



INSPECTOR OF TURNS

TRAINING EXERCISES

THE SWIMMING NSW TRAINING EXERCISES ARE TO BE USED IN CONJUNCTION WITH THE SWIMMING NSW TRAINING NOTES TO IMPROVE CANDIDATES UNDERSTANDING OF POLICIES AND PROCEDURES.

BOTH THE TRAINING NOTES AND TRAINING EXERCISES ARE RESOURCES TO ASSIST CANDIDATES ATTEMPTING THE SWIMMING AUSTRALIA ACCREDITATION PROCESS. THESE TRAINING EXERCISES WILL BE COMPLETED PRIOR TO THE ASSESSMENT.

INSPECTOR OF TURNS

1. BY WHAT TIME SHOULD YOU ARRIVE AT THE POOL?

2. TO WHICH OFFICIAL SHOULD YOU REPORT ON ARRIVAL?

3. WHY DO YOU REPORT TO THAT PERSON?

4. WHAT EQUIPMENT SHOULD YOU BRING TO THE MEET TO ACT EFFICIENTLY AS AN INSPECTOR OF TURNS?

5. WHERE DOES THE JURISDICTION OF THE INSPECTOR OF TURNS COMMENCE AND FINISH?

a) *AT THE STARTING END*

b) *AT THE TURNS*

6. DOES THE INSPECTOR OF TURNS HAVE THE AUTHORISATION TO OPERATE A TIMING / JUDGING DEVICE THAT HAS BEEN APPROVED BY THE ASSOCIATION?

7. WHAT ARE THE DUTIES AND RESPONSIBILITIES OF THE CHIEF INSPECTOR OF TURNS?

8. IN INDIVIDUAL EVENTS OF 800 AND 1500M, WHAT ADDITIONAL RESPONSIBILITIES DOES EACH INSPECTOR OF TURNS HAVE:

a) *AT THE STARTING END?*

b) *AT THE TURNS?*

9. WHAT ADDITIONAL DUTIES DO THE INSPECTORS OF TURNS HAVE IN RELAY EVENTS?

10. WOULD YOUR ANSWER TO Q9 BE THE SAME IF AUTOMATIC EQUIPMENT IS USED TO JUDGE RELAY TAKEOFFS?

EXPLAIN

11. YOU, AS AN INSPECTOR OF TURNS, HAVE PERSONALLY OBSERVED A VIOLATION OF THE RULES.

a) WHO WOULD YOU REPORT TO?

b) WHAT WOULD THEY DO THEN?

12. HOW IS THE START MADE FOR ALL STYLES IN A FREESTYLE SCRATCH RACE?

13. HOW IS THE START MADE FOR A BACKSTROKE SWIMMER IN A FREESTYLE HANDICAP RACE?

a) WHERE BACKSTROKE IS NOT NOMINATED?

b) WHERE BACKSTROKE IS NOMINATED?

14. NAME SOME INFRINGEMENTS OF THE BACKSTROKE RULE WHEN A SWIMMER IN A BACKSTROKE RACE MAY BE REPORTED BY AN INSPECTOR OF TURNS?

a) AT THE TURNS

19. WHAT DO THE RULES REQUIRE REGARDING THE LANE IN WHICH A SWIMMER FINISHES THE EVENT?

20. ARE THERE ANY CIRCUMSTANCES IN WHICH A SWIMMER MAY PULL ON A LANE ROPE?

21. WHAT IS THE BODY POSITION IN BUTTERFLY SWIMMING ACCORDING TO THE RULE?

22. a) IS A BUTTERFLY SWIMMER PERMITTED TO SWIM ON THE SIDE AT ANY TIME?

b) QUALIFY YOUR ANSWER

23. DURING A BUTTERFLY RACE WHAT DOES THE RULE STATE REGARDING MOVEMENTS OF THE ARMS?

24. DURING A BUTTERFLY RACE WHAT DOES THE RULE STATE REGARDING MOVEMENTS OF THE LEGS?

25. WOULD YOU ALLOW BREASTSTROKE KICKING IN A BUTTERFLY RACE?

26. WHAT DOES THE RULE STATE REGARDING THE TOUCH AT A TURN AND THE FINISH IN BREASTSTROKE AND BUTTERFLY RACES?

27. IF A SWIMMER WISHES TO APPEAL A DECISION YOU HAVE MADE OR SUBMIT A PROTEST, WHAT WOULD YOU DO?
