



**SNSW SENIOR
METROPOLITAN CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
30 NOVEMBER – 1 DECEMBER 2019**

| Session 1 Saturday 30 November, 9:00am | | | | | Session 2 Saturday 30 November NOT BEFORE 12:30pm | | | | |
|---|----------|---------------|-------|-------------------|--|----------|---------------|------|-------------------|
| M | W | | | | M | W | | | |
| 1 | 2 | Open | 1500m | Freestyle | 21 | 22 | Open | 50m | Butterfly |
| 3 | | 13 Years | 200m | Butterfly | 23 | 24 | 14/15 Years | 200m | Freestyle |
| | 4 | 12/13 Years | 200m | Butterfly | 25 | 26 | 16 Years/Over | 200m | Freestyle |
| 5 | 6 | 14 Years | 100m | Backstroke | 27 | 28 | Open MC | 100m | Breaststroke |
| 7 | 8 | 15 Years | 100m | Backstroke | 29 | | 13 Years | 200m | Backstroke |
| 9 | 10 | 16 Years/Over | 100m | Backstroke | | 30 | 12/13 Years | 200m | Backstroke |
| 11 | 12 | 14/15 Years | 200m | Butterfly | 31 | 32 | 14 Years | 100m | Breaststroke |
| 13 | 14 | 16 Years/Over | 200m | Butterfly | 33 | 34 | 15 Years | 100m | Breaststroke |
| 15 | 16 | Open | 50m | Freestyle | 35 | 36 | 16 Years/Over | 100m | Breaststroke |
| 17 | | 13 Years | 400m | Individual Medley | 37 | | 13 Years | 100m | Breaststroke |
| | 18 | 12/13 Years | 400m | Individual Medley | | 38 | 12/13 Years | 100m | Breaststroke |
| 19 | 20 | Open MC | 100m | Freestyle | 39 | 40 | Open MC | 50m | Freestyle |
| | | | | | 41 | 42 | 14/15 Years | 400m | Individual Medley |
| | | | | | 43 | 44 | 16 Years/Over | 400m | Individual Medley |
| | | | | | 45 | | 13 Years | 100m | Freestyle |
| | | | | | | 46 | 12/13 Years | 100m | Freestyle |
| | | | | | 47 | 48 | 14 Years | 100m | Freestyle |
| | | | | | 49 | 50 | 15 Years | 100m | Freestyle |
| | | | | | 51 | 52 | 16 Years/Over | 100m | Freestyle |
| Session 3 Sunday 1 December, 9:00am | | | | | Session 4 Sunday 1 December NOT BEFORE 12:30am | | | | |
| M | W | | | | M | W | | | |
| 53 | 54 | Open | 800m | Freestyle | 75 | 76 | 14/15 Years | 400m | Freestyle |
| 55 | | 13 Years | 100m | Butterfly | 77 | 78 | 16 Years/Over | 400m | Freestyle |
| | 56 | 12/13 Years | 100m | Butterfly | 79 | | 13 Years | 100m | Backstroke |
| 57 | 58 | 14 Years | 100m | Butterfly | | 80 | 12/13 Years | 100m | Backstroke |
| 59 | 60 | 15 Years | 100m | Butterfly | 81 | 82 | Open MC | 100m | Backstroke |
| 61 | 62 | 16 Years/Over | 100m | Butterfly | 83 | | 13 Years | 200m | Individual Medley |
| 63 | | 13 Years | 200m | Breaststroke | | 84 | 12/13 Years | 200m | Individual Medley |
| | 64 | 12/13 Years | 200m | Breaststroke | 85 | 86 | 14/15 Years | 200m | Individual Medley |
| 65 | 66 | 14/15 Years | 200m | Backstroke | 87 | 88 | 16 Years/Over | 200m | Individual Medley |
| 67 | 68 | 16 Years/Over | 200m | Backstroke | 89 | 90 | Open MC | 100m | Butterfly |
| 69 | | 13 Years | 400m | Freestyle | 91 | 92 | Open | 50m | Backstroke |
| | 70 | 12/13 Years | 400m | Freestyle | 93 | | 13 Years | 200m | Freestyle |
| 71 | 72 | Open | 50m | Breaststroke | | 94 | 12/13 Years | 200m | Freestyle |
| 73 | 74 | Open MC | 200m | Individual Medley | 95 | 96 | 14/15 Years | 200m | Breaststroke |
| | | | | | 97 | 98 | 16 Years/Over | 200m | Breaststroke |

AGE AS AT 30 NOVEMBER 2019

ENTRIES CLOSE 5PM TUESDAY 19 NOVEMBER, 2019

ENTRY FEE \$19 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: MULTI CLASS EVENTS ARE CHAMPIONSHIP EVENTS QUALIFYING TIMES APPLY



**SNSW SENIOR
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30 NOVEMBER – 1 DECEMBER 2019**

Qualifying Times - Men & Boys

| FREESTYLE | | Open | 16yrs/Over | 15yrs | 14yrs | 13yrs |
|--------------------------|--------------|-------------|-------------------|-----------------|--------------|--------------|
| | 50m | 26.00 | | | | |
| | 100m | | 56.50 | 1:00.00 | 1:00.50 | 1:02.50 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:05.00 | 2:09.00 | | 2:17.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 400m | | 4:31.00 | 4:34.00 | | 4:53.00 |
| | 800m | 9:15.00 | | | | |
| | 1500m | 17:30.00 | | | | |
| BACKSTROKE | 50m | 31.50 | | | | |
| | 100m | | 1:07.00 | 1:11.00 | 1:11.50 | 1:15.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:29.00 | 2:31.00 | | 2:41.00 |
| BREASTSTROKE | 50m | 34.50 | | | | |
| | 100m | | 1:17.00 | 1:21.50 | 1:21.00 | 1:25.50 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:52.00 | 2:53.00 | | 3:05.00 |
| BUTTERFLY | 50m | 28.50 | | | | |
| | 100m | | 1:03.00 | 1:08.00 | 1:09.00 | 1:13.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:28.50 | 2:37.00 | | 2:48.00 |
| INDIVIDUAL MEDLEY | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:26.00 | 2:28.00 | | 2:38.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 400m | | 5:15.00 | 5:17.00 | | 5:37.50 |

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Qualifying Times - Women & Girls

| FREESTYLE | | Open | 16yrs/Over | 15yrs | 14yrs | 12/13yrs |
|--------------------------|--------------|-------------|-------------------|-----------------|--------------|-----------------|
| | 50m | 29.00 | | | | |
| | 100m | | 1:03.00 | 1:04.00 | 1:05.50 | 1:07.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:19.00 | 2:19.00 | | 2:24.50 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 400m | | 4:52.00 | 4:54.50 | | 5:05.50 |
| | 800m | 9:45.00 | | | | |
| | 1500m | 18:20.00 | | | | |
| BACKSTROKE | 50m | 34.00 | | | | |
| | 100m | | 1:15.50 | 1:16.50 | 1:16.00 | 1:18.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:42.00 | 2:42.00 | | 2:48.00 |
| BREASTSTROKE | 50m | 38.50 | | | | |
| | 100m | | 1:27.50 | 1:28.00 | 1:28.50 | 1:30.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 3:07.00 | 3:07.00 | | 3:11.00 |
| BUTTERFLY | 50m | 31.50 | | | | |
| | 100m | | 1:12.00 | 1:15.00 | 1:16.00 | 1:19.00 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:45.00 | 2:48.00 | | 2:53.00 |
| INDIVIDUAL MEDLEY | | | 16yrs/Over | 14/15yrs | | |
| | 200m | | 2:42.00 | 2:40.50 | | 2:45.50 |
| | | | 16yrs/Over | 14/15yrs | | |
| | 400m | | 5:40.00 | 5:45.50 | | 5:50.00 |

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Qualifying Times - Multi-Class

| WOMEN | | | | | | | | |
|--------------|-----------------|------------------|------------------|-----------------|-------------|--------------------|-------------|----------------|
| | 50m FREE | 100m FREE | 100m BACK | 100m FLY | | 100m BREAST | | 200m IM |
| S1 | 2:12.81 | 4:51.77 | 5:24.76 | | SB1 | 5:11.83 | | |
| S2 | 2:05.76 | 4:13.88 | 5:02.48 | | SB2 | | | |
| S3 | 1:36.70 | 3:25.93 | 3:37.82 | | SB3 | | | |
| S4 | 1:04.91 | 2:40.98 | 3:06.61 | | SB4 | | | |
| S5 | 1:00.17 | 2:09.09 | 2:34.57 | 3:13.55 | SB5 | 2:35.54 | SM5 | 5:20.30 |
| S6 | 55.79 | 2:00.03 | 2:17.11 | 2:21.42 | SB6 | 2:30.64 | SM6 | 4:47.50 |
| S7 | 52.17 | 1:52.25 | 2:15.34 | 2:10.56 | SB7 | 2:27.58 | SM7 | 4:33.89 |
| S8 | 48.64 | 1:45.27 | 1:57.51 | 1:53.24 | SB8 | 2:02.58 | SM8 | 4:10.04 |
| S9 | 45.28 | 1:35.70 | 1:48.58 | 1:44.57 | SB9 | 2:00.53 | SM9 | 3:51.62 |
| S10 | 43.85 | 1:36.18 | 1:44.11 | 1:46.64 | | | SM10 | 3:55.24 |
| S11 | 53.79 | 1:58.42 | 2:16.00 | 2:16.28 | SB11 | 2:31.23 | SM11 | 4:51.04 |
| S12 | 43.21 | 1:34.18 | 1:48.94 | 1:39.88 | SB12 | 2:01.36 | SM12 | 3:57.16 |
| S13 | 42.19 | 1:32.24 | 1:48.25 | 1:43.33 | SB13 | 2:00.83 | SM13 | 3:52.12 |
| S14 | 44.66 | 1:38.39 | 1:49.30 | 1:49.14 | SB14 | 2:07.72 | SM14 | 4:00.34 |
| S15 | 42.23 | 1:32.76 | 1:48.24 | 1:43.31 | SB15 | 1:58.14 | SM15 | 3:51.40 |
| S16 | 48.94 | 1:47.76 | 2:22.64 | 2:58.18 | SB16 | 2:23.52 | SM16 | 4:52.83 |
| MEN | | | | | | | | |
| | 50m FREE | 100m FREE | 100m BACK | 100m FLY | | 100m BREAST | | 200m IM |
| S1 | 1:48.73 | 3:54.54 | 5:15.34 | | SB1 | 3:38.04 | | |
| S2 | 1:39.97 | 3:34.43 | 3:50.65 | | SB2 | | | |
| S3 | 1:15.69 | 2:45.31 | 3:21.61 | | SB3 | | | |
| S4 | 58.62 | 2:09.15 | 2:32.50 | | SB4 | | | |
| S5 | 54.29 | 1:55.05 | 2:04.97 | 2:10.70 | SB5 | 2:28.36 | SM5 | 4:34.13 |
| S6 | 47.52 | 1:45.55 | 1:58.93 | 1:55.42 | SB6 | 2:16.35 | SM6 | 4:19.10 |
| S7 | 44.07 | 1:35.54 | 1:53.71 | 1:47.92 | SB7 | 2:09.15 | SM7 | 4:05.29 |
| S8 | 41.35 | 1:30.28 | 1:41.32 | 1:34.71 | SB8 | 1:44.99 | SM8 | 3:40.79 |
| S9 | 40.26 | 1:27.64 | 1:37.91 | 1:33.97 | SB9 | 1:44.35 | SM9 | 3:31.32 |
| S10 | 36.04 | 1:19.70 | 1:34.87 | 1:27.72 | | | SM10 | 3:25.72 |
| S11 | 43.10 | 1:33.79 | 1:51.13 | 1:40.76 | SB11 | 1:55.51 | SM11 | 3:55.00 |
| S12 | 38.18 | 1:22.76 | 1:36.02 | 1:32.15 | SB12 | 1:48.70 | SM12 | 3:31.42 |
| S13 | 37.97 | 1:24.27 | 1:34.77 | 1:30.75 | SB13 | 1:42.26 | SM13 | 3:28.56 |
| S14 | 38.94 | 1:26.71 | 1:39.96 | 1:34.67 | SB14 | 1:44.07 | SM14 | 3:36.40 |
| S15 | 36.72 | 1:21.77 | 1:33.15 | 1:24.45 | SB15 | 1:34.01 | SM15 | 3:11.49 |
| S16 | 42.58 | 1:37.01 | 1:54.45 | 1:49.54 | SB16 | 2:00.79 | SM16 | 4:25.13 |

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