

2022 Area Development Program



2022 Swimming NSW Area Development Program Guide

Background

Swimming NSW (SNSW) is dedicated to recognising and rewarding enthusiastic young swimmers around the State. It is important that SNSW provide a solid pathway for swimmers who are interested in the competitive aspect of the sport and have aspirations to be a State or National representative. The pathway aims to provide opportunities to develop swimming skills, as well as maintain motivation in the sport. In regional areas, the program/s will be coordinated by the local SNSW Club Support Officer in conjunction with the Area Development Convenor.

National Age Area Representative Squad (NAARS)

Objective

Targeting swimmers who have qualified for the Australian Open or Age Championships and providing them with opportunities to further develop their skills and participation in swimming. This should be achieved in an environment to promote pathway progression.

Selection Criteria

- Able-bodied swimmers aged females 13-18 years and males 14-19 years who competed at the 2021
 Australian Swimming Championships and the Australian Age Championships in an <u>individual event</u>
- Swimmers who qualified for the 2022 Australian Swimming Championships and the Australian Age Championships but did not compete due to <u>extenuating circumstances</u> (at the Area's discretion).
- Open Water Swimmers aged 14-18 years of age that competed in an individual event at the 2022 Australian Open Water Championships and are not selected in a SNSW State Squad.

The Area may choose to include additional criteria.

Levy

To be determined by each Area.

Senior Age Area Representative Squad (SAARS)

Objective

A focus on coach development to provide opportunities for coaches to share knowledge that can be applied in the daily training environment (DTE). In addition, encouraging swimmers of similar ages to come together in an environment that develops, supports, and provides motivation to continue participation in the sport of swimming.

Selection Criteria

- Able-bodied Swimmers aged 13-18 years who competed in an <u>individual event</u> at one of the following meets:
 - 20222 SNSW Senior State Age Championships
 - o 2022 SNSW Senior Metropolitan Championships
 - o 2022 SNSW Country Championships
- Para swimmers aged 13-18 years who competed in an event at one of the following meets:
 - o 2021 SNSW Multi-Class Championships
 - 2022 SNSW Senior Metropolitan Championships
 - o 2022 SNSW Country Championships
- Open water swimmers aged 13-18 years who competed in an <u>individual event</u> at the 2021 SNSW State Open Water Championships.
- Swimmers who qualified for the above listed Championships but did not compete due to <u>extenuating</u> <u>circumstances</u> (at the Area's discretion).

The Area may choose to include additional criteria.

Junior Age Area Representative Squad (JAARS)

Objective

Swimmers of similar ages are encouraged to improve their skills that can be repeated in the daily training environment (DTE). JAARS creates a development opportunity for coaches to learn new methods/skills to improve their swimmers in their DTE.

Selection Criteria

- Able-bodied swimmers aged 10-12 years. Age as at that competed in an <u>individual event</u> at one of the following meets:
 - o 2021 SNSW Junior Metropolitan Championships
 - 2022 SNSW Country Championships
 - 2022 SNSW Junior State Age Championships
- Para swimmers aged 10-12 years that competed in an event at one of the following meets:
 - o 2021 SNSW Junior Metropolitan Championships
 - o 2022 SNSW Country Championships
- Swimmers who qualified for the above listed Championships but did not compete due to <u>extenuating</u> <u>circumstances</u> (at the Area's discretion).

The Area may choose to include additional criteria.

Note: Swimmers may only accept a position on one SNSW squad with a default set to the highest achievement.