

## EVENT DETAILS & ENTRY INFORMATION

- **Event:** 2024 New South Wales Country LC Championships
- **Dates:** 16 – 18 February 2024
- **Opening Date:** Entries will open after Senior Age Championships before Christmas break.
- **Closing Date:** Entries Close at 5:00pm AEDT, Tuesday 6<sup>th</sup> February 2024
- **Age as at:** 16<sup>th</sup> February 2024
- **Event Fee:** \$23.50 Per Individual Event & \$45.50 Per Relay Event (GST Inclusive)
- **Minimum Age:** 9 Years Old (16<sup>th</sup> February 2024)
- **Qualifying Period/Criteria:**
  - Results must be achieved since 1<sup>st</sup> Oct 2022 to be eligible for entry into this event.
  - LC & SC Times from within this period can be used to enter this meet.
  - A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- **Medals:**
  - Event medals will be award in the following groups:
    - 50m events will be medalled as per the QT age groups and 17yrs and over as one age group
    - 100m events will be medalled as per the QT age groups and 17yrs and over as one group
    - 200m Form Strokes will be medalled as per the age groups listed in the program of events
    - 200m Freestyle and 200m Individual Medley will be medalled as per the age group listed in the program of events
    - 400m Freestyle and 400m Individual Medley will be medalled as per the age group listed in the program of events
    - 800m & 1500m events will be medalled as 14yrs & under and 15yrs & over
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events – please ensure you refer to the QTs for your eligibility before entering.
- **Multi-Class Medals:**
  - In all Multi-Class Events, medals will be awarded in the following age groups:
    - 9-14 Years, 15-16 Years and 17 Years & Over
- **Open Events:** **Please note in the Open Events there are Age Qualifying Times**

**Event Contact:** [events@nsw.swimming.org.au](mailto:events@nsw.swimming.org.au)

---

### PROGRAM OF EVENTS

<b>Session 1</b>				
<b>Friday 16 February, 3:00pm</b>				
<b>M</b>	<b>F</b>			
1	2	Open	800m	Freestyle
3	4	Open MC	100m	Breaststroke
5	6	17yrs/Over	100m	Butterfly
7	8	15/16yrs	100m	Butterfly
9	10	14yrs	100m	Butterfly
11	12	13yrs	100m	Butterfly
13	14	12yrs	100m	Butterfly
15	16	17yrs/Over	100m	Breaststroke
17	18	15/16yrs	100m	Breaststroke
19	20	14yrs	100m	Breaststroke
21	22	13yrs	100m	Breaststroke
23	24	12yrs	100m	Breaststroke
25	26	Open MC	200m	Ind Medley
27	28	17yrs/Over	200m	Ind Medley
29	30	15/16yrs	200m	Ind Medley
31	32	13/14yrs	200m	Ind Medley
33	34	12yrs/Under	200m	Ind Medley

**AGE AS AT 16 FEBRUARY, 2024**

**ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024**

**ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**

<b>Session 2</b>				
<b>Saturday 17 February, 9:00am</b>				
<b>M</b>	<b>F</b>			
35	36	17yrs/Over	200m	Freestyle
37	38	15/16yrs	200m	Freestyle
39	40	13/14yrs	200m	Freestyle
41	42	12yrs/Under	200m	Freestyle
43	44	Open MC	50m	Freestyle
45	46	Open	50m	Breaststroke
47	48	11yrs/U	50m	Breaststroke
49	50	17yrs/Over	100m	Backstroke
51	52	15/16yrs	100m	Backstroke
53	54	14yrs	100m	Backstroke
55	56	13yrs	100m	Backstroke
57	58	12yrs	100m	Backstroke
59	60	11yrs	100m	Backstroke
61	62	10yrs/U	100m	Backstroke
63	64	Open MC	100m	Backstroke
65	66	15yrs/O	4x50m	Freestyle Relay
67	68	13/14yrs	4x50m	Freestyle Relay

<b>Session 3</b>				
<b>Saturday 17 February, Not Before 12:00pm</b>				
<b>M</b>	<b>F</b>			
69	70	15yrs/O	4x50m	Medley Relay
71	72	13/14yrs	4x50m	Medley Relay
73	74	15yrs/Over	400m	Freestyle
75	76	14yrs/Under	400m	Freestyle
77	78	Open MC	100m	Freestyle
79	80	11yrs	100m	Breaststroke
81	82	10yrs/U	100m	Breaststroke
83	84	17yrs/Over	50m	Freestyle
85	86	15/16yrs	50m	Freestyle
87	88	13/14yrs	50m	Freestyle
89	90	11/12yrs	50m	Freestyle
91	92	9/10yrs	50m	Freestyle
93	94	Open MC	100m	Butterfly
95	96	15yrs/Over	200m	Butterfly
97	98	14yrs/Under	200m	Butterfly

<b>Session 4</b>				
<b>Sunday 18 February, 9:00am</b>				
<b>M</b>	<b>F</b>			
99	100	11yrs/U	50m	Butterfly
101	102	Open	50m	Butterfly
103	104	14yrs/U	400m	Ind Medley
105	106	15yrs/Over	400m	Ind Medley
107	108	12yrs	100m	Freestyle
109	110	13yrs	100m	Freestyle
111	112	14yrs	100m	Freestyle
113	114	15/16yrs	100m	Freestyle
115	116	17yrs/Over	100m	Freestyle
117	118	10yrs/U	100m	Butterfly
119	120	11yrs	100m	Butterfly
121	122	14yrs/Under	200m	Backstroke
123	124	15yrs/Over	200m	Backstroke
125	126	12yrs/Under	4x50m	Medley Relay

<b>Session 5</b>				
<b>Sunday 18 February, Not Before 12:00pm</b>				
<b>M</b>	<b>F</b>			
127	128	12yrs/Under	4x50m	Freestyle Relay
129	130	Open	50m	Backstroke
131	132	11yrs/U	50m	Backstroke
133	134	Open	1500m	Freestyle
135	136	11yrs	100m	Freestyle
137	138	10yrs/U	100m	Freestyle
139	140	15yrs/Over	200m	Breaststroke
141	142	14yrs/Under	200m	Breaststroke

**AGE AS AT 16 FEBRUARY, 2024**  
**ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024**  
**ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**



**NSW COUNTRY CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
16 - 18 FEBRUARY 2024**

**Qualifying Times - Men & Boys**

Qualifying Times MALE	17yrs & Over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs	10yrs/U	9yrs
<b>Freestyle</b>										
50m	27.50	28.00	29.30	29.70	30.70	32.00	34.00	36.00		38.50
100m	59.5	1.00.00	1.01.50	1.03.50	1.05.00	1.10.00	1.13.00	1.18.50		1.22.50
200m	2.08.00	2.12.00	2.14.50	2.17.00	2.23.00	2.31.00	2.39.00		2.47.50	
400m	4.34.00	4.37.00	4.44.50	4.49.00	4.57.00	5.15.00	5.28.00			
800m	9.42.00	9.55.00	10.05.00	10.15.00	10.30.00	10.45.00				
1500m	18.14.00	18.23.00	18.51.00	19.10.00	19.35.00	19.55.00				
<b>Backstroke</b>										
50m	31.20	31.80	33.20	34.30	35.50	38.00	40.00	43.00		45.00
100m	1.09.50	1.11.00	1.12.50	1.16.00	1.18.00	1.22.00	1.26.00		1.30.00	
200m	2.34.00	2.37.00	2.38.00	2.41.00	2.44.00	2.54.50	3.07.00			
<b>Breaststroke</b>										
50m	34.00	34.50	36.10	37.30	38.70	43.00	48.00	49.50		52.50
100m	1.20.00	1.20.00	1.23.00	1.24.00	1.26.50	1.32.00	1.39.00		1.45.00	
200m	2.53.50	2.57.50	3.00.50	3.02.50	3.08.50	3.21.00	3.34.00			
<b>Butterfly</b>										
50m	29.30	29.80	31.20	32.10	34.50	36.50	39.00	43.00		46.00
100m	1.05.00	1.08.00	1.10.00	1.11.50	1.15.00	1.20.00	1.25.00		1.33.00	
200m	2.30.00	2.34.00	2.39.00	2.42.50	2.44.00	2.56.00	3.10.50			
<b>Individual Medley</b>										
200m	2.30.00	2.31.00	2.34.00	2.40.00	2.45.00	2.53.00	3.02.00		3.06.00	
400m	5.11.00	5.13.00	5.21.00	5.28.00	5.38.00	5.46.00				
<b>Relays</b>										
4x50 Freestyle	15 & Over 2.00.00			13/14yrs 2.03.00		12 & Under 2.15.00				
4x50 Medley	15 & Over 2.20.00			13/14yrs 2.25.50		12 & Under 2.40.50				

**AGE AS AT 16 FEBRUARY, 2024  
ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024  
ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**



**NSW COUNTRY CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
16 - 18 FEBRUARY 2024**

**Qualifying Times - Women & Girls**

Qualifying Times FEMALE	17yrs & Over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs	10yrs/U	9yrs
<b>Freestyle</b>										
50m	30.90	31.20	31.50	31.50	32.00	32.50	35.00	37.00		39.00
100m	1.05.30	1.05.50	1.06.00	1.07.00	1.09.00	1.10.00	1.13.50	1.20.00		1.23.00
200m	2.23.50	2.24.00	2.24.50	2.25.50	2.28.50	2.33.00	2.42.00		2.55.00	
400m	4.56.00	4.59.00	5.01.00	5.04.00	5.12.00	5.20.00	5.30.00			
800m	10.05.00	10.10.00	10.10.00	10.25.00	10.40.00	10.47.00				
1500m	18.45.00	18.53.00	19.05.00	19.30.00	20.00.00	20.10.00				
<b>Backstroke</b>										
50m	35.00	35.40	35.60	36.30	37.20	38.50	40.50	43.50		45.50
100m	1.16.00	1.16.50	1.17.50	1.18.00	1.20.00	1.23.00	1.27.00		1.31.00	
200m	2.44.50	2.46.00	2.47.00	2.48.00	2.52.00	2.56.00	3.07.00			
<b>Breaststroke</b>										
50m	39.00	39.50	40.00	40.50	41.50	43.00	47.00	50.50		53.00
100m	1.27.50	1.28.00	1.29.00	1.30.00	1.32.00	1.34.50	1.38.00		1.45.00	
200m	3.08.00	3.11.50	3.13.00	3.15.50	3.18.00	3.21.00	3.34.00			
<b>Butterfly</b>										
50m	32.90	33.20	33.50	34.10	35.00	36.00	39.50	44.50		46.50
100m	1.13.00	1.15.00	1.15.50	1.17.00	1.19.00	1.22.00	1.27.50		1.34.00	
200m	2.47.00	2.49.00	2.51.00	2.54.50	2.58.00	3.06.00	3.11.50			
<b>Individual Medley</b>										
200m	2.44.00	2.45.00	2.46.00	2.47.00	2.52.00	2.54.50	3.02.00		3.15.00	
400m	5.38.00	5.39.00	5.41.00	5.46.00	5.50.00	5.57.00				
<b>Relays</b>										
4x50 Freestyle	15yrs/Over 2.05.00			13/14yrs 2.08.00			12yrs/Under 2.17.00			
4x50 Medley	15yrs/Over 2.27.00			13/14yrs 2.32.00			12yrs/Under 2.49.00			

**AGE AS AT 16 FEBRUARY, 2024**

**ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024**

**ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**

**NSW COUNTRY CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
16 - 18 FEBRUARY 2024**

**Qualifying Times – Multi Class – Girls**

**9-14 years**

	<b>S19</b>	<b>S18</b>	<b>S16</b>	<b>S15</b>	<b>S14</b>	<b>S13</b>	<b>S12</b>	<b>S11</b>	<b>S10</b>	<b>S9</b>	<b>S8</b>	<b>S7</b>	<b>S6</b>	<b>S5</b>	<b>S4</b>	<b>S3</b>	<b>S2</b>	<b>S1</b>
<b>50FR</b>	57.75	57.75	1:03.05	52.36	57.75	54.73	53.92	1:02.11	56.60	57.93	1:02.11	1:02.93	1:10.56	1:11.10	1:30.09	1:51.85	2:21.37	2:20.14
<b>100FR</b>	2:04.94	2:04.94	2:16.46	1:54.33	2:04.94	1:57.38	1:57.53	2:16.04	2:02.23	2:01.63	2:12.17	2:15.82	2:30.31	2:31.62	3:09.58	3:59.92	4:41.65	5:14.70
<b>100BK</b>	2:18.35	2:18.35	2:59.33	2:13.36	2:18.35	2:17.06	2:16.67	2:37.64	2:12.01	2:17.46	2:27.21	2:44.21	2:51.30	3:02.93	3:41.08	4:42.53	5:41.39	5:54.02
<b>100BR</b>	2:41.00	2:41.00	3:00.41	2:25.53	2:41.00	2:32.52	2:31.94	2:56.36		2:32.16	2:33.45	2:58.25	3:07.94	3:04.74	3:40.93	4:13.69	5:54.10	
<b>100BF</b>	2:18.16	2:18.16	3:45.47	2:07.29	2:18.16	2:11.01	2:05.54	2:37.99	2:15.07	2:12.53	2:21.97	2:38.34	2:56.60	3:52.08				
<b>200IM</b>	5:02.43	5:02.43	6:06.94	4:44.05	5:02.43	4:52.32	4:56.05	5:38.94	4:56.15	4:51.70	5:11.88	5:31.37	6:11.45	6:19.81	5:30.24*	6:50.20*		

\*This event is 150m Individual Medley if required.

**15 Years & Over**

	<b>S19</b>	<b>S18</b>	<b>S16</b>	<b>S15</b>	<b>S14</b>	<b>S13</b>	<b>S12</b>	<b>S11</b>	<b>S10</b>	<b>S9</b>	<b>S8</b>	<b>S7</b>	<b>S6</b>	<b>S5</b>	<b>S4</b>	<b>S3</b>	<b>S2</b>	<b>S1</b>
<b>50FR</b>	47.36	52.10	51.67	42.97	47.36	44.90	44.24	50.90	46.42	47.50	50.90	51.57	57.78	58.22	1:13.66	1:31.37	1:55.39	1:54.39
<b>100FR</b>	1:42.39	1:52.63	1:51.76	1:33.76	1:42.39	1:36.24	1:37.18	1:51.42	1:40.18	1:39.70	1:48.27	1:51.25	2:03.03	2:04.09	2:34.98	3:15.93	3:49.88	4:16.77
<b>100BK</b>	1:53.30	2:04.63	2:26.64	1:49.24	1:53.30	1:52.25	1:51.94	2:09.00	1:48.14	1:52.58	2:00.51	2:14.34	2:20.11	2:29.57	2:30.61	3:27.82	4:38.48	4:48.76
<b>100BR</b>	2:11.72	2:24.89	2:27.52	1:59.14	2:11.72	2:04.83	2:04.36	2:24.23		2:04.53	2:05.58	2:26.58	2:33.64	2:31.04	3:00.48	3:27.13	4:48.83	
<b>100BF</b>	1:53.14	2:04.45	3:04.18	1:44.31	1:53.14	1:47.33	1:42.88	2:09.28	1:50.64	1:48.57	1:56.24	2:09.56	2:24.42	3:09.55				
<b>200IM</b>	4:08.34	4:33.17	5:00.83	3:53.40	4:08.34	4:00.12	4:03.16	4:38.05	4:03.24	3:59.62	4:16.04	4:31.89	5:04.50	5:11.30	4:30.97*	5:38.02*		

\*This event is 150m Individual Medley if required.

**AGE AS AT 16 FEBRUARY, 2024  
ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024  
ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**



**NSW COUNTRY CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
16 - 18 FEBRUARY 2023**

**Qualifying Times – Multi Class – Boys**

**9-14 years**

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
<b>50FR</b>	50.70	55.77	52.67	47.95	50.70	78.74	46.28	51.73	47.14	50.80	52.94	55.29	59.35	1:05.01	1:14.30	1:24.04	1:57.76	2:06.35
<b>100FR</b>	1:50.58	2:01.64	1:59.55	1:44.51	1:50.58	1:46.36	1:42.05	1:53.14	1:41.97	1:50.50	1:54.97	2:00.21	2:10.05	2:19.27	2:42.75	3:05.07	4:15.29	4:35.08
<b>100BK</b>	2:06.87	2:19.56	2:20.99	1:58.49	2:06.87	1:59.26	1:58.34	2:14.46	2:00.61	2:03.11	2:08.55	2:22.55	2:26.49	2:31.46	3:11.44	3:49.69	4:35.22	6:15.63
<b>100BR</b>	2:11.92	2:25.11	2:28.79	1:59.55	2:11.92	2:08.47	2:13.92	2:19.83		2:11.03	2:13.05	2:41.52	2:47.91	3:00.22	3:10.06	3:38.04	4:20.95	
<b>100BF</b>	2:00.36	2:12.40	2:14.96	1:47.80	2:00.36	1:54.31	1:53.58	2:00.71	1:51.83	1:58.28	2:00.42	2:15.42	2:22.18	2:38.51				
<b>200IM</b>	4:33.00	5:00.30	5:25.52	4:02.38	4:33.00	4:20.90	4:19.50	4:42.34	4:19.86	4:24.29	4:38.39	5:07.28	5:19.34	5:32.89	5:02.75*	5:54.62*		

\*This event is 150m Individual Medley if required.

**15 Years & Over**

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
<b>50FR</b>	41.62	45.78	43.22	39.38	41.62	39.21	38.02	42.45	38.73	41.70	43.44	45.35	48.66	53.27	1:00.82	1:08.74	1:36.18	1:43.17
<b>100FR</b>	1:30.71	1:39.78	1:38.01	1:25.77	1:30.71	1:27.27	1:23.76	1:32.79	1:23.70	1:30.64	1:34.28	1:38.54	1:46.55	1:54.05	2:13.15	2:31.31	3:28.43	3:44.54
<b>100BK</b>	1:43.96	1:54.36	1:55.45	1:37.15	1:43.96	1:37.77	1:37.02	1:50.13	1:38.87	1:40.91	1:45.32	1:56.71	1:59.93	2:03.97	2:36.50	3:07.61	3:44.65	5:06.34
<b>100BR</b>	1:48.07	1:58.88	2:01.79	1:38.01	1:48.07	1:45.26	1:49.70	1:54.51		1:47.35	1:48.99	2:12.15	2:17.35	2:27.36	2:35.37	2:58.13	3:33.04	
<b>100BF</b>	1:38.67	1:48.54	1:50.54	1:28.45	1:38.67	1:33.75	1:33.15	1:39.76	1:31.72	1:36.97	1:38.71	1:50.92	1:56.42	2:09.70				
<b>200IM</b>	3:44.40	4:06.84	4:27.13	3:19.49	3:44.40	3:44.56	3:33.42	3:52.00	3:33.72	3:37.32	3:48.79	4:12.29	4:22.10	4:33.13	4:08.61*	4:50.80*		

\*This event is 150m Individual Medley if required.

**AGE AS AT 16 FEBRUARY, 2024  
ENTRIES CLOSE 5PM TUESDAY 6 FEBRUARY, 2024  
ENTRY FEE \$23.50 PER INDIVIDUAL EVENT, \$45.50 PER RELAY EVENT (including GST)**