



EVENT DETAILS & ENTRY INFORMATION

- **Event:** 2023 New South Wales Country SC Championships
- **Dates:** 30th June- 2nd July 2023
- **Closing Date:** Entries Close at 5:00pm AEST, Tuesday 20th June 2023
- **Age as at:** 30th June 2023
- **Event Fee:** \$22 Per Individual Event & \$44 Per Relay Event (GST Inclusive)
- **Minimum Age:** 9 Years Old (as of 30th June 2023)
- **Qualifying Period/Criteria:**
 - Results must be achieved since 1st April 2022 to be eligible for entry into this event.
 - LC & SC Times from within this period can be used to enter this meet.
 - A qualifying time must have been achieved, uploaded, approved and verified in Swim Central by the specified closing date of the meet.
- **Multi-Class Entries:** MC Events are championship events and qualifying times as listed below apply. Whilst Swim Central will allow MC swimmers to enter all MC events – please ensure you refer to the QTs for your eligibility before entering.
- **Medals:**
 - In all 'Open/Age' individual events (excluding relays), medals will be awarded in the following age groups;
 - 100m IM: 12 Years/Under, 13/14 Years, 15/16 Years & 17 & Over
 - 800m Freestyle: 14 Years/Under, 15/16 Years & 17 & Over
 - 1500m Freestyle: 15/16 Years & 17 & Over
 - In all Multi-Class Events, medals will be awarded in the following age groups:
 - 10-14 Years
 - 15-16 Years
 - 17 Years & Over

If you have any questions regarding this event, please contact

greta.brodie@nsw.swimming.org.au

Session 1				
Friday 30th June, 3:00pm				
M	F			
1	2	*Open/Age	800m	Freestyle
3	4	Open MC	100m	Breaststroke
5	6	17yrs/O	100m	Butterfly
7	8	15/16yrs	100m	Butterfly
9	10	14yrs	100m	Butterfly
11	12	13yrs	100m	Butterfly
13	14	12yrs	100m	Butterfly
15	16	17yrs/O	100m	Breaststroke
17	18	15/16yrs	100m	Breaststroke
19	20	14yrs	100m	Breaststroke
21	22	13yrs	100m	Breaststroke
23	24	12yrs	100m	Breaststroke
25	26	Open MC	200m	Ind Medley
27	28	17yrs/O	200m	Ind Medley
29	30	15/16yrs	200m	Ind Medley
31	32	13/14yrs	200m	Ind Medley
33	34	12yrs/U	200m	Ind Medley

Session 2					Session 3				
Saturday 1st July, 9:00am					Saturday 1st July, Not Before 12:30pm				
M	F				M	F			
35	36	17yrs/O	200m	Freestyle	71	72	15yrs/O	4x50m	Medley Relay
37	38	15/16yrs	200m	Freestyle	73	74	13/14yrs	4x50m	Medley Relay
39	40	13/14yrs	200m	Freestyle	75	76	17yrs/O	400m	Freestyle
41	42	12yrs/U	200m	Freestyle	77	78	15/16yrs	400m	Freestyle
43	44	Open MC	50m	Freestyle	79	80	13/14yrs	400m	Freestyle
45	46	Open	50m	Breaststroke	81	82	12yrs/U	400m	Freestyle
47	48	11yrs/U	50m	Breaststroke	83	84	Open MC	100m	Freestyle
49	50	17yrs/O	100m	Backstroke	85	86	11yrs	100m	Breaststroke
51	52	15/16yrs	100m	Backstroke	87	88	10yrs/U	100m	Breaststroke
53	54	14yrs	100m	Backstroke	89	90	17yrs/O	200m	Butterfly
55	56	13yrs	100m	Backstroke	91	92	15/16yrs	200m	Butterfly
57	58	12yrs	100m	Backstroke	93	94	13/14yrs	200m	Butterfly
59	60	11yrs	100m	Backstroke	95	96	12yrs/U	200m	Butterfly
61	62	10yrs/U	100m	Backstroke	97	98	Open MC	100m	Butterfly
63	64	Open MC	100m	Backstroke	99	100	10yrs/U	50m	Freestyle
65	66	*Open/Age	100m	IM	101	102	11/12yrs	50m	Freestyle
67	68	15yrs/O	4x50m	Freestyle Relay	103	104	13/14yrs	50m	Freestyle
69	70	13/14yrs	4x50m	Freestyle Relay	105	106	15/16yrs	50m	Freestyle
					107	108	17yrs/O	50m	Freestyle

ENTRY FEE \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY (GST INCLUSIVE)

Session 4					Session 5				
Sunday 2nd July, 9:00am					Sunday 2nd July, Not Before 12:30pm				
M	F				M	F			
109	110	11yrs/U	50m	Butterfly	143	144	12yrs/U	4x50m	Freestyle Relay
111	112	Open	50m	Butterfly	145	146	Open	50m	Backstroke
113	114	14yrs/U	400m	Ind Medley	147	148	11yrs/U	50m	Backstroke
115	116	15/16yrs	400m	Ind Medley	149	150	*Open/Age	1500m	Freestyle
117	118	17yrs/O	400m	Ind Medley	151	152	11yrs	100m	Freestyle
119	120	12yrs/U	200m	Backstroke	153	154	10yrs/U	100m	Freestyle
121	122	13/14yrs	200m	Backstroke	155	156	17yrs/O	200m	Breaststroke
123	124	15/16yrs	200m	Backstroke	157	158	15/16yrs	200m	Breaststroke
125	126	17yrs/O	200m	Backstroke	159	160	13/14yrs	200m	Breaststroke
127	128	10yrs/U	100m	Butterfly	161	162	12yrs/U	200m	Breaststroke
129	130	11yrs	100m	Butterfly					
131	132	12yrs	100m	Freestyle					
133	134	13yrs	100m	Freestyle					
135	136	14yrs	100m	Freestyle					
137	138	15/16yrs	100m	Freestyle					
139	140	17yrs/O	100m	Freestyle					
141	142	12yrs/U	4x50m	Medley Relay					

***In all "Open/Age" Individual Events (excluding relays), Medals will be awarded in the following Age Groups;
100m IM: 12 Years/Under, 13/14 Years, 15/16 Years & 17 & Over; 800m Freestyle: 14 Years/Under, 15/16 Years & 17
& Over; 1500m Freestyle: 15/16 Years & 17 & Over**

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30 June 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEE \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY (GST INCLUSIVE)

Sydney-North Ryde

Qualifying Times - Men & Boys

		Open	17yrs & Over	15-16yrs	14yrs	13yrs	12yrs	11yrs	10/U
Free	50m		27.00	27.00	13/14yrs: 29.00		11/12yrs: 32.00		36.00
	100m		59.50	59.50	1:03.00	1:06.40	1:10.30	1:13.00	1:18.00
	200m		2:07.00	2:07.00	13/14yrs: 2:17.00		12yrs/Under: 2:25.00		
	400m		4:30.00	4:30.00	14yrs/Under: 4:45.00				
	800m		9:20.00	9:30.00	14yrs/Under: 10:00.00				
	1500m		17:30.00	18:20.00					
Back	50m	33.00						11yrs/Under: 40.00	
	100m		1:10.00	1:10.00	1:12.00	1:15.00	1:21.00	1:24.00	1:29.00
	200m		2:29.00	2:29.00	13/14yrs: 2:40.00		12yrs/Under: 2:45.00		
Breast	50m	37.50						11yrs/Under: 46.50	
	100m		1:22.00	1:22.00	1:25.00	1:30.00	1:33.50	1:39.00	1:45.00
	200m		2:50.00	2:50.00	13/14yrs: 2:58.00		12yrs/ Under: 3:07.00		
Fly	50m	30.50						11yrs/Under: 38.60	
	100m		1:09.00	1:09.00	1:11.80	1:14.60	1:20.50	1:25.00	1:36.00
	200m		2:28.00	2:28.00	13/14yrs: 2:41.50		12yrs/Under: 3:00.00		
Medley	100m		1:10.00	1:10.00	13/14yrs: 1:15.00		12yrs/Under: 1:24.00		
	200m		2:30.00	2:30.00	13/14yrs: 2:36.00		2:46.00	2:52.00	3:03.00
	400m		5:10.00	5:10.00	14yrs/Under: 5:25.00				
Relay	4x50m Free				13/14yrs: 2:01.00		12yrs/Under: 2:13.00		
	4x50m Medley				13/14yrs: 2:23.50		12yrs/Under: 2:38.50		
	4x100m Free		15yrs/Over: 4:08.00						
	4x100m Medley		15yrs/Over: 4:56.00						

*In all "Open/Age" Individual Events (excluding relays), Medals will be awarded in the following Age Groups;

100m IM: 12 Years/Under, 13/14 Years, 15/16 Years & 17 & Over; 800m Freestyle: 14 Years/Under, 15/16 Years & 17 & Over; 1500m Freestyle: 15/16 Years & 17 & Over

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20TH JUNE 2023

ENTRY FEES \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY (GST INCLUSIVE)

Sydney-North Ryde

Qualifying Times - Women & Girls

		Open	17yrs & Over	15-16yrs	14yrs	13yrs	12yrs	11yrs	10/U
Free	50m		30.50	30.50	13/14yrs: 30.50		11/12yrs: 32.50		36.50
	100m		1:05.50	1:05.50	1:07.00	1:08.50	1:12.00	1:13.60	1:18.00
	200m		2:17.00	2:17.00	13/14yrs: 2:23.00		12yrs/Under: 2:28.00		
	400m		4:48.00	4:48.00	14yrs/Under: 5:00.00				
	800m		9:45.00	10:05.00	14yrs/Under: 10:35.00				
	1500m		18:20.00	19:00.00					
Back	50m	35.00						11yrs/Under: 40.00	
	100m		1:15.00	1:15.00	1:16.50	1:17.00	1:21.50	1:24.50	1:29.00
	200m		2:38.00	2:38.00	13/14yrs: 2:41.00		12yrs/Under: 2:49.00		
Breast	50m	39.00						11yrs/Under: 47.00	
	100m		1:28.00	1:28.00	1:29.00	1:30.00	1:33.50	1:36.00	1:43.00
	200m		2:59.00	2:59.00	13/14yrs: 3:06.00		12yrs/Under: 3:15.00		
Fly	50m	33.00						11yrs/Under: 38.60	
	100m		1:14.50	1:14.50	1:15.20	1:16.00	1:22.00	1:26.00	1:36.00
	200m		2:40.00	2:40.00	13/14yrs: 2:45.00		12yrs/Under: 3:00.00		
Medley	100m		1:15.00	1:15.00	13/14yrs: 1:17.00		12yrs/Under: 1:24.50		
	200m		2:38.00	2:38.00	13/14yrs: 2:41.00		2:49.00	2:53.50	3:03.00
	400m		5:27.50	5:27.50	14yrs/Under: 5:40.00				
Relay	4x50m Free				13/14yrs: 2:06.00		12yrs/Under: 2:15.00		
	4x50m Medley				13/14yrs: 2:28.00		12yrs/Under: 2:41.00		
	4x100m Free		15yrs/Over: 4:32.00						
	4x100m Medley		15yrs/Over: 5:18.00						

*In all "Open/Age" Individual Events (excluding relays), Medals will be awarded in the following Age Groups;

100m IM: 12 Years/Under, 13/14 Years, 15/16 Years & 17 & Over; 800m Freestyle: 14 Years/Under, 15/16 Years & 17 & Over; 1500m Freestyle: 15/16 Years & 17 & Over

AGE AS AT 20TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20TH JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

MULTI-CLASS QUALIFYING TIMES

MALES 10-14 YEARS



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
10-14 years										
50FR	02:12.84	02:00.74	01:27.29	01:16.18	01:06.04	00:58.52	00:54.93	00:52.31	00:50.22	00:46.75
100FR	04:43.91	04:23.86	03:13.56	02:46.63	02:23.17	02:09.14	02:00.05	01:53.92	01:49.19	01:41.67
100BK	05:42.58	04:22.41	03:45.11	03:19.67	02:45.89	02:26.30	02:20.13	02:09.14	02:02.65	01:58.94
100BR		04:36.87	03:50.87	03:19.06	03:11.12	02:47.44	02:41.54	02:18.01	02:13.84	
100BF					02:35.31	02:19.47	02:16.89	01:56.81	01:55.10	01:49.16
200IM					05:51.76	05:14.32	05:00.23	04:34.44	04:20.88	04:13.15
150IM			06:39.86	05:50.95						
MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19	
10-14 years										
50FR	00:50.87	00:45.76	00:46.74	00:50.23	00:47.56	00:49.56	00:51.58	00:52.74	00:50.23	
100FR	01:52.20	01:40.78	01:43.21	01:47.49	01:44.57	01:51.73	01:50.14	01:40.19	01:47.49	
100BK	02:05.74	01:55.11	01:55.42	02:04.06	01:57.15	02:14.20	02:05.07	02:10.27	02:04.06	
100BR	02:24.67	02:14.42	02:10.60	02:14.79	02:01.17	02:22.81	02:15.47	02:21.53	02:14.79	
100BF	01:58.17	01:49.27	01:49.31	01:55.42	01:48.84	02:04.00	01:55.46	02:01.20	01:55.42	
200IM	04:36.02	04:11.15	04:12.45	04:22.82	04:07.78	04:59.40	04:26.07	04:35.96	04:22.82	

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

MULTI-CLASS QUALIFYING TIMES
MALES 15-16 YEARS



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
15/16 years										
50FR	01:57.94	01:46.91	01:17.04	01:07.16	00:58.20	00:51.58	00:48.47	00:46.13	00:44.30	00:41.34
100FR	04:11.50	03:53.82	02:50.90	02:26.86	02:06.27	01:53.89	01:45.97	01:40.49	01:36.31	01:29.80
100BK	04:57.35	03:50.33	03:17.29	02:56.23	02:27.21	02:09.07	02:03.39	01:54.04	01:48.22	01:44.85
100BR		04:40.85	03:58.69	03:07.71	02:57.57	02:40.05	02:32.85	02:10.41	02:07.67	
100BF					02:16.41	02:02.90	02:01.06	01:42.87	01:41.41	01:36.21
200IM					05:03.51	04:37.05	04:24.43	04:02.03	03:50.15	03:43.00
150IM			05:22.85	04:36.67						

MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
15/16 years									
50FR	00:44.85	00:40.40	00:41.20	00:43.70	00:41.39	00:42.89	00:44.79	00:45.89	00:43.70
100FR	01:38.99	01:28.91	01:30.84	01:34.63	01:31.06	01:36.62	01:36.78	01:39.37	01:34.63
100BK	01:56.02	01:41.31	01:41.54	01:49.23	01:41.86	01:56.20	01:50.05	01:54.69	01:49.23
100BR	02:17.84	02:06.00	02:04.44	02:07.89	01:45.58	02:03.72	02:08.44	02:14.29	02:07.89
100BF	01:44.07	01:36.15	01:36.13	01:42.34	01:34.85	01:47.00	01:42.36	01:47.46	01:42.34
200IM	04:03.19	03:41.07	03:42.20	03:51.16	03:35.99	04:18.18	03:53.81	04:02.72	03:51.16

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

**MULTI-CLASS QUALIFYING TIMES
MALES 17 YEARS & OVER**



MALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
17 years & Over										
50FR	02:00.28	01:48.98	01:18.67	01:08.58	00:59.44	00:52.30	00:49.15	00:46.78	00:44.94	00:41.93
100FR	04:16.41	03:58.39	02:54.58	02:29.96	02:08.97	01:55.49	01:47.48	01:41.91	01:37.68	01:31.07
100BK	05:03.95	03:54.47	03:21.27	03:00.02	02:30.54	02:10.88	02:05.11	01:55.66	01:49.74	01:46.31
100BR		04:09.62	03:27.19	02:58.47	02:51.61	02:28.81	02:23.62	02:03.26	01:59.35	
100BF					02:19.34	02:04.82	02:03.00	01:44.47	01:42.98	01:37.73
200IM					05:19.04	04:41.53	04:28.80	04:06.09	03:54.01	03:46.70
150IM			05:28.97	04:41.95						

MALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
17 years & Over									
50FR	00:45.48	00:40.98	00:41.79	00:43.41	00:41.12	00:42.64	00:44.52	00:45.58	00:43.41
100FR	01:40.39	01:30.17	01:32.11	01:35.93	01:30.44	01:36.06	01:38.10	01:40.73	01:35.93
100BK	01:57.63	01:42.66	01:42.94	01:50.76	01:41.19	01:55.51	01:51.58	01:56.30	01:50.76
100BR	02:09.18	01:59.62	01:56.41	02:00.20	01:44.86	02:02.98	02:00.77	02:06.21	02:00.20
100BF	01:45.69	01:37.63	01:37.60	01:43.08	01:34.19	01:46.94	01:43.11	01:48.24	01:43.08
200IM	04:07.23	03:44.71	03:45.87	03:54.95	03:34.47	04:16.83	03:57.60	04:06.69	03:54.95

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

MULTI-CLASS QUALIFYING TIMES

FEMALES 10-14 YEARS



FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
10-14 years										
50FR	02:32.23	02:21.02	01:51.50	01:28.33	01:15.03	01:09.44	01:03.76	01:01.86	00:57.98	00:56.18
100FR	05:27.09	04:49.62	03:46.93	03:08.79	02:40.91	02:29.63	02:17.51	02:12.97	02:03.62	02:01.32
100BK	05:40.49	05:16.43	04:19.03	03:42.16	03:11.52	02:49.46	02:42.26	02:29.20	02:18.85	02:11.77
100BR		06:09.10	04:48.93	03:50.62	03:23.29	03:25.23	03:03.17	02:38.93	02:36.36	
100BF					04:06.97	02:58.73	02:42.98	02:24.95	02:17.47	02:58.73
200IM					06:50.75	06:16.64	05:48.18	05:24.80	05:05.58	06:16.64
150IM			07:13.43	06:07.55						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
10-14 years									
50FR	01:01.04	00:53.48	00:54.06	00:57.11	00:52.82	01:00.36	00:59.75	00:59.98	00:57.11
100FR	02:14.23	01:57.30	01:56.75	02:02.85	01:55.59	02:10.52	02:07.21	02:09.00	02:02.85
100BK	02:34.68	02:14.21	02:13.90	02:16.44	02:11.74	02:47.52	02:21.78	02:23.26	02:16.44
100BR	02:56.96	02:33.06	02:34.56	02:41.48	02:26.74	02:53.93	02:36.91	02:49.56	02:41.48
100BF	02:41.42	02:10.70	02:12.96	02:21.56	02:14.61	03:19.24	02:23.96	02:28.64	02:21.56
200IM	05:44.24	05:02.10	04:58.53	05:00.66	04:59.12	06:00.86	05:12.91	05:15.69	05:00.66

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

MULTI-CLASS QUALIFYING TIMES
FEMALES 10-14 YEARS



FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
15/16 years										
50FR	02:09.59	02:04.32	01:37.76	01:17.33	01:06.23	01:01.09	00:56.29	00:54.51	00:51.14	00:49.51
100FR	04:49.61	04:16.18	03:17.76	02:45.55	02:22.09	02:11.77	02:01.38	01:57.28	01:49.19	01:46.89
100BK	04:59.04	04:36.64	03:47.60	03:15.22	02:49.07	02:29.23	02:22.90	02:11.80	02:02.63	01:56.26
100BR		05:26.62	04:16.21	03:22.87	02:59.80	02:49.88	02:41.55	02:20.42	02:18.04	
100BF					03:28.17	02:30.44	02:17.49	02:02.20	01:56.14	01:55.70
200IM					05:47.59	05:25.78	05:02.88	04:34.67	04:18.62	05:25.78
150IM			06:03.19	05:08.62						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
15/16 years									
50FR	00:53.72	00:47.14	00:47.62	00:49.68	00:46.02	00:52.32	00:51.81	00:52.16	00:49.68
100FR	01:58.14	01:43.33	01:42.90	01:48.11	01:40.73	01:53.07	01:51.67	01:53.52	01:48.11
100BK	02:16.13	01:58.17	01:57.84	02:00.18	01:54.50	02:24.69	02:04.53	02:06.20	02:00.18
100BR	02:32.16	02:14.85	02:16.25	02:22.17	02:07.73	02:30.70	02:18.46	02:29.28	02:22.17
100BF	02:16.05	01:50.49	01:52.06	02:00.56	01:52.39	02:43.16	02:02.43	02:06.58	02:00.56
200IM	05:02.88	04:34.67	04:18.62	04:15.14	04:50.21	04:14.90	04:11.91	04:18.83	04:09.51

In all Multi-Class Events, medals will be awarded in the following age groups:
10-14 Years, 15-16 Years and 17 Years & Over.
AGE AS AT 30TH JUNE 2023
ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023
ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)

MULTI-CLASS QUALIFYING TIMES

FEMALES 17 YEARS & OVER

FEMALE SHORT COURSE	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10
17 years & Over										
50FR	02:03.77	01:58.71	01:33.51	01:13.96	01:03.43	00:58.02	00:53.48	00:51.78	00:48.58	00:47.03
100FR	04:36.71	04:04.74	03:08.97	02:38.36	02:16.10	02:05.18	01:55.32	01:51.43	01:43.75	01:41.54
100BK	04:45.74	04:24.15	03:38.35	03:07.02	02:42.13	02:22.01	02:15.98	02:05.46	01:56.75	01:50.66
100BR		05:11.64	04:05.34	03:14.01	02:52.10	02:41.15	02:33.24	02:13.22	02:10.95	
100BF					03:19.39	02:23.03	02:10.75	01:56.20	01:50.45	01:50.03
200IM					05:33.70	05:02.53	04:41.06	04:21.93	04:06.66	04:03.24
150IM			06:02.53	05:09.20						

FEMALE SHORT COURSE	S11	S12	S13	S14	S15	S16	S17	S18	S19
17 years & Over									
50FR	00:51.03	00:44.77	00:45.25	00:46.32	00:42.90	00:48.82	00:48.34	00:48.64	00:46.32
100FR	01:52.03	01:38.15	01:37.76	01:42.69	01:33.90	01:45.51	01:46.04	01:47.82	01:42.69
100BK	02:09.53	01:52.44	01:52.12	01:54.36	01:46.78	02:15.10	01:58.47	02:00.09	01:54.36
100BR	02:27.75	02:07.91	02:09.24	02:14.85	01:59.11	02:20.61	02:11.35	02:21.59	02:14.85
100BF	02:09.38	01:45.09	01:46.56	01:53.54	01:44.77	02:32.59	01:55.32	01:59.22	01:53.54
200IM	04:36.64	04:39.25	04:00.17	04:06.74	03:52.62	04:39.00	04:11.11	04:19.08	04:06.74

In all Multi-Class Events, medals will be awarded in the following age groups:

10-14 Years, 15-16 Years and 17 Years & Over.

AGE AS AT 30TH JUNE 2023

ENTRIES CLOSE 5PM TUESDAY 20 JUNE 2023

ENTRY FEES: \$22 PER INDIVIDUAL EVENT, \$44 PER RELAY EVENT (GST INCLUSIVE)