SOUTHERN INLAND SWIMMING ASSOCIATION INC.

DENILIQUINA.S. & LSC Inc.

Celebrating 140 Years of Competitive Swimming

Saturday, 11th January, 2025. Warm up 11:00 am: Start time 12:00noon

Deniliquin Swim Centre, Poictiers Street, Deniliquin.

SISA approved Qualifying Meet.

Entry Fee: \$8.50 per individual event, no charge for Tolerance events. Raffle tickets and programs will be available for purchase on the day.

All events are timed finals conducted in "all age" format. Age is as at day of meet.

SNSW & SA Rules apply.

Medals for 1st, 2nd and 3rd placegetters in the specified age groups

Participation awards for Tolerance events

***Competitors in the 8 & under 50m events are not permitted to swim in the Tolerance events in that stroke.

Tolerance events are run as encouragement events, there will be no disqualifications. Tolerance events are non-qualifying, and times will not be uploaded to Results Central.

No refunds given.

Entries via Swim Central

Entries close 4th January 2025

Enquires to deniswimclub@hotmail.com

Male	Female	Age group		Stroke
1	2	Open	200m	Freestyle
3	4	All Age Tolerance	25m	Freestyle
5	6	All Age Tolerance	50m	Freestyle
7	8	8 & under, 9/10,11/12,13/14,15 & over	50m	Freestyle
9	10	9 & under,10/11,12/13,14 & over	100m	Breaststroke
11	12	All Age Tolerance	25m	Backstroke
13	14	All Age Tolerance	50m	Backstroke
15	16	8 & under, 9/10,11/12,13/14,15 & over	50m	Backstroke
17	18	11 & under,12/13,14 & over	100m	Butterfly
19	20	All Age Tolerance	25m	Breaststroke
21	22	All Age Tolerance	50m	Breaststroke
23	24	8 & under, 9/10,11/12,13/14,15 & over	50m	Breaststroke
25	26	9 & under,10/11,12/13,14 & over	100m	Backstroke
27	28	All Age Tolerance	25m	Butterfly
29	30	8 & under, 9/10,11/12,13/14,15 & over	50m	Butterfly
31	32	9 & under,10/11,12/13,14 & over	100m	Freestyle
33	34	9 & under,10/11,12/13,14 & over	200m	Individual Medley
35	36	Open	400m	Freestyle
Mixed 10 x 50m Relay (Time permitting)				