

## **EVENT DETAILS & ENTRY INFORMATION**

- **Event:** 2024 New South Wales Metropolitan SC Championships
- **Dates:** 19<sup>th</sup> – 21<sup>st</sup> July 2024
- **Closing Date:** Entries Close at **11:59pm** AEST, Tuesday 9<sup>th</sup> July 2024
- **Age as at:** 19<sup>TH</sup> July 2024
- **Event Fee:** **\$24.00** Per Individual Event (GST Inclusive)
- **Minimum Age:** 9 Years Old (as of 19<sup>th</sup> July 2024)
- **Qualifying Period/Criteria:**
  - Results must be achieved since 1<sup>st</sup> October 2022 to be eligible for entry into this event.
  - LC & SC Times from within this period can be used to enter this meet.
  - A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events – please ensure you refer to the QTs for your eligibility before entering.
- **Medals:** Will be awarded as per the schedule of events

**If you have any questions regarding this event, please contact**  
[\*\*events@nsw.swimming.org.au\*\*](mailto:events@nsw.swimming.org.au)

**SNSW has recently updated the Entry procedure policy entries now close at 11.59pm on the closing date and NO late entries will be accepted.**



**2024 NEW SOUTH WALES  
METROPOLITAN SHORT COURSE CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
19<sup>th</sup> – 21<sup>st</sup> JULY 2024**

<b>Session 1</b>					
<b>Friday 19th July, 2:00pm</b>					
<b>M</b>	<b>F</b>				<b>Medalled as:</b>
1	2	12-17yrs/O	800m	Freestyle	14/U; 15/O
3	4	Open MC	100m	Breaststroke	12-14yrs; 15-16yrs; 17/O
5	6	9/10yrs	100m	Butterfly	9-10yrs
7	8	11/12yrs	100m	Butterfly	11-12yrs
9	10	13/14yrs	100m	Butterfly	13-14yrs
11	12	15/16yrs	100m	Butterfly	15-16yrs
13	14	17yrs/O	100m	Butterfly	17yrs/O
15	16	10-12yrs	200m	Ind Medley	10yrs; 11-12yrs
17	18	13/14yrs	200m	Ind Medley	13-14yrs
19	20	15/16yrs	200m	Ind Medley	15-16yrs
21	22	17yrs/O	200m	Ind Medley	17yrs/O
23	24	Open MC	200m	Ind Medley	12-14yrs; 15-16yrs; 17/O
25	26	9/10yrs	100m	Breaststroke	9-10yrs
27	28	11/12yrs	100m	Breaststroke	11-12yrs
29	30	13/14yrs	100m	Breaststroke	13-14yrs
31	32	15/16yrs	100m	Breaststroke	15-16yrs
33	34	17yrs/O	100m	Breaststroke	17yrs/O

**AGE AS AT 19th July 2024**

**ENTRIES CLOSE 11.59PM TUESDAY 9 July 2024 NO LATE ENTRIES WILL BE ACCEPTED**

**ENTRY FEES \$24.00 per individual event**

**QUALIFYING TIMES ACHIEVED SINCE 1<sup>ST</sup> OCTOBER 2022 CAN BE USED TO ENTER THIS MEET**



**2024 NEW SOUTH WALES  
METROPOLITAN SHORT COURSE CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
19<sup>th</sup> – 21<sup>st</sup> JULY 2024**

Session 2					Session 3								
Saturday 20th July, 9:00am					Saturday 20th July, 12:30pm								
M	F				Medalled as:		M	F				Medalled as:	
35	36	17yrs/O	200m	Freestyle	17yrs/O		71	72	17yrs/O	50m	Freestyle	17yrs/O	
37	38	15/16yrs	200m	Freestyle	15-16yrs		73	74	15/16yrs	50m	Freestyle	15-16yrs	
39	40	13/14yrs	200m	Freestyle	13-14yrs		75	76	13/14yrs	50m	Freestyle	13-14yrs	
41	42	10-12yrs	200m	Freestyle	10yrs; 11-12yrs		77	78	17yrs/O	200m	Breaststroke	17yrs/O	
43	44	Open MC	50m	Freestyle	12-14yrs; 15-16yrs; 17/O		79	80	Open MC	100m	Freestyle	12-14yrs; 15-16yrs; 17/O	
45	46	17yrs/O	50m	Breaststroke	17yrs/O		81	82	17yrs/O	200m	Butterfly	17yrs/O	
47	48	15/16yrs	50m	Breaststroke	15-16yrs		83	84	15/16yrs	200m	Butterfly	15-16yrs	
49	50	13/14yrs	50m	Breaststroke	13-14yrs		85	86	13/14yrs	200m	Butterfly	13-14yrs	
51	52	11/12yrs	50m	Breaststroke	11-12yrs		87	88	11/12yrs	200m	Butterfly	11-12yrs	
53	54	9/10yrs	50m	Breaststroke	9-10yrs		89	90	17yrs/O	100m	IM	17yrs/O	
55	56	17yrs/O	100m	Backstroke	17yrs/O		91	92	15/16yrs	100m	IM	15-16yrs	
57	58	15/16yrs	100m	Backstroke	15-16yrs		93	94	Open MC	100m	Butterfly	12-14yrs; 15-16yrs; 17/O	
59	60	13/14yrs	100m	Backstroke	13-14yrs		95	96	15yrs & O	400m	Freestyle	15-16yrs; 17yrs/O	
61	62	11/12yrs	100m	Backstroke	11-12yrs		97	98	11-14yrs	400m	Freestyle	11-12yrs; 13-14yrs	
63	64	9/10yrs	100m	Backstroke	9-10yrs								
65	66	Open MC	100m	Backstroke	12-14yrs; 15-16yrs; 17/O								
67	68	13/14yrs	100m	IM	13-14yrs								
69	70	9-12yrs	100m	IM	9-10yrs; 11-12yrs								

**AGE AS AT 19th July 2024**  
**ENTRIES CLOSE 11.59PM TUESDAY 9 July 2024 NO LATE ENTRIES WILL BE ACCEPTED**  
**ENTRY FEES \$24.00 per individual event**  
**QUALIFYING TIMES ACHIEVED SINCE 1<sup>ST</sup> OCTOBER 2022 CAN BE USED TO ENTER THIS MEET**



**2024 NEW SOUTH WALES  
METROPOLITAN SHORT COURSE CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
19<sup>th</sup> – 21<sup>st</sup> JULY 2024**

Session 4					Session 5						
Sunday 21st July, 9:00am					Sunday 21st July, 12:30pm						
M	F				Medalled as:	M	F				Medalled as:
99	100	15-17yrs/O	1500m	Freestyle	15-16yrs; 17yrs/O	127	128	17yrs/O	100m	Freestyle	17yrs/O
101	102	17yrs/O	50m	Butterfly	17yrs/O	129	130	15/16yrs	100m	Freestyle	15-16yrs
103	104	15/16yrs	50m	Butterfly	15-16yrs	131	132	13/14yrs	100m	Freestyle	13-14yrs
105	106	13/14yrs	50m	Butterfly	13-14yrs	133	134	11/12yrs	100m	Freestyle	11-12yrs
107	108	11/12yrs	50m	Butterfly	11-12yrs	135	136	9/10yrs	100m	Freestyle	9-10yrs
109	110	9/10yrs	50m	Butterfly	9-10yrs	137	138	15/16yrs	200m	Breaststroke	15-16yrs
111	112	12-14yrs	400m	Ind Medley	12yrs; 13-14yrs	139	140	13/14yrs	200m	Breaststroke	13-14yrs
113	114	15yrs/O	400m	Ind Medley	15-16yrs; 17yrs/O	141	142	11/12yrs	200m	Breaststroke	11-12yrs
115	116	11/12yrs	200m	Backstroke	11-12yrs	143	144	17yrs/O	50m	Backstroke	17yrs/O
117	118	13/14yrs	200m	Backstroke	13-14yrs	145	146	15/16yrs	50m	Backstroke	15-16yrs
119	120	15/16yrs	200m	Backstroke	15-16yrs	147	148	13/14yrs	50m	Backstroke	13-14yrs
121	122	17yrs/O	200m	Backstroke	17yrs/O	149	150	11/12yrs	50m	Backstroke	11-12yrs
123	124	9/10yrs	50m	Freestyle	9-10yrs	151	152	9/10yrs	50m	Backstroke	9-10yrs
125	126	11/12yrs	50m	Freestyle	11-12yrs						

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19<sup>th</sup> – 21<sup>st</sup> JULY 2024**

Qualifying Times - Men & Boys						
		17yrs & Over	15-16yrs	13-14yrs	11-12yrs	9-10yrs
Free	50m	25.50	27.00	28.50	30.00	33.00
	100m	55.00	58.00	01:02.50	01:06.50	01:16.00
	200m	02:02.00	02:07.00	02:15.00	02:23.00	<b>10yrs only:</b> 2:35.00
	400m	04:23.00	04:32.00	04:45.00	05:00.00	
	800m	09:10.00	09:25.00	<b>12-14yrs: 9:45.00</b>		
	1500m	17:10.00	17:40.00			
Back	50m	30.00	32.50	34.00	36.50	40.00
	100m	01:05.00	01:08.00	01:11.50	01:15.80	01:26.00
	200m	02:24.00	02:28.00	02:34.00	02:40.00	
Breast	50m	33.20	35.80	38.40	42.00	47.00
	100m	01:14.00	01:18.00	01:24.00	01:30.00	01:40.00
	200m	02:42.00	02:50.00	02:58.00	03:07.00	
Fly	50m	28.00	31.50	33.50	37.00	40.00
	100m	01:04.00	01:06.00	01:11.50	01:18.00	01:32.00
	200m	02:24.00	02:28.00	02:34.00	02:40.00	
Medley	100m	01:05.50	01:08.00	01:12.00	01:18.00	01:25.00
	200m	02:20.00	02:25.00	02:36.00	02:44.50	<b>10yrs only:</b> 3:02.00
	400m	05:04.00	05:10.00	<b>12-14yrs: 5:25.00</b>		

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**2024 NEW SOUTH WALES  
 METROPOLITAN SHORT COURSE CHAMPIONSHIPS  
 SYDNEY OLYMPIC PARK AQUATIC CENTRE  
 19<sup>th</sup> – 21<sup>st</sup> JULY 2024**

Qualifying Times – Women & Girls						
		17yrs & Over	15-16yrs	13-14yrs	11-12yrs	9-10yrs
Free	50m	28.50	29.00	30.00	32.20	34.50
	100m	01:02.00	01:03.00	01:04.50	01:09.75	01:17.50
	200m	02:15.00	02:17.00	02:18.80	02:22.00	<b>10yrs only: 2:35.00</b>
	400m	04:46.00	04:48.00	04:55.00	05:05.00	
	800m	09:30.00	09:45.00	<b>12-14yrs: 10:10.00</b>		
	1500m	18:20.00	19:00.00			
Back	50m	33.00	34.50	36.00	38.50	41.00
	100m	01:11.00	01:12.80	01:14.50	01:18.00	01:28.00
	200m	02:36.00	02:38.00	02:41.00	02:49.00	
Breast	50m	37.00	38.00	41.50	43.00	48.50
	100m	01:24.50	01:26.00	01:27.00	01:31.00	01:41.00
	200m	02:57.00	02:58.00	03:01.00	03:07.00	
Fly	50m	31.00	32.50	34.00	38.00	41.00
	100m	01:10.50	01:13.50	01:15.80	01:23.00	01:32.00
	200m	02:40.00	02:41.00	02:42.00	02:50.00	
Medley	100m	01:11.00	01:12.50	01:16.20	01:19.00	01:28.00
	200m	02:33.50	02:34.50	02:40.50	02:45.00	<b>10yrs only: 3:01.00</b>
	400m	05:27.50	05:27.50	<b>12-14yrs: 5:40.00</b>		

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## 2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES MALES 10-14 YEARS



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>10-14 years</b>										
50FR	02:12.84	02:00.74	01:27.29	01:16.18	01:06.04	00:58.52	00:54.93	00:52.31	00:50.22	00:46.75
100FR	04:43.91	04:23.86	03:13.56	02:46.63	02:23.17	02:09.14	02:00.05	01:53.92	01:49.19	01:41.67
100BK	05:42.58	04:22.41	03:45.11	03:19.67	02:45.89	02:26.30	02:20.13	02:09.14	02:02.65	01:58.94
100BR		04:36.87	03:50.87	03:19.06	03:11.12	02:47.44	02:41.54	02:18.01	02:13.84	
100BF					02:35.31	02:19.47	02:16.89	01:56.81	01:55.10	01:49.16
200IM					05:51.76	05:14.32	05:00.23	04:34.44	04:20.88	04:13.15
150IM			06:39.86	05:50.95						
MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19	
<b>10-14 years</b>										
50FR	00:50.87	00:45.76	00:46.74	00:50.23	00:47.56	00:49.56	00:51.58	00:52.74	00:50.23	
100FR	01:52.20	01:40.78	01:43.21	01:47.49	01:44.57	01:51.73	01:50.14	01:40.19	01:47.49	
100BK	02:05.74	01:55.11	01:55.42	02:04.06	01:57.15	02:14.20	02:05.07	02:10.27	02:04.06	
100BR	02:24.67	02:14.42	02:10.60	02:14.79	02:01.17	02:22.81	02:15.47	02:21.53	02:14.79	
100BF	01:58.17	01:49.27	01:49.31	01:55.42	01:48.84	02:04.00	01:55.46	02:01.20	01:55.42	
200IM	04:36.02	04:11.15	04:12.45	04:22.82	04:07.78	04:59.40	04:26.07	04:35.96	04:22.82	

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 14<sup>TH</sup> JULY 2023

ENTRIES CLOSE 5PM TUESDAY 4<sup>TH</sup> JULY 2023

ENTRY FEE \$22 (GST INCLUSIVE)

## 2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES MALES 15-16 YEARS



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>15/16 years</b>										
<b>50FR</b>	01:57.94	01:46.91	01:17.04	01:07.16	00:58.20	00:51.58	00:48.47	00:46.13	00:44.30	00:41.34
<b>100FR</b>	04:11.50	03:53.82	02:50.90	02:26.86	02:06.27	01:53.89	01:45.97	01:40.49	01:36.31	01:29.80
<b>100BK</b>	04:57.35	03:50.33	03:17.29	02:56.23	02:27.21	02:09.07	02:03.39	01:54.04	01:48.22	01:44.85
<b>100BR</b>		04:40.85	03:58.69	03:07.71	02:57.57	02:40.05	02:32.85	02:10.41	02:07.67	
<b>100BF</b>					02:16.41	02:02.90	02:01.06	01:42.87	01:41.41	01:36.21
<b>200IM</b>					05:03.51	04:37.05	04:24.43	04:02.03	03:50.15	03:43.00
<b>150IM</b>			05:22.85	04:36.67						

MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
<b>15/16 years</b>									
<b>50FR</b>	00:44.85	00:40.40	00:41.20	00:43.70	00:41.39	00:42.89	00:44.79	00:45.89	00:43.70
<b>100FR</b>	01:38.99	01:28.91	01:30.84	01:34.63	01:31.06	01:36.62	01:36.78	01:39.37	01:34.63
<b>100BK</b>	01:56.02	01:41.31	01:41.54	01:49.23	01:41.86	01:56.20	01:50.05	01:54.69	01:49.23
<b>100BR</b>	02:17.84	02:06.00	02:04.44	02:07.89	01:45.58	02:03.72	02:08.44	02:14.29	02:07.89
<b>100BF</b>	01:44.07	01:36.15	01:36.13	01:42.34	01:34.85	01:47.00	01:42.36	01:47.46	01:42.34
<b>200IM</b>	04:03.19	03:41.07	03:42.20	03:51.16	03:35.99	04:18.18	03:53.81	04:02.72	03:51.16

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 14<sup>TH</sup> JULY 2023

ENTRIES CLOSE 5PM TUESDAY 4<sup>TH</sup> JULY 2023

ENTRY FEE \$22 (GST INCLUSIVE)



**2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES  
MALES 17 YEARS & OVER**



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>17 years &amp; Over</b>										
50FR	02:00.28	01:48.98	01:18.67	01:08.58	00:59.44	00:52.30	00:49.15	00:46.78	00:44.94	00:41.93
100FR	04:16.41	03:58.39	02:54.58	02:29.96	02:08.97	01:55.49	01:47.48	01:41.91	01:37.68	01:31.07
100BK	05:03.95	03:54.47	03:21.27	03:00.02	02:30.54	02:10.88	02:05.11	01:55.66	01:49.74	01:46.31
100BR		04:09.62	03:27.19	02:58.47	02:51.61	02:28.81	02:23.62	02:03.26	01:59.35	
100BF					02:19.34	02:04.82	02:03.00	01:44.47	01:42.98	01:37.73
200IM					05:19.04	04:41.53	04:28.80	04:06.09	03:54.01	03:46.70
150IM			05:28.97	04:41.95						

MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
<b>17 years &amp; Over</b>									
50FR	00:45.48	00:40.98	00:41.79	00:43.41	00:41.12	00:42.64	00:44.52	00:45.58	00:43.41
100FR	01:40.39	01:30.17	01:32.11	01:35.93	01:30.44	01:36.06	01:38.10	01:40.73	01:35.93
100BK	01:57.63	01:42.66	01:42.94	01:50.76	01:41.19	01:55.51	01:51.58	01:56.30	01:50.76
100BR	02:09.18	01:59.62	01:56.41	02:00.20	01:44.86	02:02.98	02:00.77	02:06.21	02:00.20
100BF	01:45.69	01:37.63	01:37.60	01:43.08	01:34.19	01:46.94	01:43.11	01:48.24	01:43.08
200IM	04:07.23	03:44.71	03:45.87	03:54.95	03:34.47	04:16.83	03:57.60	04:06.69	03:54.95

**In all Multi-Class Events, medals will be awarded in the following age groups:**

**12-14 Years, 15-16 Years and 17 Years & Over.**

**AGE AS AT 19<sup>TH</sup> JULY 2024**

**ENTRIES CLOSE 5PM TUESDAY 9<sup>TH</sup> JULY 2023**

**ENTRY FEE \$24 (GST INCLUSIVE)**

**2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES  
FEMALES 10-14 YEARS**



FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>10-14 years</b>										
<b>50FR</b>	02:32.23	02:21.02	01:51.50	01:28.33	01:15.03	01:09.44	01:03.76	01:01.86	00:57.98	00:56.18
<b>100FR</b>	05:27.09	04:49.62	03:46.93	03:08.79	02:40.91	02:29.63	02:17.51	02:12.97	02:03.62	02:01.32
<b>100BK</b>	05:40.49	05:16.43	04:19.03	03:42.16	03:11.52	02:49.46	02:42.26	02:29.20	02:18.85	02:11.77
<b>100BR</b>		06:09.10	04:48.93	03:50.62	03:23.29	03:25.23	03:03.17	02:38.93	02:36.36	
<b>100BF</b>					04:06.97	02:58.73	02:42.98	02:24.95	02:17.47	02:58.73
<b>200IM</b>					06:50.75	06:16.64	05:48.18	05:24.80	05:05.58	06:16.64
<b>150IM</b>			07:13.43	06:07.55						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
<b>10-14 years</b>									
<b>50FR</b>	01:01.04	00:53.48	00:54.06	00:57.11	00:52.82	01:00.36	00:59.75	00:59.98	00:57.11
<b>100FR</b>	02:14.23	01:57.30	01:56.75	02:02.85	01:55.59	02:10.52	02:07.21	02:09.00	02:02.85
<b>100BK</b>	02:34.68	02:14.21	02:13.90	02:16.44	02:11.74	02:47.52	02:21.78	02:23.26	02:16.44
<b>100BR</b>	02:56.96	02:33.06	02:34.56	02:41.48	02:26.74	02:53.93	02:36.91	02:49.56	02:41.48
<b>100BF</b>	02:41.42	02:10.70	02:12.96	02:21.56	02:14.61	03:19.24	02:23.96	02:28.64	02:21.56
<b>200IM</b>	05:44.24	05:02.10	04:58.53	05:00.66	04:59.12	06:00.86	05:12.91	05:15.69	05:00.66

**In all Multi-Class Events, medals will be awarded in the following age groups:**

**12-14 Years, 15-16 Years and 17 Years & Over.**

**AGE AS AT 19<sup>TH</sup> JULY 2024**

**ENTRIES CLOSE 5PM TUESDAY 9<sup>TH</sup> JULY 2023**

**ENTRY FEE \$24 (GST INCLUSIVE)**

**2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES  
FEMALES 10-14 YEARS**



FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>15/16 years</b>										
50FR	02:09.59	02:04.32	01:37.76	01:17.33	01:06.23	01:01.09	00:56.29	00:54.51	00:51.14	00:49.51
100FR	04:49.61	04:16.18	03:17.76	02:45.55	02:22.09	02:11.77	02:01.38	01:57.28	01:49.19	01:46.89
100BK	04:59.04	04:36.64	03:47.60	03:15.22	02:49.07	02:29.23	02:22.90	02:11.80	02:02.63	01:56.26
100BR		05:26.62	04:16.21	03:22.87	02:59.80	02:49.88	02:41.55	02:20.42	02:18.04	
100BF					03:28.17	02:30.44	02:17.49	02:02.20	01:56.14	01:55.70
200IM					05:47.59	05:25.78	05:02.88	04:34.67	04:18.62	05:25.78
150IM			06:03.19	05:08.62						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
<b>15/16 years</b>									
50FR	00:53.72	00:47.14	00:47.62	00:49.68	00:46.02	00:52.32	00:51.81	00:52.16	00:49.68
100FR	01:58.14	01:43.33	01:42.90	01:48.11	01:40.73	01:53.07	01:51.67	01:53.52	01:48.11
100BK	02:16.13	01:58.17	01:57.84	02:00.18	01:54.50	02:24.69	02:04.53	02:06.20	02:00.18
100BR	02:32.16	02:14.85	02:16.25	02:22.17	02:07.73	02:30.70	02:18.46	02:29.28	02:22.17
100BF	02:16.05	01:50.49	01:52.06	02:00.56	01:52.39	02:43.16	02:02.43	02:06.58	02:00.56
200IM	05:02.88	04:34.67	04:18.62	04:15.14	04:50.21	04:14.90	04:11.91	04:18.83	04:09.51

**In all Multi-Class Events, medals will be awarded in the following age groups:**

**12-14 Years, 15-16 Years and 17 Years & Over.**

**AGE AS AT 19<sup>TH</sup> JULY 2024**

**ENTRIES CLOSE 5PM TUESDAY 9<sup>TH</sup> JULY 2023**

**ENTRY FEE \$24 (GST INCLUSIVE)**

## 2024 METROPOLITAN MULTI-CLASS QUALIFYING TIMES FEMALES 17 YEARS & OVER



FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
<b>17 years &amp; Over</b>										
50FR	02:03.77	01:58.71	01:33.51	01:13.96	01:03.43	00:58.02	00:53.48	00:51.78	00:48.58	00:47.03
100FR	04:36.71	04:04.74	03:08.97	02:38.36	02:16.10	02:05.18	01:55.32	01:51.43	01:43.75	01:41.54
100BK	04:45.74	04:24.15	03:38.35	03:07.02	02:42.13	02:22.01	02:15.98	02:05.46	01:56.75	01:50.66
100BR		05:11.64	04:05.34	03:14.01	02:52.10	02:41.15	02:33.24	02:13.22	02:10.95	
100BF					03:19.39	02:23.03	02:10.75	01:56.20	01:50.45	01:50.03
200IM					05:33.70	05:02.53	04:41.06	04:21.93	04:06.66	04:03.24
150IM			06:02.53	05:09.20						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
<b>17 years &amp; Over</b>									
50FR	00:51.03	00:44.77	00:45.25	00:46.32	00:42.90	00:48.82	00:48.34	00:48.64	00:46.32
100FR	01:52.03	01:38.15	01:37.76	01:42.69	01:33.90	01:45.51	01:46.04	01:47.82	01:42.69
100BK	02:09.53	01:52.44	01:52.12	01:54.36	01:46.78	02:15.10	01:58.47	02:00.09	01:54.36
100BR	02:27.75	02:07.91	02:09.24	02:14.85	01:59.11	02:20.61	02:11.35	02:21.59	02:14.85
100BF	02:09.38	01:45.09	01:46.56	01:53.54	01:44.77	02:32.59	01:55.32	01:59.22	01:53.54
200IM	04:36.64	04:39.25	04:00.17	04:06.74	03:52.62	04:39.00	04:11.11	04:19.08	04:06.74

In all Multi-Class Events, medals will be awarded in the following age groups:

12-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 19<sup>TH</sup> JULY 2024

ENTRIES CLOSE 5PM TUESDAY 9<sup>TH</sup> JULY 2023

ENTRY FEE \$24 (GST INCLUSIVE)