



**SNSW SENIOR
METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
25 – 26 FEBRUARY 2023**

Session 1 Saturday 25 February, 9:00am					Session 2 Saturday 25 February NOT BEFORE 12:30pm				
M	W				M	W			
1	2	Open	1500m	Freestyle	21	22	Open	50m	Butterfly
3		13/14 Years	200m	Butterfly	23		15/16 Years	200m	Freestyle
	4	12/13 Years	200m	Butterfly		24	14/15 Years	200m	Freestyle
5		15 Years	100m	Backstroke	25		17 Years/Over	200m	Freestyle
	6	14 Years	100m	Backstroke		26	16 Years/Over	200m	Freestyle
7		16 Years	100m	Backstroke	27	28	Open MC	100m	Breaststroke
	8	15 Years	100m	Backstroke	29		13/14 Years	200m	Backstroke
9		17 Years/Over	100m	Backstroke		30	12/13 Years	200m	Backstroke
	10	16 Years/Over	100m	Backstroke	31		15 Years	100m	Breaststroke
11		15/16 Years	200m	Butterfly		32	14 Years	100m	Breaststroke
	12	14/15 Years	200m	Butterfly	33		16 Years	100m	Breaststroke
13		17 Years/Over	200m	Butterfly		34	15 Years	100m	Breaststroke
	14	16 Years/Over	200m	Butterfly	35		17 Years/Over	100m	Breaststroke
15	16	Open	50m	Freestyle		36	16 Years/Over	100m	Breaststroke
17		13/14 Years	400m	Individual Medley	37		13/14 Years	100m	Breaststroke
	18	12/13 Years	400m	Individual Medley		38	12/13 Years	100m	Breaststroke
19	20	Open MC	100m	Freestyle	39	40	Open MC	50m	Freestyle
					41		15/16 Years	400m	Individual Medley
						42	14/15 Years	400m	Individual Medley
					43		17 Years/Over	400m	Individual Medley
						44	16 Years/Over	400m	Individual Medley
					45		13/14 Years	100m	Freestyle
						46	12/13 Years	100m	Freestyle
					47		15 Years	100m	Freestyle
						48	14 Years	100m	Freestyle
					49		16 Years	100m	Freestyle
						50	15 Years	100m	Freestyle
					51		17 Years/Over	100m	Freestyle
						52	16 Years/Over	100m	Freestyle

AGE AS AT 25 FEBRUARY 2023

ENTRIES CLOSE 5PM TUESDAY 14 FEBRUARY, 2023

ENTRY FEE \$21 PER INDIVIDUAL EVENT (GST INCLUSIVE)

In Events 11, 23 & 41, medals will be awarded in the following age groups, 15 Years & 16 Years. In Events 12, 24 & 42, medals will be awarded in the following age groups, 14 Years & 15 Years.



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Session 3 Sunday 26 February, 9:00am					Session 4 Sunday 26 February NOT BEFORE 12:30am				
M	W				M	W			
53	54	Open	800m	Freestyle	75		13/14 Years	100m	Backstroke
55		13/14 Years	100m	Butterfly		76	12/13 Years	100m	Backstroke
	56	12/13 Years	100m	Butterfly	77		15/16 Years	400m	Freestyle
57		15 Years	100m	Butterfly		78	14/15 Years	400m	Freestyle
	58	14 Years	100m	Butterfly	79		17 Years/Over	400m	Freestyle
59		16 Years	100m	Butterfly		80	16 Years/Over	400m	Freestyle
	60	15 Years	100m	Butterfly	81	82	Open MC	100m	Backstroke
61		17 Years/Over	100m	Butterfly	83		13/14 Years	200m	Individual Medley
	62	16 Years/Over	100m	Butterfly		84	12/13 Years	200m	Individual Medley
63		13/14 Years	200m	Breaststroke	85		15/16 Years	200m	Individual Medley
	64	12/13 Years	200m	Breaststroke		86	14/15 Years	200m	Individual Medley
65		15/16 Years	200m	Backstroke	87		17 Years/Over	200m	Individual Medley
	66	14/15 Years	200m	Backstroke		88	16 Years/Over	200m	Individual Medley
67		17 Years/Over	200m	Backstroke	89	90	Open MC	100m	Butterfly
	68	16 Years/Over	200m	Backstroke	91	92	Open	50m	Backstroke
69		13/14 Years	400m	Freestyle	93		13/14 Years	200m	Freestyle
	70	12/13 Years	400m	Freestyle		94	12/13 Years	200m	Freestyle
71	72	Open	50m	Breaststroke	95		15/16 Years	200m	Breaststroke
73	74	Open MC	200m	Individual Medley		96	14/15 Years	200m	Breaststroke
					97		17 Years/Over	200m	Breaststroke
						98	16 Years/Over	200m	Breaststroke

AGE AS AT 25 FEBRUARY 2023

ENTRIES CLOSE 5PM TUESDAY 14 FEBRUARY, 2023

ENTRY FEE \$21 PER INDIVIDUAL EVENT (GST INCLUSIVE)

In Events 65, 77, 85 & 95, medals will be awarded in the following age groups, 15 Years & 16 Years. In Events 66, 78, 86 & 96, medals will be awarded in the following age groups, 14 Years & 15 Years.



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25 – 26 FEBRUARY 2023**

Qualifying Times - Men & Boys

FREESTYLE		Open	17yrs/Over	16yrs	15yrs	13/14yrs
	50m	26.00				
	100m		55.50	57.50	1:00.00	1:02.50
	200m		2:03.00	2:07.00	2:10.00	2:13.50
	400m		4:24.00	4:31.00	4:38.00	4:45.00
	800m	9:10.00				
	1500m	17:20.00				
BACKSTROKE	50m	00:31.50				
	100m		1:07.00	1:09.00	1:11.50	1:14.00
	200m		2:26.00	2:29.50	2:33.50	2:37.50
BREASTSTROKE	50m	00:34.50				
	100m		1:15.50	1:18.50	1:20.50	1:23.00
	200m		2:46.00	2:51.50	2:55.50	3:00.00
BUTTERFLY	50m	00:28.50				
	100m		1:02.00	1:05.00	1:08.50	1:12.00
	200m		2:25.50	2:33.50	2:38.00	2:43.00
INDIVIDUAL MEDLEY	200m		2:23.00	2:27.50	2:31.00	2:34.50
	400m		5:00.00	5:12.00	5:18.50	5:25.00

Qualifying Times - Women & Girls

FREESTYLE		Open	16yrs/Over	15yrs	14yrs	12/13yrs
	50m	29.00				
	100m		1:03.00	1:04.00	1:05.50	1:07.00
	200m		2:19.00	2:19.00	2:21.50	2:24.50
	400m		4:52.00	4:54.50	5:00.00	5:05.50
	800m	9:45.00				
	1500m	18:20.00				
BACKSTROKE	50m	34.00				
	100m		1:15.50	1:16.50	1:16.00	1:18.00
	200m		2:42.00	2:42.00	2:45.00	2:48.00
BREASTSTROKE	50m	38.50				
	100m		1:27.50	1:28.00	1:28.50	1:30.00
	200m		3:07.00	3:07.00	3:09.00	3:11.00
BUTTERFLY	50m	31.50				
	100m		1:12.00	1:15.00	1:16.00	1:19.00
	200m		2:45.00	2:48.00	2:50.50	2:53.00
INDIVIDUAL MEDLEY	200m		2:42.00	2:40.50	2:43.00	2:45.50
	400m		5:40.00	5:45.50	5:47.50	5:50.00

AGE AS AT 25 FEBRUARY 2023

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Qualifying Times - Multi-Class

WOMEN									
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM	
S1	2:12.81	4:51.77	5:24.76		SB1				
S2	2:05.76	4:13.88	5:02.48		SB2				5:11.83
S3	1:36.70	3:25.93	3:37.82		SB3				3:36.13
S4	1:04.91	2:40.98	3:06.61		SB4				3:05.48
S5	1:00.17	2:09.09	2:34.57	3:13.55	SB5	2:35.54	SM5	5:20.30	
S6	55.79	2:00.03	2:17.11	2:21.42	SB6	2:30.64	SM6	4:47.50	
S7	52.17	1:52.25	2:15.34	2:10.56	SB7	2:27.58	SM7	4:33.89	
S8	48.64	1:45.27	1:57.51	1:53.24	SB8	2:02.58	SM8	4:10.04	
S9	45.28	1:35.70	1:48.58	1:44.57	SB9	2:00.53	SM9	3:51.62	
S10	43.85	1:36.18	1:44.11	1:46.64			SM10	3:55.24	
S11	53.79	1:58.42	2:16.00	2:16.28	SB11	2:31.23	SM11	4:51.04	
S12	43.21	1:34.18	1:48.94	1:39.88	SB12	2:01.36	SM12	3:57.16	
S13	42.19	1:32.24	1:48.25	1:43.33	SB13	2:00.83	SM13	3:52.12	
S14	44.66	1:38.39	1:49.30	1:49.14	SB14	2:07.72	SM14	4:00.34	
S15	42.23	1:32.76	1:48.24	1:43.31	SB15	1:58.14	SM15	3:51.40	
S16	48.94	1:47.76	2:22.64	2:58.18	SB16	2:23.52	SM16	4:52.83	
S18	49.06	1:48.19	2:00.02	2:00.04	SB18	2:20.42	SM18	4:24.34	
S19	44.66	1:38.39	1:49.30	1:49.14	SB19	2:07.72	SM19	4:00.34	
MEN									
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM	
S1	1:48.73	3:54.54	5:15.34		SB1				
S2	1:39.97	3:34.43	3:50.65		SB2				3:38.04
S3	1:15.69	2:45.31	3:21.61		SB3				3:11.13
S4	58.62	2:09.15	2:32.50		SB4				2:31.37
S5	54.29	1:55.05	2:04.97	2:10.70	SB5	2:28.36	SM5	4:34.13	
S6	47.52	1:45.55	1:58.93	1:55.42	SB6	2:16.35	SM6	4:19.10	
S7	44.07	1:35.54	1:53.71	1:47.92	SB7	2:09.15	SM7	4:05.29	
S8	41.35	1:30.28	1:41.32	1:34.71	SB8	1:44.99	SM8	3:40.79	
S9	40.26	1:27.64	1:37.91	1:33.97	SB9	1:44.35	SM9	3:31.32	
S10	36.04	1:19.70	1:34.87	1:27.72			SM10	3:25.72	
S11	43.10	1:33.79	1:51.13	1:40.76	SB11	1:55.51	SM11	3:55.00	
S12	38.18	1:22.76	1:36.02	1:32.15	SB12	1:48.70	SM12	3:31.42	
S13	37.97	1:24.27	1:34.77	1:30.75	SB13	1:42.26	SM13	3:28.56	
S14	38.94	1:26.71	1:39.96	1:34.67	SB14	1:44.07	SM14	3:36.40	
S15	36.72	1:21.77	1:33.15	1:24.45	SB15	1:34.01	SM15	3:11.49	
S16	42.58	1:37.01	1:54.45	1:49.54	SB16	2:00.79	SM16	4:25.13	
S18	42.72	1:35.31	1:49.86	1:44.07	SB18	1:54.47	SM19	3:58.00	
S19	38.94	1:26.71	1:39.96	1:34.67	SB19	1:44.07	SM19	3:36.40	

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