



Winter Short Course Development Meet

Saturday 6th August 2022

Cranbrook School - Murray Rose Aquatic and Fitness Centre
Corner of Rose Bay Ave & New South Head Rd

- Electronic timing and touch pads
- Warm up and swim down facilities

- Self marshalling with swimmers required to marshal two heats prior to their race
- Volunteers from each club must help out with marshalling and timekeeper duties

Warm up: 8:00am		Start Time: 9:00am	
Boys	Girls	Distance	Stroke
1	2	200 m	Freestyle
3	4	200 m	Breaststroke
5	6	100 m	Butterfly
7	8	100 m	Backstroke
9	10	50 m	Freestyle
11	12	200 m	Individual Medley
13	14	50 m	Butterfly
15	16	400 m (QT 5:30)	Freestyle
17	18	100 m	Breaststroke
19	20	50 m	Backstroke
21	22	100 m	Freestyle
23	24	50 m	Breaststroke
25	26	200 m	Backstroke
27	28	200 m	Butterfly

Entry Fee \$8.00 per event

Entries close 11:55 pm Saturday 31st July 2022

Enquiries: CASC@cranbrook.nsw.edu.au

Entries open: 14th June 2022 Via Swim Central only

Conditions of Entry

1. Meet approved by Metro Southeast (METSEA) and Swimming NSW (SNSW). Meet will be conducted under the rules of Swimming Australia and SNSW. Results will be submitted to METSEA and SNSW and uploaded to the National Results Database.
2. Age as of 6th August 2022.
3. Events will be conducted as timed finals.
4. The meet director reserves the right to amend program and conditions of entry.
5. Entries close once the entry limit of 300 is reached or the closing date 11:55pm 31st July, whichever occurs first. No further entries will be taken once the entry limit is reached. No late entries accepted.