



# 2024 Sydney Open (Incorporating the 2024 UniSport Nationals - Swimming) Sydney Olympic Park Aquatic Centre 9 - 11 May 2024



Day One HEATS Thursday 9 May, 9:00am			Day One FINALS Thursday 9 May, 6:00pm		
1	Women's 15/O 400m Freestyle		1	Women's 15/O 400m Freestyle	
2	Men's 15/O 400m Freestyle		2	Men's 15/O 400m Freestyle	
3	Women's 15/O 50m Backstroke		3	Women's 15/O 50m Backstroke	
4	Men's 15/O 200m Backstroke		4	Men's 15/O 200m Backstroke	
5	Women's 11 & Over 200m MC Freestyle		5	Women's 11 & Over 200m MC Freestyle	
6	Men's 11 & Over 200m MC Freestyle		6	Men's 11 & Over 200m MC Freestyle	
7	Women's 15/O 200m Butterfly		7	Women's 15/O 200m Butterfly	
8	Men's 15/O 100m Butterfly		8	Men's 15/O 100m Butterfly	
9	Women's 15/O 200m Breaststroke		9	Women's 15/O 200m Breaststroke	
10	Men's 15/O 100m Breaststroke		10	Men's 15/O 100m Breaststroke	
11	Women's 15/O 50m Freestyle		11	Women's 15/O 50m Freestyle	
12	Men's 15/O 50m Freestyle		12	Men's 15/O 50m Freestyle	
13	Women's 15/O 200m Individual Medley		13	Women's 15/O 200m Individual Medley	
14	Men's 15/O 200m Individual Medley		14	Men's 15/O 200m Individual Medley	
15	Women's 11 & Over 100m MC Butterfly		15	Women's 11 & Over 100m MC Butterfly	
16	Men's 11 & Over 100m MC Butterfly		16	Men's 11 & Over 100m MC Butterfly	
			17	Women's 4x50m Medley Relay	Timed Finals
			18	Men's 4x50m Medley Relay	Timed Finals

\* Fastest Heat to be swum in the Finals Session

**ENTRIES CLOSE 5PM TUESDAY 30<sup>th</sup> April 2024**

**ENTRY FEE \$28.50 PER INDIVIDUAL EVENT \$45.50 PER RELAY EVENT (GST INCLUSIVE)**

**MINIMUM AGE FOR THIS EVENT IS 15 YEARS, AS OF 9<sup>TH</sup> MAY 2024, WITH THE EXCEPTION OF MULTI-CLASS SWIMMERS WHERE THE MINIMUM AGE IS 11 YEARS.**

**NOTE:** Finals will be conducted as 'A' and 'B' finals provided that twenty-five (25) swimmers contest the heats of that event. Top 10 fastest, from the heats, (regardless of club or university) will compete in the 'A' final and the next 10 fastest, from the heats, (regardless of club or university) will compete in the 'B' final.

Medals will be awarded to the the top three Club and University swimmers.

No 'B' Finals will be conducted for Multi Class Events. Each Multi Class Final will consist of a maximum of ten (10) swimmers. The Final will be filled with the top 10 qualifiers based on Parra points. 800m & 1500m Freestyle events will be swum as timed finals with the fastest heat swam in the final's session.

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Day Two HEATS Friday 10 May, 9:00am			Day Two FINALS Friday 10 May, 6:00pm		
19	Women's 15/O 400m Individual Medley		19	Women's 15/O 400m Individual Medley	
20	Men's 15/O 50m Backstroke		20	Men's 15/O 50m Backstroke	
21	Women's 11 & Over 400m MC Freestyle		21	Women's 11 & Over 400m MC Freestyle	
22	Men's 11 & Over 400m MC Freestyle		22	Men's 11 & Over 400m MC Freestyle	
23	Women's 15/O 200m Freestyle		23	Women's 15/O 200m Freestyle	
24	Men's 15/O 100m Freestyle		24	Men's 15/O 100m Freestyle	
25	Women's 15/O 100m Breaststroke		25	Women's 15/O 100m Breaststroke	
26	Men's 15/O 50m Breaststroke		26	Men's 15/O 50m Breaststroke	
27	Women's 11 & Over 100m MC Breaststroke		27	Women's 11 & Over 100m MC Breaststroke	
28	Men's 11 & Over 100m MC Breaststroke		28	Men's 11 & Over 100m MC Breaststroke	
29	Women's 15/O 100m Backstroke		29	Women's 15/O 100m Backstroke	
30	Men's 15/O 200m Butterfly		30	Men's 15/O 200m Butterfly	
31	Women's 15/O 50m Butterfly		31	Women's 15/O 50m Butterfly	
32	Men's 11 & Over 50m MC Freestyle		32	Men's 11 & Over 50m MC Freestyle	
33	Women's 11 & Over 50m MC Freestyle		33	Women's 11 & Over 50m MC Freestyle	
34*	Men's 15/O 800m Freestyle	Timed Finals	34*	Men's 15/O 800m Freestyle	Timed Finals
35*	Women's 15/O 1500m Freestyle	Timed Finals	35*	Women's 15/O 1500m Freestyle	Timed Finals
			36	Men's 4x50m Freestyle Relay	Timed Finals
			37	Women's 4x50m Freestyle Relay	Timed Finals
			38#	Mixed 4x100m Medley Relay	Timed Finals

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Day Three HEATS Saturday 11 May, 9:00am			Day Three FINALS Saturday 11 May, 5:30pm		
39	Men's 11 & Over 100m MC Freestyle		39	Men's 11 & Over 100m MC Freestyle	
40	Women's 11 & Over 100m MC Freestyle		40	Women's 11 & Over 100m MC Freestyle	
41	Men's 15/O 200m Freestyle		41	Men's 15/O 200m Freestyle	
42	Women's 15/O 100m Freestyle		42	Women's 15/O 100m Freestyle	
43	Men's 15/O 400m Individual Medley		43	Men's 15/O 400m Individual Medley	
44	Women's 15/O 100m Butterfly		44	Women's 15/O 100m Butterfly	
45	Men's 11 & Over 200m MC Individual Medley		45	Men's 11 & Over 200m MC Individual Medley	
46	Women's 11 & Over 200m MC Individual Medley		46	Women's 11 & Over 200m MC Individual Medley	
47	Men's 15/O 50m Butterfly		47	Men's 15/O 50m Butterfly	
48	Women's 15/O 50m Breaststroke		48	Women's 15/O 50m Breaststroke	
49	Men's 15/O 100m Backstroke		49	Men's 15/O 100m Backstroke	
50	Women's 15/O 200m Backstroke		50	Women's 15/O 200m Backstroke	
51	Men's 15/O 200m Breaststroke		51	Men's 15/O 200m Breaststroke	
52	Men's 11 & Over 100m MC Backstroke		52	Men's 11 & Over 100m MC Backstroke	
53	Women's 11 & Over 100m MC Backstroke		53	Women's 11 & Over 100m MC Backstroke	
54*	Women's 15/O 800m Freestyle	Timed Finals	54*	Women's 15/O 800m Freestyle	Timed Finals
55*	Men's 15/O 1500m Freestyle	Timed Finals	55*	Men's 15/O 1500m Freestyle	Timed Finals
			56	Women's 4x100 Freestyle Relay	Timed Finals
***	<b>SPRINT CHALLENGE EVENT</b>		57	Men's 4x100 Freestyle Relay	Timed Finals

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**Sydney Olympic Park Aquatic Centre**  
**9 - 11 May 2024**



**CAM MCEVOY SPRINT CHALLENGE**

**At this years Sydney Open we will be hosting a new and exciting event the Cam McEvoy Sprint Challenge**

**Details are as follows**

- **Saturday May 11<sup>th</sup> post the heat session (approx. 11.30am)**
- **Qualification will come from 50 freestyle event swum on Thursday evening finals**

**3x25 on 10 minutes**

- **Dive effort with timing system**
  - **Knock out 2 slowest swimmers per 25 = 6/4/2**
- **Winner is fastest added up time from last 2 swimmers.**

**There will be 2 heats of women and 2 heats of men**

**Heat 1 – Fastest 6 swimmers from the 50 free**

**Heat 2 – next fastest 6 swimmers**

**Consideration will be given to any athletes who have an event conflict and cannot swim the 50 free for entry into the 2<sup>nd</sup> heat on the day.**

**Swimmers will be notified on Friday morning of their position in the event**

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**Sydney Olympic Park Aquatic Centre**  
**9 - 11 May 2024**

**QUALIFYING TIMES**

MEN		WOMEN
<b>FREESTYLE</b>		
26.50	50m	31.50
56.50	100m	1:04.50
2:05.00	200m	2:16.00
4:25.00	400m	4:45.00
9:20.00	800m	9:50.00
17:10.00	1500m	18:45.00
<b>BACKSTROKE</b>		
31.00	50m	35.00
1:06.00	100m	1:13.00
2:27.00	200m	2:42.50
<b>BREASTSTROKE</b>		
35.00	50m	39.00
1:12.00	100m	1:23.50
2:43.00	200m	2:59.00
<b>BUTTERFLY</b>		
29.00	50m	32.00
1:02.00	100m	1:10.00
2:25.50	200m	2:42.00
<b>INDIVIDUAL MEDLEY</b>		
2:21.00	200m	2:35.50
5:03.00	400m	5:32.00
<b>CLUB RELAYS</b>		
1:50.00	4x50 F/S	2:10.00
2:05.00	4x50 Med	2:20.00
3:58.00	4x100 F/S	4:22.00
	4 x 100 Mixed Medley	4:40.00

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**QUALIFYING TIMES MUST HAVE BEEN ACHIEVED SINCE 1<sup>ST</sup> October 2022. LONG COURSE & SHORT  
 COURSE TIMES WILL BE ACCPETED, HOWEVER WHEN A SWIMMER ONLY HAS A SC TIME UNDER THE QT  
 TIME THEY WILL BE SEEDD ON THE QT.**



## Sydney Open Multi-Class Qualifying Times

### WOMEN

Women	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM	
S1	2:02.32	4:19.82			4:21.47		SB1		SM1		
S2	1:48.57	3:55.51			4:45.12		SB2		SM2		
S3	1:26.24	2:58.31			3:10.52		SB3		3:06.56		SM3
S4	0:56.43	2:09.69			2:42.14		SB4		2:44.78		SM4
S5	0:52.36	1:53.63			2:34.00		SB5		2:39.72		SM5
S6	0:51.81	1:54.62	4:13.66	8:43.05	2:07.49	2:29.16	SB6	2:30.48	SM6	4:47.54	
S7	0:49.94	1:47.36	3:50.56	8:23.58	2:03.42	2:04.85	SB7	2:17.50	SM7	4:39.18	
S8	0:45.87	1:39.11	3:34.50	7:20.22	1:53.08	1:58.47	SB8	1:57.48	SM8	4:17.29	
S9	0:42.35	1:30.31	3:12.28	7:00.53	1:41.20	1:47.03	SB9	1:50.66	SM9	3:55.40	
S10	0:40.92	1:28.77	3:12.28	6:44.25	1:46.59	1:39.00			SM10	3:41.10	
S11	0:47.52	1:42.96	3:43.30	7:46.29	1:58.58	1:55.72	SB11	2:09.03	SM11	4:15.97	
S12	0:40.48	1:26.35	3:04.03	7:01.96	1:40.54	1:37.24	SB12	2:01.99	SM12	3:39.34	
S13	0:39.38	1:26.13	3:08.32	6:39.41	1:39.66	1:34.93	SB13	1:50.88	SM13	3:30.43	
S14	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB14	1:57.48	SM14	3:40.66	
S15	0:39.38	1:25.58	3:05.79	6:25.66	1:38.67	1:34.16	SB15	1:47.47	SM15	3:30.10	
S16	0:45.65	1:42.30	3:49.46	8:24.02	2:18.60	1:44.28	SB16	2:18.82	SM16	4:33.02	
S18	0:43.67	1:34.27	3:23.39	7:10.98	1:45.49	1:45.38	SB18	2:03.31	SM18	3:51.66	
S19	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB19	1:57.48	SM19	3:40.66	

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## Sydney Open Multi-Class Qualifying Times

### MEN

Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM	
S1	1:39.33	3:39.78			4:37.64		SB1		SM1		
S2	1:26.46	3:07.88			3:11.73		SB2		SM2		
S3	1:07.32	2:32.79			2:58.75		SB3		2:46.21		SM3
S4	0:54.67	1:59.79			2:26.19		SB4		2:19.92		SM4
S5	0:47.52	1:49.34			2:18.16		SB5		2:10.90		SM5
S6	0:44.77	1:38.01	3:36.81	7:41.89	1:52.20	1:49.34	SB6	2:11.34	SM6	4:04.09	
S7	0:41.14	1:29.98	3:13.38	7:03.06	1:48.24	1:51.98	SB7	2:00.89	SM7	3:58.48	
S8	0:39.60	1:26.24	3:06.56	6:47.22	1:39.66	1:36.36	SB8	1:43.29	SM8	3:38.35	
S9	0:37.95	1:24.26	2:59.52	6:22.36	1:33.61	1:32.73	SB9	1:45.82	SM9	3:25.70	
S10	0:35.53	1:17.33	2:47.53	5:51.45	1:28.44	1:25.80			SM10	3:15.25	
S11	0:37.40	1:21.62	2:56.99	6:15.21	1:39.66	1:31.41	SB11	1:58.91	SM11	3:25.81	
S12	0:36.41	1:20.96	2:52.48	6:08.50	1:32.07	1:24.92	SB12	1:55.28	SM12	3:21.74	
S13	0:35.53	1:19.09	2:52.92	6:08.72	1:31.74	1:27.12	SB13	1:51.98	SM13	3:20.97	
S14	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB14	1:49.12	SM14	3:18.66	
S15	0:34.21	1:15.79	2:44.45	5:35.83	1:25.47	1:22.83	SB15	1:43.73	SM15	2:57.43	
S16	0:39.71	1:28.88	3:19.21	7:52.89	1:47.25	2:14.75	SB16	2:11.56	SM16	3:57.49	
S18	0:38.28	1:23.60	3:00.29	6:39.52	1:36.36	1:31.30	SB18	1:54.62	SM18	3:28.56	
S19	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB19	1:49.12	SM19	3:18.66	

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