



EVENT DETAILS & ENTRY INFORMATION

- **Event:** 2024 NSW Senior State Age Short Course Championships
- **Dates:** 23rd - 25th August 2024
- **Closing Date:** Entries Close at 5:00pm AEST, Tuesday 13th August
- **Age as at:** 23rd August 2024
- **Event Fee:** **\$24.00** Per Individual Event & **\$46.00** Per Relay Event (GST Inclusive)
- **Minimum Age:** 13 Years Old
 - **Please note, swimmers are only permitted to swim at one (1) State Age Championship within the Short Course Season- this includes relays*
- **Qualifying Period/Criteria:**
 - Results must be achieved since 1st October 2022 to be eligible for entry into this event.
 - LC & SC Times from within this period can be used to enter this meet.
 - A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events – please ensure you refer to the QTs for your eligibility before entering.
- **Medals:** Will be awarded as per the schedule of events
- **Relays:**
 - A swimmer may only appear in one (1) relay team list for that event
 - Where a club enters three (3) or more relay teams, all teams must meet the qualifying time to be eligible
 - A maximum of one (1) swimmer from a younger age group may compete in a relay team, however the minimum age at these championships is 13 years old.

If you have any questions regarding this event, please contact

events@nsw.swimming.org.au





**2024 NSW SENIOR STATE AGE
SHORT COURSE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
23rd – 25th August 2024**

Session 1					
Friday 23 August, 3:00pm					
B	G				Medalled as:
1	2	13 Years & Over	1500m	Freestyle	13yrs, 14yrs, 15yrs, 16yrs & 17/0
3	4	Open MC	200m	Individual Medley	12-14yrs; 15-16yrs; 17/0
5	6	17 Years/Over	200m	Individual Medley	17yrs/O
7	8	15/16 Years	200m	Individual Medley	15-16yrs
9	10	13/14 Years	200m	Individual Medley	13-14yrs
11	12	17 Years/Over	100m	Breaststroke	17yrs/O
13	14	16 Years	100m	Breaststroke	16yrs
15	16	15 Years	100m	Breaststroke	15yrs
17	18	14 Years	100m	Breaststroke	14yrs
19	20	13 Years	100m	Breaststroke	13yrs
21	22	Open MC	100m	Breaststroke	12-14yrs; 15-16yrs; 17/0

Saturday 24 August, 9:00am						Saturday 24 August, Not before 12:30pm					
B	G				Medalled as:	B	G				Medalled as:
23	24	13/14 Years	50m	Butterfly	13yrs; 14yrs	57	58	13/14 Years	50m	Breaststroke	13yrs; 14yrs
25	26	15/16 Years	50m	Butterfly	15yrs; 16yrs	59	60	15/16 Years	50m	Breaststroke	15yrs; 16yrs
27	28	17 Years/O	50m	Butterfly	17yrs/O	61	62	17 Years/O	50m	Breaststroke	17yrs/O
29	30	Open MC	100m	Butterfly	12-14yrs; 15-16yrs; 17/0	63	64	Open MC	100m	Freestyle	12-14yrs; 15-16yrs; 17/0
31	32	13-15 Years	400m	Freestyle	13yrs, 14yrs; 15yrs	65	66	13 Years	100m	Butterfly	13yrs
33	34	16 Years/Over	200m	Breaststroke	16yrs; 17yrs/O	67	68	14 Years	100m	Butterfly	14yrs
35	36	13 Years	100m	Backstroke	13yrs	69	70	15 Years	100m	Butterfly	15yrs
37	38	14 Years	100m	Backstroke	14yrs	71	72	16 Years	100m	Butterfly	16yrs
39	40	15 Years	100m	Backstroke	15yrs	73	74	17 Years/Over	100m	Butterfly	17yrs
41	42	16 Years	100m	Backstroke	16yrs	75	76	13/14 Years	200m	Freestyle	13yrs; 14yrs
43	44	17 Years/Over	100m	Backstroke	17yrs	77	78	15/16 Years	200m	Freestyle	15yrs; 16yrs
45	46	Open MC	50m	Backstroke	12-14yrs; 15-16yrs; 17/0	79	80	17 Years/Over	200m	Freestyle	17yrs/O
47	48	13-15 Years	200m	Breaststroke	13yrs, 14yrs; 15yrs	81	82	Open MC	50m	Breaststroke	12-14yrs; 15-16yrs; 17/0
49	50	16 Years/Over	400m	Freestyle	16yrs; 17yrs/O	83	84	13 Years & Over	400m	Individual Medley	13yrs; 14yrs; 15yrs; 16yrs; 17yrs/O
51	52	13/14 Years	4x50m	Medley Relay	13-14yrs	85	86	Open	4x25m	Freestyle Relay	Open
53	54	15/16 Years	4x50m	Medley Relay	15-16yrs						
55	56	17 Years/Over	4x50m	Medley Relay	17yrs/O						



**2024 NSW SENIOR STATE AGE
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Session 4 Sunday 25 August, 9:00am					Session 5 Sunday 25 August, Not before 12:30pm						
B	G				Medalled as:	B	G				Medalled as:
87	88	13/14 Years	50m	Backstroke	13yrs; 14yrs	117	118	Open MC	400m	Freestyle	12-14yrs; 15-16yrs; 17/O
89	90	15/16 Years	50m	Backstroke	15yrs; 16yrs	119	120	13/14 Years	50m	Freestyle	13yrs; 14yrs
91	92	17 Years/O	50m	Backstroke	17yrs/O	121	122	15/16 Years	50m	Freestyle	15yrs; 16yrs
93	94	13-15 Years	200m	Butterfly	13yrs; 14yrs; 15yrs	123	124	17 Years/O	50m	Freestyle	17yrs/O
95	96	16 Years/Over	200m	Butterfly	16yrs; 17yrs/O	125	126	Open MC	50m	Freestyle	12-14yrs; 15-16yrs; 17/O
97	98	Open MC	100m	Backstroke	12-14yrs; 15-16yrs; 17/O	127	128	13-15 Years	200m	Backstroke	13yrs; 14yrs; 15yrs
99	100	17 Years/Over	100m	Freestyle	17yrs/O	129	130	16 Years/Over	200m	Backstroke	16yrs; 17yrs/O
101	102	16 Years	100m	Freestyle	16yrs	131	132	13 Years & Over	800m	Freestyle	13yrs;14yrs;15yrs;16yrs & 17/O
103	104	15 Years	100m	Freestyle	15yrs	133	134	Open MC	50m	Butterfly	12-14yrs; 15-16yrs; 17/O
105	106	14 Years	100m	Freestyle	14yrs	135	136	13/14 Years	4x50m	Freestyle Relay	13-14yrs
107	108	13 Years	100m	Freestyle	13yrs	137	138	15/16 Years	4x50m	Freestyle Relay	15-16yrs
109	110	16 Years/Over	100m	Individual Medley	16yrs; 17yrs/O	139	140	17 Years/Over	4x50m	Freestyle Relay	17yrs/O
111	112	13-15 Years	100m	Individual Medley	13yrs; 14yrs; 15yrs						
113	114	Open MC	200m	Freestyle	12-14yrs; 15-16yrs; 17/O						
115	116	Open	4x25m	Medley Relay	Open						

**AGE AS AT 23rd August 2024
ENTRIES CLOSE 5:00PM, TUESDAY 13TH AUGUST
ENTRY FEES: \$24.00 INDIVIDUAL EVENTS, \$46.00 RELAYS (GST INCLUSIVE)
QUALIFYING TIMES ACHIEVED SINCE 1ST OCTOBER 2022 CAN BE USED TO ENTER THIS MEET**

QUALIFYING TIMES - BOYS

		17yrs & Over	16yrs	15yrs	14yrs	13yrs
FREESTYLE	50m	25.90	26.00	26.50	27.50	28.50
	100m	55.00	56.00	57.00	58.00	59.00
	200m	2:01.00	2:02.00	2:04.00	2:08.00	2:12.00
	400m	4:25.00	4:26.00	4:28.00	4:32.50	4:38.00
	800m	8:55.00	9:10.00	9:30.00	9:40.00	9:50.00
	1500m	17:10.00	17:40.00	18:10.00	18:40.00	19:00.00
BACKSTROKE	50m	28.50	29.00	29.80	30.50	31.75
	100m	1:04.50	1:05.00	1:05.00	1:07.00	1:07.01
	200m	2:22.80	2:23.00	2:23.00	2:27.00	2:27.01
BREASTSTROKE	50m	31.00	32.00	33.00	34.50	35.50
	100m	1:12.00	1:14.00	1:14.00	1:15.00	1:15.01
	200m	2:39.00	2:43.00	2:45.00	2:49.00	2:49.01
BUTTERFLY	50m	26.50	27.50	28.50	29.75	31.00
	100m	1:00.50	1:04.00	1:04.00	1:05.00	1:05.01
	200m	2:21.00	2:24.00	2:27.00	2:35.00	2:35.01
INDIVIDUAL MEDLEY	100m	1:04.50	1:05.00	1:05.00	1:07.00	1:07.01
	200m	2:19.00	2:19.00	2:20.00	2:23.50	2:23.51
	400m	4:48.00	5:04.00	5:10.00	5:20.00	5:20.00
RELAYS		17yrs & Over	15-16yrs		13-14yrs	
Freestyle	4 x 50m	01:57.50	2:02.50		2:08.00	
Freestyle	4 x 25m	Open: 0:58.75				
Medley	4 x 50m	2:14.50	2:21.00		2:27.50	
Medley	4 x 25m	Open: 1:07.25				

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QUALIFYING TIMES - GIRLS

		17yrs & Over	16yrs	15yrs	14yrs	13yrs
FREESTYLE	50m	28.60	28.70	28.80	28.90	29.50
	100m	1:02.00	1:02.00	1:02.00	1:02.00	1:03.50
	200m	2:15.50	2:16.00	2:16.00	2:16.50	2:17.50
	400m	4:43.00	4:46.50	4:46.50	4:48.00	4:52.50
	800m	09:30.00	09:50.00	09:55.00	10:10.00	10:30.00
	1500m	17:55.00	18:10.00	18:30.00	18:45.00	19:00.00
BACKSTROKE	50m	31.00	31.50	32.30	33.00	34.75
	100m	1:11.00	1:11.00	1:11.00	1:11.00	1:12.00
	200m	2:33.00	2:33.50	2:34.50	2:35.00	2:36.50
BREASTSTROKE	50m	35.00	35.50	36.20	37.00	38.50
	100m	1:22.00	1:22.00	1:22.00	1:21.00	1:24.00
	200m	2:54.00	2:55.00	2:57.00	2:56.50	3:01.00
BUTTERFLY	50m	30.00	30.50	31.30	32.00	33.00
	100m	1:11.00	1:11.00	01:11.50	01:12.0	1:12.50
	200m	2:35.50	2:35.50	2:36.00	2:38.00	2:40.00
INDIVIDUAL MEDLEY	100m	01:10.00	1:11.00	1:11.00	1:11.00	1:12.00
	200m	2:33.00	2:33.00	2:33.00	2:33.00	2:35.40
	400m	5:15.00	5:20.00	5:30.00	5:38.00	5:45.00
RELAYS		17yrs & Over	15-16yrs		13-14yrs	
Freestyle	4 x 50m	02:00.00	2:05.00		2:10.00	
Freestyle	4 x 25m	Open: 0:58.75				
Medley	4 x 50m	2:27.00	2:30.00		2:34.00	
Medley	4 x 25m	Open: 1:13.50				

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QUALIFYING TIMES – Multi Class

MALE MC QTs																			
Dist/Stroke	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S17	S18	S19
10-12 Years																			
50FR	1:57.38	1:46.69	1:17.13	1:07.32	0:58.35	0:51.71	0:48.54	0:46.22	0:44.38	0:41.31	0:44.95	0:40.44	0:41.30	0:44.39	0:42.03	0:43.79	0:45.58	0:46.61	0:44.39
100FR	4:10.87	3:53.16	2:51.04	2:27.25	2:06.51	1:54.12	1:46.08	1:40.66	1:36.49	1:29.84	1:39.15	1:29.05	1:31.20	1:34.98	1:32.40	1:38.73	1:37.32	1:28.53	1:34.98
50BK	2:20.87	1:53.49	1:25.79	1:20.85	1:08.17	1:04.64	1:02.12	0:55.67	0:53.73	0:50.90	0:57.06	0:51.07	0:50.69	0:52.87	0:48.31	0:55.25	0:53.39	0:55.52	0:52.87
100BK	5:02.72	3:51.88	3:18.92	2:56.44	2:26.58	2:09.28	2:03.83	1:54.12	1:48.38	1:45.10	1:51.11	1:41.72	1:41.99	1:49.62	1:43.52	1:58.59	1:50.52	1:55.11	1:49.62
50BR	2:43.38	1:40.37	1:28.22	1:22.40	1:17.52	1:06.61	1:06.47	0:58.55	0:53.58		1:00.46	0:56.89	0:54.81	0:54.03	0:50.30	0:56.38	0:57.18	0:56.73	0:54.03
100BR		4:04.65	3:24.01	2:55.89	2:48.88	2:27.96	2:22.74	2:01.95	1:58.27		2:07.84	1:58.78	1:55.41	1:59.11	1:47.07	2:06.19	1:59.71	2:05.06	1:59.11
50BF	3:41.62	2:22.02	1:42.12	1:15.91	1:03.81	0:54.88	0:54.06	0:49.98	0:48.45	0:45.49	0:48.88	0:46.15	0:47.20	0:47.71	0:44.24	0:48.93	0:48.60	0:50.08	0:47.71
100BF					2:17.24	2:03.24	2:00.97	1:43.22	1:41.71	1:36.46	1:44.42	1:36.55	1:36.60	1:41.99	1:36.18	1:49.57	1:42.03	1:47.09	1:41.99
200IM					5:10.83	4:37.75	4:25.30	4:02.51	3:50.53	3:43.70	4:03.91	3:41.93	3:43.08	3:52.24	3:38.95	4:24.56	3:55.11	4:03.85	3:52.24
150IM			5:53.34	5:10.11															
FEMALE MC QTs																			
Dist/Stroke	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	S16	S17	S18	S19
10-12 Years																			
50FR	2:14.52	2:04.61	1:38.53	1:18.05	1:06.30	1:01.36	0:56.34	0:54.66	0:51.24	0:49.65	0:53.94	0:47.26	0:47.77	0:50.47	0:46.67	0:53.34	0:52.80	0:53.00	0:50.47
100FR	4:49.03	4:15.92	3:20.52	2:46.83	2:22.19	2:12.22	2:01.51	1:57.50	1:49.24	1:47.20	1:58.61	1:43.65	1:43.17	1:48.56	1:42.14	1:55.33	1:52.41	1:53.99	1:48.56
50BK	2:11.31	2:04.05	1:44.35	1:32.64	1:17.41	1:15.20	1:10.80	1:06.72	1:01.05	0:58.10	1:05.44	0:59.44	0:58.79	0:56.37	0:54.17	1:04.31	1:01.15	0:59.19	0:56.37
100BK	5:00.87	4:39.61	3:48.89	3:16.31	2:49.24	2:29.74	2:23.38	2:11.84	2:02.69	1:56.44	2:16.68	1:58.60	1:58.32	2:00.56	1:56.41	2:28.02	2:05.29	2:06.59	2:00.56
50BR	3:13.11	2:14.29	1:43.22	1:35.60	1:23.38	1:21.17	1:19.95	1:08.70	1:07.00		1:12.25	1:03.61	1:06.10	1:02.85	0:58.39	1:06.68	1:04.82	1:05.99	1:02.85
100BR		5:26.15	4:15.31	3:23.79	2:59.64	3:01.35	2:41.85	2:20.44	2:18.17		2:36.37	2:15.25	2:16.58	2:22.69	2:09.66	2:33.69	2:18.66	2:29.83	2:22.69
50BF			1:49.72	1:38.62	1:18.23	1:16.10	1:02.99	1:01.60	0:58.16	0:56.31	1:00.46	0:57.01	0:53.94	0:54.93	0:50.77	0:56.75	0:57.64	0:57.67	0:54.93
100BF					3:29.14	2:31.35	2:18.02	2:02.75	1:56.41	1:56.25	2:16.69	1:50.68	1:52.59	1:59.88	1:53.99	2:48.72	2:01.90	2:05.87	1:59.88
200IM					5:47.83	5:18.95	4:54.84	4:35.05	4:18.77	4:16.04	4:51.52	4:15.82	4:12.80	4:14.61	4:13.31	5:05.59	4:24.98	4:27.34	4:14.61
150IM			6:23.00	5:24.78															

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