

## Program

M	F	Stroke	Dist	Age
1	2	Free	400	Open
3	4	Back	25	5 & under/6/7
5	6	Back	100	All Age
7	8	Back	50	Multi Class All Age
9	10	Back	50	All Age
11	12	Breast	100	All Age
13	14	Breast	25	5 & under/6/7
15	16	Back	200	All Age
20min Break – If time permits				
17	18	Fly	200	All Age
19	20	Free	50	Multi Class All Age
21	22	Free	50	All Age
23	24	Free	25	5 & under/6/7
25	26	Free	100	All Age
27	28	Breast	50	Multi Class All Age
29	30	Breast	50	All Age
31	32	Free	200	All Age
20min Break - If time permits				
33	34	IM	200	All Age
35	36	<i>50m Invitational Handicap see note 6.</i>		
37	38	Breast	200	All Age
39	40	Fly	25	5 & under/6/7
41	42	Fly	100	All Age
43	44	Fly	50	Multi Class All Age
45	46	Fly	50	All Age

**We will require assistance on the day with timekeeping.**

**Please let us know if you or your club are able to assist. Any help would be greatly appreciated.**

## Notes

- This meet is Western Area and SNSW approved.
  - The meet will be conducted under the SAL and NSW Swimming (SNSW) rules. All Multi-class events at this meet will be conducted as per SNSW rules of competitive swimming. Multi-class competitors are not eligible to receive prizes in both multi-class & able bodied events of the same stroke & distance.
  - All competitors must be current registered swimmers of an affiliated club registered with Swimming NSW.
  - The meet Director retains the right to amalgamate, and/or change the order of events.
  - Prize money will be awarded for  
**25m events** – 5yrs & under, 6yrs, 7yrs:  
**50m events** – 8yrs & under, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15yrs & over  
**100m and IM events** – 10yr & under, 11/12yrs, 13/14yrs, and 15yrs & over  
**200m events** – 12yrs & under and 13yrs & over  
**400m event** – open
- | Prize money           | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|-----------------------|-----------------|-----------------|-----------------|
|                       | \$10.00         | \$6.00          | \$4.00          |
| Invitational Handicap | \$100.00        | \$50.00         | \$30.00         |
- Events 35 & 36. These are invitational all age handicap events. Nominations are not required for these events. There is no entry fee for these events. Competitors will be “invited” on the day to participate in this event. Invited competitors will start from a handicap determined from their 50m swim times from events 19 to 22. The first, second and third swimmers to finish and be within 2 seconds of their earlier 50m time will be awarded placings (male and female).
  - All events are timed finals.
  - Competitors age as at Sunday 3rd<sup>h</sup> November 2019.
  - Entry fee is \$4.00 for individual events plus \$1.00 per swimmer administration fee. Includes access to a Meet Program
  - Entries close Midnight, Monday 28<sup>th</sup> October 2019.
  - Entries will be accepted online via <http://westernnsw.swimming.org.au/>
  - No late entries will be accepted.

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