

 MIGHTY
BLUES



2023 Area Development Program



2023 Swimming NSW Area Development Program Guide

Background

Swimming NSW (SNSW) is dedicated to recognising and rewarding enthusiastic young swimmers around the State. It is important that SNSW provide a solid pathway for swimmers who are interested in the competitive aspect of the sport and aspire to be a State or National representative. The pathway aims to provide opportunities to develop swimming skills, as well as maintain motivation in the sport. Local Area Development days or camps should be coordinated by each Area Development Convenor/Committee. The Area may choose to include additional criteria to that below.

National Age Area Representative Squad (NAARS)

Objective

Targeting national level swimmers (Australian Open or Age Championships) and providing them with opportunities to further develop their skills and participation in swimming. This should be achieved in an environment to promote pathway progression. Coaches of invited swimmers are invited to attend.

Selection Criteria

- Able-bodied swimmers aged females 13-18 years and males 14-19 years who competed at the 2023 Australian Swimming Championships and the Australian Age Championships in an individual event.
- Open Water swimmers aged 14-18 years of age that competed in an individual event at the 2023 Australian Open Water Championships and are not selected in a SNSW State Squad.

Senior Age Area Representative Squad (SAARS)

Objective

A focus on coach development to provide opportunities for coaches to share knowledge that can be applied in the daily training environment at their home pool. In addition, encouraging swimmers of similar ages to come together in an environment that develops, supports, and provides motivation to continue participation in the sport of swimming. Area Development Convenors should liaise with coaches at all levels to encourage attendance. The Area may choose to include additional criteria.

Selection Criteria

- Able-bodied swimmers aged 13-18 years who competed in an individual event at one of the following meets:
 - 2022 SNSW Senior State Age Championships
 - 2023 SNSW Senior Metropolitan Championships
 - 2023 SNSW Country Championships
- Para swimmers aged 13-18 years who competed in an event at one of the following meets:
 - 2022 SNSW Multi-Class Championships
 - 2023 SNSW Senior Metropolitan Championships
 - 2023 SNSW Country Championships
- Open water swimmers aged 13-18 years who competed in an individual event at the 2022 SNSW State Open Water Championships.

Junior Age Area Representative Squad (JAARS)

Objective

JAARS offers a development opportunity for coaches to learn new methods/skills to improve their own home daily training environment. Area Development Convenors should liaise with coaches at all levels to encourage attendance. Swimmers of similar ages are encouraged to attend to improve their general swimming skills. The Area may choose to include additional criteria.

Selection Criteria

- Able-bodied swimmers aged 10-12 years who competed in an individual event at one of the following meets:
 - 2023 SNSW Junior Metropolitan Championships
 - 2023 SNSW Country Championships
 - 2023 SNSW Junior State Age Championships
- Para swimmers aged 10-12 years who competed in an event at one of the following meets:
 - 2023 SNSW Junior Metropolitan Championships
 - 2023 SNSW Country Championships

Notes:

- Swimmers may only accept a position on one SNSW squad with a default set to the highest achievement.
- Swimmers who qualified for any championships mentioned but did not compete due to extenuating circumstances may still be included at the Area's discretion.
- Swimmer levy - Optional and to be determined by each Area.
- SNSW funding - To be eligible for the 2023 Swimming NSW Area Development Program Grant, Areas must match Swimming NSW dollar for dollar with their own Area expenses for the season to the value of and not exceeding \$5000 (Regional Areas) and \$3000 (ACT and Metro Areas) in total for the above squads. This is paid on completion of the Area Development Report.
- MC Swimmers – include as part of whichever squad they best fit in. Discuss the best opportunity with the MC swimmer and their family. This is at the Area's and SNSW's discretion. A grant of up to \$500 is available for a specific MC Development Day.

SAARS and JAARS Squad Meet

All Areas welcome.

September 23rd & 24th 2023 – Saturday afternoon and Sunday morning

Swim League format – to be confirmed re QT Meet the next day (depends on numbers)

Venue: Peninsula Leisure Centre, Woy Woy

Invited swimmers will be invited to register through the Swim League portal at a private link.

Teams to be mixed fairly using the Swim League algorithm. (TBC)

Accommodation to be investigated for all teams together.