

Sydney-North Ryde

Session 1				
Friday 17 February, 3:00pm				
M	F			
1	2	Open	800m	Freestyle
3	4	Open MC	100m	Breaststroke
5	6	17yrs/O	100m	Butterfly
7	8	15/16yrs	100m	Butterfly
9	10	14yrs	100m	Butterfly
11	12	13yrs	100m	Butterfly
13	14	12yrs	100m	Butterfly
15	16	17yrs/O	100m	Breaststroke
17	18	15/16yrs	100m	Breaststroke
19	20	14yrs	100m	Breaststroke
21	22	13yrs	100m	Breaststroke
23	24	12yrs	100m	Breaststroke
25	26	Open MC	200m	Ind Medley
27	28	17yrs/O	200m	Ind Medley
29	30	15/16yrs	200m	Ind Medley
31	32	13/14yrs	200m	Ind Medley
33	34	12yrs/U	200m	Ind Medley

Session 2					Session 3				
Saturday 18 February, 9:00am					Saturday 18 February, Not Before 12:30pm				
M	F				M	F			
35	36	17yrs/O	200m	Freestyle	69	70	15yrs/O	4x50m	Medley Relay
37	38	15/16yrs	200m	Freestyle	71	72	13/14yrs	4x50m	Medley Relay
39	40	13/14yrs	200m	Freestyle	73	74	17yrs/O	400m	Freestyle
41	42	12yrs/U	200m	Freestyle	75	76	15/16yrs	400m	Freestyle
43	44	Open MC	50m	Freestyle	77	78	13/14yrs	400m	Freestyle
45	46	Open	50m	Breaststroke	79	80	12yrs/U	400m	Freestyle
47	48	11yrs/U	50m	Breaststroke	81	82	Open MC	100m	Freestyle
49	50	17yrs/O	100m	Backstroke	83	84	11yrs	100m	Breaststroke
51	52	15/16yrs	100m	Backstroke	85	86	10yrs/U	100m	Breaststroke
53	54	14yrs	100m	Backstroke	87	88	17yrs/O	200m	Butterfly
55	56	13yrs	100m	Backstroke	89	90	15/16yrs	200m	Butterfly
57	58	12yrs	100m	Backstroke	91	92	13/14yrs	200m	Butterfly
59	60	11yrs	100m	Backstroke	93	94	12yrs/U	200m	Butterfly
61	62	10yrs/U	100m	Backstroke	95	96	Open MC	100m	Butterfly
63	64	Open MC	100m	Backstroke	97	98	10yrs/U	50m	Freestyle
65	66	15yrs/O	4x50m	Freestyle Relay	99	100	11/12yrs	50m	Freestyle
67	68	13/14yrs	4x50m	Freestyle Relay	101	102	13/14yrs	50m	Freestyle
					103	104	15/16yrs	50m	Freestyle
					105	106	17yrs/O	50m	Freestyle

AGE AS AT 17 FEBRUARY, 2023

ENTRIES CLOSE 5PM TUESDAY 7 FEBRUARY, 2023

ENTRY FEE \$21 PER INDIVIDUAL EVENT \$42 PER RELAY EVENT (GST INCLUSIVE)

In Events Multi Class events, Medals will be awarded in the following age groups; 11-14 Years & 15 & over.

Sydney-North Ryde

Session 4 Sunday 19 February, 9:00am					Session 5 Sunday 19 February, Not Before 12:30pm				
M	F				M	F			
107	108	11yrs/U	50m	Butterfly	141	142	12yrs/U	4x50m	Freestyle Relay
109	110	Open	50m	Butterfly	143	144	Open	50m	Backstroke
111	112	14yrs/U	400m	Ind Medley	145	146	11yrs/U	50m	Backstroke
113	114	15/16yrs	400m	Ind Medley	147	148	Open	1500m	Freestyle
115	116	17yrs/O	400m	Ind Medley	149	150	11yrs	100m	Freestyle
117	118	12yrs/U	200m	Backstroke	151	152	10yrs/U	100m	Freestyle
119	120	13/14yrs	200m	Backstroke	153	154	17yrs/O	200m	Breaststroke
121	122	15/16yrs	200m	Backstroke	155	156	15/16yrs	200m	Breaststroke
123	124	17yrs/O	200m	Backstroke	157	158	13/14yrs	200m	Breaststroke
125	126	10yrs/U	100m	Butterfly	159	160	12yrs/U	200m	Breaststroke
127	128	11yrs	100m	Butterfly					
129	130	12yrs	100m	Freestyle					
131	132	13yrs	100m	Freestyle					
133	134	14yrs	100m	Freestyle					
135	136	15/16yrs	100m	Freestyle					
137	138	17yrs/O	100m	Freestyle					
139	140	12yrs/U	4x50m	Medley Relay					

AGE AS AT 17 FEBRUARY, 2023

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Qualifying Times - Men & Boys

		Open	17yrs & Over	15/16yrs	14yrs	13yrs	12yrs	11yrs	10/U	
Freestyle	50m		26.50	27.00	13/14yrs 29.00		11/12yrs 32.00		35.50	
	100m		58.00	59.00	1:03.50	1:05.70	1:10.50	1:13.00	1:19.00	
	200m		2:07.50	2:10.00	13/14yrs 2:17.50		12yrs/U 2:33.00			
	400m		4:31.00	4:35.00	13/14yrs 4:48.00		12yrs/U 5:10.00			
	800m		9:40.00							
	1500m		17:30.00							
Backstroke	50m	31.50					11yrs/U 39.00			
	100m		1:11.50	1:12.50	1:15.60	1:17.00	1:22.50	1:26.00	1:29.00	
	200m		2:30.00	2:32.00	13/14yrs 2:42.40		12yrs/U 2:55.00			
Breaststroke	50m	34.50					11yrs/U 45.00			
	100m		1:19.50	1:20.50	1:26.50	1:28.50	1:37.00	1:39.00	1:45.00	
	200m		2:49.00	2:51.50	13/14yrs 3:01.00		12yrs/U 3:25.00			
Butterfly	50m	29.00					11yrs/U 38.00			
	100m		1:07.00	1:08.50	1:13.00	1:16.00	1:23.00	1:28.00	1:36.00	
	200m		2:30.00	2:32.00	13/14yrs 2:43.50		12yrs/U 2:57.00			
Individual Medley	200m		2:28.00	2:30.00	13/14yrs 2:37.00		12yrs/U 2:55.00			
Relays	400m		5:15.00	5:18.10	14yrs/U 5:35.00					
	4x50m Free		15 & Over 2:00.00		13/14yrs 2:03.00		12yrs/U 2:15.00			
	4x50m Medley		15 & Over 2:20.00		13/14yrs 2:25.50		12yrs/U 2:40.50			

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Sydney-North Ryde

Qualifying Times - Women & Girls

		Open	17yrs & Over	15/16yrs	14yrs	13yrs	12yrs	11yrs	10/U	
Freestyle	50m		30.10	30.10	13/14yrs 30.50		11/12yrs 32.50		35.50	
	100m		1:04.00	1:05.00	1:06.50	1:08.50	1:10.00	1:14.50	1:20.00	
	200m		2:16.00	2:18.00	13/14yrs 2:24.00		12yrs/U 2:33.00			
	400m		4:50.00	4:54.00	13/14yrs 5:02.00		12yrs/U 5:17.00			
	800m		10:00.00							
	1500m		18:30.00							
Backstroke	50m	34.00					11yrs/U 39.00			
	100m		1:17.00	1:16.50	1:18.50	1:20.50	1:22.50	1:25.50	1:30.50	
	200m		2:42.00	2:42.00	13/14yrs 2:43.50		12yrs/U 2:57.40			
Breaststroke	50m	38.00					11yrs/U 45.00			
	100m		1:26.00	1:26.50	1:29.50	1:30.50	1:33.50	1:38.00	1:46.00	
	200m		3:04.50	3:05.50	13/14yrs 3:09.00		12yrs/U 3:22.50			
Butterfly	50m	32.00					11yrs/U 37.00			
	100m		1:14.00	1:15.50	1:17.50	1:19.00	1:23.00	1:29.50	1:36.00	
	200m		2:42.00	2:45.50	13/14yrs 2:50.00		12yrs/U 3:05.00			
Individual Medley	200m		2:38.50	2:40.50	13/14yrs 2:42.50		12yrs/U 2:55.00			
Relays	400m		5:32.00	5:35.60	14yrs/U 5:55.00					
	4x50m Free		15 & Over 2:05.00		13/14yrs 2:08.00		12yrs/U 2:17.00			
	4x50m Medley		15 & Over 2:27.00		13/14yrs 2:32.00		12yrs/U 2:49.00			

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Qualifying Times – Multi Class – Girls

9-14 years

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50FR	57.75	57.75	1:03.05	52.36	57.75	54.73	53.92	1:02.11	56.60	57.93	1:02.11	1:02.93	1:10.56	1:11.10	1:30.09	1:51.85	2:21.37	2:20.14
100FR	2:04.94	2:04.94	2:16.46	1:54.33	2:04.94	1:57.38	1:57.53	2:16.04	2:02.23	2:01.63	2:12.17	2:15.82	2:30.31	2:31.62	3:09.58	3:59.92	4:41.65	5:14.70
100BK	2:18.35	2:18.35	2:59.33	2:13.36	2:18.35	2:17.06	2:16.67	2:37.64	2:12.01	2:17.46	2:27.21	2:44.21	2:51.30	3:02.93	3:41.08	4:42.53	5:41.39	5:54.02
100BR	2:41.00	2:41.00	3:00.41	2:25.53	2:41.00	2:32.52	2:31.94	2:56.36		2:32.16	2:33.45	2:58.25	3:07.94	3:04.74	3:40.93	4:13.69	5:54.10	
100BF	2:18.16	2:18.16	3:45.47	2:07.29	2:18.16	2:11.01	2:05.54	2:37.99	2:15.07	2:12.53	2:21.97	2:38.34	2:56.60	3:52.08				
200IM	5:02.43	5:02.43	6:06.94	4:44.05	5:02.43	4:52.32	4:56.05	5:38.94	4:56.15	4:51.70	5:11.88	5:31.37	6:11.45	6:19.81	5:30.24*	6:50.20*		

*This event is 150m Individual Medley if required.

15 Years & Over

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50FR	47.36	52.10	51.67	42.97	47.36	44.90	44.24	50.90	46.42	47.50	50.90	51.57	57.78	58.22	1:13.66	1:31.37	1:55.39	1:54.39
100FR	1:42.39	1:52.63	1:51.76	1:33.76	1:42.39	1:36.24	1:37.18	1:51.42	1:40.18	1:39.70	1:48.27	1:51.25	2:03.03	2:04.09	2:34.98	3:15.93	3:49.88	4:16.77
100BK	1:53.30	2:04.63	2:26.64	1:49.24	1:53.30	1:52.25	1:51.94	2:09.00	1:48.14	1:52.58	2:00.51	2:14.34	2:20.11	2:29.57	2:30.61	3:27.82	4:38.48	4:48.76
100BR	2:11.72	2:24.89	2:27.52	1:59.14	2:11.72	2:04.83	2:04.36	2:24.23		2:04.53	2:05.58	2:26.58	2:33.64	2:31.04	3:00.48	3:27.13	4:48.83	
100BF	1:53.14	2:04.45	3:04.18	1:44.31	1:53.14	1:47.33	1:42.88	2:09.28	1:50.64	1:48.57	1:56.24	2:09.56	2:24.42	3:09.55				
200IM	4:08.34	4:33.17	5:00.83	3:53.40	4:08.34	4:00.12	4:03.16	4:38.05	4:03.24	3:59.62	4:16.04	4:31.89	5:04.50	5:11.30	4:30.97*	5:38.02*		

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Qualifying Times – Multi Class – Boys

9-14 years

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50FR	50.70	55.77	52.67	47.95	50.70	78.74	46.28	51.73	47.14	50.80	52.94	55.29	59.35	1:05.01	1:14.30	1:24.04	1:57.76	2:06.35
100FR	1:50.58	2:01.64	1:59.55	1:44.51	1:50.58	1:46.36	1:42.05	1:53.14	1:41.97	1:50.50	1:54.97	2:00.21	2:10.05	2:19.27	2:42.75	3:05.07	4:15.29	4:35.08
100BK	2:06.87	2:19.56	2:20.99	1:58.49	2:06.87	1:59.26	1:58.34	2:14.46	2:00.61	2:03.11	2:08.55	2:22.55	2:26.49	2:31.46	3:11.44	3:49.69	4:35.22	6:15.63
100BR	2:11.92	2:25.11	2:28.79	1:59.55	2:11.92	2:08.47	2:13.92	2:19.83		2:11.03	2:13.05	2:41.52	2:47.91	3:00.22	3:10.06	3:38.04	4:20.95	
100BF	2:00.36	2:12.40	2:14.96	1:47.80	2:00.36	1:54.31	1:53.58	2:00.71	1:51.83	1:58.28	2:00.42	2:15.42	2:22.18	2:38.51				
200IM	4:33.00	5:00.30	5:25.52	4:02.38	4:33.00	4:20.90	4:19.50	4:42.34	4:19.86	4:24.29	4:38.39	5:07.28	5:19.34	5:32.89	5:02.75*	5:54.62*		

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15 Years & Over

	S19	S18	S16	S15	S14	S13	S12	S11	S10	S9	S8	S7	S6	S5	S4	S3	S2	S1
50FR	41.62	45.78	43.22	39.38	41.62	39.21	38.02	42.45	38.73	41.70	43.44	45.35	48.66	53.27	1:00.82	1:08.74	1:36.18	1:43.17
100FR	1:30.71	1:39.78	1:38.01	1:25.77	1:30.71	1:27.27	1:23.76	1:32.79	1:23.70	1:30.64	1:34.28	1:38.54	1:46.55	1:54.05	2:13.15	2:31.31	3:28.43	3:44.54
100BK	1:43.96	1:54.36	1:55.45	1:37.15	1:43.96	1:37.77	1:37.02	1:50.13	1:38.87	1:40.91	1:45.32	1:56.71	1:59.93	2:03.97	2:36.50	3:07.61	3:44.65	5:06.34
100BR	1:48.07	1:58.88	2:01.79	1:38.01	1:48.07	1:45.26	1:49.70	1:54.51		1:47.35	1:48.99	2:12.15	2:17.35	2:27.36	2:35.37	2:58.13	3:33.04	
100BF	1:38.67	1:48.54	1:50.54	1:28.45	1:38.67	1:33.75	1:33.15	1:39.76	1:31.72	1:36.97	1:38.71	1:50.92	1:56.42	2:09.70				
200IM	3:44.40	4:06.84	4:27.13	3:19.49	3:44.40	3:44.56	3:33.42	3:52.00	3:33.72	3:37.32	3:48.79	4:12.29	4:22.10	4:33.13	4:08.61*	4:50.80*		

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