

# 2019 SWIMMING NSW COUNTRY SC CHAMPIONSHIPS

## 5 - 7 July, 2019

**TIMELINE IS TO BE USED AS A GUIDE ONLY**

### Session One : Day 1

**\*Gates will open at 4pm. No early entry permitted\***

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Event	Entries	Heats	Starts at	
1 Mens 200 metre Individual Medley Multi-Class	7	1	05:30 PM	_____
2 Womens 200 metre Individual Medley Multi-Class	6	1	05:34 PM	_____
3 Mens 15 Years & Over 400 metre Freestyle	34	4	05:39 PM	_____
4 Womens 15 Years & Over 400 metre Freestyle	18	2	05:58 PM	_____
5 Mens 14 Years & Under 400 metre Freestyle	18	2	06:09 PM	_____
6 Womens 14 Years & Under 400 metre Freestyle	33	4	06:19 PM	_____
7 Mens 10 Years & Under 100 metre Breaststroke	13	2	06:41 PM	_____
8 Womens 10 Years & Under 100 metre Breaststroke	10	1	06:46 PM	_____
9 Mens 11 Years 100 metre Breaststroke	13	2	06:48 PM	_____
10 Womens 11 Years 100 metre Breaststroke	15	2	06:53 PM	_____
11 Mens 12 Years 100 metre Breaststroke	20	2	06:57 PM	_____
12 Womens 12 Years 100 metre Breaststroke	23	3	07:01 PM	_____
13 Mens 15 Years & Over 100 metre Breaststroke	44	5	07:07 PM	_____
14 Womens 15 Years & Over 100 metre Breaststroke	38	4	07:17 PM	_____
15 Mens 14 Years 100 metre Breaststroke	20	2	07:25 PM	_____
16 Womens 14 Years 100 metre Breaststroke	30	3	07:29 PM	_____
17 Mens 13 Years 100 metre Breaststroke	29	3	07:34 PM	_____
18 Womens 13 Years 100 metre Breaststroke	23	3	07:40 PM	_____
19 Mens 100 metre Breaststroke Multi-Class	6	1	07:47 PM	_____
20 Womens 100 metre Breaststroke Multi-Class	4	1	07:49 PM	_____

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### Session Two : Day 2

**\*Gates will open at 7:30am. No early entry permitted\***

Event	Entries	Heats	Starts at
21 Mens 1500 metre Freestyle	3	1	09:00 AM
22 Womens 1500 metre Freestyle	7	1	09:18 AM
23 Mens 100 metre Butterfly Multi-Class	7	1	09:37 AM
24 Womens 100 metre Butterfly Multi-Class	6	1	09:39 AM
25 Mens 12 Years & Under 200 metre Breaststroke	8	1	09:41 AM
26 Womens 12 Years & Under 200 metre Breaststroke	22	3	09:45 AM
27 Mens 13-14 Years 200 metre Backstroke	31	4	09:56 AM
28 Womens 13-14 Years 200 metre Backstroke	28	3	10:10 AM
29 Mens 15 Years & Over 100 metre Butterfly	56	6	10:21 AM
30 Womens 15 Years & Over 100 metre Butterfly	39	4	10:30 AM
31 Mens 11 Years 100 metre Butterfly	10	1	10:37 AM
32 Womens 11 Years 100 metre Butterfly	13	2	10:39 AM
33 Mens 12 Years 100 metre Butterfly	15	2	10:43 AM
34 Womens 12 Years 100 metre Butterfly	29	3	10:47 AM
35 Mens 100 metre Individual Medley	32	4	10:53 AM
36 Womens 100 metre Individual Medley	39	4	11:00 AM
37 Mens 10 Years & Under 50 metre Freestyle	35	4	11:07 AM
38 Womens 10 Years & Under 50 metre Freestyle	37	4	11:12 AM
39 Mens 11-12 Years 50 metre Freestyle	54	6	11:16 AM
40 Womens 11-12 Years 50 metre Freestyle	65	7	11:23 AM
41 Mens 13-14 Years 50 metre Freestyle	58	6	11:31 AM
42 Womens 13-14 Years 50 metre Freestyle	70	7	11:37 AM
43 Mens 15 Years & Over 50 metre Freestyle	71	8	11:45 AM
44 Womens 15 Years & Over 50 metre Freestyle	83	9	11:53 AM
45 Mens 50 metre Freestyle Multi-Class	6	1	12:02 PM
46 Womens 50 metre Freestyle Multi-Class	12	2	12:03 PM
47 Mens 13 Years 100 metre Butterfly	23	3	12:06 PM
48 Womens 13 Years 100 metre Butterfly	20	2	12:12 PM
49 Mens 14 Years 100 metre Butterfly	24	3	12:15 PM
50 Womens 14 Years 100 metre Butterfly	30	3	12:20 PM
51 Mens 10 Years & Under 100 metre Butterfly	10	1	12:26 PM
52 Womens 10 Years & Under 100 metre Butterfly	9	1	12:28 PM
53 Mens 12 Years & Under 200 metre Backstroke	17	2	12:30 PM
54 Womens 12 Years & Under 200 metre Backstroke	17	2	12:37 PM

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## Session Three : Day 2

Event	Entries	Heats	Starts at
55 Mens 100 metre Backstroke Multi-Class	7	1	01:15 PM
56 Womens 100 metre Backstroke Multi-Class	6	1	01:18 PM
57 Mens 14 Years & Under 400 metre Individual Medley	8	1	01:20 PM
58 Womens 14 Years & Under 400 metre Individual Medley	14	2	01:26 PM
59 Mens 15 Years & Over 200 metre Individual Medley	50	5	01:38 PM
60 Womens 15 Years & Over 200 metre Individual Medley	23	3	01:53 PM
61 Mens 10 Years & Under 100 metre Backstroke	12	2	02:03 PM
62 Womens 10 Years & Under 100 metre Backstroke	14	2	02:07 PM
63 Mens 11 Years 100 metre Backstroke	20	2	02:12 PM
64 Womens 11 Years 100 metre Backstroke	24	3	02:17 PM
65 Mens 12 Years 100 metre Backstroke	24	3	02:24 PM
66 Womens 12 Years 100 metre Backstroke	32	4	02:30 PM
67 Mens 13-14 Years 200 metre Butterfly	16	2	02:39 PM
68 Womens 13-14 Years 200 metre Butterfly	14	2	02:46 PM
69 Mens 11 Years & Under 50 metre Breaststroke	28	3	02:52 PM
70 Womens 11 Years & Under 50 metre Breaststroke	57	6	02:56 PM
71 Mens 50 metre Breaststroke	70	7	03:04 PM
72 Womens 50 metre Breaststroke	50	5	03:12 PM
73 Mens 100 metre Freestyle Multi-Class	7	1	03:18 PM
74 Womens 100 metre Freestyle Multi-Class	9	1	03:20 PM
75 Mens 12 Years & Under 200 metre Freestyle	19	2	03:22 PM
76 Womens 12 Years & Under 200 metre Freestyle	17	2	03:28 PM
77 Mens 15 Years & Over 200 metre Butterfly	21	3	03:34 PM
78 Womens 15 Years & Over 200 metre Butterfly	12	2	03:43 PM
79 Mens 13 Years 100 metre Backstroke	20	2	03:49 PM
80 Womens 13 Years 100 metre Backstroke	27	3	03:53 PM
81 Mens 14 Years 100 metre Backstroke	21	3	04:00 PM
82 Womens 14 Years 100 metre Backstroke	31	4	04:06 PM
83 Mens 15 Years & Over 100 metre Backstroke	54	6	04:15 PM
84 Womens 15 Years & Over 100 metre Backstroke	56	6	04:27 PM
85 Mens 12 Years & Under 4x50 metre Freestyle Relay	13	2	04:40 PM
86 Womens 12 Years & Under 4x50 metre Freestyle Relay	17	2	04:45 PM
87 Mens 13-14 Years 4x50 metre Freestyle Relay	14	2	04:51 PM
88 Womens 13-14 Years 4x50 metre Freestyle Relay	16	2	04:56 PM
89 Mens 15 Years & Over 4x100 metre Freestyle Relay	13	2	05:01 PM
90 Womens 15 Years & Over 4x100 metre Freestyle Relay	11	2	05:10 PM

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### Session Four : Day 3

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Event	Entries	Heats	Starts at	
91 Mens 15 Years & Over 400 metre Individual Medley	17	2	09:00 AM	_____
92 Womens 15 Years & Over 400 metre Individual Medley	9	1	09:12 AM	_____
93 Mens 13-14 Years 200 metre Individual Medley	30	3	09:18 AM	_____
94 Womens 13-14 Years 200 metre Individual Medley	33	4	09:27 AM	_____
95 Mens 15 Years & Over 200 metre Freestyle	39	4	09:40 AM	_____
96 Womens 15 Years & Over 200 metre Freestyle	24	3	09:50 AM	_____
97 Mens 13-14 Years 200 metre Freestyle	28	3	09:59 AM	_____
98 Womens 13-14 Years 200 metre Freestyle	39	4	10:07 AM	_____
99 Mens 11 Years & Under 50 metre Backstroke	34	4	10:19 AM	_____
100 Womens 11 Years & Under 50 metre Backstroke	48	5	10:25 AM	_____
101 Mens 50 metre Backstroke	77	8	10:33 AM	_____
102 Womens 50 metre Backstroke	85	9	10:44 AM	_____
103 Mens 12 Years & Under 200 metre Butterfly	9	1	10:58 AM	_____
104 Womens 12 Years & Under 200 metre Butterfly	14	2	11:01 AM	_____
105 Mens 12 Years & Under 4x50 metre Medley Relay	15	2	11:08 AM	_____
106 Womens 12 Years & Under 4x50 metre Medley Relay	20	2	11:15 AM	_____
107 Mens 13-14 Years 4x50 metre Medley Relay	15	2	11:22 AM	_____
108 Womens 13-14 Years 4x50 metre Medley Relay	15	2	11:29 AM	_____
109 Mens 15 Years & Over 4x100 metre Medley Relay	13	2	11:35 AM	_____
110 Womens 15 Years & Over 4x100 metre Medley Relay	13	2	11:46 AM	_____

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## Session Five : Day 3

Event	Entries	Heats	Starts at	
111 Mens 800 metre Freestyle	15	2	12:30 PM	_____
112 Womens 800 metre Freestyle	14	2	12:50 PM	_____
113 Mens 15 Years & Over 200 metre Breaststroke	23	3	01:10 PM	_____
114 Womens 15 Years & Over 200 metre Breaststroke	19	2	01:20 PM	_____
115 Mens 10 Years & Under 100 metre Freestyle	17	2	01:27 PM	_____
116 Womens 10 Years & Under 100 metre Freestyle	13	2	01:31 PM	_____
117 Mens 11 Years 100 metre Freestyle	24	3	01:34 PM	_____
118 Womens 11 Years 100 metre Freestyle	21	3	01:40 PM	_____
119 Mens 12 Years 100 metre Freestyle	31	4	01:45 PM	_____
120 Womens 12 Years 100 metre Freestyle	44	5	01:52 PM	_____
121 Mens 15 Years & Over 100 metre Freestyle	66	7	02:01 PM	_____
122 Womens 15 Years & Over 100 metre Freestyle	70	7	02:11 PM	_____
123 Mens 13-14 Years 200 metre Breaststroke	19	2	02:23 PM	_____
124 Womens 13-14 Years 200 metre Breaststroke	30	3	02:30 PM	_____
125 Mens 12 Years & Under 200 metre Individual Medley	24	3	02:40 PM	_____
126 Womens 12 Years & Under 200 metre Individual Medley	23	3	02:51 PM	_____
127 Mens 50 metre Butterfly	69	7	03:01 PM	_____
128 Womens 50 metre Butterfly	82	9	03:09 PM	_____
129 Mens 11 Years & Under 50 metre Butterfly	34	4	03:19 PM	_____
130 Womens 11 Years & Under 50 metre Butterfly	46	5	03:24 PM	_____
131 Mens 13 Years 100 metre Freestyle	28	3	03:30 PM	_____
132 Womens 13 Years 100 metre Freestyle	33	4	03:35 PM	_____
133 Mens 14 Years 100 metre Freestyle	31	4	03:41 PM	_____
134 Womens 14 Years 100 metre Freestyle	43	5	03:48 PM	_____
135 Mens 15 Years & Over 200 metre Backstroke	32	4	03:56 PM	_____
136 Womens 15 Years & Over 200 metre Backstroke	26	3	04:09 PM	_____