



## Winter Short Course Meet

### Sunday 2nd June 2024

Cranbrook School - Murray Rose Aquatic and Fitness Centre  
 Corner of Rose Bay Ave & New South Head Rd

- Electronic timing and touch pads
- Warm up and swim down facilities

- Volunteers from each club must help out with marshalling and timekeeper duties.

Warm up: 8:00am		Start Time: 9:00am	
Boys	Girls	Distance	Stroke
1	2	200 m	Freestyle
3	4	200 m	Breaststroke
5	6	100 m	Butterfly
7	8	100 m	Backstroke
9	10	50 m	Freestyle
11	12	200 m	Individual Medley
13	14	50 m	Butterfly
15	16	400 m (QT 5:30)	Freestyle
17	18	100 m	Breaststroke
19	20	50 m	Backstroke
21	22	100 m	Freestyle
23	24	50 m	Breaststroke
25	26	200 m	Backstroke
27	28	200 m	Butterfly

Entry Fee \$10.00 per event

Entries close 11:00 pm Monday 27<sup>th</sup> May

Enquiries: [CASC@cranbrook.nsw.edu.au](mailto:CASC@cranbrook.nsw.edu.au)

Entries open: 24<sup>th</sup> April 2024 Via Swim Central only

#### Conditions of Entry

1. Meet approved by Metro Southeast (METSEA) and Swimming NSW (SNSW). Meet will be conducted under the rules of Swimming Australia and SNSW. Results will be submitted to METSEA and SNSW and uploaded to the National Results Database.
2. Age as of 2<sup>nd</sup> June 2024
3. Events will be conducted as timed finals.
4. The meet director reserves the right to amend program and conditions of entry.
5. Entries close once the entry limit of 350 is reached or the closing date 11:55pm 27<sup>th</sup> May, whichever occurs first. No further entries will be taken once the entry limit is reached. No late entries accepted.