

2019 NSW COUNTRY REGIONAL MEET - ARMIDALE

26 - 27 January, 2019

TIMELINE IS TO BE USED AS A GUIDE ONLY

Day One

Event	Entries	Heats	Starts at	
1 Mens 11 Years & Over 400 Metre IM	3	1	10:00 AM	_____
2 Womens 11 Years & Over 400 Metre IM	4	1	10:08 AM	_____
3 Mens 200 Metre Freestyle	39	5	10:14 AM	_____
4 Womens 200 Metre Freestyle	55	7	10:30 AM	_____
5 Mens 200 Metre Breaststroke	13	2	10:53 AM	_____
6 Womens 200 Metre Breaststroke	19	3	11:01 AM	_____
7 Mens 100 Metre Freestyle Multi-Class	3	1	11:13 AM	_____
8 Womens 100 Metre Freestyle Multi-Class	2	1	11:15 AM	_____
9 Mens 100 Metre Backstroke	76	10	11:18 AM	_____
10 Womens 100 Metre Backstroke	111	14	11:44 AM	_____
11 Mens 50 Metre Butterfly	97	13	12:20 PM	_____
12 Womens 50 Metre Butterfly	145	19	12:39 PM	_____
Lunch Break: 30 Minutes				
13 Mens 12 Years & Over 1500 Metre Freestyle	6	1	01:36 PM	_____
14 Womens 12 Years & Over 1500 Metre Freestyle	0	0	01:56 PM	_____
15 Mens 200 Metre Butterfly	5	1	01:56 PM	_____
16 Womens 200 Metre Butterfly	7	1	02:00 PM	_____
17 Mens 50 Metre Butterfly Multi-Class	2	1	02:03 PM	_____
18 Womens 50 Metre Butterfly Multi-Class	2	1	02:05 PM	_____
19 Mens 100 Metre Freestyle	104	13	02:06 PM	_____
20 Womens 100 Metre Freestyle	161	21	02:33 PM	_____



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Day Two

Event	Entries	Heats	Starts at	
21 Mens 11 Years & Over 800 Metre Freestyle	5	1	09:00 AM	_____
22 Womens 11 Years & Over 800 Metre Freestyle	5	1	09:12 AM	_____
23 Mens 50 Metre Breaststroke	101	13	09:25 AM	_____
24 Womens 50 Metre Breaststroke	156	20	09:45 AM	_____
25 Mens 50 Metre Freestyle Multi-Class	3	1	10:16 AM	_____
26 Womens 50 Metre Freestyle Multi-Class	2	1	10:18 AM	_____
27 Mens 100 Metre Butterfly	45	6	10:19 AM	_____
28 Womens 100 Metre Butterfly	64	8	10:33 AM	_____
29 Mens 11 Years & Over 400 Metre Freestyle	14	2	10:51 AM	_____
30 Womens 11 Years & Over 400 Metre Freestyle	12	2	11:03 AM	_____
31 Mens 50 Metre Backstroke	101	13	11:16 AM	_____
32 Womens 50 Metre Backstroke	162	21	11:39 AM	_____
Lunch Break: 30 Minutes				
33 Mens 50 Metre Backstroke Multi-Class	3	1	12:47 PM	_____
34 Womens 50 Metre Backstroke Multi-Class	2	1	12:49 PM	_____
35 Mens 100 Metre Breaststroke	75	10	12:51 PM	_____
36 Womens 100 Metre Breaststroke	102	13	01:16 PM	_____
37 Mens 200 Metre IM	38	5	01:48 PM	_____
38 Womens 200 Metre IM	51	7	02:06 PM	_____
39 Mens 50 Metre Freestyle	115	15	02:31 PM	_____
40 Womens 50 Metre Freestyle	172	22	02:51 PM	_____
41 Mens 50 Metre Breaststroke Multi-Class	3	1	03:20 PM	_____
42 Womens 50 Metre Breaststroke Multi-Class	2	1	03:22 PM	_____
43 Mens 200 Metre Backstroke	12	2	03:23 PM	_____
44 Womens 200 Metre Backstroke	18	3	03:31 PM	_____