mia	16	Charlestown	2:13.01	_____	_____		
5	Hill, Charlotte	15	Albury North	2:15.86	_____	_____		
6	Maloy, April	15	Macquarie Shores	2:23.27	_____	_____		
7	Smith, Mikayla	16	Dubbo City	2:24.93	_____	_____		
<b>Heat</b>	<b>2 of 4</b>	<b>Timed Finals</b>						
1	Bulluss, Mia	12	Novocastrian	2:35.05	_____	_____		
2	Connery, Charli	16	Wollongong	2:34.27	_____	_____		
3	Lavelle, Phoebe	13	Dubbo City	2:31.98	_____	_____		
4	Whalan, Brooklyn	14	Orange	2:28.23	_____	_____		
5	Layton, Charlotte	13	Orange	2:29.03	_____	_____		
6	Docherty- O'Keefe, Aoife	12	Ginninderra	2:33.81	_____	_____		
7	Cummings, Ava	14	Dubbo Rsl	2:34.59	_____	_____		
<b>Heat</b>	<b>3 of 4</b>	<b>Timed Finals</b>						
1	Ryman, Harper	14	Manilla	2:40.98	_____	_____		
2	Rose, Aiko	12	Coonamble	2:39.90	_____	_____		
3	Stokes, Georgina	15	Tamworth City	2:36.92	_____	_____		
4	Stocks, Natasha	15	Denman	2:35.33	_____	_____		
5	Smith, Ava	15	Narrabri	2:35.37	_____	_____		
6	Wong Maspers, Izabella	17	Wollongong	2:37.66	_____	_____		
7	Bevan, Ruby	15	Macquarie Yabbies	2:40.01	_____	_____		
<b>Heat</b>	<b>4 of 4</b>	<b>Timed Finals</b>						
3	Smith, Chelsea	15	Tamworth City	2:50.00	_____	_____		
4	Bartlett, Blair	12	Tamworth City	2:41.22	_____	_____		
5	Boyd, Breanna	12	Warren	2:50.00	_____	_____		

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<b>Event</b>	<b>5 Men 200 LC Meter Breaststroke</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>					
1	Stocks, Riley	13	Denman	3:16.95	_____	_____	
2	Fuller, Logan	16	Tamworth City	3:01.04	_____	_____	
3	Smith, Kye	14	Charlestown	2:57.02	_____	_____	
4	Garkusha, Aleksandr	19	Tamworth City	2:25.11	_____	_____	
5	Petrie, William	13	Lower Blue Mountains	2:53.34	_____	_____	
6	Jenkins, Harrison	16	Bathurst	2:59.22	_____	_____	
7	Spinks, Josh	12	Coolah	3:05.91	_____	_____	
<b>Event</b>	<b>6 Women 200 LC Meter Breaststroke</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>					
1	Besant, Heidi	14	Goulburn	3:35.00	_____	_____	
2	Bunnemeyer, Klara	12	Tamworth City	3:19.58	_____	_____	
3	Stokes, Jessica	14	Tamworth City	3:11.72	_____	_____	
4	Lavelle, Phoebe	13	Dubbo City	3:00.00	_____	_____	
5	Khara (V), Noor	15	Abbotsleigh	3:07.20	_____	_____	
6	Petrie, Sophie	11	Lower Blue Mountains	3:13.39	_____	_____	
7	Scott-Hamilton, Sasha	14	Alligators of Armidale	3:24.64	_____	_____	
<b>Event</b>	<b>7 Men 100 LC Meter Freestyle Multi-Class</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>					
3	Oxenburgh, Ruben S19	9	Orange	1:47.31	_____	_____	
4	Jean, Morgan S14	22	Wauchope	59.92	_____	_____	
5	Tandy-Bell, Ronnie S10	14	Wellington	1:15.50	_____	_____	
<b>Event</b>	<b>8 Women 100 LC Meter Freestyle Multi-Class</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>					
4	Kelly, Izabelle S19	12	Orana Aquatic	1:32.92	_____	_____	
<b>Event</b>	<b>9 Men 50 LC Meter Freestyle</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 16</b>	<b>Timed Finals</b>					
1	Letham, William	15	Mudgee Marlins	27.50	_____	_____	
2	Kennedy (V), Neil	15	Cranbrook	26.36	_____	_____	
3	Bennett, Samuel	18	Kinross Wolaroi	26.18	_____	_____	
4	Garkusha, Aleksandr	19	Tamworth City	25.61	_____	_____	
5	Traub-Rehm, Dominik	19	Hunter	25.91	_____	_____	
6	Whiting, Ryan	14	Orange	26.33	_____	_____	
7	Dale, Riley	15	Wollongong	26.38	_____	_____	
<b>Heat</b>	<b>2 of 16</b>	<b>Timed Finals</b>					
1	Stocks, Riley	13	Denman	28.58	_____	_____	
2	Whiting, Dylan	13	Orange	28.23	_____	_____	
3	Springer, Joel	14	Kinross Wolaroi	28.00	_____	_____	
4	Medhurst, Emmitt	15	Denman	27.62	_____	_____	
5	Jennings, Ewan	16	Katoomba	27.95	_____	_____	
6	Smith, Daniel	17	Narrabri	28.08	_____	_____	
7	Fuller, Logan	16	Tamworth City	28.51	_____	_____	
<b>Heat</b>	<b>3 of 16</b>	<b>Timed Finals</b>					
1	Oxenburgh, Vincent	11	Orange	30.33	_____	_____	
2	Arkit, Aidan	13	Alligators of Armidale	29.33	_____	_____	
3	Flood, Henley	11	Coonabarabran	29.25	_____	_____	
4	Jenkins, Harrison	16	Bathurst	28.87	_____	_____	
5	Khara (V), Runjeet	14	Newington	29.05	_____	_____	
6	Jenkinson, Beau	15	Macquarie Shores	29.27	_____	_____	
7	Spinks, Josh	12	Coolah	29.90	_____	_____	

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**Heat 4 of 16 Timed Finals**

1	Roberts, Lenny	11	Hunter	32.60	_____	_____
2	Holmes, Thomas	11	Nyngan	32.28	_____	_____
3	Hall, Thomas	12	Tamworth City	31.37	_____	_____
4	Buttel, Jasper	14	Canberra	31.14	_____	_____
5	Jansen, William	14	Gunnedah	31.19	_____	_____
6	Grice, Samuel	13	Charlestown	31.61	_____	_____
7	Dwyer, Leo	11	Forbes Fins	32.60	_____	_____

**Heat 5 of 16 Timed Finals**

1	Turner, Archer	10	Wollongong	33.79	_____	_____
2	Littlejohn, Freddie	11	Orange	33.42	_____	_____
3	Sault, Jacob	13	Macquarie Shores	32.86	_____	_____
4	Waterford, Zane	11	Bathurst	32.82	_____	_____
5	Coghlan, Obike	12	Mudgee Marlins	32.82	_____	_____
6	West, Zeke	11	Hunter	33.14	_____	_____
7	Fallow, Noah	12	Bathurst	33.73	_____	_____

**Heat 6 of 16 Timed Finals**

1	Elder, Lachlan	9	Kinross Wolaroi	34.74	_____	_____
2	Arkininstall, Brendan	14	Singleton	34.55	_____	_____
3	Jenkinson, Ajay	13	Macquarie Shores	34.31	_____	_____
4	Elsegood, Ruben	9	Mudgee Marlins	33.83	_____	_____
5	Mainey, Lewis	10	Gunnedah	34.22	_____	_____
6	Young, Quade	11	Gunnedah	34.48	_____	_____
7	Hutch, Oliver	13	All Coast Academy	34.69	_____	_____

**Heat 7 of 16 Timed Finals**

1	Keightley, Arthur	11	Mudgee Marlins	35.65	_____	_____
2	Flood, Daley	9	Coonabarabran	35.50	_____	_____
3	Hausfeld, Jake	12	Gunnedah	35.10	_____	_____
4	Johnston, Lawrence	13	Muswellbrook	34.87	_____	_____
5	Kelly, Kai	12	Port Macquarie	34.97	_____	_____
6	Mendl, Freddie	12	Orange	35.18	_____	_____
7	Morris, William	10	Hunter	35.56	_____	_____

**Heat 8 of 16 Timed Finals**

1	Stevens, Oliver	10	Orana Aquatic	36.52	_____	_____
2	Eades, Archie	10	Kinross Wolaroi	36.32	_____	_____
3	Hausfeld, Evan	12	Gunnedah	36.07	_____	_____
4	Medhurst, Archie	12	Denman	35.69	_____	_____
5	Skovgaard, Dylan	10	Kinross Wolaroi	35.81	_____	_____
6	Staniforth, Felix	9	Orange	36.12	_____	_____
7	Stephens, Owen	11	Titans	36.32	_____	_____

**Heat 9 of 16 Timed Finals**

1	Carter, Rory	11	Mudgee Marlins	37.59	_____	_____
2	Gadsby, Dominic	11	Dubbo City	37.09	_____	_____
3	Welsh, Louis	11	Warren	36.86	_____	_____
4	Letham, Gus	11	Mudgee Marlins	36.81	_____	_____
5	Croake, Brodie	10	Mudgee	36.83	_____	_____
6	Stonestreet, Charles	14	Kootingal Moonbi	37.03	_____	_____
7	Smith, Jackson	11	Cowra	37.39	_____	_____

**Heat 10 of 16 Timed Finals**

1	McNally, Ryley	9	West's Illawarra	39.66	_____	_____
2	Smith, William	11	Dubbo City	38.84	_____	_____
3	Denston, George	10	Warren	37.93	_____	_____
4	Carter, Jock	9	Mudgee Marlins	37.64	_____	_____
5	Taylor, Lachlan	10	Bathurst	37.87	_____	_____
6	Prusiak, Oliver	11	Orange	38.06	_____	_____
7	Berry, Will	11	Cowra	39.00	_____	_____

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**Heat 11 of 16 Timed Finals**

1	Watt, Knox	8	Coonamble	41.70	_____	_____
2	Littlejohn, Ralph	9	Orange	41.01	_____	_____
3	Lewellyn, Digby	9	Mudgee Marlins	40.59	_____	_____
4	Gadsby, Mitchell	8	Dubbo City	39.96	_____	_____
5	Balagi, Ashwin	11	Dubbo Rsl	40.47	_____	_____
6	Potgieter, Jonathan	12	Mudgee Marlins	40.67	_____	_____
7	Whelan, Mitchell	9	Mudgee Marlins	41.59	_____	_____

**Heat 12 of 16 Timed Finals**

1	Williams, Michael	12	Mudgee Marlins	44.03	_____	_____
2	Sills, Aiden	8	Gunnedah	43.09	_____	_____
3	French, Hugo	9	Mudgee Marlins	42.50	_____	_____
4	Hudson, Emlyn	10	Yass	41.97	_____	_____
5	Burden, Lukas	10	Gunnedah	42.09	_____	_____
6	Tink, George	10	Orange	42.60	_____	_____
7	Pyle, Charlie	10	Orange	43.86	_____	_____

**Heat 13 of 16 Timed Finals**

1	Middleton, Archie	9	Bathurst	48.28	_____	_____
2	Watt, Archie	12	Gulgong	46.14	_____	_____
3	Nicholls, Huxton	8	Mudgee	44.82	_____	_____
4	Thompson, Zeke	9	Lithgow	44.41	_____	_____
5	Young, Myles	8	Gunnedah	44.77	_____	_____
6	West, Amos	9	Hunter	45.08	_____	_____
7	Meyers, Hamish	9	Dubbo City	46.20	_____	_____

**Heat 14 of 16 Timed Finals**

1	Tracy-Inglis, Harry	8	Mudgee Marlins	58.24	_____	_____
2	Cantelo, Quinton	8	Kinross Wolaroi	51.85	_____	_____
3	Dinesh, Keshav	11	Coulter Barracudas	50.78	_____	_____
4	Violi, Orlando	8	Griffith	48.65	_____	_____
5	Middleton, Oscar	8	Bathurst	48.66	_____	_____
6	Prusiak, Dominic	9	Orange	50.94	_____	_____
7	Scott, Luca	8	Bathurst City	56.07	_____	_____

**Heat 15 of 16 Timed Finals**

1	Kemp, Arjen	10	Mudgee	NT	_____	_____
2	Lawler, Jack	13	Mudgee	NT	_____	_____
3	Waterford, Knox	8	Bathurst	59.87	_____	_____
4	Wong, Levant	7	All Coast Academy	59.28	_____	_____
5	Kost, Fraser	7	Mudgee	59.38	_____	_____
6	Toole, Albert	7	Gulgong	1:01.13	_____	_____
7	Steer, Noah	10	Gulgong	NT	_____	_____

**Heat 16 of 16 Timed Finals**

3	Crane, Koby	7	All Coast Academy	NT	_____	_____
4	Lawler, Tom	9	Mudgee	NT	_____	_____
5	Davidson, Jonathan	8	Mudgee	NT	_____	_____
6	Elder, James	5	Kinross Wolaroi	NT	_____	_____

**Event 10 Women 50 LC Meter Freestyle**

Event Lane	Name	Age	Team	Seed Time	Finals	Place
<b>Heat 1 of 19</b>	<b>Timed Finals</b>					
1	Hayes, Hannah	14	Bathurst	29.27	_____	_____
2	Messner, Abbie	14	Dubbo City	29.06	_____	_____
3	Hill, Charlotte	15	Albury North	28.70	_____	_____
4	Robertson, May	14	Charlestown	28.23	_____	_____
5	Bevern (V), Lilli	13	St Catherine's	28.42	_____	_____
6	Maloy, April	15	Macquarie Shores	28.72	_____	_____
7	Jean, Kaitlin	18	Wauchope	29.23	_____	_____



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**Meet Program**

**Heat 2 of 19 Timed Finals**

1	Lavelle, Phoebe	13	Dubbo City	30.59	_____	_____
2	Rindfleish, Sophie	14	Coolah	30.05	_____	_____
3	Smith, Mikayla	16	Dubbo City	29.67	_____	_____
4	Groves, Natalie	14	Bathurst	29.30	_____	_____
5	Ross, Julia	16	Katoomba	29.66	_____	_____
6	Quinn, Summer	13	Kincumber	29.98	_____	_____
7	Cummings, Ava	14	Dubbo Rsl	30.39	_____	_____

**Heat 3 of 19 Timed Finals**

1	Keightley (V), Edith	16	St Hilda's Aquatics (Qld)	31.89	_____	_____
2	Spinks, Katie	15	Coolah	31.81	_____	_____
3	Boyd, Breanna	12	Warren	31.77	_____	_____
4	Smith, Ava	15	Narrabri	31.01	_____	_____
5	Bulluss, Mia	12	Novocastrian	31.36	_____	_____
6	Connery, Charli	16	Wollongong	31.77	_____	_____
7	Rose, Aiko	12	Coonamble	31.85	_____	_____

**Heat 4 of 19 Timed Finals**

1	Flint, Ava	14	Macquarie Shores	32.36	_____	_____
2	Stocks, Natasha	15	Denman	32.33	_____	_____
3	Bunnemeyer, Klara	12	Tamworth City	32.09	_____	_____
4	Stokes, Jessica	14	Tamworth City	31.95	_____	_____
5	Vial, Elsie	12	Orange	32.03	_____	_____
6	Scott-Hamilton, Sasha	14	Alligators of Armidale	32.27	_____	_____
7	Ryman, Harper	14	Manilla	32.36	_____	_____

**Heat 5 of 19 Timed Finals**

1	Bevan, Ruby	15	Macquarie Yabbies	32.98	_____	_____
2	Stokes, Georgina	15	Tamworth City	32.68	_____	_____
3	Cao, Jade	11	Macquarie Shores	32.52	_____	_____
4	Layton, Charlotte	13	Orange	32.38	_____	_____
5	Docherty- O'Keefe, Aoife	12	Ginninderra	32.51	_____	_____
6	Wong Maspers, Izabella	17	Wollongong	32.62	_____	_____
7	Hurst, Tamika	11	Nyngan	32.73	_____	_____

**Heat 6 of 19 Timed Finals**

1	Petrie, Sophie	11	Lower Blue Mountains	34.16	_____	_____
2	Pyle, Anastasia	13	Orange	33.79	_____	_____
3	Poi, Indi	11	All Coast Academy	33.64	_____	_____
4	Smith, Elodie	11	Dubbo City	33.28	_____	_____
5	Staniforth, Mila	11	Orange	33.37	_____	_____
6	Smith, Hope	12	Tamworth City	33.70	_____	_____
7	Dunn, Harper	12	Bathurst	34.01	_____	_____

**Heat 7 of 19 Timed Finals**

1	Edwards, Carys	11	Macquarie Shores	34.63	_____	_____
2	Smith, Isabel	12	Dubbo City	34.56	_____	_____
3	Neale, Sophia	11	Coulter Barracudas	34.33	_____	_____
4	Milford, Ava	11	Coolah	34.17	_____	_____
5	Johnston, Emma	10	Coonabarabran	34.23	_____	_____
6	Whiting, Maddison	10	Orange	34.40	_____	_____
7	Holmes, Summer	13	Bathurst City	34.57	_____	_____

**Heat 8 of 19 Timed Finals**

1	Wong Maspers, Chantal	14	Wollongong	35.76	_____	_____
2	Ross, Ruby	11	Katoomba	35.21	_____	_____
3	Rando, Montana	12	Scone	34.84	_____	_____
4	Cohen, Taylah	10	Kincumber	34.71	_____	_____
5	Rutter, Claudia	12	Werris Creek	34.83	_____	_____
6	Lavelle, Stella	11	Dubbo City	34.98	_____	_____
7	Bevern, Georgia	10	Dubbo City	35.28	_____	_____

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**Heat 9 of 19 Timed Finals**

1	Middleton, Ava	11 Bathurst	36.67	_____	_____
2	Meyer (Eades), Matilda	12 All Coast Academy	36.46	_____	_____
3	Kelly-Shepherd, Grace	11 Cowra	36.39	_____	_____
4	King, Georgia	11 Tamworth City	36.28	_____	_____
5	Milford, Aaliyah	9 Coolah	36.28	_____	_____
6	Medhurst, Claudia	14 Denman	36.43	_____	_____
7	Stonestreet, Caitlin	17 Kootingal Moonbi	36.63	_____	_____

**Heat 10 of 19 Timed Finals**

1	Tsakiris, Ava	11 Ginninderra	38.36	_____	_____
2	Tink, Ella	11 Orange	37.75	_____	_____
3	Cantelo, Scarlett	11 Kinross Wolaroi	37.39	_____	_____
4	Burden, Jorja	12 Gunnedah	36.76	_____	_____
5	Meyers, Georgie	11 Dubbo City	36.89	_____	_____
6	Besant, Heidi	14 Goulburn	37.40	_____	_____
7	Pyle, Molly	12 Orange	38.14	_____	_____

**Heat 11 of 19 Timed Finals**

1	Whiteside, Caitlyn	12 Wollongong	39.21	_____	_____
2	Moriarty, Ruby	11 Cowra	38.86	_____	_____
3	de Klerk, Lilia	11 Dubbo City	38.66	_____	_____
4	Bunnemeyer, Emilia	11 Tamworth City	38.44	_____	_____
5	Besant, Piper	13 Goulburn	38.48	_____	_____
6	Abra, Georgia	10 Manilla	38.73	_____	_____
7	Wark, Philipa	10 Gunnedah	39.09	_____	_____

**Heat 12 of 19 Timed Finals**

1	Hurst, Sarsha	10 Nyngan	40.65	_____	_____
2	Berry, Olive	11 Cowra	40.02	_____	_____
3	Bevan, Harriet	14 Macquarie Yabbies	39.48	_____	_____
4	Martin, Evie	11 Mudgee Marlins	39.22	_____	_____
5	Medhurst, Stella	12 Denman	39.40	_____	_____
6	Barnett, Lara	10 Warren	39.86	_____	_____
7	King, Bella	12 Tamworth City	40.38	_____	_____

**Heat 13 of 19 Timed Finals**

1	Wong, Liz	13 All Coast Academy	41.68	_____	_____
2	Eades, Lulu	8 Kinross Wolaroi	41.45	_____	_____
3	Swanson, Savannah	9 Coonabarabran	40.84	_____	_____
4	Organ, Jorjia	10 Mudgee Marlins	40.69	_____	_____
5	Lavelle, Frankie	9 Dubbo City	40.82	_____	_____
6	Cohen, Keira	12 Kincumber	41.18	_____	_____
7	Rodney, Harper	9 Kinross Wolaroi	41.60	_____	_____

**Heat 14 of 19 Timed Finals**

1	Flood, Reeva	8 Coonabarabran	45.02	_____	_____
2	Rutter, Lianna	10 Werris Creek	43.48	_____	_____
3	Kost, Darcey	10 Mudgee	42.11	_____	_____
4	Gray, Lilah	12 Gulgong	41.74	_____	_____
5	Ryan, Lucie	11 Tamworth City	41.84	_____	_____
6	Ward, Ava	8 Warren	43.32	_____	_____
7	Watt, Abigail	10 Gulgong	44.98	_____	_____

**Heat 15 of 19 Timed Finals**

1	Taylor, Olivia	8 Bathurst	47.45	_____	_____
2	Whelan, Logan	12 Mudgee Marlins	47.12	_____	_____
3	Blayden, Izabella	12 Yass	46.46	_____	_____
4	Lane, Amity	10 Nyngan	45.43	_____	_____
5	Flood, Frankie	9 Mudgee Marlins	46.20	_____	_____
6	Tracy-Inglis, Isla	10 Mudgee Marlins	46.54	_____	_____
7	Poi, Imahli	8 All Coast Academy	47.28	_____	_____

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**Heat 16 of 19 Timed Finals**

1	McMahon, Xanthe	10	Mudgee	49.25	_____	_____
2	Elder, Charlotte	7	Kinross Wolaroi	48.31	_____	_____
3	Crane, Kelsey	10	All Coast Academy	48.07	_____	_____
4	Dragovic, Giana	8	Dapto	47.64	_____	_____
5	Violi, Sophia	10	Griffith	47.88	_____	_____
6	Gray, Ivy	10	Gulgong	48.13	_____	_____
7	Whiteside, Madison	9	Wollongong	49.05	_____	_____

**Heat 17 of 19 Timed Finals**

1	Rangi, Ivy	9	All Coast Academy	56.83	_____	_____
2	Pyle, Isobel	8	Orange	51.40	_____	_____
3	Wormald, Gracyn	9	Mudgee	50.30	_____	_____
4	Burns, Layla	10	Mudgee Marlins	49.77	_____	_____
5	Toole, Ruby	9	Gulgong	50.02	_____	_____
6	Watt, Emily	8	Gulgong	51.37	_____	_____
7	Layton, Amelia	11	Orange	55.37	_____	_____

**Heat 18 of 19 Timed Finals**

1	Watts, Dakota	11	Gulgong	NT	_____	_____
2	Gray, Audrey	9	Gulgong	1:13.48	_____	_____
3	Coghlan, Misty	8	Mudgee Marlins	1:06.23	_____	_____
4	Flood, Jordie	7	Mudgee Marlins	58.71	_____	_____
5	Middleton, Audrey	7	Bathurst	59.80	_____	_____
6	Croake, Nellie	7	Mudgee	1:10.19	_____	_____
7	Large, Pippa	11	Gulgong	NT	_____	_____

**Heat 19 of 19 Timed Finals**

3	Crowe, Nina	7	Mudgee Marlins	NT	_____	_____
4	Watts, Michaela	9	Gulgong	NT	_____	_____
5	Middleton, Emilia	8	Bathurst	NT	_____	_____
6	Eades, Lillie	7	Kinross Wolaroi	NT	_____	_____

**Event 11 Men 100 LC Meter Backstroke**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 9 Timed Finals**

1	West, Zeke	11	Hunter	1:21.15	_____	_____
2	Jean, Morgan S14	22	Wauchope	1:17.11	_____	_____
3	Springer, Joel	14	Kinross Wolaroi	1:12.65	_____	_____
4	Kennedy (V), Neil	15	Cranbrook	1:05.15	_____	_____
5	Smith, Daniel	17	Narrabri	1:09.63	_____	_____
6	Bennett, Samuel	18	Kinross Wolaroi	1:13.69	_____	_____
7	Spinks, Josh	12	Coolah	1:17.57	_____	_____

**Heat 2 of 9 Timed Finals**

1	Stocks, Riley	13	Denman	1:25.07	_____	_____
2	Holleman, Patrick	16	Mudgee	1:23.25	_____	_____
3	Jansen, William	14	Gunnedah	1:23.04	_____	_____
4	Oxenburgh, Vincent	11	Orange	1:21.34	_____	_____
5	Medhurst, Emmitt	15	Denman	1:21.71	_____	_____
6	Dwyer, Leo	11	Forbes Fins	1:23.17	_____	_____
7	Roberts, Lenny	11	Hunter	1:23.67	_____	_____

**Heat 3 of 9 Timed Finals**

1	Young, Quade	11	Gunnedah	1:31.11	_____	_____
2	Waterford, Zane	11	Bathurst	1:30.41	_____	_____
3	Coghlan, Obike	12	Mudgee Marlins	1:27.84	_____	_____
4	Morris, William	10	Hunter	1:26.33	_____	_____
5	Elsegood, Ruben	9	Mudgee Marlins	1:27.77	_____	_____
6	Buttel, Jasper	14	Canberra	1:28.78	_____	_____
7	Holmes, Thomas	11	Nyngan	1:30.44	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 4 of 9 Timed Finals**

1	French, Harrison	11	Mudgee Marlins	1:40.45	_____	_____
2	Jenkinson, Ajay	13	Macquarie Shores	1:34.20	_____	_____
3	Stonestreet, Charles	14	Kootingal Moonbi	1:33.80	_____	_____
4	Johnston, Lawrence	13	Muswellbrook	1:31.30	_____	_____
5	Prusiak, Oliver	11	Orange	1:33.21	_____	_____
6	Sault, Jacob	13	Macquarie Shores	1:34.10	_____	_____
7	Mainey, Lewis	10	Gunnedah	1:37.85	_____	_____

**Heat 5 of 9 Timed Finals**

1	Welsh, Louis	11	Warren	1:43.44	_____	_____
2	Balagi, Ashwin	11	Dubbo Rsl	1:42.32	_____	_____
3	Gadsby, Dominic	11	Dubbo City	1:41.51	_____	_____
4	Denston, George	10	Warren	1:40.74	_____	_____
5	Potgieter, Jonathan	12	Mudgee Marlins	1:40.77	_____	_____
6	Taylor, Lachlan	10	Bathurst	1:42.10	_____	_____
7	Fallow, Noah	12	Bathurst	1:43.17	_____	_____

**Heat 6 of 9 Timed Finals**

1	West, Amos	9	Hunter	1:51.90	_____	_____
2	Hudson, Emlyn	10	Yass	1:51.70	_____	_____
3	Croake, Brodie	10	Mudgee	1:47.68	_____	_____
4	Smith, William	11	Dubbo City	1:43.80	_____	_____
5	Keightley, Arthur	11	Mudgee Marlins	1:45.24	_____	_____
6	French, Hunter	10	Mudgee Marlins	1:49.00	_____	_____
7	Smith, Jackson	11	Cowra	1:51.72	_____	_____

**Heat 7 of 9 Timed Finals**

1	Tink, George	10	Orange	1:59.13	_____	_____
2	Carter, Rory	11	Mudgee Marlins	1:57.56	_____	_____
3	Middleton, Oscar	8	Bathurst	1:56.85	_____	_____
4	Pyle, Charlie	10	Orange	1:54.27	_____	_____
5	Watt, Knox	8	Coonamble	1:56.48	_____	_____
6	French, Hugo	9	Mudgee Marlins	1:57.52	_____	_____
7	Oxenburgh, Ruben S19	9	Orange	1:58.75	_____	_____

**Heat 8 of 9 Timed Finals**

1	Grice, Samuel	13	Charlestown	NT	_____	_____
2	Arkininstall, Brendan	14	Singleton	NT	_____	_____
3	Thompson, Zeke	9	Lithgow	2:04.64	_____	_____
4	Berry, Will	11	Cowra	2:01.49	_____	_____
5	Carter, Jock	9	Mudgee Marlins	2:04.23	_____	_____
6	Thompson, Jakob S19	19	Nuswim	NT	_____	_____
7	Lawler, Jack	13	Mudgee	NT	_____	_____

**Heat 9 of 9 Timed Finals**

2	Scott, Luca	8	Bathurst City	NT	_____	_____
3	Cantelo, Quinton	8	Kinross Wolaroi	NT	_____	_____
4	Watt, Archie	12	Gulgong	NT	_____	_____
5	McNally, Ryley	9	Wests Illawarra	NT	_____	_____
6	Young, Myles	8	Gunnedah	NT	_____	_____
7	Sills, Aiden	8	Gunnedah	NT	_____	_____

**Event 12 Women 100 LC Meter Backstroke**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 8 Timed Finals**

1	Rose, Aiko	12	Coonamble	1:19.28	_____	_____
2	Lavelle, Phoebe	13	Dubbo City	1:18.00	_____	_____
3	Hayes, Hannah	14	Bathurst	1:13.17	_____	_____
4	Smith, Chelsea	15	Tamworth City	1:12.03	_____	_____
5	Messner, Abbie	14	Dubbo City	1:12.15	_____	_____
6	Whalan, Brooklyn	14	Orange	1:17.58	_____	_____
7	Bulluss, Mia	12	Novocastrian	1:18.68	_____	_____



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**Heat 2 of 8 Timed Finals**

1	Flint, Ava	14	Macquarie Shores	1:27.33	_____	_____
2	Wong Maspers, Chantal	14	Wollongong	1:25.38	_____	_____
3	Connery, Charli	16	Wollongong	1:22.75	_____	_____
4	Layton, Charlotte	13	Orange	1:20.75	_____	_____
5	Rindfleish, Sophie	14	Coolah	1:21.87	_____	_____
6	Dunn, Harper	12	Bathurst	1:23.58	_____	_____
7	Smith, Ava	15	Narrabri	1:25.71	_____	_____

**Heat 3 of 8 Timed Finals**

1	Hurst, Tamika	11	Nyngan	1:32.50	_____	_____
2	Cao, Jade	11	Macquarie Shores	1:31.03	_____	_____
3	Smith, Elodie	11	Dubbo City	1:29.83	_____	_____
4	Boyd, Breanna	12	Warren	1:28.01	_____	_____
5	Smith, Hope	12	Tamworth City	1:28.18	_____	_____
6	Holmes, Summer	13	Bathurst City	1:30.30	_____	_____
7	Cummings, Ava	14	Dubbo Rsl	1:31.28	_____	_____

**Heat 4 of 8 Timed Finals**

1	Johnston, Emma	10	Coonabarabran	1:40.48	_____	_____
2	Stocks, Natasha	15	Denman	1:36.81	_____	_____
3	Rando, Montana	12	Scone	1:34.13	_____	_____
4	Bartlett, Blair	12	Tamworth City	1:33.37	_____	_____
5	Stonestreet, Caitlin	17	Kootingal Moonbi	1:33.51	_____	_____
6	Neale, Sophia	11	Coulter Barracudas	1:36.66	_____	_____
7	Smith, Isabel	12	Dubbo City	1:39.68	_____	_____

**Heat 5 of 8 Timed Finals**

1	Meyers, Georgie	11	Dubbo City	1:48.77	_____	_____
2	Milford, Aaliyah	9	Coolah	1:44.37	_____	_____
3	Barnett, Lara	10	Warren	1:42.89	_____	_____
4	Middleton, Ava	11	Bathurst	1:40.63	_____	_____
5	Wark, Philipa	10	Gunnedah	1:41.04	_____	_____
6	Rutter, Claudia	12	Werris Creek	1:43.24	_____	_____
7	Kelly, Izabelle S19	12	Orana Aquatic	1:47.20	_____	_____

**Heat 6 of 8 Timed Finals**

1	Taylor, Olivia	8	Bathurst	2:00.49	_____	_____
2	Meyer (Eades), Matilda	12	All Coast Academy	1:52.12	_____	_____
3	Lavelle, Stella	11	Dubbo City	1:50.26	_____	_____
4	de Klerk, Lilia	11	Dubbo City	1:49.22	_____	_____
5	Medhurst, Stella	12	Denman	1:49.85	_____	_____
6	Tink, Ella	11	Orange	1:50.39	_____	_____
7	Martin, Evie	11	Mudgee Marlins	1:52.55	_____	_____

**Heat 7 of 8 Timed Finals**

1	Docherty- O'Keefe, Aoife	12	Ginninderra	NT	_____	_____
2	Watt, Abigail	10	Gulgong	2:16.40	_____	_____
3	Rangi, Ivy	9	All Coast Academy	2:02.37	_____	_____
4	Swanson, Savannah	9	Coonabarabran	2:01.72	_____	_____
5	Berry, Olive	11	Cowra	2:01.91	_____	_____
6	Ward, Ava	8	Warren	2:03.86	_____	_____
7	Besant, Heidi	14	Goulburn	NT	_____	_____

**Heat 8 of 8 Timed Finals**

3	Lane, Amity	10	Nyngan	NT	_____	_____
4	Burden, Jorja	12	Gunnedah	NT	_____	_____
5	Kelly-Shepherd, Grace	11	Cowra	NT	_____	_____
6	Eades, Lulu	8	Kinross Wolaroi	NT	_____	_____

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<b>Event</b>	<b>13</b>	<b>Men 50 LC Meter Butterfly</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 12</b>	<b>Timed Finals</b>						
1	Jean, Morgan S14	22	Wauchope	30.14		_____	_____	
2	Whiting, Ryan	14	Orange	29.26		_____	_____	
3	Kennedy (V), Neil	15	Cranbrook	28.37		_____	_____	
4	Traub-Rehm, Dominik	19	Hunter	26.20		_____	_____	
5	Garkusha, Aleksandr	19	Tamworth City	27.65		_____	_____	
6	Bennett, Samuel	18	Kinross Wolaroi	28.83		_____	_____	
7	Medhurst, Emmitt	15	Denman	30.13		_____	_____	
<b>Heat</b>	<b>2 of 12</b>	<b>Timed Finals</b>						
1	Jenkinson, Beau	15	Macquarie Shores	32.09		_____	_____	
2	Springer, Joel	14	Kinross Wolaroi	31.96		_____	_____	
3	Jennings, Ewan	16	Katoomba	31.45		_____	_____	
4	Letham, William	15	Mudgee Marlins	30.57		_____	_____	
5	Smith, Daniel	17	Narrabri	30.83		_____	_____	
6	Dale, Riley	15	Wollongong	31.57		_____	_____	
7	Whiting, Dylan	13	Orange	32.07		_____	_____	
<b>Heat</b>	<b>3 of 12</b>	<b>Timed Finals</b>						
1	Stocks, Riley	13	Denman	33.64		_____	_____	
2	Jenkins, Harrison	16	Bathurst	32.82		_____	_____	
3	Petrie, William	13	Lower Blue Mountains	32.76		_____	_____	
4	Fuller, Logan	16	Tamworth City	32.10		_____	_____	
5	Arkit, Aidan	13	Alligators of Armidale	32.13		_____	_____	
6	Spinks, Josh	12	Coolah	32.77		_____	_____	
7	Khara (V), Runjeet	14	Newington	33.57		_____	_____	
<b>Heat</b>	<b>4 of 12</b>	<b>Timed Finals</b>						
1	Hall, Thomas	12	Tamworth City	37.01		_____	_____	
2	Littlejohn, Freddie	11	Orange	36.34		_____	_____	
3	Buttel, Jasper	14	Canberra	35.67		_____	_____	
4	West, Zeke	11	Hunter	35.02		_____	_____	
5	Mendl, Freddie	12	Orange	35.19		_____	_____	
6	Grice, Samuel	13	Charlestown	36.08		_____	_____	
7	Dwyer, Leo	11	Forbes Fins	36.91		_____	_____	
<b>Heat</b>	<b>5 of 12</b>	<b>Timed Finals</b>						
1	Stephens, Owen	11	Titans	39.68		_____	_____	
2	Medhurst, Archie	12	Denman	38.86		_____	_____	
3	Holmes, Thomas	11	Nyngan	38.53		_____	_____	
4	Oxenburgh, Vincent	11	Orange	37.07		_____	_____	
5	Roberts, Lenny	11	Hunter	37.61		_____	_____	
6	Johnston, Lawrence	13	Muswellbrook	38.85		_____	_____	
7	Morris, William	10	Hunter	39.62		_____	_____	
<b>Heat</b>	<b>6 of 12</b>	<b>Timed Finals</b>						
1	Hausfeld, Jake	12	Gunnedah	42.43		_____	_____	
2	Arkininstall, Brendan	14	Singleton	42.19		_____	_____	
3	Elsegood, Ruben	9	Mudgee Marlins	41.11		_____	_____	
4	Hutch, Oliver	13	All Coast Academy	40.84		_____	_____	
5	Stonestreet, Charles	14	Kootingal Moonbi	40.89		_____	_____	
6	Welsh, Louis	11	Warren	41.28		_____	_____	
7	Keightley, Arthur	11	Mudgee Marlins	42.31		_____	_____	
<b>Heat</b>	<b>7 of 12</b>	<b>Timed Finals</b>						
1	Berry, Will	11	Cowra	46.11		_____	_____	
2	Young, Quade	11	Gunnedah	45.00		_____	_____	
3	Elder, Lachlan	9	Kinross Wolaroi	43.86		_____	_____	
4	Waterford, Zane	11	Bathurst	43.45		_____	_____	
5	Eades, Archie	10	Kinross Wolaroi	43.49		_____	_____	
6	Gadsby, Dominic	11	Dubbo City	44.06		_____	_____	
7	Jenkinson, Ajay	13	Macquarie Shores	45.04		_____	_____	

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**Heat 8 of 12 Timed Finals**

1	Smith, William	11	Dubbo City	49.69	_____	_____
2	Letham, Gus	11	Mudgee Marlins	47.27	_____	_____
3	Coghlan, Obike	12	Mudgee Marlins	46.63	_____	_____
4	Fallow, Noah	12	Bathurst	46.42	_____	_____
5	Denston, George	10	Warren	46.50	_____	_____
6	Skovgaard, Dylan	10	Kinross Wolaroi	47.24	_____	_____
7	Staniforth, Felix	9	Orange	48.87	_____	_____

**Heat 9 of 12 Timed Finals**

1	Smith, Jackson	11	Cowra	56.19	_____	_____
2	Watt, Knox	8	Coonamble	52.66	_____	_____
3	Mainey, Lewis	10	Gunnedah	50.72	_____	_____
4	Prusiak, Oliver	11	Orange	50.22	_____	_____
5	Gadsby, Mitchell	8	Dubbo City	50.61	_____	_____
6	Williams, Michael	12	Mudgee Marlins	52.12	_____	_____
7	Tink, George	10	Orange	53.98	_____	_____

**Heat 10 of 12 Timed Finals**

1	Balagi, Ashwin	11	Dubbo Rsl	1:01.32	_____	_____
2	West, Amos	9	Hunter	59.17	_____	_____
3	Hudson, Emlyn	10	Yass	57.01	_____	_____
4	Taylor, Lachlan	10	Bathurst	56.56	_____	_____
5	Potgieter, Jonathan	12	Mudgee Marlins	56.58	_____	_____
6	Hausfeld, Evan	12	Gunnedah	58.07	_____	_____
7	Burden, Lukas	10	Gunnedah	1:00.71	_____	_____

**Heat 11 of 12 Timed Finals**

1	Dinesh, Keshav	11	Coulter Barracudas	1:14.20	_____	_____
2	Middleton, Oscar	8	Bathurst	1:08.76	_____	_____
3	Prusiak, Dominic	9	Orange	1:05.49	_____	_____
4	Littlejohn, Ralph	9	Orange	1:02.63	_____	_____
5	Sills, Aiden	8	Gunnedah	1:05.42	_____	_____
6	Meyers, Hamish	9	Dubbo City	1:07.23	_____	_____
7	French, Hugo	9	Mudgee Marlins	1:12.22	_____	_____

**Heat 12 of 12 Timed Finals**

1	Wong, Levant	7	All Coast Academy	NT	_____	_____
2	Scott, Luca	8	Bathurst City	NT	_____	_____
3	Carter, Rory	11	Mudgee Marlins	NT	_____	_____
4	Middleton, Archie	9	Bathurst	1:14.55	_____	_____
5	Kelly, Kai	12	Port Macquarie	NT	_____	_____
6	Carter, Jock	9	Mudgee Marlins	NT	_____	_____
7	Violi, Orlando	8	Griffith	NT	_____	_____

**Event 14 Women 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 14 Timed Finals**

1	Whalan, Brooklyn	14	Orange	32.53	_____	_____
2	Quinn, Summer	13	Kincumber	32.16	_____	_____
3	Robertson, May	14	Charlestown	31.22	_____	_____
4	Maloy, April	15	Macquarie Shores	30.57	_____	_____
5	Hill, Charlotte	15	Albury North	31.03	_____	_____
6	Messner, Abbie	14	Dubbo City	31.70	_____	_____
7	Smith, Mikayla	16	Dubbo City	32.45	_____	_____

**Heat 2 of 14 Timed Finals**

1	Groves, Natalie	14	Bathurst	33.80	_____	_____
2	Smith, Ava	15	Narrabri	33.19	_____	_____
3	Jean, Kaitlin	18	Wauchope	33.14	_____	_____
4	Ross, Julia	16	Katoomba	32.67	_____	_____
5	Hayes, Hannah	14	Bathurst	33.07	_____	_____
6	Lavelle, Phoebe	13	Dubbo City	33.17	_____	_____
7	Boyd, Breanna	12	Warren	33.28	_____	_____

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**Heat 3 of 14 Timed Finals**

1	Cummings, Ava	14	Dubbo Rsl	35.33	_____	_____
2	Bulluss, Mia	12	Novocastrian	34.93	_____	_____
3	Scott-Hamilton, Sasha	14	Alligators of Armidale	34.71	_____	_____
4	Rindfleisch, Sophie	14	Coolah	34.41	_____	_____
5	Rose, Aiko	12	Coonamble	34.70	_____	_____
6	Whiting, Maddison	10	Orange	34.75	_____	_____
7	Flint, Ava	14	Macquarie Shores	35.17	_____	_____

**Heat 4 of 14 Timed Finals**

1	Spinks, Katie	15	Coolah	37.01	_____	_____
2	Hurst, Tamika	11	Nyngan	36.43	_____	_____
3	Bunnemeyer, Klara	12	Tamworth City	36.21	_____	_____
4	Docherty- O'Keefe, Aoife	12	Ginninderra	35.88	_____	_____
5	Bevan, Ruby	15	Macquarie Yabbies	35.90	_____	_____
6	Milford, Ava	11	Coolah	36.25	_____	_____
7	Vial, Elsie	12	Orange	36.45	_____	_____

**Heat 5 of 14 Timed Finals**

1	Cao, Jade	11	Macquarie Shores	38.38	_____	_____
2	Ross, Ruby	11	Katoomba	37.63	_____	_____
3	Smith, Elodie	11	Dubbo City	37.32	_____	_____
4	Stocks, Natasha	15	Denman	37.04	_____	_____
5	Poi, Indi	11	All Coast Academy	37.12	_____	_____
6	Staniforth, Mila	11	Orange	37.59	_____	_____
7	Stokes, Georgina	15	Tamworth City	37.77	_____	_____

**Heat 6 of 14 Timed Finals**

1	Milford, Aaliyah	9	Coolah	40.53	_____	_____
2	Burden, Jorja	12	Gunnedah	39.90	_____	_____
3	Cohen, Taylah	10	Kincumber	39.32	_____	_____
4	Dunn, Harper	12	Bathurst	38.84	_____	_____
5	Ryman, Harper	14	Manilla	38.86	_____	_____
6	Smith, Isabel	12	Dubbo City	39.56	_____	_____
7	Whiteside, Caitlyn	12	Wollongong	40.07	_____	_____

**Heat 7 of 14 Timed Finals**

1	Rando, Montana	12	Scone	42.72	_____	_____
2	Holmes, Summer	13	Bathurst City	42.19	_____	_____
3	Petrie, Sophie	11	Lower Blue Mountains	41.27	_____	_____
4	Bartlett, Blair	12	Tamworth City	40.88	_____	_____
5	Rutter, Claudia	12	Werris Creek	41.09	_____	_____
6	King, Georgia	11	Tamworth City	41.61	_____	_____
7	Medhurst, Claudia	14	Denman	42.72	_____	_____

**Heat 8 of 14 Timed Finals**

1	Hurst, Sarsha	10	Nyngan	45.24	_____	_____
2	Meyers, Georgie	11	Dubbo City	44.33	_____	_____
3	Neale, Sophia	11	Coulter Barracudas	43.39	_____	_____
4	Smith, Hope	12	Tamworth City	42.81	_____	_____
5	Stonestreet, Caitlin	17	Kootingal Moonbi	43.28	_____	_____
6	Pyle, Anastasia	13	Orange	43.78	_____	_____
7	Bevern, Georgia	10	Dubbo City	44.42	_____	_____

**Heat 9 of 14 Timed Finals**

1	Pyle, Molly	12	Orange	47.73	_____	_____
2	Cantelo, Scarlett	11	Kinross Wolaroi	47.02	_____	_____
3	Martin, Evie	11	Mudgee Marlins	46.22	_____	_____
4	Meyer (Eades), Matilda	12	All Coast Academy	45.37	_____	_____
5	Johnston, Emma	10	Coonabarabran	45.90	_____	_____
6	Wark, Philipa	10	Gunnedah	46.77	_____	_____
7	Berry, Olive	11	Cowra	47.05	_____	_____

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**Heat 10 of 14 Timed Finals**

1	Moriarty, Ruby	11	Cowra	51.51	_____	_____
2	Tink, Ella	11	Orange	50.42	_____	_____
3	Bunnemeyer, Emilia	11	Tamworth City	50.14	_____	_____
4	Lavelle, Stella	11	Dubbo City	48.07	_____	_____
5	Ryan, Lucie	11	Tamworth City	48.22	_____	_____
6	Organ, Jorjia	10	Mudgee Marlins	50.38	_____	_____
7	King, Bella	12	Tamworth City	50.62	_____	_____

**Heat 11 of 14 Timed Finals**

1	Rodney, Harper	9	Kinross Wolaroi	58.24	_____	_____
2	Tsakiris, Ava	11	Ginninderra	56.14	_____	_____
3	Kelly-Shepherd, Grace	11	Cowra	53.88	_____	_____
4	Barnett, Lara	10	Warren	51.85	_____	_____
5	Kost, Darcey	10	Mudgee	52.60	_____	_____
6	Wong, Liz	13	All Coast Academy	54.00	_____	_____
7	Blayden, Izabella	12	Yass	56.45	_____	_____

**Heat 12 of 14 Timed Finals**

1	Lavelle, Frankie	9	Dubbo City	1:06.70	_____	_____
2	Flood, Frankie	9	Mudgee Marlins	1:03.68	_____	_____
3	Cohen, Keira	12	Kincumber	59.43	_____	_____
4	Abra, Georgia	10	Manilla	58.32	_____	_____
5	Eades, Lulu	8	Kinross Wolaroi	58.54	_____	_____
6	Ward, Ava	8	Warren	59.75	_____	_____
7	Watt, Abigail	10	Gulgong	1:04.03	_____	_____

**Heat 13 of 14 Timed Finals**

1	McMahon, Xanthe	10	Mudgee	1:29.28	_____	_____
2	Pyle, Isobel	8	Orange	1:13.79	_____	_____
3	Gray, Lilah	12	Gulgong	1:11.41	_____	_____
4	Rutter, Lianna	10	Werris Creek	1:08.34	_____	_____
5	Elder, Charlotte	7	Kinross Wolaroi	1:10.48	_____	_____
6	Toole, Ruby	9	Gulgong	1:12.07	_____	_____
7	Lane, Amity	10	Nyngan	1:19.64	_____	_____

**Heat 14 of 14 Timed Finals**

1	Watt, Emily	8	Gulgong	NT	_____	_____
2	Wormald, Gracyn	9	Mudgee	NT	_____	_____
3	Gray, Ivy	10	Gulgong	NT	_____	_____
4	Bevan, Harriet	14	Macquarie Yabbies	NT	_____	_____
5	Besant, Piper	13	Goulburn	NT	_____	_____
6	Crane, Kelsey	10	All Coast Academy	NT	_____	_____
7	Whiteside, Madison	9	Wollongong	NT	_____	_____

**Event 16 Women 12 & Over 1500 LC Meter Freestyle**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 1 Timed Finals**

3	Morris, Hannah	15	Hunter	21:20.16	_____	_____
4	Smith, Mia	16	Charlestown	19:33.95	_____	_____
5	Jean, Kaitlin	18	Wauchope	19:41.42	_____	_____
6	Morris, Charlie	12	Hunter	NT	_____	_____

**Event 17 Men 200 LC Meter Butterfly**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 1 Timed Finals**

3	Petrie, William	13	Lower Blue Mountains	3:00.00	_____	_____
4	Traub-Rehm, Dominik	19	Hunter	2:10.82	_____	_____
5	West, Zeke	11	Hunter	2:46.55	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
Meet Program**

<b>Event</b>	<b>19</b>	<b>Men 50 LC Meter Butterfly Multi-Class</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>						
3	Tandy-Bell, Ronnie S10	14	Wellington	43.90		_____	_____	
4	Thompson, Jakob S19	19	Nuswim	28.89		_____	_____	
5	Jean, Morgan S14	22	Wauchope	30.14		_____	_____	
6	Oxenburgh, Ruben S19	9	Orange	1:06.27		_____	_____	
<b>Event</b>	<b>20</b>	<b>Women 50 LC Meter Butterfly Multi-Class</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 1</b>	<b>Timed Finals</b>						
4	Kelly, Izabelle S19	12	Orana Aquatic	47.29		_____	_____	
<b>Event</b>	<b>21</b>	<b>Men 100 LC Meter Freestyle</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 14</b>	<b>Timed Finals</b>						
1	Dale, Riley	15	Wollongong	1:00.57		_____	_____	
2	Letham, William	15	Mudgee Marlins	59.62		_____	_____	
3	Kennedy (V), Neil	15	Cranbrook	59.48		_____	_____	
4	Traub-Rehm, Dominik	19	Hunter	57.23		_____	_____	
5	Bennett, Samuel	18	Kinross Wolaroi	59.01		_____	_____	
6	Whiting, Ryan	14	Orange	59.54		_____	_____	
7	Medhurst, Emmitt	15	Denman	1:00.38		_____	_____	
<b>Heat</b>	<b>2 of 14</b>	<b>Timed Finals</b>						
1	Jenkins, Harrison	16	Bathurst	1:04.61		_____	_____	
2	Jenkinson, Beau	15	Macquarie Shores	1:03.70		_____	_____	
3	Smith, Daniel	17	Narrabri	1:02.04		_____	_____	
4	Springer, Joel	14	Kinross Wolaroi	1:00.86		_____	_____	
5	Jennings, Ewan	16	Katoomba	1:01.70		_____	_____	
6	Whiting, Dylan	13	Orange	1:02.55		_____	_____	
7	Fuller, Logan	16	Tamworth City	1:04.48		_____	_____	
<b>Heat</b>	<b>3 of 14</b>	<b>Timed Finals</b>						
1	Oxenburgh, Vincent	11	Orange	1:11.75		_____	_____	
2	Stocks, Riley	13	Denman	1:07.68		_____	_____	
3	Carter, Cruz	13	Bathurst	1:07.04		_____	_____	
4	Spinks, Josh	12	Coolah	1:05.33		_____	_____	
5	Arkit, Aidan	13	Alligators of Armidale	1:06.44		_____	_____	
6	Buttel, Jasper	14	Canberra	1:07.39		_____	_____	
7	Jansen, William	14	Gunnedah	1:11.17		_____	_____	
<b>Heat</b>	<b>4 of 14</b>	<b>Timed Finals</b>						
1	Arkininstall, Brendan	14	Singleton	1:15.01		_____	_____	
2	Waterford, Zane	11	Bathurst	1:14.26		_____	_____	
3	Hall, Thomas	12	Tamworth City	1:11.95		_____	_____	
4	Roberts, Lenny	11	Hunter	1:11.90		_____	_____	
5	Jenkinson, Ajay	13	Macquarie Shores	1:11.95		_____	_____	
6	Dwyer, Leo	11	Forbes Fins	1:13.18		_____	_____	
7	Littlejohn, Freddie	11	Orange	1:14.53		_____	_____	
<b>Heat</b>	<b>5 of 14</b>	<b>Timed Finals</b>						
1	Stonestreet, Charles	14	Kootingal Moonbi	1:18.66		_____	_____	
2	Elsegood, Ruben	9	Mudgee Marlins	1:18.18		_____	_____	
3	Elder, Lachlan	9	Kinross Wolaroi	1:17.35		_____	_____	
4	Sault, Jacob	13	Macquarie Shores	1:15.36		_____	_____	
5	Morris, William	10	Hunter	1:15.51		_____	_____	
6	Holmes, Thomas	11	Nyngan	1:18.04		_____	_____	
7	Coghlan, Obike	12	Mudgee Marlins	1:18.50		_____	_____	

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 6 of 14 Timed Finals**

1	Mainey, Lewis	10	Gunnedah	1:21.43	_____	_____
2	Hausfeld, Jake	12	Gunnedah	1:20.85	_____	_____
3	Young, Quade	11	Gunnedah	1:19.68	_____	_____
4	Johnston, Lawrence	13	Muswellbrook	1:18.69	_____	_____
5	Fallow, Noah	12	Bathurst	1:19.24	_____	_____
6	West, Zeke	11	Hunter	1:20.28	_____	_____
7	Keightley, Arthur	11	Mudgee Marlins	1:20.96	_____	_____

**Heat 7 of 14 Timed Finals**

1	Letham, Gus	11	Mudgee Marlins	1:25.01	_____	_____
2	Gadsby, Dominic	11	Dubbo City	1:23.87	_____	_____
3	Mendl, Freddie	12	Orange	1:23.60	_____	_____
4	Medhurst, Archie	12	Denman	1:21.78	_____	_____
5	Turner, Archer	10	Wollongong	1:21.97	_____	_____
6	Staniforth, Felix	9	Orange	1:23.61	_____	_____
7	Skovgaard, Dylan	10	Kinross Wolaroi	1:24.33	_____	_____

**Heat 8 of 14 Timed Finals**

1	French, Harrison	11	Mudgee Marlins	1:28.18	_____	_____
2	Denston, George	10	Warren	1:27.24	_____	_____
3	Eades, Archie	10	Kinross Wolaroi	1:26.12	_____	_____
4	Croake, Brodie	10	Mudgee	1:25.06	_____	_____
5	Stephens, Owen	11	Titans	1:25.83	_____	_____
6	Smith, Jackson	11	Cowra	1:27.02	_____	_____
7	Carter, Rory	11	Mudgee Marlins	1:27.89	_____	_____

**Heat 9 of 14 Timed Finals**

1	Gadsby, Mitchell	8	Dubbo City	1:32.70	_____	_____
2	McNally, Ryley	9	Wests Illawarra	1:30.61	_____	_____
3	Taylor, Lachlan	10	Bathurst	1:30.36	_____	_____
4	Hutch, Oliver	13	All Coast Academy	1:28.33	_____	_____
5	Smith, William	11	Dubbo City	1:29.12	_____	_____
6	Potgieter, Jonathan	12	Mudgee Marlins	1:30.45	_____	_____
7	French, Hunter	10	Mudgee Marlins	1:31.65	_____	_____

**Heat 10 of 14 Timed Finals**

1	Tink, George	10	Orange	1:37.91	_____	_____
2	Berry, Will	11	Cowra	1:35.30	_____	_____
3	Prusiak, Oliver	11	Orange	1:34.13	_____	_____
4	Carter, Jock	9	Mudgee Marlins	1:33.35	_____	_____
5	Balagi, Ashwin	11	Dubbo Rsl	1:34.09	_____	_____
6	Welsh, Louis	11	Warren	1:34.90	_____	_____
7	Sills, Aiden	8	Gunnedah	1:37.15	_____	_____

**Heat 11 of 14 Timed Finals**

1	Nicholls, Huxton	8	Mudgee	1:43.96	_____	_____
2	Hudson, Emlyn	10	Yass	1:40.37	_____	_____
3	Burden, Lukas	10	Gunnedah	1:39.44	_____	_____
4	Whelan, Mitchell	9	Mudgee Marlins	1:38.03	_____	_____
5	Watt, Knox	8	Coonamble	1:39.05	_____	_____
6	French, Hugo	9	Mudgee Marlins	1:40.29	_____	_____
7	Lewellyn, Digby	9	Mudgee Marlins	1:40.71	_____	_____

**Heat 12 of 14 Timed Finals**

1	Thompson, Zeke	9	Lithgow	1:50.24	_____	_____
2	Watt, Archie	12	Gulgong	1:50.18	_____	_____
3	Young, Myles	8	Gunnedah	1:46.20	_____	_____
4	Williams, Michael	12	Mudgee Marlins	1:45.63	_____	_____
5	Littlejohn, Ralph	9	Orange	1:45.85	_____	_____
6	Pyle, Charlie	10	Orange	1:46.86	_____	_____
7	West, Amos	9	Hunter	1:50.23	_____	_____



**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025**

**Meet Program**

**Heat 13 of 14 Timed Finals**

2	Scott, Luca	8	Bathurst City	2:04.65	_____	_____
3	Wong, Levant	7	All Coast Academy	1:56.20	_____	_____
4	Meyers, Hamish	9	Dubbo City	1:50.35	_____	_____
5	Middleton, Oscar	8	Bathurst	1:54.66	_____	_____
6	Middleton, Archie	9	Bathurst	1:58.89	_____	_____

**Heat 14 of 14 Timed Finals**

3	Grice, Samuel	13	Charlestown	NT	_____	_____
4	Prusiak, Dominic	9	Orange	2:15.07	_____	_____
5	Lawler, Jack	13	Mudgee	NT	_____	_____

**Event 22 Women 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 15 Timed Finals**

1	Smith, Chelsea	15	Tamworth City	1:04.46	_____	_____
2	Messner, Abbie	14	Dubbo City	1:04.17	_____	_____
3	Robertson, May	14	Charlestown	1:03.72	_____	_____
4	Hill, Charlotte	15	Albury North	1:02.96	_____	_____
5	Jean, Kaitlin	18	Wauchope	1:03.41	_____	_____
6	Bevern (V), Lilli	13	St Catherine's	1:03.81	_____	_____
7	Smith, Mia	16	Charlestown	1:04.29	_____	_____

**Heat 2 of 15 Timed Finals**

1	Lavelle, Phoebe	13	Dubbo City	1:08.16	_____	_____
2	Hayes, Hannah	14	Bathurst	1:07.52	_____	_____
3	Ross, Julia	16	Katoomba	1:06.14	_____	_____
4	Groves, Natalie	14	Bathurst	1:05.51	_____	_____
5	Khara (V), Noor	15	Abbotsleigh	1:05.76	_____	_____
6	Rindfleish, Sophie	14	Coolah	1:07.40	_____	_____
7	Whalan, Brooklyn	14	Orange	1:07.74	_____	_____

**Heat 3 of 15 Timed Finals**

1	Smith, Ava	15	Narrabri	1:09.89	_____	_____
2	Quinn, Summer	13	Kincumber	1:09.75	_____	_____
3	Rose, Aiko	12	Coonamble	1:08.46	_____	_____
4	Smith, Mikayla	16	Dubbo City	1:08.25	_____	_____
5	Cummings, Ava	14	Dubbo Rsl	1:08.26	_____	_____
6	Layton, Charlotte	13	Orange	1:09.19	_____	_____
7	Stokes, Jessica	14	Tamworth City	1:09.86	_____	_____

**Heat 4 of 15 Timed Finals**

1	Bulluss, Mia	12	Novocastrian	1:12.53	_____	_____
2	Stocks, Natasha	15	Denman	1:12.05	_____	_____
3	Wong Maspers, Izabella	17	Wollongong	1:11.31	_____	_____
4	Stokes, Georgina	15	Tamworth City	1:10.01	_____	_____
5	Docherty- O'Keefe, Aoife	12	Ginninderra	1:11.10	_____	_____
6	Boyd, Breanna	12	Warren	1:12.02	_____	_____
7	Bunnemeyer, Klara	12	Tamworth City	1:12.49	_____	_____

**Heat 5 of 15 Timed Finals**

1	Morris, Charlie	12	Hunter	1:14.41	_____	_____
2	Connery, Charli	16	Wollongong	1:13.41	_____	_____
3	Flint, Ava	14	Macquarie Shores	1:13.20	_____	_____
4	Bevan, Ruby	15	Macquarie Yabbies	1:13.10	_____	_____
5	Smith, Hope	12	Tamworth City	1:13.15	_____	_____
6	Bartlett, Blair	12	Tamworth City	1:13.34	_____	_____
7	Scott-Hamilton, Sasha	14	Alligators of Armidale	1:14.01	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 6 of 15 Timed Finals**

1	Pyle, Anastasia	13	Orange	1:16.57	_____	_____
2	Whiting, Maddison	10	Orange	1:16.01	_____	_____
3	Dunn, Harper	12	Bathurst	1:14.94	_____	_____
4	Staniforth, Mila	11	Orange	1:14.41	_____	_____
5	Ryman, Harper	14	Manilla	1:14.43	_____	_____
6	Smith, Elodie	11	Dubbo City	1:15.17	_____	_____
7	Besant, Heidi	14	Goulburn	1:16.33	_____	_____

**Heat 7 of 15 Timed Finals**

1	Rando, Montana	12	Scone	1:18.96	_____	_____
2	Cohen, Taylah	10	Kincumber	1:18.47	_____	_____
3	Smith, Isabel	12	Dubbo City	1:18.06	_____	_____
4	Cao, Jade	11	Macquarie Shores	1:16.79	_____	_____
5	Hurst, Tamika	11	Nyngan	1:17.66	_____	_____
6	Ross, Ruby	11	Katoomba	1:18.15	_____	_____
7	Wong Maspers, Chantal	14	Wollongong	1:18.71	_____	_____

**Heat 8 of 15 Timed Finals**

1	Burden, Jorja	12	Gunnedah	1:21.24	_____	_____
2	King, Georgia	11	Tamworth City	1:20.82	_____	_____
3	Lavelle, Stella	11	Dubbo City	1:20.00	_____	_____
4	Edwards, Carys	11	Macquarie Shores	1:19.03	_____	_____
5	Holmes, Summer	13	Bathurst City	1:19.43	_____	_____
6	Milford, Ava	11	Coolah	1:20.38	_____	_____
7	Medhurst, Claudia	14	Denman	1:20.96	_____	_____

**Heat 9 of 15 Timed Finals**

1	Pyle, Molly	12	Orange	1:26.68	_____	_____
2	Medhurst, Stella	12	Denman	1:26.34	_____	_____
3	Johnston, Emma	10	Coonabarabran	1:24.56	_____	_____
4	Stonestreet, Caitlin	17	Kootingal Moonbi	1:21.74	_____	_____
5	Rutter, Claudia	12	Werris Creek	1:23.72	_____	_____
6	Meyers, Georgie	11	Dubbo City	1:25.90	_____	_____
7	Besant, Piper	13	Goulburn	1:26.62	_____	_____

**Heat 10 of 15 Timed Finals**

1	Poi, Indi	11	All Coast Academy	1:29.50	_____	_____
2	Ryan, Lucie	11	Tamworth City	1:29.17	_____	_____
3	Abra, Georgia	10	Manilla	1:27.99	_____	_____
4	Cohen, Keira	12	Kincumber	1:27.04	_____	_____
5	Bunnemeyer, Emilia	11	Tamworth City	1:27.97	_____	_____
6	Moriarty, Ruby	11	Cowra	1:28.86	_____	_____
7	Kelly-Shepherd, Grace	11	Cowra	1:29.19	_____	_____

**Heat 11 of 15 Timed Finals**

1	Cantelo, Scarlett	11	Kinross Wolaroi	1:32.58	_____	_____
2	Tink, Ella	11	Orange	1:32.15	_____	_____
3	Meyer (Eades), Matilda	12	All Coast Academy	1:30.79	_____	_____
4	Wark, Philipa	10	Gunnedah	1:29.78	_____	_____
5	Bevern, Georgia	10	Dubbo City	1:29.98	_____	_____
6	Martin, Evie	11	Mudgee Marlins	1:31.72	_____	_____
7	Whiteside, Caitlyn	12	Wollongong	1:32.46	_____	_____

**Heat 12 of 15 Timed Finals**

1	Lavelle, Frankie	9	Dubbo City	1:39.70	_____	_____
2	Eades, Lulu	8	Kinross Wolaroi	1:36.99	_____	_____
3	Wong, Liz	13	All Coast Academy	1:35.81	_____	_____
4	Milford, Aaliyah	9	Coolah	1:33.72	_____	_____
5	Barnett, Lara	10	Warren	1:33.76	_____	_____
6	Berry, Olive	11	Cowra	1:36.39	_____	_____
7	Organ, Jorjia	10	Mudgee Marlins	1:37.56	_____	_____

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**Heat 13 of 15 Timed Finals**

1	Swanson, Savannah	9	Coonabarabran	1:47.24	_____	_____
2	Blayden, Izabella	12	Yass	1:45.73	_____	_____
3	Rodney, Harper	9	Kinross Wolaroi	1:43.88	_____	_____
4	de Klerk, Lilia	11	Dubbo City	1:39.86	_____	_____
5	Bevan, Harriet	14	Macquarie Yabbies	1:42.20	_____	_____
6	Kost, Darcey	10	Mudgee	1:43.92	_____	_____
7	Lane, Amity	10	Nyngan	1:45.76	_____	_____

**Heat 14 of 15 Timed Finals**

1	Elder, Charlotte	7	Kinross Wolaroi	1:59.04	_____	_____
2	Watt, Emily	8	Gulgong	1:58.81	_____	_____
3	Tracy-Inglis, Isla	10	Mudgee Marlins	1:52.43	_____	_____
4	Watt, Abigail	10	Gulgong	1:47.40	_____	_____
5	Ward, Ava	8	Warren	1:48.15	_____	_____
6	McMahon, Xanthe	10	Mudgee	1:57.99	_____	_____
7	Rutter, Lianna	10	Werris Creek	1:58.96	_____	_____

**Heat 15 of 15 Timed Finals**

1	Wormald, Gracyn	9	Mudgee	NT	_____	_____
2	Neale, Sophia	11	Coulter Barracudas	NT	_____	_____
3	Whelan, Logan	12	Mudgee Marlins	NT	_____	_____
4	Pyle, Isobel	8	Orange	1:59.97	_____	_____
5	Taylor, Olivia	8	Bathurst	2:04.14	_____	_____
6	Tsakiris, Ava	11	Ginninderra	NT	_____	_____
7	Crane, Kelsey	10	All Coast Academy	NT	_____	_____

**Event 23 Men 11 & Over 800 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
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**Heat 1 of 1 Timed Finals**

4	Buttel, Jasper	14	Canberra	NT	_____	_____
5	Traub-Rehm, Dominik	19	Hunter	NT	_____	_____

**Event 24 Women 11 & Over 800 LC Meter Freestyle**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
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**Heat 1 of 1 Timed Finals**

3	Morris, Charlie	12	Hunter	12:11.67	_____	_____
4	Jean, Kaitlin	18	Wauchope	9:57.81	_____	_____
5	Morris, Hannah	15	Hunter	11:04.97	_____	_____
6	Scott-Hamilton, Sasha	14	Alligators of Armidale	12:28.20	_____	_____

**Event 25 Men 50 LC Meter Breaststroke**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
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**Heat 1 of 13 Timed Finals**

1	Fuller, Logan	16	Tamworth City	36.95	_____	_____
2	Stevens, Harrison	13	Orana Aquatic	36.32	_____	_____
3	Bennett, Samuel	18	Kinross Wolaroi	35.94	_____	_____
4	Garkusha, Aleksandr	19	Tamworth City	31.01	_____	_____
5	Jenkins, Harrison	16	Bathurst	35.77	_____	_____
6	Petrie, William	13	Lower Blue Mountains	36.01	_____	_____
7	Smith, Kye	14	Charlestown	36.71	_____	_____

**Heat 2 of 13 Timed Finals**

1	Jansen, William	14	Gunnedah	41.89	_____	_____
2	Carter, Cruz	13	Bathurst	40.99	_____	_____
3	Medhurst, Emmitt	15	Denman	40.24	_____	_____
4	Smith, Daniel	17	Narrabri	38.49	_____	_____
5	Spinks, Josh	12	Coolah	39.28	_____	_____
6	Stocks, Riley	13	Denman	40.26	_____	_____
7	Arkit, Aidan	13	Alligators of Armidale	41.81	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
Meet Program**

**Heat 3 of 13 Timed Finals**

1	Waterford, Zane	11 Bathurst	44.64	_____	_____
2	Oxenburgh, Vincent	11 Orange	44.22	_____	_____
3	Littlejohn, Freddie	11 Orange	43.59	_____	_____
4	Hall, Thomas	12 Tamworth City	42.63	_____	_____
5	Turner, Archer	10 Wollongong	43.28	_____	_____
6	French, Harrison	11 Mudgee Marlins	44.14	_____	_____
7	Johnston, Lawrence	13 Muswellbrook	44.59	_____	_____

**Heat 4 of 13 Timed Finals**

1	West, Zeke	11 Hunter	46.67	_____	_____
2	Arkininstall, Brendan	14 Singleton	46.50	_____	_____
3	Whiting, Dylan	13 Orange	45.60	_____	_____
4	Holmes, Thomas	11 Nyngan	44.81	_____	_____
5	Jenkinson, Beau	15 Macquarie Shores	45.08	_____	_____
6	Stephens, Owen	11 Titans	46.17	_____	_____
7	Roberts, Lenny	11 Hunter	46.64	_____	_____

**Heat 5 of 13 Timed Finals**

1	Hutch, Oliver	13 All Coast Academy	48.27	_____	_____
2	Berry, Will	11 Cowra	47.94	_____	_____
3	Medhurst, Archie	12 Denman	47.55	_____	_____
4	Jenkinson, Ajay	13 Macquarie Shores	47.34	_____	_____
5	Fallow, Noah	12 Bathurst	47.51	_____	_____
6	Kelly, Kai	12 Port Macquarie	47.91	_____	_____
7	Elsegood, Ruben	9 Mudgee Marlins	48.26	_____	_____

**Heat 6 of 13 Timed Finals**

1	Sault, Jacob	13 Macquarie Shores	51.02	_____	_____
2	Keightley, Arthur	11 Mudgee Marlins	49.99	_____	_____
3	Young, Quade	11 Gunnedah	49.45	_____	_____
4	Eades, Archie	10 Kinross Wolaroi	48.52	_____	_____
5	Stevens, Oliver	10 Orana Aquatic	48.63	_____	_____
6	Stonestreet, Charles	14 Kootingal Moonbi	49.96	_____	_____
7	Mendl, Freddie	12 Orange	50.52	_____	_____

**Heat 7 of 13 Timed Finals**

1	Smith, Jackson	11 Cowra	52.63	_____	_____
2	Prusiak, Oliver	11 Orange	52.03	_____	_____
3	Denston, George	10 Warren	51.66	_____	_____
4	Mainey, Lewis	10 Gunnedah	51.19	_____	_____
5	Letham, Gus	11 Mudgee Marlins	51.43	_____	_____
6	French, Hunter	10 Mudgee Marlins	51.83	_____	_____
7	Dwyer, Leo	11 Forbes Fins	52.47	_____	_____

**Heat 8 of 13 Timed Finals**

1	Young, Myles	8 Gunnedah	56.98	_____	_____
2	French, Hugo	9 Mudgee Marlins	56.32	_____	_____
3	Skovgaard, Dylan	10 Kinross Wolaroi	55.63	_____	_____
4	Hausfeld, Jake	12 Gunnedah	54.28	_____	_____
5	West, Amos	9 Hunter	55.08	_____	_____
6	Coghlan, Obike	12 Mudgee Marlins	55.83	_____	_____
7	Staniforth, Felix	9 Orange	56.75	_____	_____

**Heat 9 of 13 Timed Finals**

1	Elder, Lachlan	9 Kinross Wolaroi	58.84	_____	_____
2	Hausfeld, Evan	12 Gunnedah	58.42	_____	_____
3	Croake, Brodie	10 Mudgee	58.13	_____	_____
4	Balagi, Ashwin	11 Dubbo Rsl	57.52	_____	_____
5	Littlejohn, Ralph	9 Orange	57.58	_____	_____
6	Carter, Rory	11 Mudgee Marlins	58.14	_____	_____
7	McNally, Ryley	9 Wests Illawarra	58.63	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025**

**Meet Program**

**Heat 10 of 13 Timed Finals**

1	Wong, Levant	7	All Coast Academy	1:02.01	_____	_____
2	Carter, Jock	9	Mudgee Marlins	1:00.69	_____	_____
3	Watt, Knox	8	Coonamble	59.91	_____	_____
4	Meyers, Hamish	9	Dubbo City	59.13	_____	_____
5	Gadsby, Mitchell	8	Dubbo City	59.66	_____	_____
6	Burden, Lukas	10	Gunnedah	1:00.32	_____	_____
7	Whelan, Mitchell	9	Mudgee Marlins	1:01.69	_____	_____

**Heat 11 of 13 Timed Finals**

1	Nicholls, Huxton	8	Mudgee	1:06.22	_____	_____
2	Williams, Michael	12	Mudgee Marlins	1:03.46	_____	_____
3	Tink, George	10	Orange	1:02.90	_____	_____
4	Sills, Aiden	8	Gunnedah	1:02.46	_____	_____
5	Taylor, Lachlan	10	Bathurst	1:02.88	_____	_____
6	Prusiak, Dominic	9	Orange	1:03.35	_____	_____
7	Watt, Archie	12	Gulgong	1:04.54	_____	_____

**Heat 12 of 13 Timed Finals**

1	Steer, Noah	10	Gulgong	NT	_____	_____
2	Tracy-Inglis, Harry	8	Mudgee Marlins	1:20.66	_____	_____
3	Cantelo, Quinton	8	Kinross Wolaroi	1:11.01	_____	_____
4	Middleton, Archie	9	Bathurst	1:07.58	_____	_____
5	Middleton, Oscar	8	Bathurst	1:10.60	_____	_____
6	Thompson, Zeke	9	Lithgow	1:12.08	_____	_____
7	Kemp, Arjen	10	Mudgee	NT	_____	_____

**Heat 13 of 13 Timed Finals**

2	Crane, Koby	7	All Coast Academy	NT	_____	_____
3	Violi, Orlando	8	Griffith	NT	_____	_____
4	Lawler, Tom	9	Mudgee	NT	_____	_____
5	Waterford, Knox	8	Bathurst	NT	_____	_____
6	Toole, Albert	7	Gulgong	NT	_____	_____

**Event 26 Women 50 LC Meter Breaststroke**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 16 Timed Finals**

1	Groves, Natalie	14	Bathurst	39.04	_____	_____
2	Smith, Mikayla	16	Dubbo City	37.53	_____	_____
3	Keightley (V), Edith	16	St Hilda's Aquatics (Qld)	35.92	_____	_____
4	Hill, Charlotte	15	Albury North	34.86	_____	_____
5	Maloy, April	15	Macquarie Shores	35.87	_____	_____
6	Bevern (V), Lilli	13	St Catherine's	37.24	_____	_____
7	Lavelle, Phoebe	13	Dubbo City	38.86	_____	_____

**Heat 2 of 16 Timed Finals**

1	Jean, Kaitlin	18	Wauchope	41.64	_____	_____
2	Spinks, Katie	15	Coolah	41.29	_____	_____
3	Robertson, May	14	Charlestown	40.45	_____	_____
4	Petrie, Sophie	11	Lower Blue Mountains	39.33	_____	_____
5	Stokes, Jessica	14	Tamworth City	39.54	_____	_____
6	Rindfleish, Sophie	14	Coolah	40.77	_____	_____
7	Bunnemeyer, Klara	12	Tamworth City	41.54	_____	_____

**Heat 3 of 16 Timed Finals**

1	Boyd, Breanna	12	Warren	43.68	_____	_____
2	Ross, Julia	16	Katoomba	43.13	_____	_____
3	Staniforth, Mila	11	Orange	42.46	_____	_____
4	Bartlett, Blair	12	Tamworth City	42.09	_____	_____
5	Wong Maspers, Izabella	17	Wollongong	42.43	_____	_____
6	Scott-Hamilton, Sasha	14	Alligators of Armidale	42.54	_____	_____
7	Bulluss, Mia	12	Novocastrian	43.26	_____	_____

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**Heat 4 of 16 Timed Finals**

1	Vial, Elsie	12	Orange	45.90	_____	_____
2	Bevan, Ruby	15	Macquarie Yabbies	45.48	_____	_____
3	Besant, Heidi	14	Goulburn	45.15	_____	_____
4	Connery, Charli	16	Wollongong	43.98	_____	_____
5	Cummings, Ava	14	Dubbo Rsl	44.98	_____	_____
6	Dunn, Harper	12	Bathurst	45.42	_____	_____
7	Cao, Jade	11	Macquarie Shores	45.88	_____	_____

**Heat 5 of 16 Timed Finals**

1	King, Georgia	11	Tamworth City	48.50	_____	_____
2	Flint, Ava	14	Macquarie Shores	47.67	_____	_____
3	Docherty- O'Keefe, Aoife	12	Ginninderra	46.41	_____	_____
4	Stocks, Natasha	15	Denman	46.00	_____	_____
5	Hurst, Tamika	11	Nyngan	46.40	_____	_____
6	Medhurst, Claudia	14	Denman	46.82	_____	_____
7	Rose, Aiko	12	Coonamble	48.04	_____	_____

**Heat 6 of 16 Timed Finals**

1	Barnett, Lara	10	Warren	49.61	_____	_____
2	Bevern, Georgia	10	Dubbo City	49.36	_____	_____
3	Ross, Ruby	11	Katoomba	49.16	_____	_____
4	Meyers, Georgie	11	Dubbo City	48.69	_____	_____
5	Besant, Piper	13	Goulburn	48.99	_____	_____
6	Neale, Sophia	11	Coulter Barracudas	49.22	_____	_____
7	Edwards, Carys	11	Macquarie Shores	49.37	_____	_____

**Heat 7 of 16 Timed Finals**

1	Whiting, Maddison	10	Orange	50.68	_____	_____
2	Stonestreet, Caitlin	17	Kootingal Moonbi	50.59	_____	_____
3	Lavelle, Stella	11	Dubbo City	50.39	_____	_____
4	Smith, Elodie	11	Dubbo City	49.68	_____	_____
5	Middleton, Ava	11	Bathurst	50.24	_____	_____
6	Gray, Lilah	12	Gulgong	50.50	_____	_____
7	Burden, Jorja	12	Gunnedah	50.65	_____	_____

**Heat 8 of 16 Timed Finals**

1	Moriarty, Ruby	11	Cowra	53.24	_____	_____
2	Bunnemeyer, Emilia	11	Tamworth City	52.78	_____	_____
3	Johnston, Emma	10	Coonabarabran	52.10	_____	_____
4	Milford, Ava	11	Coolah	51.03	_____	_____
5	Poi, Indi	11	All Coast Academy	51.69	_____	_____
6	Cantelo, Scarlett	11	Kinross Wolaroi	52.66	_____	_____
7	Wong, Liz	13	All Coast Academy	53.22	_____	_____

**Heat 9 of 16 Timed Finals**

1	Rodney, Harper	9	Kinross Wolaroi	55.22	_____	_____
2	Whiteside, Caitlyn	12	Wollongong	54.24	_____	_____
3	Holmes, Summer	13	Bathurst City	53.73	_____	_____
4	Milford, Aaliyah	9	Coolah	53.50	_____	_____
5	Organ, Jorjia	10	Mudgee Marlins	53.71	_____	_____
6	Kelly-Shepherd, Grace	11	Cowra	54.16	_____	_____
7	Cohen, Taylah	10	Kincumber	54.95	_____	_____

**Heat 10 of 16 Timed Finals**

1	Lavelle, Frankie	9	Dubbo City	56.55	_____	_____
2	Medhurst, Stella	12	Denman	56.26	_____	_____
3	Jenkins, Elisabeth	13	Bathurst	55.94	_____	_____
4	Ryan, Lucie	11	Tamworth City	55.43	_____	_____
5	Cohen, Keira	12	Kincumber	55.89	_____	_____
6	Wark, Philipa	10	Gunnedah	56.25	_____	_____
7	Martin, Evie	11	Mudgee Marlins	56.28	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 11 of 16 Timed Finals**

1	Whelan, Logan	12	Mudgee Marlins	1:00.31	_____	_____
2	Berry, Olive	11	Cowra	59.58	_____	_____
3	Kost, Darcey	10	Mudgee	58.25	_____	_____
4	Tsakiris, Ava	11	Ginninderra	57.35	_____	_____
5	Rutter, Claudia	12	Werris Creek	57.72	_____	_____
6	Tink, Ella	11	Orange	59.15	_____	_____
7	Hurst, Sarsha	10	Nyngan	59.96	_____	_____

**Heat 12 of 16 Timed Finals**

1	Rutter, Lianna	10	Werris Creek	1:02.31	_____	_____
2	Tracy-Inglis, Isla	10	Mudgee Marlins	1:01.71	_____	_____
3	Eades, Lulu	8	Kinross Wolaroi	1:01.21	_____	_____
4	Dragovic, Giana	8	Dapto	1:00.37	_____	_____
5	King, Bella	12	Tamworth City	1:00.51	_____	_____
6	Bevan, Harriet	14	Macquarie Yabbies	1:01.61	_____	_____
7	Ward, Ava	8	Warren	1:01.84	_____	_____

**Heat 13 of 16 Timed Finals**

1	Crane, Kelsey	10	All Coast Academy	1:07.47	_____	_____
2	Gray, Ivy	10	Gulgong	1:06.37	_____	_____
3	Meyer (Eades), Matilda	12	All Coast Academy	1:04.91	_____	_____
4	Watt, Abigail	10	Gulgong	1:02.81	_____	_____
5	Swanson, Savannah	9	Coonabarabran	1:03.09	_____	_____
6	McMahon, Xanthe	10	Mudgee	1:05.89	_____	_____
7	Elder, Charlotte	7	Kinross Wolaroi	1:07.44	_____	_____

**Heat 14 of 16 Timed Finals**

1	Layton, Amelia	11	Orange	1:15.26	_____	_____
2	Rangi, Ivy	9	All Coast Academy	1:12.22	_____	_____
3	Lane, Amity	10	Nyngan	1:12.03	_____	_____
4	Blayden, Izabella	12	Yass	1:09.36	_____	_____
5	Burns, Layla	10	Mudgee Marlins	1:10.15	_____	_____
6	Taylor, Olivia	8	Bathurst	1:12.21	_____	_____
7	Wormald, Gracyn	9	Mudgee	1:15.11	_____	_____

**Heat 15 of 16 Timed Finals**

1	Kemp, Alyra	13	Mudgee	NT	_____	_____
2	Middleton, Emilia	8	Bathurst	1:22.03	_____	_____
3	Gray, Audrey	9	Gulgong	1:19.61	_____	_____
4	Whiteside, Madison	9	Wollongong	1:17.58	_____	_____
5	Toole, Ruby	9	Gulgong	1:18.83	_____	_____
6	Poi, Imahli	8	All Coast Academy	1:21.30	_____	_____
7	Watt, Emily	8	Gulgong	1:29.81	_____	_____

**Heat 16 of 16 Timed Finals**

2	Middleton, Audrey	7	Bathurst	NT	_____	_____
3	Watts, Michaela	9	Gulgong	NT	_____	_____
4	Large, Pippa	11	Gulgong	NT	_____	_____
5	Violi, Sophia	10	Griffith	NT	_____	_____
6	Coghlan, Misty	8	Mudgee Marlins	NT	_____	_____

**Event 27 Men 50 LC Meter Freestyle Multi-Class**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
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**Heat 1 of 1 Timed Finals**

3	Tandy-Bell, Ronnie S10	14	Wellington	31.65	_____	_____
4	Thompson, Jakob S19	19	Nuswim	25.83	_____	_____
5	Jean, Morgan S14	22	Wauchope	27.09	_____	_____
6	Oxenburgh, Ruben S19	9	Orange	43.61	_____	_____

**Event 28 Women 50 LC Meter Freestyle Multi-Class**

<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>
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**Heat 1 of 1 Timed Finals**

4	Kelly, Izabelle S19	12	Orana Aquatic	40.44	_____	_____
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<b>Event</b>	<b>29</b>	<b>Men 100 LC Meter Butterfly</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>		<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
<b>Heat</b>	<b>1 of 4</b>	<b>Timed Finals</b>						
1	Letham, William	15	Mudgee Marlins		1:10.68		_____	_____
2	Medhurst, Emmitt	15	Denman		1:09.25		_____	_____
3	Bennett, Samuel	18	Kinross Wolaroi		1:06.31		_____	_____
4	Traub-Rehm, Dominik	19	Hunter		56.96		_____	_____
5	Garkusha, Aleksandr	19	Tamworth City		1:03.06		_____	_____
6	Jenkinson, Beau	15	Macquarie Shores		1:09.13		_____	_____
7	Whiting, Ryan	14	Orange		1:09.30		_____	_____
<b>Heat</b>	<b>2 of 4</b>	<b>Timed Finals</b>						
1	Stocks, Riley	13	Denman		1:31.92		_____	_____
2	West, Zeke	11	Hunter		1:16.61		_____	_____
3	Spinks, Josh	12	Coolah		1:13.80		_____	_____
4	Jean, Morgan S14	22	Wauchope		1:11.93		_____	_____
5	Arkit, Aidan	13	Alligators of Armidale		1:13.67		_____	_____
6	Petrie, William	13	Lower Blue Mountains		1:13.87		_____	_____
7	Morris, William	10	Hunter		1:29.90		_____	_____
<b>Heat</b>	<b>3 of 4</b>	<b>Timed Finals</b>						
1	Balagi, Ashwin	11	Dubbo Rsl		2:12.16		_____	_____
2	Elsegood, Ruben	9	Mudgee Marlins		1:54.27		_____	_____
3	Stephens, Owen	11	Titans		1:38.86		_____	_____
4	Littlejohn, Freddie	11	Orange		1:32.74		_____	_____
5	Oxenburgh, Vincent	11	Orange		1:37.46		_____	_____
6	Medhurst, Archie	12	Denman		1:40.14		_____	_____
7	Williams, Michael	12	Mudgee Marlins		2:10.33		_____	_____
<b>Heat</b>	<b>4 of 4</b>	<b>Timed Finals</b>						
2	French, Hugo	9	Mudgee Marlins		NT		_____	_____
3	Dwyer, Leo	11	Forbes Fins		NT		_____	_____
4	Khara (V), Runjeet	14	Newington		NT		_____	_____
5	Grice, Samuel	13	Charlestown		NT		_____	_____
6	Young, Quade	11	Gunnedah		NT		_____	_____
<b>Event</b>	<b>30</b>	<b>Women 100 LC Meter Butterfly</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>		<b>Seed Time</b>		<b>Finals</b>	<b>Place</b>
<b>Heat</b>	<b>1 of 4</b>	<b>Timed Finals</b>						
1	Smith, Ava	15	Narrabri		1:25.68		_____	_____
2	Whiting, Maddison	10	Orange		1:22.92		_____	_____
3	Quinn, Summer	13	Kincumber		1:18.83		_____	_____
4	Maloy, April	15	Macquarie Shores		1:09.74		_____	_____
5	Whalan, Brooklyn	14	Orange		1:14.81		_____	_____
6	Scott-Hamilton, Sasha	14	Alligators of Armidale		1:22.72		_____	_____
7	Milford, Ava	11	Coolah		1:24.76		_____	_____
<b>Heat</b>	<b>2 of 4</b>	<b>Timed Finals</b>						
1	Whiteside, Caitlyn	12	Wollongong		1:41.25		_____	_____
2	Bunnemeyer, Klara	12	Tamworth City		1:35.92		_____	_____
3	Stokes, Georgina	15	Tamworth City		1:31.21		_____	_____
4	Cummings, Ava	14	Dubbo Rsl		1:26.44		_____	_____
5	Rose, Aiko	12	Coonamble		1:28.70		_____	_____
6	Bartlett, Blair	12	Tamworth City		1:35.18		_____	_____
7	Rando, Montana	12	Scone		1:40.95		_____	_____
<b>Heat</b>	<b>3 of 4</b>	<b>Timed Finals</b>						
1	Rutter, Claudia	12	Werris Creek		2:10.47		_____	_____
2	Kelly, Izabelle S19	12	Orana Aquatic		1:59.33		_____	_____
3	Meyers, Georgie	11	Dubbo City		1:52.50		_____	_____
4	Poi, Indi	11	All Coast Academy		1:43.74		_____	_____
5	Burden, Jorja	12	Gunnedah		1:47.63		_____	_____
6	Meyer (Eades), Matilda	12	All Coast Academy		1:56.64		_____	_____
7	Tink, Ella	11	Orange		2:04.50		_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 4 of 4 Timed Finals**

3	Ward, Ava	8	Warren	NT	_____	_____
4	Hayes, Hannah	14	Bathurst	NT	_____	_____
5	Martin, Evie	11	Mudgee Marlins	NT	_____	_____

**Event 31 Men 11 & Over 400 LC Meter Freestyle**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 1 Timed Finals**

3	Dale, Riley	15	Wollongong	4:57.63	_____	_____
4	Kennedy (V), Neil	15	Cranbrook	4:47.86	_____	_____
5	Bennett, Samuel	18	Kinross Wolaroi	4:56.73	_____	_____
6	Spinks, Josh	12	Coolah	4:59.91	_____	_____

**Event 32 Women 11 & Over 400 LC Meter Freestyle**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 2 Timed Finals**

1	Docherty- O'Keefe, Aoife	12	Ginninderra	5:34.57	_____	_____
2	Connery, Charli	16	Wollongong	5:21.18	_____	_____
3	Jean, Kaitlin	18	Wauchope	4:49.35	_____	_____
4	Smith, Mia	16	Charlestown	4:40.33	_____	_____
5	Hill, Charlotte	15	Albury North	4:45.55	_____	_____
6	Whalan, Brooklyn	14	Orange	5:11.04	_____	_____
7	Morris, Hannah	15	Hunter	5:22.62	_____	_____

**Heat 2 of 2 Timed Finals**

2	Morris, Charlie	12	Hunter	5:50.00	_____	_____
3	Bevan, Ruby	15	Macquarie Yabbies	5:41.07	_____	_____
4	Cummings, Ava	14	Dubbo Rsl	5:37.08	_____	_____
5	Rose, Aiko	12	Coonamble	5:37.11	_____	_____
6	Scott-Hamilton, Sasha	14	Alligators of Armidale	5:47.24	_____	_____

**Event 33 Men 50 LC Meter Backstroke**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 13 Timed Finals**

1	Dale, Riley	15	Wollongong	34.93	_____	_____
2	Bennett, Samuel	18	Kinross Wolaroi	32.46	_____	_____
3	Smith, Daniel	17	Narrabri	31.37	_____	_____
4	Kennedy (V), Neil	15	Cranbrook	29.94	_____	_____
5	Traub-Rehm, Dominik	19	Hunter	30.83	_____	_____
6	Thompson, Jakob S19	19	Nuswim	31.75	_____	_____
7	Whiting, Ryan	14	Orange	33.00	_____	_____

**Heat 2 of 13 Timed Finals**

1	West, Zeke	11	Hunter	37.09	_____	_____
2	Whiting, Dylan	13	Orange	36.46	_____	_____
3	Medhurst, Emmitt	15	Denman	36.12	_____	_____
4	Spinks, Josh	12	Coolah	35.27	_____	_____
5	Carter, Cruz	13	Bathurst	35.51	_____	_____
6	Grice, Samuel	13	Charlestown	36.32	_____	_____
7	Letham, William	15	Mudgee Marlins	36.84	_____	_____

**Heat 3 of 13 Timed Finals**

1	Stocks, Riley	13	Denman	38.92	_____	_____
2	Roberts, Lenny	11	Hunter	38.16	_____	_____
3	Holmes, Thomas	11	Nyngan	37.96	_____	_____
4	Oxenburgh, Vincent	11	Orange	37.31	_____	_____
5	Jansen, William	14	Gunnedah	37.65	_____	_____
6	Dwyer, Leo	11	Forbes Fins	38.16	_____	_____
7	Hall, Thomas	12	Tamworth City	38.84	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 4 of 13 Timed Finals**

1	Littlejohn, Freddie	11	Orange	42.19	_____	_____
2	Johnston, Lawrence	13	Muswellbrook	42.02	_____	_____
3	Elsegood, Ruben	9	Mudgee Marlins	40.47	_____	_____
4	Coghlan, Obike	12	Mudgee Marlins	39.43	_____	_____
5	Waterford, Zane	11	Bathurst	40.06	_____	_____
6	Elder, Lachlan	9	Kinross Wolaroi	41.54	_____	_____
7	Mendl, Freddie	12	Orange	42.10	_____	_____

**Heat 5 of 13 Timed Finals**

1	Fallow, Noah	12	Bathurst	43.53	_____	_____
2	Arkininstall, Brendan	14	Singleton	42.54	_____	_____
3	Mainey, Lewis	10	Gunnedah	42.40	_____	_____
4	Morris, William	10	Hunter	42.25	_____	_____
5	Prusiak, Oliver	11	Orange	42.26	_____	_____
6	Young, Quade	11	Gunnedah	42.53	_____	_____
7	Turner, Archer	10	Wollongong	42.83	_____	_____

**Heat 6 of 13 Timed Finals**

1	Balagi, Ashwin	11	Dubbo Rsl	44.91	_____	_____
2	Stephens, Owen	11	Titans	44.37	_____	_____
3	Medhurst, Archie	12	Denman	44.32	_____	_____
4	Denston, George	10	Warren	43.55	_____	_____
5	Sault, Jacob	13	Macquarie Shores	43.70	_____	_____
6	Stonestreet, Charles	14	Kootingal Moonbi	44.36	_____	_____
7	Keightley, Arthur	11	Mudgee Marlins	44.68	_____	_____

**Heat 7 of 13 Timed Finals**

1	French, Harrison	11	Mudgee Marlins	46.37	_____	_____
2	Taylor, Lachlan	10	Bathurst	46.20	_____	_____
3	Hausfeld, Jake	12	Gunnedah	45.45	_____	_____
4	Gadsby, Dominic	11	Dubbo City	45.16	_____	_____
5	Letham, Gus	11	Mudgee Marlins	45.31	_____	_____
6	Smith, Jackson	11	Cowra	45.66	_____	_____
7	Eades, Archie	10	Kinross Wolaroi	46.34	_____	_____

**Heat 8 of 13 Timed Finals**

1	Croake, Brodie	10	Mudgee	48.76	_____	_____
2	Hudson, Emlyn	10	Yass	48.18	_____	_____
3	French, Hunter	10	Mudgee Marlins	47.60	_____	_____
4	Berry, Will	11	Cowra	46.51	_____	_____
5	Skovgaard, Dylan	10	Kinross Wolaroi	47.05	_____	_____
6	West, Amos	9	Hunter	47.61	_____	_____
7	Gadsby, Mitchell	8	Dubbo City	48.66	_____	_____

**Heat 9 of 13 Timed Finals**

1	French, Hugo	9	Mudgee Marlins	53.52	_____	_____
2	Young, Myles	8	Gunnedah	52.10	_____	_____
3	Burden, Lukas	10	Gunnedah	50.74	_____	_____
4	McNally, Ryley	9	West's Illawarra	50.03	_____	_____
5	Staniforth, Felix	9	Orange	50.47	_____	_____
6	Carter, Jock	9	Mudgee Marlins	51.56	_____	_____
7	Littlejohn, Ralph	9	Orange	52.35	_____	_____

**Heat 10 of 13 Timed Finals**

1	Carter, Rory	11	Mudgee Marlins	55.90	_____	_____
2	Violi, Orlando	8	Griffith	55.20	_____	_____
3	Watt, Knox	8	Coonamble	54.61	_____	_____
4	Prusiak, Dominic	9	Orange	53.93	_____	_____
5	Tink, George	10	Orange	54.50	_____	_____
6	Thompson, Zeke	9	Lithgow	55.08	_____	_____
7	Middleton, Oscar	8	Bathurst	55.78	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 11 of 13 Timed Finals**

1	Middleton, Archie	9	Bathurst	1:01.40	_____	_____
2	Watt, Archie	12	Gulgong	1:00.53	_____	_____
3	Cantelo, Quinton	8	Kinross Wolaroi	57.51	_____	_____
4	Williams, Michael	12	Mudgee Marlins	56.16	_____	_____
5	Whelan, Mitchell	9	Mudgee Marlins	56.72	_____	_____
6	Sills, Aiden	8	Gunnedah	59.09	_____	_____
7	Nicholls, Huxton	8	Mudgee	1:00.74	_____	_____

**Heat 12 of 13 Timed Finals**

2	Kelly, Kai	12	Port Macquarie	NT	_____	_____
3	Tracy-Inglis, Harry	8	Mudgee Marlins	1:24.92	_____	_____
4	Meyers, Hamish	9	Dubbo City	1:05.68	_____	_____
5	Waterford, Knox	8	Bathurst	1:09.08	_____	_____
6	Lawler, Jack	13	Mudgee	NT	_____	_____

**Heat 13 of 13 Timed Finals**

3	Elder, James	5	Kinross Wolaroi	NT	_____	_____
4	Lawler, Tom	9	Mudgee	NT	_____	_____
5	Kost, Fraser	7	Mudgee	NT	_____	_____

**Event 34 Women 50 LC Meter Backstroke**

**Lane Name Age Team Seed Time Finals Place**

**Heat 1 of 14 Timed Finals**

1	Robertson, May	14	Charlestown	36.48	_____	_____
2	Rindfleish, Sophie	14	Coolah	35.83	_____	_____
3	Smith, Chelsea	15	Tamworth City	33.34	_____	_____
4	Dodwell (V), Stella	15	Cranbrook	31.09	_____	_____
5	Hayes, Hannah	14	Bathurst	33.05	_____	_____
6	Ross, Julia	16	Katoomba	34.98	_____	_____
7	Lavelle, Phoebe	13	Dubbo City	36.30	_____	_____

**Heat 2 of 14 Timed Finals**

1	Bevan, Ruby	15	Macquarie Yabbies	38.75	_____	_____
2	Vial, Elsie	12	Orange	38.44	_____	_____
3	Smith, Ava	15	Narrabri	37.61	_____	_____
4	Bulluss, Mia	12	Novocastrian	36.70	_____	_____
5	Rose, Aiko	12	Coonamble	37.06	_____	_____
6	Docherty- O'Keefe, Aoife	12	Ginninderra	38.30	_____	_____
7	Boyd, Breanna	12	Warren	38.62	_____	_____

**Heat 3 of 14 Timed Finals**

1	Staniforth, Mila	11	Orange	40.15	_____	_____
2	Flint, Ava	14	Macquarie Shores	39.52	_____	_____
3	Cummings, Ava	14	Dubbo Rsl	39.34	_____	_____
4	Wong Maspers, Chantal	14	Wollongong	39.21	_____	_____
5	Ryman, Harper	14	Manilla	39.34	_____	_____
6	Smith, Hope	12	Tamworth City	39.47	_____	_____
7	Spinks, Katie	15	Coolah	39.93	_____	_____

**Heat 4 of 14 Timed Finals**

1	Scott-Hamilton, Sasha	14	Alligators of Armidale	41.40	_____	_____
2	Whiting, Maddison	10	Orange	40.86	_____	_____
3	Johnston, Emma	10	Coonabarabran	40.58	_____	_____
4	Smith, Elodie	11	Dubbo City	40.20	_____	_____
5	Holmes, Summer	13	Bathurst City	40.26	_____	_____
6	Hurst, Tamika	11	Nyngan	40.62	_____	_____
7	Rando, Montana	12	Scone	41.29	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 5 of 14 Timed Finals**

1	Stonestreet, Caitlin	17	Kootingal Moonbi	43.45	_____	_____
2	Stocks, Natasha	15	Denman	43.12	_____	_____
3	Petrie, Sophie	11	Lower Blue Mountains	42.42	_____	_____
4	Bartlett, Blair	12	Tamworth City	41.82	_____	_____
5	Dunn, Harper	12	Bathurst	41.87	_____	_____
6	Bevern, Georgia	10	Dubbo City	43.03	_____	_____
7	Ross, Ruby	11	Katoomba	43.43	_____	_____

**Heat 6 of 14 Timed Finals**

1	Barnett, Lara	10	Warren	45.62	_____	_____
2	Milford, Aaliyah	9	Coolah	44.36	_____	_____
3	Middleton, Ava	11	Bathurst	43.88	_____	_____
4	Tsakiris, Ava	11	Ginninderra	43.79	_____	_____
5	Cohen, Taylah	10	Kincumber	43.82	_____	_____
6	Rutter, Claudia	12	Werris Creek	43.97	_____	_____
7	Burden, Jorja	12	Gunnedah	45.26	_____	_____

**Heat 7 of 14 Timed Finals**

1	Meyer (Eades), Matilda	12	All Coast Academy	47.44	_____	_____
2	Milford, Ava	11	Coolah	46.45	_____	_____
3	Wark, Philippa	10	Gunnedah	46.05	_____	_____
4	Besant, Piper	13	Goulburn	45.73	_____	_____
5	Medhurst, Claudia	14	Denman	45.84	_____	_____
6	Meyers, Georgie	11	Dubbo City	46.37	_____	_____
7	King, Georgia	11	Tamworth City	46.72	_____	_____

**Heat 8 of 14 Timed Finals**

1	Cohen, Keira	12	Kincumber	49.16	_____	_____
2	Berry, Olive	11	Cowra	49.04	_____	_____
3	Eades, Lulu	8	Kinross Wolaroi	48.10	_____	_____
4	Ryan, Lucie	11	Tamworth City	47.60	_____	_____
5	Kelly-Shepherd, Grace	11	Cowra	47.92	_____	_____
6	Lavelle, Stella	11	Dubbo City	48.86	_____	_____
7	Moriarty, Ruby	11	Cowra	49.10	_____	_____

**Heat 9 of 14 Timed Finals**

1	Martin, Evie	11	Mudgee Marlins	51.14	_____	_____
2	Hurst, Sarsha	10	Nyngan	50.51	_____	_____
3	Cantelo, Scarlett	11	Kinross Wolaroi	49.85	_____	_____
4	Abra, Georgia	10	Manilla	49.22	_____	_____
5	Tink, Ella	11	Orange	49.58	_____	_____
6	Bunnemeyer, Emilia	11	Tamworth City	49.93	_____	_____
7	Medhurst, Stella	12	Denman	51.12	_____	_____

**Heat 10 of 14 Timed Finals**

1	Taylor, Olivia	8	Bathurst	54.39	_____	_____
2	King, Bella	12	Tamworth City	53.35	_____	_____
3	Kost, Darcey	10	Mudgee	52.97	_____	_____
4	Whiteside, Caitlyn	12	Wollongong	51.15	_____	_____
5	Rodney, Harper	9	Kinross Wolaroi	51.93	_____	_____
6	Blayden, Izabella	12	Yass	53.29	_____	_____
7	Gray, Lilah	12	Gulgong	54.08	_____	_____

**Heat 11 of 14 Timed Finals**

1	Dragovic, Giana	8	Dapto	56.82	_____	_____
2	Poi, Imahli	8	All Coast Academy	55.91	_____	_____
3	Swanson, Savannah	9	Coonabarabran	55.32	_____	_____
4	Violi, Sophia	10	Griffith	54.51	_____	_____
5	Organ, Jorjia	10	Mudgee Marlins	54.77	_____	_____
6	Lane, Amity	10	Nyngan	55.55	_____	_____
7	Lavelle, Frankie	9	Dubbo City	55.97	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
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**Heat 12 of 14 Timed Finals**

1	Elder, Charlotte	7	Kinross Wolaroi	1:00.26	_____	_____
2	McMahon, Xanthe	10	Mudgee	59.46	_____	_____
3	Rangi, Ivy	9	All Coast Academy	59.02	_____	_____
4	Watt, Abigail	10	Gulgong	57.93	_____	_____
5	Rutter, Lianna	10	Werris Creek	58.48	_____	_____
6	Ward, Ava	8	Warren	59.07	_____	_____
7	Tracy-Inglis, Isla	10	Mudgee Marlins	59.90	_____	_____

**Heat 13 of 14 Timed Finals**

1	Middleton, Audrey	7	Bathurst	1:17.81	_____	_____
2	Watt, Emily	8	Gulgong	1:05.79	_____	_____
3	Whiteside, Madison	9	Wollongong	1:04.10	_____	_____
4	Wormald, Gracyn	9	Mudgee	1:02.34	_____	_____
5	Layton, Amelia	11	Orange	1:02.45	_____	_____
6	Toole, Ruby	9	Gulgong	1:04.86	_____	_____
7	Coghlan, Misty	8	Mudgee Marlins	1:17.21	_____	_____

**Heat 14 of 14 Timed Finals**

1	Crowe, Nina	7	Mudgee Marlins	NT	_____	_____
2	Crane, Kelsey	10	All Coast Academy	NT	_____	_____
3	Whelan, Logan	12	Mudgee Marlins	NT	_____	_____
4	Gray, Audrey	9	Gulgong	1:21.01	_____	_____
5	Bevan, Harriet	14	Macquarie Yabbies	NT	_____	_____
6	Large, Pippa	11	Gulgong	NT	_____	_____
7	Eades, Lillie	7	Kinross Wolaroi	NT	_____	_____

**Event 35 Men 50 LC Meter Backstroke Multi-Class**

Lane	Name	Age	Team	Seed Time	Finals	Place
------	------	-----	------	-----------	--------	-------

**Heat 1 of 1 Timed Finals**

3	Oxenburgh, Ruben S19	9	Orange	53.40	_____	_____
4	Jean, Morgan S14	22	Wauchope	35.35	_____	_____
5	Tandy-Bell, Ronnie S10	14	Wellington	40.67	_____	_____

**Event 36 Women 50 LC Meter Backstroke Multi-Class**

Lane	Name	Age	Team	Seed Time	Finals	Place
------	------	-----	------	-----------	--------	-------

**Heat 1 of 1 Timed Finals**

4	Kelly, Izabelle S19	12	Orana Aquatic	47.07	_____	_____
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**Event 37 Men 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 9 Timed Finals**

1	Spinks, Josh	12	Coolah	1:27.38	_____	_____
2	Fuller, Logan	16	Tamworth City	1:23.09	_____	_____
3	Jenkins, Harrison	16	Bathurst	1:19.81	_____	_____
4	Garkusha, Aleksandr	19	Tamworth City	1:07.07	_____	_____
5	Petrie, William	13	Lower Blue Mountains	1:19.45	_____	_____
6	Smith, Kye	14	Charlestown	1:21.66	_____	_____
7	Bennett, Samuel	18	Kinross Wolaroi	1:23.12	_____	_____

**Heat 2 of 9 Timed Finals**

1	Kelly, Kai	12	Port Macquarie	1:39.37	_____	_____
2	Hall, Thomas	12	Tamworth City	1:39.20	_____	_____
3	Stocks, Riley	13	Denman	1:32.11	_____	_____
4	Khara (V), Runjeet	14	Newington	1:28.93	_____	_____
5	Jean, Morgan SB14	22	Wauchope	1:30.16	_____	_____
6	Jansen, William	14	Gunnedah	1:34.22	_____	_____
7	West, Zeke	11	Hunter	1:39.29	_____	_____

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**Heat 3 of 9 Timed Finals**

1	Holmes, Thomas	11 Nyngan	1:44.04	_____	_____
2	Waterford, Zane	11 Bathurst	1:42.21	_____	_____
3	Turner, Archer	10 Wollongong	1:40.93	_____	_____
4	Stephens, Owen	11 Titans	1:40.79	_____	_____
5	Oxenburgh, Vincent	11 Orange	1:40.81	_____	_____
6	Johnston, Lawrence	13 Muswellbrook	1:41.21	_____	_____
7	French, Harrison	11 Mudgee Marlins	1:43.55	_____	_____

**Heat 4 of 9 Timed Finals**

1	French, Hunter	10 Mudgee Marlins	1:53.32	_____	_____
2	Fallow, Noah	12 Bathurst	1:50.60	_____	_____
3	Medhurst, Archie	12 Denman	1:48.69	_____	_____
4	Young, Quade	11 Gunnedah	1:46.06	_____	_____
5	Prusiak, Oliver	11 Orange	1:47.64	_____	_____
6	Roberts, Lenny	11 Hunter	1:49.36	_____	_____
7	Keightley, Arthur	11 Mudgee Marlins	1:52.35	_____	_____

**Heat 5 of 9 Timed Finals**

1	French, Hugo	9 Mudgee Marlins	2:01.86	_____	_____
2	Elsegood, Ruben	9 Mudgee Marlins	1:59.53	_____	_____
3	Letham, Gus	11 Mudgee Marlins	1:56.93	_____	_____
4	Denston, George	10 Warren	1:55.35	_____	_____
5	Berry, Will	11 Cowra	1:56.65	_____	_____
6	Mainey, Lewis	10 Gunnedah	1:58.69	_____	_____
7	Skovgaard, Dylan	10 Kinross Wolaroi	2:01.79	_____	_____

**Heat 6 of 9 Timed Finals**

1	Stonestreet, Charles	14 Kootingal Moonbi	2:07.02	_____	_____
2	Young, Myles	8 Gunnedah	2:04.55	_____	_____
3	Balagi, Ashwin	11 Dubbo Rsl	2:04.39	_____	_____
4	Littlejohn, Ralph	9 Orange	2:02.19	_____	_____
5	Prusiak, Dominic	9 Orange	2:02.83	_____	_____
6	Croake, Brodie	10 Mudgee	2:04.42	_____	_____
7	West, Amos	9 Hunter	2:04.65	_____	_____

**Heat 7 of 9 Timed Finals**

1	Wong, Levant	7 All Coast Academy	2:15.66	_____	_____
2	McNally, Ryley	9 Wests Illawarra	2:13.61	_____	_____
3	Oxenburgh, Ruben SB19	9 Orange	2:13.25	_____	_____
4	Staniforth, Felix	9 Orange	2:09.14	_____	_____
5	Meyers, Hamish	9 Dubbo City	2:09.23	_____	_____
6	Tink, George	10 Orange	2:13.26	_____	_____
7	Williams, Michael	12 Mudgee Marlins	2:15.11	_____	_____

**Heat 8 of 9 Timed Finals**

1	Arkininstall, Brendan	14 Singleton	NT	_____	_____
2	Carter, Jock	9 Mudgee Marlins	2:21.17	_____	_____
3	Hausfeld, Evan	12 Gunnedah	2:16.92	_____	_____
4	Watt, Knox	8 Coonamble	2:16.19	_____	_____
5	Sills, Aiden	8 Gunnedah	2:16.23	_____	_____
6	Carter, Rory	11 Mudgee Marlins	2:20.41	_____	_____
7	Watt, Archie	12 Gulgong	2:21.89	_____	_____

**Heat 9 of 9 Timed Finals**

1	Nicholls, Huxton	8 Mudgee	NT	_____	_____
2	Thompson, Zeke	9 Lithgow	NT	_____	_____
3	Eades, Archie	10 Kinross Wolaroi	NT	_____	_____
4	Dwyer, Leo	11 Forbes Fins	NT	_____	_____
5	Burden, Lukas	10 Gunnedah	NT	_____	_____
6	Middleton, Archie	9 Bathurst	NT	_____	_____
7	Cantelo, Quinton	8 Kinross Wolaroi	NT	_____	_____

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<b>Event</b>	<b>38 Women 100 LC Meter Breaststroke</b>						
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals</b>	<b>Place</b>	
<b>Heat</b>	<b>1 of 10 Timed Finals</b>						
1	Petrie, Sophie	11	Lower Blue Mountains	1:26.93	_____	_____	
2	Khara (V), Noor	15	Abbotsleigh	1:25.24	_____	_____	
3	Bevern (V), Lilli	13	St Catherine's	1:22.20	_____	_____	
4	Hill, Charlotte	15	Albury North	1:18.71	_____	_____	
5	Keightley (V), Edith	16	St Hilda's Aquatics (Qld)	1:19.56	_____	_____	
6	Lavelle, Phoebe	13	Dubbo City	1:23.56	_____	_____	
7	Smith, Mia	16	Charlestown	1:26.14	_____	_____	
<b>Heat</b>	<b>2 of 10 Timed Finals</b>						
1	Rindfleish, Sophie	14	Coolah	1:33.23	_____	_____	
2	Bunnemeyer, Klara	12	Tamworth City	1:32.05	_____	_____	
3	Jean, Kaitlin	18	Wauchope	1:30.39	_____	_____	
4	Groves, Natalie	14	Bathurst	1:27.47	_____	_____	
5	Stokes, Jessica	14	Tamworth City	1:28.61	_____	_____	
6	Bartlett, Blair	12	Tamworth City	1:31.51	_____	_____	
7	Wong Maspers, Izabella	17	Wollongong	1:32.35	_____	_____	
<b>Heat</b>	<b>3 of 10 Timed Finals</b>						
1	Bevan, Ruby	15	Macquarie Yabbies	1:39.52	_____	_____	
2	Besant, Heidi	14	Goulburn	1:37.57	_____	_____	
3	Scott-Hamilton, Sasha	14	Alligators of Armidale	1:37.00	_____	_____	
4	Connery, Charli	16	Wollongong	1:35.16	_____	_____	
5	Staniforth, Mila	11	Orange	1:36.55	_____	_____	
6	Bulluss, Mia	12	Novocastrian	1:37.34	_____	_____	
7	Cao, Jade	11	Macquarie Shores	1:38.61	_____	_____	
<b>Heat</b>	<b>4 of 10 Timed Finals</b>						
1	Medhurst, Claudia	14	Denman	1:45.77	_____	_____	
2	King, Georgia	11	Tamworth City	1:44.47	_____	_____	
3	Dunn, Harper	12	Bathurst	1:42.39	_____	_____	
4	Stocks, Natasha	15	Denman	1:39.53	_____	_____	
5	Docherty- O'Keefe, Aoife	12	Ginninderra	1:40.45	_____	_____	
6	Boyd, Breanna	12	Warren	1:42.85	_____	_____	
7	Edwards, Carys	11	Macquarie Shores	1:45.72	_____	_____	
<b>Heat</b>	<b>5 of 10 Timed Finals</b>						
1	Meyers, Georgie	11	Dubbo City	1:51.45	_____	_____	
2	Burden, Jorja	12	Gunnedah	1:50.63	_____	_____	
3	Hurst, Tamika	11	Nyngan	1:48.80	_____	_____	
4	Besant, Piper	13	Goulburn	1:46.80	_____	_____	
5	Morris, Charlie	12	Hunter	1:48.27	_____	_____	
6	Cummings, Ava	14	Dubbo Rsl	1:49.01	_____	_____	
7	Gray, Lilah	12	Gulgong	1:51.28	_____	_____	
<b>Heat</b>	<b>6 of 10 Timed Finals</b>						
1	Wong, Liz	13	All Coast Academy	1:57.53	_____	_____	
2	Poi, Indi	11	All Coast Academy	1:55.70	_____	_____	
3	Cantelo, Scarlett	11	Kinross Wolaroi	1:51.77	_____	_____	
4	Bunnemeyer, Emilia	11	Tamworth City	1:51.72	_____	_____	
5	Middleton, Ava	11	Bathurst	1:51.74	_____	_____	
6	Barnett, Lara	10	Warren	1:54.16	_____	_____	
7	Whiteside, Caitlyn	12	Wollongong	1:55.72	_____	_____	
<b>Heat</b>	<b>7 of 10 Timed Finals</b>						
1	Martin, Evie	11	Mudgee Marlins	2:02.09	_____	_____	
2	Milford, Ava	11	Coolah	2:00.67	_____	_____	
3	Bevern, Georgia	10	Dubbo City	1:59.95	_____	_____	
4	Stonestreet, Caitlin	17	Kootingal Moonbi	1:57.85	_____	_____	
5	Lavelle, Stella	11	Dubbo City	1:59.19	_____	_____	
6	Moriarty, Ruby	11	Cowra	2:00.20	_____	_____	
7	Lavelle, Frankie	9	Dubbo City	2:01.96	_____	_____	



**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
Meet Program**

**Heat 8 of 10 Timed Finals**

1	Jenkins, Elisabeth	13	Bathurst	2:07.73	_____	_____
2	Kelly, Izabelle SB19	12	Orana Aquatic	2:05.79	_____	_____
3	Johnston, Emma	10	Coonabarabran	2:04.31	_____	_____
4	Organ, Jorjia	10	Mudgee Marlins	2:03.07	_____	_____
5	Wark, Philippa	10	Gunnedah	2:03.50	_____	_____
6	Kelly-Shepherd, Grace	11	Cowra	2:05.73	_____	_____
7	Tink, Ella	11	Orange	2:07.05	_____	_____

**Heat 9 of 10 Timed Finals**

1	Watt, Abigail	10	Gulgong	2:21.25	_____	_____
2	Swanson, Savannah	9	Coonabarabran	2:15.75	_____	_____
3	Medhurst, Stella	12	Denman	2:12.27	_____	_____
4	Milford, Aaliyah	9	Coolah	2:08.10	_____	_____
5	Kost, Darcey	10	Mudgee	2:08.31	_____	_____
6	Ward, Ava	8	Warren	2:12.32	_____	_____
7	Tracy-Inglis, Isla	10	Mudgee Marlins	2:19.31	_____	_____

**Heat 10 of 10 Timed Finals**

2	Crane, Kelsey	10	All Coast Academy	NT	_____	_____
3	Holmes, Summer	13	Bathurst City	NT	_____	_____
4	Gray, Ivy	10	Gulgong	2:21.62	_____	_____
5	Lane, Amity	10	Nyngan	2:41.52	_____	_____
6	McMahon, Xanthe	10	Mudgee	NT	_____	_____
7	Rangi, Ivy	9	All Coast Academy	NT	_____	_____

**Event 39 Men 200 LC Meter IM**

Event Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 3 Timed Finals**

1	Hall, Thomas	12	Tamworth City	3:01.20	_____	_____
2	Arkit, Aidan	13	Alligators of Armidale	2:48.63	_____	_____
3	Jenkins, Harrison	16	Bathurst	2:45.87	_____	_____
4	Spinks, Josh	12	Coolah	2:39.84	_____	_____
5	Medhurst, Emmitt	15	Denman	2:43.22	_____	_____
6	West, Zeke	11	Hunter	2:46.47	_____	_____
7	Carter, Cruz	13	Bathurst	2:51.34	_____	_____

**Heat 2 of 3 Timed Finals**

2	Morris, William	10	Hunter	3:06.59	_____	_____
3	Roberts, Lenny	11	Hunter	3:02.88	_____	_____
4	Oxenburgh, Vincent	11	Orange	3:02.63	_____	_____
5	Jansen, William	14	Gunnedah	3:02.74	_____	_____
6	Holmes, Thomas	11	Nyngan	3:05.98	_____	_____

**Heat 3 of 3 Timed Finals**

3	Mendl, Freddie	12	Orange	3:10.00	_____	_____
4	Dale, Riley	15	Wollongong	3:06.68	_____	_____
5	Littlejohn, Freddie	11	Orange	3:09.22	_____	_____

**Event 40 Women 200 LC Meter IM**

Event Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 4 Timed Finals**

1	Khara (V), Noor	15	Abbotsleigh	2:50.80	_____	_____
2	Whalan, Brooklyn	14	Orange	2:43.53	_____	_____
3	Smith, Chelsea	15	Tamworth City	2:42.68	_____	_____
4	Dodwell (V), Stella	15	Cranbrook	2:33.47	_____	_____
5	Hill, Charlotte	15	Albury North	2:35.53	_____	_____
6	Lavelle, Phoebe	13	Dubbo City	2:43.28	_____	_____
7	Jean, Kaitlin	18	Wauchope	2:46.45	_____	_____

**2025 NSW Country Regionals - Gulgong - 18/01/2025 to 19/01/2025  
Meet Program**

**Heat 2 of 4 Timed Finals**

1	Layton, Charlotte	13	Orange	2:59.91	_____	_____
2	Stokes, Jessica	14	Tamworth City	2:58.12	_____	_____
3	Bulluss, Mia	12	Novocastrian	2:57.35	_____	_____
4	Rose, Aiko	12	Coonamble	2:52.60	_____	_____
5	Quinn, Summer	13	Kincumber	2:56.30	_____	_____
6	Docherty- O'Keefe, Aoife	12	Ginninderra	2:57.96	_____	_____
7	Cummings, Ava	14	Dubbo Rsl	2:59.47	_____	_____

**Heat 3 of 4 Timed Finals**

1	Whiting, Maddison	10	Orange	3:05.48	_____	_____
2	Flint, Ava	14	Macquarie Shores	3:04.80	_____	_____
3	Scott-Hamilton, Sasha	14	Alligators of Armidale	3:03.79	_____	_____
4	Smith, Ava	15	Narrabri	3:02.23	_____	_____
5	Stokes, Georgina	15	Tamworth City	3:03.12	_____	_____
6	Vial, Elsie	12	Orange	3:04.26	_____	_____
7	Bunnemeyer, Klara	12	Tamworth City	3:04.83	_____	_____

**Heat 4 of 4 Timed Finals**

3	Smith, Hope	12	Tamworth City	3:15.00	_____	_____
4	Dunn, Harper	12	Bathurst	3:06.45	_____	_____
5	Cao, Jade	11	Macquarie Shores	3:14.12	_____	_____
6	Ross, Ruby	11	Katoomba	3:15.00	_____	_____

**Event 41 Men 50 LC Meter Breaststroke Multi-Class**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 1 Timed Finals**

3	Oxenburgh, Ruben SB19	9	Orange	58.21	_____	_____
4	Jean, Morgan SB14	22	Wauchope	39.26	_____	_____
5	Tandy-Bell, Ronnie SB9	14	Wellington	54.66	_____	_____

**Event 42 Women 50 LC Meter Breaststroke Multi-Class**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 1 Timed Finals**

4	Kelly, Izabelle SB19	12	Orana Aquatic	59.09	_____	_____
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**Event 43 Men 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 1 Timed Finals**

3	Roberts, Lenny	11	Hunter	2:59.58	_____	_____
4	Smith, Daniel	17	Narrabri	2:31.42	_____	_____
5	Spinks, Josh	12	Coolah	2:43.96	_____	_____

**Event 44 Women 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time	Finals	Place
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**Heat 1 of 1 Timed Finals**

1	Rose, Aiko	12	Coonamble	3:07.60	_____	_____
2	Lavelle, Phoebe	13	Dubbo City	2:53.97	_____	_____
3	Morris, Hannah	15	Hunter	2:47.96	_____	_____
4	Dodwell (V), Stella	15	Cranbrook	2:30.80	_____	_____
5	Whalan, Brooklyn	14	Orange	2:40.12	_____	_____
6	Bulluss, Mia	12	Novocastrian	2:51.39	_____	_____
7	Wong Maspers, Chantal	14	Wollongong	3:00.36	_____	_____

# 2025 Swimming NSW Country Regionals

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