

Session 1 - Friday 5 July, 5:30pm				
B	G			
1	2	Open MC	200m	Individual Medley
3	4	15 Years/Over	400m	Freestyle
5	6	14 Years/Under	400m	Freestyle
7	8	10 Years/Under	100m	Breaststroke
9	10	11 Years	100m	Breaststroke
11	12	12 Years	100m	Breaststroke
13	14	15 Years/Over	100m	Breaststroke
15	16	14 Years	100m	Breaststroke
17	18	13 Years	100m	Breaststroke
19	20	Open MC	100m	Breaststroke

Session 2 - Saturday 6 July, 9:00am				
M	F			
21	22	Open	1500m	Freestyle
23	24	Open MC	100m	Butterfly
25	26	12 Years/Under	200m	Breaststroke
27	28	13/14 Years	200m	Backstroke
29	30	15 Years/Over	100m	Butterfly
31	32	11 Years	100m	Butterfly
33	34	12 Years	100m	Butterfly
35	36	Open	100m	Individual Medley
37	38	10 Years/Under	50m	Freestyle
39	40	11/12 Years	50m	Freestyle
41	42	13/14 Years	50m	Freestyle
43	44	15 Years/Over	50m	Freestyle
45	46	Open MC	50m	Freestyle
47	48	13 Years	100m	Butterfly
49	50	14 Years	100m	Butterfly
51	52	10 Years/Under	100m	Butterfly
53	54	12 Years/Under	200m	Backstroke

Session 3 - Saturday 6 July, Not Before 12:30pm				
M	F			
55	56	Open MC	100m	Backstroke
57	58	14 Years/Under	400m	Individual Medley
59	60	15 Years/Over	200m	Individual Medley
61	62	10 Years/Under	100m	Backstroke
63	64	11 Years	100m	Backstroke
65	66	12 Years	100m	Backstroke
67	68	13/14 Years	200m	Butterfly
69	70	11 Years/Under	50m	Breaststroke
71	72	Open	50m	Breaststroke
73	74	Open MC	100m	Freestyle
75	76	12 Years/Under	200m	Freestyle
77	78	15 Years/Over	200m	Butterfly
79	80	13 Years	100m	Backstroke
81	82	14 Years	100m	Backstroke
83	84	15 Years/Over	100m	Backstroke
85	86	12 Years/Under	4x50m	Freestyle Relay
87	88	13/14 Years	4x50m	Freestyle Relay
89	90	15 Years/Over	4x100m	Freestyle Relay

Session 4 - Sunday 7 July, 9:00am				
M	F			
91	92	15 Years/Over	400m	Individual Medley
93	94	13/14 Years	200m	Individual Medley
95	96	15 Years/Over	200m	Freestyle
97	98	13/14 Years	200m	Freestyle
99	100	11 Years/Under	50m	Backstroke
101	102	Open	50m	Backstroke
103	104	12 Years/Under	200m	Butterfly
105	106	12 Years/Under	4x50m	Medley Relay
107	108	13/14 Years	4x50m	Medley Relay
109	110	15 Years/Over	4x100m	Medley Relay

Session 5 - Sunday 7 July, Not Before 12:30pm				
M	F			
111	112	Open	800m	Freestyle
113	114	15 Years/Over	200m	Breaststroke
115	116	10 Years/Under	100m	Freestyle
117	118	11 Years	100m	Freestyle
119	120	12 Years	100m	Freestyle
121	122	15 Years/Over	100m	Freestyle
123	124	13/14 Years	200m	Breaststroke
125	126	12 Years/Under	200m	Individual Medley
127	128	Open	50m	Butterfly
129	130	11 Years/Under	50m	Butterfly
131	132	13 Years	100m	Freestyle
133	134	14 Years	100m	Freestyle
135	136	15 Years/Over	200m	Backstroke

***In all "15 Years & Over" Individual Events (excluding relays),
 Medals will be awarded in the following Age Groups;
 15/16 Years & 17 & Over
 AGE AS AT 5 JULY 2019**

ENTRIES CLOSE 5PM TUESDAY 25 JUNE 2019

ENTRY FEE \$19 PER INDIVIDUAL EVENT, RELAY EVENT \$38 (GST INCLUSIVE)



**NSW COUNTRY SHORT COURSE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 5 - 7 JULY 2019**

Qualifying Times - Men & Boys

		Open	17yrs & Over	15-16yrs	14yrs	13yrs	12yrs	11yrs	10/U
Free	50m		27.00	27.00	13/14yrs: 29.00		11/12yrs: 32.00		36.00
	100m		59.50	59.50	1:03.00	1:06.40	1:10.30	1:13.00	1:18.00
	200m		2:07.00	2:07.00	13/14yrs: 2:17.00		12yrs/Under: 2:25.00		
	400m		4:30.00	4:30.00	14yrs/Under: 4:45.00				
	800m		9:20.00						
	1500m	17:30.00							
Back	50m	33.00						11yrs/Under: 40.00	
	100m		1:10.00	1:10.00	1:12.00	1:15.00	1:21.00	1:24.00	1:29.00
	200m		2:29.00	2:29.00	13/14yrs: 2:40.00		12yrs/Under: 2:45.00		
Breast	50m	37.50						11yrs/Under: 46.50	
	100m		1:22.00	1:22.00	1:25.00	1:30.00	1:33.50	1:39.00	1:45.00
	200m		2:50.00	2:50.00	13/14yrs: 2:58.00		12yrs/ Under: 3:07.00		
Fly	50m	30.50						11yrs/Under: 38.60	
	100m		1:09.00	1:09.00	1:11.80	1:14.60	1:20.50	1:25.00	1:36.00
	200m		2:28.00	2:28.00	13/14yrs: 2:41.50		12yrs/Under: 3:00.00		
Medley	100m	1:09.00							
	200m		2:30.00	2:30.00	13/14yrs: 2:36.00		2:46.00	2:52.00	3:03.00
	400m		5:10.00	5:10.00	14yrs/Under: 5:25.00				
	Relay		4x50m Free			13/14yrs: 2:01.00		12yrs/Under: 2:13.00	
	4x50m Medley				13/14yrs: 2:23.50		12yrs/Under: 2:38.50		
	4x100m Free			15yrs/Over: 4:08.00					
	4x100m Medley			15yrs/Over: 4:56.00					

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15/16 Years & 17 & Over

AGE AS AT 5 JULY 2019

ENTRIES CLOSE 5PM TUESDAY 25 JUNE 2019

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NOTE: MULTI CLASSIFICATION EVENTS ARE CHAMPIONSHIP EVENTS. QUALIFYING TIMES APPLY



**NSW COUNTRY SHORT COURSE CHAMPIONSHIPS
SYDNEY OLYMPIC PARK AQUATIC CENTRE
5 - 7 JULY 2019**

Qualifying Times - Women & Girls

		Open	17yrs & Over	15-16yrs	14yrs	13yrs	12yrs	11yrs	10/U	
Free	50m		30.50	30.50	13/14yrs: 30.50		11/12yrs: 32.50		36.50	
	100m		1:05.50	1:05.50	1:07.00	1:08.50	1:12.00	1:13.60	1:18.00	
	200m		2:17.00	2:17.00	13/14yrs: 2:23.00		12yrs/Under: 2:28.00			
	400m		4:48.00	4:48.00	14yrs/Under: 5:00.00					
	800m		9:45.00							
	1500m	18:20.00								
Back	50m	35.00						11yrs/Under: 40.00		
	100m		1:15.00	1:15.00	1:16.50	1:17.00	1:21.50	1:24.50	1:29.00	
	200m		2:38.00	2:38.00	13/14yrs: 2:41.00		12yrs/Under: 2:49.00			
Breast	50m	39.00						11yrs/Under: 47.00		
	100m		1:28.00	1:28.00	1:29.00	1:30.00	1:33.50	1:36.00	1:43.00	
	200m		2:59.00	2:59.00	13/14yrs: 3:06.00		12yrs/Under: 3:15.00			
Fly	50m	33.00						11yrs/Under: 38.60		
	100m		1:14.50	1:14.50	1:15.20	1:16.00	1:22.00	1:26.00	1:36.00	
	200m		2:40.00	2:40.00	13/14yrs: 2:45.00		12yrs/Under: 3:00.00			
Medley	100m	1:15.00								
	200m		2:38.00	2:38.00	13/14yrs: 2:41.00		2:49.00	2:53.50	3:03.00	
	400m		5:27.50	5:27.50	14yrs/Under: 5:40.00					
	Relay 4x50m Free					13/14yrs: 2:06.00		12yrs/Under: 2:15.00		
	4x50m Medley					13/14yrs: 2:28.00		12yrs/Under: 2:41.00		
4x100m Free	15yrs/Over: 4:32.00									
4x100m Medley	15yrs/Over: 5:18.00									

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15/16 Years & 17 & Over

AGE AS AT 5 JULY 2019

ENTRIES CLOSE 5PM TUESDAY 25 JUNE 2019

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**NSW COUNTRY SHORT COURSE CHAMPIONSHIPS
 SYDNEY OLYMPIC PARK AQUATIC CENTRE
 5 - 7 JULY 2019**

Qualifying Times - Multi-Classification

WOMEN									
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM	
S1	2:13.81	4:54.77	5:26.76		SB1				
S2	2:06.76	4:15.88	5:04.48		SB2				5:14.83
S3	1:37.70	3:27.93	3:39.82		SB3				3:39.13
S4	1:05.91	2:42.98	3:08.61		SB4				3:08.48
S5	1:01.17	2:10.09	2:35.57	3:15.55	SB5	2:37.04	SM5	5:23.30	
S6	56.19	2:01.03	2:18.11	2:22.42	SB6	2:31.64	SM6	5:00.50	
S7	52.67	1:53.25	2:16.34	2:11.56	SB7	2:28.58	SM7	4:35.89	
S8	49.14	1:46.27	1:58.51	1:54.24	SB8	2:03.58	SM8	4:12.04	
S9	45.78	1:36.70	1:49.58	1:45.57	SB9	2:01.53	SM9	3:53.62	
S10	44.35	1:37.18	1:45.11	1:47.64			SM10	3:57.24	
S11	54.29	1:59.42	2:17.00	2:17.28	SB11	2:32.23	SM11	4:54.04	
S12	43.71	1:35.18	1:49.94	1:40.88	SB12	2:02.36	SM12	3:59.16	
S13	42.69	1:33.24	1:49.25	1:44.33	SB13	2:01.83	SM13	3:54.12	
S14	45.16	1:39.39	1:50.30	1:50.14	SB14	2:08.72	SM14	4:02.34	
S15	42.73	1:33.76	1:49.24	1:44.31	SB15	1:59.14	SM15	3:53.40	
S16	49.44	1:48.76	2:23.64	3:01.18	SB16	2:24.52	SM16	4:54.83	
MEN									
	50m FREE	100m FREE	100m BACK	100m FLY		100m BREAST		200m IM	
S1	1:49.73	3:56.54	5:18.34		SB1				
S2	1:40.97	3:36.43	3:52.65		SB2				3:41.04
S3	1:16.69	2:47.31	3:23.61		SB3				3:14.13
S4	59.12	2:10.15	2:33.50		SB4				2:32.37
S5	54.79	1:56.05	2:05.97	2:11.70	SB5	2:29.36	SM5	4:37.13	
S6	48.02	1:46.55	1:59.93	1:56.42	SB6	2:17.35	SM6	4:22.10	
S7	44.57	1:36.54	1:54.71	1:48.92	SB7	2:10.15	SM7	4:08.29	
S8	41.85	1:31.28	1:42.32	1:35.71	SB8	1:45.99	SM8	3:42.79	
S9	40.76	1:28.64	1:38.91	1:34.97	SB9	1:45.35	SM9	3:33.32	
S10	36.54	1:20.70	1:35.87	1:28.72			SM10	3:27.72	
S11	43.60	1:34.79	1:52.13	1:41.76	SB11	1:56.51	SM11	3:56.00	
S12	38.68	1:23.76	1:37.02	1:33.15	SB12	1:49.70	SM12	3:33.42	
S13	38.47	1:25.27	1:35.77	1:31.75	SB13	1:43.26	SM13	3:30.56	
S14	39.44	1:27.71	1:40.96	1:35.67	SB14	1:45.07	SM14	3:38.40	
S15	37.22	1:22.77	1:34.15	1:25.45	SB15	1:35.01	SM15	3:13.49	
S16	43.08	1:38.01	1:55.45	1:50.54	SB16	2:01.79	SM16	4:27.13	

AGE AS AT 5 JULY 2019

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