



AIS Pool, Bruce ACT Saturday 2nd – Sunday 3rd November 2019

Saturday 2nd November 2019

Warm Up 9:15 am				Starting Time 10:30 am			
Event No M W			Eve	Event		Qualifying Time M W	
1	2	Open	200m	Freestyle	2:22.00	2:33.00	
3	4	14&U	200m	Breast	3:19.50	3:29.00	
5	6	10&U	50m	Freestyle	38.00	38.50	
7	8	Open	50m	Freestyle	29.00	32.00	
9	10	15/16	50m	Freestyle	30.00	33.00	
11	12	13/14	50m	Freestyle	32.00	33.50	
13	14	11/12	50m	Freestyle	36.50	36.50	
15	16	Open	100m	Butterfly	1:06.50	1:16.50	
17	18	15/16	100m	Breast	1:27.00	1:34.50	
19	20	11/12	100m	Backstroke	1:30.00	1:30.00	
21	22	10&U	100m	Backstroke	1:35.00	1:36.50	
23	24	Open	100m	Breast	1:20.00	1:30.00	
25	26	14&U	400m	Freestyle	5:21.00	5:33.50	
Anticipated Lunch Break (Time Permitting)							
27	28	Open	1500m	Freestyle	19:10.00	20:55.00	
29	30	14&U	400m	IM	6:03.00	6:14.00	
31	32	15/16	100m	Backstroke	1:15.00	1:22.00	
33	34	13/14	100m	Backstroke	1:20.50	1:22.50	
35	36	Open	200m	IM	2:34.00	2:50.00	
37	38	10&U	100m	Breast	1:50.00	1:51.00	
39	40	11/12	100m	Breast	1:45.50	1:45.50	
41	42	13/14	100m	Breast	1:32.50	1:35.50	
43	44	Open	200m	Backstroke	2:39.50	2:50.00	
45	46	14&U	200m	Butterfly	2:59.50	3:08.00	
Start times are always determined by AIS requirements							

Start times are always determined by AIS requirements. Any change to timings will be posted on the web site and clubs will be notified.

FEATURING THE POPULAR Knockout Handicap Relay Event No. 301

Sunday 3rd November 2019

Warm Up 8:15 am				Starting Time 9:30 am			
Event No M W			Event		Qualifying Time M W		
47	48	Open	400m	IM	5:31.00	5:50.00	
49	50	10&U	200m	IM	3:24.50	3:25.50	
51	52	Open	200m	Butterfly	2:38.50	2:53.50	
53	54	14&U	200m	Backstroke	2:56.00	3:00.00	
55	56	15/16	200m	IM	2:43.00	2:56.00	
57	58	10&U	100m	Freestyle	1:22.50	1:23.50	
59	60	11/12	100m	Freestyle	1:17.50	1:18.50	
61	62	Open	100m	Freestyle	1:00.50	1:08.00	
63	64	13/14	100m	Freestyle	1:09.50	1:12.00	
65	66	15/16	100m	Freestyle	1:05.00	1:10.50	
67	68	Open	800m	Freestyle	10:40.50	10:40.50	

301 2x50m Knockout Freestyle Handicap Relay

Anticipated Lunch Break (Time Permitting)

69 71	70 72	13/14 Open	200m 100m	IM Backstroke	2:52.50 1:11.50	2:59.50 1:18.50
73	74	11/12	200m	IM	3:14.00	3:14.00
75	76	Open	400m	Freestyle	5:04.50	5:23.50
77	78	14&U	200m	Freestyle	2:32.00	2:36.00
79	80	10&U	100m	Butterfly	1:39.00	1:40.00
81	82	11/12	100m	Butterfly	1:30.00	1:30.00
83 85	84 86	Open 13/14	200m 100m	Breast	3:01.00 1:17.50	3:16.00 1:22.00
87	88	15/14 15/16	100m	Butterfly Butterfly	1:12.00	1:19.00

Enquiries to Meet Director: Annette Tabke – email TelopeaQM@gmail.com or visit our <u>website</u> for any updates.

Conditions and Information

1. The Meet will be conducted as per the rules of NSW Swimming and is Swimming ACT approved.

Age as at Saturday 2nd November 2019. 2.

3. Awards:

- Medals for 1st, 2nd and 3rd place getters in all events. Where dual age events occur, medals for both • age groups i.e. 11/12 event, medals for 11 years and 12 years.
- For 1st place in event 301, the Knockout Handicap Relay two special issue medallions from the • Royal Australian Mint. Silver medals for the runners up.

Entries – individual events: 4.

Online entries only through Swim Central. Support Guide on How a Swimmer Enters a Meet in Swim Central is available here.

Swimmers enter on their fastest approved long course time. Approved short course times will be accepted, however, swimmers will be seeded after those with long course times and the entry time will be shown as equal to the qualifying time.

For internal club reporting TM e-file available at www.telopeaswimclub.org.au

Entry Fee: \$7.50 per individual event, \$10 for the Knockout Handicap Relay.

Entries Open: 1st September 2019.

Entries Close: Thursday 24th October, 2019. The Meet Director may stop accepting entries prior to the advertised closing date if the number of entries exceeds timeline requirements. Entries will be accepted on a first come first served basis.

Late entries may be accepted depending on timeline requirements. Late entries will not be accepted if entries close prior to the advertised closing date.

Refunds: Refunds will only be given if a swimmer withdraws prior to the advertised closing date for entries and if requested by email prior to the advertised closing date to TelopeaQM@gmail.com.

**Entries for event 301 (Knockout Handicap Relay) will be accepted until event 60 on Sunday.

5. All events, excepting Event 301, will be conducted as timed finals.

- Knockout Relay Teams can be comprised of: 6.
 - all males - all female one male and one female - mixed clubs
 - mixed ages

To enter, members of teams must have swum the 50m freestyle event on Saturday morning. Entry times must be the long course personal best time following the 50m freestyle on Saturday. Entry times will be checked and corrected if inaccurate. Teams must have unique, different names if from the same club.

Teams will be seeded with a fast team against a slow team until each team is seeded. The fastest team in each matched pair is re-handicapped and that team will proceed to the next round. The losing team is "knocked out". During the preliminary rounds there will be more than one match race in the pool at the same time and some teams may have a bve.

A maximum of 32 teams can be entered (time permitting).

- 7. Lanes for timekeeping will be allocated based on the number of swimmers entered per club although all volunteers very welcome.
- 8. The Meet Director reserves the right to alter the program rules and conditions as necessary.
- 9. Normal AIS pool entry fees will apply.
- 10. The AIS requires that caps be worn in the pools at all times.