

Event 45 Boys 18 & Over 400 LC Meter Freestyle

NSW: 3:40.17 22/07/2001 IAN THORPE AUSTRALIA
NSW A/C: 3:42.84 3/04/2015 MACK HORTON MELBOURNE VIC CENTRE
TITLEHOLDER: 3:53.61 10/12/2022 Matthew Galea SOPAC

Meet Qualifying: 4:26.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 Finals

0	Toisuta, Joshua	21	Acu Blacktown	4:12.42	_____	_____
1	Shumack, Ryan	20	AquaBlitz Toongabbie	4:09.03	_____	_____
2	Liney, Euan	19	Knox Pymble	4:07.17	_____	_____
3	Krstevski, Bailey	19	Wests Illawarra	4:04.50	_____	_____
4	Dryer, Caleb	19	Trinity Grammar	4:00.95	_____	_____
5	Guthrie, Cormac	24	Sydney University	4:02.18	_____	_____
6	Manolopoulos (V), Harry	18	Marion	4:07.09	_____	_____
7	Wilkes, Ryan	21	Sydney University	4:08.51	_____	_____
8	Smith, Regan	19	Wests Illawarra	4:11.34	_____	_____
9	Henderson, Fergus	23	Sydney University	4:15.77	_____	_____

Alternates

1	McCleery, Jackson	18	Cranbrook	4:17.57	_____	_____
2	Winn, Kyan	19	Manly	4:17.67	_____	_____

Event 46 Girls 18 & Over 400 LC Meter Freestyle

NSW: 4:08.86 28/05/1988 SHERIDAN BURGE-LOPEZ CARLILE
NSW A/C: 4:06.21 23/03/2008 KYLIE PALMER ALBANY CREEK
TITLEHOLDER: 4:14.78 10/12/2022 MADELEINE GOUGH CARLILE

Meet Qualifying: 4:47.50

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 of 1 Timed Finals

0	Fawer, Jasmine	19	Engadine	4:47.29	_____	_____
1	Amies, Jordan	19	Sopac	4:38.61	_____	_____
2	O'Brien, Amelia	19	Sans Souci Sea Devils	4:30.94	_____	_____
3	Locke, Sarah	19	Wests Illawarra	4:27.27	_____	_____
4	Essam, Jacinta	22	Acu Blacktown	4:23.58	_____	_____
5	Martin, Tayla	24	Carlile	4:24.99	_____	_____
6	Turner, Gladys	19	Cranbrook	4:27.86	_____	_____
7	Maythers, Emily	22	Revesby Workers	4:35.81	_____	_____
8	Fawer, Zoe	19	Engadine	4:42.94	_____	_____



Event 47 Boys 12-14 100 LC Meter Backstroke

12 NSW:	1:01.39	24/01/1991	JARROD ANTHONY	BHP HUNTER
12 NSW A/C:	1:00.57	10/04/2010	NICHOLAS GROENEWALD	NUNAWADING
13 NSW:	1:00.42	19/04/2014	LEON MACALISTER	CARLILE
13 NSW A/C:	59.55	15/01/2009	KEITA SUNAMA	JAPAN
14 NSW:	57.90	13/04/2015	LEON MACALISTER	CARLILE
14 NSW A/C:	57.62	17/02/2008	KEISUKE OYAMA	JAPAN
14 TITLEHOLDER:	59.87	12/12/2022	LACHLAN DAVIES	WARRINGAH

Meet Qualifying 12: 1:18.00

Meet Qualifying 13: 1:15.00

Meet Qualifying 14: 1:13.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 12 Year Olds A - Final

0	Bone, Ashton	12	Gosford Stingrays	1:14.07	_____	_____
1	Wang, Eddie	12	Carlile	1:13.39	_____	_____
2	Wirth, Connor	12	Trinity Grammar	1:12.98	_____	_____
3	Makira, Carter	12	Carlile	1:10.77	_____	_____
4	Miles, Xavier	12	Narooma	1:06.74	_____	_____
5	Samokhin, Jacob	12	Nuswim	1:08.88	_____	_____
6	Park, Gabriel	12	Sopac	1:12.89	_____	_____
7	Sangrung, Justin	12	Revesby Workers	1:13.06	_____	_____
8	Vaughan, Maximilian	12	Sopac	1:13.71	_____	_____
9	Trethan, Flynn	12	Nuswim	1:14.38	_____	_____

Alternates 12 Year Olds

1	Zhang, Ao Ran	12	Knox Pymble	1:15.06	_____	_____
2	Rosenfeld, Jake	12	Maccabi	1:15.51	_____	_____

Heat 2 13 Year Olds A - Final

0	McDermott, Kye	13	Mingara Aquatic	1:08.71	_____	_____
1	Clayton, Maximilian	13	Trinity Grammar	1:07.39	_____	_____
2	Skrabak, Samuel	13	Revesby Workers	1:07.24	_____	_____
3	Potts, Charlie	13	Valley Aquatic	1:05.68	_____	_____
4	Kemp, Noah	13	Windsor	1:04.39	_____	_____
5	Chen, Luke	13	Narrabeen	1:04.72	_____	_____
6	Moore, Max	13	Knox Pymble	1:06.29	_____	_____
7	Schipp, Jayden	13	Revesby Workers	1:07.27	_____	_____
8	Cole, Mathieu	13	Knox Pymble	1:07.60	_____	_____
9	Robrahn, Chase	13	Bathurst Swimming Academy	1:08.76	_____	_____

Alternates 13 Year Olds

1	Gunawan, Kenzo	13	Randwick City	1:10.04	_____	_____
2	Haines, Henry	13	Kincoppal-Rose Bay	1:10.14	_____	_____

Heat 3 14 Year Olds A - Final

0	Feng (V), Andrew	14	Auckland Swimming	1:04.06	_____	_____
1	Mccreadie, Jake	14	Wests Illawarra	1:03.97	_____	_____
2	Bone, Bodi	14	Charlestown	1:03.56	_____	_____
3	Montana, Christopher	14	Trinity Grammar	1:02.94	_____	_____
4	Lee, Luke	14	Plc Sydney	1:02.18	_____	_____
5	Dunn, Lukas	14	Knox Pymble	1:02.57	_____	_____
6	Bestic, William	14	Shore	1:03.37	_____	_____
7	Boyle, Jake	14	Engadine	1:03.69	_____	_____
8	Haegaert, Ethan	14	Knox Pymble	1:04.01	_____	_____
9	Hall, Billy	14	Novocastrian	1:04.14	_____	_____

Alternates 14 Year Olds

1	Csillag, Luke	14	Lower Blue Mountains	1:05.45	_____	_____
2	Tuioi, Kobe	14	Campbelltown	1:05.68	_____	_____

Event 48 Girls 12-14 100 LC Meter Backstroke

12 NSW:	1:06.42	14/03/2020	ANNIKA FOWLER	MANLY
12 NSW A/C:	1:06.32	19/04/2014	KAYLEE MCKEOWN	PELICAN WATERS
13 NSW:	1:04.49	29/04/2003	STEPHANIE WILLIAMS	UNITED
13 NSW A/C:	1:02.23	13/04/2015	KAYLEE MCKEOWN	PELICAN WATERS
13 TITLEHOLDER:	1:07.04	12/12/2022	HEIDI SHUMACK	SOPAC
14 NSW:	1:03.10	12/04/2013	MONIQUE RAE	CRANBROOK EASTERN EDGE
14 NSW A/C:	1:01.18	3/04/2015	MINNA ATHERTON	BRISBANE GRAMMAR
14 TITLEHOLDER:	1:06.39	16/12/2022	MILLA LAWRENCE	BARKER

Meet Qualifying 12: 1:19.00

Meet Qualifying 13: 1:17.00

Meet Qualifying 14: 1:15.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 12 Year Olds A - Final

0	Bransdon, Riley	12	Woden Valley	1:14.40	_____	_____
1	Corbett, Kelsey	12	St George	1:14.18	_____	_____
2	Whitton, Alexis	12	Gunnedah	1:13.96	_____	_____
3	Murakami, Lily	12	Atlantis	1:13.20	_____	_____
4	Lim, Charlotte	12	Plc Sydney	1:09.98	_____	_____
5	Chia, Megan	12	Knox Pymble	1:12.47	_____	_____
6	Ng, Emma	12	Carlile	1:13.37	_____	_____
7	Lawrence, Neve	12	Barker Aquatic	1:14.10	_____	_____
8	Cashman, Gemma	12	Kinross Wolaroi	1:14.24	_____	_____
9	Gordon, Bridie	12	Coffs Harbour	1:14.55	_____	_____

Alternates 12 Year Olds

1	Mortimer, Elka	12	Tivoli	1:15.61	_____	_____
2	Yu, Olivia	12	Trinity Grammar	1:16.50	_____	_____

Heat 2 13 Year Olds A - Final

0	Driver, Adelaide	13	Woden Valley	1:11.59	_____	_____
1	Murray, Laylah	13	North Albury	1:11.09	_____	_____
2	Young, Lily	13	Woden Valley	1:09.75	_____	_____
3	Hamilton, Nafanua	13	Ginninderra	1:09.34	_____	_____
4	Barry, Kaitlin	13	Carlile	1:08.34	_____	_____
5	Hamilton, Sophie	13	Novocastrian	1:08.85	_____	_____
6	Hill, Lulu	13	Warringah	1:09.74	_____	_____
7	Kazda, Sophie	13	Sydney University	1:10.62	_____	_____
8	Treadwell, Olivia	13	Trinity Grammar	1:11.47	_____	_____
9	Gaudry, Chloe	13	Wenona	1:11.86	_____	_____

Alternates 13 Year Olds

1	Roberts, Franki	13	Nuswim	1:11.91	_____	_____
2	Messner, Abbie	13	Dubbo City Swimtech	1:12.15	_____	_____

Heat 3 14 Year Olds A - Final

0	Mak, Audrey	14	Leichhardt	1:09.57	_____	_____
1	Ostapenko, Maya	14	Carlile	1:08.90	_____	_____
2	Mulcahy, Isobel	14	Carlile	1:08.36	_____	_____
3	Plummer, Jaslyn	14	Warringah	1:07.66	_____	_____
4	Donelan, Abbie	14	Wagga Wagga	1:07.17	_____	_____
5	Barbour, Charli	14	Manly	1:07.63	_____	_____
6	Liu (V), Arissa	14	Auckland Swimming	1:08.18	_____	_____
7	Joyce, Matilda	14	AquaBlitz Toongabbie	1:08.46	_____	_____
8	Dodwell, Stella	14	St Catherine's	1:09.51	_____	_____
9	Gonzalo, Rebecca	14	Manly	1:09.75	_____	_____

Alternates 14 Year Olds... (Event 48 Girls 12-14 100 LC Metre Backstroke)

1	McCullough, Pippa	14	Warringah	1:10.10	_____	_____
2	Dodunski (V), Frankie	14	Auckland Swimming	1:10.85	_____	_____

Event 49 Boys 15-17 200 LC Meter Breaststroke

15 NSW:	2:14.71	27/08/2014	MATTHEW WILSON	AUSTRALIA
15 NSW A/C:	2:15.50	15/05/2015	IPPEI MIYAMOTO	JAPAN
15 TITLEHOLDER:	2:22.73	13/12/2022	MATTHEW KIM	SOPAC
16 NSW:	2:11.23	25/08/2015	MATTHEW WILSON	AUSTRALIA
16 NSW A/C:	2:11.81	2/03/2014	IPPEI WATANABE	JAPAN
16 TITLEHOLDER:	2:21.81	13/12/2022	BAILEY SCREEN	WARRINGAH
17 NSW:	2:09.90	7/04/2016	MATTHEW WILSON	SOPAC
17 NSW A/C:	2:11.34	6/03/2016	MATTHEW WILSON	SOPAC
17 TITLEHOLDER:	2:29.92	10/12/2022	TYLER JOHNSON	WARRINGAH

Meet Qualifying 15: 2:54.50

Meet Qualifying 16: 2:51.50

Meet Qualifying 17: 2:47.50

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 15 Year Olds A - Final

0	Cashman, Brodie	15	Kinross Wolaroi	2:40.07	_____	_____
1	Lewis, Samuel	15	Wollongong	2:39.02	_____	_____
2	Elemento, Alessandro	15	Sopac	2:37.67	_____	_____
3	Brownlie, William	15	Mlc Marlins	2:37.50	_____	_____
4	Tancred, Harrison	15	AquaBlitz Toongabbie	2:30.26	_____	_____
5	Kelso, James	15	City of Sydney	2:32.13	_____	_____
6	Vaccaro, Alessandro	15	North Albury	2:37.53	_____	_____
7	Dossetter-Smith (V), Mason	15	Marion	2:38.90	_____	_____
8	Gavin, Nicholas	15	Nuswim	2:40.04	_____	_____
9	Galvins, Emils	15	Sopac	2:40.70	_____	_____

Alternates 15 Year Olds

1	Stockley, Jack	15	Knox Pymble	2:40.74	_____	_____
2	Bellas, Matthew	15	Picton	2:42.45	_____	_____

Heat 2 16 Year Olds A - Final

0	Wang, Justin	16	Carlile	2:35.09	_____	_____
1	Napoli, James	16	Lane Cove	2:32.58	_____	_____
2	Kreutzberger, Oscar	16	North Albury	2:29.03	_____	_____
3	Barton (V), Edward	16	Marion	2:27.33	_____	_____
4	Kim, Matthew	16	Sopac	2:25.74	_____	_____
5	Nam, Jonathan	16	Trinity Grammar	2:27.01	_____	_____
6	Cane, Ned	16	Sopac	2:28.57	_____	_____
7	Gellatly, Jordan	16	Nuswim	2:31.71	_____	_____
8	Zavetsanos, Kade	16	City of Sydney	2:32.70	_____	_____
9	Amin, Malik	16	Acu Blacktown	2:35.99	_____	_____

Alternates 16 Year Olds

1	Irwin, Dylan	16	Acu Blacktown	2:38.79	_____	_____
2	Murray, Alexander	16	Cruiz	2:38.90	_____	_____

Heat 3 17 Year Olds A - Final... (Event 49 Boys 15-17 200 LC Metre Breaststroke)

0	Smith, Lucas	17	Leichhardt	2:40.72	_____	_____
1	Toia, Christian	17	Sopac	2:35.19	_____	_____
2	Phang, Zhi Yong	17	The Hills	2:33.44	_____	_____
3	Higgs, Samuel	17	Warringah	2:32.04	_____	_____
4	Kerves, Jack	17	Cranbrook	2:26.73	_____	_____
5	Hayashi, Waylon	17	Canberra	2:31.57	_____	_____
6	Peacock, Brodie	17	North Albury	2:32.71	_____	_____
7	Young, Cobi	17	Nuswim	2:35.14	_____	_____
8	Davies, Kyan	17	AquaBlitz Toongabbie	2:38.27	_____	_____
9	Street, Lochlan	17	Swimwest	2:46.59	_____	_____

Alternates 17 Year Olds

1	Watts, Hayden	17	Bankstown Sports	2:49.45	_____	_____
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Event 50 Boys 18 & Over 100 LC Meter Butterfly

NSW: 52.09 21/03/2012 JAYDEN HADLER SOPAC
NSW A/C: 52.44 22/09/2000 IAN CROCKER USA
TITLEHOLDER: 57.52 16/12/2022 JOSHUA REED NUSWIM

Meet Qualifying: 1:01.50

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 Finals Finals						
0	Mooney, Jamie	19	Wagga Wagga	56.66	_____	_____
1	Caddy, Reece	21	Hunter	54.72	_____	_____
2	Maher, Zach	22	Carlisle	54.40	_____	_____
3	Quach, Alex	22	Sopac	53.85	_____	_____
4	Simpson (V), Cody	26	Griffith University	52.26	_____	_____
5	Champion, Shaun	23	Abbotsleigh	52.50	_____	_____
6	Hamson, Joseph	20	Knox Pymble	54.29	_____	_____
7	Lilienthal, Kai	18	Knox Pymble	54.68	_____	_____
8	McLellan, Hamish	19	Warringah	55.98	_____	_____
9	Mackay, Lachlan	21	Nuswim	56.69	_____	_____

Alternates

1	Oldham, Max	19	Sydney University	56.70	_____	_____
2	Rothwell, Harrison	18	Manly	56.86	_____	_____

Event 51 Girls 18 & Over 100 LC Meter Butterfly

NSW: 1:00.04 11/01/2013 EMMA MCKEON WESTS ILLAWARRA
NSW A/C: 57.76 1/03/2014 MADELINE GROVES ST PETERS WESTERN
TITLEHOLDER: 1:02.98 16/12/2022 CLAUDIA FYDLER KNOX PYMBLE

Meet Qualifying: 1:09.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 Finals						
0	Wilson, Lauren	28	Manly	1:05.77	_____	_____
1	O'Brien, Amelia	19	Sans Souci Sea Devils	1:03.57	_____	_____
2	van Zoggel, Anneke	19	Sopac	1:02.92	_____	_____
3	Hardy, Kayla	20	Cruiz	1:01.30	_____	_____
4	Grant, Bella	18	Trinity Grammar	59.93	_____	_____
5	Webb, Abbey	22	Cruiz	1:01.10	_____	_____
6	Clark, Amber	19	Nuswim	1:02.82	_____	_____
7	Brown, Sydney	19	Knox Pymble	1:03.36	_____	_____
8	Smith, Frances	22	Sydney University	1:03.99	_____	_____
9	Maythers, Emily	22	Revesby Workers	1:06.42	_____	_____

Alternates

1	Van Eldik, Kelsey	18	Charlestown	1:06.90	_____	_____
2	Mramor, Gabriella	18	Sans Souci Sea Devils	1:07.06	_____	_____



Event 52 Boys 12 & Over 50 LC Meter Backstroke Multi-Class

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Event 52 Boys 12 & Over 50 LC Metre Backstroke Multi-Class Multi-Class

17&O TITLEHO: 28.41 16/12/2022 Alexander Foreman

Lane	Name	Age	Team	KPD Prelims	Finals	Place
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Heat 1 - Final

0	Togher, Liam S9	14	Knox Pymble	37.28	_____	_____
1	Rigby, Daniel S9	16	Knox Pymble	36.15	_____	_____
2	Van Stralen, Jayden S14	15	Picton	36.02	_____	_____
3	Keane, Harry S14	16	Wagga Wagga	33.61	_____	_____
4	Budd, Declan S14	16	Knox Pymble	30.08	_____	_____
5	Carey, Jack S15	16	Sopac	33.11	_____	_____
6	Bradshaw, William S19	16	Stroud Seals	34.66	_____	_____
7	Longley, Anzac S19	14	Cruiz	36.04	_____	_____
8	Gibson, Knox S9	16	Orange Aquatic	36.78	_____	_____
9	Ouf, Ibrahim S8	15	Acu Blacktown	41.83	_____	_____

Heat 2 - Final

0	Gardiner, Samuel S14	17	Nepean Aquatic	44.79	_____	_____
1	Smith, Kaden S14	20	Revesby Workers	34.49	_____	_____
2	Swinbourne, Matthew S14	21	Knox Pymble	33.90	_____	_____
3	Dyer, Jarred S14	23	Dapto	32.94	_____	_____
4	Tuckfield, Alexander S10	19	Southern Sydney	32.04	_____	_____
5	Hughes, Henry S15	19	Kincoppal-Rose Bay	32.79	_____	_____
6	Blockey, Ethan S14	17	Macksville Marlins	33.06	_____	_____
7	Lau, Lachlan S14	18	St George	33.91	_____	_____
8	Ahern, Luke S9	20	Nepean Aquatic	39.49	_____	_____



Event 53 Girls 12 & Over 50 LC Meter Backstroke Multi-Class

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 Final						
0	Woods, Kirrily S6	15	Ravenswood	59.26	_____	_____
1	Cockburn, Elizabeth S9	15	Young	44.91	_____	_____
2	Green, Ali S10	15	Ascham School	42.61	_____	_____
3	Gillespie, Alyssa S10	15	Narrabeen	41.96	_____	_____
4	Bruzzese, Stephanie S14	16	Plc Sydney	36.54	_____	_____
5	Sellick, Gemma S9	13	Warringah	38.14	_____	_____
6	Pratt, Emilee S9	14	Novocastrian	42.53	_____	_____
7	Pasko, Dorothy S10	12	North Albury	43.72	_____	_____
8	Rosser, Jessica S6	14	Dapto	56.78	_____	_____
9	Bealing, Georgia S7	16	Wenona	1:02.61	_____	_____
Heat 2 Final						
0	Oates, Chloe S9	21	Macquarie University	54.47	_____	_____
1	Wood, Rylee S19	31	Southern Sydney	44.34	_____	_____
2	Fawer, Michelle S10	19	Engadine	36.32	_____	_____
3	Parkinson, Caitlin S19	18	Revesby Workers	35.98	_____	_____
4	Price, Hannah S10	19	Campbelltown	34.40	_____	_____
5	Corry, Taylor	28	Kincumber Pacific Dolphins	34.59	_____	_____
6	Apthorpe, Iesha S19	19	Nuswim	36.03	_____	_____
7	Jessen, Krystal S14	17	AquaBlitz Toongabbie	37.22	_____	_____
8	Ozols, Vanessa S14	18	AquaBlitz Toongabbie	45.84	_____	_____



Event 54 Girls 15-17 200 LC Meter Breaststroke

15 NSW:	2:28.59	26/03/2008	SAMANTHA MARSHALL	COOK & PHILLIP
15 NSW A/C:	2:24.21	20/09/2000	QI HUI	CHINA
15 TITLEHOLDER:	2:38.48	13/12/2022	Mia Burdack	SOPAC
16 NSW:	2:27.99	9/01/2009	SAMANTHA MARSHALL	AUSTRALIA
16 NSW A/C:	2:28.63	1/03/2014	GEORGIA BOHL	ST PETERS WESTERN
16 TITLEHOLDER:	2:38.11	10/12/2022	ISABELLA JOHNSON	SOPAC
17 NSW:	2:31.71	16/01/2010	SAMANTHA MARSHALL	CRANBROOK EASTERN EDGE
17 NSW A/C:	2:22.46	23/02/2014	EMMA HARRIS	WODEN

Meet Qualifying 15: 3:07.00

Meet Qualifying 16: 3:05.50

Meet Qualifying 17: 3:02.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 15 Year Olds A - Final

0	Mcpartland, Jennifer	15	Mlc Marlins	2:52.07	_____	_____
1	Bresler, Marguerite	15	Corrimal	2:50.86	_____	_____
2	Bates (V), Olivia	15	Auckland Swimming	2:48.96	_____	_____
3	Smith, Keeley	15	Macksville Marlins	2:46.40	_____	_____
4	Rae, Isabelle	15	Albury Amateur	2:40.14	_____	_____
5	Williams, Naomi	15	Cruiz	2:44.66	_____	_____
6	McBrien, Gabriella	15	Norwest	2:46.80	_____	_____
7	Brown, Claudia	15	Sopac	2:49.91	_____	_____
8	Low, Megan	15	Woy Woy	2:51.12	_____	_____
9	Baker Wood, Georgia	15	Cranbrook	2:52.36	_____	_____

Alternates 15 Year Olds

1	Espert, Amelia	15	Charlestown	2:52.39	_____	_____
2	Perini, Phoebe	15	Albury Amateur	2:53.08	_____	_____

Heat 2 16 Year Olds A - Final

0	Bruce, Joely	16	The Hills	2:47.74	_____	_____
1	Burdack, Mia	16	Sopac	2:47.07	_____	_____
2	Mcguigan, Lara	16	Kinross Wolaroi	2:45.27	_____	_____
3	Kopellou, Rafaela	16	Sopac	2:42.27	_____	_____
4	Mounter, Ella	16	Nuswim	2:36.51	_____	_____
5	Rollason, Ava	16	Cruiz	2:41.89	_____	_____
6	Nagai, Yuna	16	Cranbrook	2:43.91	_____	_____
7	Allen, Rachel	16	Cruiz	2:46.95	_____	_____
8	Lockhart, Lily	16	Knox Pymble	2:47.54	_____	_____
9	Diego, Ellie	16	Sopac	2:47.78	_____	_____

Alternates 16 Year Olds

1	Whalan, Sienna	16	Kinross Wolaroi	2:48.80	_____	_____
2	Pope, Addison	16	Wagga Wagga	2:49.25	_____	_____

Heat 3 17 Year Olds A - Final

0	Sotiropoulos, Marigold	17	Manly	2:57.66	_____	_____
1	Henderson, Jessica	17	St George	2:53.15	_____	_____
2	Irvine, Talika	17	West's Illawarra	2:50.70	_____	_____
3	Costa, Valentina	17	Charlestown	2:46.62	_____	_____
4	Johnson, Isabella	17	Cruiz	2:39.76	_____	_____
5	Zhang, Bella	17	Knox Pymble	2:43.24	_____	_____
6	Chmiel (V), Hope	17	Vikings Swim Club Inc	2:48.00	_____	_____
7	Hollingworth, Darcy	17	Lower Blue Mountains	2:52.32	_____	_____
8	Brown, Scarlett	17	Sopac	2:53.35	_____	_____
9	Morphew-Watson, Teneke	17	Nelson Bay	2:59.12	_____	_____

Alternates 17 Year Olds... (Event 54 Girls 15-17 200 LC Metre Breaststroke)

1	Murray, Alexandra	17	Manly	3:03.31	_____	_____
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Event 55 Boys 12-14 200 LC Meter Freestyle

12 NSW:	2:01.10	14/04/2014	NICK JENNENS	CARLILE	
12 NSW A/C:	2:01.10	14/04/2014	NICK JENNENS	CARLILE	
13 NSW:	1:57.46	13/04/2015	NICK JENNENS	CARLILE	
13 NSW A/C:	1:57.27	14/04/2014	ELIJAH WINNINGTON	PALM BEACH	
14 NSW:	1:50.07	5/10/1997	IAN THORPE	PADSTOW	
14 NSW A/C:	1:53.15	16/02/2008	YUUKI KOBORI	JAPAN	
14 TITLEHOLDER:	1:56.89	14/12/2022	LUKE HIGGS	WARRINGAH	

Meet Qualifying 12: 2:22.00

Meet Qualifying 13: 2:15.00

Meet Qualifying 14: 2:11.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 12 Year Olds A - Final

1	Makira, Carter	12	Carlile	2:20.14	_____	_____
2	Harvey, Landon	12	Kincoppal-Rose Bay	2:16.00	_____	_____
3	Ayer, Harrison	12	Wenona	2:13.24	_____	_____
4	Samokhin, Jacob	12	Nuswim	2:08.71	_____	_____
5	Bone, Ashton	12	Gosford Stingrays	2:12.87	_____	_____
6	Wang, Eddie	12	Carlile	2:13.47	_____	_____
7	Liu, Eddy	12	Trinity Grammar	2:20.04	_____	_____
8	Kim, Edward	12	Norwest	2:22.47	_____	_____

Heat 2 13 Year Olds A - Final

0	Schipp, Jayden	13	Revesby Workers	2:10.16	_____	_____
1	Clayton, Maximilian	13	Trinity Grammar	2:09.50	_____	_____
2	Labara, Andre	13	Wagga Wagga	2:08.52	_____	_____
3	McDermott, Kye	13	Mingara Aquatic	2:06.94	_____	_____
4	Kang, Joshua	13	Trinity Grammar	2:04.30	_____	_____
5	Hegarty, Hudson	13	Knox Pymble	2:06.14	_____	_____
6	Lloyd-Jones, Owen	13	Cranbrook	2:08.23	_____	_____
7	Wall, Oliver	13	Knox Pymble	2:08.92	_____	_____
8	Bryant, Dylan	13	Ginninderra	2:09.72	_____	_____
9	Moore, Max	13	Knox Pymble	2:10.40	_____	_____

Alternates 13 Year Olds

1	De Martin, Jacob	13	Sopac	2:10.63	_____	_____
2	Braund, Joseph	13	Wenona	2:10.64	_____	_____

Heat 3 14 Year Olds A - Final

0	Whitton, Jacob	14	AquaBlitz Toongabbie	2:04.21	_____	_____
1	McLaren, Noah	14	Warringah	2:03.58	_____	_____
2	Quartly, Campbell	14	Woden Valley	2:03.01	_____	_____
3	Zhou, Dylan	14	Knox Pymble	2:01.61	_____	_____
4	Catchpole, Lincoln	14	Nuswim	2:00.11	_____	_____
5	Lee, Luke	14	Plc Sydney	2:01.19	_____	_____
6	Curling (V), Liam	14	Auckland Swimming	2:02.56	_____	_____
7	Bruce, Aidan	14	Knox Pymble	2:03.32	_____	_____
8	Dunn, Lukas	14	Knox Pymble	2:04.14	_____	_____
9	Knowles, Ari	14	Dapto	2:04.86	_____	_____

Alternates 14 Year Olds

1	Kelly, Oliver	14	Shore	2:04.87	_____	_____
2	Yin, Oliver	14	Carlile	2:05.78	_____	_____



Event 56 Boys 18 & Over 50 LC Meter Freestyle

NSW: 22.49 29/12/2010 KENNETH TO AUSTRALIA
NSW A/C: 22.05 25/11/2009 JAMES ROBERTS NORTH END
TITLEHOLDER: 23.40 13/12/2022 JAMIE MOONEY WAGGA WAGGA

Meet Qualifying: 25.80

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 Finals Finals

0	Peknice, Toby	20	Knox Pymble	23.79	_____	_____
1	Gane (V), Alexandre	18	New Caledonia	23.61	_____	_____
2	Bidois, Tane	18	Knox Pymble	23.34	_____	_____
3	Kapocius, Tomas	21	Knox Pymble	23.03	_____	_____
4	Maher, Zach	22	Carlile	22.67	_____	_____
5	Robinson, Thomas	21	Cruiz	22.93	_____	_____
6	Hendy, Jack	23	Nuswim	23.10	_____	_____
7	Herraman, Samuel	22	Ginninderra	23.53	_____	_____
8	Quach, Alex	22	Sopac	23.66	_____	_____
9	Pagella, Marco	19	City of Sydney	23.88	_____	_____

Alternates

1	Crehan, Bailey	19	West's Illawarra	23.99	_____	_____
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Event 57 Girls 18 & Over 50 LC Meter Freestyle

NSW: 25.17 8/01/2013 EMMA MCKEON WESTS ILLAWARRA
NSW A/C: 24.49 19/03/2005 ALICE MILLS QUEENSLAND
TITLEHOLDER: 26.16 13/12/2022 SARAH LOCKE WESTS ILLAWARRA

Meet Qualifying: 29.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 Finals

0	Senior, Meg	20	Cruiz	26.97	_____	_____
1	White (V), Niquola	19	Emmanuel College	26.88	_____	_____
2	House, Mackensey	22	Albury Amateur	26.80	_____	_____
3	Webb, Abbey	22	Cruiz	25.87	_____	_____
4	Campbell, Bronte	29	Cruiz	24.94	_____	_____
5	De Lutiis, Jaimie	18	West's Illawarra	25.53	_____	_____
6	Locke, Sarah	19	West's Illawarra	26.34	_____	_____
7	Brown, Sydney	19	Knox Pymble	26.84	_____	_____
8	Zhang, Paris	26	Knox Pymble	26.91	_____	_____
9	McMaster, Kori	24	AquaBlitz Toongabbie	27.25	_____	_____

Alternates

1	Gan, Elizabeth	20	Sydney University	27.52	_____	_____
2	Ruff, Christine	18	Warringah	27.52	_____	_____



Event 58 Girls 12-14 200 LC Meter Freestyle

12 NSW:	2:07.99	10/01/1981	SUSAN MILLER	GUNNEDAH
12 NSW A/C:	2:05.28	5/04/2010	SUMIN SONG	NORWOOD
13 NSW:	2:04.24	9/04/2012	DELAINEE MELIA	BAYSIDE
13 NSW A/C:	2:02.88	13/04/2009	YOLANE KUKLA	ST PETERS WESTERN
13 TITLEHOLDER:	2:08.49	14/12/2022	CHARLI BARBOUR	MANLY
14 NSW:	2:01.22	23/04/2011	AMI MATSUO	CARLILE
14 NSW A/C:	2:01.32	21/04/2018	JENNA FORRESTER	ST PETERS WESTERN
14 TITLEHOLDER:	2:06.45	12/12/2022	LILLIE MCPHERSON	MANLY

Meet Qualifying 12: 2:27.00

Meet Qualifying 13: 2:22.50

Meet Qualifying 14: 2:19.50

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 12 Year Olds A - Final

0	Whitton, Alexis	12	Gunnedah	2:23.38	_____	_____
1	Wyke, Rebecca	12	Mosman	2:22.39	_____	_____
2	Song, Evelyn	12	Carlile	2:20.65	_____	_____
3	Assaf, Isabella	12	Norwest	2:18.70	_____	_____
4	Murakami, Lily	12	Atlantis	2:15.37	_____	_____
5	Chia, Megan	12	Knox Pymble	2:16.85	_____	_____
6	Lim, Charlotte	12	Plc Sydney	2:19.28	_____	_____
7	Thompson, Delinda	12	Acu Blacktown	2:20.88	_____	_____
8	Bransdon, Riley	12	Woden Valley	2:22.83	_____	_____
9	Green, Elise	12	Leichhardt	2:24.05	_____	_____

Alternates 12 Year Olds

1	Mimmo, Tabi	12	Warringah	2:24.77	_____	_____
2	Ng, Emma	12	Carlile	2:27.60	_____	_____

Heat 2 13 Year Olds A - Final

0	Cook, Lexie	13	Carlile	2:17.91	_____	_____
1	Mounter, Hanna	13	Nuswim	2:16.27	_____	_____
2	Hamilton, Sophie	13	Novocastrian	2:15.70	_____	_____
3	Barry, Kaitlin	13	Carlile	2:14.53	_____	_____
4	McCormack, Chloe	13	Sans Souci Sea Devils	2:11.70	_____	_____
5	Young, Matilda	13	Warringah	2:13.94	_____	_____
6	Gaudry, Chloe	13	Wenona	2:15.26	_____	_____
7	Whant, Mikayla	13	West's Illawarra	2:16.00	_____	_____
8	Young, Lily	13	Woden Valley	2:17.28	_____	_____
9	Ruff, Emily	13	Warringah	2:18.27	_____	_____

Alternates 13 Year Olds

1	Osborn (V), Jessica	13	Marion	2:18.32	_____	_____
2	Keating, Caitlyn	13	Sopac	2:18.37	_____	_____

Heat 3 14 Year Olds A - Final

0	Bass, Bridget	14	Sans Souci Sea Devils	2:14.15	_____	_____
1	Donelan, Abbie	14	Wagga Wagga	2:13.31	_____	_____
2	McIntosh (V), Alex	14	Auckland Swimming	2:13.15	_____	_____
3	Oakhill, Jessica	14	Warringah	2:12.24	_____	_____
4	Barbour, Charli	14	Manly	2:08.43	_____	_____
5	Carter, Ruby	14	The Hills	2:11.45	_____	_____
6	Grabe, Denise	14	Campbelltown	2:12.28	_____	_____
7	Toohey, Sienna	14	Albury Amateur	2:13.20	_____	_____
8	Mulcahy, Isobel	14	Carlile	2:13.55	_____	_____
9	Hall, Mila	14	Kincoppal-Rose Bay	2:14.20	_____	_____

Alternates 14 Year Olds... (Event 58 Girls 12-14 200 LC Metre Freestyle)

1	Vale, Indianna	14	Knox Pymble	2:14.31	_____	_____
2	Mccarthy, Cate	14	Atlantis	2:14.35	_____	_____

Event 59 Boys 12 & Over 200 LC Meter Freestyle Multi-Class

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 Finals A - Final						
0	Sorrentino, Adriano S19	15	Sopac	2:19.10	_____	_____
1	Keane, Harry S14	16	Wagga Wagga	2:13.14	_____	_____
2	Hejaj, Alexander S19	21	Revesby Workers	2:06.04	_____	_____
3	Hodge, Timothy S9	22	Acu Blacktown	2:03.76	_____	_____
4	Tuckfield, Alexander S10	19	Southern Sydney	2:00.82	_____	_____
5	Sisman, Darren S14	17	Engadine	2:02.76	_____	_____
6	Budd, Declan S14	16	Knox Pymble	2:04.54	_____	_____
7	Matthews, Beau S10	14	Southern Sydney	2:09.76	_____	_____
8	Carey, Jack S15	16	Sopac	2:13.75	_____	_____
9	Togher, Liam S9	14	Knox Pymble	2:31.54	_____	_____

Event 60 Girls 12 & Over 200 LC Meter Freestyle Multi-Class

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 Finals A - Final						
0	Pratt, Emilee S9	14	Novocastrian	2:41.17	_____	_____
1	Jones, Ella S8	23	Kincumber Pacific Dolphins	2:33.68	_____	_____
2	Arnison, McKinley S10	18	Southern Sydney	2:26.01	_____	_____
3	Bruzzese, Stephanie S14	16	Plc Sydney	2:23.07	_____	_____
4	Lucy, Jade S14	26	Southern Sydney	2:21.86	_____	_____
5	Hinds, Maddison S14	18	Hornsby	2:22.87	_____	_____
6	Price, Hannah S10	19	Campbelltown	2:25.51	_____	_____
7	Fawer, Michelle S10	19	Engadine	2:29.71	_____	_____
8	Osborn, Chloe S7	20	Acu Blacktown	2:39.82	_____	_____
9	Cockburn, Elizabeth S9	15	Young	2:52.00	_____	_____



Event 61 Boys 18 & Over 200 LC Meter IM

NSW: 1:58.99 20/03/2012 JAYDEN HADLER SOPAC
NSW A/C: 1:57.68 16/03/2013 KOSUKE HAGINO JAPAN
TITLEHOLDER: 2:05.01 11/12/2022 JAMIE MOONEY WAGGA WAGGA

Meet Qualifying: 2:23.50

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Lane	Name	Age	Team	Prelims	Finals	Place
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Heat 1 Finals

0	Caddy, Reece	21	Hunter	2:10.60	_____	_____
1	Gane (V), Alexandre	18	New Caledonia	2:09.90	_____	_____
2	Knight, Kade	19	Wagga Wagga	2:09.50	_____	_____
3	Crehan, Bailey	19	West's Illawarra	2:07.35	_____	_____
4	Polvere, Luca	23	Kincoppal-Rose Bay	2:06.55	_____	_____
5	Mooney, Jamie	19	Wagga Wagga	2:07.17	_____	_____
6	Gorgas, Gabriel	21	Knox Pymble	2:07.39	_____	_____
7	Marston, Shawn	19	Lane Cove	2:09.76	_____	_____
8	Toisuta, Joshua	21	Acu Blacktown	2:10.13	_____	_____
9	Bibby, Luke	28	Manly	2:10.83	_____	_____

Alternates

1	Venanzoni, Leonardo Maria	19	Sydney University	2:12.02	_____	_____
2	Woodward, Ryan	20	Nuswim	2:12.03	_____	_____

Event 62 Girls 18 & Over 200 LC Meter IM

NSW: 2:15.13 30/07/1992 ELLI OVERTON GALSTON
NSW A/C: 2:10.08 15/03/2020 KAYLEE MCKEOWN USC SPARTANS
TITLEHOLDER: 2:18.68 11/12/2022 LEXI HARRISON NARRABEEN

Meet Qualifying: 2:36.00

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
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Heat 1 Finals

0	Davidson (V), Abby	18	Auckland Swimming	2:30.84	_____	_____
1	Maythers, Emily	22	Revesby Workers	2:28.47	_____	_____
2	Van Eldik, Kelsey	18	Charlestown	2:27.79	_____	_____
3	Harrison, Lexi	21	Acu Blacktown	2:25.46	_____	_____
4	Hardy, Kayla	20	Cruiz	2:20.18	_____	_____
5	Essam, Jacinta	22	Acu Blacktown	2:23.79	_____	_____
6	Fuller, Bianca	18	Cruiz	2:26.78	_____	_____
7	Mramor, Gabriella	18	Sans Souci Sea Devils	2:28.21	_____	_____
8	Twose (V), Charlie	18	Auckland Swimming	2:30.77	_____	_____
9	Mcmiles, Eloise	18	Kinross Wolaroi	2:31.20	_____	_____

Alternates

1	Wilson, Lauren	28	Manly	2:32.42	_____	_____
2	Adams, Harper	18	The Hills	2:34.72	_____	_____



Event 65 Boys 12-18 400 LC Meter Freestyle Relay

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Heat 1 of 4 Timed Finals						
0	Warringah		B	4:01.54	_____	_____
1	Plc Sydney		A	3:59.60	_____	_____
2	Warringah		A	3:57.14	_____	_____
3	Manly		A	3:55.62	_____	_____
4	West's Illawarra		A	3:48.27	_____	_____
5	Marion		A	3:55.55	_____	_____
6	Sopac		A	3:56.01	_____	_____
7	Knox Pymble		A	3:57.33	_____	_____
8	Wenona		A	4:00.75	_____	_____
9	Sopac		B	4:03.11	_____	_____
Heat 2 of 4 Timed Finals						
0	Forster Aquatic		A	4:10.48	_____	_____
1	Macquarie University		A	4:09.17	_____	_____
2	Randwick City		A	4:08.23	_____	_____
3	Cranbrook		A	4:06.31	_____	_____
4	Carlisle		A	4:04.83	_____	_____
5	Knox Pymble		B	4:06.02	_____	_____
6	AquaBlitz Toongabbie		A	4:07.63	_____	_____
7	Sans Souci Sea Devils		A	4:08.93	_____	_____
8	Knox Pymble		C	4:09.94	_____	_____
9	City of Sydney		A	4:10.65	_____	_____
Heat 3 of 4 Timed Finals						
0	Castle Hill Rsl Dolphins		A	4:18.24	_____	_____
1	Lower Blue Mountains		A	4:16.60	_____	_____
2	Abbotsleigh		A	4:14.53	_____	_____
3	The Hills		A	4:10.92	_____	_____
4	Albury Amateur		A	4:10.72	_____	_____
5	Acu Blacktown		A	4:10.84	_____	_____
6	Kinross Wolaroi		A	4:12.32	_____	_____
7	Norwest		A	4:15.76	_____	_____
8	Lane Cove		A	4:17.15	_____	_____
9	Randwick City		B	4:18.65	_____	_____
Heat 4 of 4 Timed Finals						
2	Auckland Swimming		A	NT	_____	_____
3	Hornsby		A	4:24.62	_____	_____
4	Hunter		A	4:20.89	_____	_____
5	Mosman		A	4:21.33	_____	_____
6	Dapto		A	4:25.00	_____	_____



Event 66 Girls 12-18 400 LC Meter Freestyle Relay

Lane	Name	Age	Team	Prelim Time	Finals Time	Place
Lane	Team		Relay	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	Randwick City		A	3:39.01	_____	_____
1	Macquarie University		A	3:38.50	_____	_____
2	The Hills		A	3:36.02	_____	_____
3	Knox Pymble		B	3:34.30	_____	_____
4	Knox Pymble		A	3:25.27	_____	_____
5	Cranbrook		A	3:32.22	_____	_____
6	Sopac		A	3:34.54	_____	_____
7	Warringah		A	3:37.15	_____	_____
8	AquaBlitz Toongabbie		A	3:38.62	_____	_____
9	Knox Pymble		C	3:39.82	_____	_____
Heat 2 of 4 Timed Finals						
0	Acu Blacktown		A	3:46.88	_____	_____
1	Sopac		B	3:44.89	_____	_____
2	City of Sydney		A	3:44.43	_____	_____
3	Marion		A	3:42.85	_____	_____
4	Warringah		B	3:41.03	_____	_____
5	Manly		A	3:42.31	_____	_____
6	Plc Sydney		A	3:42.87	_____	_____
7	Kinross Wolaroi		A	3:44.65	_____	_____
8	Norwest		A	3:46.14	_____	_____
9	Nuswim		A	3:49.88	_____	_____
Heat 3 of 4 Timed Finals						
0	Sans Souci Sea Devils		A	3:59.92	_____	_____
2	Hornsby		A	3:54.13	_____	_____
3	Ravenswood		A	3:51.75	_____	_____
4	Sydney University		A	3:51.18	_____	_____
5	Randwick City		B	3:51.43	_____	_____
6	The Hills		B	3:53.49	_____	_____
7	Lane Cove		A	3:56.71	_____	_____
8	Nepean Aquatic		A	3:59.89	_____	_____
Heat 4 of 4 Timed Finals						
3	Auckland Swimming		A	NT	_____	_____
4	Castle Hill Rsl Dolphins		A	4:10.49	_____	_____
5	Dapto		A	4:20.00	_____	_____

