



2024 Swimming NSW Multi-Class (Disability) Swim Meet #3 SHORT COURSE

Date: Sunday 4th August 2024

Time: Warm-up & Registration from 8:00am, Racing Commences 9:00am

Venue: PLC Pymble Ladies College, Gate 3 Avon Road, Pymble

Closing Date: 11:59pm Tuesday 23rd July 2024

Entry Fees: \$12.00 Per Event. Swimmers can enter a maximum of five (5) events.

Entries: To be placed via Swim Central if a SNSW Member or via the Online Manual Entry Form

PROGRAM OF EVENTS		
EVENT #		DISTANCE/STROKE
MALE	FEMALE	
1	2	400m Freestyle (QT: 10:00.00)
3	4	50m Freestyle
5	6	100m Breaststroke
7	8	200m Backstroke (QT: 4:30.00)
9 (Mixed Event)		25m Backstroke
10	11	100m Freestyle
12 (Mixed Event)		25m Breaststroke
13	14	50m Butterfly
15	16	200m Freestyle (QT: 4:30.00)
17 (Mixed Event)		25m Freestyle
18	19	50m Backstroke
20	21	200m Breaststroke (QT 4:30.00)
22 (Mixed Event)		25m Butterfly
23	24	100m Butterfly
25	26	50m Breaststroke
27	28	100m Backstroke
29	30	200m Butterfly (QT: 4:30.00)
31	32	150m IM
33	24	200m IM

CONDITIONS OF ENTRY:

1. A maximum of five (5) events can be entered per athlete.
2. Entries Close 11:59pm Tuesday 23rd July 2024.
3. No Changes to events will be accepted after the closing date.
4. Withdrawals - No refund given unless a medical certificate is provided. Withdrawal from an event(s) must be communicated to the registration desk on arrival or to the marshalling desk during the meet at least 2 events in advance of the withdrawal.
5. S11 Swimmers are required to wear blacked-out goggles for all events and to be tapped at the end of the pool.
6. Entry into a 25m event excludes swimmers from entering a 100m or longer distance event in the same stroke.
7. Swimming NSW Rules Apply.