

2019 SWIMMING NSW METROPOLITAN SC CHAMPIONSHIPS 19 - 21 JULY 2019

TIMELINE IS TO BE USED AS A GUIDE ONLY

Session One: Day 1

Gates will open at 2.30pm. No early entry permitted

	Event	Entries	Heats	Starts at	
1	Men's 50 Breaststroke	34	4	04:00 PM	_____
2	Women's 50 Breaststroke	34	4	04:05 PM	_____
3	Men's 14-15 Years 200 Individual Medley	36	4	04:10 PM	_____
4	Women's 14-15 Years 200 Individual Medley	18	2	04:21 PM	_____
5	Men's 16 Years & Over 200 Individual Medley	34	4	04:28 PM	_____
6	Women's 16 Years & Over 200 Individual Medley	29	3	04:39 PM	_____
7	Men's 13 Years & Under 400 Individual Medley	8	1	04:48 PM	_____
8	Women's 13 Years & Under 400 Individual Medley	10	1	04:54 PM	_____
9	Men's 200 Individual Medley Multi-Class	3	1	05:00 PM	_____
10	Women's 200 Individual Medley Multi-Class	5	1	05:04 PM	_____
11	Men's 14-15 Years 400 Freestyle	38	4	05:08 PM	_____
12	Women's 14-15 Years 400 Freestyle	30	3	05:27 PM	_____
13	Men's 16 Years & Over 400 Freestyle	39	4	05:43 PM	_____
14	Women's 16 Years & Over 400 Freestyle	39	4	06:02 PM	_____
15	Men's 13 Years 100 Breaststroke	31	4	06:23 PM	_____
16	Women's 13 Years 100 Breaststroke	23	3	06:31 PM	_____
17	Men's 14 Years 100 Breaststroke	28	3	06:37 PM	_____
18	Women's 14 Years 100 Breaststroke	26	3	06:43 PM	_____
19	Men's 15 Years 100 Breaststroke	21	3	06:49 PM	_____
20	Women's 15 Years 100 Breaststroke	27	3	06:54 PM	_____
21	Men's 16 Years & Over 100 Breaststroke	48	5	07:00 PM	_____
22	Women's 16 Years & Over 100 Breaststroke	44	5	07:09 PM	_____
	Finish Time			07:18 PM	_____

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Session Two: Day 2

Gates will open at 7:30am. No early entry permitted

Event	Entries	Heats	Starts at	
23 Men's 800 Freestyle	33	4	09:00 AM	_____
24 Women's 800 Freestyle	25	3	09:38 AM	_____
25 Men's 50 Freestyle Multi-Class	10	1	10:08 AM	_____
26 Women's 50 Freestyle Multi-Class	11	2	10:10 AM	_____
27 Men's 100 Individual Medley	36	4	10:12 AM	_____
28 Women's 100 Individual Medley	32	4	10:19 AM	_____
29 Men's 14 Years 100 Backstroke	26	3	10:26 AM	_____
30 Women's 14 Years 100 Backstroke	21	3	10:32 AM	_____
31 Men's 15 Years 100 Backstroke	28	3	10:38 AM	_____
32 Women's 15 Years 100 Backstroke	31	4	10:44 AM	_____
33 Men's 16 Years & Over 100 Backstroke	38	4	10:53 AM	_____
34 Women's 16 Years & Over 100 Backstroke	33	4	11:01 AM	_____
35 Men's 14-15 Years 200 Butterfly	29	3	11:09 AM	_____
36 Women's 14-15 Years 200 Butterfly	22	3	11:18 AM	_____
37 Men's 16 Years & Over 200 Butterfly	27	3	11:27 AM	_____
38 Women's 16 Years & Over 200 Butterfly	26	3	11:36 AM	_____
39 Men's 50 Freestyle	62	7	11:45 AM	_____
40 Women's 50 Freestyle	70	7	11:52 AM	_____
41 Men's 13 Years & Under 200 Individual Medley	69	7	12:00 PM	_____
42 Women's 13 Years & Under 200 Individual Medley	64	7	12:22 PM	_____
43 Men's 100 Freestyle Multi-Class	9	1	12:46 PM	_____
44 Women's 100 Freestyle Multi-Class	11	2	12:48 PM	_____
Finish Time			12:52 PM	_____

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Session Three: Day 2

Event	Entries	Heats	Starts at	
45 Men's 50 Butterfly	43	5	01:20 PM	_____
46 Women's 50 Butterfly	42	5	01:26 PM	_____
47 Men's 13 Years & Under 200 Butterfly	17	2	01:31 PM	_____
48 Women's 13 Years & Under 200 Butterfly	20	2	01:38 PM	_____
49 Men's 14-15 Years 200 Freestyle	49	5	01:44 PM	_____
50 Women's 14-15 Years 200 Freestyle	33	4	01:58 PM	_____
51 Men's 16 Years & Over 200 Freestyle	51	6	02:09 PM	_____
52 Women's 16 Years & Over 200 Freestyle	35	4	02:24 PM	_____
53 Men's 100 Breaststroke Multi-Class	6	1	02:35 PM	_____
54 Women's 100 Breaststroke Multi-Class	6	1	02:38 PM	_____
55 Men's 13 Years & Under 200 Backstroke	22	3	02:40 PM	_____
56 Women's 13 Years & Under 200 Backstroke	31	4	02:50 PM	_____
57 Men's 10 Years & Under 100 Breaststroke	14	2	03:05 PM	_____
58 Women's 10 Years & Under 100 Breaststroke	28	3	03:09 PM	_____
59 Men's 11 Years 100 Breaststroke	34	4	03:16 PM	_____
60 Women's 11 Years 100 Breaststroke	43	5	03:24 PM	_____
61 Men's 12 Years 100 Breaststroke	33	4	03:35 PM	_____
62 Women's 12 Years 100 Breaststroke	35	4	03:43 PM	_____
63 Men's 10 Years & Under 100 Freestyle	19	2	03:51 PM	_____
64 Women's 10 Years & Under 100 Freestyle	31	4	03:55 PM	_____
65 Men's 11 Years 100 Freestyle	35	4	04:03 PM	_____
66 Women's 11 Years 100 Freestyle	39	4	04:10 PM	_____
67 Men's 12 Years 100 Freestyle	36	4	04:17 PM	_____
68 Women's 12 Years 100 Freestyle	38	4	04:23 PM	_____
69 Men's 13 Years 100 Freestyle	31	4	04:30 PM	_____
70 Women's 13 Years 100 Freestyle	26	3	04:37 PM	_____
Finish Time			04:41 PM	_____

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Session Four: Day 3

Gates will open at 7:30am. No early entry permitted

Event	Entries	Heats	Starts at	
71 Men's 1500 Freestyle	16	2	09:00 AM	_____
72 Women's 1500 Freestyle	12	2	09:35 AM	_____
73 Men's 14 Years 100 Butterfly	35	4	10:12 AM	_____
74 Women's 14 Years 100 Butterfly	27	3	10:19 AM	_____
75 Men's 15 Years 100 Butterfly	26	3	10:24 AM	_____
76 Women's 15 Years 100 Butterfly	32	4	10:29 AM	_____
77 Men's 16 Years & Over 100 Butterfly	63	7	10:36 AM	_____
78 Women's 16 Years & Over 100 Butterfly	40	4	10:48 AM	_____
79 Men's 13 Years & Under 200 Breaststroke	23	3	10:54 AM	_____
80 Women's 13 Years & Under 200 Breaststroke	21	3	11:05 AM	_____
81 Men's 14-15 Years 200 Backstroke	43	5	11:16 AM	_____
82 Women's 14-15 Years 200 Backstroke	27	3	11:32 AM	_____
83 Men's 16 Years & Over 200 Backstroke	31	4	11:43 AM	_____
84 Women's 16 Years & Over 200 Backstroke	32	4	11:55 AM	_____
85 Men's 13 Years & Under 400 Freestyle	20	2	12:09 PM	_____
86 Women's 13 Years & Under 400 Freestyle	20	2	12:20 PM	_____
87 Men's 14 Years 100 Freestyle	42	5	12:31 PM	_____
88 Women's 14 Years 100 Freestyle	24	3	12:38 PM	_____
89 Men's 100 Backstroke Multi-Class	8	1	12:43 PM	_____
90 Women's 100 Backstroke Multi-Class	4	1	12:46 PM	_____
91 Men's 15 Years 100 Freestyle	32	4	12:49 PM	_____
92 Women's 15 Years 100 Freestyle	30	3	12:55 PM	_____
93 Men's 16 Years & Over 100 Freestyle	54	6	01:00 PM	_____
94 Women's 16 Years & Over 100 Freestyle	38	4	01:09 PM	_____
95 Men's 14-15 Years 400 Individual Medley	21	3	01:15 PM	_____
96 Women's 14-15 Years 400 Individual Medley	17	2	01:32 PM	_____
Finish Time			01:44 PM	_____

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Session Five: Day 3

Event	Entries	Heats	Starts at	
97 Men's 16 Years & Over 400 Individual Medley	20	2	02:15 PM	_____
98 Women's 16 Years & Over 400 Individual Medley	20	2	02:27 PM	_____
99 Men's 100 Butterfly Multi-Class	4	1	02:38 PM	_____
100 Women's 100 Butterfly Multi-Class	2	1	02:40 PM	_____
101 Men's 50 Backstroke	56	6	02:42 PM	_____
102 Women's 50 Backstroke	53	6	02:51 PM	_____
103 Men's 13 Years & Under 200 Freestyle	26	3	02:59 PM	_____
104 Women's 13 Years & Under 200 Freestyle	19	2	03:08 PM	_____
105 Men's 14-15 Years 200 Breaststroke	30	3	03:14 PM	_____
106 Women's 14-15 Years 200 Breaststroke	24	3	03:24 PM	_____
107 Men's 16 Years & Over 200 Breaststroke	35	4	03:34 PM	_____
108 Women's 16 Years & Over 200 Breaststroke	26	3	03:47 PM	_____
109 Men's 10 Years & Under 100 Backstroke	16	2	03:57 PM	_____
110 Women's 10 Years & Under 100 Backstroke	17	2	04:02 PM	_____
111 Men's 11 Years 100 Backstroke	24	3	04:07 PM	_____
112 Women's 11 Years 100 Backstroke	29	3	04:13 PM	_____
113 Men's 12 Years 100 Backstroke	33	4	04:20 PM	_____
114 Women's 12 Years 100 Backstroke	39	4	04:29 PM	_____
115 Men's 13 Years 100 Backstroke	25	3	04:37 PM	_____
116 Women's 13 Years 100 Backstroke	19	2	04:44 PM	_____
117 Men's 10 Years & Under 100 Butterfly	12	2	04:48 PM	_____
118 Women's 10 Years & Under 100 Butterfly	22	3	04:52 PM	_____
119 Men's 11 Years 100 Butterfly	28	3	04:58 PM	_____
120 Women's 11 Years 100 Butterfly	38	4	05:04 PM	_____
121 Men's 12 Years 100 Butterfly	37	4	05:12 PM	_____
122 Women's 12 Years 100 Butterfly	32	4	05:19 PM	_____
123 Men's 13 Years 100 Butterfly	26	3	05:27 PM	_____
124 Women's 13 Years 100 Butterfly	29	3	05:32 PM	_____
Finish Time			05:38 PM	