

EVENT DETAILS & ENTRY INFORMATION

• Event: 2023 NSW Senior State Age Short Course Championships

• Dates: 1st-3rd September 2023

• Closing Date: Entries Close at 5:00pm AEST, Tuesday 22nd August

• Age as at: 1st September 2023

• Event Fee: \$23.50 Per Individual Event & \$45.50 Per Relay Event (GST Inclusive)

• Minimum Age:

Boys 13 Years

o Girls 12 Years

Multi-Class Events: 12 Years

o Age as at 1st September 2023

**Please note, swimmers are only permitted to swim at one (1) State Age Championship within the Short Course Season- this includes relays

• Qualifying Period/Criteria:

- o Results must be achieved since 1st April 2022 to be eligible for entry into this event.
- o LC & SC Times from within this period can be used to enter this meet.
- A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- Multi-Class Entries: MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events please ensure you refer to the QTs for your eligibility before entering.

• Medals:

- o For the following events (excluding relays), medals will be awarded in the following age groups:
 - **13 Years & Over (Boys) Events:** (#1, #100, #108)
 - 13/14 Years, 15 Years, 16 Years and 17 Years & Over
 - **12 Years & Over (Girls) Events:** (#2, #99, #107)
 - 12/13 Years, 14 Years, 15 Years, 16 Years and 17 Years & Over
 - 400m Freestyle Events:
 - #33 (Boys) & #34 (Girls): 16 Years and 17 Years & Over
 - #75 (Boys): 13/14 Years & 15 Years
 - #76 (Girls): 12/13 Years, 14 Years and 15 Years
 - 100m Individual Medley Events:
 - Boys (#97): 13/14 Years, 15 Years, 16 Years and 17 Years & Over
 - Girls (#98): 12/13 Years, 14 Years, 15 Years, 16 Years and 17 Years & Over
- o In all **Multi-Class Events**, medals will be awarded in the following age groups:
 - 12-14 Years, 15-16 Years and 17 Years & Over

• Relays:

- A swimmer may only appear in one (1) relay team list for that event
- Where a club enters three (3) or more relay teams, all teams must meet the qualifying time to be eligible
- A maximum of one (1) swimmer from a younger age group may compete in a relay team, however the minimum age at these championships is 13 years (Boys) and 12 years (Girls).
- Any swimmer that competes at Senior State Age SC Championships, including relays, will be ineligible for Junior State Age SC Championships.

If you have any questions regarding this event, please contact greta.brodie@nsw.swimming.org.au





Ses	sion :	1		
Frid	lay 1	September, 3:00pm	า	
В	G			
1		13 Years & Over	1500m	Freestyle
	2	12 Years & Over	1500m	Freestyle
3	4	Open MC	200m	Individual Medley
	5	12/13 Years	200m	Individual Medley
6		13/14 Years	200m	Individual Medley
	7	14 Years	200m	Individual Medley
8	9	15 Years	200m	Individual Medley
10	11	16 Years	200m	Individual Medley
12	13	17 Years/Over	200m	Individual Medley
14	15	Open MC	100m	Breaststroke
	16	12/13 Years	100m	Breaststroke
17		13/14 Years	100m	Breaststroke
	18	14 Years	100m	Breaststroke
19	20	15 Years	100m	Breaststroke
21	22	16 Years	100m	Breaststroke
23	24	17 Years/Over	100m	Breaststroke
25		14-15 Years	4x50m	Freestyle Relay
	26	13-15 Years	4x50m	Freestyle Relay
27	28	16 Years/Over	4x50m	Medley Relay

Ses	sion 2	2		
Sati	urday	, 2 September, 9:00	am	
В	G			
29	30	Open	50m	Butterfly
31	32	Open MC	100m	Butterfly
33	34	16 Years/Over	400m	Freestyle
35	36	15 Years	100m	Butterfly
37		13/14 Years	200m	Breaststroke
	38	14 Years	200m	Breaststroke
	39	12/13 Years	100m	Freestyle
40	41	17 Years/Over	100m	Freestyle
42	43	16 Years	50m	Freestyle
44	45	15 Years	200m	Breaststroke
	46	14 Years	100m	Butterfly
47		13/14 Years	100m	Butterfly
	48	12/13 Years	200m	Backstroke
49	50	17 Years/Over	200m	Backstroke
51	52	16 Years	200m	Butterfly

Ses	Session 3								
Sati	urday	, 2 September, No	ot before	12:30pm					
В	G								
53	54	Open	50m	Backstroke					
55	56	Open MC	100m	Backstroke					
	57	12/13 Years	200m	Butterfly					
58		13/14 Years	50m	Freestyle					
	59	14 Years	50m	Freestyle					
60	61	15 Years	200m	Backstroke					
62	63	16 Years	100m	Freestyle					
64	65	17 Years/Over	200m	Freestyle					
	66	12/13 Years	50m	Freestyle					
67		13/14 Years	200m	Backstroke					
	68	14 Years	200m	Backstroke					
69	70	15 Years	100m	Freestyle					
71	72	16 Years	200m	Backstroke					
73	74	17 Years/Over	100m	Backstroke					
75		13-15 Years	400m	Freestyle					
	76	12-15 Years	400m	Freestyle					



Sessi	on 4			
Sund	lay 3 S	eptember, 9:00am		
В	G			
77	78	17 Years/Over	200m	Butterfly
79	80	16 Years	100m	Butterfly
81	82	15 Years	50m	Freestyle
	83	14 Years	200m	Butterfly
84		13/14 Years	100m	Freestyle
	85	12/13 Years	100m	Backstroke
86	87	Open MC	100m	Freestyle
88	89	17 Years/Over	50m	Freestyle
90	91	16 Years	200m	Breaststroke
92	93	15 Years	200m	Butterfly
	94	14 Years	100m	Freestyle
95		13/14 Years	200m	Butterfly
	96	12/13 Years	200m	Breaststroke
97	98	Open	100m	Individual Medley
	99	12 Years & Over	800m	Freestyle
100		13 Years & Over	800m	Freestyle
101		14-15 Years	4x50m	Medley Relay
	102	13-15 Years	4x50m	Medley Relay
103	104	16 Years/Over	4x50m	Freestyle Relay

Sessi	on 5			
Sund	lay 3 S	eptember, Not befo	re 12:30p	om
В	G			
105	106	Open	50m	Breaststroke
	107	12 Years & Over	400m	Individual Medley
108		13 Years & Over	400m	Individual Medley
109	110	Open MC	50m	Freestyle
111	112	17 Years/Over	100m	Butterfly
113	114	16 Years	200m	Freestyle
115	116	15 Years	100m	Backstroke
	117	14 Years	200m	Freestyle
118		13/14 Years	200m	Freestyle
	119	12/13 Years	100m	Butterfly
120	121	17 Years/Over	200m	Breaststroke
122	123	16 Years	100m	Backstroke
124	125	15 Years	200m	Freestyle
	126	14 Years	100m	Backstroke
127		13/14 Years	100m	Backstroke
	128	12/13 Years	200m	Freestyle

AGE AS AT 1ST SEPTEMBER 2023 ENTRIES CLOSE 5:00PM, TUESDAY 22ND AUGUST ENTRY FEES: \$23.50 INDIVIDUAL EVENTS, \$45.50 RELAYS (GST INCLUSIVE) QUALIFYING TIMES ACHIEVED SINCE 1ST APRIL 2022 CAN BE USED TO ENTER THIS MEET

Club Relay Qualifying Times

Men &	Boys	16yrs & Over	14-15yrs
FREESTYLE	4x50m 1:57.50		2:02.50
MEDLEY	4x50m	2:15.00	2:22.50
Women	& Girls	16yrs & Over	13-15yrs
FREESTYLE	4x50m	2:00.00	2:05.00
LKEESTILE	4730111	2.00.00	2.03.00



Qualifying Times - Men & Boys

		Open	17yrs & Over	16yrs	15yrs	13/14yrs
FREESTYLE	50m		25.90	26.00	26.30	26.70
	100m		55.00	56.00	56.00	58.00
	200m	-	2:01.00	2:02.00	2:04.00	2:08.00
	400m		4:25.00	4:26.00	4:28.00	4:32.50
	800m		8:55.00	9:10.00	9:30.00	9:40.00
	1500m		17:10.00	17:40.00	18:10.00	18:40.00
BACKSTROKE	50m	28.00				
	100m		1:04.50	1:05.00	1:05.00	1:07.00
	200m		2:22.80	2:23.00	2:23.00	2:27.00
BREASTSTROKE	50m	31.00		•		
	100m		1:12.00	1:14.00	1:14.00	1:15.00
	200m		2:39.00	2:43.00	2:45.00	2:49.00
BUTTERFLY	50m	26.50		_		
	100m		1:00.50	1:04.00	1:04.00	1:05.00
	200m		2:21.00	2:24.00	2:27.00	2:35.00
INDIVIDUAL MEDLEY	100m		1:04.50	1:05.00	1:05.00	1:07.00
	200m		2:19.00	2:19.00	2:20.00	2:23.50
	400m		4:48.00	5:04.00	5:10.00	5:20.00



Qualifying Times - Women & Girls

		Open	17yrs & Over	16yrs	15yrs	14yrs	12/13yrs
FREESTYLE	50m		28.60	28.70	28.80	28.90	29.50
	100m		1:02.00	1:02.00	1:02.00	1:02.00	1:03.50
	200m		2:15.50	2:16.00	2:16.00	2:16.50	2:17.50
	400m		4:43.00	4:46.50	4:46.50	4:48.00	4:52.50
	800m		09:30.00	09:50.00	09:55.00	10:10.00	10:30.00
	1500m		17:55.00	18:10.00	18:30.00	18:45.00	19:00.00
BACKSTROKE	50m	31.00					
	100m		1:11.00	1:11.00	1:11.00	1:11.00	1:12.00
	200m		2:33.00	2:33.50	2:34.50	2:35.00	2:36.50
BREASTSTROKE	50m	35.00					
	100m		1:22.00	1:22.00	1:22.00	1:23.00	1:24.00
	200m		2:54.00	2:55.00	2:57.00	2:58.50	3:01.00
BUTTERFLY	50m	30.00					
	100m		1:11.00	1:11.00	01:11.50	01:12.0	1:12.50
	200m		2:35.50	2:35.50	2:36.00	2:38.00	2:40.00
INDIVIDUAL MEDLEY	100m		01:10.00	1:11.00	1:11.00	1:11.00	1:12.00
	200m		2:33.00	2:33.00	2:33.00	2:33.00	2:35.40
	400m		5:15.00	5:20.00	5:30.00	5:38.00	5:45.00

AGE AS AT 1ST SEPTEMBER 2023

ENTRIES CLOSE 5:00PM, TUESDAY 22ND AUGUST

ENTRY FEES: \$23.50 INDIVIDUAL EVENTS, \$45.50 RELAYS (GST INCLUSIVE)

QUALIFYING TIMES ACHIEVED SINCE 1ST APRIL 2022 CAN BE USED TO ENTER THIS MEET



Qualifying Times - Multi-Classification Men & Boys 12-14 Years

			12-14 Yea	ars Men/Bo	ys			
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM
S1	2:12.01	4:42.14	5:40.45		SB1			
S2	1:59.99	4:22.22	4:20.78		SB2	4:35.15		
S3	1:26.75	3:12.36	3:43.72		SB3	3:49.44		
S4	1:15.71	2:45.60	3:18.43		SB4	3:17.82		
S5	1:05.63	2:22.28	2:44.86	2:34.34	SB5	3:09.94	SM5	5:49.57
S6	58.15	2:08.34	2:25.39	2:18.60	SB6	2:46.40	SM6	5:12.37
S7	54.59	1:59.30	2:19.26	2:16.04	SB7	2:40.54	SM7	4:58.37
S8	51.98	1:53.21	2:08.34	1:56.09	SB8	2:17.15	SM8	4:32.74
S9	49.91	1:48.53	2:01.88	1:54.38	SB9	2:13.01	SM9	4:19.26
S10	46.46	1:41.04	1:58.20	1:48.48			SM10	4:11.58
S11	50.56	1:51.50	2:04.96	1:57.43	SB11	2:23.77	SM11	4:34.31
S12	45.48	1:40.15	1:54.40	1:48.59	SB12	2:13.58	SM12	4:09.59
S13	46.45	1:42.56	1:54.71	1:48.64	SB13	2:09.79	SM13	4:10.88
S14	49.92	1:46.82	2:03.29	1:54.71	SB14	2:13.96	SM14	4:21.19
S15	47.27	1:43.92	1:56.42	1:48.17	SB15	2:00.42	SM15	4:06.24
\$16	49.25	1:51.04	2:13.37	2:03.23	SB16	2:21.92	SM16	4:57.54
S18	52.42	1:39.56	2:09.46	2:00.44	SB18	2:20.65	SM18	4:34.25
S19	49.92	1:46.82	2:03.29	1:54.71	SB19	2:13.96	SM19	4:21.19



Qualifying Times - Multi-Classification Men & Boys 15-16 Years

			15/16 Ye	ars Men/Bo	ys			
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM
S1	1:57.20	4:09.94	4:55.50		SB1			
S2	1:46.25	3:52.37	3:48.90		SB2	4:39.11		
S3	1:16.56	2:49.84	3:16.07		SB3	3:57.20		
S4	1:06.74	2:25.94	2:55.14		SB4	3:06.54		
S5	57:84	2:05.48	2:26.29	2:15.56	SB5	2:56.47	SM5	5:01.62
S6	51.26	1:53.18	2:08.27	2:02.14	SB6	2:39.06	SM6	4:35.33
S7	48.17	1:45.31	2:02.63	2:00.31	SB7	2:31.90	SM7	4:22.79
S8	45.84	1:39.86	1:53.33	1:42.23	SB8	2:09.60	SM8	4:00.53
S9	44.03	1:35.71	1:47.54	1:40.78	SB9	2:06.88	SM9	3:48.72
S10	41.09	1:29.24	1:44.20	1:35.62			SM10	3:41.62
S11	44.57	1:38.38	1:55.30	1:43.43	SB11	2:16.98	SM11	4:01/68
S12	40.15	1:28.36	1:40.68	1:35.56	SB12	2:05.22	SM12	3:39.70
S13	40.94	1:30.28	1:40.91	1:35.53	SB13	2:03.67	SM13	3:40.82
S14	43.43	1:34.49	1:48.55	1:41.70	SB14	2:07.09	SM14	3:49.73
S15	41.14	1:30.49	1:41.23	1:34.26	SB15	1:44.93	SM15	3:34.64
S16	42.62	1:36.02	1:55.48	1:46.33	SB16	2:02.95	SM16	4:16.57
S18	45.60	1:38.75	1:53.98	1:46.79	SB18	2:13.45	SM18	4:01.21
S19	43.43	1:34.04	1:48.55	1:41.70	SB19	2:07.09	SM19	3:49.73



Qualifying Times - Multi-Classification Men & Boys 17 Years & Over

			17 Years 8	k Over Men	/Boys			
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM
S1	1:54.55	4:04.20	4:49.48		SB1			
S2	1:43.70	3:47.04	3:43.31		SB2	3:57.74		
S3	1:14.92	2:46.27	3:11.69	-	SB3	3:17.32		
S4	1:05.32	2:22.82	2:51.45		SB4	2:49.97		
S5	56.61	2:02.83	2:23.37	2:12.70	SB5	2:43.44	SM5	5:03.85
\$6	49.81	1:49.99	2:04.64	1:58.87	SB6	2:21.72	SM6	4:28.13
S7	46.81	1:42.36	1:59.16	1:57.15	SB7	2:16.78	SM7	4:16.00
S8	44.55	1:37.06	1:50.15	1:39.49	SB8	1:57.39	SM8	3:54.37
S9	42.80	1:33.03	1:44.52	1:38.07	SB9	1:53.67	SM9	3:42.86
S10	39.94	1:26.73	1:41.25	1:33.08			SM10	3:35.91
S11	43.32	1:35.61	1:52.03	1:40.66	SB11	2:03.03	SM11	3:55.46
S12	39.03	1:25.87	1:37.77	1:32.98	SB12	1:53.93	SM12	3:34.01
S13	39.80	1:27.72	1:38.04	1:32.95	SB13	1:50.86	SM13	3:35.11
S14	41.34	1:31.36	1:45.48	1:38.17	SB14	1:54.48	SM14	3:43.76
S15	39.16	1:26.13	1:36.37	1:29.71	SB15	1:39.86	SM15	3:24.26
S16	40.61	1:31.48	1:50.00	1:41.85	SB16	1:57.12	SM16	4:04.60
S18	43.41	1:35.93	1:50.76	1:43.08	SB18	2:00.20	SM18	3:54.94
S19	41.34	1:31.36	1:45.48	1:38.17	SB19	1:54.48	SM19	3:43.76

AGE AS AT 1ST SEPTEMBER 2023



Qualifying Times - Multi-Classification Women & Girls 12-14 Years

			12-14 Yea	rs Women/	Girls			
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM
S1	2:31.28	5:25.06	5:38.38		SB1			
S2	2:20.15	4:47.82	5:14.46		SB2	6:06.80		
S3	1:50.81	3:45.52	4:17.42		SB3	4:47.14		
S4	1:27.78	3:07.62	3:40.78		SB4	3:49.19		
S5	1:14.57	2:39.91	3:10.33	3:55.21	SB5	3:22.03	SM5	6:31.19
S6	1:09.01	2:28.70	2:48.41	2:50.22	SB6	3:23.95	SM6	5:58.70
S7	1:03.36	2:16.66	2:41.26	2:35.22	SB7	3:02.03	SM7	4:31.60
S8	1:01.48	2:12.14	2:28.27	2:18.05	SB8	2:37.94	SM8	5:09.34
S9	57.62	2:02/86	2:17.99	2:10.92	SB9	2:35.39	SM9	4:51.02
S10	55.84	2:00.56	2:10.96	2:10.74			SM10	4:47.95
S11	1:00.66	2:13.49	2:33.72	2:33.73	SB11	2:55.86	SM11	5:27.85
S12	53.15	1:56.57	2:13.38	2:04.48	SB12	2:32.11	SM12	4:47.71
S13	53.72	1:56.03	2:13.07	2:06.62	SB13	2:33.60	SM13	4:44.32
S14	56.76	2:02.09	2:15.59	2:14.82	SB14	2:40.48	SM14	4:46.34
S15	52.49	1:54.88	2:10.92	2:08.20	SB15	2:25.82	SM15	4:44.88
S16	59.99	2:09.71	2:46.48	3:09.76	SB16	2:52.85	SM16	5:43.68
S18	59.60	2:08.20	2:22.37	2:21.56	SB18	2:48.50	SM18	5:00.66
S19	56.76	2:02.09	2:15.59	2:14.82	SB19	2:40.48	SM19	4:46.34



Qualifying Times - Multi-Classification Women & Girls 15-16 Years

	15/16 Years Women/Girls												
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM					
S1	2:08.78	4:47.81	4:57.18		SB1								
S2	2:03.55	4:14.59	4:34/92		SB2	5:24.59							
S3	1:37.15	3:16.54	3:46.19	-	SB3	4:14.62							
S4	1:16.85	2:44.52	3:14.00	-	SB4	3:21.61							
S5	1:05.82	2:21.20	2:48.02	3:26.88	SB5	2:58.68	SM5	5:45.43					
S6	1:00.71	2:10.96	2:28.31	2:29.51	SB6	2:48.83	SM6	5:23.76					
S7	55.94	2:00.62	2:22.01	2:16.63	SB7	2:40.55	SM7	5:01.00					
S8	54.17	1:56.56	2:10.98	2:01.44	SB8	2:19.55	SM8	4:32.96					
S9	50.82	1:48.52	2:01.87	1:55.42	SB9	2:17.18	SM9	4:17.02					
S10	49.20	1:46.22	1:55.54	1:54.98			SM10	4:13.56					
S11	53.39	1:57.41	2:15/29	2:15.20	SB11	2:31.21	SM11	4:48.41					
S12	46.85	1:42.68	1:57.43	1:49.80	SB12	2:14.02	SM12	4:13.32					
S13	47.33	1:42.26	1:57.11	1:51.36	SB13	2:15.41	SM13	4:10.34					
S14	49.37	1:47.44	1:59.44	1:59.81	SB14	2:21.29	SM14	4:17.22					
S15	45.73	1:40.10	1:53.78	1:51.70	SB15	2:06.94	SM15	4:07.96					
S16	52.00	1:52.37	2:23.80	2:42.14	SB16	2:29.76	SM16	4:57.02					
S18	51.84	1:52.81	2:05.41	2:05.80	SB18	2:28.36	SM18	4:30.08					
S19	49.37	1:47.44	1:59.44	1:59/81	SB19	2:21.29	SM19	4:17.22					

AGE AS AT 1ST SEPTEMBER 2023

ENTRIES CLOSE 5:00PM, TUESDAY 22ND AUGUST

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QUALIFYING TIMES ACHIEVED SINCE 1ST APRIL 2022 CAN BE USED TO ENTER THIS MEET



Qualifying Times - Multi-Classification Women & Girls 17 Years & Over

	17 Years & Over Women/Girls												
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM					
S1	2:05.56	4:40.72	4:49.88		SB1								
S2	2:00.43	4:08.28	4:27.98		SB2	5:16.16							
S3	1:34.86	3:11.71	3:41.52		SB3	4:08.90							
S4	1:15.03	2:40.66	3:09.73		SB4	3:16.82							
S5	1:04.35	2:18.07	2:44.48	3:22.28	SB5	2:54.60	SM5	5:38.54					
S6	58.86	2:07.00	2:24.07	2:25.10	SB6	2:43.49	SM6	5:06.91					
S7	54.26	1:56.99	2:17.95	2:12.64	SB7	2:35.46	SM7	4:45.13					
S8	52:53	1:53.04	2:07.28	1:57.88	SB8	2:15.15	SM8	4:25.73					
S9	49.28	1:45.25	1:58.45	1:52.05	SB9	2:12.85	SM9	4:10.23					
S10	47.71	1:43.01	1:52.26	1:51.62			SM10	4:06.76					
S11	51:77	1:53.66	2:11.41	2:11.26	SB11	2?39.89	SM11	4:40.65					
S12	45.42	1:39.57	1:54.07	1:46.61	SB12	2:07.76	SM12	4:43.29					
S13	45.90	1:39.18	1:53.74	1:48.11	SB13	2:11.11	SM13	4:03.65					
S14	46.99	1:44.17	1:56.02	1:55.19	SB14	2:16.81	SM14	4:10.32					
S15	43.52	1:35.26	1:48.33	1:46.29	SB15	2:00.83	SM15	3:56.00					
S16	49.53	1:47.04	2:17.05	2:34.80	SB16	2:22.65	SM16	4:43.05					
S18	49.34	1:49.38	2:01.83	2:00.94	SB18	2:23.64	SM18	4:22.84					
S19	46.99	1:44.17	1:56.02	1:55.19	SB19	2:16.81	SM19	4:10.32					