



2025 Sydney Open

(Incorporating the 2025 UniSport Nationals - Swimming)

Sydney Olympic Park Aquatic Centre

16th - 18th May 2025



Day One HEATS Friday 16 th May, 9:00am			Day One FINALS Friday 16 th May, 6:00pm		
1	Women's 15/O 400m Freestyle		1	Women's 15/O 400m Freestyle	
2	Men's 15/O 400m Freestyle		2	Men's 15/O 400m Freestyle	
3	Women's 15/O 50m Backstroke		3	Women's 15/O 50m Backstroke	
4	Men's 15/O 200m Backstroke		4	Men's 15/O 200m Backstroke	
5	Women's 11 & Over 200m MC Freestyle		5	Women's 11 & Over 200m MC Freestyle	
6	Men's 11 & Over 200m MC Freestyle		6	Men's 11 & Over 200m MC Freestyle	
7	Women's 15/O 200m Butterfly		7	Women's 15/O 200m Butterfly	
8	Men's 15/O 100m Butterfly		8	Men's 15/O 100m Butterfly	
9	Women's 15/O 200m Breaststroke		9	Women's 15/O 200m Breaststroke	
10	Men's 15/O 100m Breaststroke		10	Men's 15/O 100m Breaststroke	
11	Women's 15/O 50m Freestyle		11	Women's 15/O 50m Freestyle	
12	Men's 15/O 50m Freestyle		12	Men's 15/O 50m Freestyle	
13	Women's 15/O 200m Individual Medley		13	Women's 15/O 200m Individual Medley	
14	Men's 15/O 200m Individual Medley		14	Men's 15/O 200m Individual Medley	
15	Women's 11 & Over 100m MC Butterfly		15	Women's 11 & Over 100m MC Butterfly	
16	Men's 11 & Over 100m MC Butterfly		16	Men's 11 & Over 100m MC Butterfly	
			17	Women's 4x50m Medley Relay	Timed Finals
			18	Men's 4x50m Medley Relay	Timed Finals

* Fastest Heat to be swum in the Finals Session. 800m & 1500m Freestyle events will be swum as timed finals with the fastest heat swam in the final's session.

ENTRIES CLOSE 11.59pm Tuesday 6th May 2025

ENTRY FEE \$24 PER INDIVIDUAL EVENT \$46 PER RELAY EVENT (GST INCLUSIVE)

MINIMUM AGE FOR THIS EVENT IS 15 YEARS, AS OF 16th May 2025, WITH THE EXCEPTION OF MULTI-CLASS SWIMMERS WHERE THE MINIMUM AGE IS 12 YEARS.

NOTE: Finals will be conducted as 'A' and 'B' finals provided that twenty-five (25) swimmers contest the heats of that event. Top 10 fastest, from the heats, (regardless of club or university) will compete in the 'A' final and the next 10 fastest, from the heats, (regardless of club or university) will compete in the 'B' final.

Medals will be awarded to the the top three Club and University swimmers.

No 'B' Finals will be conducted for Parra Events. Each Parra Final will consist of a maximum of ten (10) swimmers. The Final will be filled with the top 10 qualifiers based on Parra points.

Event 40 must consist of 2 Female & 2 Male swimmers.



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Day Two HEATS Saturday 17 th May, 9:00am			Day Two FINALS Saturday 17 th May, 6:00pm		
19	Women's 15/O 400m Individual Medley		19	Women's 15/O 400m Individual Medley	
20	Men's 15/O 50m Backstroke		20	Men's 15/O 50m Backstroke	
21	Women's 11 & Over 400m MC Freestyle		21	Women's 11 & Over 400m MC Freestyle	
22	Men's 11 & Over 400m MC Freestyle		22	Men's 11 & Over 400m MC Freestyle	
23	Women's 15/O 200m Freestyle		23	Women's 15/O 200m Freestyle	
24	Men's 15/O 100m Freestyle		24	Men's 15/O 100m Freestyle	
25	Women's 15/O 100m Breaststroke		25	Women's 15/O 100m Breaststroke	
26	Men's 15/O 50m Breaststroke		26	Men's 15/O 50m Breaststroke	
27	Women's 11 & Over 100m MC Breaststroke		27	Women's 11 & Over 100m MC Breaststroke	
28	Men's 11 & Over 100m MC Breaststroke		28	Men's 11 & Over 100m MC Breaststroke	
29	Women's 15/O 100m Backstroke		29	Women's 15/O 100m Backstroke	
30	Men's 15/O 200m Butterfly		30	Men's 15/O 200m Butterfly	
31	Women's 15/O 50m Butterfly		31	Women's 15/O 50m Butterfly	
32	Men's 11 & Over 50m MC Freestyle		32	Men's 11 & Over 50m MC Freestyle	
33	Women's 11 & Over 50m MC Freestyle		33	Women's 11 & Over 50m MC Freestyle	
34	Men's 150m MC Medley		34	Men's 150m MC Medley	
35	Women's 150m MC Medley		35	Women's 150m MC Medley	
36*	Men's 15/O 800m Freestyle	Timed Finals	36	Men's 15/O 800m Freestyle	Timed Finals
37*	Women's 15/O 1500m Freestyle	Timed Finals	37*	Women's 15/O 1500m Freestyle	Timed Finals
			38	Men's 4x50m Freestyle Relay	Timed Finals
			39	Women's 4x50m Freestyle Relay	Timed Finals
			40#	Mixed 4x100m Medley Relay	Timed Finals

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Day Three HEATS Sunday 17 th May, 9:00am			Day Three FINALS Sunday 17 th May, 5:30pm		
41	Men's 11 & Over 100m MC Freestyle		41	Men's 11 & Over 100m MC Freestyle	
42	Women's 11 & Over 100m MC Freestyle		42	Women's 11 & Over 100m MC Freestyle	
43	Men's 15/O 200m Freestyle		43	Men's 15/O 200m Freestyle	
44	Women's 15/O 100m Freestyle		44	Women's 15/O 100m Freestyle	
45	Men's 15/O 400m Individual Medley		45	Men's 15/O 400m Individual Medley	
46	Women's 15/O 100m Butterfly		46	Women's 15/O 100m Butterfly	
47	Men's 11 & Over 200m MC Individual Medley		47	Men's 11 & Over 200m MC Individual Medley	
48	Women's 11 & Over 200m MC Individual Medley		48	Women's 11 & Over 200m MC Individual Medley	
49	Men's 15/O 50m Butterfly		49	Men's 15/O 50m Butterfly	
50	Women's 15/O 50m Breaststroke		50	Women's 15/O 50m Breaststroke	
51	Men's 15/O 100m Backstroke		51	Men's 15/O 100m Backstroke	
52	Women's 15/O 200m Backstroke		52	Women's 15/O 200m Backstroke	
53	Men's 15/O 200m Breaststroke		53	Men's 15/O 200m Breaststroke	
54	Men's 11 & Over 100m MC Backstroke		54	Men's 11 & Over 100m MC Backstroke	
55	Women's 11 & Over 100m MC Backstroke		55	Women's 11 & Over 100m MC Backstroke	
56*	Women's 15/O 800m Freestyle	Timed Finals	56*	Women's 15/O 800m Freestyle	Timed Finals
57*	Men's 15/O 1500m Freestyle	Timed Finals	57*	Men's 15/O 1500m Freestyle	Timed Finals
			58	Women's 4x100 Freestyle Relay	Timed Finals
			59	Men's 4x100 Freestyle Relay	Timed Finals

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QUALIFYING TIMES

MEN		WOMEN
FREESTYLE		
26.50	50m	31.50
56.50	100m	1:04.50
2:05.00	200m	2:16.00
4:25.00	400m	4:45.00
9:20.00	800m	9:50.00
17:10.00	1500m	18:45.00
BACKSTROKE		
31.00	50m	35.00
1:06.00	100m	1:13.00
2:27.00	200m	2:42.50
BREASTSTROKE		
35.00	50m	39.00
1:12.00	100m	1:23.50
2:43.00	200m	2:59.00
BUTTERFLY		
29.00	50m	32.00
1:02.00	100m	1:10.00
2:25.50	200m	2:42.00
INDIVIDUAL MEDLEY		
2:21.00	200m	2:35.50
5:03.00	400m	5:32.00
CLUB RELAYS		
1:50.00	4x50 F/S	2:10.00
2:05.00	4x50 Med	2:20.00
3:58.00	4x100 F/S	4:22.00
4 x 100 Mixed Medley		4:40.00

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**QUALIFYING TIMES MUST HAVE BEEN ACHIEVED SINCE 1st April 2024. LONG COURSE & SHORT COURSE
TIMES WILL BE ACCPETED, HOWEVER WHEN A SWIMMER ONLY HAS A SC TIME UNDER THE QT TIME
THEY WILL BE SEEDD ON THE QT.**



Sydney Open Multi-Class Qualifying Times

WOMEN

Women	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM
S1	2:02.32	4:19.82			4:21.47		SB1		SM1	
S2	1:48.57	3:55.51			4:45.12		SB2		SM2	
S3	1:26.24	2:58.31			3:10.52		SB3	3:06.56	SM3	
S4	0:56.43	2:09.69			2:42.14		SB4	2:44.78	SM4	
S5	0:52.36	1:53.63			2:34.00		SB5	2:39.72	SM5	4:38.63
S6	0:51.81	1:54.62	4:13.66	8:43.05	2:07.49	2:29.16	SB6	2:30.48	SM6	4:47.54
S7	0:49.94	1:47.36	3:50.56	8:23.58	2:03.42	2:04.85	SB7	2:17.50	SM7	4:39.18
S8	0:45.87	1:39.11	3:34.50	7:20.22	1:53.08	1:58.47	SB8	1:57.48	SM8	4:17.29
S9	0:42.35	1:30.31	3:12.28	7:00.53	1:41.20	1:47.03	SB9	1:50.66	SM9	3:55.40
S10	0:40.92	1:28.77	3:12.28	6:44.25	1:46.59	1:39.00			SM10	3:41.10
S11	0:47.52	1:42.96	3:43.30	7:46.29	1:58.58	1:55.72	SB11	2:09.03	SM11	4:15.97
S12	0:40.48	1:26.35	3:04.03	7:01.96	1:40.54	1:37.24	SB12	2:01.99	SM12	3:39.34
S13	0:39.38	1:26.13	3:08.32	6:39.41	1:39.66	1:34.93	SB13	1:50.88	SM13	3:30.43
S14	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB14	1:57.48	SM14	3:40.66
S15	0:39.38	1:25.58	3:05.79	6:25.66	1:38.67	1:34.16	SB15	1:47.47	SM15	3:30.10
S16	0:45.65	1:42.30	3:49.46	8:24.02	2:18.60	1:44.28	SB16	2:18.82	SM16	4:33.02
S18	0:43.67	1:34.27	3:23.39	7:10.98	1:45.49	1:45.38	SB18	2:03.31	SM18	3:51.66
S19	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB19	1:57.48	SM19	3:40.66

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MEN

Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM
S1	1:39.33	3:39.78			4:37.64		SB1		SM1	
S2	1:26.46	3:07.88			3:11.73		SB2		SM2	
S3	1:07.32	2:32.79			2:58.75		SB3	2:46.21	SM3	
S4	0:54.67	1:59.79			2:26.19		SB4	2:19.92	SM4	
S5	0:47.52	1:49.34			2:18.16		SB5	2:10.90	SM5	4:28.18
S6	0:44.77	1:38.01	3:36.81	7:41.89	1:52.20	1:49.34	SB6	2:11.34	SM6	4:04.09
S7	0:41.14	1:29.98	3:13.38	7:03.06	1:48.24	1:51.98	SB7	2:00.89	SM7	3:58.48
S8	0:39.60	1:26.24	3:06.56	6:47.22	1:39.66	1:36.36	SB8	1:43.29	SM8	3:38.35
S9	0:37.95	1:24.26	2:59.52	6:22.36	1:33.61	1:32.73	SB9	1:45.82	SM9	3:25.70
S10	0:35.53	1:17.33	2:47.53	5:51.45	1:28.44	1:25.80			SM10	3:15.25
S11	0:37.40	1:21.62	2:56.99	6:15.21	1:39.66	1:31.41	SB11	1:58.91	SM11	3:25.81
S12	0:36.41	1:20.96	2:52.48	6:08.50	1:32.07	1:24.92	SB12	1:55.28	SM12	3:21.74
S13	0:35.53	1:19.09	2:52.92	6:08.72	1:31.74	1:27.12	SB13	1:51.98	SM13	3:20.97
S14	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB14	1:49.12	SM14	3:18.66
S15	0:34.21	1:15.79	2:44.45	5:35.83	1:25.47	1:22.83	SB15	1:43.73	SM15	2:57.43
S16	0:39.71	1:28.88	3:19.21	7:52.89	1:47.25	2:14.75	SB16	2:11.56	SM16	3:57.49
S18	0:38.28	1:23.60	3:00.29	6:39.52	1:36.36	1:31.30	SB18	1:54.62	SM18	3:28.56
S19	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB19	1:49.12	SM19	3:18.66

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