# 2019/20 SWIMMING NSW SHARKS SQUAD SELECTION CRITERIA

The 2019/20 Swimming NSW (SNSW) Sharks Squad consists of two tiers: Gold and Silver.

To be eligible for selection in the 2019/20 SNSW Sharks Squad, swimmers must be:

- An Australian Citizen, permanently residing and training in NSW or ACT
- A current financial member of Swimming NSW
- Female swimmers aged 13-15 years and male swimmers aged 14-16 years (age as at the first day of the selection meet)
- Swimmers will be ineligible for this squad should they be selected for a Swimming Australia Senior Benchmark Team during that year or be a SNSW Performance Squad athlete.

Eligibility and meeting the selection criteria does not guarantee selection into the squad.

## **Competition/Camps**

Swimmers in the SNSW Sharks are required to attend the below SNSW and SAL major meets and activities\*:

- SNSW Meets (long and short course):
  - SNSW Age Championships
  - SNSW Open Water Championships (for open water athletes)
  - SNSW Metropolitan or Country Championships (dependent on athlete's location)
- SAL Meets (long and short course):
  - Australian Open Water Championships (for open water athletes)
  - Australian Age Swimming Championships
- SAL State Teams Short Course Championships (where eligible and selected)
- Testing weekends, training camps and other activities planned by the NSW State Coach and/or SNSW **Coaching Director**

\*Swimmers may be exempt from the above meets upon discussion with the SNSW Coaching Director. Written permission must be submitted to the SNSW Coaching Director.

### Selection Timeframe

SNSW Sharks members will remain on the Squad for one year (until the conclusion of the 2020 Australian Championships). The SNSW Coaching Director may review the position of a squad member at any time during this period if it is deemed the athlete is not meeting his/her performance and attendance requirements.

### Accepting and Maintaining a position on the SNSW Sharks

Swimmers may only accept a position on one (1) Swimming NSW Squad each year, with the default being set to the highest level of achievement.

All SNSW Sharks members must complete the following documentation prior to being confirmed on the squad:

- 2019 Swimming NSW Team Agreement and Informed Consent
- Online ASADA Level 1
- Match Fixing e-learning
- Any other required content (advised upon squad selection)

Swimmers are required to attend all allocated squad activities. Should the swimmer be unable to attend any activity due to medical, school, other, SNSW must be notified at least five (5) days prior to the activity date. Written document/s











must be provided outlining the reason the swimmer is unable to attend. SNSW Sharks members must attend all activities to receive full squad apparel and equipment.

It is the responsibility of the swimmer to ensure all conditions of the Team Agreement are met. The squad may be amended at any time by the SNSW Coaching Director where by a swimmer's squad status is withdrawn based on a failure to comply with the appropriate agreements or a swimmer meets another selection criterion during the course of the year.

### Swimmer Withdrawal from SNSW Sharks

A swimmer wishing to withdraw from the SNSW Sharks may do so by informing the SNSW Coaching Director in writing at any time. Any equipment loaned to an athlete through the Program must be returned upon withdrawal. Athletes who do not return equipment will be liable for the cost of all outstanding equipment. The swimmer will also be responsible for all associated camp costs if withdrawal is less than seven (7) days from departure date.

### **Squad Selection Announcement**

The SNSW Sharks Squad Gold and Silver will be announced following the 2019 Australian Age Swimming Championships.

### Swimmer Levy

There may be a swimmer levy associated with the SNSW Sharks Squads. This will be advised at the time of selection.

# SNSW SHARKS GOLD SQUAD

### Selection Criteria

Only the following performances will be considered for squad selection:

### PRIORITY 1

Swimmers who swim a SNSW Sharks Gold Squad qualifying time in a 2019 Australian Age Swimming Championship Final (or top 8 in Timed Final events)

#### PRIORITY 2

Medallists at the 2019 Australian Age Swimming Championships

## OPEN WATER

Females & Males aged 14-15yrs: Gold Medallist in the 5km Age events at the Australian Open Water Championships (regardless of visitors)

The maximum number for the SNSW Sharks Gold Squad is 30 swimmers. Should there be more than 30 swimmers eligible for this squad, swimmers may be ranked by percentage closest to the squad qualifying time. The SNSW Coaching Director may recommend swimmer selection to the squad at their discretion for talent identification purposes, irrespective of qualifying times.

Swimming Australia appoints talent scouts to view performances at the Australian Age Championships. Swimmers are identified through this process and invited to participate in the TID Testing activities, even if they are not selected for the SNSW Sharks Gold Squad.

### Activities

Activities for this squad will involve testing days and a training camp. Please note that activities and dates are subject to change.











# SNSW Sharks Gold Squad Qualifying Times

| Men      | Selection Events  | Women    |
|----------|-------------------|----------|
| 00:24.13 | 50m Freestyle     | 00:26.58 |
| 00:52.55 | 100m Freestyle    | 00:57.86 |
| 01:54.72 | 200m Freestyle    | 02:04.72 |
| 04:04.13 | 400m Freestyle    | 04:21.99 |
|          | 800m Freestyle    | 09:02.69 |
| 16:13.44 | 1500m Freestyle   |          |
|          |                   |          |
| 00:58.77 | 100m Backstroke   | 01:04.10 |
| 02:06.65 | 200m Backstroke   | 02:18.20 |
|          |                   |          |
| 01:06.68 | 100m Breaststroke | 01:12.97 |
| 02:23.88 | 200m Breaststroke | 02:37.32 |
|          |                   |          |
| 00:57.11 | 100m Butterfly    | 01:02.68 |
| 02:07.10 | 200m Butterfly    | 02:19.30 |
|          |                   |          |
| 02:09.11 | 200 IM            | 02:21.21 |
| 04:37.47 | 400 IM            | 05:00.41 |









