

EVENT DETAILS & ENTRY INFORMATION

- Event: 2025 Dooleys NSW Senior Metropolitan Championships
- **Dates:** 21st 23rd February 2025
- Closing Date: Entries Close at 11:59pm AEDT, Tuesday 11th February 2025
- Age as at: 21st February 2025
- Event Fee: \$24.00 Per Individual Event (GST Inclusive)
- Minimum Age: 12 Years Old (21st February 2025)
- Qualifying Period/Criteria:
 - Results must be achieved since 1st Oct 2023 to be eligible for entry into this event.
 - LC & SC Times from within this period can be used to enter this meet.
 - A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- Medals:
 - \circ $\;$ Medals will be awarded as per the schedule of events
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events please ensure you refer to the QTs for your eligibility before entering.
- Multi-Class Medals:
 - In all Multi-Class Events, medals will be awarded in the following age groups:
 - 12-14 Years, 15-16 Years and 17 Years & Over
- NSW Senior & Junior Metropolitan Age groups for 2024/25

Swimming NSW advises the age groups for Senior & Junior Metropolitan Age Championships for 2024/25, Summer Long Course Season.

Senior Metropolitan:

Minimum age is 12 years old as at 21st February 2025, for both boys and girls.

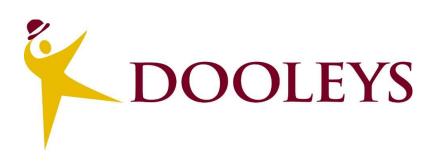
Junior Metropolitan:

Minimum age is 9 years old as at 23rd November 2025, for both boys & girls.

Maximum age is 12 years old as at 23rd November 2025, for both boys & girls.

• Swimmers are only permitted to swim at one (1) Metropolitan Championship throughout the 2024-25 Long Course Season - therefore any swimmer that competes at this Junior Metropolitan Age (November) event, will be ineligible for Senior Metropolitan in March 2025.

Event Contact: events@nsw.swimming.org.au





2025 DOOLEYS NSW SENIOR METROPOLITAN CHAMPIONSHIPS SYDNEY OLYMPIC PARK AQUATIC CENTRE 21st – 23rd FEBRUARY 2025

		Session 1 Friday 21	Medal As							
М	W									
1	2	12yrs-18yrs & Over	50m	Butterfly	12, 13, 14, 15, 16, 17, 18 & over					
3	4	12-13 Years	100m	Breaststroke	12 & 13					
5	6	14-15 Years	100m	Breaststroke	14 & 15					
7	8	16 & Over Years	100m	Breaststroke	16, 17, 18 & over					
9		12yrs-18yrs & Over	50m	Backstroke	12, 13, 14, 15, 16, 17, 18 & over					
10	11	12-13 Years	200m	Individual Medley	12 & 13					
12	13	14-15 Years	200m	Individual Medley	14 & 15					
14	15	16 & Over Years	200m	Individual Medley	16, 17, 18 & over					
	16	12yrs-18yrs & Over	50m	Backstroke	12, 13, 14, 15, 16, 17, 18 & over					

AGE AS AT 21st FEBRUARY, 2025 ENTRIES CLOSE 11:59PM TUESDAY 11th FEBRUARY, 2025 no late entries will be accepted ENTRY FEE \$24.00 PER INDIVIDUAL EVENT (including GST)





2025 DOOLEYS NSW SENIOR METROPOLITAN CHAMPIONSHIPS SYDNEY OLYMPIC PARK AQUATIC CENTRE 21st – 23rd FEBRUARY 2025

		Saturday 22nd Febr	ruary 202	9:00am د	Medal As			Sunday 23rd Februa	ary 2025 9	:00am	Medal As		
м	W		·			м	w		-				
17	18	12yrs-18yrs & Over	1500m	Freestyle	12, 13, 14, 15, 16, 17, 18 & over	57	58	Open MC	400m	Freestyle	12-14, 15-16, 17 & over		
19		12yrs-18yrs & Over	50m	Breaststroke	12, 13, 14, 15, 16, 17, 18 & over	59	60	12-13 Years	100m	Butterfly	12 & 13		
20	21	Open MC	200m	Individual Medley	12-14, 15-16, 17 & over	61	62	14-15 Years	100m	Butterfly	14 & 15		
22	23	12-13 Years	200m	Butterfly	12 & 13	63	64	16 & Over Years	100m	Butterfly	16, 17, 18 & over		
24	25	14-15 Years	200m	Butterfly	14 & 15	65	66	12-13 Years	400m	Freestyle	12 & 13		
26	27	16 & Over Years	200m	Butterfly	16, 17, 18 & over	67	68	14-15 Years	400m	Freestyle	14 & 15		
	28	12yrs-18yrs & Over	50m	Breaststroke	12, 13, 14, 15, 16, 17, 18 & over	69	70	16 & Over Years	400m	Freestyle	16, 17, 18 & over		
29	30	Open MC	100m	Freestyle	12-14, 15-16, 17 & over	71	72	Open MC	100m	Butterfly	12-14, 15-16, 17 & over		
31	32	12-13 Years	100m	Freestyle	12 & 13	73	74	12-13 Years	200m	Breaststroke	12 & 13		
33	34	14-15 Years	100m	Freestyle	14 & 15	75	76	12yrs-18yrs & Over	50m	Freestyle	12, 13, 14, 15, 16, 17, 18 & over		
35	36	16 & Over Years	100m	Freestyle	16, 17, 18 & over	77	78	16 & Over Years	200m	Backstroke	16, 17, 18 & over		
37	38	15 Years/Over	400m	Individual Medley	15, 16, 17, 18 & over	79	80	14-15 Years	200m	Backstroke	14 & 15		
39	40	12-14 Years	400m	Individual Medley	12, 13, 14	81	82	12-13 Years	200m	Backstroke	12 & 13		
41	42	Open MC	200m	Freestyle	12-14, 15-16, 17 & over	83	84	Open MC	50m	Freestyle	12-14, 15-16, 17 & over		
43	44	16 & Over Years	200m	Freestyle	16, 17, 18 & over	85	86	16 & Over Years	200m	Breaststroke	16, 17, 18 & over		
45	46	14-15 Years	200m	Freestyle	14 & 15	87	88	14-15 Years	200m	Breaststroke	14 & 15		
47	48	12-13 Years	200m	Freestyle	12 & 13	89	90	Open MC	100m	Breaststroke	12-14, 15-16, 17 & over		
49	50	Open MC	100m	Backstroke	12-14, 15-16, 17 & over	91	92	12yrs-18yrs & Over	800m	Freestyle	12, 13, 14, 15, 16, 17, 18 & over		
51	52	16 & Over Years	100m	Backstroke	16, 17, 18 & over								
53	54	14-15 Years	100m	Backstroke	14 & 15	j							
55	56	12-13 Years	100m	Backstroke	12 & 13	j							

Following the close of entries the event listing for Saturday & Sunday will be separated into sessions

AGE AS AT 21st FEBRUARY, 2025 ENTRIES CLOSE 11:59PM TUESDAY 11th FEBRUARY, 2025 no late entries will be accepted ENTRY FEE \$24.00 PER INDIVIDUAL EVENT (including GST)

	Qualifying Times													
MEN	18yrs & Over	17yrs	16yrs	15yrs	14yrs	13yrs	12yrs							
	Snr Metro	Snr Metro	Snr Metro	Snr Metro	Snr Metro	Snr Metro	Snr Metro							
50 Free	0:26.40	0:26.80	0:27.20	0:28.40	0:29.20	0:30.50	0:31.50							
100 Free	0:57.00	0:57.80	0:58.20	0:59.50	1:02.50	1:04.00	1:07.00							
200 Free	2:01.70	2:04.00	2:08.00	2:10.50	2:13.50	2:17.80	2:25.00							
400 Free	4:28.00	4:30.00	4:33.20	4:41.00	4:46.80	4:51.70	5:10.00							
800 Free	9:20.00	9:35.00	9:47.20	9:55.00	10:05.00	10:22.00	10:37.50							
1500 Free	17:40.00	18:05.00	18:15.00	18:42.00	19:08.00	19:35.00	19:52.00							
50 Bk	0:29.80	0:30.20	0:30.90	0:32.20	0:33.70	0:35.10	0:37.00							
100 Bk	1:06.90	1:07.80	1:09.20	1:11.50	1:14.20	1:16.50	1:19.90							
200 Bk	2:27.50	2:30.70	2:33.00	2:35.00	2:38.00	2:41.00	2:47.00							
50 Brs	0:33.50	0:33.80	0:34.80	0:36.00	0:36.50	0:37.00	0:41.00							
100 Brs	1:15.00	1:16.50	1:19.00	1:21.00	1:23.00	1:25.00	1:27.00							
200 Brs	2:44.00	2:46.00	2:51.50	2:55.50	3:00.00	3:03.00	3:17.00							
50 Fly	0:28.50	0:28.80	0:29.20	0:29.70	0:31.00	0:32.80	0:34.00							
100 Fly	1:01.00	1:02.00	1:05.00	1:08.50	1:11.50	1:14.00	1:17.00							
200 Fly	2:24.00	2:25.50	2:33.50	2:38.00	2:42.00	2:43.00	2:50.00							
200 IM	2:24.00	2:24.00	2:27.50	2:31.00	2:34.50	2:40.00	2:48.00							
400 IM	5:00.00	5:03.00	5:12.00	5:18.50	5:25.00	5:32.00	5:40.00							
		0.00.00		5.10.50	5.25.00	0.02.00	01.0.00							
				5.10.50	3.23.00									
WOMEN	18yrs & Over	17yrs	16yrs	15yrs	14yrs	13yrs	12yrs							
	18yrs & Over Snr Metro	17yrs Snr Metro	16yrs Snr Metro	15yrs Snr Metro	14yrs Snr Metro	13yrs Snr Metro	12yrs Snr Metro							
50 Free	18yrs & Over Snr Metro 0:29.50	17yrs Snr Metro 0:29.40	16yrs Snr Metro 0:30.00	15yrs Snr Metro 0:30.40	14yrs Snr Metro 0:30.80	13yrs Snr Metro 0:31.40	12yrs Snr Metro 0:32.00							
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50 Free 100 Free 200 Free 400 Free 1500 Free 50 Bk 100 Bk 200 Bk 50 Brs 100 Brs	18yrs & Over Snr Metro 0:29.50 1:03.00 2:19.00 4:52.00 9:48.00 18:35.00 0:34.00 1:15.50 2:42.00 0:38.50 1:27.00	17yrs Snr Metro 0:29.40 1:03.00 2:19.00 4:52.00 9:55.00 18:35.00 18:35.00 18:35.00 18:35.00 10:34.50 1:15.50 2:42.00 0:39.00 1:26.50	16yrs Snr Metro 0:30.00 1:03.80 2:19.00 4:53.00 10:00.00 18:45.00 0:35.90 1:15.50 2:42.00 0:39.90 1:27.50	15yrs Snr Metro 0:30.40 1:04.00 2:19.00 4:54.50 10:00.00 19:00.00 0:35.40 1:16.50 2:42.00 0:40.40 1:28.00	14yrs Snr Metro 0:30.80 1:05.50 2:21.50 5:00.00 10:18.00 19:25.00 0:35.80 1:16.50 2:45.00 0:41.00 1:28.50	13yrs Snr Metro 0:31.40 1:07.00 2:24.50 5:05.50 10:35.00 19:50.00 19:50.00 19:50.00 10:36.40 1:18.00 2:48.00 0:42.00 1:30.00	12yrs Snr Metro 0:32.00 1:08.00 2:29.00 5:14.00 10:38.00 19:55.00 0:37.40 1:20.00 2:51.00 0:43.00 1:33.00							
50 Free 100 Free 200 Free 400 Free 1500 Free 50 Bk 100 Bk 200 Bk 50 Brs 100 Brs 200 Brs	18yrs & Over Snr Metro 0:29.50 1:03.00 2:19.00 4:52.00 9:48.00 18:35.00 0:34.00 1:15.50 2:42.00 0:38.50 1:27.00 3:07.00	17yrs Snr Metro 0:29.40 1:03.00 2:19.00 4:52.00 9:55.00 18:35.00 18:35.00 0:34.50 1:15.50 2:42.00 0:39.00 1:26.50 3:07.00	16yrs Snr Metro 0:30.00 1:03.80 2:19.00 4:53.00 10:00.00 18:45.00 0:35.90 1:15.50 2:42.00 0:39.90 1:27.50 3:07.00	15yrs Snr Metro 0:30.40 1:04.00 2:19.00 4:54.50 10:00.00 19:00.00 0:35.40 1:16.50 2:42.00 0:40.40 1:28.00 3:09.00	14yrs Snr Metro 0:30.80 1:05.50 2:21.50 5:00.00 10:18.00 19:25.00 0:35.80 1:16.50 2:45.00 0:41.00 1:28.50 3:10.00	13yrs Snr Metro 0:31.40 1:07.00 2:24.50 5:05.50 10:35.00 19:50.00 19:50.00 19:50.00 10:36.40 1:18.00 2:48.00 0:36.40 1:18.00 2:48.00 1:30.00 3:11.00	12yrs Snr Metro 0:32.00 1:08.00 2:29.00 5:14.00 10:38.00 19:55.00 0:37.40 1:20.00 2:51.00 0:43.00 1:33.00 3:18.00							
50 Free 100 Free 200 Free 800 Free 1500 Free 50 Bk 100 Bk 200 Bk 50 Brs 100 Brs 200 Brs	18yrs & Over Snr Metro 0:29.50 1:03.00 2:19.00 4:52.00 9:48.00 18:35.00 0:34.00 1:15.50 2:42.00 0:38.50 1:27.00 3:07.00 0:31.50	17yrs Snr Metro 0:29.40 1:03.00 2:19.00 4:52.00 9:55.00 18:35.00 18:35.00 0:34.50 1:15.50 2:42.00 0:39.00 1:26.50 3:07.00	16yrs Snr Metro 0:30.00 1:03.80 2:19.00 4:53.00 10:00.00 18:45.00 0:35.90 1:15.50 2:42.00 0:39.90 1:27.50 3:07.00 0:31.80	15yrs Snr Metro 0:30.40 1:04.00 2:19.00 4:54.50 10:00.00 19:00.00 0:35.40 1:16.50 2:42.00 0:40.40 1:28.00 3:09.00	14yrs Snr Metro 0:30.80 1:05.50 2:21.50 5:00.00 10:18.00 19:25.00 0:35.80 1:16.50 2:45.00 0:41.00 1:28.50 3:10.00 0:32.60	13yrs Snr Metro 0:31.40 1:07.00 2:24.50 5:05.50 10:35.00 19:50.00 0:36.40 1:18.00 2:48.00 0:42.00 1:30.00 3:11.00 0:33.00	12yrs Snr Metro 0:32.00 1:08.00 2:29.00 5:14.00 10:38.00 19:55.00 0:37.40 1:20.00 2:51.00 0:43.00 1:33.00 3:18.00 0:34.50							
50 Free 100 Free 200 Free 400 Free 1500 Free 50 Bk 100 Bk 200 Bk 50 Brs 100 Brs 200 Brs 50 Fly 100 Fly	18yrs & Over Snr Metro 0:29.50 1:03.00 2:19.00 4:52.00 9:48.00 18:35.00 0:34.00 1:15.50 2:42.00 0:38.50 1:27.00 3:07.00 0:31.50 1:12.00	17yrs Snr Metro 0:29.40 1:03.00 2:19.00 4:52.00 9:55.00 18:35.00 18:35.00 0:34.50 1:15.50 2:42.00 0:39.00 1:26.50 3:07.00 0:32.00 1:12.00	16yrs Snr Metro 0:30.00 1:03.80 2:19.00 4:53.00 10:00.00 18:45.00 0:35.90 1:15.50 2:42.00 0:39.90 1:27.50 3:07.00 0:31.80 1:12.00	15yrs Snr Metro 0:30.40 1:04.00 2:19.00 4:54.50 10:00.00 19:00.00 0:35.40 1:16.50 2:42.00 0:40.40 1:28.00 3:09.00 0:32.10 1:15.00	14yrs Snr Metro 0:30.80 1:05.50 2:21.50 5:00.00 10:18.00 19:25.00 0:35.80 1:16.50 2:45.00 0:41.00 1:28.50 3:10.00 0:32.60 1:16.00	13yrs Snr Metro 0:31.40 1:07.00 2:24.50 5:05.50 10:35.00 19:50.00 19:50.00 0:36.40 1:18.00 2:48.00 0:36.40 1:18.00 0:36.40 0:33.00 1:19.00	12yrs Snr Metro 0:32.00 1:08.00 2:29.00 5:14.00 10:38.00 19:55.00 0:37.40 0:37.40 1:20.00 2:51.00 0:43.00 1:33.00 3:18.00 0:34.50 1:21.00							
50 Free 100 Free 200 Free 400 Free 1500 Free 50 Bk 100 Bk 200 Bk 50 Brs 100 Brs 200 Brs 50 Fly 100 Fly	18yrs & Over Snr Metro 0:29.50 1:03.00 2:19.00 4:52.00 9:48.00 18:35.00 0:34.00 1:15.50 2:42.00 0:38.50 1:27.00 3:07.00 0:31.50 1:12.00	17yrs Snr Metro 0:29.40 1:03.00 2:19.00 4:52.00 9:55.00 18:35.00 18:35.00 0:34.50 1:15.50 2:42.00 0:39.00 1:26.50 3:07.00 0:32.00 1:12.00	16yrs Snr Metro 0:30.00 1:03.80 2:19.00 4:53.00 10:00.00 18:45.00 0:35.90 1:15.50 2:42.00 0:39.90 1:27.50 3:07.00 0:31.80 1:12.00	15yrs Snr Metro 0:30.40 1:04.00 2:19.00 4:54.50 10:00.00 19:00.00 0:35.40 1:16.50 2:42.00 0:40.40 1:28.00 3:09.00 0:32.10 1:15.00	14yrs Snr Metro 0:30.80 1:05.50 2:21.50 5:00.00 10:18.00 19:25.00 0:35.80 1:16.50 2:45.00 0:41.00 1:28.50 3:10.00 0:32.60 1:16.00	13yrs Snr Metro 0:31.40 1:07.00 2:24.50 5:05.50 10:35.00 19:50.00 19:50.00 0:36.40 1:18.00 2:48.00 0:36.40 1:18.00 0:36.40 0:33.00 1:19.00	12yrs Snr Metro 0:32.00 1:08.00 2:29.00 5:14.00 10:38.00 19:55.00 0:37.40 0:37.40 1:20.00 2:51.00 0:43.00 1:33.00 3:18.00 0:34.50 1:21.00							

2025 Dooleys NSW Senior Metropolitan Championships Qualifying Times

Dist/Stro	\$1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	\$17	S18	S19
BOYS																			
12-14 yea																			
50FR	02:12.84	02:00.74	01:27.29	01:16.18	01:06.04	00:58.52	00:54.93	00:52.31	00:50.22	00:46.75	00:50.87	00:45.76	00:46.74		00:47.56	00:49.56	00:51.58	00:52.74	00:50.23
100FR	04:43.91	04:23.86	03:13.56	02:46.63	02:23.17	02:09.14	02:00.05	01:53.92	01:49.19	01:41.67	01:52.20	01:40.78	01:43.21	01:47.49	01:44.57	01:51.73	01:50.14	01:40.19	01:47.49
50BK	02:39.41	02:08.43	01:37.08	01:31.49	01:17.15	01:13.15	01:10.30	01:03.00	01:00.81	00:57.60	01:04.58	00:57.79	00:57.37	00:59.83	00:54.68	01:02.52	01:00.42	01:02.83	00:59.83
100BK	05:42.58	04:22.41	03:45.11	03:19.67	02:45.89	02:26.30	02:20.13			01:58.94	02:05.74	01:55.11	01:55.42	02:04.06	01:57.15	02:14.20	02:05.07	02:10.27	02:04.06
50BR	03:04.89	01:53.59	01:39.84	01:33.26			01:15.23	01:06.26	01:00.64		01:08.42	01:04.38	01:02.03		00:56.92	01:03.80		01:04.20	01:01.15
100BR		04:36.87	03:50.87	03:19.06	03:11.12	02:47.44	02:41.54	02:18.01	02:13.84		02:24.67	02:14.42	02:10.60	02:14.79	02:01.17	02:22.81	02:15.47	02:21.53	02:14.79
50BF	04:10.80	02:40.72	01:55.57	01:25.90	01:12.21	01:02.10	01:01.18	00:56.56	00:54.83	00:51.48	00:55.32	00:52.22	00:53.42	00:53.99	00:50.06	00:55.38	00:55.00	00:56.68	00:53.99
100BF					02:35.31	02:19.47	02:16.89	01:56.81	01:55.10	01:49.16	01:58.17	01:49.27	01:49.31	01:55.42	01:48.84	02:04.00	01:55.46	02:01.20	01:55.42
200IM					05:51.76	05:14.32	05:00.23	04:34.44	04:20.88	04:13.15	04:36.02	04:11.15	04:12.45	04:22.82	04:07.78	04:59.40	04:26.07	04:35.96	04:22.82
150IM			06:39.86	05:50.95															
15/16 yea	ars																		
50FR	01:57.94	01:46.91	01:17.04	01:07.16	00:58.20	00:51.58	00:48.47	00:46.13	00:44.30	00:41.34	00:44.85	00:40.40	00:41.20	00:43.70	00:41.39	00:42.89	00:44.79	00:45.89	00:43.70
100FR	04:11.50	03:53.82	02:50.90	02:26.86	02:06.27	01:53.89	01:45.97	01:40.49	01:36.31	01:29.80	01:38.99	01:28.91	01:30.84	01:34.63	01:31.06	01:36.62	01:36.78	01:39.37	01:34.63
50BK	02:20.38	01:53.53	01:25.79	01:20.69	01:08.20	01:04.61	01:01.91	00:55.56	00:53.65	00:50.74	00:56.86	00:50.88	00:50.40	00:52.01	00:47.56	00:54.18	00:52.48	00:54.60	00:52.01
100BK	04:57.35	03:50.33	03:17.29	02:56.23	02:27.21	02:09.07	02:03.39	01:54.04	01:48.22	01:44.85	01:56.02	01:41.31	01:41.54	01:49.23	01:41.86	01:56.20	01:50.05	01:54.69	01:49.23
50BR	02:43.75	01:40.42	01:27.81	01:21.82	01:17.23	01:06.23	01:06.11	00:58.32	00:53.64		01:00.18	00:56.58	00:54.58	00:53.29	00:49.54	00:55.21	00:56.18	00:55.96	00:53.29
100BR		04:40.85	03:58.69	03:07.71	02:57.57	02:40.05	02:32.85	02:10.41	02:07.67		02:17.84	02:06.00	02:04.44	02:07.89	01:45.58	02:03.72	02:08.44	02:14.29	02:07.89
50BF	03:43.00	02:20.76	02:20.76	01:41.44	01:03.70	00:54.80	00:53.96	00:49.89	00:48.31	00:45.40	00:48.60	00:45.91	00:46.98	00:46.89	00:43.63	00:47.78	00:47.53	00:49.23	00:46.89
100BF					02:16.41	02:02.90	02:01.06	01:42.87	01:41.41	01:36.21	01:44.07	01:36.15	01:36.13	01:42.34	01:34.85	01:47.00	01:42.36	01:47.46	01:42.34
200IM					05:03.51	04:37.05	04:24.43	04:02.03	03:50.15	03:43.00	04:03.19	03:41.07	03:42.20	03:51.16	03:35.99	04:18.18	03:53.81	04:02.72	03:51.16
150IM			05:22.85	04:36.67															
17 years a	& Over																		
50FR	02:00.28	01:48.98	01:18.67	01:08.58	00:59.44	00:52.30	00:49.15	00:46.78	00:44.94	00:41.93	00:45.48	00:40.98	00:41.79	00:43.41	00:41.12	00:42.64	00:44.52	00:45.58	00:43.41
100FR	04:16.41	03:58.39	02:54.58	02:29.96	02:08.97	01:55.49	01:47.48	01:41.91	01:37.68	01:31.07	01:40.39	01:30.17	01:32.11	01:35.93	01:30.44	01:36.06	01:38.10	01:40.73	01:35.93
50BK	02:22.38	01:55.20	01:27.34	01:22.13	01:09.44	01:05.16	01:02.42	00:56.03	00:54.09	00:51.15	00:57.33	00:51.31	00:50.81	00:51.68	00:47.24	00:53.84	00:52.16	00:54.28	00:51.68
100BK	05:03.95	03:54.47	03:21.27	03:00.02	02:30.54	02:10.88	02:05.11	01:55.66	01:49.74	01:46.31	01:57.63	01:42.66	01:42.94	01:50.76	01:41.19	01:55.51	01:51.58	01:56.30	01:50.76
50BR	02:46.34	01:41.97	01:29.41	01:23.26	01:18.63	01:06.85	01:06.73	00:58.88	00:54.16		01:00.75	00:57.11	00:55.09	00:52.94	00:49.21	00:54.88	00:55.85	00:55.59	00:52.94
100BR		04:09.62	03:27.19	02:58.47	02:51.61	02:28.81	02:23.62	02:03.26	01:59.35		02:09.18	01:59.62	01:56.41	02:00.20	01:44.86	02:02.98	02:00.77	02:06.21	02:00.20
50BF	03:46.84	02:22.95	01:43.31	01:16.87	01:04.93	00:55.37	00:54.54	00:50.43	00:48.83	00:45.88	00:49.11	00:46.40	00:47.48	00:46.67	00:43.32	00:47.53	00:47.50	00:48.99	00:46.67
100BF					02:19.34	02:04.82	02:03.00	01:44.47	01:42.98	01:37.73	01:45.69	01:37.63	01:37.60	01:43.08	01:34.19	01:46.94	01:43.11	01:48.24	01:43.08
200IM					05:19.04	04:41.53	04:28.80	04:06.09	03:54.01	03:46.70	04:07.23	03:44.71	03:45.87	03:54.95	03:34.47	04:16.83	03:57.60	04:06.69	03:54.95
150IM			05:28.97	04:41.95															
12 – 17 ye	ears & Ove	er: 200m F	reestyle																
	09:54.22	09:11.69	06:44.46	05:56.24	05:03.35	04:08.99	03:57.35	03:41.18	03:28.45	03:17.32	03:39.84	03:08.37	03:15.65	03:19.50	03:19.39	03:44.81	03:30.59	03:29.48	03:19.50
12 – 15 ye	ears: 400m	Freestyle																	
						09:46.99	09:30.51	08:50.41	08:30.81	08:04.88	08:51.71	08:12.26	08:06.01	08:35.30	08:43.38	10:40.51	08:41.21	09:01.07	08:35.30
16 years	& Over: 40	0m Freest	yle																
						08:25.71	08:10.31	07:36.00	07:19.05	06:56.72	07:38.07	07:02.94	06:57.35	07:22.63	06:58.04	08:32.10	07:27.38	07:44.77	07:22.63

GIRLS																			
12-14 yea		00.04.00	04 54 50	04 20 22	04.45.00	04.00.44	04 00 76	01.01.00	00 57 00	00 56 40	04.04.04	00 50 40	00 54 00	00 57 44	00 50 00	01 00 00	00 50 75	00 50 00	00.57.44
50FR	02:32.23			01:28.33					00:57.98						00:52.82		00:59.75		
100FR	05:27.09			03:08.79		02:29.63			02:03.62							02:10.52			
50BK	02:28.59								01:09.09									01:06.98	
100BK	05:40.49	05:16.43	04:19.03	03:42.16	03:11.52	02:49.46	02:42.26	02:29.20	02:18.85	02:11.77	02:34.68	02:14.21	02:13.90	02:16.44	02:11.74			02:23.26	02:16.44
50BR	03:38.53	02:31.98	01:56.81	01:48.19		01:31.85	01:30.48		01:15.82		01:21.76		01:14.80		01:06.07	01:15.46	01:13.36	01:14.68	
100BR		06:09.10	04:48.93	03:50.62	03:23.29	03:25.23	03:03.17	02:38.93	02:36.36		02:56.96	02:33.06	02:34.56	02:41.48	02:26.74	02:53.93	02:36.91	02:49.56	02:41.48
50BF			02:04.17	01:51.61	01:28.53	01:26.12	01:11.28	01:09.71	01:05.82	01:26.12	01:08.42	01:04.52	01:01.04	01:02.16	00:57.45	01:04.23	01:05.23	01:05.27	01:02.16
100BF					04:06.97	02:58.73	02:42.98	02:24.95	02:17.47	02:58.73	02:41.42	02:10.70	02:12.96	02:21.56	02:14.61	03:19.24	02:23.96	02:28.64	02:21.56
200IM					06:50.75	06:16.64	05:48.18	05:24.80	05:05.58	06:16.64	05:44.24	05:02.10	04:58.53	05:00.66	04:59.12	06:00.86	05:12.91	05:15.69	05:00.66
150IM			07:13.43	06:07.55															
15/16 ye	ars																		
50FR	02:09.59	02:04.32	01:37.76	01:17.33	01:06.23	01:01.09	00:56.29	00:54.51	00:51.14	00:49.51	00:53.72	00:47.14	00:47.62	00:49.68	00:46.02	00:52.32	00:51.81	00:52.16	00:49.68
100FR	04:49.61	04:16.18	03:17.76	02:45.55	02:22.09	02:11.77	02:01.38		01:49.19							01:53.07	01:51.67	01:53.52	01:48.11
50BK	02:11.71			01:32.36					01:00.92					00:55.44		01:03.15	00:59.83	00:58.21	
100BK	04:59.04			03:15.22					02:02.63			01:58.17				02:24.69	02:04.53	02:06.20	
50BR	03:13.79					01:20.82			01:06.59	01.00.20	01:11.81	01:03.39							
100BR	00120175	05:26.62		03:22.87		02:49.88			02:18.04		02:32.16				02:07.73				02:22.17
50BF		05.20.02	01:49.22	01:37.59		01:06.68	01:02.28			00:55.34			00:54.08		00:49.94	00:55.67	00:56.62	00:56.82	00:54.12
100BF			01.15.22	01.37.35	03:28.17	02:30.44	02:17.49		01:56.14	01:55.70		01:50.49			01:52.39			02:06.58	
200IM					05:47.59	05:25.78	05:02.88		04:18.62					04:15.14			04:11.91	04:18.83	
150IM			06:02 10	05:08.62	05.47.55	05.25.78	05.02.00	04.34.07	04.10.02	05.25.70	05.02.00	04.54.07	04.10.02	04.13.14	04.30.21	04.14.50	04.11.51	04.10.05	04.05.51
17 years	8. Ovor		00.03.19	05.08.02															
50FR	02:03.77	01:58.71	01.22 51	01:13.96	01:03.43	00.59.02	00.52.49	00.51 70	00:48.58	00.47.02	00.51.02	00.44 77	00.45.25	00.46.22	00.42.00	00.49.92	00.49.24	00:48.64	00:46 22
			01.33.31	02:38.36						01:41.54		01:38.15			01:33.90				
100FR	04:36.71	04:04.74																01:47.82	01:42.69
50BK	02:05.39	01:58.07	01:39.08							00:54.77	01:01.68				00:49.71	00:58.90		00:54.30	
100BK	04:45.74	04:24.15		03:07.02					01:56.75	01:50.66				01:54.36		02:15.10		02:00.09	
50BR	03:05.73	02:08.25		01:30.63		01:16.42			01:02.98		01:07.91			00:57.56		01:01.05			
100BR		05:11.64		03:14.01		02:41.15			02:10.95			02:07.91			01:59.11			02:21.59	
50BF			01:44.23	01:33.06			00:58.88		00:53.36								00:52.82	00:52.99	
100BF					03:19.39	02:23.03	02:10.75			01:50.03		01:45.09		01:53.54	01:44.77	02:32.59	01:55.32	01:59.22	01:53.54
200IM					05:33.70	05:02.53	04:41.06	04:21.93	04:06.66	04:03.24	04:36.64	04:39.25	04:00.17	04:06.74	03:52.62	04:39.00	04:11.11	04:19.08	04:06.74
150IM			06:02.53	05:09.20															
<u>12 – 17 y</u>	ears & Ove																		
	10:48.62	10:26.69	08:01.21	06:33.90	05:39.31	04:29.26	04:28.49	04:07.79	04:03.26	03:42.82	04:04.84	03:41.82	03:47.24	03:46.16	03:44.67	04:19.99	03:57.94	03:57.48	03:19.39
12 – 15 y	ears: 400m	Freestyle	2																
						10:47.88	10:08.80	09:35.04	09:02.66	09:01.81	10:11.63	09:02.93	08:53.55	09:18.47	09:58.49	11:59.81	09:18.95	09:47.39	09:18.47
16 years	& Over: 40	0m Freest	yle																
						09:16.75	08:43.64	08:14.98	07:48.01	07:45.74	08:45.37	07:46.13	07:38.71	07:59.47	07:58.04	09:35.28	07:59.86	08:23.85	07:59.47
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