



2025 NSW COUNTRY REGIONALS CHAMPIONSHIPS - GRIFFITH 18TH & 19TH JANUARY 2025

Saturday 18th January 2025 Day One: Session 1

	Event	Entries	Heats	Starts	
1	Men 11 & Over 400 IM	4	1	10:00 AM	
2	Women 11 & Over 400 IM	7	1	10:07 AM	
3	Men 200 Freestyle	25	3	10:14 AM	
4	Women 200 Freestyle	35	4	10:24 AM	
5	Men 200 Breaststroke	10	1	10:37 AM	
6	Women 200 Breaststroke	18	2	10:41 AM	
7	Men 100 Freestyle Multi-Class	7	1	10:49 AM	
8	Women 100 Freestyle Multi-Class	7	1	10:52 AM	
9	Men 50 Freestyle	144	15	10:55 AM	
10	Women 50 Freestyle	163	17	11:14 AM	
11	Men 100 Backstroke	54	6	11:37 AM	
12	Women 100 Backstroke	80	8	11:53 AM	
	Finish Time			12:13PM	

TIMELINE IS SUBJECT TO CHANGE & IS TO BE USED AS A GUIDE ONLY

Saturday 18th January 2025 Day One: Session 2

	Event	Entries	Heats	Starts	
13	Men 50 Butterfly	110	11	12:45 PM	
14	Women 50 Butterfly	122	13	1:01 PM	
15	Men 12 & Over 1500 Freestyle	0	0	1:20 PM	
16	Women 12 & Over 1500 Freestyle	1	1	1:20 PM	
17	Men 200 Butterfly	9	1	1:45 PM	
18	Women 200 Butterfly	5	1	1:49 PM	
19	Men 50 Butterfly Multi-Class	6	1	1:53 PM	
20	Women 50 Butterfly Multi-Class	5	1	1:54 PM	
21	Men 100 Freestyle	130	13	1:56 PM	
22	Women 100 Freestyle	144	15	2:22 PM	
	Finish Time			2:54 PM	

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Sunday 19th January 2025 Day Two: Session 3

	Event	Entries	Heats	Starts	
23	Men 11 & Over 800 Freestyle	0	0	09:00 AM	
24	Women 11 & Over 800 Freestyle	2	1	09:00 AM	
25	Men 50 Breaststroke	117	12	09:12 AM	
26	Women 50 Breaststroke	129	13	09:31 AM	
27	Men 50 Freestyle Multi-Class	8	1	09:52 AM	
28	Women 50 Freestyle Multi-Class	7	1	09:54 AM	
29	Men 100 Butterfly	48	5	09:55 AM	
30	Women 100 Butterfly	47	5	10:06 AM	
31	Men 11 & Over 400 Freestyle	11	2	10:18 AM	
32	Women 11 & Over 400 Freestyle	18	2	10:29 AM	
33	Men 50 Backstroke	117	12	10:42 AM	
34	Women 50 Backstroke	135	14	11:03 AM	
35	Men 50 Backstroke Multi-Class	7	1	11:27 AM	
	Finish Time			11:30AM	

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Saturday 18th January 2025 Day Two: Session 4

	Event	Entries	Heats	Starts at	
36	Women 50 Backstroke Multi-Class	4	1	12:00 PM	
37	Men 100 Breaststroke	69	7	12:02 PM	
38	Women 100 Breaststroke	89	9	12:21 PM	
39	Men 200 IM	37	4	12:45 PM	
40	Women 200 IM	38	4	12:59 PM	
41	Men 50 Breaststroke Multi-Class	7	1	1:14 PM	
42	Women 50 Breaststroke Multi-Class	7	1	1:16 PM	
43	Men 200 Backstroke	14	2	1:18 PM	
44	Women 200 Backstroke	17	2	1:26 PM	
	Finish Time			1:33 PM	

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