



FINALS SESSION - Day 1 - Saturday 10th December 2022
TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4.00 PM	Pool Opens
4.00 PM	Warm Up Commences
5.15 PM	Warm Up Ends in Competition Pool
5:26 PM	Technical Officials march on
5:27 PM	National Anthem
5:29 PM	March on & Introduction of Event 1 - Womens 12/13yrs 200m Backstroke
5:30 PM	Womens 12/13yrs 200m Backstroke
5:33 PM	Introduction of Event 2 - Mens 13/14yrs 200m Backstroke
5:34 PM	Mens 13/14yrs 200m Backstroke
5:36 PM	Award Ceremony for Event 1 - Womens 12/13yrs 200m 200m Backstroke
5:38 PM	Introduction of Event 3- Womens 15yrs 100m Freestyle
5:39 PM	Womens 15yrs 100m Freestyle
5:41 PM	Award Ceremony for Event 2 - Mens 13/14yrs 200m Backstroke
5:42 PM	Introduction of Event 4 - Mens 16yrs 100m Freestyle
5:43 PM	Mens 16yrs 100m Freestyle
5:44 PM	Award Ceremony for Event 3 - Womens 15yrs 100m Freestyle
5:46 PM	Introduction of Event 5 - Womens 12 & Over 150/200m MC Individual Medley
5:47 PM	Womens 12 & Over 150/200m MC Individual Medley
5:50 PM	Award Ceremony for Event 4 - Mens 16yrs 100m Freestyle
5:52 PM	Introduction of Event 6 - Mens 12 & Over 150/200m MC Individual Medley
5:53 PM	Mens 12 & Over 150/200m MC Individual Medley
5:56 PM	Award Ceremony for Event 5 - Womens 12 & Over 150/200m MC Individual Medley
5:58 PM	Introduction of Event 7 - Womens 16yrs 200m Breaststroke
5:59 PM	Womens 16yrs 200m Breaststroke
6:01 PM	Award Ceremony for Event 6 - Mens 12 & Over 150/200m MC Individual Medley
6:03 PM	Introduction of Event 7a - Womens 17yrs & Over 200m Breaststroke
6:04 PM	Womens 17yrs & Over 200m Breaststroke
6:07 PM	Award Ceremony for Event 7 - Womens 16yrs 200m Breaststroke
6:09 PM	Introduction of Event 8 - Mens 17yrs 200m Breaststroke
6:05 PM	Mens 17yrs 200m Breaststroke
6:08 PM	Award Ceremony for Event 7a - Womens 17yrs & Over 200m Breaststroke
6:10 PM	Introduction of Event 8a - Mens 18yrs & Over 200m Breaststroke
6:11 PM	Mens 18yrs & Over 200m Breaststroke
6:14 PM	Award Ceremony for Event 8 - Mens 17yrs 200m Breaststroke
6:16 PM	Introduction of Event 9 - Womens 14yrs 100m Breaststroke
6:17 PM	Womens 14yrs 100m Breaststroke
6:19 PM	Award Ceremony for Event 8a - Mens 18yrs & Over 200m Breaststroke
6:21 PM	Introduction of Event 10 - Mens 15yrs 100m Breaststroke
6:22 PM	Mens 15yrs 100m Breaststroke
6:24 PM	Award Ceremony for Event 9 - Womens 14yrs 100m Breaststroke
6:25 PM	Introduction of Event 11 - Womens 12/13yrs 100m Butterfly
6:26 PM	Womens 12/13yrs 100m Butterfly
6:28 PM	Award Ceremony for Event 10 - Mens 15yrs 100m Breaststroke



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Start Time	Activity
6:30 PM	Introduction of Event 12 Mens 13/14yrs 100m Butterfly
6:31 PM	Mens 13/14yrs 100m Butterfly
6:33 PM	Award Ceremony for Event 11 - Womens 12/13yrs 100m Butterfly
6:35 PM	Introduction of Event 13 - Womens 15yrs 200m Individual Medley
6:36 PM	Womens 15yrs 200m Individual Medley
6:39 PM	Award Ceremony for Event 12 - Mens 13/14yrs 100m Butterfly
6:41 PM	Introduction of Event 14 - Mens 16yrs 200m Individual Medley
6:42 PM	Mens 16yrs 200m Individual Medley
6:44 PM	Award Ceremony for Event 13 - Womens 15yrs 200m Individual Medley
6:46 PM	Introduction of Event 15 - Womens 16yrs 400m Freestyle
6:47 PM	Womens 16yrs 400m Freestyle
6:52 PM	Award Ceremony for Event 14 - Mens 16yrs 200m Individual Medley
6:54 PM	Introduction of Event 15a - Womens 17yrs & Over 400m Freestyle
6:55 PM	Womens 17yrs & Over 400m Freestyle
7:00 PM	Award Ceremony for Event 15 - Womens 16yrs 400m Freestyle
7:02 PM	Introduction of Event 16 - Mens 17yrs 400m Freestyle
7:03 PM	Mens 17yrs 400m Freestyle
7:07 PM	Award Ceremony for Event 15a - Womens 17yrs & Over 400m Freestyle
7:09 PM	Introduction of Event 16a - Mens 18yrs & Over 400m Freestyle
7:10 PM	Mens 18yrs & Over 400m Freestyle
7:14 PM	Award Ceremony for Event 16 - Mens 17yrs 400m Freestyle
7:16 PM	Introduction of Event 17 - Womens 12 & Over 50m MC Freestyle
7:17 PM	Womens 12 & Over 50m MC Freestyle
7:18 AM	Award Ceremony for Event 16a - Mens 18yrs & Over 400m Freestyle
7:20 PM	Introduction of Event 18 - Mens 12 & Over 50m MC Freestyle
7:21 PM	Mens 12 & Over 50m MC Freestyle
7:22 PM	Award Ceremony for Event 17 - Womens 12 & Over 50m MC Freestyle
7:24 PM	Introduction of Event 19 - Womens 12-14yrs 800m Freestyle
7:26 PM	Womens 12-14yrs 800m Freestyle
7:37 PM	Award Ceremony for Event 19 - Mens 12 & Over 50m MC Freestyle
7:39 PM	Introduction of Event 20 - Mens 13-15yrs 1500m Freestyle
7:40 PM	Mens 13-15yrs 1500m Freestyle
7:58 PM	Award Ceremony for Event 19 - Womens 12-14yrs 800m Freestyle
8:00 PM	Event 21 - Womens 15-17yrs 4x50m Medley Relay, Timed Finals (4 Heats)
8:11 PM	Award Ceremony for Event 20 - Mens 13-15yrs 1500m Freestyle
8:13 PM	Event 22 - Mens 16-18yrs 4x50m Medley Relay, Timed Finals (3 Heats)
8:19 PM	Event 23 - Womens 12-14yrs 4x50m Freestyle Relay, Timed Finals (6 Heats)
8:31 PM	Event 24 - Mens 13-15yrs 4x50m Freestyle Relay, Timed Finals (5 Heats)
8:41 PM	Award Ceremony for Event 21 - Womens 15-17yrs 4x50m Medley Relay
8:43 PM	Award Ceremony for Event 22 - Mens 16-18yrs 4x50m Medley Relay
8:45 PM	Award Ceremony for Event 23 - Womens 12-14yrs 4x50m Freestyle Relay
8:47 PM	Award Ceremony for Event 24 - Mens 13-15yrs 4x50m Freestyle Relay
8:49 PM	Swimmer Performance of the Day Award presentation



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Start Time	Activity
8:51 PM	Announcer asks Technical Officials to march off
8:51 PM	Announcer closes session



FINALS SESSION - Day 2 - Sunday 11th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 25 - Womens 16yrs 200m Individual Medley
5:30 PM	Womens 16yrs 200m Individual Medley
5:33 PM	Introduction of Event 25a - Womens 17yrs 200m Individual Medley
5:34 PM	Womens 17yrs 200m Individual Medley
5:37 PM	Award Ceremony for Event 25 - Womens 16yrs 200m Individual Medley
5:40 PM	Introduction of Event 25b - Womens 18yrs & Over 200m Individual Medley
5:41 PM	Womens 18yrs & Over 200m Individual Medley
5:44 PM	Award ceremony for Event 25a - Womens 17yrs 200m Individual Medley
5:46 PM	Introduction of Event 26 - Mens 17yrs 200m Individual Medley
5:47 PM	Mens 17yrs 200m Individual Medley
5:50 PM	Award ceremony for Event 25b - Womens 18yrs & Over 200m Individual Medley
5:52 PM	Introduction of Event 26a - Mens 18yrs 200m Individual Medley
5:53 PM	Mens 18yrs 200m Individual Medley
5:55 PM	Award Ceremony for Event 26 - Mens 17yrs 200m Individual Medley
5:57 PM	Introduction of Event 26b - Mens 19yrs & Over 200m Individual Medley
5:59 PM	Mens 19yrs & Over 200m Individual Medley
6:02 PM	Award ceremony for Event 26a - Mens 18yrs 200m Individual Medley
6:04 PM	Introduction of Event 27 - Womens 12/13yrs 50m Freestyle
6:05 PM	Womens 12/13yrs 50m Freestyle
6:06 PM	Award Ceremony for Event 26b - Mens 19yrs & Over 200m Individual Medley
6:08 PM	Introduction of Event 28 - Mens 13/14yrs 50m Freestyle
6:09 PM	Mens 13/14yrs 50m Freestyle
6:10 PM	Award Ceremony for Event 27 - Womens 12/13yrs 50m Freestyle
6:12 PM	Introduction of Event 29 - Womens 12 & Over 100m MC Breaststroke
6:13 PM	Womens 12 & Over 100m MC Breaststroke
6:15 PM	Award Ceremony for Event 28 Mens 13/14yrs 50m Freestyle
6:17 PM	Introduction of Event 30 - Mens 12 & Over 100m MC Breaststroke
6:18 PM	Mens 12 & Over 100m MC Breaststroke
6:20 PM	Award Ceremony of Event 29 Womens 12 & Over 100m MC Breaststroke
6:22 PM	Introduction of Event 31 - Womens 14yrs 200m Backstroke
6:24 PM	Womens 14yrs 200m Backstroke
6:27 PM	Award Ceremony for Event 30 Mens 12 & Over 100m MC Breaststroke
6:29 PM	Introduction of Event 32 - Mens 15yrs 200m Backstroke
6:30 PM	Mens 15yrs 200m Backstroke
6:33 PM	Award Ceremony for Event 31 - Womens 14yrs 200m Backstroke
6:35 PM	Introduction of Event 33 - Womens 15yrs 50m Backstroke
6:36 PM	Womens 15yrs 50m Backstroke
6:37 PM	Award Ceremony for Event 32 - Mens 15yrs 200m Backstroke
6:39 PM	Introduction of Event 34 - Mens 16yrs 50m Backstroke



FINALS SESSION - Day 2 - Sunday 11th December 2022

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Start Time	Activity
6:40 PM	Mens 16yrs 50m Backstroke
6:41 PM	Award Ceremony for Event 33 - Womens 15yrs 50m Backstroke
6:43 PM	Introduction of Event 35 - Womens 16yrs 50m Butterfly
6:44 PM	Womens 16yrs 50m Butterfly
6:45 PM	Award Ceremony for Event 34 - Mens 16yrs 50m Backstroke
6:47 PM	Introduction of Event 35a - Womens 17yrs 50m Butterfly
6:48 PM	Womens 17yrs 50m Butterfly
6:49 PM	Award Ceremony for Event 55 - Womens 16yrs 50m Butterfly
6:51 PM	Introduction of Event 35b - Womens 18yrs & Over 50m Butterfly
6:52 PM	Womens 18yrs & Over 50m Butterfly
6:53 PM	Award ceremony for Event 35a - Womens 17yrs 50m Butterfly
6:55 PM	Introduction of Event 36 - Mens 17yrs 50m Butterfly
6:56 PM	Mens 17yrs 50m Butterfly
6:57 PM	Award ceremony for Event 35b - Womens 18yrs & Over 50m Butterfly
6:59 PM	Introduction of Event 36a - Mens 18yrs 50m Butterfly
7:00 PM	Mens 18yrs 50m Butterfly
7:01 PM	Award Ceremony for Event 36 - Mens 17yrs 50m Butterfly
7:03 PM	Introduction of Event 36b - Mens 19yrs & Over 50m Butterfly
7:04 PM	Mens 19yrs & Over 50m Butterfly
7:05 PM	Award ceremony for Event 36a - Mens 18yrs 50m Butterfly
7:07 PM	Introduction of Event 37 - Womens 12/13yrs 200m Butterfly
7:10 PM	Womens 12/13yrs 200m Butterfly
7:13 PM	Award Ceremony for Event 36b - Mens 19yrs & Over 50m Butterfly
7:15 PM	Introduction of Event 38 - Mens 13/14yrs 200m Butterfly
7:16 PM	Mens 13/14yrs 200m Butterfly
7:19 PM	Award Ceremony for Event 37 Womens 12/13yrs 200m Butterfly
7:21 PM	Introduction of Event 39 - Womens 14yrs 50m Freestyle
7:22 PM	Womens 14yrs 50m Freestyle
7:23 PM	Award Ceremony for Event 38 Mens 13/14yrs 200m Butterfly
7:25 PM	Introduction of Event 40 - Mens 15yrs 50m Freestyle
7:26 PM	Mens 15yrs 50m Freestyle
7:27 PM	Award Ceremony for Event 39 - Womens 14yrs 50m Freestyle
7:29 PM	Introduction of Event 41 - Womens 12 & Over 200m MC Freestyle
7:30 PM	Womens 12 & Over 200m MC Freestyle
7:33 PM	Award Ceremony for Event 40 - Mens 15yrs 50m Freestyle
7:35 PM	Introduction of Event 42 - Mens 12 & Over 200m MC Freestyle
7:36 PM	Mens 12 & Over 200m MC Freestyle
7:38 PM	Award Ceremony for Event 41 - Womens 12 & Over 200m MC Freestyle
7:40 PM	Introduction of Event 43 - Womens 15yrs & Over 1500m Freestyle
7:41 PM	Womens 15yrs & Over 1500m Freestyle
7:59 PM	Award Ceremony for Event 42 - Mens 12 & Over 200m MC Freestyle
8:00 PM	Introduction of Event 44 - Mens 16yrs & Over 800m Freestyle
8:01 PM	Mens 16yrs & Over 800m Freestyle



FINALS SESSION - Day 2 - Sunday 11th December 2022

TO BE USED AS A GUIDELINE ONLY

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Start Time	Activity
8:10 PM	Award Ceremony for Event 43 - Womens 15yrs & Over 1500m Freestyle
8:12 PM	Event 45 - Womens 12 - 17yrs 4x100m Freestyle Relay, Timed Finals (4 Heats)
8:28 PM	Event 46 - Mens 13 - 18yrs 4x100m Freestyle Relay, Timed Finals (4 Heats)
8:44 PM	Award Ceremony for Event 44 - Mens 16yrs & Over 800m Freestyle
8:46 PM	Award Ceremony for Event 45 Womens 12-17yrs 4x100m Freestyle Relay
8:48 PM	Award Ceremony for Event 46 Mens 13-18yrs 4x100m Freestyle Relay
8:50 PM	Swimmer Performance of the Day Award presentation
8:52 PM	Announcer asks Technical Officials to march off
8:52 PM	Announcer closes session



FINALS SESSION - Day 3 - Monday 12th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 47 - Womens 12/13yrs 100m Backstroke
5:30 PM	Womens 12/13yrs 100m Backstroke
5:32 PM	Introduction of Event 48 - Mens 13/14yrs 100m Backstroke
5:33 PM	Mens 13/14yrs 100m Backstroke
5:34 PM	Award Ceremony for Event 47 Womens 12/13yrs 100m Backstroke
5:36 PM	Introduction of Event 49 - Womens 14yrs 100m Butterfly
5:37 PM	Womens 14yrs 100m Butterfly
5:39 PM	Award Ceremony for Event 48 Mens 13/14yrs 100m Backstroke
5:41 PM	Introduction of Event 50 - Mens 15yrs 100m Butterfly
5:42 PM	Mens 15yrs 100m Butterfly
5:43 PM	Award Ceremony for Event 49 - Womens 14yrs 100m Butterfly
5:45 PM	Introduction to Event 51 - Womens 15yrs 50m Freestyle
5:46 PM	Womens 15yrs 50m Freestyle
5:47 PM	Award Ceremony for Event 50 Mens 15yrs 100m Butterfly
5:49 PM	Introduction to Event 52 - Mens 16yrs 50m Freestyle
5:50 PM	Mens 16yrs 50m Freestyle
5:51 PM	Award Ceremony for Event 51 Womens 15yrs 50m Freestyle
5:53 PM	Introduction of Event 53 - Womens 12 & Over 100m MC Freestyle
5:54 PM	Womens 12 & Over 100m MC Freestyle
5:56 PM	Award Ceremony for Event 52 Mens 16yrs 50m Freestyle
5:58 PM	Introduction of Event 54 - Mens 12 & Over 100m MC Freestyle
5:59 PM	Mens 12 & Over 100m MC Freestyle
6:03 PM	Introduction of Event 55 - Womens 16yrs 200m Freestyle
6:04 PM	Womens 16yrs 200m Freestyle
6:08 PM	Introduction of Event 55a - Womens 17yrs 200m Freestyle
6:09 PM	Womens 17yrs 200m Freestyle
6:11 PM	Award Ceremony for Event 55 - Womens 16yrs 200m Freestyle
6:13 PM	Introduction of Event 55b - Womens 18yrs & Over 200m Freestyle
6:14 PM	Womens 18yrs & Over 200m Freestyle
6:17 PM	Award ceremony for Event 55a - Womens 17yrs 200m Freestyle
6:19 PM	Introduction of Event 56 - Mens 17yrs 200m Freestyle
6:20 PM	Mens 17yrs 200m Freestyle
6:22 PM	Award ceremony for Event 55b - Womens 18yrs & Over 200m Freestyle
6:24 PM	Introduction of Event 56a - Mens 18yrs 200m Freestyle
6:25 PM	Mens 18yrs 200m Freestyle
6:27 PM	Award Ceremony for Event 56 - Mens 17yrs 200m Freestyle
6:29 PM	Introduction of Event 56b - Mens 19yrs & Over 200m Freestyle
6:30 PM	Mens 19yrs & Over 200m Freestyle



FINALS SESSION - Day 3 - Monday 12th December 2022

TO BE USED AS A GUIDELINE ONLY

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Start Time	Activity
6:32 PM	Award ceremony for Event 56a - Mens 18yrs 200m Freestyle
6:34 PM	Introduction of Event 57 - Womens 12-13yrs 50m Breaststroke
6:35 PM	Womens 12-13yrs 50m Breaststroke
6:36 PM	Award Ceremony for Event 56b - Mens 19yrs & Over 200m Freestyle
6:38 PM	Introduction of Event 58 - Mens 13-14 Years 50m Breaststroke
6:39 PM	Mens 13-14 Years 50m Breaststroke
6:40 PM	Award Ceremony for Event 57 - Womens 12-13yrs 50m Breaststroke
6:42 PM	Introduction of Event 59 - Womens 14 Years 50m Breaststroke
6:43 PM	Womens 14 Years 50m Breaststroke
6:44 PM	Award Ceremony for Event 58 Mens 13-14 Years 50m Breaststroke
6:46 PM	Introduction of Event 60 - Mens 15 Years 50m Breaststroke
6:47 PM	Mens 15 Years 50m Breaststroke
6:48 PM	Award Ceremony for Event 59 Womens 14 Years 50m Breaststroke
6:50 PM	Introduction of Event 61 - Womens 15 Years 200m Butterfly
6:51 PM	Womens 15 Years 200m Butterfly
6:54 PM	Award Ceremony for Event 60 Mens 15 Years 50m Breaststroke
6:57 PM	Introduction of Event 62 Mens 16 Years 200m Butterfly
6:58 PM	Mens 16 Years 200m Butterfly
7:01 PM	Award Ceremony for Event 61 Womens 15 Years 200m Butterfly
7:03 PM	Introduction of Event 63 - Womens 16yrs 50m Backstroke
7:04 PM	Womens 16yrs 50m Backstroke
7:05 PM	Award Ceremony for Event 62 Mens 16 Years 200m Butterfly
7:07 PM	Introduction of Event 63a - Womens 17yrs 50m Backstroke
7:08 PM	Womens 17yrs 50m Backstroke
7:09 PM	Award Ceremony for Event 63 - Womens 16yrs 50m Backstroke
7:11 PM	Introduction of Event 63b - Womens 18yrs & Over 50m Backstroke
7:12 PM	Womens 18yrs & Over 50m Backstroke
7:13 PM	Award ceremony for Event 63a - Womens 17yrs 50m Backstroke
7:15 PM	Introduction of Event 64 - Mens 17yrs 50m Backstroke
7:16 PM	Mens 17yrs 50m Backstroke
7:17 PM	Award ceremony for Event 63b - Womens 18yrs & Over 50m Backstroke
7:19 PM	Introduction of Event 64a - Mens 18yrs 50m Backstroke
7:20 PM	Mens 18yrs 50m Backstroke
7:21 PM	Award Ceremony for Event 64 - Mens 17yrs 50m Backstroke
7:23 PM	Introduction of Event 64b - Mens 19yrs & Over 50m Backstroke
7:24 PM	Mens 19yrs & Over 50m Backstroke
7:25 PM	Award ceremony for Event 64a - Mens 18yrs 50m Backstroke
7:27 PM	Introduction of Event 65 - Womens 12-13yrs 400m Freestyle
7:28 PM	Womens 12-13yrs 400m Freestyle
7:33 PM	Award Ceremony for Event 64b - Mens 19yrs & Over 50m Backstroke
7:35 PM	Introduction of Event 66 - Mens 13-14 Years 400m Freestyle
7:36 PM	Mens 13-14 Years 400m Freestyle



FINALS SESSION - Day 3 - Monday 12th December 2022

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Start Time	Activity
7:41 PM	Award Ceremony for Event 65 - Womens 12-13yrs 400m Freestyle
7:43 PM	Introduction of Event 67 - Womens 12 & Over 100m MC Butterfly
7:44 PM	Womens 12 & Over 100m MC Butterfly
7:46 PM	Award Ceremony for Event 66 - Mens 13-14 Years 400m Freestyle
7:48 PM	Introduction of Event 68 - Mens 12 & Over 100m MC Butterfly
7:49 PM	Mens 12 & Over 100m MC Butterfly
7:53 PM	Introduction of Event 69 - Womens 14yrs 200m Freestyle
7:54 PM	Womens 14yrs 200m Freestyle
7:59 PM	Introduction of Event 70 - Mens 15yrs 200m Freestyle
8:00 PM	Mens 15yrs 200m Freestyle
8:02 PM	Award Ceremony of Event 69 Womens 14yrs 200m Freestyle
8:04 PM	Introduction of Event 71 - Womens 15yrs 100m Backstroke
8:05 PM	Womens 15yrs 100m Backstroke
8:07 PM	Award Ceremony of Event 70 Mens 15yrs 200m Freestyle
8:09 PM	Introduction of Event 72 - Mens 16yrs 100m Backstroke
8:10 PM	Mens 16yrs 100m Backstroke
8:11 PM	Award Ceremony of Event 71 Womens 15yrs 100m Backstroke
8:13 PM	Award Ceremony of Event 53 Womens 12 & Over 100m MC Freestyle
8:15 PM	Award Ceremony of Event 54 Mens 12 & Over 100m MC Freestyle
8:17 PM	Event 73 - Womens 12 - 14yrs 4x50m Medley Relay, Timed Finals (6 Heats)
8:29 PM	Event 74 - Mens 13 - 15yrs 4x50m Medley Relay, Timed Finals (5 Heats)
8:42 PM	Award Ceremony of Event 67 Womens 12 & Over 100m MC Butterfly
8:44 PM	Award Ceremony of Event 68 Mens 12 & Over 100m MC Butterfly
8:46 PM	Award Ceremony for Event 72 Mens 16yrs 100m Backstroke
8:48 PM	Award Ceremony for Event 73 Womens 12-14yrs 4x50m Medley Relay
8:50 PM	Award Ceremony for Event 74 Mens 13-15yrs 4x50m Medley Relay
8:52 PM	Swimmer Performance of the Day Award presentation
8:54 PM	Announcer asks Technical Officials to march off & closes the session



FINALS SESSION - Day 4 - Tuesday 13th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 75 - Womens 16yrs 50m Freestyle
5:30 PM	Womens 16yrs 50m Freestyle
5:31 PM	Introduction of Event 75a - Womens 17yrs 50m Freestyle
5:32 PM	Womens 17yrs 50m Freestyle
5:33 PM	Award Ceremony for Event 75 - Womens 16yrs 50m Freestyle
5:35 PM	Introduction of Event 75b - Womens 18yrs & Over 50m Freestyle
5:36 PM	Womens 18yrs & Over 50m Freestyle
5:37 PM	Award ceremony for Event 75a - Womens 17yrs 50m Freestyle
5:39 PM	Introduction of Event 76 - Mens 17yrs 50m Freestyle
5:40 PM	Mens 17yrs 50m Freestyle
5:41 PM	Award ceremony for Event 75b - Womens 18yrs & Over 50m Freestyle
5:43 PM	Introduction of Event 76a - Mens 18yrs 50m Freestyle
5:44 PM	Mens 18yrs 50m Freestyle
5:45 PM	Award Ceremony for Event 76 - Mens 17yrs 50m Freestyle
5:47 PM	Introduction of Event 76b - Mens 19yrs & Over 50m Freestyle
5:48 PM	Mens 19yrs & Over 50m Freestyle
5:49 PM	Award ceremony for Event 76a - Mens 18yrs 50m Freestyle
5:51 PM	Introduction of Event 77 - Womens 12 & Over 400m MC Freestyle
5:52 PM	Womens 12 & Over 400m MC Freestyle
5:57 PM	Award Ceremony for Event 76b - Mens 19yrs & Over 50m Freestyle
6:00 PM	Introduction of Event 78 - Mens 12 & Over 400m MC Freestyle
6:01 PM	Mens 12 & Over 400m MC Freestyle
6:07 PM	Introduction of Event 79 - Womens 12-13yrs 400m Individual Medley
6:08 PM	Womens 12-13yrs 400m Individual Medley
6:15 PM	Introduction of Event 80 - Mens 13-14yrs 400m Individual Medley
6:16 PM	Mens 13-14yrs 400m Individual Medley
6:21 PM	Award Ceremony of Event 79 Womens 12-13yrs 400m Individual Medley
6:23 PM	Introduction of Event 81 - Womens 14 Years 200m Breaststroke
6:24 PM	Womens 14 Years 200m Breaststroke
6:27 PM	Award Ceremony of Event 80 Mens 13-14yrs 400m Individual Medley
6:29 PM	Introduction of Event 82 - Mens 15 Years 200m Breaststroke
6:30 PM	Mens 15 Years 200m Breaststroke
6:33 PM	Award Ceremony for Event 81 Womens 14 Years 200m Breaststroke
6:35 PM	Introduction of Event 83 - Womens 15 Years 200m Breaststroke
6:36 PM	Womens 15 Years 200m Breaststroke
6:39 PM	Award Ceremony for Event 82 Mens 15 Years 200m Breaststroke
6:41 PM	Introduction of Event 84 Mens 16 Years 200m Breaststroke
6:42 PM	Mens 16 Years 200m Breaststroke
6:45 PM	Award Ceremony for Event 83 Womens 15 Years 200m Breaststroke
6:47 PM	Introduction of Event 85 - Womens 16yrs 100m Breaststroke
6:48 PM	Womens 16yrs 100m Breaststroke
6:51 PM	Award Ceremony for Event 84 Mens 16 Years 200m Breaststroke
6:53 PM	Introduction of Event 85a- Womens 17 Years 100m Breaststroke
6:54 PM	Womens 17 Years 100m Breaststroke

FINALS SESSION - Day 4 - Tuesday 13th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:56 PM	Award Ceremony for Event 85 Womens 16 Years 100m Breaststroke
6:58 PM	Introduction of Event 85b- Womens 18 Years & Over 100m Breaststroke
6:59 PM	Womens 18 years & Over 100m Breaststroke
7:01 PM	Award Ceremony for Event 85a 17 Years 100m Breaststroke
7:03 PM	Introduction of Event 86 Mens 17 Years 100m Breaststroke
7:04 PM	Mens 17 Years 100m Breaststroke
7:06 PM	Award Ceremony for Event 85b Womens 18 Years & Over 100m Breaststroke
7:08 PM	Introduction of Event 86a Mens 18 Years 100m Breaststroke
7:09 PM	Mens 18 Years 100m Breaststroke
7:11 PM	Award Ceremony for Event 86 Mens 17 Years 100m Breaststroke
7:13 PM	Introduction for Event 86b- Mens 19 Years & Over 100m Breaststroke
7:14 PM	Mens 19 Years & Over 100m Breaststroke
7:16 PM	Award Ceremony for Event 86a - Mens 18 Years 100m Breaststroke
7:18 PM	Introduction of Event 87 - Womens 12/13yrs 50m Butterfly
7:19 PM	Womens 12/13yrs 50m Butterfly
7:20 PM	Award Ceremony for Event 86b Mens 19 Years & Over 100m Breaststroke
7:22 PM	Introduction of Event 88 - Mens 13/14yrs 50m Butterfly
7:23 PM	Mens 13/14yrs 50m Butterfly
7:24 PM	Award Ceremony for Event 87 Womens 12/13yrs 50m Butterfly
7:26 PM	Introduction of Event 89 - Womens 14yrs 400m Freestyle
7:27 PM	Womens 14yrs 400m Freestyle
7:32 PM	Award Ceremony for Event 88 Mens 13/14yrs 50m Butterfly
7:34 PM	Introduction of Event 90 - Mens 15yrs 400m Freestyle
7:36 PM	Mens 15yrs 400m Freestyle
7:41 PM	Award ceremony for Event 89 Womens 14yrs 400m Freestyle
7:43 PM	Introduction of Event 91 - Womens 12 & Over 50m MC Backstroke
7:44 PM	Womens 12 & Over 50m MC Backstroke
7:45 PM	Award Ceremony for Event 90 - Mens 15yrs 400m Freestyle
7:47 PM	Introduction of Event 92 - Mens 12 & Over 50m MC Backstroke
7:48 PM	Mens 12 & Over 50m MC Backstroke
7:51 PM	Introduction of Event 93 - Womens 15yrs & Over 800m Freestyle
7:53 PM	Womens 15yrs & Over 800m Freestyle
8:05 PM	Introduction of Event 94 - Mens 16yrs & Over 1500m Freestyle
8:06 PM	Mens 16yrs & Over 1500m Freestyle
8:22 PM	Award Ceremony for Event 93 - Womens 15yrs & Over 800m Freestyle
8:24 PM	Award Ceremony for Event 93 - Womens 15yrs & Over 800m Freestyle
8:26 PM	Award Ceremony for Event 93 - Womens 15yrs & Over 800m Freestyle
8:28 PM	Award Ceremony of Event 77 Womens 12 & Over 400m MC Freestyle
8:30 PM	Award Ceremony of Event 78 Mens 12 & Over 400m MC Freestyle
8:32 PM	Event 95 - Womens 15-17yrs 4x50m Freestyle Relay, Timed Finals (4 Heats)
8:41 PM	Event 96 - Mens 16-18yrs 4x50m Freestyle Relay, Timed Finals (4 Heats)
8:50 PM	Award Ceremony for Event 94 - Mens 16yrs & Over 1500m Freestyle
8:52 PM	Award Ceremony for Event 94 - Mens 16yrs & Over 1500m Freestyle
8:54 PM	Award Ceremony for Event 94 - Mens 16yrs & Over 1500m Freestyle
8:56 PM	Award Ceremony for Event 91 - Womens 12 & Over 50m MC Backstroke
8:58 PM	Award Ceremony for Event 92 - Mens 12 & Over 50m MC Backstroke
9:00 PM	Award Ceremony for Event 95 - Womens 15-17yrs 4x50m Freestyle Relay
9:02 PM	Award Ceremony for Event 96 - Mens 16-18yrs 4x50m Freestyle Relay



FINALS SESSION - Day 4 - Tuesday 13th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
9:04 PM	Swimmer Performance of the Day Award presentation
9:06 PM	Announcer asks Technical Officials to march off
9:08 PM	Announcer closes session





FINALS SESSION - Day 5 - Wednesday 14 December 2022
TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 97 - Womens 12-13yrs 50m Backstroke
5:30 PM	Womens 12-13yrs 50m Backstroke
5:31 PM	Introduction of Event 98 - Mens 13-14 Years 50m Backstroke
5:32 PM	Mens 13-14 Years 50m Backstroke
5:34 PM	Award Ceremony for Event 97 - Womens 12-13yrs 50m Backstroke
5:36 PM	Introduction of Event 99 - Womens 14 Years 50m Butterfly
5:37 PM	Womens 14 Years 50m Butterfly
5:38 PM	Award Ceremony for Event 98 Mens 13-14 Years 50m Backstroke
5:40 PM	Introduction of Event 100 - Mens 15 Years 50m Butterfly
5:41 PM	Mens 15 Years 50m Butterfly
5:42 PM	Award Ceremony for Event 99 Womens 14 Years 50m Butterfly
5:44 PM	Introduction of Event 101 - Womens 15 Years 100m Butterfly
5:45 PM	Womens 15 Years 100m Butterfly
5:47 PM	Award Ceremony for Event 100 Mens 15 Years 50m Butterfly
5:49 PM	Introduction of Event 102 Mens 16 Years 100m Butterfly
5:50 PM	Mens 16 Years 100m Butterfly
5:52 PM	Award Ceremony for Event 101 Womens 15 Years 100m Butterfly
5:54 PM	Introduction of Event 103 - Womens 12 Years & Over 50m Butterfly Multi-Class
5:55 PM	Womens 12 Years & Over 50m Butterfly Multi-Class
5:56 PM	Award Ceremony for Event 102 Mens 16 Years 100m Butterfly
5:58 PM	Introduction for Event 104 Mens 12 years & Over 50m Butterfly Multi-Class
5:59 PM	Mens 12 years & Over 50m Butterfly Multi-Class
6:03 PM	Introduction of Event 105 - Womens 16 Years 100m Backstroke
6:04 PM	Womens 16 Years 100m Backstroke
6:08 PM	Introduction of Event 105a- Womens 17 Years 100m Backstroke
6:09 PM	Womens 17 Years 100m Backstroke
6:11 PM	Award Ceremony for Event 105 Womens 16 Years 100m Backstroke
6:13 PM	Introduction of Event 105b- Womens 18 Years & Over 100m Backstroke
6:14 PM	Womens 18 years & Over 100m Backstroke
6:16 PM	Award Ceremony for Event 105a 17 Years 100m Backstroke
6:18 PM	Introduction of Event 106- Mens 17 Years 100m Backstroke
6:19 PM	Mens 17 Years 100m Backstroke
6:20 PM	Award Ceremony for Event 105b Womens 18 Years & Over 100m Backstroke
6:22 PM	Introduction of Event 106a- Mens 18 Years 100m Backstroke
6:23 PM	Mens 18 Years 100m Backstroke
6:25 PM	Award Ceremony for Event 106- Mens 17 Years 100m Backstroke
6:27 PM	Introduction for Event 106b- Mens 19 Years & Over 100m Backstroke
6:28 PM	Mens 19 Years & Over 100m Backstroke
6:30 PM	Award Ceremony for Event 106a- Mens 18 Years 100m Backstroke



FINALS SESSION - Day 5 - Wednesday 14 December 2022
TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:32 PM	Introduction of Event 107- Womens 12-13 Years 200m Freestyle
6:33 PM	Womens 12-13 Years 200m Freestyle
6:36 PM	Award Ceremony for Event 106b Mens 19 Years & Over 100m Backstroke
6:38 PM	Introduction of Event 108- Mens 13-14 Years 200m Freestyle
6:39 PM	Mens 13-14 Years 200m Freestyle
6:42 PM	Award Ceremony for Event 107 Womens 12-13 Years 200m Freestyle
6:44 PM	Introduction of Event 109- Womens 14 Years 100m Freestyle
6:45 PM	Womens 14 Years 100m Freestyle
6:47 PM	Award Ceremony for Event 108 Mens 13-14 Years 200m Freestyle
6:49 PM	Introduction of Event 110- Mens 15 Years 100m Freestyle
6:50 PM	Mens 15 Years 100m Freestyle
6:52 PM	Award Ceremony for Event 109 Womens 14 Years 100m Freestyle
6:54 PM	Introduction of Event 111- Womens 15 Years 400m Freestyle
6:55 PM	Womens 15 Years 400m Freestyle
7:00 PM	Award Ceremony for Event 110 Mens 15 Years 100m Freestyle
7:02 PM	Introduction of Event 112- Mens 16 Years 400m Freestyle
7:03 PM	Mens 16 Years 400m Freestyle
7:08 PM	Award Ceremony for Event 111 Womens 15 Years 400m Freestyle
7:10 PM	Introduction of Event 113- Womens 12 Years & Over 100m Backstroke Multi-Class
7:11 PM	Womens 12 Years & Over 100m Backstroke Multi-Class
7:13 PM	Award Ceremony for Event 112 Mens 16 Years 400m Freestyle
7:15 PM	Introduction of Event 114- Mens 12 Years & Over 100m Backstroke Multi-Class
7:16 PM	Mens 12 Years & Over 100m Backstroke Multi-Class
7:20 PM	Introduction of Event 115- Womens 16 Years 200m Butterfly
7:21 PM	Womens 16 Years 200m Butterfly
7:26 PM	Introduction of Event 115a- Womens 17 Years & Over 200m Butterfly
7:27 PM	Womens 17 Years & Over 200m Butterfly
7:30 PM	Award Ceremony for Event 115- Womens 16 Years 200m Butterfly
7:32 PM	Introduction of Event 116- Mens 17 Years 200m Butterfly
7:33 PM	Mens 17 Years 200m Butterfly
7:36 PM	Award Ceremony for Event 115a- Womens 17 Years & Over 200m Butterfly
7:38 PM	Introduction for Event 116a- Mens 18 Years & Over 200m Butterfly
7:39 PM	Mens 18 Years & Over 200m Butterfly
7:42 PM	Award Ceremony for Event 116- Mens 17 Years 200m Butterfly
7:44 PM	Introduction for Event 117- Womens 12/13 Years 100m Breaststroke
7:45 PM	Womens 12/13 Years 100m Breaststroke
7:47 PM	Award Ceremony for Event 116a Mens 18 Years & Over 200m Butterfly
7:49 PM	Introduction for Event 118- Mens 13/14 Years 100m Breaststroke
7:50 PM	Mens 13/14 Years 100m Breaststroke
7:52 PM	Award Ceremony for Event 117- Womens 12/13 Years 100m Breaststroke
7:54 PM	Introduction for Event 119- Womens 14 Years 400m Individual Medley
7:55 PM	Womens 14 Years 400m Individual Medley
8:00 PM	Award Ceremony for Event 118- Mens 13/14 Years 100m Breaststroke



FINALS SESSION - Day 5 - Wednesday 14 December 2022
TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
8:02 PM	Introduction for Event 120- Mens 15 years 400m Individual Medley
8:03 PM	Mens 15 years 400m Individual Medley
8:08 PM	Award Ceremony for Event 119- Womens 14 Years 400m Individual Medley
8:10 PM	Introduction for Event 121- Womens 15 Years 50m Breaststroke
8:11 PM	Womens 15 Years 50m Breaststroke
8:12 PM	Award Ceremony for Event 120- Mens 15 years 400m Individual Medley
8:14 PM	Introduction for Event 122- Mens 16 Years 50m Breaststroke
8:15 PM	Mens 16 Years 50m Breaststroke
8:16 PM	Award Ceremony for Event 121 Womens 15 Years 50m Breaststroke
8:18 PM	Award Ceremony for Event 103 Womens 12 Years & Over 50m Butterfly Multi-Class
8:20 PM	Award Ceremony for Event 104 Mens 12 Years & Over 100m Backstroke Multi-Class
8:22 PM	Event 123 - Womens 12-17 Years 4x100m Medley Relay, Timed Finals (4 Heats)
8:36 PM	Event 124 - Mens 13-18 Years 4x100m Medley Relay, Timed Finals (3 Heats)
8:48 PM	Award Ceremony for Event 122- Mens 16 Years 50m Breaststroke
8:50 PM	Award Ceremony for Event 113 Womens 12 Years & Over 100m Backstroke Multi-Class
8:52 PM	Award Ceremony for Event 114 Mens 12 Years & Over 100m Backstroke Multi-Class
8:54 PM	Award Ceremony for Event 123- Womens 12-17 Years 4x100m Medley Relay
8:56 PM	Award Ceremony for Event 124- Mens 13-18 Years 4x100m Medley Relay
8:58 PM	Swimmer Performance of the Day Award presentation
9:00 PM	Announcer asks Technical Officials to March Off
9:02 PM	Announcer closes session



FINALS SESSION - Day 6 - Thursday 15th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 125- Womens 16 Years 400m Individual Medley
5:30 PM	Womens 16 Years 400m Individual Medley
5:36 PM	Introduction of Event 125a- Womens 17 Years & Over 400m Individual Medley
5:37 PM	Womens 17 Years & Over 400m Individual Medley
5:42 PM	Award Ceremony for Event 125- Womens 16 Years 400m Individual Medley
5:44 PM	Introduction of Event 126- Mens 17 Years 400m Individual Medley
5:45 PM	Mens 17 Years 400m Individual Medley
5:50 PM	Award Ceremony for Event 125a- Womens 17 Years & Over 400m Individual Medley
5:52 PM	Introduction of Event 126a- Mens 18 Years & Over 400m Individual Medley
5:53 PM	Mens 18 Years & Over 400m Individual Medley
5:58 PM	Award Ceremony for Event 126- Mens 17 Years 400m Individual Medley
6:00 PM	Introduction of Event 127- Womens 12-13 Years 100m Freestyle
6:01 PM	Womens 12-13 Years Womens 100m Freestyle
6:02 PM	Award Ceremony for Event 126a- Mens 18 Years & Over 400m Individual Medley
6:04 PM	Introduction of Event 128- Mens 13-14 Years 100m Freestyle
6:05 PM	Mens 13-14 Years Boys 100m Freestyle
6:06 PM	Award Ceremony for Event 127 Womens 12-13 Years 100m Freestyle
6:08 PM	Introduction of Event 129- Womens 12 Years & Over 50m Breaststroke Multi-Class
6:09 PM	Womens 12 Years & Over 50m Breaststroke Multi-Class
6:11 PM	Award Ceremony for Event 128 Mens 13-14 Years 100m Freestyle
6:13 PM	Introduction of Event 130- Mens 12 Years & Over 50m Breaststroke Multi-Class
6:14 PM	Mens 12 Years & Over 50m Breaststroke Multi-Class
6:18 PM	Introduction of Event 131- Womens 15 Years 200m Freestyle
6:19 PM	Womens 15 Years 200m Freestyle
6:24 PM	Introduction of Event 132- Mens 16 Years 200m Freestyle
6:25 PM	Mens 16 Years 200m Freestyle
6:28 PM	Award Ceremony for Event 131 Womens 15 Years 200m Freestyle
6:30 PM	Introduction of Event 133- Womens 14 Years 50m Backstroke
6:31 PM	Womens 14 Years 50m Backstroke
6:32 PM	Award Ceremony for Event 132 Mens 16 Years 200m Freestyle
6:34 PM	Introduction of Event 134- Mens 15 Years 50m Backstroke
6:35 PM	Mens 15 Years 50m Backstroke
6:36 PM	Award Ceremony for Event 133 Womens 14 Years 50m Backstroke
6:38 PM	Introduction of Event 135- Womens 16 Years 100m Freestyle
6:39 PM	Womens 16 Years 100m Freestyle
6:40 PM	Award Ceremony for Event 134 Mens 15 Years 50m Backstroke
6:42 PM	Introduction of Event 135a- Womens 17 Years 100m Freestyle
6:43 PM	Womens 17 Years 100m Freestyle



FINALS SESSION - Day 6 - Thursday 15th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
6:44 PM	Award Ceremony for Event 135 Womens 16 Years 100m Freestyle
6:46 PM	Introduction of Event 135b- Womens 18 Years & Over 100m Freestyle
6:47 PM	Womens 18 Years & Over 100m Freestyle
6:48 PM	Award Ceremony for Event 135a Womens 17 Years 100m Freestyle
6:50 PM	Introduction of Event 136- Mens 17 Years 100m Freestyle
6:51 PM	Mens 17 Years 100m Freestyle
6:52 PM	Award Ceremony for Event 135b Womens 18 Years & Over 100m Freestyle
6:55 PM	Introduction of Event 136a- Mens 18 Years 100m Freestyle
6:56 PM	Mens 18 Years 100m Freestyle
6:57 PM	Award Ceremony for Event 136 Mens 17 Years 100m Freestyle
6:59 PM	Introduction of Event 136b- Mens 19 Years & Over 100m Freestyle
7:00 PM	Mens 19 Years & Over 100m Freestyle
7:01 PM	Award Ceremony for Event 136a Mens 18 years 100m Freestyle
7:03 PM	Introduction of Event 137- Womens 12/13 Years 200m Individual Medley
7:04 PM	Womens 12/13 Years 200m Individual Medley
7:07 PM	Award Ceremony for Event 136b Mens 19 Years & Over 100m Freestyle
7:09 PM	Introduction of Event 138- Mens 13-14 Years 200m Individual Medley
7:10 PM	Mens 13-14 Years 200m Individual Medley
7:13 PM	Award Ceremony for Event 137- Womens 12-13 Years 200m Individual Medley
7:15 PM	Introduction of Event 139- Womens 15 Years 50m Butterfly
7:16 PM	Womens 15 Years 50m Butterfly
7:17 PM	Award Ceremony for Event 138- Mens 13-14 Years 200m Individual Medley
7:19 PM	Introduction of Event 140- Mens 16 Years 50m Butterfly
7:20 PM	Mens 16 Years 50m Butterfly
7:21 PM	Award Ceremony for Event 139 Womens 15 Years 50m Butterfly
7:23 PM	Introduction of Event 141- Womens 14 Years 200m Individual Medley
7:25 PM	Womens 14 Years 200m Individual Medley
7:28 PM	Award Ceremony for Event 140 Mens 16 Years 50m Butterfly
7:30 PM	Introduction of Event 142- Mens 15 Years 200m Individual Medley
7:31 PM	Mens 15 Years 200m Individual Medley
7:34 PM	Award Ceremony for Event 141 Womens 14 Years 200m Individual Medley
7:36 PM	Introduction of Event 143- Womens 16 Years 50m Breaststroke
7:37 PM	Womens 16 Years 50m Breaststroke
7:38 PM	Award Ceremony for Event 142- Mens 15 Years 200m Individual Medley
7:40 PM	Introduction of Event 143a- Womens 17 Years 50m Breaststroke
7:41 PM	Womens 17 Years 50m Breaststroke
7:42 PM	Award Ceremony for Event 143- Womens 16 Years 50m Breaststroke
7:44 PM	Introduction of Event 143b- Womens 18 Years & Over 50m Breaststroke
7:45 PM	Womens 18 Years & Over 50m Breaststroke
7:46 PM	Award Ceremony for Event 143a-Womens 17 Years 50m Breaststroke
7:48 PM	Introduction of Event 144- Mens 17 Years 50m Breaststroke
7:49 PM	Mens 17 Years 50m Breaststroke



FINALS SESSION - Day 6 - Thursday 15th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
7:50 PM	Award Ceremony for Event 143b Womens 18 Years & Over 50m Breaststroke
7:52 PM	Introduction of Event 144a- Mens 18 Years 50m Breaststroke
7:53 PM	Mens 18 Years 50m Breaststroke
7:54 PM	Award Ceremony for Event 144- Mens 17 Years 50m Breaststroke
7:56 PM	Introduction of Event 144b- Mens 19 Years & Over 50m Breaststroke
7:57 PM	Mens 19 Years & Over 50m Breaststroke
7:58 PM	Award Ceremony for Event 144a- Mens 18 Years 50m Breaststroke
8:00 PM	Introduction of Event 145- Womens 15 Years 100m Breaststroke
8:01 PM	Womens 15 Years 100m Breaststroke
8:03 PM	Award Ceremony for Event 144b- Mens 19 Years & Over 50m Breaststroke
8:05 PM	Introduction of Event 146- Mens 16 Years 100m Breaststroke
8:06 PM	Mens 16 Years 100m Breaststroke
8:08 PM	Award Ceremony for Event 129 Womens 12 Years & Over 50m Breaststroke Multi-Class
8:10 PM	Award Ceremony for Event 130 Mens 12 Years & Over 50m Breaststroke Multi-Class
8:12 PM	Award Ceremony for Event 145 Womens 15 Years 100m Breaststroke
8:14 PM	Award Ceremony for Event 146 Mens 16 Years 100m Breaststroke
8:16 PM	Swimmer Performance of the Day Award presentation
8:18 PM	Announcer asks Technical Officials to march off
8:20 PM	Announcer closes the Championships



FINALS SESSION - Day 7 - Friday 16th December 2022

TO BE USED AS A GUIDELINE ONLY

Order of events and times may alter at the discretion of the Technical Manager

Start Time	Activity
4:00 PM	Pool Opens
4:00 PM	Warm Up Commences
5:15 PM	Warm Up Ends in Competition Pool
5:27 PM	Technical Officials march on
5:29 PM	March on & Introduction of Event 147 Womens 14 Years 200m Butterfly
5:30 PM	Womens 14 Years 200m Butterfly
5:33 PM	Introduction of Event 148 Mens 15 Years 200m Butterfly
5:34 PM	Mens 15 Years 200m Butterfly
5:37 PM	Award Ceremony for Event 147 Womens 14 Years 200m Butterfly
5:39 PM	Introduction of Event 149 Womens 15 Years 400m Individual Medley
5:40 PM	Womens 15 Years 400m Individual Medley
5:46 PM	Award Ceremony for Event 148 Mens 15 Years 200m Butterfly
5:49 PM	Introduction of Event 150 Mens 16 Years 400m Individual Medley
5:50 PM	16 Years 400m Individual Medley
5:56 PM	Award Ceremony for Event 149 Womens 15 Years 400m Individual Medley
5:58 PM	Introduction of Event 151 Womens 16 Years 200m Backstroke
5:59 PM	Womens 16 Years 200m Backstroke
6:02 PM	Award Ceremony for Event 150 Mens 16 Years 400m Individual Medley
6:04 PM	Introduction of Event 151a Womens 17 Years & Over 200m Backstroke
6:05 PM	Womens 17 Years & Over 200m Backstroke
6:08 PM	Award Ceremony for Event 151 Womens 16 Years 200m Backstroke
6:10 PM	Introduction of Event 152 Mens 17 Years 200m Backstroke
6:11 PM	Mens 17 Years 200m Backstroke
6:14 PM	Award Ceremony for Event 151a Womens 17 Years & Over 200m Backstroke
6:16 PM	Introduction of Event 152a Mens 18 Years & Over 200m Backstroke
6:17 PM	18 Years & Over 200m Backstroke
6:19 PM	Award Ceremony for Event 152 Mens 17 Years 200m Backstroke
6:21 PM	Introduction of Event 153 Womens 12-13 Years 200m Breaststroke
6:22 PM	Womens 12-13 Years 200m Breaststroke
6:25 PM	Award Ceremony for Event 152a Mens 18 Years & Over 200m Backstroke
6:27 PM	Introduction of Event 154 Mens 13-14 Years 200m Breaststroke
6:28 PM	Mens 13-14 Years 200m Breaststroke
6:31 PM	Award Ceremony for Event 153 Womens 12-13 Years 200m Breaststroke
6:33 PM	Introduction of Event 155 Womens 14 Years 100m Backstroke
6:34 PM	Womens 14 Years 100m Backstroke
6:36 PM	Award Ceremony for Event 154 Mens 13-14 Years 200m Breaststroke
6:38 PM	Introduction of Event 156 Mens 15 Years 100m Backstroke
6:39 PM	Mens 15 Years 100m Backstroke
6:41 PM	Award Ceremony for Event 155 Womens 14 Years 100m Backstroke

6:43 PM	Introduction of Event 157 Womens 15 Years 200m Backstroke
6:44 PM	Womens 15 Years 200m Backstroke
6:47 PM	Award Ceremony for Event 156 Mens 15 Years 100m Backstroke
6:49 PM	Introduction of Event 158 Mens 16 Years 200m Backstroke
6:50 PM	Mens 16 Years 200m Backstroke
6:53 PM	Award Ceremony for Event 157 Womens 15 Years 200m Backstroke
6:55 PM	Introduction of Event 159 Womens 16 Years 100m Butterfly
6:56 PM	Womens 16 Years 100m Butterfly
6:57 PM	Award Ceremony for Event 158 Mens 16 Years 200m Backstroke
7:00 PM	Introduction of Event 159a Womens 17 Years 100m Butterfly
7:01 PM	Womens 17 Years 100m Butterfly
7:02 PM	Award Ceremony for Event 159 Womens 16 Years 100m Butterfly
7:04 PM	Introduction of Event 159b Womens 18 Years & Over 100m Butterfly
7:05 PM	Womens 18 Years & Over 100m Butterfly
7:06 PM	Award Ceremony for Event 159a Womens 17 Years 100m Butterfly
7:08 PM	Introduction of Event 160 Mens 17 Years 100m Butterfly
7:09 PM	Mens 17 Years 100m Butterfly
7:10 PM	Award Ceremony for Event 159b Womens 18 Years & Over 100m Butterfly
7:12 PM	Introduction of Event 160a Mens 18 Years 100m Butterfly
7:13 PM	Mens 18 Years 100m Butterfly
7:14 PM	Award Ceremony for Event 160 Mens 17 Years 100m Butterfly
7:16 PM	Introduction of Event 160b Mens 19 Years & Over 100m Butterfly
7:17 PM	Mens 19 Years & Over 100m Butterfly
7:18 PM	Award Ceremony for Event 160a Mens 18 Years 100m Butterfly
7:20 PM	Introduction of Event 161 Womens 12-14 Years 1500m Freestyle (Timed Final)
7:21 PM	Womens 12-14 Years 1500m Freestyle (Timed Final)
7:40 PM	Award Ceremony for Event 160b Mens 19 Years & Over 100m Butterfly
7:42 PM	Introduction of Event 162 Mens 13-15 Years 800m Freestyle (Timed Finals)
7:43 PM	Mens 13-15 Years 800m Freestyle (Timed Finals)
7:53 PM	Award Ceremony for Event 161 Womens 12-14 Years 1500m Freestyle
7:55 PM	Event 163- Womens 12 Years & Over 10x50m Freestyle Relay Timed Finals (3 Heats)
8:11 PM	Event 134 - Mens 13 Years & Over 10x50m Freestyle Relay- Timed Finals (2 Heats)
8:22 PM	Award Ceremony for Event 162 Mens 13-15 Years 800m Freestyle
8:24 PM	Swimmer Performance of the Day Award presentation
8:26 PM	Award Ceremony for Event 163 Womens 12 Years & Over 10x50m Freestyle Relay
8:28 PM	Award Ceremony for Event Mens 13 Years & Over 10x50m Freestyle Relay
8:30 PM	Award Ceremony for SNSW Senior State Age Championship Club Pointscore
8:32 PM	Announcer asks Technical Officials to march off
8:34 PM	Announcer closes the Championships