



NSW Country Regional Meets Griffith, Gunnedah & Singleton 8-9 January 2022

ELIGIBILITY TO SWIM

Open to all affiliated members of NSW Country Clubs. Due to competitor limits at each venue, members of NSW Metropolitan Clubs are ineligible to enter these meets.

Day One Saturday 8 January, 2022				
Session One - 10:00am				
1	M	11yrs & O	400m	Individual Medley
2	W	11yrs & O	400m	Individual Medley
3	M	All Age	200m	Freestyle
4	W	All Age	200m	Freestyle
5	M	All Age	200m	Breaststroke
6	W	All Age	200m	Breaststroke
7	M	MC	100m	Freestyle
8	W	MC	100m	Freestyle
9	M	All Age	50m	Freestyle
10	W	All Age	50m	Freestyle
11	M	All Age	100m	Backstroke
12	W	All Age	100m	Backstroke
13	M	All Age	50m	Butterfly
14	W	All Age	50m	Butterfly
15	M	12yrs & O	1500m	Freestyle
16	W	12yrs & O	1500m	Freestyle
17	M	All Age	200m	Butterfly
18	W	All Age	200m	Butterfly
19	M	MC	50m	Butterfly
20	W	MC	50m	Butterfly
21	M	All Age	100m	Freestyle
22	W	All Age	100m	Freestyle

Day Two Sunday 9 January, 2022				
Session Two - 9:00am				
23	M	11yrs & O	800m	Freestyle
24	W	11yrs & O	800m	Freestyle
25	M	All Age	50m	Breaststroke
26	W	All Age	50m	Breaststroke
27	M	MC	50m	Freestyle
28	W	MC	50m	Freestyle
29	M	All Age	100m	Butterfly
30	W	All Age	100m	Butterfly
31	M	11yrs & O	400m	Freestyle
32	W	11yrs & O	400m	Freestyle
33	M	All Age	50m	Backstroke
34	W	All Age	50m	Backstroke
35	M	MC	50m	Backstroke
36	W	MC	50m	Backstroke
37	M	All Age	100m	Breaststroke
38	W	All Age	100m	Breaststroke
39	M	All Age	200m	Individual Medley
40	W	All Age	200m	Individual Medley
41	M	MC	50m	Breaststroke
42	W	MC	50m	Breaststroke
43	M	All Age	200m	Backstroke
44	W	All Age	200m	Backstroke

AGE AS AT 8 JANUARY 2022

ENTRIES CLOSE 5PM TUESDAY 14 DECEMBER 2021 OR WHEN ENTRY LIMIT IS REACHED

ENTRY FEE \$8.50 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: All events will be swum as timed finals. The all age events will be swum with all age groups combined with the fastest heat first.

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No entry qualifying times are applicable except for the events listed in the table below.
800m & 1500m Freestyle entry times must be times achieved in a 400m Freestyle Event.

Qualifying Times	Male	Female
All Age 200m Freestyle	2:40.00	2:50.00
All Age 400m Freestyle	5:30.00	5:50.00
All Age 800m Freestyle	Use 400m QT for these events	
All Age 1500m Freestyle		
All Age 200m Backstroke	3:00.00	3:10.00
All Age 200m Breaststroke	3:20.00	3:35.00
All Age 200m Butterfly	3:00.00	3:10.00
All Age 200m Individual Medley	3:10.00	3:15.00
All Age 400m Individual Medley	6:30.00	6:40.00

AGE AS AT 8 JANUARY 2022

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NOTE:

- Following the completion of each all age event, medals will be awarded to the first 3 place-getters in each of the following age groups:
9 years & under, 10 years, 11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 1 & 2 and 31 & 32, medals will be awarded to the first 3 place-getters in the following age groups: 11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 15 & 16, medals will be awarded to the first 3 place-getters in the following age groups:
12-14 Years & 15 & over
- For events 23 & 24, medals will be awarded to the first 3 place-getters in the following age groups:
11-14 Years & 15 & over
- For the MC events, medals will be awarded to the first 3 place-getters in the following age groups:
12 years & under, 13-14 years and 15 years & over